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See Money Smart page. 12*

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@MichelleJon
@fanshawesu Im asking santa for some warm clothes for the winter season! Its freezing!! #fanshawesanta

@CodyDavidson5
I would really like first and last for a new apartment for Christmas :) #fanshawesanta

@3shad3
@fanshawesu nothing...I'm jewish #fanshawesanta

@kurtzor
@fanshawesu Plane tickets to Colorado :D #fanshawesanta

@sarahjei
@fanshawesu rent and food money for second semester

@DJ_JAXSON
@fanshawesu a pass in production #radio #fanshawesanta

@PatVaranesi
@fanshawesu I'm asking for a new toolbox for the all the tools I got for my program #theatretech #fanshawesanta

@mhomerrxx
@fanshawesu a miracle #schoolshard #fanshawesanta

@Becca_Ster
@fanshawesu moccasins #fanshawesanta

@Logancameron99
@fanshawesu a big sack of money would be great #thanksanta

Ellen Gray
Rent money... Oh and lots of sunscreen for Australia

Marcela Duran
A \$10 gift card for oasis/out back

Raj Pandya
i will be rich man because by that i help poor people

Salina Kominek
to have the whole family together

Next Week's Question:

What is your favourite holiday movie or special? Tweet using #fsholiday or respond to the Note on our Facebook page (facebook.com/fanshawesu) You'll be entered into a draw for a \$10 gift card to Oasis and The Out Back Shack.



CREDIT: STEPHANIE LAI

Stephanie Reid from The Out Back Shack Christmified the front entrance to the pub. Have you gotten into the holiday spirit yet?

10 Things I Know About You...

Manson comes out from behind the lens

Cynthia Manson is a Photography student at Fanshawe. She describes herself as an outgoing and independent person. "I thrive in social settings, and I enjoy meeting new people. My true passions in life are animals, photography and my family."

- 1. Why are you here?**
To become better at what I love to do.
- 2. What was your life-changing moment?**

- 3. What music are you currently listening to?**
The artists Dashboard Confessional, The Spill Canvas, The Weeknd and Juicy J.
- 4. What is the best piece of advice you've ever received?**
If your heart's not in it, take yourself out of it.
- 5. Who is your role model?**
Katy Perry.
- 6. Where in the world have you travelled?**

- 7. What was your first job?**
Wedding server.
- 8. What would your last meal be?**
Rissois De Camarao and crème brûlée for dessert.
- 9. What makes you uneasy?**
Being asked to lie, I am too honest for that.
- 10. What is your passion?**
Life.
Do you want Fanshawe to know 10 Things About You? Just head on over to fsu.ca/interrobang and click on the 10 Things I Know About You link at the top.



CREDIT: SUBMITTED

Photography student Cynthia Manson tells no lies.

MOVEMBER EVENTS

TICKETS AVAILABLE IN ADVANCE AT THE BIZ BOOTH

MON. NOV. 25TH

MONDAY NIGHT FOOTBALL

SAN FRANCISCO 49ERS VS. WASHINGTON REDSKINS
OBS | 8 PM

TUES. NOV. 26TH

TUESDAY COMEDY NOONER

FORWELL HALL | NOON | FREE
FEATURING PAUL MYREHAUG

WED. NOV. 27TH

ELECTRIC OPEN MIC NIGHT

OBS | DOOR AT 9 PM | NO COVER
SIGNUP STARTS @ 8 PM

FIRST RUN FILM

THE HUNGER GAMES : CATCHING FIRE

\$4 STUDENTS | \$6 GUESTS
AT RAINBOW CINEMAS (IN CITI PLAZA)

THURS. NOV. 28TH

LIVE MUSIC NOONER

GAVIN SLATE
FORWELL HALL | NOON

MOUSTACHE & MINI SKIRTS PUB

OBS | 9:30 PM | \$3 ADV | \$4 DOOR
ATTEND & GET YOUR BIG SCREEN TV BALLOT

FRI. NOV. 29TH

**END OF MOVEMBER MOUSTACHE PARTY
NEW MUSIC NIGHT
ROCK NIGHT**

THE BAXTERS, TANDEM EAGLE & THE BLACK FRAME SPECTACLE

OBS | 9 PM | \$ 2 @ DOOR
19+ EVENT ID REQUIRED
ALL AGES WITH VALID FANSHAWE ID

KIOSK QUIZ

WHAT DO YOU CALL PEOPLE WHO ARE AFRAID OF SANTA CLAUS?



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CREDIT: STEPHANIE LAI

Scott Baechler, chef and professor in the School of Tourism and Hospitality, left for Switzerland November 18 to compete with Team Canada at the Salon Culinaire Mondial from November 23 to 27.

Competition: A dish best served cold

STEPHANIE LAI
INTERROBANG

Fanshawe professor and award-winning chef Scott Baechler left the classroom to travel to Basel, Switzerland to compete with the national culinary team in the Salon Culinaire Mondial – deemed one of the three most prestigious culinary competitions in the world.

“This is as high as it gets,” said Baechler, a mild-mannered man of 41, who travelled to Switzerland November 18 for the competition, which runs from November 23 to 27.

The competition itself consists of two components; hot served cold, and cold show salon – which Canada historically excels in.

It won't be a walk in the park, however.

“It's not a vacation,” he said. “They will probably have wash-room breaks written into the itinerary.”

The Goderich, Ontario native is used to travel, having lived and worked in several places before Fanshawe entered the picture.

“I did seven years in Toronto, I lived in the Leeward Islands in the Caribbean, all over out west ... and United Emirates in Dubai,” he said.

But the former executive chef never really set his sights on competitions like this.

“It's always something that's been on the back burner for me,” said Baechler. “At a younger age I was more focused on business, getting my head within the hotels and reaching the executive chef level, so I put that stuff on hold.”

“Now the opportunity's here and I'm going to cook my heart out and see what happens.”

And so for the past few months, Baechler has been getting to know his teammates, despite players changing in and out.

“Strategizing [and] gelling of the team is incredibly important,” he said. “You can have individuals who have great skillsets, but if the

dynamics don't work, or communication or trust doesn't work, it's a challenge.”

Though Team Canada participates in competitions based in Switzerland, Luxembourg, New York and Germany, it's uncommon that core team members will go to all four.

“In a perfect world, I'd love to go to all four [competitions],” said Baechler. “It is a very heavy workload, you can imagine this is on top of your regular schedule of work.”

“Each competition is a little bit different,” said Baechler. “Some core members may stay the full four years, in more cases than not, the players change in and out based on dynamics, based on availability, based on schedules.”

Like Baechler, his Canadian teammates all hold regular jobs.

And that's what sets Team Canada apart from countries like Sweden. While Canada is known to be competitive, other countries will pay their competitors to focus on training, which he sees as a huge competitive advantage.

“As far as we go, I think the biggest thing is, we've got a new style, which is pretty aggressive,” he said. “Either the judges are really going to like it, or they won't.”

Baechler will return to teach after Basel, but what's next for the chef?

“Professional development is very important to me,” he said. “Most chefs are very creative, and they want to be pushed and they want to become better. It's a self-evaluation thing, or else I would die. You'd just become complacent.”

“I'm proud of the things I've been a part of here at Fanshawe, and the small things that I've been able to make ... Rather than look back, I want to look forward.”

Find out more about Team Canada at culinaryteamcanada.ca or follow their journey in Basal from their Twitter handle, @CulTeamCan.

One step toward mending fences

STEPHANIE LAI
INTERROBANG

Get to know your neighbours, people. It could be the first step toward bridging the miscommunication gap between London residents and students.

The City of London's core community groups were represented at the Town and Gown meeting, which took place November 13.

The topic of discussion that night was Project L.E.A.R.N. (Liquor Enforcement And Reduction of Noise). According to Tony Frost, executive director of reputation and brand management at Fanshawe College, the forum was held for residents and students to voice their concerns, thoughts and comments.

“Town and Gown is making sure we're aware of what is going on between each other,” said Frost. “Then we're working towards solutions that help us interact better.”

“Having everybody come and say how they feel and describe their interactions really helps us get to a point where we can start to come up with solutions that will remedy the situation,” Frost said.

Adam Gourlay, president of the Fanshawe Student Union (FSU) came out of the meeting with the impression that people are “strongly opinionated” when it comes to Project L.E.A.R.N.

“People were too strong on where they stand,” said Gourlay. “Is either side of it 100 per cent correct? No. But both sides made good points and it shows we have to work together as a community.”

Gourlay was reported by London Community News saying, “The Fanshawe Student Union was

put in an uncomfortable position as it was perceived by much of the public that we were aware of the pursuits of the (LPS).”

However, he and the Student Union believe Project L.E.A.R.N. will serve students best by developing into an education piece.

“We believe that Project L.E.A.R.N. is essential for developing a strong community relationship,” he said.

Gourlay also said that the door-to-door tactic could be helpful, but only with a different approach.

“If they don't gather information – if they just talk to students and make their presence known just by talking and being friendly and open-minded and communicative, that's where the benefit lies.”

From Frost's perspective as a voting member on the Town and Gown Committee, he saw light bulbs going off on both sides.

“At the end of the day, I think we'll all come away with a more enlightened view of each other and the actions that we take and how they affect each other,” said Frost.

But change will not happen overnight.

“Everybody will have to go away and formulate their own response to the issues.”

With waves of new students coming into London every year, for Gourlay and the Student Union, continuation of their door-to-door practices will hopefully stir change and squash the trend.

“Fanshawe's numbers for the amounts of incidences has gone down, and there's a reason,” said Gourlay. “Because of constant, consistent, transparent communication.”

The FSU president and his/her



CREDIT: BLACKBURNNEWS.COM

A London resident speaks to the Town and Gown Committee about his concerns over student parties.

executive council go door-to-door at peak times of the school year – beginning, Halloween, St. Patrick's and end – to let students know when police are out in full force and why.

“It takes us a couple hours, but we still do it,” said Gourlay. “We're going into [the areas] no matter who's in this residence, we're going to talk to them if we can.”

To move forward, Frost suggests the meeting facilitated conversation and understanding.

“You have to appreciate what the other brings to where you are,” he said. “I do believe that at the very least, you've gone through this process, people will be more aware of each other. And that's going to lead to a good place for us.”

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COREY CALLAGHAN
INTERROBANG

It's that time of year when the sound of papers being crumpled and ripped fills the air, and no, I'm not talking about Christmas morning. It's exam season.

Many of us are starting to make study sheets, which can be dozens of pages that have coffee stains and scratched-out words, or can be ripped into pieces, or just lost in piles of other study sheets.

There is a way to avoid screaming, pulling your hair or ripping your paper – it's called eFaqt. It's a digital way to save, organize, share and properly study your notes without stressing out. All you need is a computer, an email address and Internet access.

"I used to have a lot of problems in school," said eFaqt founder and CEO Christiaan Henny, "until I got

a study coach. I thought, 'Wouldn't it be great if all these tips and tricks were automated into one easy system?'" He decided to build a program to allow him to put information on to the computer, making digital flash cards, mind maps and other study tools with a simple click of a button.

With eFaqt, you are able to make flash cards with your textbook material, simply typing a question, then answering it. The program then saves all these cards for you to study.

With a free eFaqt account, you can make flash cards and practice the material you have entered. With a Pro membership, which is \$4 a month, you can make the flash cards and minds maps.

The program can help you set up a routine with proper breaks, and can calculate how often you should

review by your success rate with the study sessions. You can also use it to send study material to your friends or classmates so you can have an online study session. You even use it to find other users' flash cards for related course and study from them as well.

More than 50,000 people use eFaqt to help them study for exams and tests. "The benefits are huge," said Henny. "People have responded with positive feedback and success stories." Henny said it helps students study without getting frustrated, and can help the information stick with them effectively.

For more information, check out efaqt.com. Sign up by filling in the blanks or even with your Facebook account, and be on your way to an A.



CREDIT: GLOBALPOST.COM

Typhoon Haiyan left many of the Philippine islands in ruin.

In the aftermath of disaster

HOPE AQUINO-CHIEN
INTERROBANG

On November 8, Typhoon Haiyan, also known as Typhoon Yolanda, flattened many cities in the Philippine islands with winds gusting up to 378 kilometers per hour before landfall, leaving devastation in its wake.

According to CNN, as of November 16, there is an estimated death toll of 3,633 and 12,487 people injured. Approximately 9 million people have been affected, with 2 million having been displaced by the natural disaster. The main issues that the country is immediately facing are hunger, thirst, and a lack of medical aid.

As heard on CTV News, the typhoon devastated nine different regions of the Philippines, which is made entirely of islands. Canada is providing up to \$5 million in support and has deployed members of its Disaster Assistance Response Team to help in emergency and first-aid response.

Kim is a Western University student who came to Canada from the Philippines when she was 15 years old. She has been back to the Philippines three times since coming here and was "very worried" since her hometown was hit very hard by another typhoon only months before. "My first thought was to check in with my extended family and my friends," she said about her reaction upon first hearing about the tragedy. "Thankfully, everyone is safe."

Although the focus of the media

has mainly been on Tacloban City, the entire central portion of the country has been decimated. "It's not only aid distribution that is the challenge, it's also [the] overcrowding at evacuation and makeshift centres in addition to the lack of food and clean water, which is leading to widespread diseases," Kim said. Access to the devastated regions of the islands has proven to be a challenge, yet despite this and the horrid conditions, humanitarian aid has slowly been reaching the people. But the aid is still slow to come, and there are still many of the isolated communities that have yet to receive significant aid, as stated by Reuters Canada. In the northeast part of the Capiz province alone, 60 per cent of the people still need food support.

"The international community has been extremely generous in their relief efforts of goods and volunteers, although it will likely still take years before the areas can be fully rebuilt," said Kim. If you are interested in contributing a donation to the relief efforts, the Canadian government will match the donations made to registered charities (such as the Red Cross) that provide aid to the Philippines to deal with the effects of Typhoon Haiyan until December 8.

"Thank you, thank you, thank you," Kim said about donations and thoughtful support. In the face of adversity, every dollar makes a difference.

Leaving a legacy a year later

MEGAN MCPHADEN
INTERROBANG

Amanda Todd's YouTube video about her struggle with bullying may have garnered over 28 million views, but it is her story her mother Carol Todd is hoping people will learn from.

A year has passed since Amanda's suicide in October 2012, and Carol Todd is speaking out on issues that plagued her 15-year-old daughter up until the end of her life.

"As a mother who has lost a child to something that's spread virally on social media and became so public, yes, it was hard, but I have to put that aside because Amanda's story and her message is so important and so strong that it resonates in the average family's life.

"We can learn so much from what she told us. We have to use it as a learning tool and not be afraid to talk about it."

And that's exactly what she is doing; travelling and promoting awareness of issues such as mental health, bullying, cyber bullying and exploitation. Carol has created the Amanda Todd Legacy in the hope that kids and teenagers aren't pushed to suicide having struggled with bullying or mental health issues.

"I sometimes give my cell number so [the families I've met] can get in touch with me. There is this

one girl, I think from Ohio, and I sent her journals to write her thoughts and showing it to her counsellor, because she finds it hard to talk about her feelings."

"I will always encourage them to talk to their parents or school counsellor ... but if at 2 a.m. they are having some bad thoughts, and if I'm up, then I'm there."

Amanda Todd's legacy has already helped some children in need. The legacy brought two bullied children together, uniting them in a bond only those who have been bullied can understand.

"In the audience [of a social media and sexual violence conference], there was this mum of a boy who has been bullied. I knew of someone where I lived in the Vancouver area who had been bullied too, and so we had arranged for this boy to go to Toronto last August to meet this other boy that had been bullied." The meeting ignited a friendship between the two. "They spent a week going to ball games and doing other activities in Toronto."

One boy's mother gave Carol the gift of a handmade bracelet with a snowflake on it.

The snowflake just seemed to fit. Carol's nickname for Amanda was Princess Snowflake, because of her princess nature. While writing a memorial for Amanda, Carol decided to dig a little deeper, looking up snowflake in the dictionary.

"It talked about snowflakes being unique and fragile individual and different. I just put it all together and all the people and kids in the world who are all individual and unique. No one deserves to be harassed or bullied because of their differences."

Carol says we need to start taking the steps to prevent further tragedies like Amanda's by educating kids about social media and giving them the tools to use it properly.

"We have to make sure our kids are equipped to use it properly. If they aren't, maybe you have to take it away and limit them or put some restrictions in place," Carol said. "But we can't eliminate it, it will never go away and if you do take it away there will be other sources to find it."

Todd stressed the need for parents to open the lines of communication between their children. "We need to treat every person as individual and we have to deal with every issue as individual."

With the snow fast approaching, Carol said, "If you see snowflakes in the air, I hope it triggers memories about what we are trying to do in trying to continue to promote awareness and the discussions about mental health, bullying, cyber bullying, exploitation and sometimes the learning challenges of kids."

NaNoWriMo stresses quality over quantity

ALLAYNA EIZENGA
INTERROBANG

Fifty thousand words. One month. Sounds crazy, right?

Since 1999, National Novel Writing Month has been challenging people around the world to write 50,000 words in the month of November; that's roughly 1,667 words a day for 30 days. One of the unofficial mottos of NaNoWriMo is "quantity over quality," which encourages writers to focus on the word count, rather than letting their internal critic take over.

This year, the competition has more participants than ever: 452,095 to be exact, which is about 100,000 more than last year. London alone has 1,263 registered writers.

Between communicating on the forums provided by NaNoWriMo

and using a Facebook group, London participants plan events so they can get together to write, to complain, to celebrate, to offer each other plot devices, and to bemoan their lagging word count (or, occasionally, to congratulate someone on an early finish). Some of the events have included a weekly meet-up in Covent Garden Market and a "Halfway Party" on November 15. The participants also plan to have a party on the last day of the competition to celebrate the month of "literary abandon."

The majority of NaNoWriters range both in age and occupation, and, while some self-publish, most are not professional writers and simply participate for fun.

Londoner Becky Carlyle, a 2012 NaNoWriMo participant, explained why she decided take on

the challenge again this year. "Last year I decided to do it on a whim with my best friend, and we both reached our goal around 10 p.m. on the last night, and it felt so sweet. I felt like I accomplished so much."

Expanding on her experience, Carlyle continued, "I learned that time is our most precious commodity. So often I waste time and procrastinate, and it keeps me from fulfilling my dreams. Part of what makes NaNo so great is [that] it forces you to not look back at your mistakes. You have to keep moving forward and it's scary and sometimes feels impossible. But by the end of the month when you look back and see how much you've written you can't help but be proud."

For more information, check out nanowrimo.org.

Seeking women with great ideas

HANNAH BELLE LECTER
INTERROBANG

BizInc and the Women's Entrepreneurship Initiative (Her WEI) at Brescia University College are teaming up to present the Women's Entrepreneurship Showcase on November 27.

The goal of the event is to introduce female students at Western University and Fanshawe College to entrepreneurship and social entrepreneurship as a possible career path. Check it out for female entrepreneurs and social entrepreneurs, as well as individuals and organizations that support entrepreneurship in the London area.

According to the Women's Entrepreneurship Showcase web-

site, less than 15 per cent of small businesses and less than eight per cent of medium businesses in Canada are female sole or majority owned. "Young women need role models, coaches, mentors and investors to be successful entrepreneurs," the website states. "On-campus incubator/accelerators report that women represent only 18 per cent of their clients. We'd like to change that."

Check out the Women's Entrepreneurship Showcase on November 27 from 7 to 9 p.m. at The Mercato in Brescia University College (1285 Western Rd.). For more information, go to brescia.uwo.ca/HerWEI.html.

Three saner mayors than Rob Ford

CONNOR DUNSTER
INTERROBANG

Running a major city with 3 million people in it might seem like a hard job. Besides a lot of responsibility, tough decision making and public outreach, you really have to be an outstanding public figure to fit the shoes. Then there's Toronto mayor Rob Ford, who has a rap sheet longer than all of the Wu-Tang Clan combined.

Ford's colourful past includes getting kicked out of a military ball for being too sauced, throwing around the term "Orientals," verbally assaulting someone at a hockey game and his pièce de résistance – smoking crack cocaine. When did being mayor become this relaxed? The person your teacher picked to bring the attendance to the office shows more responsibility than Ford.

Many other mayors have proven you can be dysfunctional and still keep their city running better than our favourite mayor... whether they're in a "drunken stupor" or not.

Mayor "Diamond" Joe Quimby

Mayor Quimby is the overweight, slick-talking, corrupt, womanizing, Kennedy-sounding mayor of Springfield, the setting of *The Simpsons*.

Why he's a better mayor:

Many say Quimby and Ford are quite

alike, with their heavysset appearance and proneness to spurt out inappropriate comments. Two classics include, "Oh my god, I never want to hurt a bike. That's the last thing I want to do, precious little bikes" and "I'm sick of you people, you're nothing but a pack of fickle mush head." You'll be quite surprised at who actually said what. The thing about Quimby is that his comments are written by professional comedians to be funny, while Ford just seems to not have the whole thinking before talking thing down yet.

Taking bribes from the local Mafia and giving handouts to the police chief come along with the job, and it's not like Quimby's hiding anything from the public – the banner hanging in his office reads "*Corruptus in Extremis*." That honesty connects with the voters and why he is re-elected time and time again. Take a hint, Ford – people like honesty.

Stubbs the Cat

This feline seems like he was born to be mayor. After being found in a box outside of a corner store parking lot, the owner decided to keep Stubbs because he did not have a tail. After locals didn't approve of any of the human candidates running for office in the small town of Talkteena, Alaska, they decid-

ed as a joke to nominate the tailless feline, who won and has been mayor ever since, for the last 16 years.

Why he is a better mayor:

Thanks to Stubbs, thousands of tourists come to Talkteena to see this "pawesome" mayor. Fans write him letters and send postcards – he even has his own fan club. Stubbs has boosted the local economy and brought positive recognition to his city, unlike some other mayors.

Stubbs is a mayor of the people, always sparing time to greet the many tourists coming into town and receive belly rubs. Stubbs often will wander around town and check in on local residents, hanging around the local pizzeria and the bar to order his favourite drink, water with catnip in it. Hey, Ford, you're not the only mayor that likes to party.

Antanas Mockus

This former professor at the University of Colombia decided to try some very unconventional campaign tactics and treat his time in office as a social experiment, which paid off and won him the title of Mayor in Bogotá, Colombia.

Why he's a better mayor:

Mockus is a man who knows how to get the public's attention and take action. While presenting a lecture to a crowd of disruptive

students, he decided to drop trou and moon his entire class. Mockus explained his actions as an act of "symbolic violence," saying, "Innovative behaviour can be useful when you run out of words."

For some odd reason, the university didn't see it as a learning experience like Mockus did, and reprimanded him until he was forced to resign. I'm sure the students fell awfully silent after seeing their middle-aged teacher go all Ace Ventura on them.

This, of course, just motivated Mockus, deciding to run for mayor with no previous experience, which just makes his feats that much more impressive.

Under Mockus's two-term rule, Bogotá saw improvements such as water usage dropping 40 per cent, the homicide rate falling 70 per cent, and traffic fatalities dropping by over 50 per cent. Mockus was so well-liked by the citizens that when he asked residents to pay a voluntary extra 10 per cent in taxes, 63,000 signed up. The man's like a Colombian Tom Hanks!

As you can see, dysfunctional and governing a large body of people practically go hand in hand. With a little luck and a tiny amount of bribery, who knows? Maybe you, your friend or the crazy person yelling on the bus will run your city – the possibilities are endless! If you're thinking about becoming mayor, please don't be a boring one – shake it up a little bit.

Compassion and faith spring into action in the wake of Haiyan



NOTES FROM DAY SEVEN
MICHAEL VEENEMA
veenema.m@gmail.com

Job is the name of a section of the Christian (and Jewish) Bible. It reads like a creative story told to teach a valuable lesson. The section, known as a "book," is the story of a man bearing the same name. Job starts off well enough – great, actually. But then disaster strikes. Satan throws lightning bolts, so to speak, after persuading God to let him. Job's flocks and herds are destroyed. His children die. He gets some kind of serious skin outbreak and his wife starts nagging him.

He spends a lot of time in monologues arguing with God. Discouraged with the way God is treating him, he gets testy, but doesn't give up on him. For Job, God remains real, a great, just, and caring god, who, if only he will give Job a hearing, should be able to clear up matters and re-establish Job.

It seems that the members of the church in the Philippines are in the same situation. Perhaps they are discouraged that God has allowed their country to be struck by disaster. Still they continue to thank God for the good they can see, and to ask him for the good things they need. According to the website Firstpost, Catholic priest Amadero Alvero was back on the streets of the city of Takloban soon after Haiyan came and went.

He was praying for the dead and blessing their corpses. He returned to his half-ruined church, Santo Nino, and led Mass. He said, "Despite what happened, we still believe in God. The church may have been destroyed, but our faith is intact... has not been destroyed." Job would have liked this.*

Faith and acts of compassion are part of the picture for Christians all over the world – and perhaps also for those who are drawn towards a Christian way of life, those on the permeable edges of the church. Disasters typically incite greater faith as people reach out to help. Faith in a god who teaches us to be compassionate goes hand in glove with acts of compassion. Faith in God and compassion are twin sisters.

Hillsong Church, a modern "megachurch" in Australia, is partnering with World Vision to bring relief to the victims of Haiyan. Brian Houston of Hillsong posted online that World Vision is worthy of the support of its members. He states that the Christian relief organization has 20 emergency response teams from Australia ready for deployment. He wrote, "Our goal is to help 2 million people (400,000 families) with life-saving essentials such as hygiene kits and emergency shelter, as well as ensuring safety and protection for the most vulnerable, especially women and children."

The worldwide Anglican community is also stepping up to the challenge. For example, Paul Kwong, the Anglican Archbishop of Hong Kong, according to online sourcing, has donated \$300,000 HK (over \$40,000

CAD) to bring relief to the Philippines.

The Church of Ireland, prominent churches in New York, the United Church of Canada, the Christian Reformed World Relief Committee, the Salvation Army, The Church of the Nazarene, and countless other church organizations throughout the world are rallying. They are working together, sometimes with each other, often in partnership with governments (the Canadian government matches funds donated to World Vision for the Philippines), and typically with passion and enthusiasm. And everywhere, as with Fr. Alvares in Takloban, there is prayer. Christians around the planet are filling their buildings, agency offices, and homes with prayer for the dead and their surviving family members.

In fact, maybe it's not the twin sisters or compassion and faith. Maybe it's more the triplets: compassion, faith and prayer. They travel together, in bad times and good, but especially in the bad.

*Some of the more thoughtful victims of Typhoon Haiyan might more accurately be discouraged that God has permitted so many of us to build our economies on fossil fuels. A result of burning fossil fuels is the warming of the atmosphere and the consequent strengthening of tropical storms including Haiyan.

Michael Veenema was a chaplain at Fanshawe until 2004. He continues to write, serve as a chaplain in youth corrections, and leads a church or two from his current home in Nova Scotia.

TPP and TAFTA: On corporate control

JOHAN PADILLA
INTERROBANG

One thing is clear: You and everyone you know will be affected by the secret agreements that are to be finalized in the very near future.

The Trans-Pacific Partnership and the Trans-Atlantic Free Trade Agreement are two sides of a coin that gives multi-national corporations power above the rules of law. TAFTA was first proposed in the '90s and appeared again six years ago. It is currently between the U.S. and the European Union, but Canada and some other countries in Europe are likely to join. Negotiations began earlier this year and are set to be completed

around 2015. The TPP appeared in 2010, and negotiations started this August. This partnership includes America, Canada, Australia, Brunei, Chile, Japan, Malaysia, Mexico, New Zealand, Peru, Singapore, and Vietnam.

There is absolutely no transparency for either of the two agreements. This isn't going through governments; this is being negotiated by corporate interests and work for their benefit alone. The people have no say and are being kept blind. The Obama Administration says it will reach an agreement before the end of the year. As I write this, they are beginning their last meeting: Chief Negotiations and Key Experts. They

concluded on November 24. The TPP will be official in the coming weeks.

How does this affect you? Last week, Wikileaks released one of the 28 chapters of the TPP: Intellectual Property Rights. Remember SOPA? CISPA? This is both and then some. This will affect everyone who uses the Internet – everyone who is reading this.

If you are aware of genetically modified foods and care about your health, this agreement further reinforces continued poisoning of our population's food supply. This agreement will represent death sentences for small businesses. This is corporations having international control over the people.



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Originality is in the eye of the beholder



ARTiculation
AMY VAN ES

You are not original. This is what the vast majority of artists, be it rappers, writers or visual artists tenaciously resist.

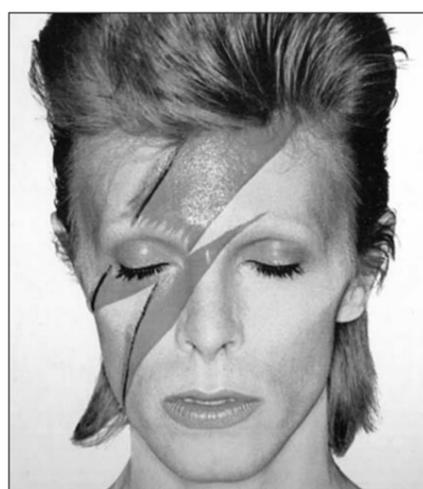
The moment you're born into this world – the moment your senses are affected by your surroundings – you lose the right to call yourself an original. Everything you've experienced affects you in variable ways from that point forward. You are incapable of being an unbiased entity. When you're born, you hear the doctor's voice, feel your body against your mother's, smell the flowers sitting on the windowsill, taste the milk, see the ceiling of the room, and you are no longer a blank canvas.

As we continue to move through our lives, we soak in everything around us and add brush strokes to our proverbial canvas. When we went through a hard time in high school, that angsty band really carried you through. Stroke. The haunting photograph of a tragedy in the newspaper. Stroke. The book you've carried in your backpack for a year. Stroke. The first painting you saw at

a gallery. Your wedding song. That magazine ad. Stroke, stroke, stroke.

Not even artistic style is exempt from the fact that it has been done, thought, felt before. You retain it all and the culmination becomes your ever-expanding arsenal of artistic reference for when it's your turn to create something. Wilson Mizner, an American playwright, said it best: "If you steal from one author, it's plagiarism; if you steal from many, it's research." Even artistic powerhouses – David Bowie, Woody Allen, Kurt Vonnegut, Pablo Picasso – admit to using ideas from their predecessors. And now we draw from them.

There's a viral video infecting the Internet in which a boy freestyle raps and as his friend calls out the names of famous rappers, he changes his voice to impersonate them. The video, with over 15 million hits, has received an uproar of criticism saying that he's not talented because he's just copying those who really are. The Originals. But Drake and Lil Wayne have influences too. Those Originals were dipping into their pool of knowledge gained from others and summoning rappers from their pasts as well. This boy is able to imitate his idols, but furthermore, he will draw from all of these skills learnt from his favourites and remix them into his own



CREDIT: RCA RECORDS

You are not original. Artistic powerhouse David Bowie has admitted to using ideas from artists in the past.

creation. It won't be unique in the sense that it came only from him, but it will be the first time somebody has remixed history into this way.

Art is a continuous stream where drops are taken out and put back in, but it keeps flowing as a whole. A beautiful hybrid of what has been and what is to come. Nothing comes from nothing.



Toronto Mayor Rob Ford has had better days as he continues to gain notoriety across the globe.

Lunch with Rob Ford

VICTOR DE JONG
INTERROBANG

Being a good politician takes finesse. When you look at someone like Prime Minister Stephen Harper, who is very private and reserved, you see a deliberate effort to control the amount of material that can be used against him. Enter Rob Ford. The man is a bull in a china shop. He can turn a charity event into an embarrassment and a photo shoot into a viral video, all before breakfast.

The sheer absurdity of Ford's behaviour in recent weeks has gotten him more publicity than money could ever buy. It began with less disastrous gaffes like reading while driving, and spraining his ankle stepping off of an oversized scale during his short-lived effort to lose weight. His more recent behaviour, however, has been no laughing matter.

His notoriety has increased to the extent that *Saturday Night Live* opened with a Ford sketch on November 16, and just two days later he had an exclusive on *Anderson Cooper 360*. A *360* correspondent met with Doug Ford, Rob's brother and Toronto city councillor, and the Mayor himself, at a subsidized housing complex in Toronto to ask Ford about the action taken against him by City Council. Ford had just had his mayoral powers in several areas stripped by a vote of 40-2, with him and his brother the only ones opposed.

The interview was uninteresting as far as revealing any new scandals, but interesting nonetheless because there was a point where, despite his bumbling and standoffish attitude, he actually made sense. Virtually every Ford interview can be summed up with the word "flustered." The media throngs outside his office by the dozens, and tourists actually come to City Hall hoping to catch a glimpse of the controversial mayor. Amidst all of the chaos, a normal person would be likely to fold and blurt out the first thing that comes to mind. We just aren't used to politicians who are normal people.

Mayor Ford is unapologetic for his in-your-face attitude. It's what makes him popular with his most loyal supporters, and make no mistake, there are still plenty out there. Ford's popularity actually jumped by five per cent upon news that police had obtained the video allegedly portraying Ford smoking an unidentified substance out of a crack pipe.

The media has destroyed Ford's credibility. The general impression of him for anyone outside of the GTA, and many within it, is one of buffoonery. The *Anderson Cooper 360* segment was, intentionally or not, vindictive in the way the media typically is. The exception was a short interview with a woman at the subsidized housing complex where the Ford brothers met Anderson's correspondent, Bill Weir. When Weir asked her what message Ford's admission to smoking crack sent to kids, she responded, "You make a, just a little mistake, you can get forgiven." While the definition of "little" can only be stretched so far, it's a sentiment that bears a second thought.

Local duo to shed *Light* on London's multicoloured history

STEPHANIE LAI
INTERROBANG

Who would have thought that the move of the Fugitive Slave Chapel would unearth stories about multiculturalism and Black history here in London?

Steve Charles, London native and draftsman, saw an ad in the paper about the church's move and offered up his services to help move the building.

The move got Charles thinking it would be a great documentary topic, so he contacted his friend Mark Drewe, a Western University film studies graduate, to lend him a hand.

"We started exploring that idea," said Drewe. "The more we explored about the documentary side of that, we found out this whole world of stories that are local and historically significant in the times that were happening."

They found that fugitive slaves from the States played a hand in bringing the idea of multiculturalism to the city and the country.

"As we learned about the rich history of London, I thought it's just an awesome story that needed to be told," said Charles. "It just shows insight and a little bit of pride for the city."

So off they went, scouring the city for stories. With some help from an archivist from the Catholic Diocese and Joe O'Neil of O'Neil Funeral Home, Charles and Drewe were well on their way.

"In the course of that, we found eight or nine fantastic stories of human accomplishment in the

London area," said Charles. "We're going to highlight four of the best stories and that's what our documentary is going to be."

One that stood out to them both was the story of a boiler explosion and a black man named Daniel Sullivan.

Sullivan was working as a boiler technician in a local leather tannery in 1873 – a year after the owners and lead engineer were told that the boiler needed to be replaced.

On April 18, 1873, the boiler – in a state of disrepair – was about to explode.

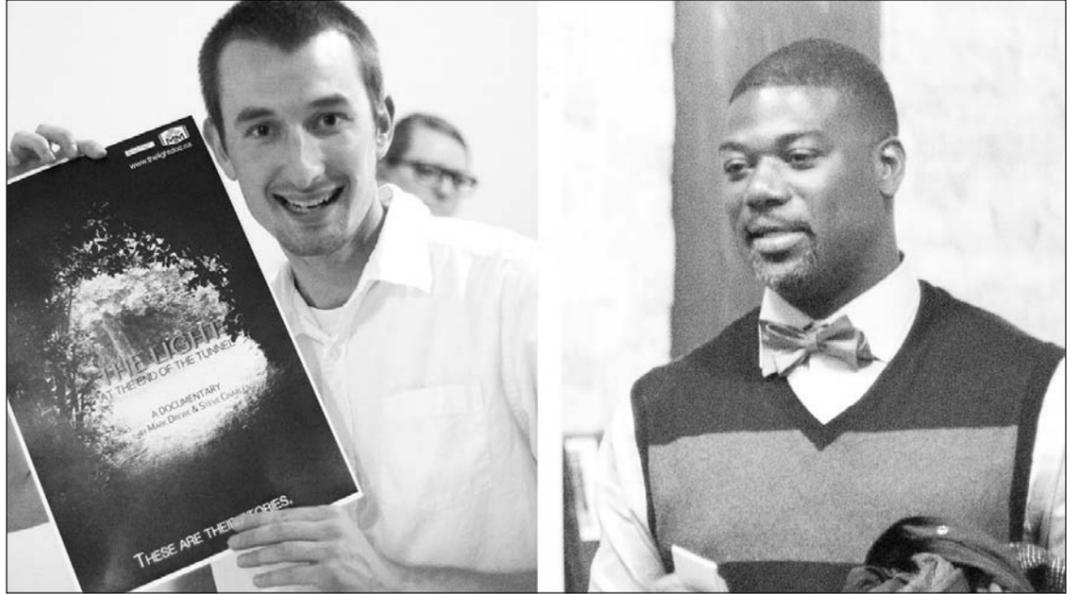
"He went in and he knew the boiler was going to explode," said Drewe. "But he did what he did to give them more time so other people could escape before the actual explosion."

Sullivan and two others died as a result.

"It's real. It actually did happen," said Drewe. "London has that anonymous feel to it sometimes, and this story, the action that he did, ended up making international news. It was in papers in the U.K. and in New York."

"It was a moment of almost truest heroism and it goes to show the character this person was," said Drewe. "That really helped to build that sense of community that showed even though this wasn't somebody from Canada ... he also gave his life to save other people in the country here."

Charles hopes the documentary will show viewers the history of how blacks and whites interacted during a "volatile time when it



CREDIT: CHRISTAL CHEUNG

(Left) Mark Drewe and (right) Steve Charles held a fundraising event called Corks & Kegs to inform guests about the project and to raise funds for the documentary as well as the African Methodist Episcopal Church.

came to race."

"[We were] a pretty trend-setting society at the time," said Charles. "We should be proud of what our ancestors did, which enabled us to live the lives we live now."

For Drewe, this could be an opportunity to squash London's feeling of anonymity.

"What I think we're trying to do with this documentary is to remind people there are a lot of reasons to be proud of this city because it is significant, and we should remember the people that were so important in not only building their own life, but also contributing to the identity of Canada," said Drewe. "London seems to be very central

in the development of [multiculturalism] ideas as well that we just now take for granted."

The duo named the documentary *The Light at the End of the Tunnel*.

"If you look at the Underground Railroad ... they travelled at night, and it was horrible ordeal that they went through for their travelling," said Charles. "When they got to Canada, they were free and it was like the light at the end of the tunnel."

"The light refers to the idea of religion, which is central in the founding of London as well," said Drewe. Something perfectly mirrored in the moving of the Chapel.

What started as a documentation of the move of the Fugitive Slave

Chapel grew into something much more.

"It was a better story," said Charles. "It was one that I would rather hear if I had to tell my kids a bedtime story, I would tell that than just the moving of a building."

"We want people to come back to this documentary and remember these stories," said Drewe. "And remember these people, and almost bring them back to life in a way, through the actions that they did."

Charles and Drewe hope to finish the documentary by the end of next year.

For more information, check out thelightdoc.ca or follow them on Twitter @TheLightDoc.

What can HR do for you?

KORI FREDERICK
INTERROBANG

Most people have likely heard of Human Resources, but many of those people probably can't really explain what a human resources department actually does. Katie Cornelius is currently a student in Fanshawe's Human Resource Management post-graduate certificate program. By the end of this program, she will be able to work in a human resources department in her preferred field.

Cornelius explained that the human resource department is so much more than just people behind office doors who fire you. "Human resources is the engine behind a company," Cornelius said. "When it comes to the implication of performance appraisals and the manner to which they processed, or to the training of a new program within the company, the human resource department takes care of it." For the most part, these are the typical duties that you'd think of when you think about your workplace's human resources department.

But human resources is everywhere. They are not just there for the upper management team or the people high up within the company. The human resources department is there to help every employee in a company. That means if you are in an entry-level position or are the CEO, the human resources department can help you. "Your human resources manager knows about benefits and compensation throughout the company, as well as the resources to provide each employee with advice regarding this," Cornelius explained.

This means that if you are in need of benefits or compensation for whatever reason, you can go to your department for sound advice.

There are sometimes more serious issues that arise in a workplace. For example, if you are feeling overworked or feel that you are being treated poorly, the human resources department is who you can go to for advice.

"Issues that arise within your place of employment, such as harassment, violence or discrimination, are also dealt with through the human resources department," Cornelius said. "There are a number of laws in place that protect employees against violence and harassment in the workplace. If this does take place, [the employee] must first report the harassment to their employer or their human resources representative, and it is now the responsibility of the employer or representative to take action, whether it is legal or disciplinary."

The most commonly known thing about human resources is that the people working there are the ones who hire you, fire you and pay you. Make use of this department to help you with anything you may be dealing with at work. You don't have to be subjected to anything that you feel is inappropriate in the workplace. Cornelius said, "Although we do take care of the payroll, hiring and firing, the job is much deeper and has many different layers." Even if you think that your concern is of low importance, there is absolutely no harm in going to the department and expressing your concerns.

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We Are The City celebrate *PXTK* project



BOBBYISMS
BOBBY FOLEY

I write about random things a lot. I write a lot about random things. In the music industry, marketing is often a sink-or-swim environment. Freelance publicists and major label marketers routinely face the same challenge: how do you get people to take a chance on new music?

It may go without saying that record labels and their artists work hard to squeeze marketing opportunities out of every dollar spent on promotion, with trends in recent years placing an emphasis on live events. It's sensible, if you think about it – as music sales drop and less demand is placed on physical albums, the challenge of marketing music has risen to overshadow the music itself.

As an example: record labels and artists participating in Record Store Day – the single biggest vinyl sale day each year, observed in countries around the globe – have to have provide all “value-added” items like sampler CDs, postcards and loot bag inserts to organizers even before the very vinyl albums they're preparing for

the occasion. Organizers need a greater lead time to coordinate the free items than the vinyl releases themselves.

It isn't enough to engage listeners on social media anymore, so the challenge becomes to find new ways of making original content compelling for listeners. And when that compelling original content comes along, the means by which it's broadcasted can make all the difference as to whether we pay attention to it or not.

Hailing from Vancouver, We Are The City is a three-piece rock outfit with little comparison; composed of Cayne McKenzie on keyboards and vocals, David Menzel on guitar and Andrew Huculiak on drums, the band wields the tools of the traditional rock trio but carves a sound out all their own. Over the course of a few recordings, their blend of abstract prog rhythms and vocal pop phrasing place them somewhere between indie pop, alternative rock and progressive jazz.

The band recently performed at the London Music Hall supporting hometown hip-hop artist Shad – also celebrating a new release in *Flying Colours*, released only a month prior – before crossing the border for dates in Chicago and Minneapolis on their way out to western Canada.

PXTK clearly demonstrates that We Are The City is strongest performing live. Recorded at a headlining gig at the Kelowna Community Centre this summer, the EP features selections from the group's second album *Violent*, itself released only this June. In contrast to the recent full-length release, *PXTK* gains a note of immediacy from shedding the studio sheen and rises above to capture an electric and compelling experience.

Released with the EP on October 29, the video for “King David” – the opening track on the record – captures the trio deep in their personal space, filmed up close by surveillance cameras operated by the band as they performed. A strong choice to kick off the series, the video calls to attention not only the grainy, abstract visuals culminated from the stage, but also the crisp post-production effort that went into making *PXTK* sound so good.

Week after week, the series continued in sequence with the EP – next is “Friends Hurt,” which opens with a much quieter dynamic as the rhythm builds into a gritty crescendo before beginning again. The band is clearly as unafraid to get quiet and tender as they are to shift gears again for “Bottom Of The Lake” and for “Legs Give



CREDIT: KIRSTEN BERLIE

We Are The City recently played a show at the London Music Hall in support of new release *PXTK*.

Out” soon after.

Compared to the *Violent* sessions, the music on *PXTK* feels more animated – Menzel's guitar tone is hotter here on stage, like a live wire. That added warmth marries it all the better to McKenzie's keys and Huculiak's drums, effectively tightening the band while giving them the appearance of more space musically. Happily met, We Are The City is another rock trio that well creates music on as grand a scale as a unit with double their numbers.

The *PXTK* series comes to an end this week on November 26 as the band release “Baptism,” the fifth and final video from the EP.

For more on We Are The City or to see the *PXTK* videos, visit

wearethecity.ca or follow along on Twitter @wearethecity. Only released in June, their second full-length album *Violent* is available in stores and among your preferred digital services like iTunes or Rdio. The new *PXTK* EP is available for free download on their website or profile on Bandcamp.

And for more of the latest music news, show previews and occasionally even music downloads, consider following this column on Twitter @fsu_bobbyisms. Don't forget that Record Store Day Black Friday returns this week – head to recordstoredaycanada.com for details on releases and which independent shops here in London are participating. I'm out of words.

Manly bands hit the OBS stage for Movember

ERIKA FAUST
INTERROBANG

New Music Night at The Out Back Shack on November 29 is gonna rock your socks off.

“We have three bands coming in for New Music Night – it's a cock rock night,” said Allie Neeb, the Fanshawe Student Union's VP Entertainment.

Local bands The Baxters, Tandem Eagle and The Black Frame Spectacle are closing out the FSU's Movember fundraising initiatives with a “loud, over-the-top, ridiculous and awesome” show, Neeb said.

The Baxters drummer Taylor Lucas said the audience can expect a modern rock 'n' roll show from his band's set. “We have a little bit of a throwback vibe sometimes – a

bit of classic rock here and there – but we've been slowly moving toward a more modern sound, with classic shreddin' and '80s rock type stuff.”

He described the band as having vocals similar to Protest the Hero and a sound similar to Thrice and Billy Talent. “It's a weird blend, but it works.”

Though The Baxters haven't hit the stage with Tandem Eagle or The Black Frame Spectacle before, Lucas knows from having seen both bands play that it's going to be a “rippin'” show.

“Tandem Eagle is ballsy, heavy riff-rock – real manly – that's why I think it's hilarious that they're doing the Movember show, because they're probably the most Movember band there is,” he said.

“Black Frame's a rippin' two-piece kinda punky (band). You've gotta see those guys to understand them. Their drummer's a crazy clown from hell or something. We called him a caveman last time because he just smacks the piss out of [his kit].”

Ian Sullivan, vocals and guitar for Black Frame Spectacle, laughingly agreed with Lucas' description. “Adam's been compared to Animal from The Muppets, but he is an incredible player. He has this really natural ability that just pours out of him. When you watch him play, it's like watching one of those great drummers like Keith Moon or someone like that, who really just attacks it with everything they've got.”

“It's so energizing to play with

someone like that. You might be having one of those days where you don't have as much energy as you would some other days. You get there, and Adam just revs up, and it's like getting hooked on to a car or something – you have to keep up, you can't stop. It's fantastic – he really is the engine.”

All in all, it's going to be a great show. “Bring your dancin' shoes,” said Sullivan. “[The bands are going to be playing] high-energy, high-tempo stuff. We always bring it all on stage. You never get half a

show from us – we always make sure that we put everything we have into it, and we usually walk away impressed.”

Give the bands a listen at facebook.com/thebaxtersband, facebook.com/TandemEagle and tinyurl.com/blackframe-fb.

Doors open at 9 p.m. on the November 29 cock rock New Music Night. Donate at the door – all proceeds will go to the FSU's Movember campaign.

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CREDIT: DECORATINGFILES.COM

A neat and tidy workspace will leave you feeling organized, even during the busiest times during the school year.

Make your home stress-free



TURN BORING SPACES BEAUTIFUL
BRITTANY ROACH

It's that time of year again: we're all finding ourselves overwhelmed with last-minute projects and studying for finals that are right around the corner.

School alone is more than enough to deal with, and many people find it hard to keep their homes in top shape during busy times, but having a neat and tidy living space will make your life less stressful during busy times!

When busy with school finals, most of us have that "I'll do it later attitude" when it comes to our homes. Instead of doing it later, do it *now*. I've lived with several people throughout my school career and have noticed a trend: around the end of every semester our home got a little messy. We were all busy with school projects and studying for finals and insisted that it was more important to be doing schoolwork than tidying up. It just led to more stress and less motivation to clean such a big mess. Tidying up for at least 30 minutes every day will save you from a two-hour cleanup another day. A quick tidy up every day will give you a break from doing schoolwork and give you a quick sense of accomplishment!

Here's a list of a few simple things to do in your 30-minute

cleanup.

Tidy up the floor. Whether clothes, shoes, books and schoolwork are covering your floor, tidy it up! When everything is put back into place, you will be able to find your belongings quicker and not have to worry about stepping on anything important. It is amazing how fast your floor can disappear and stress you out more.

Do the dishes. At the end of every day, you may only have a small amount of dirty dishes, but that small amount can very quickly turn into every dish being dirty. If you take the time to clean the very few dishes you have every night, then you will never have to stress about not having a plate and fork to use when you starving after a study session. A mountain of dirty dishes is another stressor to avoid during stressful times!

Keep your work area tidy. After a long day of studying, it's a great feeling to pack up all your books and papers nicely until the next day. Having a clean and tidy workspace will allow you find all of the notes you need without stressing, "Where did they go, I can't find them?!"

Exam time is a stressor for all students; eliminate other factors at home that could stress you out more during this crunch time. It really is as simple as a 30-minute tidy up every day. Remember, having your home clean and tidy will make your life less stressful in stressful times!

Awesome students prepare for pitch night

ERIKA FAUST
INTERROBANG

The night we've all been waiting for has finally arrived. November 27 is when four students will pitch their awesome ideas for improving the Fanshawe community in the hopes of taking home the \$1,000 grant to bring their idea to life.

Presented by the Fanshawe Student Union in partnership with the Lawrence Kinlin School of Business and the Alumni Association, the first ever Awesome Fanshawe Students event received dozens of applications. Seven trustees were tasked with choosing the top four ideas, and have selected Zelda Brown, Heather Bailey, Cassie Smith and Eric Edwards to present their six-minute pitches on November 27.

"This has been an excellent way to get the student body thinking about and actively participating in

improving our Fanshawe community," said John Young, the FSU's operations manager, who is helping to organize the event. "We're so excited about the partnership with LKSB and Alumni Association - it's been great."

Mary Pierce, an Awesome Fanshawe Students trustee from the Lawrence Kinlin School of Business, is looking for an idea that is unique but doable. "It has to be creative, but it also has to have some level of practicality and executability. A lot of proposals you see, the idea is really cool, but the person has no real thought on how they would actually do this. There's not a lot of point in giving money to something that the person doesn't really have a good chance of seeing it through and actually making it happen."

AFS pitch night starts at 7 p.m. in SC2016 on November 27. All are welcome to attend.



How would you use \$1,000 to improve the Fanshawe community?

Awesome Fanshawe Students is awarding \$1,000 to the student with biggest and brightest idea to bring it to life. Submit your idea to fsu.ca/awesome before November 13.

The students with the top four ideas will be notified by November 15. Check out the four finalists as they deliver their pitches beginning at 8 p.m. on November 19 at The Out Back Shack.

Stand on the Sixth

ERIKA FAUST
INTERROBANG

December 6 is the National Day of Remembrance and Action on Violence Against Women. Fanshawe College will join the nation in remembering those whose lives have been forever changed by gendered violence.

On December 6 at 12 p.m., a memorial for the 14 women who

died in the 1989 École Polytechnique shootings will be held in SC2013. Students, faculty, staff and community members will gather to remember the victims and to reflect on actions we can all take to prevent and eliminate all forms of violence against women.

Fanshawe is seeking student volunteers to assist with the ceremony. "We need 14 people to light

candles in honour of the 14 victims," said Dayan Boyce, corporate communication officer for the College. If you are interested in helping with the ceremony, contact Boyce at dboyce@fanshawec.ca.

Please consider honouring these 14 women, and all victims of gendered violence, with a moment of silence December at 12 noon.

Book your holiday party now!

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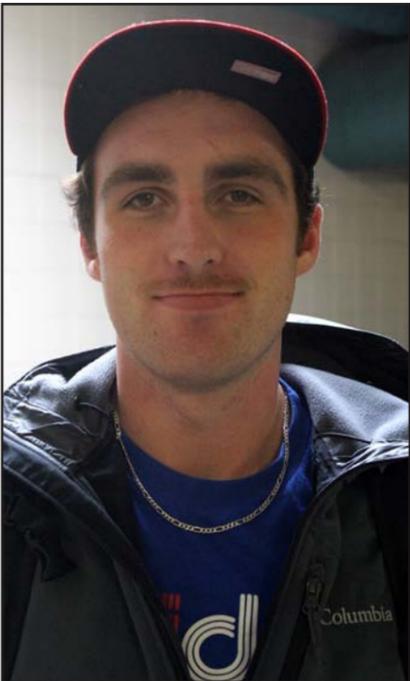
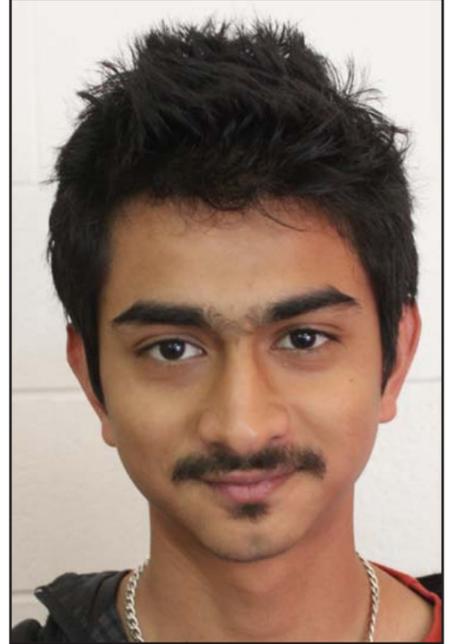
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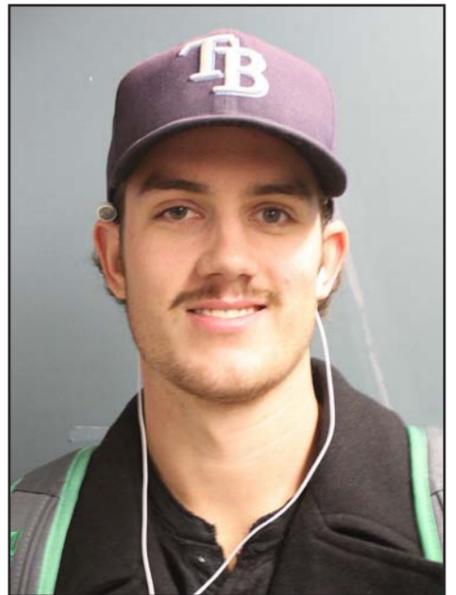


EYE ON CAMPUS

Stephanie Lai

Mo' Bros

Thanks to all you bros who grew fuzzy moustaches this month. For those of you who aren't aware, during the month of November, men from around the world band together to grow lip sweaters and simultaneously raising money to support and raise awareness for men's health issues, such as prostate cancer. Check out ca.movember.com for more information.



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THOUGHTFUL HANDMADE HOLIDAY GIFTS

Nikki Ufimzeff | INTERROBANG

It's that time of year again. Streets are covered with snow, houses are lit up with colourful lights, trees are decorated with tinsel; it truly is a winter wonderland. But wait, there's one thing missing... Where are the presents?! Christmas is just around the corner and the malls are packed with shoppers scrambling to finish their shopping. Instead of breaking the bank this year, save a few hundred dollars (your wallet will thank you, I promise) and show your loved ones that you care by giving them handmade gifts. After all, it's the thought that counts!



SUGAR SCRUBS

You've seen these at countless spas, and believe it or not, they are quite cheap and easy to make! Sugar scrubs are incredibly moisturizing and leave the skin feeling exfoliated and silky smooth. They can be used on the face, body or feet, and take less than 10 minutes to make.

Here's the basic recipe: 2 parts sugar (white or brown), 1 part oil (almond, olive, and coconut work best), ½ tsp Vitamin E oil, essential oils (if desired), and mix well.

If you're feeling creative, try these other recipes:

Pumpkin Pie Scrub:

1 cup brown sugar, ½ cup coconut oil, ½ tsp vitamin E oil, and ½ tsp pumpkin pie spices (or ½ tsp of cinnamon if you prefer).

Vanilla Brown Sugar Scrub:

1 cup brown sugar, ½ cup almond oil, ½ tsp vitamin E oil, and 1 tsp vanilla extract.

Citrus Hand Scrub (for after washing dishes):

1 cup white sugar, ½ cup olive oil, ½ vitamin E oil, 15 to 20 drops (or more, if you wish) of lemon or orange essential oil.

Relaxing Vanilla Lavender Facial Scrub:

1 cup white sugar, ½ cup almond oil, ½ tsp vitamin E oil, ½ tsp vanilla extract and 15 drops lavender essential oil.

COOKIES

First, bake your favourite cookies. Then take an empty Pringles can, clean it out, wrap the outside with wrapping paper, put your cookies in the can, put a ribbon on top, and voilà! You've got a cute can of cookies all wrapped up and ready for that special someone!

HOMEMADE FUDGE

This easy chocolate fudge recipe is the perfect treat for the holidays.

Ingredients: 3 cups semisweet chocolate chips, 1 (14 oz.) can sweetened condensed milk, ¼ cup butter, 1 cup chopped walnuts (optional)

Place chocolate chips, sweetened condensed milk, and butter in a large microwavable bowl. Heat in microwave on medium until chips are melted, about 3 to 5 minutes, stirring once or twice during cooking.

Stir in nuts, if desired.

Pour into well-greased 8x8 inch glass baking dish. Refrigerate until set.



RECIPE BOOK

Does your mom love to cook and bake? Surprise her with a handmade recipe book complete with various soup, salad, bread, main dish, side dish, and dessert recipes. Type up the recipes (with pictures too, of course), put them in sheet protectors, and place them into a binder.



TEA WREATH

Do you have a tea lover in your life? Surprise them with this adorable tea wreath.

You'll need: two pieces of cardboard, patterned paper, clothes pins, hot glue, and a ribbon for hanging.

- Hot glue the pieces of cardboard together (to make them sturdy, since they will be holding clothes pins). Cut the cardboard into a wreath shape.

- Cover the circle with patterned paper.

- Cover clothes pins with patterned paper as well. (To do this, cut strips of paper to match the width of the clothes pin, hot glue the paper on, and trim the ends)

- Hot glue the clothes pins to the wreath. Continue until the whole wreath is covered in evenly spaced clothes pins. (Make sure the "mouth" of the pin faces the outside of the wreath)

- Tie a ribbon on the wreath for hanging and clip tea onto each of the clothes pins (These instructions from tinyurl.com/teawreath13.)

GIFT BASKETS

Let your imagination run wild and make your own gift baskets for family and friends, including as many handmade goodies as you can. Toss in a box of chocolates, coffee, tea, cookies, candy, and nuts for the person with the biggest sweet tooth, or some body lotion, your homemade sugar scrub, shower gel, soap, and candles for the spa lover. How about movie tickets, popcorn, and candy for the movie lover? The combinations are endless, and you can customize every basket to everyone on your list, -what's more thoughtful than that?



CREDIT: SEGA

FMV game *Night Trap* was once the centre of controversy... 1992 was a really different time.

Best of the worst, Part 2



GAMING THE SYSTEM
ESHAAN GUPTA
e.gupta@fanshaweonline.ca

In a universe with unlimited possibilities and a horrifying amount of awful games, there are always a few titles whose awesomeness comes from that awfulness. Here are a few more games that didn't make last week's cut.

Hong Kong '97 (Super Famicom, 1995)

Who knew that displays of extreme xenophobia could be absolutely hilarious if portrayed poorly enough? HappySoft's *Hong Kong '97* stands as a testament to that idea. Yet another *kuso-ge* (Japanese for "shitty game") in its home country, this bootleg Super Nintendo title released in 1995 featured an absurd plot involving the killing of China's entire population by Bruce Lee's fictional brother Chin during the future reunification of Hong Kong and the mainland. The game's audio is non-existent. There are no sound effects, and the music solely consists of the first few notes of a Chinese children's song played on a continuous loop. It really has to be seen to be believed.

Various Full Motion Video games (PC, 1990s)

The CD-ROM gaming craze defined the industry in the early '90s for a lot of reasons – good and bad. While the push towards making a technology that was capable of better storage for more expansive games more widespread is certainly admirable, instead, the floodgates were opened for some absolutely terrible video games that tried to take advantage of the CD's capabilities in the worst ways. A staple of early CD-ROM games were FMV (full-motion video) games; titles that promised a melding of movie-like experiences with the interactivity of gaming. What we instead got was loose gameplay that served as an excuse to tie together extremely cheesy and hilarious live-action

cutscenes. An exemplar would be the SEGA-CD launch title *Sewer Shark*. This otherwise mediocre lightgun action is made worth chugging through for the *Aliens*-esque characters, your copilot trying his absolute best/worst Bill Paxton on you. There's a massive library of FMV games, most forgotten for the right reasons, but nevertheless entertaining for all the wrong ones.

Various Simulator games (PC, mid-2000s to present)

Their boxart appearance seemingly mirrors the aesthetics of Microsoft's various *Flight Simulator* titles. And yet, these various inane simulator games made by various European developers, achieve zero quality and everything poorly. Probably the most notorious of the rip-off sim games are *Farming Simulator* and *Street Cleaner Simulator*. Before you ask exactly who in their right mind would ever want to experience such mundane mundanities, no, these games fail to bring any actual realism to the table. Instead, their extreme brokenness and creative interpretation of vehicular physics and logic make for some unintentionally hilarious gameplay.

An odd choice: Deus Ex (PC, 2000)

For the love of god, DON'T CRUICFY ME JUST YET. I am NOT in any way implying that this classic PC game, considered one of the greatest FPS/RPG hybrids ever made, is itself a *bad* game. I've played and loved it, but it's undeniable that after your first clean playthrough, the game is fun to revisit for the purpose of exploiting glitches. Although with the game's ambitious and expansive nature, a few bugs are to be expected, the sheer amount of entertainment value drawn feels very similar to screwing with a poorly coded game. Whether it be climbing up a 20-storey building by sticking mines to walls, or triggering characters to try to kill a robotic vacuum cleaner, the amount of things in the game to break completely add a whole new dimension to the game.



CREDIT: HOUSEMARQUE

Resogun is a beautiful space shooter game on the PlayStation 4.

Hands on with the PlayStation 4



G33K LYFE
ANDREW VIDLER

November 15 was a banner day for the video game industry. Sony's PlayStation 4 was released to the public, and over the weekend more than a million people sat down to enjoy the dawn of the next generation of video games, an event that only happens once in a decade. Retailers across North America are sold out of every console, controller and extra accessory available, leaving thousands of eager customers still awaiting their chance to get their hands on the PS4's controller.

The early hours of the console's life had been haunted by Internet rumours of broken HDMI ports and dead consoles, as well as gaming news websites IGN and Kotaku both receiving faulty PlayStation 4s when they were sent retail consoles to review. Sony was quick to respond to the growing hysteria on websites such as Reddit and 4chan, with Sony Computer Entertainment's worldwide president Shuhei Yoshida taking to Twitter to assure that the problem was not widespread.

Luckily for me, I was able to get a chance to sit down and try out Sony's new console and was able

to formulate some early opinions on whether video games will truly be bigger, better-looking, and more revolutionary than ever before.

There is always a worry that after looking forward to something and expecting it to be amazing, something about it will let you down. I am happy to say that all the hype surrounding the new console is well warranted. The PlayStation 4 is a truly fantastic machine and points to an exciting future for gaming.

From the moment I sat down with a friend, booted up that shiny, angular box and took a hold of the (fantastically comfortable) newly designed controller, I felt a little flicker of the childlike excitement that used to force me out of bed at 3 a.m. on Christmas Day with the feeling that I'd just drank six cups of coffee. The screen booted up and we immediately jumped into Sony's big launch title *Killzone: Shadow Fall*, a first-person shooter that represents the first title that was made to take full advantage of the power in the new console. The first thing that truly impressed me was the speed with which the game loaded, with the time elapsed between pressing Start and the game booting up clocking in around the five-second mark, as opposed to the 45 to 60 seconds that could be expected on the PlayStation 3.

Once the game began, we were

treated to a visual feast that the numerous Internet screenshots and YouTube trailers don't even come close to doing justice. The game is set in a massive city, all shiny metal and futuristic glory, and the game directors clearly took joy in using massive, sweeping shots to show off the beautiful environments that they have created. Someone passing the television watching an afternoon sun reflect off the virtual skyscrapers could easily mistake this for a high-end CGI film.

While *Killzone* has been advertised as the title that best shows off the technical abilities of the PS4, the most technically impressive title in the launch lineup is perhaps *Resogun*, a free-to-play space shooter in the tradition of *Space Invaders* where each level victory ends in a massive explosion of millions of individually animated cubes and a shower of colour that is one of the most satisfying pay-offs I have received in many years of gaming.

The life of the PlayStation 4 is still young, and it will be facing massive competition from Microsoft's Xbox One which hit shelves on November 22, but the early experience I had with the console indicates that Sony's new black box is well placed to impress people for years to come.

Now, if you'll excuse me, I have some games to play.



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English: Take it or leave it



READING BETWEEN THE LINES
ESHAAN GUPTA
e.gupta@fanshaweonline.ca

The entire history of English, the world's most prolific language, certainly would be daunting to narrate, but Bill Bryson's *The Mother Tongue* handles the task deftly, while sporting a charming sense of humour that stops the fairly serious topic of language evolution from being too dry for the average reader.

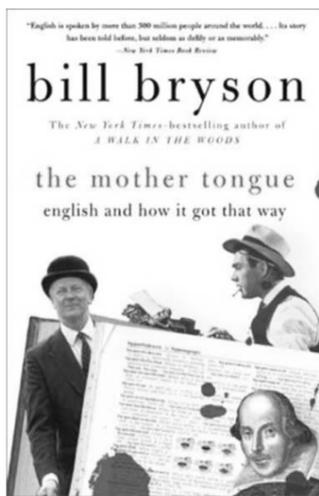
Whether English is your first language, your second or even your fifth, you really should read this book. It's akin to taking apart the car you drive; you'll find everything you ought to know – the inner workings – all dismantled right in front of you.

Believe it or not, the English language has only recently been considered worthy of true scholarly pursuit. English rose from being the underdog of European languages to the *lingua franca* between all the world's peoples. Its surprising history – the why's and how's of English's accomplishments and idiosyncrasies – is chronicled concisely within this book, from the now-incomprehensible works of Geoffrey Chaucer to Shakespeare's liberal fabrication of words we now take for granted. The book's incredibly thorough history of the English language is entertaining

and offers a lot of surprises. You'll find out how rooted in England (where many kings' first tongue was French) the language is, and how much English adopts from other languages.

The book isn't all academic examination. One of the key components that make English so unique – accent – are given a fun investigation. The staggering diversity of English accents, a characteristic that in some places mean the difference between economic classes, is as well given the eye. If there's one thing consistent about the language, it's that there is no consistent pronunciation. The inevitable cross-examination between English and his (or her? After all, gender pronouns tied to inanimate objects have never really been a thing with this language) close cousins, Gaelic and Welsh, will make you thankful; the convoluted manner of English pronunciation is bad, but not *that* bad.

When writing a book about a language, the comparisons to others are inevitable. *Mother Tongue* shows just how perfect (and at the same time, broken) the English language can be for conveying ideas. To speak a language is to convey the nuances of a culture, and the blanket adoption of English is not without some modification to its rules based on location. Transpositions and outright grammatical changes happen; a



sort of creole is born out of English vocabulary and the structure of the native tongue. It's a true testament to the malleability of the language.

The Mother Tongue is linguistic study laid out for the everyman. Bryson's style is, as always, accessible without being dumbed down. *The Mother Tongue* doesn't prove the superiority or inferiority of the English language; if anything, it shows just how self-contradictory a language can be thanks to numerous extenuating circumstances.

Reading Between The Lines explores books that you may have missed out on that are worth your while. If you have a book to suggest, email Eshaan at e.gupta@fanshaweonline.ca.

BEST IN LATE NIGHT COMIC RELIEF

THE LATE LATE SHOW with Craig Ferguson

Mike Tyson says that he was high on drugs when he was boxing. The question he was asked was, "Why are you qualified to be the next mayor of Toronto?"

It's Mickey Mouse Day today. He made his debut on this day in 1928. He's 88 years old. He's gone from "It's a small world" to "It's an enlarged prostate."

Prince Charles has been in line for the throne for 61 years, or according to himself 61 years, seven months, 15 days, and three hours.

Prince Charles celebrated his birthday in India — as part of his "Places We Used to Own Tour."



CONAN with Conan O'Brien

In a dispute with the Kraft corporation, Starbucks has been ordered to pay \$2.7 billion. To put that in Starbucks terms, that is three lattes.

The Canadian government has ruled its doctors are no longer allowed to prescribe heroin. Folks, I think the real story here is that until recently in Canada a doctor could give you heroin.

Miley Cyrus said in an interview that she is one of the biggest feminists in the world. She said no one has done more than her to encourage women to lick the glass ceiling.

For the first time ever, a dog climbed Mount Everest. In a related story, the dog's walker wants a raise.



LATE NIGHT with Jimmy Fallon

I don't know what's happening with *Dancing With the Stars* this year, but people just aren't watching as much as they used to. They're trying to think of anything they can do to boost ratings. In fact, I heard they might even try adding celebrities to the show.

Heinz ketchup announced that it will cut more than 1,300 jobs over the next eight months. They say they just don't have a lot of money left in their budget. Then people said, "Have you tried turning it upside down and letting it sit for a few minutes?"

A growing number of women are joining the CIA. The CIA is now 46 per cent women. Which explains that new method of torture: the silent treatment.



THE TONIGHT SHOW with Jay Leno

According to a new report, over a million Californians are losing their health insurance due to Obamacare. In fact, some are so angry they have already gone back to Mexico.

A Dutch study has found that people suffering from depression age faster than those who are not depressed. They say being depressed can actually take years off your life. Well, that should make depressed people feel a lot better, huh?

Toronto's city council is trying to strip Mayor Rob Ford of his powers. But the mayor is pretty defiant. He told the city council, "I am definitely not leaving this job." Hey Mr. Mayor, that's what I used to say!



So, what are your strengths and weaknesses?



CAREER CORNER
Susan Coyne
Career Services
Consultant
Fanshawe Career Services

Job interviews are stressful to everyone, no doubt about it. I've often said that if you aren't at least a little bit nervous about an interview, then you should be nervous about why you aren't. To help alleviate your nervousness before an interview, you can research the company, review the job posting or job description if you have it, and practice your answers to typical interview questions. You can also conduct your own mock interview through InterviewStream, an online video interview site – check it out at fanshawe.interviewstream.com.

One of the most frequently asked questions, and most challenging for some to answer, is, "What are your strengths and weaknesses?" The two tend to go hand in hand, and rarely is one part of the question asked without the other. So, how would you answer the question?

There is no better way to make a good first impression than to be given a chance to state your strengths. As mentioned earlier, it is important to know what the needed skills are to be successful in the job you are interviewing for so you can tailor your answers to include those strengths.

The weakness part of the question presents more of a challenge. But the good news is that an interview is not a confessional. After all, you are there to sell yourself to the prospective employer, not confess to past sins or indiscretions. Therefore, the best approach is to answer the weakness question honestly, in a way that makes you look positive. Come up with a situation or problem you had at work, but don't pick a scenario so serious that it will disqualify you from the competition. Briefly mention one weakness and show how you have learned from the experience or what you have done to change. It's also a good idea to have a back up answer in case you get asked to provide another example.

Avoid the overused response of, "My problem is that I'm a workaholic. I spend a lot of time at work making sure I do my job right." I'm sure interviewers have heard this response before and if the question is really worth asking they will probe for a further response.

Most employers are looking for honesty out of this question as the responses are generally quite insightful. They want to find out what kind of person you are, whether you are shy, timid, cocky, arrogant, or even a liar.

If you can, be sure to cite a corrected weakness or a lesson learned from your weakness. Always provide specific examples

of what you're doing to fix the problem, the progress you've made, and how these improvements will help the employer. In order to answer the strengths and weakness question well, you really need to practice prior to the interview. At the same time, make sure your answer doesn't sound too rehearsed, either.

In the end, it isn't your mistakes and weaknesses that matter the most. It is whether or not you are aware of your weaknesses and understand the potential impact on others and that you are willing to work to improve yourself. Your ability to handle this question confidently and effectively can send a powerful message to potential employers about your real strengths.

Need assistance with your job search or writing a resume and covering letter? Drop by the Career Services office in D1063. The Career Services staff are available to assist you on an individual basis. Visit the office in D1063 to arrange an appointment with the consultant responsible for your program or call 519-452-4294. To access job listings for Fanshawe students and graduates, visit www.fanshaweonline.ca or www.fanshawe.ca/careerservices. Follow us on Facebook facebook.com/FanshaweCS, Twitter @FanshaweCS and Pinterest pinterest.com/FanshaweCS.

JIMMY KIMMEL LIVE with Jimmy Kimmel

Toronto Mayor Rob Ford has provided me with so much entertainment that I feel like I should pay him a subscription fee. He's like your drunk uncle who is fun but you're just getting old enough to realize why your parents never let him take you anywhere by himself.

Today they took Rob Ford's office budget and his staff away. He has been removed from his position on committees and lost his power to fill vacancies. The only power he has left is to represent the city at official functions. That's actually the one I would be worried about.

Rupee became the first dog to climb Mount Everest. His owner really threw the heck out of a Frisbee, and up he went.



THE LATE SHOW with David Letterman

Kim Kardashian was pulled over and arrested for speeding. You'd think the one fleeing would be Kanye West.

Here in New York City we have a new mayor, Bill de Blasio. He's 6 ft., 7 in. tall and his wife is a former lesbian. She's a former lesbian although she can be called back to active duty on a moment's notice.

They caught a guy in the Secret Service sending out suggestive and graphic emails to women. On the bright side, it's nice to know somebody in the White House knows how to operate the computer.

The world's oldest living creature passed away, a 507-year-old clam. It was laid to rest today in the chowder at Red Lobster.



KIOSK QUIZ ANSWER

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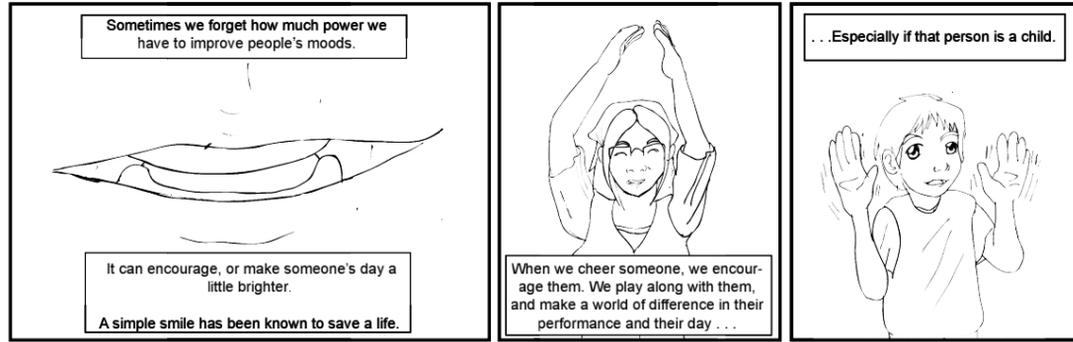
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Eshaan Gupta



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zodiac stargazer HOROSCOPE

Aries (March 21 - April 19)

Your senses are strong, but your defenses are weak. An intense experience is likely to be overwhelming - see if you can leave early. Take in the loveliness of the late fall days.

Taurus (April 20 - May 20)

For a true progress report, watch other people's faces when they see you walk into the room. The season enhances your already obvious beauty. Pick out musical selections that everyone will like.

Gemini (May 21 - June 20)

Be patient with curious people. You're often like this yourself, learning all the facts and recalculating them into your personal hypothesis. Get in on this process. The Twins know that two heads are better than one.

Cancer (June 21 - July 22)

Being soft and gentle is very different from being weak. Get your way without any overt manipulation. Take strays or misfits under your wing and teach them how to fly on their own.

Leo (July 23 - August 22)

If you're withdrawn, it's just the universe narrowing your field. Take care of yourself instead of trying to please everyone in sight. It's your decision whether to pursue or to be pursued.

Virgo (August 23 - Sept. 22)

Everyone benefits from Virgo's open-mindedness and generosity. Willing hands turn a struggle into a party. Lay down a few guidelines that will make it easier for others to express their individuality.

Libra (Sept. 23 - Oct. 22)

As much as you want a job or a treasure, it's hard to convince others that you're qualified to have it. Hesitant speakers are afraid of offending someone. A loud, clear voice will help get you what you deserve.

Scorpio (Oct. 23 - Nov. 21)

You have a grip on the situation, but not so tight as to make others squirm. Release your inner forces joyously and wisely. Keeps in tune with the feelings of friends and coworkers.

Sagittarius (Nov. 22 - Dec. 21)

Reality is stranger and more wonderful than any story that you could invent. Be flexible or risk being paralyzed by too many options. A familiar habit may lead you in a different direction this time.

Capricorn (Dec. 22 - Jan. 19)

You hate to think in terms of winners and losers, but you soon realize that there can be only one outcome. This issue will grow roots and branches until you resolve it once and for all.

Aquarius (Jan. 20 - Feb. 18)

You have a few more days before you're free to collapse and rebuild. Save your energy for decisions that matter. Someone still needs your hand for support and your shoulder for crying.

Pisces (Feb. 18 - March 20)

Pisces does best among the tolerant and avant garde. Although you don't bark or bite, some people are hesitant to engage in anything unusual. Tribal affiliations are strong even among total strangers.

have fused together.

QUIRKY FACTS

1. The inventor of the Game Boy, was originally Nintendo's janitor and maintenance man. His name was Gunpei Yokoi.

2. Pineapples are not a single fruit, but a group of berries that

3. Chainsaws were derived from a tool originally intended to help deliver babies.

4. Only 12,000 years ago there was a species closely related to modern humans called Homo floresiensis that had been living on an Indonesian Island. They used fire and rather advanced tools, yet were only about 3 feet tall and weighed around 25kg.

5. In 2012, a Chinese gamer's

After the puzzle has been correctly solved the letters in the circles when read from left to right across each row will spell a special message or word.

Across

- Modern Persian language
- Petty quarrel
- Underground part of a plant
- Part of the small intestine
- Bird's home
- Highest and most active volcano in Europe
- Requirement for an envelope to mail it.
- One qualification to receive theme of this puzzle: Demonstrate involvement with Fanshawe Student Union through achievements, volunteer experiences, etc. (See 44 Down.)

- Jump on one foot
- Scarce
- Misplaces
- Charitable distribution
- Vend
- Tried hard
- Walks with long steps
- Get up
- Makes obscure
- Foot digit

37. One qualification to receive theme of this puzzle: Demonstrate positive citizenship through outstanding and positive contributions to Fanshawe College campus (See 44 Down.)

- Paths for cards
- One qualification to receive theme of this puzzle: Attend Fanshawe College on a time basis. (See 44 Down.)
- Conger
- Big showy flower
- Polite term of address to a female
- Distributing playing cards
- Eateries
- Skin tumors

41. Big showy flower

- Polite term of address to a female
- Distributing playing cards
- Eateries
- Skin tumors

father was so concerned about his son's habit, he hired virtual hitmen to kill off his avatar.

6. Only two per cent of the worlds population is blonde.

7. A human brain produces as many as 12,000 to 50,000 thoughts per day, depending on how deep a thinker a person is.

8. The human brain is more active during sleep than during the day.

9. The Aztecs were the first to serve chocolate as a drink. They also mixed it with hot chili pepper to make it really hot.

10. Romans used a plant called Silphium as contraception. They had so much sex that they drove it into extinction.

11. As part of an advertising campaign, Molson, a Canadian beer company, strategically placed beer fridges around Europe that only Canadian passports could unlock.

12. Over the whole Twilight saga, there are over 24 minutes of just staring.

13. If an ant is drunk, a fellow comrade will carry him back to the nest to sleep off the alcohol.

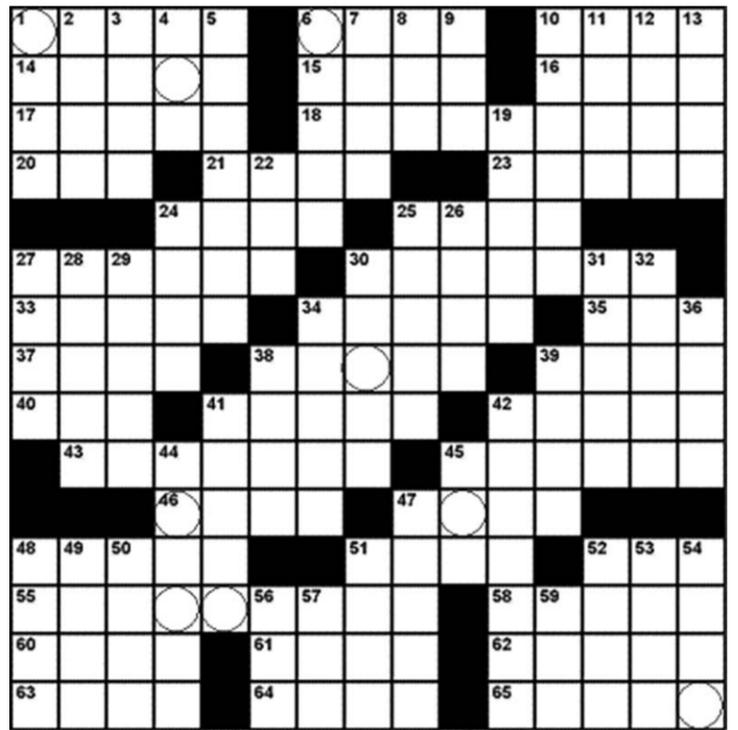
14. The chances of you dying on the way to get your lottery tickets is greater than your chances of winning.

15. Donkey Kong was Mario's pet that he'd abused. Donkey Kong kidnapped Mario's girlfriend as revenge for the mistreatment.

16. In 1977 a 13 year old boy had a tooth growing out of his left foot.

17. Your statistical chance of being murdered is one in twenty thousand.

18. In 1984, a Canadian farmer began renting ad space on his cows.



- Operates
- Capital of Yemen
- Half (prefix)
- Feeling of respect combined with fear
- Beginnings of a treatises
- eel
- Look after
- On the ocean
- Bring together
- Alcoholic drinks
- Latest gossip?
- Protein sources

Down

- Cod, for one
- Singing voice
- Harvest
- Total
- One qualification to receive theme of this puzzle: Demonstrate outstanding leadership and the ability to motivate others to the lives of students while attending Fanshawe College. (See 44 Down.)
- Trap
- Masculine nickname
- Fire remains
- Type of camera
- related again
- Elevator company
- First word in nursery rhymes
- Small ornament goblet
- Immigrants' island
- Alcoholic drink
- Medicine amount

25. One qualification to receive theme of this puzzle: Have completed a (see 42 Down) of 4 months of your current program of

- Makes a mistake
- Bargain event
- Attempted
- Gun
- Vulgar language
- Short musical composition
- Relating to the sun
- Favours sought for
- Shade trees, for example
- Part of a bridle
- Cooling devices
- Beg
- One qualification to receive theme of this puzzle" Have completed a of 4 months of your current program of (see 25 Down.)
- The theme of this puzzle: FSU and CSA leadership
- Barrier for water
- Tables
- A stiff hair
- Figure-skater's manoeuvre
- Not any
- Eurasian duck
- Opera solo
- Unit of power
- Organs of sight
- Certain girder
- Put to work
- Three minus two

44. The theme of this puzzle: FSU and CSA leadership

- Barrier for water
- Tables
- A stiff hair
- Figure-skater's manoeuvre
- Not any
- Eurasian duck
- Opera solo
- Unit of power
- Organs of sight
- Certain girder
- Put to work
- Three minus two

Solution on page 18

Sudoku Puzzle

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | | 1 | | 3 | | |
| | | 8 | 9 | 3 | | 2 | 5 | |
| | 3 | | 6 | | | 4 | | 9 |
| 1 | | 6 | | | | 2 | 5 | |
| 8 | | | | | | | | 6 |
| | 5 | 2 | | | | 9 | | 3 |
| 3 | | 9 | | | 7 | | 4 | |
| 5 | 6 | | 1 | | 8 | 3 | | |
| | 8 | | 3 | | | | | |

puzzle rating: very hard

Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box. Solution can be found on page 18.

Word Search

B K J K E Y R N A M T A B L E
 E I G R E E N L A N T E R N P
 A R P S P I D E R M A N W I N
 S D E N A M O W R E D N O W T
 T A L T U A R T A T T W L T A
 A S I E N A M N O R I R V S U
 L N V D C P E N G O W N E Y N
 Z H E L L B O Y S R U R R U A
 O P D I N A M R E P U S I K M
 D G E Y N E K H L U O W N N A
 N N R S G O S L W P A L E A U
 R I A O L I X L U T H O C V Q
 E K D U N H T H E H U L K Y A
 M S F U S T E M O N E V I B C
 C A P T A I N A M E R I C A M

Comic Book Heroes (Words in parentheses not in puzzle)

- | | | |
|-----------------|---------------|--------------|
| Aquaman | Daredevil | Spider-Man |
| Batman | Green Lantern | Superman |
| Beast | Hellboy | The Hulk |
| Captain America | Iron Man | Wolverine |
| Cyclops | Punisher | Wonder Woman |

Lightning's Central division looking strong



LIGHTNING WATCH
MARTY THOMPSON
sensandsoccerfan@hotmail.com
twitter: @martythompson_

The London Lightning came away with three wins during their big three-game weekend this past month; a 108-84 thumping of Windsor, a 107 to 93 win over Brampton and a 127-102 shootout against the Mississauga Power. With that weekend, they had played all four teams (the other one being the Ottawa SkyHawks) in their division, the Central.

Here's a little preview of each team, and why they could give London a run for its money this year.

The Mississauga Power came into Budweiser Gardens for London's home opener, and they looked confident. They beat the Lightning 99-97, putting their rivals to a 0-2 record. The Power, who recently moved from Oshawa, have two former London players on their team. Morgan Lewis went first overall to the original Power during the league's inaugural draft three years ago. He then went to London and won the championship last season. Lewis has been one of the best shooting guards in the

league during its existence. Through their first four games, he has been shooting above .500 and averaging more than 14 points per game (ppg). The latter will only improve, as Lewis was called on more during their second game with the Lightning, after Nick Okorie went down injured. All but two of their seven returning players have been averaging above 10 ppg. Their 2-4 record isn't fair, with former Bolt Tyler Murray also playing well.

The Windsor Express were unlucky not to come away with a win when they played London to open that three-game-in-three-days set. Star rebounder DeAndre Thomas essentially started the game with a technical after an early incident. Thomas, also a former Bolt, gives Windsor a big size advantage down low.

Returnee Stefan Bonneau has been leading the league in points and assists, with league veteran and perennial all-star Darren Duncan behind him in the backcourt as point guard. This is a guard-centric league; and Windsor has what it takes to make noise in the playoffs as they started the season at 3-1.

The Brampton A's are one of the two expansion teams that are going to be good this year. Starting the

season at 4-2 (with only two home games) the A's have a good core of existing National Basketball League of Canada talent. Cavell Johnson, and Cedric Moodie are both averaging 16 ppg after coming over from Saint John and Oshawa respectively. That's not to say they haven't found some diamonds in the rough either, as Evaldas Zabas is averaging 17 ppg. A Canadian, Zabas is leading the team in scoring, all while playing as point guard.

Finally, the Ottawa SkyHawks seem to have built their team with only players from outside the league. Big players like Ryan Anderson (19ppg, two steals per game) have been plucked from higher leagues like the National Basketball Association Development League. Their head coach, Kevin Keathley, has been coaching since 1998 in leagues like the D-League. Most of the team is comprised of players that used to play for Keathley at one time or another. With a 2-2 record, one of the most anticipated teams in the league will get on a run and will look deadly.

Marty Thompson is the play-by-play voice of the London Lightning for their livestream, SportsLive24.net.



CREDIT: THE LONDON KNIGHTS

Big, bad Nikita Zadorov will be a London Knight this season.

The big, bad Knight blueline

VICTOR KAISAR
INTERROBANG

Remember that time when the London Knights had one of the youngest defences in the Ontario Hockey League?

That was a long time ago – almost three months.

Now the Knights have one of the OHL's toughest and oldest defences, and look ready to finally play the hockey they were supposed to.

Nikita Zadorov is back to join the Knights roster after spending time with the Buffalo Sabres in the National Hockey League. Once the Sabres announced they were making front office changes, their "youth movement" was put on a hiatus – meaning Zadorov was expected to return to the OHL.

He has, and the Knights couldn't be happier.

"You see some good organizations and how they go about it," Sabres head coach Ted Nolan told Buffalo News. "You don't force-feed somebody and say we're a rebuild. Rebuild is important, but how you rebuild is really important."

"[GM Pat LaFontaine] and I have been talking about it since we got involved. I think you can have some young kids, a few of them, but not as many as we have."

At 6 ft., 5 in. and 220 pounds, Zadorov played seven games in the NHL, scoring one goal. He had a -4 rating and hadn't played in a game since November 8.

The Knights hope he'll become their mammoth shutdown defenceman like 2011/12 captain Jarred Tinordi.

Flashback to the 2013 Memorial Cup and the lack of that Tinordi-type defenceman was one of the reasons why London couldn't keep up with the Halifax Mooseheads and the Portland Winterhawks.

But Zadorov isn't the only addition to the Knights' blueline.

Knights general manager Mark Hunter sent 18-year-old defenceman Miles Liberati to the North Bay Battalion in exchange for over-ager Zach Bell's rights. Bell is currently in California, playing for the Ontario Reign of the ECHL.

Liberati has four points in 22 games with London and was a +5 this year.

According to Yahoo Sports Neate Sager, Zach Bell inked a deal with the St. John's IceCaps in the American Hockey League after "serving notice that he preferred to play for a contender in his overage season rather than join the Battalion."

Now that London owns his OHL rights, that wish could come true.

At 6 ft., 2 in. and 228 pounds, the Brampton native adds solid size and experience to the Knights' blueline. Through his short 14-game stint in the ECHL so far, he's got a pair of assists and 20 penalty minutes.

With the addition of Bell, the London Knights have three over-age defencemen – Bell, Brady Austin and Alex Basso.

The Knights did have over-ager Paxton Leroux, but he was traded to the Kitchener Rangers on the morning of November 20.

The only downside to the Bell trade is giving up a defenceman like Liberati, who would be returning for next season. Then again, the Hunter brothers want another Memorial Cup this season, and bearing that in mind, this was the right move to make.

Along with the three over-age defencemen, factor in Zadorov, Dakota Mermis and new addition Tim Bender, the Knights look set to finally have the defensive corps they craved – at least on paper.

Lexus offers the sports sedan you want



MOTORING
NAUMAN FAROOQ
naumanf1@yahoo.com

The mission for the IS-series from Lexus was from the beginning to give the brand a youthful, enthusiastic image – after all, up to this point this luxury Japanese brand had a boring image.

The very first IS-series arrived in the year 2000 and became an instant star. The car had a sleek, taut design, the interior was well equipped and sporty at the same time, and its rear-wheel drive chassis was sensational. The original IS was the first Japanese car to put a scare in BMW, as enthusiast buyers now had a new option to consider when looking for a sporty sedan. As you'd expect, they sold them by the boatload, except for the IS Sportback (wagon) version.

The second-generation IS model showed up for the 2006 model year. The car had grown slightly, but retained the characteristics that car enthusiasts want. This time, Lexus offered two engine options with the IS in Canada, and also made all-wheel drive optional.

Lexus also offered this model in a convertible guise, along with its sedan sibling. Just by the sheer numbers I see running around, I'm guessing the second-gen IS-series has done very well too.

Lexus must have been under great pressure to come up with a replacement that can replicate the success of its ancestors – have they been able to accomplish this?

To find out, I spent a week with two models of the new IS-series.

First up was the IS250 F Sport AWD. This model has a 2.5-litre V6 motor, has the optional all-wheel drive system (base model gets rear-wheel drive), and it has the F Sport performance package, that makes the car look and feel sportier.

I would advise anyone buying a new IS to choose the F Sport, because without this package, the car looks very ordinary, perhaps even unfinished. The F Sport package gives it the right bumpers and makes the car look fast.

In reality, the IS250, with its 204 hp, is not very fast, but boy oh boy, is it entertaining. This is a willing engine that just loves to rev. What it lacks in power it makes up for in character. It pulls neatly, builds up speed well, and sounds good while doing it. The six-speed auto also works quite well. It is not the quickest shifting transmission on the planet, but it is entertaining to use.

The most impressive feature was its all-wheel drive system. On a rain-soaked highway, the car gripped as if I was driving on a summer day. The stability and road holding was simply sensational.

I realized how bad the roads were when I jumped into the IS350 F Sport with just rear-wheel drive. I don't want to sound like I'm suggesting that the rear-wheel drive IS350 is not drivable in wet weather, but having just experienced the all-wheel drive version, I quickly realized how much better the AWD system enhances traction. As a year round driver, I'd pick the AWD.

From a drivetrain point of view, I'd have the IS350, because its 3.5-litre V6 engine develops a much

more pleasing 306 hp, and since this motor is mated to a quicker shifting eight-speed automatic, this car is even more entertaining to drive.

This motor would please just about anyone, and the car's excellent steering and chassis makes it a true delight, especially when it's dry.

The two versions are quite different when it comes to fuel consumption. The IS250 AWD averaged 9.2 litres/100km, while the IS350 RWD drank 2.0 litres more over the same distance. Given that the IS250 is cheaper to buy and still very entertaining to drive, I'd buy that one.

In either case, you will get a car that has one of the nicest interiors in its segment. The design is simple yet sophisticated and elegant. It certainly has been inspired by the interior of the \$400,000 Lexus LFA supercar. Everything is within easy reach, everything works very well, and it just makes you feel good. The only gripe I had was that it could make do with more storage spaces, for instance, a sunglasses holder would have been nice, but this is just minor niggling.

The driving position is fantastic, and best of all is its instrument cluster, which at the touch of a button moves the main cluster to the right, revealing other information that you might require. Trust me, this feature alone will convince many to buy this car.

As for the price, IS250 AWD starts from \$39,900, while a rear-wheel drive IS350 is yours from \$44,500. For this kind of money, trust me, there is hardly any sports sedan that is better.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | 4 | 5 | 2 | 7 | 1 | 6 | 3 | 8 |
| 6 | 1 | 8 | 9 | 4 | 3 | 7 | 2 | 5 |
| 2 | 3 | 7 | 6 | 8 | 5 | 4 | 1 | 9 |
| 1 | 7 | 6 | 8 | 3 | 9 | 2 | 5 | 4 |
| 8 | 9 | 3 | 4 | 5 | 2 | 1 | 7 | 6 |
| 4 | 5 | 2 | 7 | 1 | 6 | 9 | 8 | 3 |
| 3 | 2 | 9 | 5 | 6 | 7 | 8 | 4 | 1 |
| 5 | 6 | 4 | 1 | 2 | 8 | 3 | 9 | 7 |
| 7 | 8 | 1 | 3 | 9 | 4 | 5 | 6 | 2 |

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| F | A | R | S | I | S | P | A | T | R | O | O | T | | |
| I | L | E | U | M | | N | E | S | T | E | T | N | A | |
| S | T | A | M | P | | A | T | H | L | E | T | I | C | S |
| H | O | P | | R | A | R | E | | L | O | S | E | S | |
| | | | | | | | | | | | | | | |
| S | T | R | O | V | E | | S | T | R | I | D | E | S | |
| A | R | I | S | E | | B | L | U | R | S | | T | O | E |
| L | I | F | E | | R | O | A | D | S | | F | U | L | L |
| E | E | L | | P | E | O | N | Y | | M | A | D | A | M |
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| D | E | A | L | I | N | G | | D | I | N | E | R | S | |
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| T | E | N | D | | A | S | E | A | | U | N | I | T | E |
| A | L | E | S | | N | E | W | S | | M | E | A | T | S |

Fanshawe's cross-country program receives five-star rating

CHRIS LETHBRIDGE
INTERROBANG

In 2009, the Fanshawe men's cross-country team won its third provincial title in a five-year span. An impressive accomplishment, however, this would only be the first of five straight provincial titles, something that no other Ontario College has ever done. The team has also dominated at the national level, winning this year marked their third championship in the past four seasons.

"I feel the guys who were at Fanshawe previous years kind of paved the way for us," said fourth-year runner Daniel Bright. Bright and teammate Clint Smith were part of a strong 2010 recruiting class that had no idea what they were about to achieve.

"We all came in as strangers to the system not knowing what we could become," said Smith. "Even at nationals in first year, I didn't expect to win. I did not even think about winning and we won. That's when it really clicked and we knew we could do something special and be a part of history."

Putting aside all the medals from invitational meets, over the past four seasons Fanshawe has produced nine first-team all-Ontario runners, 10 second-team all-Ontario runners, five Canadian first-team all-stars and three Canadian second-team all-stars. All of this goes along with Smith's two provincial silvers, two provincial golds, one nation-



CREDIT: FANSHAWE ATHLETICS

Fanshawe's men's cross country team won its third national championship in four years.

al bronze, and three national silver medals.

Other than all of the winning, there are indeed reasons why Fanshawe cross-country ranks above everybody else. "We're friends before we're runners, we're family before we're champions, and it's as simple as that," said Smith.

Bright added, "If you put yourself within a family context, you're willing to die for each other. You're willing to throw it down and burn every ounce of energy that you have."

Leaving such a phenomenal program is not an easy thing to do, but Bright will be off to

Humber College next year to complete a Child and Youth Worker degree program that Fanshawe does not offer.

As for Smith, it's still up in the air. "Before nationals, I was leaving this program. After nationals, I don't know anymore. In a way, people say I built it, but in all honesty, this program built me." He continued, "I have visited universities and Guelph really jumps out at me. Not because of the history but because I love it there. But Fanshawe is something that I know and who's to say I cannot become what I want to become by staying here. This might be the perfect fit."

The cost of friendlies is too high



PREMIER LEAGUE
PONDERINGS
ANDREW VIDLER

As we loom ever closer to 2014, the year of the next World Cup, the list of 32 teams to compete has yet to be finalized, and many of the Premier Leagues best have jetted out to all corners of the world so they can help their country make the final necessary steps to the biggest stage in sport.

Don't get me wrong, international football has the potential to be some of the best football that a fan can have the pleasure of viewing, especially when there is a place at the World Cup on the line, the finest example being David Beckham scoring a crucial long-range, last-minute free kick against Greece to send England to the 2002 World Cup, and 12-year-old me into my first true moment of sports joy. The playoff matches for the final spots at next year's showpiece has the potential to bring forth dramatic moments of their own, as some of the world's best players still have not led their countries to glory.

On the flipside of the league break that comes with World Cup qualifying, however, comes a mind-boggling event that many coaches, pundits, and myself have a massive problem with: international friendlies.

On the surface, a friendly is a

chance for managers to decide who will be joining him on the plane to Brazil next year, and for the supporters of each nation to watch their heroes lock horns with another country's best.

In reality, however, an international friendly is nothing more than a pointless and risky exercise in football arrogance, with nothing tangible to gain and so much to lose. Every international break I join the millions of club supporters in holding our breath and hoping that one of our best players is not one of the dozens who are injured in every round of these glorified exhibition matches. The problem that I have with international friendlies can be perfectly summed up by what transpired during the second half of Germany's recent 1-1 draw with Italy, and the injury that was suffered by midfielder Sami Khedira.

Hospitalized following a tackle from Andrea Pirlo, scans showed that Khedira suffered a tear in his anterior cruciate ligament, ruling him out for the rest of the season, and even putting him at risk of missing the World Cup that his country has already secured its spot at, all during a match that literally means nothing. Now a talented player has suffered an injury that many past players have never truly recovered from and the club that he represents and pays his wages has been robbed of his services, leaving them short of a crucial first-team player.

Rarely does an international

break go by without a club manager calling for the abolishment of friendlies, feeling that the potential risk to their players is too great for too little reward, and I can't help but agree every time I hear it.

Khedira's injury is just the latest example of the pointlessness of these "friendlies," in which players play just as hard as they would if the World Cup trophy was on the line, and the reason that I feel they are one of the silliest aspects of this sport we all love.

Intramural Standings

Coed Indoor Soccer

| Group One | Team | W | L | T | Pts |
|-----------|--------------------|---|---|---|-----|
| | Soccer Studs | 6 | 0 | 0 | 12 |
| | Massage Therapists | 4 | 2 | 0 | 8 |
| | Balls Of Fury | 3 | 2 | 0 | 6 |
| | Passion to Play | 3 | 4 | 0 | 6 |
| | Kicking & Scre... | 3 | 2 | 0 | 6 |

Group Two

| Team | W | L | T | Pts |
|---------------------|---|---|---|-----|
| Arsenal | 6 | 1 | 0 | 12 |
| Sporting United | 4 | 1 | 0 | 8 |
| Brazzers | 2 | 1 | 2 | 6 |
| Corporate Punish... | 2 | 2 | 1 | 5 |
| Financial F.C. | 2 | 3 | 0 | 4 |
| Accounting | 2 | 2 | 0 | 4 |
| Fitness "I.Y.F." | 1 | 2 | 1 | 3 |

Group Three

| Team | W | L | T | Pts |
|--------------------|---|---|---|-----|
| Phoenix | 5 | 0 | 0 | 10 |
| Futbol Studs | 5 | 2 | 0 | 10 |
| World Cup Con... | 4 | 3 | 0 | 8 |
| Hard Attack | 4 | 2 | 0 | 8 |
| Caribbean Warriors | 3 | 4 | 0 | 6 |
| Titans | 3 | 4 | 0 | 6 |
| Kestrel A' Kickers | 1 | 5 | 0 | 2 |

Test yourself at the Strength Challenge



FUN & FITNESS
KAREN NIXON-CARROLL

In real life, he is a geeky news reporter; but when the Man of Steel hears a cry for help, he busts out of the office attire and lets his muscles ripple and shine in that tight blue suit. Clark Kent becomes the fearless Superman, letting nothing but kryptonite get in his way.

I ask you: what's standing in your way? Why haven't you signed up for the Superman Strength Challenge at Fitness 101 in Building J? You don't have to wear a tight blue suit and you don't even need rippling muscles! All you need to do is put your fears aside and challenge yourself.

Feel the exhilaration of pushing your body to its physical limits and surviving to tell the tale. You may have already told yourself, I have no chance of winning, but it's not about that. It's about setting a goal and performing your absolute best. Then, work on building your strength, endurance and power and do better the next time. If you do happen to win a prize – surprise! You are super!

Fitness 101 has been hosting the Strength Challenge for 17 years at Fanshawe College. The event is a collaboration of Fitness staff and Fitness and Health Promotion students working together on concept, theme, exercises, marketing, promotion, sponsorship, registration and testing on the days of the challenge. The theme is different each year to reflect current social or pop culture. Superman is an iconic choice representing strength, power, stamina and courage. "These are all characteristics of a great, satisfying workout," said Fitness 101 fitness consultant and FHP grad Jasmine Collins. "The

strength challenge is a great way to showcase all your hard work in the gym."

Here's how the challenge works:
1. Register at the front desk of Fitness 101. It's \$5 for members and \$5 plus a \$5.50 day pass for non-members.

2. Sign up for your challenge time. The available time spots are in 20-minute increments between 8 a.m. and 8 p.m. on November 28 or 8 a.m. and 6 p.m. on November 29.

3. For exercise details, check out the Challenge promotion board in the Fitness Centre or ask staff for help. The exercises are: bench press for reps in one minute, box squats for reps in one minute, kettlebell/dumbbell thrusters for reps in one minute, plank hold on medicine balls for time, and front arm hold for time.

Once you complete the challenge, marked by a Fitness 101 tester, your scores will be tallied and results will be posted by December 3. Only the top three males' and top three females' names in each weight category will be posted, so if you do not place, you can ask Fitness 101 for your individual results and ranking.

If you still need convincing, don't hesitate to talk to the staff and co-op students at Fitness 101. You can go on the days of the challenge and still find an available time spot as there are a few testers available at a time. You can even go at the same time as a friend if you want some direct competition. Save your excuses for when you really need them and take the chance on the Superman Strength Challenge: be a step above the rest!

Karen Nixon-Carroll is the Program Manager at Fitness 101, Fanshawe College Professor, YMCA fitness course trainer and examiner, Fanshawe FHP grad and holds many fitness certifications for personal training, group fitness and wellness. Email her at karen.carroll@fanshawec.ca.

FANSHAWE COLLEGE ATHLETICS

BASKETBALL

Men's and Women's
Friday, November 29 vs Mohawk Mountaineers
Glenn Johnston Athletic Centre – J Gym
Women's @ 6 pm, Men @ 8 pm

CAMPUS REC

Open Recreation Nights
Every Tues., Thurs., and Sun. Night from 10 pm till 12 am

CROSS COUNTRY

Congratulations to the
Men's Cross Country Team
2013 CCAA NATIONAL CHAMPIONS!
Congrats to Clint Smith on his CCAA Individual Silver Medal

Fanshawe College Athletics
www.fanshawec.ca/athletics | J1034 | 519-452-4202

MONDAY NIGHT FOOTBALL

MON NOV. 25TH
OUT BACK SHACK 18 PM
Come in and enjoy a burger or footlong hotdog and fries for \$5.

TUESDAY COMEDY NOONER

FEATURING PAUL MYREHAUG

NOV 26TH | NOON | FORWELL | FREE

ELECTRIC OPEN MIC

27TH NOV. AT 9PM

BRING YOUR OWN GUITARS, STICKS AND PATCH CORDS.
DRUMS, BASS AMP AND ONE GUITAR AMP PROVIDED

OBS | NO COVER | SIGN UP AT 8

first run FILMS

The Hunger Games: Catching Fire

\$4 STUDENTS | \$6 GUESTS
At Rainbow Cinemas (in Citi Plaza)

Wednesday NOV. 27th

TICKETS AT THE BIZ BOOTH

THURSDAY MUSIC NOONERS

Gavin Slate

Thurs. Nov. 28th

Free Live Music most Thursdays in Forwell Hall @ 12 PM

movember

Help assist in fundraising for prostate cancer
Find us on fsu.ca/movember & #FStacheU

Moustache & Mini Skirts Pub

Thurs. Nov. 28th

The Out Back Shack | 9:30 PM | \$3 Adv | \$4 Door
Attend and receive a ballot to win a BIG Screen TV

NEW MUSIC NIGHT

THE BAXTERS

TANDEM EAGLE & THE BLACK FRAME SPECTACLE

END OF MOVEMBER MOUSTACHE PARTY

FRIDAY, NOVEMBER 29TH

OUT BACK SHACK | DOORS OPEN @ 9PM
ALL PROCEEDS GO TOWARDS MOVEMBER CAMPAIGN
PRIZES FOR BEST MOUSTACHE

\$ Pay what you can

19+ Event ID Required All Ages with Valid Fanshawe ID