



VOLUNTEER





@jasonjkerr

So high school? RT@KateatLPress: 88.5% of those charged criminally during Project LEARN were NOT #westernu or #fanshawe students, cops say

@kelsomans92

Only one class today annnnd I get to go on a field trip to the mall? #imokaywithit #funshawe #fashiongurl

@ESC_LM

#ESCLM @YOU_London Helping facilitate the potential of youth in #LdnOnt into success! They also have a great cafe: http://www.you.on.ca/

@TOFACookie

I've been at #Fanshawe for less than 2 hours and have heard the F bomb no less than 30 times. Swearing isn't cool anymore. #fact

@ktyschenko

@LdnOntProblems takes a detour to avoid construction, ends up going through construction... #BadLuck-Kaitlyn

@RamblesOfALady

I wish the streets/sidewalks in #LdnOnt were better so rollerskaters like myself weren't in constant fear of being flung from a crack #green

@dana_malcolm

#WesternU #Fanshawe and #LDNont people check out this great app for easy to know London Transit bus times! https://itunes.apple.com/ca/app/london-ontime/id564931106?ls=1&mt=8

@fowgre

@emlaughslallot88 "London is dying city" Anybody can make a wild assertion. To me, #LDNont looks like it has plenty of life in it.

@jeffsage

Local gov matters. RT @rethinkldn: Take the City Hall Challenge! #ldnont #rethinkldn http://www.london.ca/d.aspx?s=/City_Hall/cityhall_challenge.htm

@FanshaweSimcoe

Congratulations to #Fanshawe Alumnus Deborah Strachan on receiving the Unsung Hero Lighthouse Award! http://ow.ly/enfLY #NorfolkCounty

@FSUPresident

SAC was great last night, our campus is in great hands this year. So many great communicators for a tonne of incredible students. #fanshawe

@RamblesOfALady

Spent an hour hitting my snooze button on the alarm this morning. There goes my head start on errands. #collegelife #fanshawe #worthit

@binsnasty

#HashtagYourDreamSchool #fanshawe #alreadyhere

sweet tweets
of the week



CREDIT: FSU STREET TEAM

The human regurgitator Stevie Starr wowed Fanshawe students on October 16 in Forwell Hall. Amongst the items Starr swallowed were jewelery from the audience, gold fish, pool ball and a small Rubik's Cube. In this moment, Starr lights a fireball from butane he swallowed and brought back up later after swallowing other items.

10 Things I Know About You...

Francoeur gets her adjective on

Lish Francoeur is in her second year of the Developmental Services worker program at Fanshawe. She used a lot of adjectives to describe herself: "Honest, hardworking, driven, stubborn, kind-cared, team player, leader, strong spoken, loyal, lovely, talkative, emphatic, understanding, passionate, strong-willed and believes in my morals and ethics."

1. Why are you here?

To obtain an education and develop a meaningful career.

2. What was your life-changing moment?

Getting my own place at 16.

3. What music are you currently listening to?

Everything and anything.

4. What is the best piece of advice you've ever received?

"Everything is a life lesson learn from it grow from it and mature from it" – Kris Snare (R.I.P.)

5. Who is your role model?

Tyra Banks, Ellen, Audrey Hepburn, Marilyn Monroe, Coco Chanel and Temple Grandin.

6. Where in the world have you travelled?

Tennessee and Ontario.

7. What was your first job?

Waitress.

8. What would your last meal be?

Hot dog with cheese and ketchup and fries plus a lemonade from Western Fair.

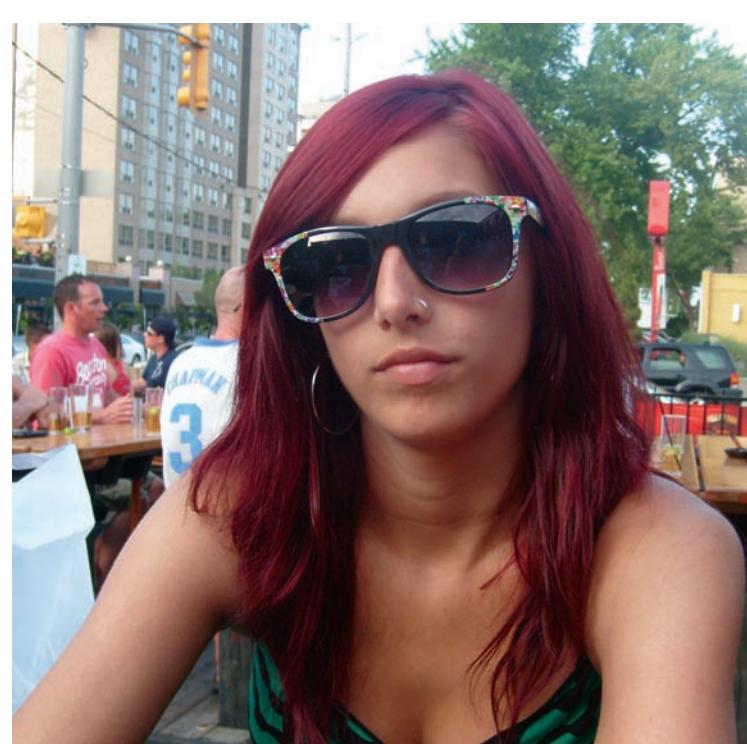
9. What makes you uneasy?

Liars and abuse.

10. What is your passion?

Helping people.

Do you want Fanshawe to know 10 Things About You? Just head on over to fsu.ca/interrobang and click on the 10 Things I Know About You link at the top.



CREDIT: SUBMITTED

Lish Francoeur soaks up the sun on the Barney's patio in the summer.

UP & COMING EVENTS

TUES. OCT. 23RD

Resumania

STUDENT CENTRE - 11AM - 2PM
Does your resume need to be rescued? Attend this free drop-in event to learn how to create a targeted resume for your job search.

FREE COMEDY NOONER
CEDRIC NEWMAN
WITH BOBBY KNAUFF
FORWELL HALL - 12 NOON

WED. OCT. 24TH

FSU POKER NIGHT

FORWELL HALL - 6:30PM - 9PM
\$2 in advance at the Biz Booth/\$3 at the door

First Run Film:
PARANORMAL ACTIVITY 4
Rainbow Cinemas (in Citi Plaza)
\$3.50 STUDENTS | \$5 GUESTS
2 Show Times



FREE SEX TOY BINGO
OUT BACK SHACK - 9PM

THUR. OCT. 25TH
FREE MUSIC NOONER -
Wax Mannequin
FORWELL HALL - 12AM

SAT. OCT. 127TH
Children's Halloween Party
ALUMNI LOUNGE - 1PM - 4PM
\$3 per child
Children ages 2-10

Tickets and information for all events go to the Biz Booth.

KIOSK QUIZ
WHERE CAN YOU BUY GREYHOUND BUS TICKETS ON CAMPUS?

Drop by the Welcome Kiosk with your answer. Five winners will be selected from correct entries and we'll notify winners by email.

The Welcome Kiosk (between the Bookstore and the Library) is open all year between 8am and 4pm, Monday to Friday.

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Oasis wraps up utensil controversy

ERIKA FAUST
INTERROBANG

When Derek Meerburg, who is in his second year of Fanshawe's Paramedic program, picked up his first Western skillet of the school year at the Oasis, he was "absolutely disgusted" by what he saw: unwrapped forks, knives and spoons in bins outside the restaurant, waiting to be grabbed by diners.

Though he, like many other students, was unhappy with the situation, he waited for it to resolve itself. When nothing had changed by the end of September, he wrote a letter to Interrobang, which was published under the title "Student calls for packaged utensils" in the October 1 issue.

"I am not a germaphobe, but I am educated," Meerburg wrote. "When people sneeze or cough, tiny droplets spread through the air and can settle on hands and, eventually, on surfaces. Once these surfaces are contaminated, they act as a reservoir for organisms to live

and multiply ... By having all of the utensils exposed to the hands of any of the hundreds, a major health concern has been created. The plastic pieces that enter our mouths have the potential, and the likelihood, to act as a one-way ticket for organisms to enter our bodies."

Just one week after his letter was published, Meerburg and other students noticed a change in the Oasis: rather than the bins of unwrapped utensils, there were now large dispensers. Diners press a tab on the front of the machine to receive one fork, knife or spoon at a time.

"It's a perfect solution, in my opinion," Meerburg exclaimed in an interview with Interrobang. "It's exactly what we need."

According to Ryan McTavish, catering and Oasis operations manager, the utensils were never meant to be unwrapped.

"The intent was to have (the dispensers) the whole time," he said. "We were always going to go with something like this. It wasn't a decision to say, 'Okay, let's go more hygienic this year.' We had

the idea the whole time, the supplier just couldn't supply the product in time."

McTavish said that with schools getting fired up for the new school year in September, they were all buying the same cafeteria products at the same time, which resulted in a shortage. The supplier had the utensil dispensers on back order, though they were meant to come in before the 2012/13 school year even began.

By October, McTavish had been waiting a full month for the dispensers to arrive, so when Meerburg's letter was published in the newspaper, he used it to his advantage. "I got that letter and gave it to the supplier and said, 'Okay, go faster now!' So then he got them right away." McTavish said he believes the letter had some impact on the situation and likely helped to speed up the process.

The new dispensers have the advantage of not only reducing waste – up to 49 per cent fewer utensils are wasted than with the bins – they also provide recyclable utensils as well, further lessening the environmental impact of a lunch at Oasis.

Keeping the dispensers stocked does cost more than buying bulk utensils, McTavish said, but "the cost wasn't in the decision for us ... We were going to do it anyway, for the benefit of the students."

Students who think this means that food will get more expensive need not worry. "The food cost is totally separate from operational items," explained McTavish. "We have a budget that's not incorpo-

rated with food. Because we have this, (the cost of) your hamburger's not going up. We have it separated in the budget."

And for students who worry about seeing the return of those unwrapped forks, McTavish assured that there are plenty of

utensils in stock, and the Oasis won't be turning back to unwrapped.

McTavish said he is always open to ideas from students on how to improve the Oasis. You can get in touch with him at rmctavish@fanshawec.ca.



CREDIT: ERIKA FAUST

The Oasis restaurant on campus brought in new utensil dispensers in early October.

L.E.A.R.N.ing the hard way

PAIGE PARKER
INTERROBANG

Students should start budgeting for Provincial Offence Notices at the beginning of every school year, keeping in mind the amount of tickets issued during Project L.E.A.R.N. (Liquor Enforcement And Reduction in Noise).

London Police issued 2,293 tickets this year. That is almost 1,000 more than in 2011, in which 1,353 tickets were given out. London police Const. Chris Stumpf explained, "The project aims to have strict and fair enforcement to bylaws relating to parties, parking, open fires, noise, litter and public urination, as well as excess alcohol consumption."

"The purpose of L.E.A.R.N. is to make the back-to-school environment for both Fanshawe and Western students safe and law-abiding," he continued.

The drastic increase in tickets this year was a result of the newly implemented electronic ticketing capabilities and an additional five officers put on patrol for the duration of the project. Perhaps the biggest influence was the zero-tolerance rule applied after the March 17 riot on Fleming Drive near Fanshawe College.

In May 2012, the City of London drafted a nuisance bylaw that "allows police to enter on private property, to deal with incidences before they become so out of control as on Fleming Drive," said Stumpf. "It allows what's called an order to be used to allow police to enter the property and basically disseminate a problem before it gets started."

However, of the 2,293 tickets that were issued, non-students accounted for 44.3 per cent. Non-students also made up the vast majority (88.5 per cent) of the 61 criminal charges that were laid.

Sara Gasior, a student at Western University, said she was wrongly accused of urinating in

public and received a ticket amounting to \$305. "I don't think it's an accurate representation," she said. "For instance, I got my ticket for urinating in public – I wasn't actually urinating in public, but that statistic is going to go into the pile they're going to get for students that did urinate in public."

Stumpf said these statistics are portrayed in fairness to students. "I think it would be unfair to say that, for example, here under Provincial Offence Notices, that almost 2,300 offences were committed by students. These statistics are fair to show that most of the offences, although part of the project that's designed towards students were not committed by students."

"It would be difficult and maybe even wrong for police to target only students when there may be non-students who are also committing the same offences," he continued.

Gasior said she understands why police are doing this and thinks it is a scare tactic. "When people hear about other people getting tickets, you become a lot more cautious in the future. I know that all my friends who know I have (been ticketed) will probably never urinate in public."

But she added that this police presence isn't going to stop the inevitable behaviour on special occasions throughout the year.

"There are only two to three times a year when this actually is an issue and that's on Homecoming weekend and St. Paddy's weekend. Any other time of year I don't think it's ever an issue because people are studying, busy with school or their partying is confined to the bars."

"There are penalties to your actions," she added. "It just really sucks when you're the guinea pig."

Police are already looking at focusing more proactive resources to the areas surrounding Western and Fanshawe for next year.

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Business Administration - Accounting

Business Administration - Leadership

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Classes at Fanshawe campus in London

Apply now through the Ontario Universities' Application Centre (www.OUAC.on.ca) to start classes in September 2013.

To request an information package, please send an email to:

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or call Mallory Pepin at 1-800-655-5154 press '7'

Volunteer Fair showcases local opportunities

ERIKA FAUST
INTERROBANG

We all know that volunteering is great for the community, for our own mental health and for our resumes, but sometimes the only barrier to getting involved is finding the time to go down to a local charity and signing up.

The Volunteer Fair, which takes place on October 24, makes it simple and easy for students to get informed about local volunteer opportunities, because local charities are coming to campus.

"The main goal of the entire volunteer fair is to encourage students to look into the organizations and have them possibly sign up," explained the Fanshawe Student Union's VP Internal, Tory Holmes. He has been organizing the event for weeks.

"(Volunteering) is a really rewarding experience, it really

encourages them to step outside their comfort zone in terms of always getting paid for work and allows them to really enjoy activities that they otherwise would not be able to participate in," he said, giving the example of the United Way Fun Run. "Instead of having to run up the stairs, you can be the one organizing the event and directing people and meeting people."

Up to 25 local charities will be present at the Fair, including Big Brothers Big Sisters, Canadian Blood Services, United Way and Children's Aid, so no matter what a student's interests or program of study, there will be something to suit their needs.

The Volunteer Fair takes place on October 24 from 10 a.m. to 2 p.m. in F hallway outside the bookstore.

How do our local politicians use social media?

ESHAAN GUPTA
INTERROBANG

The use of social media has undeniably become an important facet of any public figure's open life, whether used as a platform for announcements and campaigns, or merely as a public wall of personal thoughts. Most of us are aware and even follow many celebrities on Twitter, maybe even like their Facebook pages.

But what about our very own London city council members?

Citizen Engagement in London Ontario (CELO) is a study that aims to find out exactly that. Conducted by a handful of ordinary citizens, the CELO is an annual survey taken of the various London city council members. The 25-question survey covers a litany of topics not entirely limited to (but very inclusive of) social and electronic media, asking the members whether they maintain a mailing list or newsletter, among other queries.

But the survey seeks to do more than just find out if, say, council member Matt Brown uses Twitter (by the way, he does, daily). As interesting as it would be to find out how our mayor uses his Facebook page, the true nature of CELO, according to its webpage, is to understand how engaged

politicians are with citizens through more modern methods.

"At CELO, we believe that having an informed electorate directly relates to voter turnout and a healthy democracy," the website states. "In the past, all levels of government could rely on citizens receiving healthy doses of political news through their local papers and radio stations. However, with newspaper readership on the decline and audiences tuning into other forms of media, it's imperative that we find new ways to inform the electorate and keep them engaged in the middle of an election cycle."

The CELO website (ldnccre-portcard.wordpress.com) is fascinating and interesting to explore. On the front page, you'll find what you probably came to the site for, the individual questionnaire as filled out by each council member. You can also view statistics of the yes-and-no questions as well as a summary on the Results of Survey page.

Whether you're a political student wanting to gain a better understanding of campaign management or simply an avid politico, CELO offers plenty of insight on our local politicians and their ways of conducting all things political.

New cancer support website shares stories of hope, success and triumph

AGNES CHICK
INTERROBANG

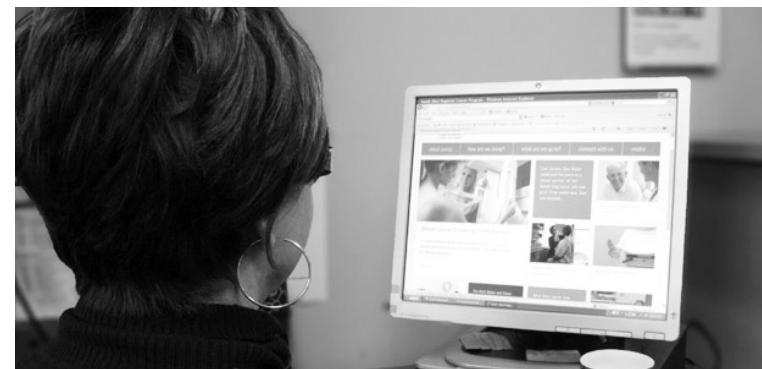
With an estimate of 5,700 new cancer cases expected in Southern Ontario this year, the South West Regional Cancer Program in London launched a new website on October 11 that offers both informational and inspirational stories to support patients throughout their cancer journey.

The cancer program oversees the quality and delivery of cancer services in the counties of Grey, Bruce, Huron, Perth, Middlesex, Oxford, Elgin, and part of Norfolk. Created by Cancer Care Ontario in 2005, it is one of 13 programs working to ensure cancer care is delivered according to province-wide quality standards.

Neil Johnson, Regional Vice President for the program, is very pleased with the new site. "We are thrilled to have the opportunity to launch our new and dynamic website, which will greatly benefit patients and their families."

The site provides patients and caregivers with easy navigation to find information and updates on programs by health care providers in the South West region.

Melissa Beilhartz, Publicity and Marketing Specialist for the program, highlighted the importance of story-telling on the website. "The website provides us the opportunity to share our stories online," said Beilhartz. "Whether we're sharing tips on how to prevent cancer or learning from others' experiences, the website is the tool for us to share what we are



CREDIT: SOUTH WEST REGIONAL CANCER PROGRAM

The South West Regional Cancer Program launched a new website on October 11 for patients to share stories.

doing to benefit patients and their families in the region."

Some of the stories share individual experiences and describe the benefits of different treatments to other patients. There are also informational pieces on everything from Breast Cancer screenings to the importance of cancer nurses, to the new Pap test guidelines. This week's feature focuses on Cervical Cancer Awareness Week and details the story of a woman named Alice, who was diagnosed with cervical cancer as the result of a routine Pap test.

Beilhartz pointed out that the stories posted on the website tie the patient experience to educational information for readers. "The cervical feature not only tells the story of Alice, but also informs women in the region of why they should get Pap tests at the appropriate time, and includes a link to more information."

The website also hosts an intranet site; a hub of health information, document forms and educational resources for health care providers. "It's a space where providers can access information at their fingertips and share documents with others providing cancer care in our region," explained Beilhartz.

One of the website's exciting features is that it was built using "responsive design" which automatically resizes text and changes the navigation for better usability on different sized screens, including desktop monitors, cell and smart phones and tablets. The site reconfigures itself depending on the electronic device, so that users can access information in the most optimal way.

More information can be found at:

www.southwestcancer.ca
Twitter: @sw_cancer

get involved in movember

www.fsu.ca/movember

to win a big screen tv

all participants automatically receive 4 ballots to win one of these

or can't grow a stache? .. you can still get involved, try one of these:

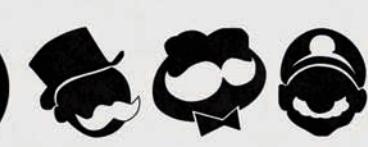
purchase a movember breakfast or attend the mini-moovember party

donate \$2 for a movember moustache at the oasis or out back shack

any of these movember methods will reward you with a ballot for one of these:









HAVE YOU BEEN INTERROBANGED?



Green business idea could net students \$25,000

MELANIE ANDERSON
INTERROBANG

If you thought *Dragon's Den* was tough, imagine pitching your green business idea to five of the country's top CEOs.

Walmart Canada is inviting post-secondary students to come up with inventive green business ideas that will change the face of business in Canada. A total of \$100,000 will be awarded, including \$25,000 to the winners and \$25,000 to the winner's school.

Students will showcase their talents in front of the country's most accomplished business leaders. The panel of judges includes Shelley Broader, president and CEO of Walmart Canada; Dianne Craig, CEO of Ford Motor Company of Canada; Chris O'Neill, managing director of Google Canada; Claude Mongeau, president and CEO of CN; and Ana Dominguez, president and general manager of SC Johnson Canada.

"Every member of our judging panel has signed on because they recognize the value of discovering the young minds who will change the future landscape of Canadian businesses by thinking green," said

Broader. The judges will be looking for three key criteria when they evaluate the proposals: the winning idea will present a new way of doing business, have a significant sustainability benefit, and have a strong business case to back it up.

This is the second year the Green Student Challenge is in full force. "Last year's winners pushed the boundaries of innovative thinking, and I am thrilled to confirm Walmart Canada is investigating the feasibility of implementing their winning entry," said Andy Ellis, senior vice president of supply chain and logistics with Walmart Canada. Last year's winning team from the University of Waterloo was selected from over 100 entries, and featured an integrated energy hub for retail distribution centres.

Students can sign up in teams of up to four people and must submit a one-page summary of their proposal by December 14. Five finalists will have the opportunity to pitch their idea to the judges in Toronto on February 26. To learn more, visit greenstudentchallenge.ca.



CREDIT: JESSICA BICE

From left to right: Susan Truppe M.P., Megan Walker Executive Director of London Abused Women's Centre, Micheal Ray Richardson London Lightning coach, and Brad Duncan London Chief of Police.

Shine the Light on Women Abuse

JESSICA BICE
INTERROBANG

London is turning a bright shade of violet for the month of November in honour of the Shine the Light campaign to end abuse on women.

October 12 was the initial launch of the campaign. In attendance were many who had personally witnessed or experienced abuse in the home and supporters from local and provincial levels.

Megan Walker, Executive Director of London Abused Women's Centre and coordinator of the event, led the launch with a rather enthusiastic spirit, excited to act against violence on women. "It

is important for us to go purple," she said, "to show these women that we stand with them shoulder to shoulder, and support them in living their lives free from violence and abuse."

Many local businesses and organizations are going purple for the month of November through window displays, lighting and even painting to recognize women who have been abused.

Even the police force and local sports teams are doing their part! Police Chief Brad Duncan said he "even painted his nails purple in support last year."

The coach of the London Lightning, Micheal Ray

Richardson, said he would also paint his nails for the cause, exclaiming, "I'm all in!"

Walker said she was so happy to see "so many supporters this year," stating the official kick-off on November 1 will be a big one.

The November 1 launch will be held in Victoria Park at 6:30 p.m., with the Lighting Of the Tree event. An art exhibit from Beal Secondary School will follow the ceremony at Coffee Culture (260 Dundas St.) at 7:30 p.m. Events will be held throughout November – for a full schedule, check out lawc.on.ca/shinethelight.

Ontario plans to strengthen the protection of animals

MELANIE ANDERSON
INTERROBANG

The Ontario government is sinking its teeth into the issue of animal welfare laws after accusations of the improper treatment of animals at Marineland. The government plans to introduce legislation by the spring that will create stricter regulations to ensure the safety and health of animals in zoos and aquariums.

The province's community safety minister, Madeleine Meilleur, held a news conference on October 10 at Queen's Park to address the issue. "There is no place in our province for those who abuse animals," she said. "That's why our government is continuing to fight for the protection of animals by working with our stakeholders to further strengthen the legislation to make sure all animals can live free of abuse and neglect."

The McGuinty government plans to integrate a new plan that will take these concerns seriously and try and make a difference to these animals. The new project will propose legislative amendments to the Ontario Society for the Prevention of Cruelty to Animals (OSPCA) Act to improve the enforcement of animal protection measures in the act. The government will also explore the options for licensing zoos and aquariums in the province. Of particular interest to the Marineland protesters, there will also be new regulations put in place to help further protect marine mammals in captivity. The current rules under the OSCPA have been highly criticized for not mentioning marine

mammals.

Friends of Captive Animals (FOCA) member Vicki Van Linden said, "The announcement from the McGuinty government is good news," but clarified, "we remain very cautious in our response. In 2008 and 2009, the McGuinty government promised to take Ontario's zoos 'from the worst to the first.' They did not deliver on that promise. What we Ontarians got in Bill 50 was an extremely weak bill that has made no significant impact on animal protection. If this government had delivered on their promise then, we would not be doing this all over again."

Ontario vowed to continue working with the OSPCA and other animal welfare partners to accomplish these goals. The government is also releasing the Animal Welfare Task Force's report, which was established in response to the OSPCA-commissioned Meek-Lesage Review into animal sheltering in Ontario.

Van Linden is hoping that more immediate care is given to the animals, "The OSPCA has the authority to direct the care of the animals at Marineland and they need to do that immediately. This means that the OSPCA can take over the supervision of the animals at Marineland and they do not need to seize and remove them to do so." She also added that currently in the U.S.A. there are aquariums that want to increase their populations of marine mammals and can provide facilities with better standards.



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Kateri Tekakwitha and other Native people who love the Catholic Church



NOTES FROM DAY SEVEN
MICHAEL VEENEMA
veenema.m@gmail.com

Back in the summer of 2010, First Nations people from all over Canada converged on Halifax, Nova Scotia for a pow-wow to celebrate the Christian baptism of Henri Membertou. Membertou was the Grand Chief of the Mi'kmaw people in the early days of white settlement on Canada's East Coast. His baptism in 1610 opened the way for most of the Mi'kmaw in what is now the Annapolis region to convert to Christianity and be baptised by French Catholic missionaries according to the Membertou400 website.

The website goes on to explain that these baptisms signified the emerging trust between the Mi'kmaw and the French. Perhaps this is not entirely accurate as it seems to short-change the religious significance of baptism. It may be that modern commentators are projecting their own biases when they obscure the religious dimensions of the baptisms and impose a more secular interpretation on them, an interpretation that focuses more on the political and social. (Misappropriation of religious history by moderns is not uncommon around the planet. I once visited the Tretyakov Art Gallery in Moscow and had to sit through a Marxist interpretation of an icon titled the Holy Trinity. Featuring three holy figures seated around a table, the painting was, we were told, a representation of community that found fulfillment in Communist social and political life. Who would have guessed?)

I attended the Membertou 400 pow-wow that summer of 2010. It struck me that this

event did not play into the tensions that many assume dominate relations between Catholic and Native communities. After all, wasn't it Catholics who ran most of the residential schools that perpetrated abuses on Native kids and families from coast to coast? Yet, at the pow-wow, representatives of the church were front and centre with Native leaders. Veteran Cree songster Buffy Sainte-Marie spoke about the trust that existed between her grandfather's community and the local Catholic priest.

Later on I attended a hearing of the Canadian Truth and Reconciliation Commission. Some months ago it stopped at the Milbrook Native Reserve to hear from family members of the survivors of the nearby (closed) residential school. While there were expressions of anger towards the government and the churches for what the schools did to Native families, there were also gestures of reconciliation. The hearing featured Native drum circles; painful stories from Native participants were heard and recognized; some Native participants offered words of encouragement for all members of Canadian society to move forward with compassion.

On October 21, Pope Benedict will canonize Kateri Tekakwitha. That day is the 300th anniversary of her death. Tekakwitha, a Mohawk, while a teenager and young woman was intensely devoted to the Catholic faith. She died of smallpox at the age of 24. It was said that scars on her face disappeared after she died. Later, miracles were attributed to her. According to the CBC's online news, Tekakwitha is credited for saving a boy from flesh-eating disease. More recently some Natives have said that Tekakwitha gave them the strength to endure the residential school experience.

So, from now on it will be "Saint Kateri." Native communities on both sides of the



CREDIT: SSVMUSA.ORG
Kateri Tekakwitha will be canonized on October 21.

Canada-U.S. border are claiming her for themselves, not only because, apparently, they admire her and her new prestige, but also because she lived in both what are now New York State and the Province of Quebec.

Such boundaries were of no relevance to the new saint because they did not exist. So, it is nicely fitting that she is becoming known as the first North American Native to be declared a saint by the Catholic Church. And that is another piece of the surprising and hopeful relationship that appears to be emerging between the Catholic and First Nations communities.

Retirement at 57: Ontario's Premier McGuinty calls it quits

VICTOR DE JONG
INTERROBANG

"Premier Dad" has officially walked out on us. On Monday, October 15, Ontario's Premier for the last nine years announced his resignation. The nature of politics is such that it's impossible to determine the intent of a person or party. There's a distinct possibility that the Liberal Party thought that McGuinty was the only one capable of winning the provincial election. If this were the case, they would get McGuinty elected and then a short time into his term (i.e. now) have him resign, then appoint a party member to office until the next provincial election date in 2015.

An alternative theory is that McGuinty was interested in the federal Liberal leadership but, due to recent publicity disasters, realized he'd be unable to challenge up-and-comer Justin Trudeau and called it quits. A third possibility is that, in light of backlash against London West MPP Chris Bentley, McGuinty decided to resign and thereby escape any committee hearings on the matter that might implicate him.

McGuinty has been taking devastating blows to his public image all year culminating in losing his shot at a majority government. Two of the many debacles that led to his retirement came in the form of London MPP's Deb Matthews and Bentley.

Matthews came under fire for not being informed on how tax dollars being paid to ORNGE Air Ambulance were used and came out looking uninformed and slightly incompetent. Bentley's disaster was more recent as he claimed to be unable to provide documents pertaining to the closure of several Ontario power plants due to client-contractor privilege. For this reason the opposition initiated a contempt motion against Bentley for intentionally misleading them. While neither of London's own is fully responsible, they were steps on the path to this destination.

The timing of McGuinty's announcement was the primary source of confusion because, believe it or not, his retirement could be a boon for the provincial Liberals as his public appeal continues to shrink. The party is currently operating a minority government after losing the Kitchener-Waterloo by-election that could have put them in a slim majority in the Ontario Legislature. This was a tremendous setback because there was a lot of opposition at Queen's Park to virtually any legislation the Premier tried to pass.

The Premier also took the step of proroguing the provincial legislature, which has been the source of much contention and criticism from the opposition. Proroguing is a step that effectively shuts down any debate or procedure that's going on. The committees that were meeting, including the one examining Matthews, have been disbanded and any actions taken against Bentley will have to be restarted when the legislature meets again.

The provincial Liberal Party is now going to begin a frantic search for a leader and the options are limited. Former Winnipeg Mayor and current minister of Training, Colleges, and Universities Glen Murray and former Deputy Premier George Smitherman are among potential candidates. In an interview with Global Toronto last month, Smitherman said he had no aspirations of leadership at the time but, as McGuinty proved, you can't always see the next move coming.

Happy on the job?

SOPHIE ISBISTER
THE OTHER PRESS

NEW WESTMINISTER (CUP)—If there's anything that we can all agree on, it's that life is hard. Jobs don't pay enough, rent's too high, and groceries are getting more expensive every year.

The experience of Canadians definitely seems to be reflecting this trend. In a recent Ipsos-Reid poll, it was discovered that one in five Canadian workers experience depression. In a similar vein, a September 10 Macleans article titled "Campus crisis: the broken generation" profiles depression and suicide at U.S. and Canadian campuses.

Both the Macleans article and the CBC's coverage of the depression poll focus on ways that campuses and workplaces can support people living with mental illnesses like depression and anxiety. Sure, employers can offer comprehensive mental health benefits such as access to counselling and good extended benefits, but does that really solve the root issue of our culture's malaise epidemic?

What's so bad about being depressed anyway? I can see a lot of other things that there is to be upset about.

Take, for example, the pressure to be happy itself.

A quick perusal of the Craigslist jobs section tells me that employers are looking for a "positive attitude and enthusiastic outlook," a "fun-loving" employee who can "work well under pressure while keeping a smile." This is all fine and good in service and hospitality (if you hate people, it's probably in your best interest to steer clear of these industries anyway), but you're expecting me to have a "get-up-and-go attitude" in my job scraping barnacles off the underside of Rosie O'Donnell?

"Happiness," that nebulous, hard-to-grasp concept, seems to be the number one requirement to find employment these days. But I think all our problems could be solved if we focused on attaining happiness through avenues that aren't tied to our livelihood.

Think about what you'd do if you didn't have to work 40 hours a week. I like to think if I had an extra day off I would read more, or spend more time with friends and family, maybe devote more time to my personal writing. If I worked a six-hour day instead of an eight-hour day, I might use that extra two hours to prepare a wholesome lunch for the next day or divide my time between domestic duties and social engagements. I know I'd sleep more, feel less rushed, and apply a clearer head to the work that I do.

When your identity is wrapped up in your employment, and that employment is underpaid and loaded with awful I'll-take-all-your-bullshit-and-thank-you-for-it expectations, it's no wonder Canadians, workers, and students alike are depressed.

Perhaps instead of pushing people to work 50 hour weeks, instead of overtime being the norm, instead of subtly penalizing women in the workplace for taking maternity leave, society should evolve to work less.

Why else have we created all this wealth in the Western world if not to reap the benefits of prosperity?

What would be a better benefit than the freedom to develop an identity separate from your work, to have the time to foster a strong community?

Maybe I'm an idealist, but I hope that the next iteration of Canadian society can open their minds to the idea that the 40-hour work-week is damaging our health, both mental and physical.

Keeping job stats in perspective

JONATHAN FAERBER
THE GATEWAY

EDMONTON (CUP)—September's labour market verdict is in and early October reactions are mixed.

Overall, Canada's job creation rate is up, America's unemployment is down and the near-term economic forecast for both countries is positive.

But upon closer inspection, the 52,100 jobs reported by Statistics Canada — a 53 per cent improvement over August's results — can't keep up with the 72,600 Canadians entering last month's labour force. Growing layoffs add to the plot, especially when counting companies replacing employment casualties among the job creation total.

With data like this encouraging conflicting responses — relief on the one hand, distress on the other — the average job seeker may understandably have mixed feelings. Certainly, these are intriguing results for the job-searching or career-curious student. Their employment implications are also important.

But they're irrelevant for the average student — regardless of what the job market data says about this group, you can't do much to change it. Even if you are able to tell whether current stats spells good or bad news for you, the news won't guarantee you a job or unemployment in the long run.

In fact, any professional's job search is a day-to-day reality of having less to do with nationwide numbers than specific factors: employment history, education, skill-set, etc.

So rather than worrying about external factors in the job market, focus first on the things you have control over: your current class, job and volunteer roles. Stop procrastinating and write that essay now, for

instance, or hit the books and ace tomorrow's exam.

Expand your interests, develop your skills, read up on the specifics of different career options and so on. Sure, that's almost a verbatim quote off the Alberta Learning Information Service's Making Sense of Labour Market Information handbook, but it works. Remember, as self-evident as it seems, your own sense of success is always going to be a better indicator of your success than Stats Canada's.

That's not to say data should be ignored altogether — it shouldn't. Labour market information goes a long way toward helping students take advantage of growing industries and the corresponding demand for specific professions. If you're lucky enough to be pursuing those professions, these numbers might even indicate the likelihood of your job-searching success two, three or more years down the road.

As always, though, a lot of work stands in between now and then. And experience. And luck, and even more changes in the job market.

So the next time you see the word "rising unemployment" or "job creation" in your local newspaper, don't panic and certainly don't rejoice. Take a deep breath, and step away from the stats.

Numbers are fascinating stuff, but they aren't powerful or intelligent enough to make your career decisions for you.



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Not to be ignored: Mental health matters

TAYLOR ROCCA
THE OMEGA

KAMLOOPS (CUP)—The Canadian Mental Health Association's (CMHA) Mental Illness Awareness Week took place from October 1 to 7. The World Federation for Mental Health's (WFMH) World Mental Health Day takes place on October 10. For students on campuses across the country and around the world, mental illness and mental health should be of concern year-round.

With heavy course loads, part- or full-time employment and extra-curricular activities, students don't exactly lead the most carefree or stress-free lives. Pile on the additional stress of student debt, relationship anxiety and even a poor diet and you've concocted a pretty darn poisonous stew that can eat away at the mental well-being of even the strongest individuals.

Depression: A Global Crisis, was the theme for this year's World Mental Health Day.

According to literature released by the WFMH, depression can be a result of anxiety and at its worst can lead to suicide.

Check out these scary facts about depression and suicide: According to the World Health Organization (WHO), approximately one million lives end due to suicide in a

given year, translating into 3,000 suicide-caused deaths per day. Another shocking statistic that comes from WHO — for every person who commits suicide, 20 more may attempt to end their life. Depression is such a serious and widespread mental illness that WHO actually considers it the leading cause of disability worldwide.

When boiling down the issue to university campuses it is easy to see the impact it has on students. The National College Health Assessment (NCHA), Spring 2000, indicated that 10.3 per cent of college students (6.2 per cent male and 12.8 per cent female) reported having been diagnosed with depression at some point in their life. For the purposes of the study, 15,977 students were sampled across 28 different American university campuses.

Those are alarming numbers. The most up-to-date enrollment on the Thompson Rivers University (TRU) website states that student enrollment at the Kamloops campus (part-time and full-time students) in 2007-08 was 10,588. If one were to use the NCHA assessment and apply it to TRU, that means 1,091 students on TRU campus would be suffering from depression. To put that number in perspective, you could fill a pub — with a capacity of 200 — more than five

times with all of those people. Run a quick estimate using your own campus' enrolment and try to tell me it's not significant.

Considering the time of the semester and the fact that mid-term season is approaching if not already here, it's crucial for students to not only be self-aware but also observant of their peers and friends.

One of the best things any person can do to help out a friend potentially suffering from depression is to be a listening ear. WFMH indicates that one of the most important supports for a person struggling with anxiety and mental illness is that of family and friends.

I'm not a medical doctor, so don't consider this professional advice. Simply put, look out for your fellow classmates. Something as simple as asking about someone's day or taking time to have a little vent session can make a bigger difference than you might believe. That being said, don't be afraid to seek out professional help if you find yourself struggling or witness a classmate going through a rough patch.

A comprehensive PDF on WMHF World Mental Health Day and depression can be found at www.wfmh.org/00WorldMentalHealthDay.htm

Tangerine glam

HAI HA NGUYEN
INTERROBANG

It's Friday night, you're digging through your closet, and you can't seem to find anything you want to wear. Nothing is looking how you want it to, so you reach for your trusty little black dress. It's form-flattering and black goes with everything. Problem is, you've worn it about a hundred times... and you've probably styled it the same way every time.

There are so many great silhouettes that the little black dress comes in and the possibilities of updating them are endless.

Here is one idea. This strapless little black dress is paired with a delicate tangerine shawl and a show-stopping gold body accessory. These nice suede platform pumps in the matching colour reinforce the tangerine into the outfit nicely. And to complete the outfit, add a set of thin gold bangles and your pick of either a bow or sparkly gold ring.

1. Little Black Dress: This strapless black dress is stretchy and extremely comfortable and easy to wear. This one's a mini length, but pick the length you are comfortable with wearing! (Forever 21, \$20)

2. Tangerine Shawl: This delicate tangerine shawl adds movement and a sophisticated touch to the dress. (Urban Planet, \$12, for other variations try Forever 21)

3. Gold Body Jewelry: A show-



CREDIT: HAI HA NGUYEN

stopping piece, reminiscent of what Cleopatra might wear, can turn any outfit glamorous. It starts off as a plain gold statement necklace with a long piece of gold embellishment lying straight on the front bodice and then drapes around to the back. Because it wraps around the body, it should stay out of your way. Although it is a dramatic piece, it's very easy to wear and looks great with bold colours and simple silhouettes. (Aldo Accessories, \$25)

4. Rounded Toe Suede Platform Pumps: Pumps in a vibrant colour add excitement to any classy outfit. (Aldo, \$80)

5. Thin Gold Bangles: To mirror the delicateness of the shawl, pick some delicate bangles to layer on! (Aldo Accessories, \$12)

6. Bow and Gold Ring: For a feminine and cute look, add the bow and for a solid dramatic look, add the rhinestone gold ring! (Aldo Accessories, \$25 or at Forever 21)

Fall colours can be muted, but vibrant tangerine is a hot colour this season! It's a fun and exciting colour to wear to brighten up the evening. The accessories glamourize the little black dress in so many ways! If it's not your style to wear so many pieces, try the stunning piece of body jewelry – it creates such an impact in the outfit! These versatile pieces can be worn separately to update this dress for many different occasions. Whether you're heading to dinner or going dancing, this tangerine glam look is sure to capture everyone's attention!

Corrective makeup tips and tricks



BEAUTY BOY
JOSHUA R. WALLER
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One major concern for a lot of people is getting their skin to look as flawless as the celebrities or models in magazines, but sometimes foundation alone simply is not enough. There are many tips and tricks that can help camouflage and blur out certain imperfections by using certain colours, concealers, powders and primers.

Before you start with corrective makeup, you need to know the limitations of makeup; makeup is not magic and cannot fix everything. A lot of what you see in magazines is achieved by using photo-editing programs. For example, makeup cannot get rid of raised acne and scars (without layering a ton of makeup which ends up making the imperfection look worse).

One of the most common concerns in pigmentation flaws is redness; luckily this is something that is fairly easy to cover, depending on the severity. If you just have an overall redness to the complexion, the quickest and easiest way to get rid of it is by using a green primer by either Smashbox or Pur Minerals, which goes underneath your foundation. If you have some severe red spots on the face from either eczema or rosacea, you need to use a green concealer that is a bit thicker in consistency (Lise Watier, Gosh or Avéne). Once you apply the green concealer, put your foundation on top so that the redness is completely gone and your complexion is evened out. Lastly, if you just have minor redness in the complexion, you can dust yellow/green based powders over the face, which will tone down the redness (brands such as Clinique and Smashbox offer these products).

Another common issue is dark circles under the eyes, which is



CREDIT: NAIMIES.COM

Lise Watier's Portfolio Corrector is an all-in-one complexion corrector that can fix many flaws.

unfortunately a bit harder to correct. The products that are used to counteract the dark circles have a yellow tone to them. Once again, using a heavier consistency will most likely cover the darkest circles, but these products require a lot of blending so the concealer doesn't look caked on. The best brands to use to help cover under-eye circles are Cover FX and Smashbox as they are yellow-based concealers and are very pigmented.

Another complexion flaw that is not as common and is usually found in more mature skin is sallowness. If the skin is starting to look a little bit lacklustre or not radiant, the best colour for correction is purple. The easiest way to accomplish this is by using a purple primer that can go underneath the foundation as this will help bring a little bit more life back to the complexion. Another alternative you can use (but one that does not look good on everyone) is radiance powders that have a bit of shimmer to them, this as well will help give the skin its lustre back.

These are just a few very effective tips and tricks that help cover up minor skin imperfections. Test out a bunch of products and see which ones work best with your skin type; luckily not all corrective makeup is overly expensive. The most important thing to keep in mind is that makeup cannot fix everything, but it can definitely reduce skin pigmentation flaws.

Fall 2012 Trends: Outerwear



MAKE THE LOOK
YOUR OWN
AMY LEGGE

As the temperatures start dropping, the pressure to find your coat of the season is starting to rise. Some may say there is a coat for every occasion but for those of us who must make the most of a limited wardrobe budget, it calls for some decision-making. Once you narrow down the style you are looking for, (are you classic? Edgy? Sporty?), and your price range, you can really explore this season's trends and get a great bargain on your outerwear.

While we are all working within budget constraints, it is important to consider that a fall/winter coat is really a good place to invest some money because it is something that you are going to be wearing every day. And while I like a good deal as much as the next girl, sometimes you get what you pay for. In terms of outerwear, you are paying for warmth, some level of weather resistance, durability and style. To justify my spending, I like to look at it this way: divide the cost of the item by an estimate of the amount of "wears" you will get out of it to determine the average cost per wear. This helps distinguish between a fad and a classic, and where you should invest some of your precious cash. If you're looking at a beautiful Banana Republic trench coat and the \$300 price tag seems steep, consider that you may be wearing it at least four times each week for October and November, as well as through the

spring into March, April and May. Once you do the math, the trench coat comes out to approximately \$3.75 per wear. Seems reasonable, right? That's a latte a day.

Back to finding a coat! Some of the hottest trends of the season popping up in outerwear are mixing textures, bold colours, sports inspiration, structured silhouettes and a lot of very oversized pieces. Depending on your personal style and fall wardrobe allowance, there is something for everyone this season. A personal favourite is the two-tone and two-texture trend. This works especially well when it is a leather (or synthetic leather look-alike, and these days it is really hard to spot the difference) and wool mix. It adds a very sleek, modern edge to the traditional pea coat or blazer wardrobe staples.

The colours of the season are very dark and gothic inspired. As always, black remains popular, as it is so versatile and so flattering. For those of you looking for a bolder look, bordeaux (a deep, rich burgundy shade) is really trendy and flatters a wide range of skin tones. Dark browns, tweeds and camel colours will always be in fashion for fall outerwear.

In terms of sports inspiration, the bomber jacket is making a huge comeback. It is styled differently, some have the varsity letter jacket feel while others executed in leather or suede could have a more polished, formal effect. This is a huge trend, especially paired with the of-the-moment "sneaker wedges" – this is a combination that Rihanna has been spotted wearing absolutely everywhere.

As with any clothing item, silhouette, structure and shape are

incredibly important in outerwear. It is crucial to know, understand (and accept!) your body type and what works best with it. It is better to think of how to accentuate and emphasize your favourite parts rather than try to change your body shape with clothing. Some current styles, like the oversized single-button knee-length coats, or a cropped bomber jacket, will certainly not work for every body type. The trick is to spot the trend and make it work for you!

We are lucky in London to have a variety of retailers for all price ranges. If you are seeking a unique look that you're not going to see every other girl on campus wearing then it might interest you to shop in smaller boutiques on Richmond Row, which have one-of-a-kind styles and funkier pieces. For the mass consumer of style there is always H&M at White Oaks Mall, which offers a very reasonable price point, and the even more affordable Forever 21 at Masonville. Don't forget, you can always shop online to get access to stores that might not be in this city or to get even better bargains. However, returning an online purchase is somewhat more of a hassle so be prepared to deal with that if you start surfing the shops.

The trends of the season are out there for you to play with and make your own personal fashion statement. Whether you're going to rock a cropped bomber jacket or huddle your layers of warm sweaters underneath a looser draped coat, fall outerwear trends run from one extreme to the other and you can stay warm, stay stylish and not break the bank doing it!



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Vinyl is back in demand after years of paying second fiddle to CD's.

Vinyl era enjoying a resurgence

GEORGE VARKEY
INTERROBANG

Blame it on our fancy for everything retro – the vinyl discs that once ruled households with their sleek rotating shape and dark colour are on their way to making a big comeback. And if experts in the field are to be believed, it is not going to be a passing fancy. This time round, vinyl discs are here to stay, since a majority of the demand is by youngsters, particularly college students.

"After experimenting with the digital music, which on its onset promised 100 per cent crisp, clear sound waves, experts have realized that no musical gadget so far discovered by human race beats the sound quality provided by the humble record players," said Alex Clark, an employee at Grooves Record Store (353 Clarence St.), which since 2004 has been in the business of selling vinyl discs, both old and new. "The sound rendition brought forth by a vinyl is almost 90 per cent accurate and provides the feeling that some here within our house feel a live performance is going on."

Clark mentioned that the sale of audio CDs has drastically come down, while vinyl disc sales have seen a steady increase over the last five years. While the store he works in does sell old but mint-quality vinyl disc titles, as well as new and old turntables, according to him many other shops in London's downtown sell vinyl, citing the growing market. According to Clark, most of the customers are college students who consider owning a turntable 'cool.'

But while new titles might cost you above \$50 and old classics \$20 to \$30 in downtown shops, many are unaware that in London you can find classic vinyl disc titles in good condition for as low as \$2. Thrift stores in the London area host a huge collection of vinyl discs and many of the customers are youngsters.

"I love the fact that these discs come in title covers, which are so colourful and vibrant," said Siddharth Belvalkar, a first-year

student at Fanshawe College. "It is large and evokes nostalgia. Recently I got hold of an ABBA title, *The Visitors*, in mint condition at a thrift store and I bought it as a gift for my parents who were big fans of the band. I am also investing in it because some titles, like that of The Beatles and Pink Floyd are so rare to find that among collectors there is huge demand for such titles and could later bring me good profits."

Stephanie (who asked that we not use her last name), an employee at the Salvation Army Thrift Store (1960 Dundas St.) said that special attention is given to ensure that the vinyl discs on display are all in good condition to play. "Formerly, it was mostly 50-plus citizens who used to buy the discs, but recently we have noticed more youngsters checking them out and buying them. First I thought it was just a passing fancy, but then return of familiar faces again and again made me realize that it is a growing trend," she said. This thrift store, which always has at least 75 titles on display, prices vinyl at \$1.99 apiece.

To cash in on the demand, many companies are also coming out with turntables, which could cost up to \$1,000. So, Falcons, check out if your attic contains a discarded record player used by your parents or grandparents. Not only can you restore it back to its former glory, thanks to the availability of accessories in the market, but you could also look forward to make some quick bucks, as collectors are on the lookout for some rare turntables. Or you could just put a smile on your folks' faces as they listen to some tunes from their bygone days.

Rare titles to look for:
The Greatest Jazz Recordings of All Time by The Franklin Mint Record Society
Pet Sounds by The Beach Boys
Please Please Me by The Beatles
The Rolling Stones by The Rolling Stones
The Wall by Pink Floyd



The Allens. Straight, no chaser.

CREDIT: DENICE BAKER

Get amped for The Allens' album release

CHRISTOPHER DENISE
INTERROBANG

London-based roots-rock outfit The Allens are gearing up for the release of their first full-length studio album on October 27 at Aeolian Hall. This frenetic five-piece has earned its stripes, growing from humble origins in the local circuit to becoming one of Southwestern Ontario's most beloved live acts. Between the Cash and Carter vocal dynamic of Mack Edwards and Mary Kate Smith, the driving rhythms of Brent Hebert (drums), Michael Middleton (bass), and Deputy Mark Kulmala (rhythm guitar), the band's live show proves they are the real deal.

"Entertaining and connecting with your audience is paramount," said Edwards. "... that is the key to survival as a Canadian musician – that, and grocery store coupons."

The album features 10 tracks of tasteful tunage that promises to

perch the band on the cusp of something big. The album's producer, Derek Downham of Toronto-based rock band The Beauties, has worked and played with so many well-known Canadian acts that he has affectionately been hailed as the Kevin Bacon of the Canadian music scene. The Allens are also proud to announce that Canadian songwriting legend Ron Sexsmith will be making a guitar and vocal cameo on the track "I Ain't Gonna Give You Up."

"Working with Ron was such a great experience for us," said Edwards. "He is so approachable and endearing; the time he spent with us was truly inspirational."

The Allens have a sound that is simultaneously distinguished and familiar. Their music draws influences from Bruce Springsteen, Blue Rodeo, Elvis and Johnny Cash. The result is a sonic nexus somewhere between alt-country,

rockabilly and contemporary folk-drenched in pop sensibility. While The Allens' songs are versatile in terms of style and dynamics, the subject matter tends to straddle two themes: a softer, lovesick kind-of sentiment, or a shook-up, tongue-and-cheek kind-of drinking anthem. The contrast works wonders in a live setting, winding up the audience with danceable drinking ditties, then letting them down on a bed of bewitching ballads.

The Allens' hard work and perseverance is about to pay off, and their fans couldn't be more excited. Tickets for the show are available through the Aeolian box-office (795 Dundas St. E.), Grooves (353 Clarence St.), The Village Idiot (Wortley Village) and online at aeolianhall.ca. You can sneak a peek at four of their new tracks online at theallens.bandcamp.com.

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BREAKING AMISH

CREDIT: BREAKING AMISH

One hot season for TV

SAMANTHA TAYLOR
INTERROBANG

No matter how busy our lives get, we always make time to watch some good quality television, and this fall is no exception. All of our favourite shows are back for a new and exciting season, along with some new shows that will surely pique our interest.

The most exciting hospital drama on television, *Grey's Anatomy*, ended with a huge cliffhanger last season, which could only mean the new season is going to be even more stirring. Despite a few fans who were angry about the loss of some key characters, everyone is still looking forward to see how life goes on for the remaining doctors after the fatal plane crash that ended last season.

Whether you admit it or not, *Glee* is a fun and uplifting show, but it certainly is going through some changes this season. For those of you who aren't caught up, Rachel and Kurt have finally moved to New York to pursue careers in fashion and Broadway. Almost every lovable couple has broken up, and there may be some new relationships in the making. There are also some new characters this season who are certainly adding a lot of excitement to the show.

Some new and exciting shows just started their first season, but have certainly left an impression. *Breaking Amish*, an interesting yet controversial show on TLC, is about five people from the Amish or Mennonite society that are brought to the big city of New York to see what life is like outside their sheltered community. They are exposed to alcohol, sex and all aspects of living a very modern lifestyle. Despite some rumours that the show is scripted or set up, it is an interesting look inside a very sheltered and secretive community.

For the sports fans out there, *Wake Brothers* on MTV is a great show about the number-one and number-three ranked wake boarders in the world, who also happen to be brothers. It's a typical MTV show that follows their lives from flirting with girls to some high flying tricks on the water. Not to mention, these are two of the fun-

nest boys around. Phil, ranked number one, is the more business-oriented brother with several endorsements and projects on and off the water. On the other hand, Bob is really just there to have a good time.

Now *The Bachelor* has been around for over 15 seasons, but this is the first time the show has come to Canada. Brad, the first Canadian bachelor, has the pleasure of dating over 20 women from all over the country for several weeks until he finds "the one." This show has a little bit of everything, but certainly a lot of drama and hopefully some romance.

Despite all the new shows to keep us entertained this year, it is time to say goodbye to a few of our favourites. *Flashpoint*, filmed in Toronto, is unfortunately coming to an end after this season. The brave – and, to be honest, rather attractive – Strategic Response Unit team run by Ed Lain and Greg Parker have dealt with some of the most dangerous situations in the city, all while capturing our hearts and drawing us in to their problematic relationships. Jules and Sam's romance has caused quite a bit of trouble for the team over the years, but what happens this season may tear them apart for good. Now we aren't giving anything away so be sure to tune in to see how the final season plays out for the men and women of *Flashpoint*.

It will be a sad day when everyone's favourite guilty pleasure *Jersey Shore* comes to an end. The Guidos and Guidettes of the Shore just started their sixth and final season. With Snooki pregnant and Mike "The Situation" clean and sober for the first time, some fans thought that the show may lose some of the drama it was so famous for. That is certainly not the case. This season will still be filled with fights, hookups and tons of partying. No one really wants to admit that they love the show, but almost everyone tunes into MTV on Thursday nights to see what the *Jersey Shore* cast gets up to. Unfortunately, this is the last season we get to watch!

Everyone makes time to sit and enjoy some good quality television, and this fall you will have more than enough shows to keep you and your family entertained.

D.C. Cab deserves an A+



Cinema Connoisseur
ALLEN GAYNOR
www.cinemaconn.com

D.C. Cab (1983)



Whenever a limousine or horse drawn carriage isn't available, I am forced to be transported by taxi. It is always an awkward situation. If I am travelling alone, I feel obligated to sit beside this complete stranger and engage in forced small talk about politics, sports or the latest Dame Judy Dench film. Then the cabbie has the nerve not to accept a post-dated cheque!

While I may find riding in taxis to be taxing, I sure do enjoy movies about taxi drivers – well, except for *Taxi Driver*, that movie is bollocks. A much better film about taxi drivers is the 1983 classic *D.C. Cab* starring Gary Busey, Mr. T and a host of other Hollywood heavyweights.

D.C. Cab is a comedic yarn that introduces us to a zany group of cabbies, played by the aforementioned Mr. T and Gary Busey, along with stand-up legend Paul Rodriguez, talk show host Bill Maher and Adam Baldwin. You know what they say – if you absolutely have to have a

baldwin brother in your film, and Alec is too expensive, William and Stephen are busy, and Daniel is in rehab, then by golly, Adam Baldwin is your fifth and best option. Hopefully movie-goers will not catch wind of the fact that he is not actually a Baldwin brother.

The D.C. Cab company is falling apart, due in no small part to the unprofessionalism of its drivers. A rival taxi operation is threatening to hammer a nail into their coffin. But when the owner of D.C. Cab manages to get his hands on the massive sum of \$10,000, he embarks on a mission to turn the ship around. In addition to this main storyline, there is also a kidnapping subplot.

It is not the plot of the film that is the real selling point, however. It is the wacky cast of characters. And no character is wackier than Dell, played by Gary Busey. He is such a natural performer. I'm not entirely sure that Busey knew that there was a film crew following him around. Actually I'm not sure he is aware that he is an actor. He must have been very confused that one time he was invited to the Oscars. In any other film, Busey would be the highlight, but that is not the case here, due to the man who I am about to extol the virtues of.

What can be said about Mr. T that hasn't already been said? Actor. Wrestler. Singer. Role

model. Yes, the man who was birthed by a virgin mother and originally given the moniker Laurence Tureaud has truly done it all. Here's a fun fact – the Cinema Connoisseur's very own Mr. T action figure has appeared on two Interrobang covers. If he appears on five more, he will tie Pamela Anderson's Playboy record.

While most people are quick to heap praise on Mr. T (or Sir T as he is sure to be known if the Queen has a lick of sense) for his acting ability and toughness, I feel he has never been granted his just due for his impeccable fashion sense. It is on full display in this film. At one juncture he dons an orange tank top, neon green spandex tights and pink wristbands. It's like he stepped right out of a GQ photo shoot and showed up on set. There are many great things about this film, but the performance of Mr. T is what truly elevates it. Anyone who thinks otherwise is a fool. And I feel sorrow – nay, pity – for those fools.

If you are not already sold, the film also features MacGyver himself, Richard Dean Anderson in a small role as "Bad Guy." With all due respect to the cast of *Bikini Car Wash 2*, *D.C. Cab* features the greatest cast ever assembled.

D.C. Cab is one ride that is definitely worth taking. So sit back, let the meter run, and enjoy a motion picture that is well worth the fare.

Backstage Masonville Place
519-679-4505

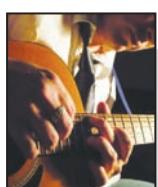
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WE WILL ROCK YOU



APK Live closes doors



BOBBYISMS
BOBBY FOLEY

I write about random things a lot. I write a lot about random things. I usually try not to speak from too personal a point of view, I'm not sure if you've noticed. It began in a place of objectiveness, but as I had a chance to grow with this column I realized that the best (and hardest) part of my role is to tell the stories as plainly as possible.

Music sounds different to every single person on Earth. It's a weird thought to offer opinions on music when the context of your surroundings, your mood and experiences can drastically change the way you perceive what you're hearing. So, instead of offering my opinions on music I try to offer artists and musicians a chance to share their story... something I learned with the help of places like APK Live.

The APK was only in their location at 340 Wellington St. for a relatively short time but managed to have a big impact on the local music scene. Their renaissance could hardly have been better-timed; so many great venues had been lost in the couple of years

leading up to its opening, and the APK Live team – and Half A Dino, more recently – always displayed such a passion and energy for the music they offered that it was a place one could feel good about recommending to artists looking for a new audience here in the city.

A lot of bands played their first gig there. A lot of people saw their first concert there too; in two years that corner at Wellington and York came to be an important pillar in the community, one that welcomed students from Fanshawe and Western as readily and happily as the bands that came to entertain them.

On October 17 the APK closed its doors for an indeterminate amount of time; financial costs involved with maintaining the building came to be too much of a burden, and sadly the management and property owners weren't able to come to terms. While the APK team has been looking into other alternatives, it isn't possible to say quite when this member of the London music family will return.

There's comfort to be found in the Alex P. Keaton legacy, of course. That the torch was already once passed and carried is a relieving thought, one that suggests a possible return for the club at a new location in the future. And if the past has been any indication of



CREDIT: EMERSON PALMER
APK Live closed its doors on October 17.

what is to come, the new incarnation of the APK will be loud and strong and better than ever.

It's funny how a venue can grow into something so much bigger than itself that its absence can't remove the effect it had on the community. So long, APK – from everyone here at Interrobang, thank you for your support of the music community in London and for all the wonderful art you brought into the city. Come back soon. I'm out of words.

Cadence Weapon is unstoppable



MY 15 MINUTES WITH...
TAYLOR MARSHALL

more interested in the idea of creative writing and it seemed to be more oriented for people who wanted to be meteorologists or TV newscasters and that's not something I wanted to do."

I know you have probably been asked this question a million times, but what was it like to be nominated for the Polaris Music Prize again this year?

"It was great; I mean it's a total honour. It's one of the highest distinctions in Canadian music so to have been nominated for all my albums in some capacity – I mean this is the second time that I made the short list and the third time I've been nominated for my albums. It definitely reassures me about what I'm doing. I seem to be doing something that intrigues people to a certain degree."

I read that you went to school for journalism and later dropped out to pursue the music career you have now. Would you ever consider going back to school?

"

If I went back to school it wouldn't be for journalism. I would probably go back to school just for studio engineering or something that I'd be able to get more practical knowledge in. I have been getting more interested in writing again, but the thing is, when I went to school for journalism, I went to school in the states; in Hampton, Virginia. The kind of journalism they were teaching was not really suited for me. I was

last month. How do you feel the show went?

"The show at Fanshawe was so fun. It was a really hype party and everyone there was really stoked and told me that they were going to come to the next show as well."

For news on Cadence Weapon and to download his latest album *Hope In Dirt City*, visit cadenceweaponmusic.com.

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Volunteer jobs pay off An experience money can't buy

VICTOR DE JONG | INTERROBANG

Free food, free admission to the event and a good time hanging out. That's what RogersTV volunteers experience every time they work. Many people don't want to volunteer because somehow we've made the word "volunteer" synonymous with "work for free." While it's true that volunteers don't get paid in the traditional monetary sense of the word, the perks of volunteering are almost too many to count.

I interviewed Stacey Norman, the volunteer coordinator at the London Area Volunteer Association, and she said that "the benefits of volunteering are plenty. A volunteer participating in their community can gain anything from skills development in public speaking and marketing, for example, to networking opportunities to health benefits. Studies have shown that volunteering can extend a person's lifespan, boost their immune system and help fight off depression because of the increased socialization." The skills you develop and the contacts you make while volunteering can translate into work experience and character references.

There is no shortage of local non-profit organizations that welcome volunteers. Here in London the agencies that have the most volunteers are the Canadian Cancer Society, London Regional Cancer Program and London Block Parent Program. Although these positions may seem inaccessible to post-secondary students, there are others which can provide a perfect fit for your lifestyle, skill set and goals. The YMCA offers a free membership to volunteers after a short period of time and with only a minimal time commitment and the London Public Library also has many volunteers on their staff.

Local psychologist Dr. Helen Valerio has seen positive results from volunteering in her own personal experience. "Volunteering can have a very positive impact on mood. It has the potential for adding more meaning to one's life in terms of making a difference to others and/or contributing to organizations that are congruent with your own values." Volunteering with an organization that's involved in your interests or beliefs can help you to feel validated as you've contributed to forwarding the cause, and not just for yourself, but also for those around you.

Valerio went on to say that "this can add to a personal sense of accomplishment, which can increase one's self-esteem. If the volunteering activities fit with your own nature, it can also be fun. These different factors can bring a greater sense of contentment to one's life."

Unlike with a full-time job, the compensation is internal more than anything else. Despite a negligible or non-existent salary, volunteer work feels like it's far more valuable because you're motivated by wanting to do it instead of having to do it. "Volunteering may feel more rewarding than paid work because it is more likely to be intrinsically rewarding, that is, spring from one's own initiative and deeply held values, which can bring far more satisfaction than money," said Valerio. "Even in the realm of paid employment, satisfaction with one's job is usually about more than money."

One last benefit to volunteering is that it can actually give you an idea if you're on track with your career objectives. Valerio said she thinks that "for individuals who are uncertain about career directions, volunteering can be a means to testing out

career interests and gaining greater awareness of sources of satisfaction and dissatisfaction in different career areas before embarking on a course of study or pursuing a line of work." Rather than going through post-secondary education and going through the ordeal of finding your first job, volunteering can help you determine if you're going to want to do this job full-time for the next 45 years.

Valerio added, "One also has the opportunity in these activities to learn more about one's skills and abilities and develop new skills. As well, volunteering can be helpful in developing a network of contacts to assist in job search." If you have a positive experience volunteering in your field of interest, you'll be more confident both in your skills and in your motivation. The volunteers in our community perform thousands of hours of service to better their community and there's always room for more help. I asked volunteer coordinator Stacey Norman about who typically volunteers and it seems that "the majority of volunteers are 55-plus years old." She went on to say that this is primarily because "many of the programs are held on weekdays, it's the older adult who is typically available to support these volunteer services." Despite the fact that most volunteering is done during the day, there's no shortage of positions available for those who work or go to school. Most of these organizations rely on their volunteers to even stay in operation, which is why Norman said that "volunteers are at the heart of everything we do in community support services; without them, many of these agencies would not exist."

For more information about the London Area Volunteer Association, check out londonava.com.

Volunteering on campus

BROOKE FOSTER | INTERROBANG

This week is the volunteer fair, which means you should probably be thinking about doing some volunteering. We understand that you might not have the time (or willpower, for that matter) to drag yourself down to a food bank, a hospital or a nursing home, so how about helping out on campus? Fanshawe has plenty of opportunities for students to get involved in volunteer activities. "I'm working closely with (administrative services manager) Carol Balzer in designing a volunteer involvement form for the Fanshawe Student Union," mentioned Tory Holmes, VP of Internal Affairs. The form would allow students to help out with FSU; run special events like movie nights, comedy shows and new music nights. The volunteer campaign is "designed to involve students directly by volunteering with FSU events and related activities. It is a new approach to letting students become more involved with the FSU," said Holmes.

The initiative has been set up and running since September, but Holmes said he expects there will be extra campaigning at the volunteer fair.

Getting involved with the FSU is easy. Just stop by the Student Union office in SC2001 or send Holmes an email at fsuintern@fanshawec.ca to ask for information. While the FSU has a lot of one-time, event-based volunteer opportunities, there are other ways to get involved around campus on a more regular basis. Try checking out the Sharing Shop in B1050, a volunteer-run clothing and food donation centre for Fanshawe students. Contact Janet Ostrom at jostrom@fanshawec.ca for information on how to get set up with the Sharing Shop.

International Student Services is always looking for volunteers in their International Society group. The group hosts potlucks, conversation circles and group trips to places like New York and Niagara Falls. "It's always nice to see domestic (Canadian) students getting involved with the International Society," international student advisor Kim Rowe said, adding, "Without the opportunity to socialize with other English-speaking students, they tend to group together. Programs like the conversation circles help the international students mingle."

If you're interested in taking part in International Services activities, contact Rowe at krowe@fanshawec.ca or stop by the office located in E2025.

Sharing your time and hard work around campus isn't just great for the people you're working with and helping, there are also a lot of benefit for you. "It's a social environment. You meet a lot of cool people along the way and make friends. It's a really rewarding experience because you get to participate in events that you normally wouldn't," Holmes mentioned.

Whether you're looking for a one-time opportunity with the FSU or a regular volunteer job, Fanshawe has some ways for students to get involved right here on campus.

Stop by the FSU office in SC2001 for more info on the Student Union's volunteer program. For more general information on Fanshawe's volunteer opportunities, stop by Career Services in D1063. They should also be able to point you in the right direction for off-campus volunteer work.



The power of help

STUART GOODEN | INTERROBANG

In a job market that can be as competitive as a dozen lions fighting over one piece of meat, it can often be difficult to set yourself apart from the rest of the pack. Thankfully, there is an easy, fun way to instantly shoot you from last to first on the hiring list, and it only requires a few hours a week. That opportunity is called volunteering.

Choosing to volunteer doesn't only make a positive difference in the community, it can also help pad your resume for when you start that job search. I caught up with Wendy Lycett, a consultant at the Career Services office at Fanshawe in D1063, where she offered the nitty-gritty on what volunteering is all about.

There's no question that volunteering can help increase the hiring prospects for some in their career pursuits, but for others, it's even more important. "I think volunteer work for some career fields is essential," Lycett said, noting that careers such as policing require community involvement. "But for most fields, it gives you bona fide experience, it gives you network contacts and it gives you references. And people sometimes don't realize that they can claim it as experience."

The biggest disclaimer issued when it comes to volunteering is not forcing yourself to do something for the sake of saying that you did it. Find something that you intrinsically enjoy and will help you become a better candidate in the field that you'd like to work in. If you're a sports buff, volunteer at a rec centre or sports team; if you're a math whiz, help out local elementary school children in after-hour programs.

Lycett said she thinks that there's a volunteer position for everyone in some way, but focus on what you want to get out of it. "What I suggest people do is think about what you have to offer, what you want to learn, what skills do you want to develop or use, and then look at where in the community you can do that," she said, adding, "it tends to be easier to volunteer with non-profit organizations, but some companies will also take on volunteers."

While it can be exciting to go out, get your volunteer on, rack up hours and show off to employers in future interviews, Lycett warned that volunteering isn't necessarily for everyone. It does require dedication, and sometimes balancing school with extracurricular commitments can become demanding.

"Volunteering is good if you have the energy and the time and the motivation. I think if you are struggling with your program, and you don't have the time to get your academic work done, then you have to weigh out what's more important."

But don't get the wrong idea and think that you have to have a million things done by the time you graduate just to make an impression. When it comes to talking to an employer about your volunteer experience, Lycett stressed quality over quantity. "I would say that what employers look for are what someone's skills are and what they have to offer," she said. "That's where you have to look at the volunteer thing and say . . . what problems did I solve? How did I serve? And to be able to talk about that and what you did."

Volunteer experience is experience, so use it to your advantage. It can be a fun, rewarding pastime, if you choose the right fit for you. To help with that, check out pillar nonprofit.ca for an extensive list of different volunteer opportunities in London, as well as www.fanshawec.ca/careerservices for any job-seeking or career advice.

Want to help? Here's where to go

LINDSAY ROCHE | INTERROBANG

Canadian Cancer Society, Elgin-Middlesex Unit

tinyurl.com/cancersociety-ldnONT
519-432-1137

123 St. George St.
Volunteering is one of the many ways to help fight the battle against cancer. Opportunities include community outreach, personal support services, fundraising and much more.

London Food Bank

londonfoodbank.ca
519-659-4045
926 Leathorne St.

The London Food Bank makes sure Londoners have food on their table. Volunteer opportunities include sorting food, working at the reception desk and more.

Big Brothers Big Sisters of London & Area

bbbsoa.org
519-438-7065
543 Ridout St. N.

Help a child get through the hard times in their life through mentoring, or help the Big Brothers Big Sisters organization with your talents in administration, community relations and more.

ReForest London

reforestlondon.ca
519-936-9548
Westminster Ponds, behind Parkwood Hospital (Western Counties Road)

ReForest London wants to plant 1,000,000 trees to better the environment, and you can help. If tree-planting isn't your thing, they have many more opportunities, such as writing and woodworking.

Boys and Girls Club of London

bgclondon.ca
519-434-9114
184 Horton St.
If you like working with kids, the Boys and Girls Club of London would love to have you! Volunteers are role models who set great examples for the children and youth of the Club, working in the drop-in program, participating in and supervising activities and having plenty of fun while they're at it.

Canadian Blood Services

blood.ca
519-690-3999
840 Commissioners Rd. E.

The Canadian Blood Services needs your help to get blood to the people who need it most; volunteer opportunities are available in the clinic and in the community.

Victorian Order of Nurses Middlesex-Elgin Foundation

vonnmiddlesexelgin.ca
519-659-2273
1151 Florence St., Suite 100
VON provides home and community care to those who need it – you can help by volunteering for the adult day/Alzheimer's day program, blood pressure and foot care clinics, Meals On Wheels program and many more.

St. Joseph's Health Care London

sjhc.london.on.ca
519-646-6100
268 Grosvenor St.

Volunteers are vital to the life of this hospital, as they assist staff with the care of patients, residents, clients and their families. If you're interested in one-on-one visits, helping patients and visitors navigate the hospital, working in the library or helping out with special events, St. Joseph's has a place for you.

Hutton House

huttonhouse.com
519-472-6381
654 Wonderland Rd. N.

Hutton House supports people with disabilities, providing them with programs that focus on their strengths, interests and abilities. You can help with tutoring, fitness programs, special events and more.

The ARTS Project

artsproject.ca
519-642-2767
203 Dundas St.
Support budding local artists by helping out at gallery openings, live performances and other special events. If you're passionate about local arts, there's a spot for you in the ARTS Project volunteer team.

Karen Schuessler Singers

kssingers.com
519-455-1668
Share your love of singing with the Karen Schuessler Singers by helping out with technical support, administrative assistance, setting up for concerts or ushering guests for performances.

A volunteer voyage can change lives

MELANIE ANDERSON
INTERROBANG

Volunteering abroad can be the perfect adventure for anyone searching for an invaluable experience that benefits not only themselves but communities around the globe.

As a final placement, Fanshawe offers students in the Child and Youth Worker program, Early Childhood Education and Practical Nursing the opportunity to travel to Costa Rica in February this year.

Last year, trip organizers invited two Graphic Design students and one teacher on the trip to volunteer at an elementary school teaching art therapy. Graphic Design graduate Kayla Watson travelled to Liberia, Costa Rica with the group and said it was an eye-opener. "It was amazing, it was a bit traumatic – I went through a lot of culture shock – but it was generally awesome. I learned a lot about myself and what it's like to live in a different country with different standards. I've never travelled before this trip, I've never really been out of the country so it was shocking at first but it was worth it."

The annual trip began in 2008 and last year's included 26 people. Along with the other students, Watson stayed with a billet family in the village. She said she enjoyed the cultural experience of living in the village, but it was cramped at times as there were 12 individuals staying in the house that was no bigger than an average-sized apartment.

The school they worked in teaches around 450 children, ranging from Junior Kindergarten to Grade Six. Watson said her favourite part was the time spent with the children. "Of course working at the school and working with children and being able to see them smile and experience that with them ... The school we were at was full of poverty and was one of the lower-end schools in Liberia. The level of poverty was quite shocking, but being able to offer those students an outsource for their emotions was awesome."

Shelley Masse is the coordinator of the Practical Nursing program and recognized the value of introducing art to the students. "It was really neat when Kayla and Craig brought out the art supplies, the kids would just run from all corners of the playground to be able to have some time to be creative, so

it's definitely a need."

Students in the Practical Nursing program at Fanshawe stay for four weeks, and have the opportunity to work with inter-professional teams at the school to help children in need. Masse has been on the trip three times, and she said the students help children with a variety of problems. "Some of the histories of the children include extreme poverty, behavioural issues, hygiene issues, learning behaviours in the classroom, substance abuse within the parent structure, some don't have parents at all ... Either recent or past history of sexual or physical abuse, parental neglect. So all of those issues have a great impact on the children." The Fanshawe students work to help identify the needs of the children and help them work through those issues.

Fanshawe's international student coordinator Krista Vogt said the value is priceless. "Volunteering overseas, you get your eyes opened to how other people live, you find out that common sense is not very common. Everyone does things really differently and I think you get to know yourself by getting to know different people and strange environments."

Masse agreed, "It certainly gives students a very different perspective on life, on children specifically, because of the work that they do. Many of the students, when they come back, they continue to look at humanitarian options both locally and globally."

Vogt added that it's also a great resume builder. "Some of the programs for working overseas you need to have a Bachelor's degree or you need to have five years' experience ... so getting those work opportunities can be difficult. Volunteering, they'll take the people who are willing to do it, so you end up doing some amazing stuff. Often volunteering you can do stuff that you wouldn't be able to be hired for, and that will actually help you get hired in the future because you gain that experience."

Now a graphic designer at Arcane, a marketing agency in London, Watson agreed that it benefited her career as well. "Going and having that experience and being more open-minded makes a big difference, especially in the working world and having stuff like that on your resume is a big bonus."



CREDIT: KAYLA WATSON

Kayla Watson had the opportunity to volunteer at Escuela La Victoria, a school in Liberia, Costa Rica last year. Watson is pictured here with three of the students she worked with on the last day she worked at the school.

Vogt recognized that opportunities to volunteer abroad with Fanshawe are slim. "One of the challenges is that travelling abroad costs money, so getting students who are already struggling and trying to just pay for their textbooks and courses to say, 'Hey do you have another \$5,000? Let's go do something?' It's tough." Vogt said

she is hoping to open up more international opportunities like this for Fanshawe students. Although it's still in the works, she did mention that the University of Belize approached her and wants to develop a summer volunteer program with Fanshawe students.

If you're eager to volunteer abroad as soon as possible, there

are other several other opportunities available in the community. Whether you're interested in building houses, helping out in a school or on a wildlife reserve, there's something for everyone.

For more information on companies that volunteer abroad, visit tinyurl.com/studentsvolunteerabroad

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pioneer village
fanshawepioneer.village.ca

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The value of volunteering

MELANIE ANDERSON
INTERROBANG

Deciding to work for no pay can be a difficult decision for anyone to make, especially students who have debt, food and school expenses to worry about. But, the value in volunteering is priceless. The following are quotes from former students who have discovered extraordinary benefits from their volunteer work.

CAROLINE CAMERON

Graduated from: Media, Theory and Production – Broadcast Journalism (Western/Fanshawe)

Current job: Sportsnet On-Air Talent, Toronto

Volunteer work: "While in school I volunteered at RogersTV in London, which allowed me to work with industry professionals and get tons of experience on-air and behind the camera producing."

Why volunteer? "The volunteer work that I did while I was in school helped jump-start my career. Volunteering is great because it allows you to develop your skills and get practice in a fun environment. But with volunteering, you need to put the time in to get results. Without the experience I gained at Rogers, I wouldn't be where I am now."

JAMES INWOOD

Graduated from: Business Insurance (Fanshawe)

Current job: Sales Broker with Neziol Insurance, Brantford

Volunteer work: Public Relations Coordinator for Rotaract Club, Brantford

Why volunteer? "To get your name out there within the community, especially if you're discovering a new city after college. You meet other similar-minded and motivated individuals. When you're trying to make a name for yourself to further your business career, volunteering can spark that community involvement you've been looking for."

VERONICA BARAHONA
(Former Fanshawe Student Union President)

Graduated from: Corporate Communications and Public Relations (Fanshawe)

Current job: Communications Manager at College Student Alliance, Toronto



CREDIT: SMARTCOMMUTEHAMILTON.CA

Volunteering your time can help open doors to career opportunities by not only enhancing your resume, but by being able to meet like minded people.

Volunteer work: "During my time at Fanshawe, I volunteered at the Children's Aid Society and other organizations through the Fanshawe Student Union. In my last year of school, I interned for the Make-A-Wish Foundation of Southwestern Ontario and helped organize the Go Blue Go Bald and Sweet Dreams campaigns."

Why volunteer? "Volunteering not only helped my community but helped me pick up some valuable skills. Employers are always looking for extracurricular involvement to see what other skills you can bring to the table. Take every opportunity to give back; it doesn't take much and it's a rewarding experience in so many ways."

ANGELA PATRICIA

Graduated from: Film Studies (Fanshawe)

Current job: Signed Model/Actress with Karisma Talent Group, Toronto

Volunteer work: "When I first started, I did a TFCD (Time for CD) shoot with photographer Mark Allan who has worked and shot other Canadian talent such as Avril Lavigne. He was really impressed

when we first worked together and offered to manage and represent me and has been ever since."

Why volunteer? "To gain exposure, make contacts, expand and better your portfolio and gain experience ... you are given great opportunities."

BRAD DANKS

Graduated from: Bachelor of Arts, Political Science (Western)

Currently: Travelling Europe

Volunteer work: "I volunteered with the Making Waves program in London as a swim instructor for kids with special needs. I did it throughout my entire university career and loved every minute of it."

Why volunteer? "Besides the fact that it was very rewarding to see how kids would progress throughout the years, seeing the smiles on their faces made the work all worthwhile. I would say that volunteer work is valuable because it can open someone's eyes to find out what they really love to do. When people aren't motivated by money, they are doing the work because they truly enjoy it."

Students helping students

KATRINA MAILE-ROBERT
INTERROBANG

If you're looking to volunteer on campus, the Sharing Shop (B1050) is always looking for volunteers. The Sharing Shop offers donated clothing, school supplies, personal supplies and food to students in need, and is run by volunteers.

I had the chance to talk with Dominique Moseley, a Human Resources student, who volunteers at The Sharing Shop.

What made you decide to volunteer at The Sharing Shop?

"I was looking for volunteer hours for class and I noticed a sign outside on the door of The Sharing Shop, so I made an appointment with the woman who runs it."

Do you enjoy it? Why or why not?

"Yes, because you get to meet

interesting people while helping them too, because we are all students living on our own and need help once in a while."

How many people volunteer there?

"There are a handful of people who currently volunteer, but ideally we need more so the shop can be open more hours during the week."

Would you recommend volunteering to other students?

"Yes, because it's a great opportunity for anyone who is willing to lend a hand to help."

What kind of stuff can you find at The Sharing Shop?

"Men's and women's clothing, canned goods, dry food, textbooks, baby items, personal hygiene items, binders and school supplies."

Anything that is needed? How

FSU spooks the kids

STAFF
INTERROBANG

The kids can get a head start on their trick-or-treating if they attend the Fanshawe Student Union's annual Children's Halloween party on October 27.

The event features entertainer Daniel Steep, who will perform his magic and mayhem show for the kids. Kids can also look forward to two hours of games and contests.

Make sure to dress the kids in their Halloween costumes so they can participate in the costume parade to win some amazing prizes.

The event runs from 1 p.m. to 3 p.m. in the Alumni Lounge, directly above the Oasis cafeteria. Parents or guardians pre-register their children aged 2 to 10 years old at the Biz Booth. The cost is \$3 per child. Parents are free!

How to star on *Big Brother*

INONGE CHIMWASO
THE WEAL

Calgary (CUP) —The hit reality television series *Big Brother* is coming to Canada in early 2013 — which could be a big deal for ordinary people looking to become stars.

Viewers familiar with the American version of the show, which has been airing since 2000, will likely recognize a familiar format. Locked in a house for nearly three months, contestants compete for food, special privileges, and power. Cameras follow the house guests 24 hours a day, while microphones record their every word, leaving absolutely no room for privacy.

The end goal is to be the only contestant not voted out of the Big Brother House.

Sue Brophy, one of the producers of *Big Brother Canada*, shed some light on what it takes to be a star on the show.

A lot of people would love the opportunity to star on *Big Brother*. What are some qualities that you look for in a contestant?

We are looking for contestants who are fiery, outgoing, adventurous, plotters and planners who are somewhat competitive and are ready to live in a house for 75 days without any contact from the outside world.

What things should potential contestants avoid doing during their audition?

The most important thing to do is to be yourself. A lot of people come in trying to be just like previous *Big*

Brother contestants and put on a persona that isn't truly them. We are looking to see real people. So if you're funny, be funny. If you have a wacky personality and you like to wear carrot costumes, then do that.

If a contestant is unable to attend an open casting call because they live in a different city, are there other ways to apply to be on *Big Brother Canada*?

Absolutely. You can apply online by going to Slice.ca and follow the casting link to the casting application website where you can upload a video. Fill in an application form and answer every question as best you can. The producers look at and evaluate every single application. If we really like you, we will call you and if we truly like you, we will come straight to your town to meet you. So the entire country definitely has a chance to be on the show.

How is *Big Brother Canada* going to be different from *Big Brother U.S.?*

The format that we will follow will be similar to *Big Brother U.S.*, however, we will be adding Canadian twists as well as Canadian elements to the show to make it our own. But the real difference will be that all our house guests will be Canadian.

Is there any last piece of advice that you can offer?

The most important thing for anyone who wants to apply for this show is to make sure to be yourself and show us who you are. Don't be a wallflower. We are looking for big personalities, so you need to show us your personality.

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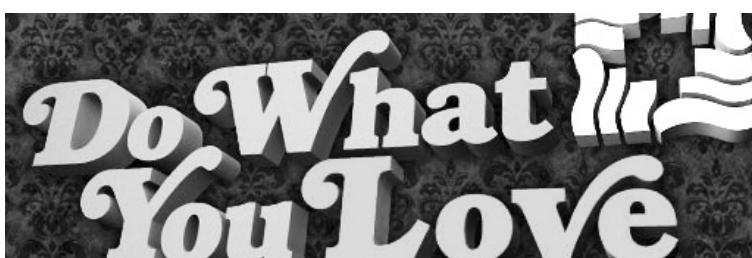
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CREDIT: FANSHAWEC.CA

Taking Fanshawe's slogan to heart



THE REAL WORLD
Jeffrey Reed
jreed@fanshawec.ca

Even if you have had your face buried in textbooks this semester (and that's not entirely a bad thing), you must be familiar with Fanshawe College's current slogan, "Do What You Love." It's a simple motto – even a respectable mission statement – that in just four short words perfectly summarizes an ideal goal in the working world.

Ask anyone about their ideal career position, and they'll tell you they want to be passionate about their job. How many people do you know who go to work Monday morning with only one thought in mind: punching out on Friday afternoon? During my student years, I held plenty of jobs – retail salesperson, bartender, warehouse labourer – that were not my cup of tea. I was probably the worst kitchen worker in the history of McDonald's restaurants – employee of the month was about as close an aspiration as the next solar system.

Yet once I formed my own company – Jeffrey Reed Reporting – in 1989, I never turned back. Of course, there are 80-hour work weeks, constant deadlines, high-maintenance clients and demanding editors. But ever since I established my freelance journalism and media relations office, there has not been a day when I couldn't wait to jump out of bed and take on new challenges. You guessed it: I do what I love.

Here are some of the activities from my previous work week. In addition to writing newspaper and magazine articles, blogging on various websites, and networking in person and via social media, I attended two lengthy client meetings; initiated a new fundraiser; photographed a London-based fashion model; called Western Mustangs football on Rogers TV; wrote and distributed news releases; taught two classes; and trained a new employee. And despite the fact there was little gas in the tank, I couldn't wait to start a new workday.

It's very easy to state that you wish to do what you love, but you can't get there without setting goals, dreaming big, working hard and learning from mentors. Those four factors are the secret to my success.

When you set goals, you bring structure and discipline into your life. In 2000, as I quickly approached age 40, I set a goal of making the roster of the London Majors Baseball Club. I spent every day in the gym for eight months preparing for spring training, and it paid off. But without the initial dream of playing semi-professional baseball, and receiving help from mentors along the way, I would have remained in the press box instead of signing a contract.

In 2010, I set a goal of hitting golf balls for eight straight hours in order to raise funds for the London Anti-Bullying Coalition. Like my dream to pitch for the London Majors, this was a lofty goal, and one that I was not sure I could reach. But with a goal in mind, I focused heavily on time management and pulled it off, hitting 595 golf balls and avoiding injury and exhaustion. Yet without a support team around me the entire day, I would not have been able to tee it up after the third hour.

Too many times I see students and professionals who go about their business without short-, medium- and long-term goals in mind – they're wandering aimlessly, wasting valuable time and energy: they're 'existing' but not living. Setting goals is what should get you out of bed in the morning – and is what will help you do what you love.

I've always believed that if you give up your dreams, you die. But you can't dream without the will to work hard. A little luck along the way helps, too. And there's no substitute for mentors. During my entire life, I've had mentors at different levels. Whether they simply offered me an encouraging word or pat on the back, or took mentorship to a higher level and offered me constant guidance and counselling, mentors have played a huge part in my success story. Even today as I fill the role of mentor, I am seeking my own mentors.

You never stop learning. And you can't reach your goals without help from others.

Are you doing what you love? You won't find the answer in a textbook. That answer comes from within.

Award-winning journalist Jeffrey Reed is a Fanshawe College professor with the Corporate Communication and Public Relations post-graduate program and an instructor with Fanshawe's Continuing Education department. E-mail him at jreed@fanshawec.ca.

FSU CONTESTS

www.fsu.ca



Bullying carries on in the workplace



THE LONG VIEW
Susie Mah

I'm so sorry about Amanda Todd's death and so depressed that hateful bullying can still occur in our school system. Todd was just 15 years old when she took her life recently in Port Coquitlam, B.C. after facing hellish bullying for three years at three different schools.

In my day it was verbal mockery about being Chinese and English-speaking in the French neighbourhoods where I grew up in Montreal. It got to the point that I refused to go outside to play. My brothers, sister and I were also terrorized by a bully who took lunch money, called us names, and badly burnt my brother's hand once by holding it against a motorcycle engine.

High school had tough girls who left me alone but once attacked my best friend. As a parent I've seen a couple of my kids' friends turn on them and ostracize them because of some dispute. It's heartbreaking to see your children's bewilderment, fright and sadness at being a target.

Just when you think you're safe because you're an adult now, you run into bullying in relationships and in the workplace. I had one boss whom I can very well picture having been a mean girl in high school. She carried on in her supervisory position of six employees, including me, by making cutting remarks about my work, and apparently personal attacks behind my back.

Work got so bad I felt paralyzed with unhappiness and lost confidence in my abilities. Finally, I quit even though I loved the job. I wish now I had reported her to our Human Resources department because she kept up her harassing behaviour after I left, and for all I know, she is still torturing employees.

So what can we do about bullying? At my kids' elementary school they had a fabulous anti-bullying program that featured "Telling, Not Tattling." The kids were shown the difference between "tattling," which was complaining about trivial things, and "telling," which was getting help from the closest teacher or playground supervisor when someone was getting bullied.

Telling on the bully by witnesses or bystanders, as well as the victim, was encouraged in order to support the victim and stop empowering the bully who usually got away with his/her bad behaviour because of the passivity of peers and the school community. And my kids' principal was good with following up complaints.

I can't help but wonder how parents of bullies don't know about their kids' behaviour. I hope some kind of punishment for cyber-bullying will develop as a result of Todd's suffering. But in the wider scheme of things, it's up to all of us to not condone bullying by calling it out for what it is when we see it happening. And there should be a procedure for reporting, stopping and punishing virulent bullies in schools and the workplace.

I would like some version of an anti-bullying program or procedure to be in place and well-publicized everywhere that kids or adults interact. I sure could've used one in my last job. And Amanda Todd might be alive now if only her attackers had been held accountable earlier.

Susie Mah is President of the Fanshawe Adult Social Club. Our next meeting is on October 23, at 6 p.m. at the Out Back Shack. All welcome! Email Susie at ascfanshawe@hotmail.com.



CREDIT: R.I.P. AMANDA TODD FACEBOOK PAGE

Amanda Todd took her own life after being bullied for years.

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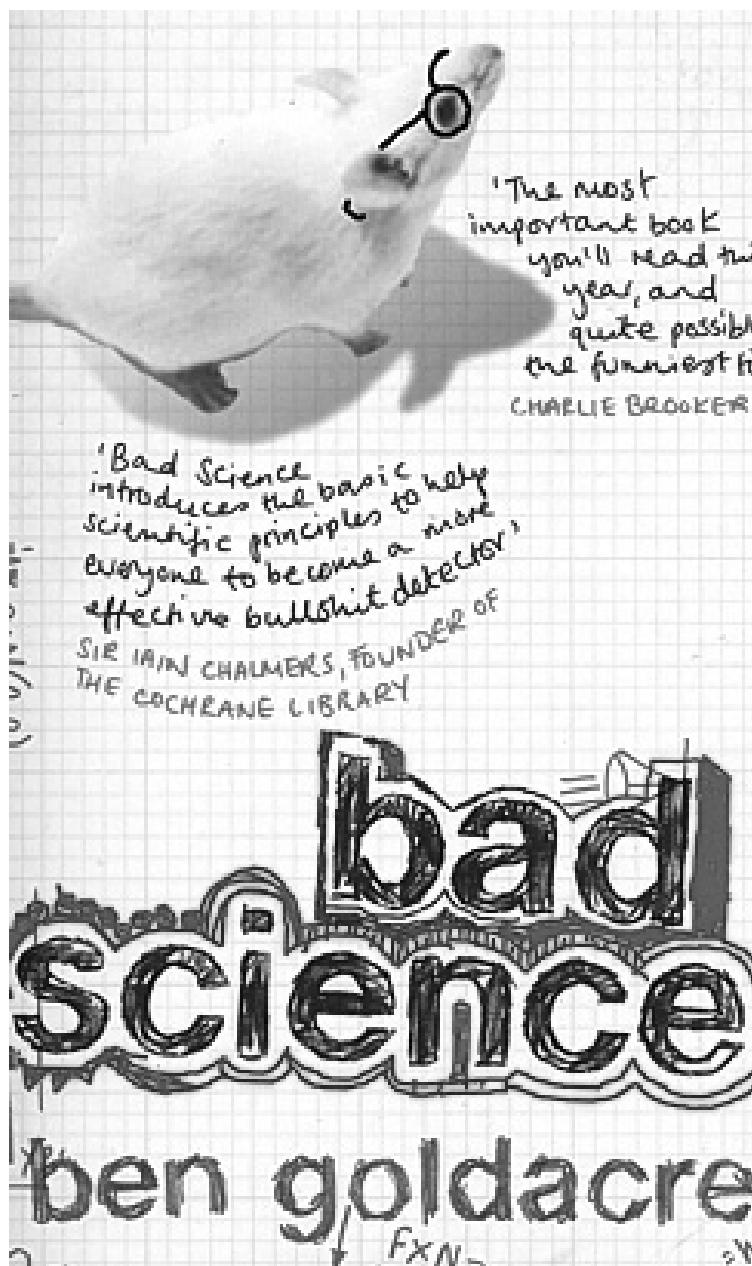
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Knocking down pseudoscience



READING BETWEEN THE LINES
Eshaan Gupta
e_gupta@fanshawonline.ca

Turn on your TV to any sort of infomercial channel, and you'll see 'health' products being peddled to you left, right and centre. Whether they're magnets being used to enhance your height or foot-baths 'drawing out toxins,' this sort of parlour quackery suckers in millions of customers.

Bad Science demolishes such pseudoscience with a deft hand, containing that dry British wit that has become so famous among the U.K.'s various scientists and skeptics. Author Ben Goldacre is himself a bit of a household name in Britain, with his newspaper column (also titled "Bad Science") in The Guardian. *Bad Science* is an offshoot of that, serving as a sort of expansion of the topics covered in that column, be it all sorts of ridiculous, unscientific (and often-times, expensive) hocus-pocus treatments, and the irresponsible media that promotes it.

Bad Science isn't just about dissecting why pre-thought exercises (yes, that's a thing) are bunk, but also goes into the history of various pseudosciences that still exist to this day. There's even a chapter dedicated to the history and analysis of homeopathy that's worth the price of admission alone. This book isn't a "point and laugh at the fools for being suckered," but rather an explanation on why perfectly rational people are fooled

into buying into something that is seemingly so obvious in its falsehood (There's even a chapter entitled, "Why Clever People Believe Stupid Things.")

But *Bad Science* isn't an entire book just dedicated to just showing you why putting candles in your ear to draw out toxins is a ludicrous idea. Pick up one of the later editions of the book which include the previously omitted chapter, "The Doctor Will Now Sue You" (excluded, interestingly enough, due to a libel lawsuit Goldacre was facing at the hands of a vitamin pill entrepreneur during the time of the book's publishing), a rather shocking and disgusting exposé on the corruption within the pharmacology industry. It should provide more than enough vitriolic material for those in the mood for getting mad, and of course, some ammunition for tinfoil-hatted conspiracy theorists.

While *Bad Science* does tend to get slightly technical every now and then, don't be put off by the occasional graph present. *Bad Science* is through-and-through a book by a scientist targeted at a science-loving general public. By reading this book, you'll not only feel smarter for not having bought those Feng-Shui crystal balls for your living room, but you will finally understand what placebo means, and how powerful it can really be.

Reading Between The Lines explores books that you may have missed out on that are worth your while. If you have a book to suggest, email Eshaan at e_gupta@fanshawonline.ca.

Faultline 49 presents a post-9/11 world not quite as we remember it

Eshaan Gupta
INTERROBANG



I'm ready to admit it: I'm a huge fan of alternate history, no matter how insane the setting may be. Unfortunately, a lot of them seem to fall into the trappings of the old 'What if Hitler won?' premise. While alternate history fiction is by no means dead, they do often tend to pose the same questions.

Faultline 49 successfully avoids the trappings of clichés that come with alternate history with its unusual yet well-presented, premise. The book follows its author David Danson's (really, the pen name of real author Ian Caird), career as a journalist in a post-9/11 world... except that in the world of *Faultline 49*, the September 11 attacks don't take place at the World Trade Center in New York City, but rather, at the World Trade Center in Edmonton, Alberta. Following the attacks, various controversies arise, regarding the true identity of the bomber and his national origin, as well as the CIA's involvement in suppressing said information, which eventually leads to the occupation of Canada by the United States over outbreaks of civilian violence. This hostile environment creates a breeding ground for civilian-formed guerrilla factions who seek to drive out the American invaders.

Now, dismissing this book as nothing more than *Red Dawn* with Canadians and Americans would be simplifying the premise to a

FAULTLINE 49
A NOVEL BY DAVID DANSON

fault (no pun intended, seriously), and a grave injustice. Rather than cheaply showing an ongoing battle between militant Canadian underdogs and imperialistic U.S. troops, the book instead presents post-9/11 politics as they really happened in our world, with a setting closer to home.

Faultline 49 is essentially split into a historical and autobiographical narrative, giving Danson the chance to mold the book's universe and create a story within it. The historical sections seek to give a detailed account of the WTCE bombings and the aftermath. These sections are where the book truly shines. Danson shows proficiency at creating an interesting alternate universe while appropriately utilizing well-known real-life figureheads and political pundits (interestingly enough, featuring Ann Coulter being a loudmouthed buffoon, as per usual), creating a believable world. The book appeals to the political scientist's desire for accuracy, with the incredibly detailed fictional history of the post-WTCE world, and to the casual reader's desire for a good yarn with its Neutral-Journalist-in-Peril story.

The autobiographical narrative of the book begins in media res, following Danson around gonz-

style in his quest as a journalist alongside various rebel groups that sprung from the ashes of the civil wars, documenting their causes and actions. In the vein of *Black Hawk Down*, Danson involves himself within the ongoing story rather than stay a fly-on-the-wall participant. Not necessarily weaker than the historical sections, I nevertheless am partial to them only out of personal preference. I will however objectively state that the storyline is entertaining and uses its constructed universe quite well.

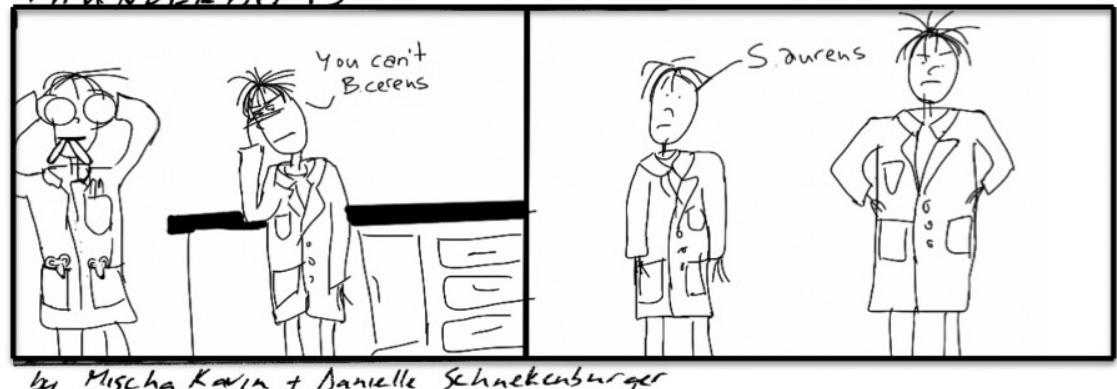
The book has already stirred some minor controversy with some seeking to boycott the book for supposed anti-American themes, but the truth is, *Faultline 49* is hardly anti-American. Rather, it tells a story that we are all too familiar with, from the perspective of an alternate universe. It tells a story of politics, bureaucracy, human jealousy, xenophobia and greed destroying rationality, creating nations of fear and loathing comprised of otherwise sane people.

And it tells that story ever so well.

In the end, *Faultline 49* is a book that's hard not to recommend, whether you're looking for a serious political thriller or a well-constructed alternate modern world.

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NOT NEUROTYPICAL**Graphical Deviants****NERDS****THUNDERPANTS****BEST IN LATE NIGHT COMIC RELIEF****THE LATE LATE SHOW
with Craig Ferguson**

It's not such a great day for Hulk Hogan. Sources now say he was involved in leaking his own sex tape. Faking the theft of a sex tape? This could give professional wrestling a bad name.

It's not a great day for the ladies of *The View*. Barbara Walters announced this morning they were snubbed by Mitt Romney. He was scheduled for an interview, but he canceled at the last minute. Barbara said, and I quote, "you do not cross me, Mitt Romney. I will have my revenge."

Apparently Mitt Romney wants to limit his appearances to places where no one will attack his positions. You know, like the debates.

**JIMMY KIMMEL LIVE
with Jimmy Kimmel**

Kris Jenner, matriarch of the Kardashian family, is planning to host her own talk show. If the deal goes through, Fox reportedly would give Mrs. Jenner a six-week test run of shows, which is also the Kardashian trial period for marriages.

ABC has ordered a new celebrity competition show. It's similar in structure to *Dancing With the Stars* but instead of dancing, celebrities will be diving into a pool. At first I was interested. But then I found out they're planning on putting water in the pool.

I feel bad for Lindsay Lohan. But it's time to stop blaming her mother. We should blame her grandmother for the way her mother turned out.

**THE TONIGHT SHOW
with Jay Leno**

A fitness instructor in Maine has been charged with running a prostitution business out of her Zumba dance studio. Authorities first got suspicious when they saw guys going to work out at a Zumba dance studio.

Mitt Romney is refusing to participate in the long-running special on Nickelodeon called "Kids Pick the President." Romney said it's nothing personal; he just says that these kids are part of that 47 per cent who contribute nothing to the country and mooch off their parents.

Astronomers have discovered a planet that is twice the size of earth and made of diamonds. President Obama says the planet may be inhabited by aliens not paying their fair share.

BUS STOP

zodiac stargazer HOROSCOPE

Aries (March 21 - April 19)

Critics dig deeper to find what they need to see. By the end of the week, no one will be disappointed. Even now you're coming out of your standstill. Soon you'll be running at top speed.

Taurus (April 20 - May 20)

The game that you've been playing is counterproductive. A new leader emerges with a new set of expectations. Change with the times or be stuck in a backwater of your own making.

Gemini (May 21 - June 20)

It would be a shame if you kept your current effervescence to yourself. You bubble over with a story that must be told. The company of good friends, old or new, nourishes your spirit.

Cancer (June 21 - July 22)

The game is over before you're ready to let it end. If you ignore the last ride offered, there may be a long walk in your immediate future. You can still preserve your dignity as you yield to common sense.

Leo (July 23 - August 22)

A show of good intention inspires you to come back into the fold. Maybe there's hope for this situation after all. Look with new eyes at the possibilities that have always been available to you.

Virgo (August 23 - Sept. 22)

You'll take any kind of development, even if it's negative. Virgo is a better problem solver when he or she can watch all of the pieces in motion. There are no enemies, only people with different goals.

Libra (Sept. 23 - Oct. 22)

You see your objective even though you can't yet reach it. Chaos can be made to work in your favour if you know the right magic words. All that extra studying is about to come in handy.

Scorpio (Oct. 23 - Nov. 21)

Get what you can before the alliance fragments. Some associates were never meant to be partners. Suddenly how this whole episode looks from the outside is vitally important.

Sagittarius (Nov. 22 - Dec. 21)

In all of your eagerness, you're the first to arrive. There's plenty to do. Check the guest list and plan to seat the best people at your table.

Capricorn (Dec. 22 - Jan. 19)

Some killjoy always has to strip away the mystery. Now it's time to implement what came up in the creative meeting. The more you know about a new process, the less rope you'll give your critics.

Aquarius (Jan. 20 - Feb. 18)

What? The world doesn't revolve around Aquarius? You feel much lighter as the mantle of responsibility falls from your shoulders. Now you can truly begin to excel.

Pisces (Feb. 18 - March 20)

Give yourself the gift of a really good daydream. The fantasy of extravagance or indulgence is just as good as the real thing. Get a distracting idea out of your system, and then return to the world of responsible behaviour.

QUIRKY FACTS

1. Michael Jordan makes more money from Nike annually than all of the Nike factory workers in Malaysia combined.

2. When pitched, the average Major League baseball rotates 15

times before being hit.
3. Tug of War was an Olympic event between 1900 and 1920.

4. Three consecutive strikes in bowling is called a turkey.

5. The state sport of Maryland is jousting.

6. The Stanley Cup originally was only seven and a half inches high.

7. The practice of identifying

Sudoku Puzzle

7	2			4				
		8	4	9				
	9	6			1			
6	1	7			9			
9						2		
4			6	5	7			
9			7	8				
	2	1	3					
7			2	4				

puzzle rating: hard

Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box. Solution can be found on page 21.

Across

1. Evergreens
5. "Aladdin" prince and namesakes

9. About
13. Give off, as light
14. ___ orange (deciduous tree)
15. Former Ford models
16. ___ acicularis: Alberta's provincial flower

17. "Orphée" painter
18. Red ink amount
19. Ottawa resident starring in Extraordinary Measures

22. Cries of regret
23. "Boolah Boolah" singer
24. "Mr. Belvedere" actress Graff
27. Final Four org.
28. Canada's oldest federally registered party

30. First part of Quito's country
32. Domesticated animal
33. "Walking on Thin Ice" singer
34. What Canada Day celebrates
39. "A Nightmare on ___ Street"
40. ___ Lanka, previously Ceylon

41. Frost-covered

42. Deputy Premier and Minister of Labour of the province of Quebec before being kidnapped and assassinated

45. Resident of what is formerly Siam

47. Affirm

48. Games association (abbr.)

49. Vancouver band often referred to as the "founders" of hardcore punk

52. City often referred to as the birthplace of 34 Across

57. A chip, maybe

59. Bridal path

60. Bone-dry

61. Live wire, so to speak

62. Big name in chips

63. On ___ and needles (worried or excited)

64. "What are the ___?"

65. Act

baseball players by number was started by the Yankees in 1929.

8. The king of hearts is the only king without a moustache on a standard playing card.

9. The first baseball caps were made of straw.

10. The average life span of a major league baseball is five to seven pitches.

11. A microwaved baseball will fly farther than a frozen baseball.

12. Prior to 1900, prize fights lasted up to 100 rounds.

13. Pittsburgh is the only city where all major sports teams have the same colours: Black and gold.

14. People in nudist colonies play volleyball more than any other sport.

15. No high jumper has ever been able to stay off the ground for more than one second.

16. Most NASCAR Teams use nitrogen in their tires instead of air.

17. Kite flying is a professional sport in Thailand.

18. It takes 3,000 cows to supply the NFL with enough leather for a year's supply of footballs.

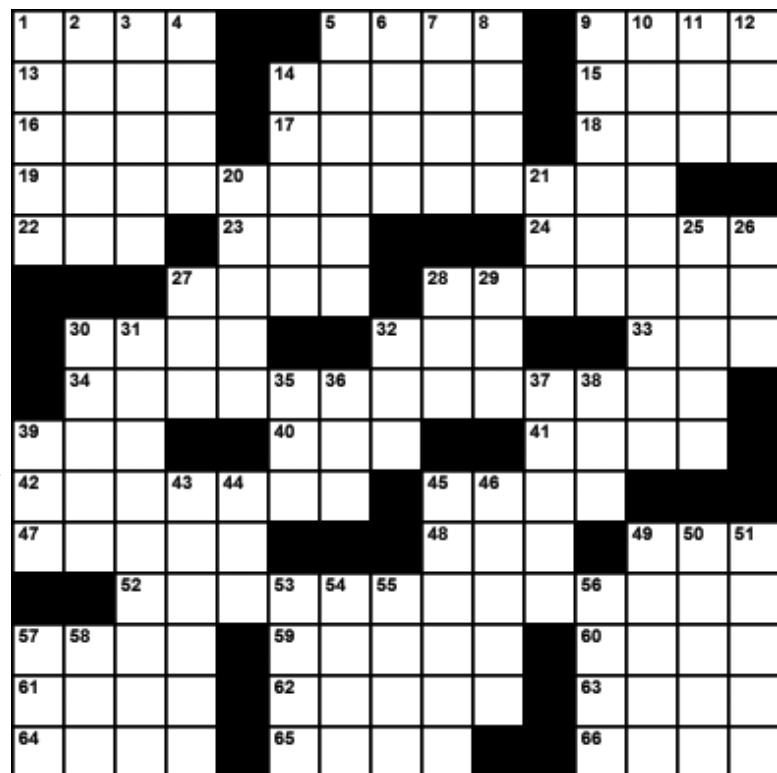
19. In 1910 football teams were penalized 15 yards for an incomplete forward pass.

20. From a complete stop, a human is capable of outrunning a Formula One Racecar for about 30 feet!

21. Each year, 30,000 people are seriously injured by exercise equipment.

22. During WWII, because a lot of players were called to duty, the Pittsburgh Steelers and Philadelphia Eagles combined to become The Steagles.

23. Cheetahs were raced at Romford greyhound stadium in 1937!



66. Kind of palm

Down

1. ___ Buena (island in San Francisco Bay)

2. Atlanta university

3. Smartens (with "up")

4. "South Park" boy

5. Tone deafness

6. 1968 British comedy "Only When I ___"

7. Borodin's "Prince ___"

8. "La Scala di ___" (Rossini opera)

9. Cause of hereditary variation

10. Pantry

11. Six-pointers, for short

12. C.I.A. forerunner

14. Seat of Marion County, Fla.

20. Coffee order

21. Bro, for one

25. Mary Poppins, e.g.

26. "Do Ya" rock group (abbr.)

27. Mother Teresa, for one

28. Celtic Neptune

29. "Give ___ rest!" (2 words)

30. Acclaim

31. Tight

32. Maritime province (abbr.)

35. Toronto's time zone

36. "___ Day" (1993 rap hit)

37. Scintilla

38. Ancient Roman three

39. 1997 U.S. Open champ

43. Leftovers

44. "Bad Behavior" star, 1993

45. Called

46. Monopoly purchase

49. Andrea ___ (Italian ship sunk in 1956 killing 52 people)

50. Because of, with "to"

51. Continuing on in the same way (with "on")

53. Bust, so to speak

54. Ancestry

55. Bone head?

56. A little night music

57. "Much ___ About Nothing"

58. Affirmative action

Solution on page 21

Word Search

G J L A F O R G E M U M G A C
U I V C H U C K Y C W R V H S
O L A L E P R E C C A U E I F
N D U T T S R U T O A K X E R
C A P S R A P R N Y O T A T O
R M I N O M Y O N V C R E S W
U I C D I A N I C R A O A N A
S E A A A A E D E K N I T E S
H N R I K E R L A N S T P K G
E I D L B E H S L E O W N N I
R D I E O D V L N C H D T A J
T I O P C Y E Y S I Y N O R L
E A T A D H I O U H U R A F A
W S F H G R N M I S P Y T P B
A T T C B M A L U K I R K R Y

Star Trek

(Words in parentheses not in puzzle)

Chapel

La Forge

Spock

Chekov

McCoy

Sulu

Crusher

Picard

Troi

Data

Riker

Uhura

Kirk

Scott

Worf

OCT. 15 2012

KIOSK QUIZ ANSWER

A BUS PASS COSTS \$25 TO REPLACE THE FIRST TIME, \$182 FOR EACH ADDITIONAL REPLACEMENT.
PRIZES SPONSORED BY CHARTWELLS



CREDIT: MELANIE ANDERSON

Allison Riley, right, and nursing student Karlene Boniface assist Fanshawe students signing up for the OneMatch program that allow them to become bone marrow donors. Riley was born with a life threatening blood disorder and was diagnosed with Acute Myeloid Leukemia at the age of 19. On October 14, 2010 she had a bone marrow transplant that cured both of her diseases and saved her life.

A talk with Jane Goodall at the ROM

RYAN KOHLS
THE RYERSONIAN

Toronto (CUP) — Dr. Jane Goodall is an iconic primatologist and environmental activist. Beginning in 1960, she began living with and intensely studying chimpanzees in Tanzania. Her findings were revolutionary: she uncovered multiple human similarities, discovered their use of tools, and witnessed their violent behaviour.

After 52 years, her time with chimps has become deeply intertwined with her life. She's written numerous books on her work and observations and been given countless awards for her contributions.

Today, at age 78, she no longer lives in the wild, but instead spends 300 days a year traveling and talking to audiences around the world. The core of her message is a call to action: we need to protect the animals or else extinction looms.

Recently Goodall spoke to a packed crowd at the Royal Ontario Museum. But, before she took the stage, she found a moment to answer a few questions.

There is a lot of talk these days about Africa's economic boom. Do you sense that this development will negatively impact wildlife?

Oh, it definitely will and is, and also it's widening the gap between the successful business people and the people who have nothing. The poverty is increasing.

Have you seen any signs of this or heard any stories?

There are so many stories. For example, the last one I heard was in Malawi where people are moving further and further into lion country and the lions are getting more used to people. There have been a couple of cases where lions have killed people, so now lions are automatically shot.

Where people are moving into chimpanzee forests and cutting down the trees, the same thing is happening. Chimpanzees are moving into the villages and being killed. So, it's happening everywhere.

You just launched a coffee line exclusively at Loblaw's. This is your attempt to bridge that gap between human needs and wildlife needs. How can a coffee from Jane Goodall do that?

Well, it's a lovely story actually. It became very obvious to me when I flew over the whole area of the Gombe National Park that the people were struggling to survive.

There were more of them than the land could support; all of the trees had gone. It was a desolate scene. How could we even begin to protect the chimps in this little oasis of fertile soil?

So, we started this take care program, very holistic, improving the lives of people with food, reforestation, and water sheds. But, they chose. It was listening to them and what they wanted and we tried to fulfill those needs to start with.

And, then we found there was really good coffee in the slopes around Gombe but the farmers

couldn't get it to market very well. We persuaded coffee roasters to come over and they said it's fabulous coffee. Now, the farmers get a higher price, they get assistance with learning how to use one area to produce two or three, or even four, times the yield. They've all got management plans for the village. They can't suddenly take over all the land for coffee. That's not allowed.

Of course, it's shade-grown coffee; that's what everyone wants. This is good for the soil, plus they can't really afford fertilizers anyway. The trees are coming back and the particular coffee in Canada that you get sends two dollars to our Africa program that is dealing with children's education and so forth. This particular program has one aspect of it where the shade grown coffee isn't habituated or burned so that every place you used to grow coffee, the village puts aside that much land of forest untouched.

Several African economies are dependent on wildlife tourism, such as Rwanda and Kenya. Where do you draw the line between this being a beneficial practice and one that negatively impacts the lives of the animals that inhabit these areas?

It very often hurts the environment. In the Ngorongoro crater, for example, it's not as it used to be at all. So, you have to find this balance, and of course for a government that's always trying to make more money, and for local people

who are trying to profit, if eight people going to see the gorillas makes this much money then it leads to "Let's bring 16." That's the danger.

It has to be very strict with awareness and education amongst the Africans, not the white people going in and saying we're going to stop the local people from making money from tourism. It's got to start within Africa.

When you went to Tanzania in 1960 Africa was referred to as the "dark continent." When you travel in 2012 do you sense that people are better educated now?

I think it's totally changed. When I went it was full of mystery and we didn't know much about it. When I first went out there, there were animals everywhere. It wasn't just the national parks. I landed in Nairobi and driving up to the white highlands there were animals on the road, there were aardvarks. The first night I was there I was told in the morning, "Come see a big leopard."

There was also still the signs of apartheid and that's something that has changed that was horrible. It was dark in so many ways: the slave trade and apartheid were linked. So, we now know so much more.

A large part of your success is due to your unwavering determination. Do you credit that quality as the recipe for your accomplishments?

It was having an amazing mother, so that when everybody laughed

at me for wanting to go to Africa and live with animals, my mother always said, "If you really want something and never give up you'll always find a way." When I finally got there – and Louis Leakey offered me this incredible opportunity to study chimpanzees – I was a young girl with no degree, straight from England, and they wouldn't allow me to be alone. So who do you think volunteered to come with me? It was that amazing mother. So, it was in the family. It wasn't just my mother. The whole family was supportive and helped me to make me who I am.

You place a lot of faith and hope in future generations to protect the environment. What makes you so hopeful that they will not make the same mistakes?

I think we've made so many mistakes and so many young people see that and are completely horrified. There's also so much more information available now ... I met so many young people who'd lost hope for the future; thoughtful high school students, people working their first jobs, university students.

One of the reasons is you feel helpless when you learn the big problems and you do nothing. If you take action about a problem you think is important and you see success and then realize young people in 131 countries are doing the same thing that's much more hopeful.



CREDIT: GOOGLE

Googling for jobs



CAREER CORNER
Susan Coyne
Career Services
Consultant
Fanshawe Career Servi

There is no question that we have at our fingertips one of the most revolutionary methods of looking for employment: the Internet. Using the Internet is a great way to access advertised jobs or to research employers, so make sure that you are utilizing all the online resources you can such as job search sites, job search engines, networking sites and resume posting sites.

resume posting sites. Googling can be considered something of a pastime, so make sure that you focus your job search by using appropriate search words. ‘Jobs in Canada’ is obviously too large to search... but searching for job title and location won’t be as overwhelming. Remember, if you want to increase the chances of getting a job, you need to balance searching for advertised jobs with an active approach to networking in the hidden job market.

in the hidden job market.

Here are some steps to get you started:

1. Resume and covering letter:

I. Resume and covering letter: To conduct an effective job search, it is imperative you have a winning resume and covering letter. Need assistance? Check out the information on how to write resumes and covering letters distributed by Fanshawe's Career Services Office located in Room D1063. Ask to have your resume critiqued by the career services consultant responsible for your program. Or, go online and search for "resumes and covering letters" for sample formats.

2. Research your chosen field:

2. Research your chosen field. Develop a list of employers either by location or industry. Search for directories, professional associations, publications or the newspapers as possible sources.

3. Narrow down your list:

Focus on only 20 or so employers from your list at one time. Break the task down into smaller ones by not focusing on too many employers at once. Once you have your list, start finding out specific details about the organization by visiting their home pages.

4. Assessing advertised jobs:

4. Accessing advertised jobs: There are a number of sites that post graduate employment opportunities. Fanshawe Career Services posts all jobs directly to our job posting system, which you can access at

www.fanshawewebsite.ca www.fanshawec.ca/careerservices
Also check out the "Related Job Search Websites" link for useful links to other job posting sites, directories and other resources.

5. Following up: Keep track of who you sent your resume to. Contact them by email or telephone approximately four to seven days later and inquire about the status of your application. Offer to answer any questions they may have and express your interest in arranging an interview.

6. Network to access the hidden job market: Approximately 80 per cent of jobs never get advertised. Your first step in developing a network to help you in your job search is to gather information. This means developing a list of everyone you know, including friends, relatives, professors, former employers, fellow classmates, social groups, professional associations, etc. Call or email these people and explain that you're not asking them for a job, but rather gathering information to learn more about a job. Be candid and ask for some advice in your work search.

Accessing information has never been easier or more readily available and you need to realize that many employers are also pretty savvy in their search for suitable employees. So, if you have a Facebook page and you're job searching, you may have heard that you need to be careful about the information you post. Hiring managers can and will check the web for information about prospective candidates, and Facebook is among the sites they are checking. You do need to be careful about what information (and pictures) you make public or private. A sure way to be eliminated from a job competition is to have embarrassing pictures of yourself out there for all to see. Go ahead, google yourself. After reviewing what you find, answer this question: Would you hire this person?

Need assistance with your job search? Drop by the Career Services office in D1063. The Career Services staff is available to assist you on an individual basis. Visit the office in D1063 to arrange an appointment with the consultant responsible for your program or call 519 452-4294. For Fanshawe student job listings, visit www.fanshawehonline.ca or www.fanshawec.ca/careerservices.



Baptized in Blood played to an enthusiastic crowd on October 12 in the Out Back Shack as part of New Music Night.



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business.humber.ca/scholarships

7	6	2	5	3	1	4	9	8
5	1	3	8	4	9	7	2	6
8	4	9	6	7	2	3	1	5
6	8	1	7	2	5	9	4	3
9	7	5	3	8	4	1	6	2
3	2	4	1	9	6	5	8	7
2	9	6	4	5	7	8	3	1
4	5	8	2	1	3	6	7	9
1	3	7	9	6	8	2	5	4

A crossword puzzle grid with the following words filled in:

- Across:
- Row 1: NEWS, ALIENS, ASTO
- Row 2: EMIT, OSAGE, LTD
- Row 3: ROSA, COROT, LOSS
- Row 4: BRENDAN FRASER
- Row 5: AYS, ELI, ILENE
- Row 6: NCAALIBERAL
- Row 7: ECUAPETONO
- Row 8: CONFEDERATION
- Row 9: ELM, SRI, RIMY
- Row 10: LAPORTE THAI
- Row 11: STATE IOC DOA
- Row 12: CHARLOTTE TOWN
- Row 13: ANTE AISLE ARID
- Row 14: DOER INTEL PINS
- Row 15: ODDS DEEP SACCO
- Down:
- Column 1: T
- Column 2: S
- Column 3: C
- Column 4: R
- Column 5: E
- Column 6: L
- Column 7: G
- Column 8: R
- Column 9: T
- Column 10: H
- Column 11: A
- Column 12: M
- Column 13: U
- Column 14: D
- Column 15: F
- Column 16: B
- Column 17: J
- Column 18: K
- Column 19: N
- Column 20: P
- Column 21: Q
- Column 22: R
- Column 23: S
- Column 24: T
- Column 25: V
- Column 26: W
- Column 27: X
- Column 28: Y
- Column 29: Z

Crosstrek delivers – what does that mean for sales?



MOTORING
NAUMAN FAROOQ
naumanf1@yahoo.com

I have come across many people who have told me point-blank that auto journalists don't know much about what makes a car suitable for the everyday buyer and hence our advice is useless.

Looking at sales figures for certain cars proves that oftentimes our advice is not taken very seriously. The cars we praise don't sell, and the ones we dislike sell by the boat loads.

Take the Ford Flex, for instance. Many auto journalists have praised its styling, its features and its value for money, yet it is the slowest selling mass-produced Ford vehicle in history. Then there is the Toyota Corolla, a car that is so depressing to drive, I'd rather take the bus, yet Toyota sells roughly a million of them globally every year.

Closer to today's subject, let's take a look at the Subaru Impreza. It has been around for two decades now, and while it has done okay, it had not set any sales records in its class. I particularly liked its second generation model (2000 to 2007), but in Canada, it was about as popular as Justin Guarini (and I bet no one remembers him).

The current fourth-generation Impreza, which has been on sale for a year now, is a vehicle I am not a big fan of. It is fine when equipped with the manual gearbox, but the CVT automatic version I drove at a Subaru event last year was probably the worst Subaru vehicle I had ever driven. And yet, this model with this CVT transmission is the best-selling Subaru vehicle to have gone on sale in Canada, ever.

Auto journalists' opinions don't count for much, it seems. But today I am writing about another new Subaru vehicle, so will my opinion help it by being negative or harm its sales by being positive about it?

Well, Subaru, apologies in advance, because my opinion for this vehicle is mostly positive. If that is a kiss of death for its sales numbers, I'm sorry, because I quite like the XV Crosstrek.

First thing's first, what is an XV Crosstrek? Think of it as the more adventurous sibling of the current Impreza model. It is, after all, based on the Impreza platform – it uses its engine, all-wheel drive system and also its transmission. Yes, that transmission includes the CVT automatic that I didn't like very much, but I will say, having driven an XV with the CVT at its launch in Collingwood, Ontario, this transmission felt very much improved over the Impreza's unit I

drove a year ago. Subaru is, after all, an engineer's company, so I shouldn't be too surprised that they have been tinkering with their gearbox, making it better.

Back on topic, the XV Crosstrek is a higher-riding version of the Impreza hatchback, now with some body cladding, unique wheels and vivid paint schemes. After all, at their presentation, a Subaru exec did say that the XV is designed for "hot soccer moms."

That means it will compete with the likes of the Mitsubishi RVR, the Nissan Juke and the Mini Countryman (none of which sell in big numbers).

What is the XV like? From a styling point of view, it's not bad at all. I love the wheels (they look like they've been nicked from a concept car), I like the cladding and its other exterior enhancements, and I like its raised ground clearance, which will honestly help you clear mountains of snow in winter.

Step inside and you'll find that the interior is the same as you'd find in the Impreza. The only difference I could see is that in the XV the CVT automatic comes with manual-override paddle-shifters on the steering wheel as standard.

The interior design is nothing fancy (an advantage the Juke and the Countryman enjoy), but it is spacious enough for a family of five, and the seats are decently

comfortable. You also get plenty of toys like standard automatic climate control (dual-zone in the 'Limited' package), and Bluetooth connectivity. Plus on the Limited model, you even get a touchscreen navigation system. In terms of features, it's not lacking.

Where you do feel the need for more is under the hood. Currently, the XV is only available with a 2.0-litre, flat-four cylinder motor (a.k.a. Boxer) that produces 148 hp and 145 lb/ft of torque. Power is fed to all wheels via either a five-speed manual gearbox or the aforementioned CVT automatic.

Subaru's tried and tested Symmetrical All-Wheel Drive system splits the power 50/50 in the manual, but the CVT model is configured to get 60 per cent power to the front and 40 per cent to the rear, but if conditions require, it too will split the power 50/50 to get you out of any sticky situation.

Subaru really wanted to prove to us that their vehicle can make it out of situations that normal vehicles just can't and hence put us on a route that had many challenging treks. I'm happy to say that the XV handled these situations like a pro, although having a stronger motor with more torque would have helped even more.

Out on the road, I really did wish the XV had the option of a turbocharged motor, because while it

offers decent performance, it does make you wish it had more to offer. On the road, where most of its buyers will be driving it pretty much all the time, the XV is just as much fun as the Juke.

However, the XV rides and handles better than most of its adversaries, and depending on where you live, it could be a better choice of vehicle to have.

At the event, I drove both the manual and CVT automatic versions and came away thinking that this would be a good car for the family man, or that "hot soccer mom" that Subaru exec was referring to.

It won't cost much to run, either. Subaru claims it will manage 8.2 litres/100km in the city and 6.0 litres/100km on the highway for the CVT equipped model. It is not, however, that cheap to buy. The base Touring model is yours from \$24,495. The mid-range Sport Package model is yours from \$26,495, while the range topping Limited model starts at \$28,995. The Juke and the RVR are cheaper, but neither of them will work where the road ends – the XV will just keep going.

I quite like the XV and would not hesitate recommending it to anyone I know who is looking to buy such a vehicle. Hope this doesn't mean, its sales will crash and burn.

New faces on men's basketball coaching team

RYAN SPRINGETT
INTERROBANG

The 2012/13 season brings some new faces on the sidelines for the Fanshawe men's basketball team.

Tony Marcotullio, who is in his first year as head coach of the team, is no stranger to the local basketball market, being the high school head coach of the H.B. Beal Raiders. Losing is something that isn't a custom to that school's senior boys basketball program, considering that they haven't lost to another high school in London since their 2005/06 season.

Marcotullio said the transition from coaching high school students to college students has been easy. "You've got motivated men that want to learn the game and want to play hard. At the high school level, you've got to beg kids to play. Same expectations, but you don't have to chase kids."

Along with bringing his knowledge to Fanshawe, Jeff Flesher will be joining the squad as an associate coach to the Falcons. He made the move from Beal to Fanshawe because he enjoys working with Marcotullio and working with higher caliber skill level players. "(Marcotullio) is a great coach and teacher, so when he offered me a spot on the coaching staff, I was pleased to come aboard," said Flesher. "Meeting Roger (Robbins, assistant coach) and Bryan (Kameran, associate coach) and working with them has been a ter-

rific bonus."

"College guys are not only bigger and more athletic, their learning curve is steeper," he continued. "Whether it is individual skills or systems, these guys pick new things up pretty quickly, allowing us to do a lot of teaching."

Marcotullio said that working with Flesher has many upsides. "The biggest thing is we know how each other think, we can bounce information off of each other ... sometimes we can yell at each other and it's not a big deal!"

So far the Falcons have played three games this year, one of them being an 84-80 loss to the Laurier Golden Hawks, a loss that Marcotullio described as "shooting ourselves in the foot late in the game."

"We are very talented, we've just got to make sure we are on the right page ... These guys; they work hard, they play hard; they got everything they need to be a successful team, their player IQ just has to improve."

Fanshawe found themselves on the short end of the stick at the Durham College Basketball Tournament, finishing 1-1 in the tournament with no position in the consolation finals or championship game. The team won 81-64 against Centennial in day one, than lost to Algoma, the eventual winner of the tournament, 87-68 in day two of the tournament.

Hockey or no hockey, Leafs still suck

VICTOR KAISAR
INTERROBANG

Before I begin, I'm well aware that this week's column could be one that brings me hate mail. That being said, I felt it's time to actually sit and discuss 'Leafs Nation.' What's that? Forty-five years (and counting) without the Stanley Cup, you say? Well as you can see, I'm not their biggest fan. My hockey loyalties lie elsewhere. While there are six other Canadian NHL teams, wherever I've been, I seem to encounter a score of Leafs fans for every non-Leaf fan.

What baffles me is the fact that despite such a pathetic record – including seven years without playoff hockey – the team still continues to be one of the NHL's most valuable teams. I took Perspectives on Hockey as my Gen Ed during my first year, and that's where my eyes were opened. I will attribute most of my hockey knowledge to that class and *NHL 2002*, not frozen ponds and rubber pucks, which sadly don't exist in tropical India.

I've heard many stories on what went wrong for the Leafs during this past year. Some fans say goal-tending, and it turns out that post 2005, James Reimer had the best save percentage with .912. Other fans say the lack of a franchise player, someone of the status of say Nick Lidstrom or Steve Yzerman for Detroit. Obviously, every team wants to have a franchise player on the roster so really this is no reason for the Leafs to be struggling if you ask me. Sometimes all it takes is luck and good scouting.

The reason I've come across most often is Brian Burke. Now, I know I'm in no position to comment on his performance as general manager, although it does seem

that Leafs fans have given up hope in their GM. I've even come across a thread called "Official Brian Burke Thread: Let Your Anger Out" on the official Leafs website, something I've never seen on any pro teams website. I even remember a Don Cherry blast when he cried the Leafs were the only team to not have a player from Ontario on the roster last season (unless you count London's Nazem Kadri's cup of coffee with the team). It got me thinking, why

(arguably) does Ontario's biggest hockey team not have an Ontarian on the roster? I'm sure Burke has his reasons and I'm not one to dabble in his affairs.

The streak will end, I know it. Manchester City from the English Premier League ended their 35-year run without a trophy in 2011 and followed that up with their first league title in 44 years the following season; if they can do it, so can the Maple Leafs. Until then, let's all laugh at them.

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New dance pac thunders in for the Lightning

MELANIE ANDERSON
INTERROBANG

A new dance group is striking down in Budweiser Gardens. The London Lightning NBL team is forming a new dance pack to perform at all of their home games. The team will bring passion and variety to the court as they'll consist of jazz dancers, breakdancers, hip-hop dancers and acrobats. Creative director Shawna Kwan is hoping to get fans excited, "I think we're gonna be doing some hip-hop and some street jazz and some jazz funk. It's gonna be a little bit more focused on engaging the audience, really pump up stuff."

Kwan owns Élan Dance Arts in the city, and is eager to start the new project. "The team wanted to go in a little bit of a new direction this year, we're trying to model it after some other NBA teams, so we're going for a bit of a different focus."

Team member Shauna McConnell said she can't wait to be a part of the pack. "The opportunity to dance for the London Lightning is great! I am from Toronto and grew up watching the Raptors Dance Pac. Now I am getting a chance to be a part of something just like that!"

The dancers will open and close the home games and also perform before the second and fourth quarters. "Dancing in front of an audience is one of my favourite parts of performing," said McConnell,

who's danced for 17 years. "The fact that I get to share my love for dance with an entire stadium is mind-blowing."

Kwan said she hopes the dance pac will make a positive impact on the team. "The goal essentially is just to get a team of really talented, outgoing, upbeat girls that are excited to commit to the season. Hopefully we make it into the playoffs and get to dance a little bit more and hopefully we end up being a team that maybe travels with our players."

McConnell teaches at Élan Dance Arts and is also the creative director of Black Dahlia Entertainment; she squeezes in time to dance at every possible moment. "The dance community in London is awesome. I have met so many fantastic people taking classes and doing shows. This is just another way to get involved and I am so excited for it."

Kwan is still searching for more dancers to join the team. "Right now we are probably looking at around 10 girls per game, but hopefully I can get more, a dozen to 15 girls a game would be absolutely amazing." If you're interested in becoming a Dance Pac member, there are two more auditions. The first will be held at the Campus Recreation Centre at Western University on October 23 at 8 p.m. and one at Fanshawe on October 28 at 3 p.m.

Fun times at Open Rec Nights for students interested in activity



FUN AND FITNESS
RICK MELO
melo_rick@hotmail.com

Open Recreation Night is now back in session for the 2012/13 school season! If you're new to the college or completely forgot what Open Rec Night is, it's a set schedule for open gymnasium time for late evening physical activity. Open Recreation Nights run on Tuesdays, Thursdays and Sundays from 10 p.m. to midnight.

Activities include ball hockey, basketball, volleyball, indoor soccer and table tennis, and we've even added cricket to the mix if there are enough players to meet the demand. Other changes include a swipe-in system so that we can track how many people are participating, and to ensure everyone's safety based on the enforced "must be a student" policy. This season's most popular sports thus far include co-ed volleyball, basketball and floor hockey. However,

the Athletics Department Staff will do their best to ensure all activities that students wish to play are incorporated within the three gyms. You'll also want to ensure you bring your student card to swipe in because the Athletics Department now draws for \$20 gift cards to Kelseys at the end of each session.

It is important to keep in mind that there are always odd nights where Rec Night cannot be accommodated. This is due to school holidays, major varsity events and other academic events such as the Career Fair that take place in the gym. Be sure to check the weekly gymnasium schedules in the J building to ensure your desired night is open for action.

Better yet, visit facebook.com/FanshaweCampusRec and Like them to ensure you get up to date changes in times and upcoming events. For any further questions, be sure to see Jackie Corby at the Athletics Desk.

Now get over here and join us for some nighttime action!

Shuttlecocks fly to begin season

MELANIE ANDERSON
INTERROBANG

The men's and women's badminton team competed in their first tournament of the season at Humber College recently. Head coach Matt Plachta was pleased with the results as Danica Swep made the quarters in the women's singles "A" flight, Jovana Pecic won the women's singles consolation flight, and doubles team Dania Zwep and Candice Kim did well, making the quarters "A" flight.

The team will compete in three tournaments over the course of the season including one at Fanshawe on November 16. Last year the team had a few close calls, but Plachta is hoping for a better season, "We had a couple people finish in fourth at regionals and our girl's doubles team went to provincials and finished fourth overall. It was a good season for them but not

as good as we're hoping for this year, we want a couple more teams to get through to provincials."

About half of the women's side is new to the team and the men have one rookie as well. To reach his goals, Plachta is looking at the athletes to make a strong effort in practice. "It's going to take a lot of hard work, the athletes have to really buy into pushing each other in the practices. The only training we get is with each other and with some returning players from other years."

The team currently practices twice a week and had some valuable training with former badminton players in the summer. "We invite past athletes who are still in the city to come out and play as well ... anything ranging from 20 year olds to 35-40 year olds come to push some of the athletes," Plachta said. "Once you

reach a certain age you can't move quite as well on the badminton court, but you do adjust your shots, so it's more of a finesse game. It gives our athletes a view of slowing the game down, they start to think about what they're doing on the court and to attack when given the opportunity."

Plachta is heading into his fifth year as head coach and this year is going with a smaller roster. "We're running a smaller team this year to try and focus on certain aspects or certain players. We know a lot of their abilities, so we're starting off at a higher level than we were last year to see if we can push them even further."

Plachta said teams to watch out for are Georgian and Humber who look to have strong players, but he is confident that Fanshawe will succeed.



CREDIT: ESTEBAN FELIX

Ian Hume scored the lone goal for Canada in an 8-1 defeat to Honduras. The defeat was only one goal away from being the worst loss in Canadian history. The loss eliminated Canada from moving on in the qualifying stages for the World Cup.

Canada blown out of Honduras, World Cup opportunity vanishes



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Honduras is the murder capital of the world, and the Canadian men's national soccer team can certainly attest to that. The Canadian men only needed a draw to advance to the last stage of qualifying for the World Cup. Instead, they made this entire qualifying campaign a joke to the fans, the country and the players.

This joke lasted a full, dry, 90 minutes. Honduras 8 to Canada's 1.

At the beginning of their road to the World Cup, Canada's performance seemed adequate. Not only did they get the required points to actually finish well, their on-field work was also strong. A great

example of this was their home game against Panama, as Canada came out with a 1-0 win. But, in an almost perfect example of their frequent pattern, the return fixture resulted in a brutal 2-0 loss to Panama.

The game against Honduras was marked by horrendous defence on Canada's side. They looked like Toronto FC on most nights with a refusal to play in a coordinated pattern on defense.

On one of the many goals that were scored against them, the ball was crossed into the box off of the goal line towards the Honduran attacker. Every member of the Canadian defence just stared at the ball as it traveled over them. The team was not working together or even working on their own to defend. They didn't look hungry. Meanwhile the attack was destitute. It started with chances but then got worse and worse.

Possession was scarce and poorly used.

What really matters is what it does to the sport in this country. This was another failed chance to develop a different mentality about the team. Another failed attempt at making it to the World Cup. The country clearly failed.

However, this could be a starting point for something else. It was clear they didn't have the quality to make it very far but it could very well mean there is more to develop and harvest. The team is bringing in lots of young players to fill voids and enhance their level of play. But there still needs to be a greater movement from the Canadian Soccer Association to give players better opportunities to grow and prosper. This team simply proved that nothing is working and maybe a blowout loss is something that will help the program in the long haul.

