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FROM THE EDITOR Angela McInnes

Greetings, readers from the Fanshawe community and beyond. Welcome to a brand new issue of Interrobang.

This week's issue presents all the necessary information you need about the Fanshawe Student Union's (FSU) upcoming by-election. In case you didn't know, this by-election is rather historical. It is the first time a full-time student will be elected to take on the presidential role on a part-time basis.

As I'm sure I've said before, taking the presidential seat in addition to full-time studies is a rather large commitment for the candidates to make. Voters must carefully consider who among the running four — Julia Brown, Ben Clements, Amanda Meunier and Keren Nanneti — will be best suited to take on the responsibility. Whoever becomes president must be counted on to represent the student voice in dealings with College administration, the London community, and even the provincial government. This is not something to be taken lightly.

On a positive note, it's encouraging to see the high amount of student interest in this anomalous event. In addition to the four presidential candidates comes 11 prospective directors to sit on the

Student Administrative Council (SAC), the governing body that holds the FSU president to account.

While researching a previous story on the by-election, I discovered that voter turnout for student government elections in Ontario typically peaks at 20 per cent of eligible voters. Perhaps the level of enthusiasm for Fanshawe's 2019/2020 by-election will see higher numbers in this arena.

Regardless, democracy in general ought to be on students' brains as the federal election date — Oct. 21 — draws near. We are lucky to exist in a system where our government represents our own choice. Make your voice heard at Fanshawe, and in Canada, by practising your right to vote.

Voting for the next FSU president can be done on Fanshawe Online (FOL) from Oct. 7 to 2 p.m., Oct. 10. Results will be announced in The Out Back Shack that day at 3 p.m.

And so it goes,

Letters to the Editor: fsuleters@fanshawec.ca



Photo Credit: Haylie Richardson, Ecuador

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FSU by-election: Let the campaigning begin

Emily Stewart
INTERROBANG

It's time to choose your Fanshawe Student Union (FSU) president for the rest of the 2019/2020 school year.

For the first time ever, the FSU by-election will elect a full-time student to take over a part-time presidential position. The by-election will also round out the Student Administrative Council (SAC) Board of Directors.

The FSU by-election comes after former FSU president Abdullah Qassab appeared to have abandoned his position, as first reported in an Interrobang article published on July 23. Finance coordinator Julia Brown then became interim president and remained finance coordinator for the FSU.

Campaigning began on Oct. 2 and will continue until Oct. 10. Speeches and presidential Q&A were held in Forwell Hall on Oct. 3 and live-streamed to the Downtown Campus' Amphitheatre on 130 Dundas St. and on the FSU Facebook page.

Interrobang contacted the four FSU presidential candidates to ask about their goals, how they'll balance school with the position should they be elected, and why students should care about the by-election. All interviews were done via email.

Julia Brown

Brown said she's enjoyed talking to students from a variety of programs as acting president. She said her accomplishments include providing greater support to the Red Squad volunteers and to the students at Fanshawe's Downtown and London South Campuses, the Aviation Centre, and the Centre for Applied Transportation Technologies.

Since Brown currently juggles her studies and her roles as acting president and finance coordinator for the time being, she's aware the role requires organization.

"I won't sugar-coat it and say it's easy; it's not. You need to have self-discipline and a good sense of



2019 FSU presidential candidates (left to right): Julia Brown, Ben Clements, Amanda Meunier and Keren Nanneti.

CREDIT: FSU PUBLICATIONS DEPT.

time management," she said. "This role requires you to physically be in meetings so students have a voice at the table."

If Brown were elected FSU president, a new finance coordinator would be hired.

"Students should care about this election because frankly, it's their money and their student life experience," she said.

Ben Clements

Clements grew up in London and said that he's always wanted to be part of Fanshawe College. After serving in the Canadian Forces, he is studying human resources on the basis of the Veterans Affairs' Vocational Rehabilitation Services.

Clements is confident his work ethic will help him balance his academics and the FSU president role.

"I spend the majority of my time on campus and am maintaining [an] above-average grade point average," he said. "As a return-to-learning student I have a high level devotion and already treat my time as a student as a career."

If Clements were elected, he would first send out a survey asking

what students want to see for Fanshawe. He would also like to implement a student insurance program and what he called a "Fanshawe Points system" so students earn rewards from on-campus purchases.

He would like to see his fellow students raise their voices by casting their ballot.

"The FSU does so much for students and it is a great democratic institution — and everyone should be aware and participate with their vote."

Amanda Meunier

Meunier said that throughout her post-secondary career, she's been part of several clubs, attended plenty of events, and advocated for her classmates as a class representative. She said she's determined to balance her academics and her role as president, should she be elected, as she organizes her schedule with daily, weekly, and monthly tasks, along with self-care routines.

If she were elected, she would ensure students would have greater access to student representatives, particularly the directors and the president.

"While students may have other routes to relay this information," Meunier said, "I think it is important that executives of any organization are well-known and physically accessible to students."

She would continue wellness initiatives and expand community outreach. The wider outreach would include other regions connected to Fanshawe.

"It was inspiring earlier this year to learn about the efforts the union put forth to help students who were affected by Hurricane Dorian," she said. "And I hope to facilitate similar efforts upon election."

Meunier encourages her fellow Falcons to follow the by-election and vote so the president elect can look into issues impacting students and problem-solve.

Keren Nanneti

Nanneti said that her life purpose is helping others whenever possible, and that taking on the role of the FSU president would let her continue to offer her helping hand. Currently in the business analysis program at Fanshawe, she had a student presidential role while

working towards her degree in computer engineering in India.

Nanneti said her overall goal is to address the students' concerns and put her best foot forward for the students.

"My focus is to increase volunteer opportunities with companies related to their career paths and facilitate alumni workshops that would provide an understanding of what the companies are looking for from graduates."

Nanneti said it's crucial that students vote in the by-election.

"Students are instrumental in this decision as it defines the future initiatives of the FSU," she said.

Where can I vote?

You can vote from Oct. 7 to Oct. 10 at 2 p.m. on Fanshawe Online (FOL).

By-election results will be announced on Oct. 10 at 3 p.m. in The Out Back Shack.

For more information on the election, including information about the candidates, visit fsu.ca/elections.

FSU to host Mental Health Awareness Week

Savannah Bisailon
INTERROBANG

Oct. 10 is World Mental Health Day. To celebrate, the Fanshawe Student Union (FSU) is hosting Mental Health Awareness Week from Oct. 7 to 11.

Mental Health Awareness week highlights the support available to the students should they need to access services for their mental well-being. The week features various events taking place in Forwell Hall.

"As the representatives of the student body, we need to appreciate their challenges," said FSU interim president Julia Brown. "Mental health is one of the leading health issues young people face, and in order for our students to be successful, they need to know where they can go should they have any

issues with managing it."

During this week there will be different activities such as Cereal and Cartoons on Oct. 8 from 8 a.m. to noon, as well as Chicken Nugget Yoga on Oct 9 at noon.

"Chicken Nugget Yoga is literally just yoga but with chicken nuggets. As you bend, you dip," Brown explained. "It's just a fun way to introduce yoga to different students who normally wouldn't engage. We've also hosted a goat yoga in the past which was successful as well."

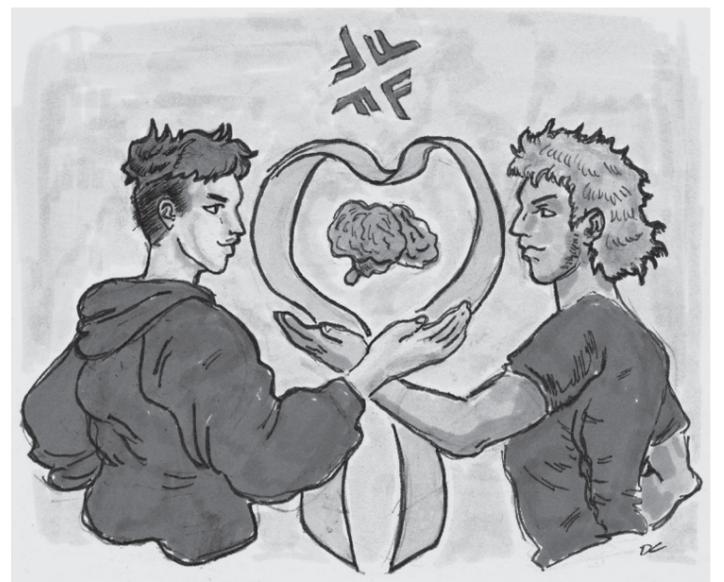
Fanshawe College also has an entire Counselling and Accessibility office dedicated to helping their students should they be in a crisis or need help managing their mental health. The office is located in F Building room 2010.

"Outside of that, the FSU holds multiple events aimed at relieving the stress on students during par-

ticularly trying times in the school year such as midterms and exams," Brown said. "Our Chill Lounges offer a variety of events including henna, petting zoos, yoga, food, you name it."

To celebrate World Mental Health Day, the FSU will be hosting a Chill Lounge in Forwell Hall from 10 a.m. to 2 p.m. Throughout the year, the FSU also makes an effort to include things that would de-stress students walking by, such as free breakfasts to make sure students start their day off right.

The FSU website, fsu.ca, has a section dedicated to mental health and mental health resources available to students. You can also find more about these upcoming events and others at fsu.ca/events. Fanshawe College has lots available for their students when it comes to mental health and mental health awareness.



CREDIT: DYLAN CHARETTE

The Fanshawe Student Union's (FSU) Mental Health Awareness Week takes place from Oct. 7 to 11.

Larger crowd, less injuries and charges at FOCO 2019



CREDIT: EMILY STEWART AND ANGELA MCINNES

Tyga performing at Purple Fest at the TD Stadium. Western's University Students' Council (USC) held the concert, which saw 13,000 people attend, as a way to derail the Fake Homecoming (FOCO) crowd. (Inset): Fake Homecoming (FOCO) on Broughdale Avenue and surrounding area saw 25,000 people attend at its peak. Pictured here is Audrey Avenue.

Emily Stewart INTERROBANG

The City of London's Unsanctioned Street Parties Task Force have acknowledged that their work will not end with Fake Homecoming (FOCO) 2019.

The Task Force held a press conference on Sept. 30 to give an overview of gathering on Broughdale Avenue and surrounding areas on Sept. 28, including the number of injuries and charges laid.

During the conference, London Police Service Chief Steve Williams said that there were around 25,000 attending FOCO at its peak. He said 14 people arrested for provincial offences and 62 tickets issued for offences including, but not limited to open liquor, public urination and underage drinking. No one was seriously injured.

He added that the policing cost regarding FOCO was \$300,000, up from \$200,000 last year, which

includes planning costs before the event and operational costs on that day. Officers from the Hamilton Police Service and York Regional Police Service were assisting London Police, bringing a total of 150 officers on site.

"While overall the crowd seemed less volatile this year compared to last, there were still many intoxicated people on roofs, jumping between roofs, climbing trees, and participating in other dangerous behaviour," Williams said.

He added that part of Richmond Street around the area was closed at noon and reopened about four and a half hours later because of the huge crowd navigating the area, forcing drivers to detour.

A Task Force backgrounder provided by the City of London said 2,070 provincial warnings were delivered and no federal charges were laid. The backgrounder also said the London Fire Department delivered two charges related to the Ontario Fire Code and 592 warnings

surrounding the Fire Protection and Prevention Act were given out. Those warnings were tied to people on roofs and overcrowding.

Middlesex-London Paramedic Service Chief Neal Roberts said a total of 31 people, 22 at Broughdale and nine nearby the university, were sent to hospital.

London Mayor Ed Holder said the efforts of the Task Force, including but not limited to updating the city's public nuisance bylaw and Western's Code of Student Conduct and the University Students' Council (USC) offering Purple Fest on Sept. 28, made a difference. However, there's still work to be done.

"Ultimately, while there were several encouraging signs over the weekend, we must never be allowed to declare problem solved," the mayor said. "We will be vigilant. We will be mindful and for that, we hope to carry on in a positive direction that this weekend established as we go forward into next year."

The USC's Purple Fest concert at TD Stadium featured A Boogie wit da Hoodie, Tyga, and bülow. \$AP Rocky was scheduled to headline the event, but he tweeted the night before that he couldn't attend because he was still working on his Canadian visa after he was convicted of assault in Sweden in August 2019.

Prior to the Sept. 28 events, the USC reminded students of applicable municipal bylaws, the university's Code of Student Conduct, and to stay safe and take care of themselves, their friends at Western, and the greater community, on their website.

USC president Bardia Jalayer said at the conference 13,000

people attended Purple Fest, with roughly 70 per cent of guests being Western students. He added that no one was arrested at Purple Fest and no ambulances were at the venue. The USC said in a press release that Med-On-Site and STAR Security staff were at the concert to reduce the burden for London's emergency services.

"We're thankful that it was successful and we're looking forward to critically evaluating what went right, what went wrong this year, and looking to the future for what we can do better next year," Jalayer said.

When asked about student feedback in a question and answer period, Jalayer said that any Western students looking to provide their say can send an email to president@westernusc.ca or in a survey. He said so far, feedback has been positive.

Addressing FOCO after the conference

The Mayor of London and Western University representatives made statements about banners with vulgar messages displayed on front porches on Broughdale Avenue during FOCO. The banners and comments about them sparked local media attention, with CTV News London, CBC News, and the Western Gazette also picking up the story.

In a series of tweets on Oct. 1, Holder expressed concern over the signs.

"In addition to the size of the Broughdale crowd, what I find equally troubling were the messages of sexism, misogyny, and rape culture on full display hanging from the front patios of several houses in the Broughdale area," he tweeted.

"You'll remember, London City Council became the first in all of Canada to make the safety of women and girls a strategic priority. We take that commitment seriously. We will not allow young women — be they students, faculty or otherwise — to be disrespected, and we will not allow London to be used as a door-mat, nor a poster-child for the ignorant messaging that was on display over the weekend."

Alan Shepard, Western's president and vice-chancellor, also said in an open letter regarding FOCO that he found the banners disturbing.

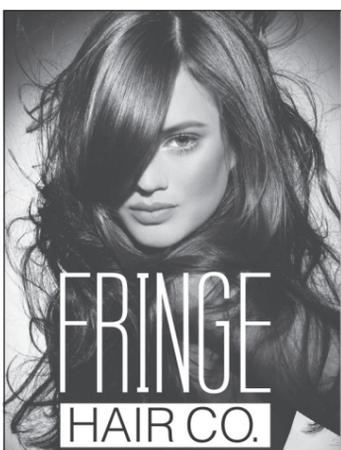
"It was very upsetting to see a couple of banners in the Broughdale neighbourhood that demonstrated a lack of respect for women," he said. "Casual misogyny, passed off as a joke, is always corrosive."

In a post on their Facebook page, Western's USC expressed their disappointment over the banners.

"While these messages may not have been rooted in malicious intent," the USC said. "Messages like these create an environment where sexual assault is more likely to occur and where objectification of women is normalized."

The USC added that last year's Student Voices on Sexual Violence survey found 32 per cent of Western students said they faced a non-consensual sexual experience and 71 per cent said they experienced sexual harassment. The post also included on-campus and off-campus supports for those who experienced sexual violence or gender-based violence.

Holder said the Unsanctioned Street Parties Task Force is expected to meet within the next few weeks.



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Fanshawe implementing more academic integrity measures

Emily Stewart
INTERROBANG

Fanshawe College, the Fanshawe Student Union (FSU), and Library and Media Services are teaming up to remind students of academic integrity's importance.

The FSU website features an academic integrity section called Donut Cheat. Donut Cheat highlights the definition of academic integrity, what counts as an academic offence, and the penalties after committing an academic offence.

The academic offence examples include plagiarising and cheating on a test, submitting work by other people without permission from the instructor, using unauthorized materials for schoolwork and falsifying records. Consequences for committing an academic offence can range from failing an assignment and classes to being expelled from the College.

In the Academic Integrity Policy (A136), found on the Fanshawe College website, credentials including degrees, diplomas, or certificates acquired from the College could be taken away from a student or former student if it's found that there was a major breach of one or more academic offences when the credentials were acquired.

The FSU's Academic Integrity web page also has information on citing in APA and MLA formats and links to the turnitin.com and Owl Purdue citation resources, along with links to further details about academic appeals and the rights and responsibilities of the College community.

Chelsea Bancroft, the FSU's advocacy and communications coordinator, said in an email interview that although most of the academic

offences are clear, there are some offences students might not consider as such. She said that sharing an in-class password with someone absent from class is considered an offence in one of her classes. Bancroft said students should ask their instructors if they have any doubts.

"It can never hurt to double check if you are unsure," Bancroft said.

She added that by informing students about academic integrity, the students will find success in their academics and life after Fanshawe.

"Our hope is with all the tools and resources the College and the FSU are offering the students," Bancroft said, "that the topic of academic integrity will be able to go down in terms of issues, as we are trying to make the offences clear as possible in advance for students."

In an email to Interrobang, Mary Pierce, the dean of the Faculty of Business, Information Technology and Part-Time Studies, said that during the past decade the College's record of academic integrity offences grew. She said students must know the different types of academic offences and how they can avoid them.

"Plagiarism is the number one area of AI [academic integrity] challenges at Fanshawe followed by cheating on tests," she said. "Understanding plagiarism helps students to do better research and improve the quality of their academic work."

Kara Malott, the program manager for the Lawrence Kinlin School of Business, emailed an overview of the academic integrity initiatives. The new actions include revising the College's Academic Integrity Policy (A136), adding a module for students to complete on Fanshawe Online (FOL) each year, and hiring an academic integrity manager.



CREDIT: PROVIDED BY FANSHAWE LIBRARY AND MEDIA SERVICES

To learn more about academic integrity and how to cite in APA format, attend one of the Fanshawe Library and Media Services Co-Curricular workshops.

Jessica Bugorski, the acting director of Fanshawe's Library and Media Services, said the academic integrity manager is a completely new role at Fanshawe. The manager, who is expected to start sometime in the fall, will educate students and faculty about academic integrity and continue to implement the policy.

Bugorski said that while issues with academic integrity aren't new, the College is seeing it more often. She said it's likely because there are more students than there were in the past, but also a difference in how we access information for academic research.

"Scholarship has changed, right?" Bugorski said. "These aren't the old days where the best

resources were just books. Information is readily accessible digitally and therefore people are just able to scoop up kind of bits and pieces from absolutely everywhere, and I don't think a lot of people are always aware that they need to attribute that to someone else."

She said anyone with questions about academic integrity should speak to their instructors and Library and Media Services staff, along with reviewing the academic integrity policy and taking the quiz on FOL. Bugorski said that Library and Media services also partnered with the FSU for the Academic Integrity and APA Citation workshops, which have had what she called "record-setting attendance" so far.

"I think the word's getting out there that academic integrity is really important to the College and a lot more students are signing up and coming to the sessions."

On the Fanshawe Library and Media Services website, the APA Citation and Documentation workshop is scheduled for Oct. 7 and the Academic Integrity Fundamentals workshop is scheduled for Oct. 9. Students can sign up for the workshops, which also count towards the Fanshawe Co-Curricular Record, by visiting fanshawelibrary.com/ccr-student-workshops.

Visit fsu.ca/academic-integrity for more information on academic integrity.

Fanshawe ranks first for graduate employment

Emily Stewart
INTERROBANG

Fanshawe College's graduate employment rate ranks first in the province of Ontario.

A media release from the College's corporate communications department announced on Sept. 25 that Key Performance Indicator (KPI) survey results found 90.3 per cent of Fanshawe graduates found jobs within six months of graduating. The College's graduation rate is over 4 per cent higher than the average for Ontario colleges.

Survey results also found Fanshawe's averages for student satisfaction and graduation rates are higher than the rest of the province. The College's student satisfaction rate is 77.8 per cent, compared to the provincial average of 75.7 per cent.

Fanshawe's overall graduation rate stands at 69.5 per cent, whereas the provincial average stands at 67.2 per cent. The College also has the top graduation rate for three-year and four-year programs amongst large colleges.

When Fanshawe alumni are surveyed six months after they graduated, 81.2 per cent of alumni say they're pleased with their edu-

cation, and 85.8 per cent employers who hire Fanshawe grads are happy with their contributions and skills.

Fanshawe College president Peter Devlin said he was thrilled to hear about the College's KPI results, especially the graduate employment and the graduation rates.

"KPI is a reflection of the effort of the faculty [and] staff, the professionalism and skill of the students, and the relationship that we have with industry and business," he said. "So I think it's just all part of a great ecosystem here in Southwestern Ontario, with Fanshawe College providing skilled talent that drives the economy."

When asked why it's important to consider KPI, Devlin spoke about the College's "incredibly devoted, professional faculty and staff with industry and business connections" and the "gifted, talented, skilled students" that apply their learning from Fanshawe in their employment, community project, and co-op opportunities after graduation. The College's president added that 87 per cent of Fanshawe students remain in the Southwestern Ontario region after graduating.

He also said that Fanshawe's Innovation Village will continue expanding experiential learning



CREDIT: EMILY STEWART

Fanshawe College president Peter Devlin was thrilled about the school's strong Key Performance Indicator (KPI) survey results, especially the graduation and graduation employment rates. He called the announcement "a good news story for Fanshawe."

opportunities available to students, which he said will be key for KPI. The College's website described Innovation Village as a physical

and virtual hub to access services encouraging such learning.

KPI results are announced annually. Visit fanshawec.ca/kpi

to learn more about Fanshawe's KPI. To see the results from all 24 of Ontario colleges, visit collegesontario.org.

2019

BY-ELECTION

CANDIDATES



PRESIDENT

JULIA BROWN

Hi Fanshawe,

My name is Julia Brown and I am in my second year in the Business-Finance program here at Fanshawe College. Before coming to Fanshawe, I spent four years working for the government in the education sector familiarizing myself with our dear friend OSAP and other social policies that impact students.

Last September, I packed up my apartment in Toronto and made the jump to London to go back to school. The FSU's programming and sense of community was amazing as I started a new chapter in a new city. I met new friends, participated in amazing events, and was able to access critical services when I really needed them. This is what led me to apply for Finance Coordinator at the Fanshawe Student Union at the end of last year; I wanted to help others create a great school experience too. I've had this role since last May and in July took over the role of Acting President.

I know the FSU and college well and am committed to turning it into a fantastic experience for all students who walk through these doors. I want to do this through a new and improved Red Squad, more programming at ALL London campuses, and better access to online resources such as budgeting tools and volunteer opportunities.

On October 7-10th, I hope I can count on your support. Let's make this year Falcon Awesome!

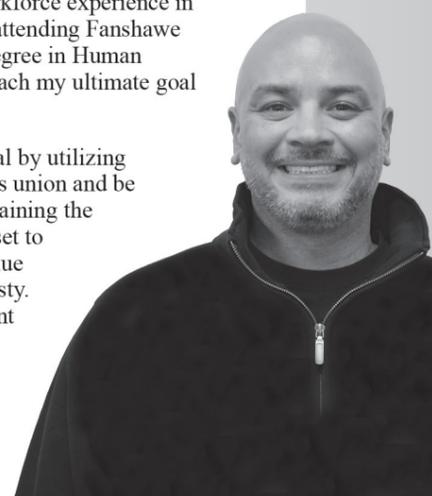


BEN CLEMENTS

My name is Benjamine Clements, I was born and raised in London, Ontario. I have always admired Fanshawe College and am proud that Fanshawe serves my hometown community. My life experiences have granted me skills ideally suited for this position. I have proven communication skills, and I am an effective student, leader and motivator. I have experience in several occupations – from military service to administration to skilled manual trades. As a result, I am understanding and flexible while working in fast paced environments.

After becoming a young father and finishing college in Police Foundations, I joined the Canadian Forces and started a promising career with hopes to further my education. After several years of service, and some entrepreneurial and workforce experience in between, I have reached my goal and am attending Fanshawe college in order to eventually receive a Degree in Human Resources. In turn, this will help me to reach my ultimate goal of serving my community once again.

I look forward to reaching my full potential by utilizing my skills and life experiences to serve this union and be an example to others. I look forward to gaining the opportunity to prove myself a valuable asset to our Fanshawe Student Union. I greatly value professional integrity, creativity, and honesty. Fanshawe College has the ideals that I want to work for continuously, and it would be my privilege to become a part of this community and culture as your President working towards our goals and being accountable to you!



AMANDA MEUNIER

Greetings Fanshawe!

My name is Amanda Meunier and I am one of your presidential candidates for the upcoming by-election here at the college. Currently, I am studying in the Occupational and Physiotherapy Assistant Diploma program and have obtained previous education both here and at Western University. In my spare time, you can find me painting, drawing or exploring the outdoors.

I chose to participate in this election with hopes of leading students with a creative, honest and open mind. I have a vast experience volunteering with youth and adolescents and within the health care sector. It is important to me that students enjoy their schooling beyond their books, and that all wellness needs are met consistently throughout the year.

If elected, my goals for this year include facilitating better communication between students and the union, continuing to reinforce mental health resources, and to encourage more interaction with our local community and that of our students beyond Fanshawe.



KEREN NANNETI

A leader is not the one who leads, but who takes everyone along.

Hey Fanshawe!

My name is Keren Nanneti, a Business Analysis student at Fanshawe. I am so excited to be nominated as one of your Presidential Candidates for this year.

I am a person driven with passion in everything I do; to help those around me. What better platform than FSU that could make this possible! My focus this year is to serve you, by creating access to the millions of opportunities around you. My goal is that when you graduate, you are ready to face the world.

I know that most of you are concerned about finding a job during your courses and after graduation. My agenda is to help you get involved in volunteering initiatives with companies related to your career path and conduct Alumni workshops to enable a hassle-free school to work transition. I will make the world upside-down if need be to achieve your purpose.

Let's get started building this dream together!

Snap to Change. I AM KEREN and I Love you 3000!



Visit fsu.ca/elections for more information

DIRECTORS



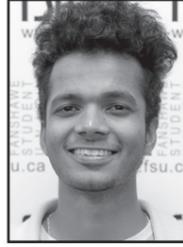
KARYNA BARABASH

Hello Fanshawe! My name is Karyna Barabash. I am running for a position on the Board of Directors. I am enrolled in the last year of the Business-Finance Diploma program. Being an active Red Squad Volunteer has given me an opportunity to get to know more about students and the social life of the college.

The college years are the most exciting time in our lives. As a matter of fact, I consider Fanshawe as a home away from home. That's why I want to help students to receive the best experience that is possible. I would like to highlight a few of my plans of improving student life:

- Make the Class Representative program and FSU Red Squad more effective
- Expand library hours of operation
- Create the survey about what you would like to change in college
- Change the student schedule to make it more flexible for the student's lifestyle
- Create more multicultural events
- Provide more food courts with healthy food
- Make the Tim Horton's rewards program available at college

Change is the order of the day and therefore I want to initiate one by being the face of change!



HAFIL PERINCHEERI

Hey falcons,

I am HAFIL PERINCHEERI, civil engineering graduate currently pursuing construction project management in Fanshawe. My strong passion for being a helping hand has driven me to represent all falcons as an FSU director. Looking back, I served as a secretary of the student union for 2 years in my previous college. I enjoyed taking up initiatives and responsibilities during my tenure. I acquired enough

knowledge and experience to handle issues among students and tackle them rightfully. Being a falcon I truly understand all my responsibilities to our fellow falcons student life issues. I consider this a great honour to represent and assist my friends. So here I am requesting each one of you to show me some love for serving you as director for Fanshawe student union and remember that ' A vote for me is a Vote for YOU '.



MERCY BARISHAKI

Hi there! My name is Mercy Paula Barishaki and I am currently taking Insurance and Risk Management in the School of Business. I am running for the Director of the Student Union position and my vision is to see a thriving student community in this institution.

The past year I have spent at Fanshawe has allowed me to experience a diverse and vibrant community through all the interesting people I have met here. Being your Director will be

an opportunity for me to serve this community and voice each of your views. I have learnt about the school systems and operations and as your Director, I will not only be a medium of communication between the students and the college administrators but ensure that the student needs are properly addressed. I am currently serving as Class Representative and I have been involved in different volunteer activities around and outside campus. If elected, I will continue to fight for the things that are important to students and work with you to make our community even better.

Outside of school, I enjoy cycling, trivia, reading books, music, hiking, singing and making friends.

I appreciate your vote for Director

Mercy will go the extra mile.



KATE SELIVERSTOVA

Hi everyone! Nice to meet you all! My name is Kate and I am happy to be here, in Fanshawe, running for the Director! I am originally coming from St Petersburg, Russia but I would rather call myself a world citizen, since I had a privilege to live in 8 cities prior to coming to London.

I am that one person in a group, who people usually address to get advice or just to talk to. I am willingly helping people with their issues and listening to what they have to say over a lovely cup of delicious coffee, because I love creating this positive and cozy vibe around things! I understand what it is to adapt to new surrounding, new culture.

Believe me, I really do. I had various obstacles in life, but I fought my way through it to success. Was it challenging? Oh, yes! Is there anything I regret? Absolutely not! We get experience as we get through life.

We all have our own stories that should be heard and shouldn't be ignored. I am always trying to look at the bright side of the situation, even if some issues arise, and I encourage people around me to do the same! The best thing you can wear every day — is a SMILE. Smile is the universal language of kindness — let's just spread it across campus!

So, what is your story? Share it with me over the cup of tea or coffee and let's have a nice chat!



PRITHVI KUMAR CHINNAPPAN

I am pleased to announce my decision to run for Fanshawe student union.

It has always been a goal of mine to be involved in the policies of our college. Fanshawe is a wonderful college with much to offer students of all possible comforts. I believe that I have the ability, the temperament and the right attitude to be an effective member of the student union.

I grew up in India and left home at fourteen to pursue my interest in basketball. I retired from playing basketball after 2 years because of an ankle injury, turning my attention to school; earning a degree in Mechanical engineering. After which I worked as an operations head in the Climber. Also had an opportunity to work with United Nations as marketing intern promoting SDG's. Last year I moved to London as an international student and I quickly fell in love with the community.

There are a broad range of matters that will need to be addressed in the coming months. I look forward to tackling all policy issues in a thoughtful and logical manner. As a mechanical engineer and a supply chain student, I feel that I have critical thinking skills and the ability to provide sound judgment when balancing the needs of the students with the process followed.

I plan on actively using social media to connect with the students but I find that nothing beats face to face discussion. Therefore, I encourage everyone to say "Hi" if you see me around campus.



KATYAYINI THAKUR

Program: Health Systems Management, Fanshawe College
Hobbies: Travelling, watching movies, gyming, hiking, learning new languages

Hey there!

How's it going? I'm running for the position of Director in the upcoming FSU elections. I am passionate about serving people and like to stay actively involved in the community. I believe I could make a difference!

A little bit about myself — Born and brought up in New Delhi, India but natively from Himachal, I'm a general physician by profession. I went to medical school in China, where I was elected as the Cultural President, AHMU (2010–2011). Caring about people is a part of who I am.

Given the chance to serve, I would dedicate my heart and soul into providing each and every one of you a fun and meaningful student experience here at Fanshawe.

Hope to get your support!

I care,
Dr. Katyayini Thakur



BUHARY MYTHEEN

Hello Fanshawe,

My name is Buhary Mytheen and I am an International Student. In India I had graduated with an undergrad in Mechanical Engineering. I am back at Fanshawe college to study Carpentry and Renovation Tech. Fanshawe brings me a new opportunity to get a new and strong circle of friends around me. Back home in my college, I worked as a secretary during my graduate study for 2 years. I acquired enough

Knowledge and Experience to handle issues among students and I organized a lot of programs in my college to make my college enjoyable and better for my friends. Also, as a Student, I understand all the tasks that my Fanshawe Colleagues may face in their student life. I believe that being the director of Fanshawe student union, I can serve my friends and Fanshawe family with better service to have a bright student life everywhere. It would be an honor to assist and study in Fanshawe college. So, I request the students to give me this chance to be the best director of Fanshawe college.

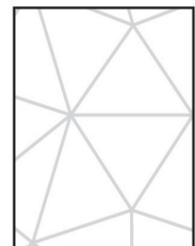
Let's Fly Together and Be Kind To One Another.

Thank You,
Buhary Mytheen



ABINA DAS KELOTH

No biography submitted.



AKHIL MAHESHWARAM

No biography or photo submitted.



JOSEPH-DAVID PANTH

No biography or photo submitted.



ARAVIND MOHANAN PILLAI

No biography submitted.

Vote Monday, October 7th at 9:00 am to Thursday, October 10th at 2:00pm

Richmond and York re-opens

Emily Stewart
INTERROBANG

Drivers and cyclists facing downtown construction as part of their daily commute can rejoice as they cruise down Richmond Street.

The City of London announced Richmond Street from King Street to Horton Street re-opened as of Sept. 25. The press release said York Street west of Richmond Street is also open. Anyone driving or cycling through downtown can go north and south on Richmond Street.

"We're delighted that that bottleneck has been opened back up again," Jim Yanchula, the city's manager of downtown projects and business relations, said. "And we can see traffic and transit going the regular routes where people are used to through the Richmond and York intersection."

The city's 2019 downtown sewer separation project, as noted on the City of London website, means that parts of Talbot and York Streets are refurbished to improve sewers in the area.

Construction outside of the VIA Rail Canada station, on York Street east of Richmond Street, continues. Yanchula said that along with the city's construction in the area, the train station also has their own construction project. A travel advisory on the VIA Rail website said the \$4.87 million parking area and tunnel renovations will continue until January 2020.

"Side by side construction projects with two different contractors working on them present an extra set of obstacles that nobody wanted," he said. "However, once they're all in and all out, it'll be done for 100 years."

Yanchula recommends visiting



CREDIT: EMILY STEWART

The downtown sewer renewal project continues on York Street in front of the VIA Rail Canada station. Renovations to the train station's parking area and tunnel are also running.

the City of London's Core Construction page on their website if you plan to travel outside of London via the VIA Rail, to find out where the access points will be for drivers. On Sept. 27, when Yanchula was interviewed, drivers could enter via Clarence Street but not Richmond Street. He said that would switch within a few weeks from the interview.

"As a pedestrian pulling your suitcase behind you, you can get there from Richmond Street or you can get there from Clarence Street. That's not going to change," Yanchula said. "If somebody's coming

to pick you up at the train station, that's where you're going to have to keep in touch with the website."

Yanchula said construction for the downtown sewer separation project on Talbot Street between King and York will continue until late 2019. He said the goal is to allow access to the area by the end of October.

"That doesn't mean the project is done, but it means accessibility is vastly improved," he said, adding that the orange construction fences will be removed when the pavement is set.

"There will be a lot of traffic

cones, but people, I think, get a little disoriented when they see all that orange fence up, and that orange fence will start to be coming down and it'll be much more open and that's much more inviting."

Phase 2 of Dundas Place construction is expected to finish before the end of the year, and Yanchula said the interlocking brick paving is in its final stage. Although people are able to walk on some of the interlocking brick from Dundas Street between Richmond and Wellington Streets, the Dundas Street and Clarence Street intersection will stay closed for

the time being. Yanchula would like to see it re-open as soon as possible since it's a pathway to the VIA station. He is also trying to ensure people can go through visit businesses in the Dundas Place construction area.

"Those businesses would love every customer that they could possibly get to walk through their doors, and we're there to help them do that," he said.

Visit london.ca/coreconstruction for the latest updates on the Dundas Place and the York and Talbot sewer renewal projects.

Fanshawe students grapple with sickness

Angela McInnes
INTERROBANG

A new school year on campus means learning new things, making new friends, and — for many students — getting sick.

To those who have avoided contracting this year's annual campus disease: Congratulations, you've narrowly escaped the first-term plague. To the rest, Interrobang extends its sincerest sympathies. We asked students on the Fanshawe First Year 2019/2020 Facebook group how they've been doing health-wise. Here's what some of you had to say (some comments have been edited for clarity):

"I missed a whole week due to being bedridden with a stomach bug." — Mirisah May (doula training)

"I'm not actually sick. Many people around me are. I took precautions as soon as I arrived in Canada. I did show a few symptoms of cold, but multivitamins, exercise and some time out in the sun every day took care of it." — Fredon Rodrigues (research and evaluation)

"I just missed my class today because I got sick due to cold and sudden weather change." — Simarpreet Kaur (broadcast journalism-television news)

"I just think it's the common cold, but I've had the worst dry cough and have been so stuffed up for the last two weeks. Sometimes I wake up with no voice, I'm not sure about the other students in the class but I know a few have been feeling gross too. I'm too scared to miss class so I just power through." — Megan Minielly (child and youth worker)

"Missed a whole week due to a sinus infection. [I took] vitamins and tons of Advil and NyQuil." — John McClay (graphic design)

Having seen start-of-term sickness take its victims year after year, Interrobang reached out to Mary Lou Albanese, manager of the infectious control team at the Middlesex London Health Unit (MLHU) for advice.

Albanese explained how places like colleges and universities are prime environments for respiratory germs, bacteria and viruses to spread.

"People are sneezing and coughing, then [germs] are in the air or they land on tables, chairs, door-knobs. Then people would either breathe them in or if you touch an area that has been just recently sprayed [and] touch your face, then you've just introduced the germ or the bacteria to your own body," Albanese said.

The best way to prevent getting

sick is by maintaining good hand hygiene. Wash your hands at every opportunity, and if you can't use hand sanitizer. If you need to sneeze or cough, be sure to do so into your sleeve so you don't spread your bacteria into the air for others to inhale.

Another useful measure is to simply keep your distance from those who are visibly ill.

Albanese added that college life makes students especially vulnerable to getting sick with ailments like the common cold.

"The other thing with colleges and universities where students are very stressed and they've got a heavy workload is to always remember healthy eating, fruits and vegetables and getting sufficient sleep, because that is encouraging your own body to build and maintain a strong immune system," she said.

Albanese also encouraged students to get the flu vaccine once it becomes available, so that school stress doesn't further deplete their immunities.

If you are feeling rundown, consider visiting the Fowler Kennedy Sport Medicine Clinic, located in Wellness Centre Room J 1004. For more info go to fowlerkenedy.com.

Get well soon, Fanshawe!



CREDIT: LAM LE

Wash your hands often and get plenty of rest to avoid getting a first-term cold.

Take Back the Night protests gender-based violence, racism

Angela McInnes
INTERROBANG

On Sept. 26, those opposing violence against women gathered in Victoria Park as part of the annual international Take Back the Night march.

The historical march originally began in the U.S. in the '70s, and now takes place in hundreds of cities across the world. In London Ont., Take Back the Night is organized by the Women's Events Committee (WEC). This year, the WEC focused on raising awareness for missing and murdered Indigenous women and girls and Two-Spirited people.

The event occurred on the same day London's police chief responded to a London Free Press series examining a police sergeant's violence towards an intoxicated woman in 2016.

"Take Back the Night is always focused on eradicating gender-based violence and addressing systematic oppression and racism. We wanted to highlight the specific issues that plague Indigenous women, and the particular set of difficulties that Indigenous women encounter," Jenna Rose Sands, Indigenous artist and WEC member, told Interrobang as participants met in the park. "I think that's really important right now, especially in our city. We're finding out things about police officers, and the relationship between Indigenous people and police is problematic and difficult, and I think this is such a timely event."

The event featured drummers from the +Positive Voice program at Nokee Kwe, as well as Indigenous speakers such as Elyssa Rose from Athlosa Family Healing Services. In her speech, Rose noted that while 4 per cent of the female population in Canada is Indigenous, they make up 50 per cent of females who are trafficked.

By the time darkness fell, over



CREDIT: ANGELA MCINNES

Advocates for ending gender-based violence, including Jenna Rose Sands (top left), took part in the annual Take Back the Night march in Victoria Park on Sept. 26. The focus of the evening addressed issues surrounding murdered and missing Indigenous women and girls.

200 people had joined the crowd to drum, chant, and hold up signs advocating for an end to gender-based violence. The group marched through Downtown London on the perimeter of Victoria Park. A volunteer from the Amalgamated Transit Union drove a bus behind the marchers to accommodate those who could not walk along.

Male-identified attendees were

welcomed at the rally and asked to assemble at the corner of Wellington Street and Queens Avenue to cheer on the female-identified marchers.

Once the march finished at the corner of Richmond Street and Central Avenue, participants paused to mingle, embrace, or continue to drum to catch the attention of passersby.

"Unfortunately, it's still import-

ant to have this event every year," WEC member Julie McDonald said. "Men are still perpetrating violence against women and gender minorities and we continue to gather in protest."

McDonald added that organizing Take Back the Night provided survivors of violence, and those affected by it, with a way to feel validated and heard.

"There really is a unique feeling to an event when you come together with women. It's a very empowering, emotional event," she said. "Some people come together to remember women that they've lost to violence that are no longer with us, so it's also a way to memorialize women and keep raising awareness about the issue, that it's not going away."

Southwestern Ontario stories shared on screen

Hannah Theodore
INTERROBANG

The 2019 Forest City Film Festival (FCFF) will run from Oct. 23-27.

It will feature over 60 films, a Youth Film Festival, Industry Sessions featuring Q&As with filmmakers, all closing out with an Awards Celebration to highlight the best films of the festival. Venues for the festival include Wolf Performance Hall, Fanshawe Good Foundation Theatre, Imagine Cinemas, and Museum London, with all Industry Sessions taking place at Lawson Room in Central Library. The aim of this festival is to highlight the talents of filmmakers from the region.

"All of the films that we show have a certain criteria," said executive director, Dorothy Downs. "That is that they are connected to the region of Southwestern Ontario."

That connection can come through any key creative team member, varying from directors to sound designers, so long as "South-

western Ontario is stamped into their DNA".

Fanshawe students can look out for notable alumnus, Craig Mann, who worked as a sound designer on one of the FCFF's feature films, *Official Secrets*. Mann also won an Academy Award for his work on *Whiplash* (2014). Connections like these, as well as the undeniable backdrop of Southwestern Ontario in many of the films, will surely be of interest for Fanshawe students and Londoners alike.

Aside from the film-watching experience, attendees of the FCFF can also enjoy various Industry Sessions that offer learning opportunities directly from filmmakers and industry experts. Sessions range from topics such as how to score a film, to panels on diversity and inclusion. Each event features working professionals sharing real stories and insights based on their own experiences in the film industry. For Fanshawe students, the sessions offer prime learning and networking opportunities to further their careers in filmmaking and film industry arts.

"There's a real industry vibe at

this festival," said Downs. "You rub elbows. You don't know if the person you're sitting beside is an industry person or somebody who's participated in one of the films."

Audience members also get the opportunity to vote on the Old Oak Audience Choice Award, allowing for a truly involved audience experience. Aspiring filmmakers can also submit their works to Pitch-Fest, where they can pitch their idea for a film to a panel of experts for the chance to over \$10,000 in prizes.

New this year is the Forest City 48, an improv-based event taking place one week before the FCFF on Oct. 18. Given just 48 hours, filmmakers must write, shoot, and edit a short film featuring specific provided prompts before the end of the weekend. One winning film gets to have their work screened at the FCFF.

Perhaps the biggest addition to this year's lineup is the Youth Film Festival. Submissions were open only to high school students in Southwestern Ontario, and will now be screened as part of the FCFF on Oct. 23 at the Wolf Perfor-



CREDIT: FOREST CITY FILM FESTIVAL

Festival attendees from last year's FCFF observe the many posters for previously featured films.

mance Hall. The event will award nearly \$4,000 worth of prize money to young filmmakers.

Dorothy Downs said there is simply nothing else like this in Southwestern Ontario.

"I noticed that there are film festivals for Toronto kids," she said. "And I thought to myself, 'that's not fair'. So I made one specifically for Southwestern Ontario kids."

For Fanshawe students and

Southwestern Ontarians alike, the Forest City Film Festival offers the unique opportunity to see their lives reflected back at them through the medium of film. Whether it be seeing the city of London featured in a film or knowing that someone from the region worked on making a film happen, festival-goers are sure to catch a glimpse of home in the selections this year.

Annual Pathways Fair shows education possibilities

Marlon Francis
INTERROBANG

On Oct. 9 from 10 a.m. to 2 p.m., Fanshawe College will hold its annual Pathways Fair in F Hallway on its main Oxford Street campus.

The Pathways Fair is an opportunity for students to broaden their horizons, stretch their perspectives and create networks on an international level. The program, which partners various post-secondary institutions throughout the country and worldwide, provides students with options to unique pathways towards converting their diplomas into degrees or other accreditations.

“Pathways is a way for students to further their education and get additional accreditation. It can be a professional program, a graduate program or even an exchange opportunity. Education is a way in which students can empower themselves and unlock their potential,” said Gabriela Kongkham-Fernandez, one of the Pathways Fair coordinators for Fanshawe’s main campus. “Studying abroad is a great opportunity for students to develop intercultural competence, get a different perspective and a different set of skills.”

Admission is free and students can meet with representatives from many of the partnering universities and colleges.

“Students meet people from different schools and get to put a name to the face. When you’ve got international universities and colleges present, it’s nice that students actually get to meet a representative from that school and feel like

they have a connection, especially if they’re thinking of making the big jump to study abroad,” said Katrina Padyk, Pathways coordinator for the Lawrence Kinlin School of Business.

Student success is always at the forefront of Fanshawe College’s directive.

“We make sure that the institutions are recognized in the country where they are. We look at costs, English speaking opportunities mainly and we also try to get scholarship opportunities or some sort of tuition discount for our students. Many of our partnering institutions offer partial scholarships for our students,” said Kongkham-Fernandez.

The institutions that make up Pathways are chosen based on a criterion that encourages a successful transition for students while abroad.

“Some of our close partners are Irish institutions where the education system is similar to ours and they offer students close to course by course credit. If a student completes a two-year diploma here, in two more years they can complete a four-year bachelor’s degree and they don’t have to duplicate that learning. That’s not always the case within Ontario, but with some of our international institutions that’s very possible,” she added.

This year launches two new additions to the Fair’s draw. Pathways will hold a second Fair on the second floor of Fanshawe’s new downtown School of Tourism, Hospitality and Culinary Arts on Oct. 9 from 3 p.m. to 5 p.m. This marks the first time that the Fair has been



CREDIT: LAM LE

The Pathways Fair introduces students to a range of international ways to finish their education.

held at two locations. The second addition is that proceeds from partnership fees, in association with the Pathways Fair, will go towards the establishment of a new scholarship award to support a Fanshawe student’s efforts towards tuition.

Padyk is not only one of the organizers of the Fair, but also a past participant of the program. Her experience is a testimonial to one of many possibilities an opportunity like this can provide.

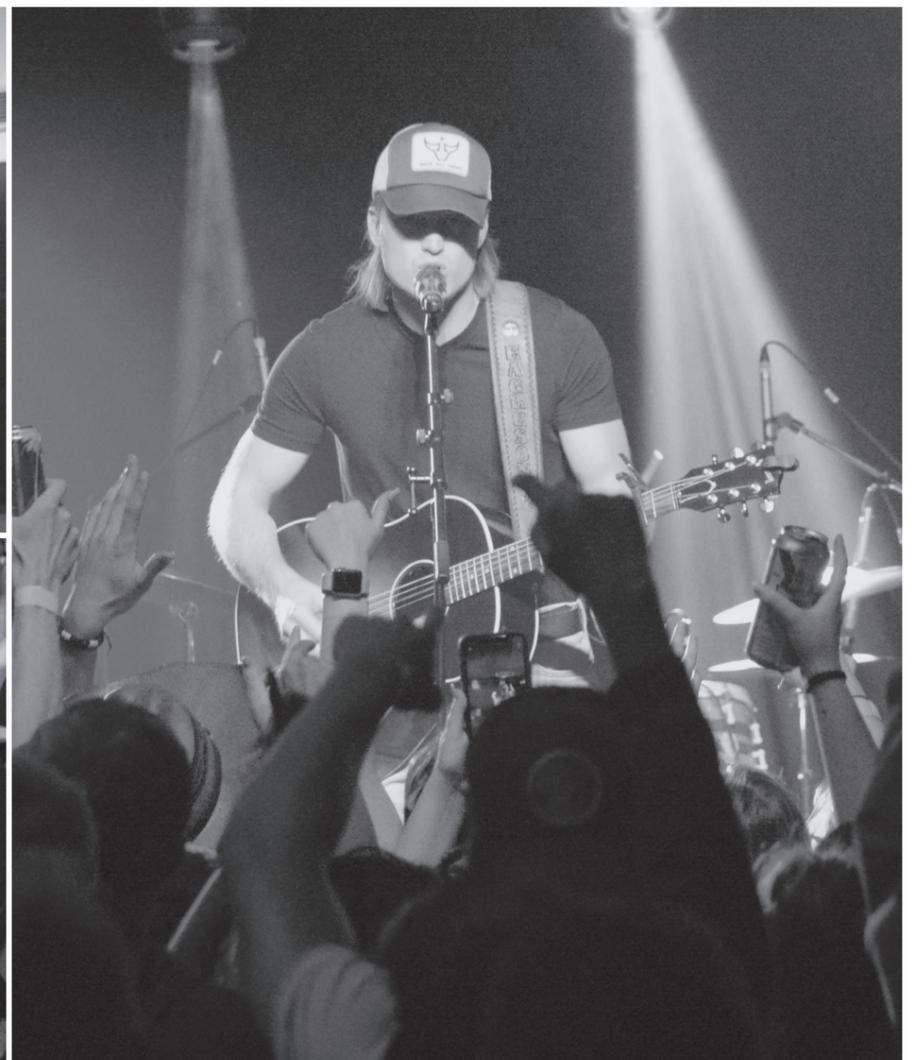
“I graduated from Fanshawe and I did Pathway. I did three years in the marketing program here and then I did pathways at Griffith University [in Australia]. You

could complete a degree in a year with them. I think that even just the experience for students to be able to go abroad is priceless. It’s more than just the education. You learn about yourself; you get to travel and meet new people from around the world,” said Padyk.

Colleges and universities domestically might be paying attention to how well this program has been operating, especially when it comes to cooperation regarding student credits.

“ONCAT [Ontario Council on Articulation and Transfer] is a big leader in Pathways opportunities for students. It is govern-

ment-funded and they’re trying to make the process, for colleges and universities within Ontario, move more seamlessly from program to program for students to be able to hold onto their credentials. You want to know what you’re going to get credit for, so with universities and colleges speaking to each other it gives students more answers as to ‘OK, if I’m moving from a diploma in marketing here, how can I complete a degree at Humber in marketing. What am I going to get credit for? And so, schools are talking and making that better for students,” said Padyk.



CREDIT: CHRISTINE STAFFORD

Students flocked to Forwell Hall to see Dylan Burk (left) and country star Jade Eagleson (right) perform on Sept. 26.

Student resources available on World Mental Health Day

Haydn Rooth
INTERROBANG

World Mental Health Day is on Oct. 10.

The World Federation for Mental Health's (WFMH) president, Dr. Alberto Trimboli released a statement about the upcoming event, specifically addressing this year's theme of suicide prevention.

"According to the WHO (World Health Organization), more than 800,000 people die by suicide a year, making it the principal cause of death among people 15 to 29 years old," Trimboli said in the statement.

According to the statement, many children and young people engage in suicidal behaviour as a result of violence, sexual abuse, bullying and cyberbullying.

"There are numerous complex factors that contribute to a suicide, but what is most important is that all of our actions must be geared toward prevention," Trimboli wrote. "The object of making suicide prevention the theme of World Mental Health Day in 2019 is to attract the attention of governments so that the issue might be given priority in public health agendas around the world."

Trimboli said the day deserves particular attention from national health authorities who are responsible for crafting policies and establishing strategies to prevent suicide and promote the public's mental health. He added that the

message of suicide prevention travels across sectors and reaches individual actors who can make positive change within their local environments. The WFMH is seeking any documents, photos or videos that may be shared on their social media and website (wfmh.global), as they are looking for those who want to share their voice and enact real change.

Locally, Fanshawe College is prepared for World Mental Health Day.

According to Suzanne Book, director of Counselling and Accessibility at Fanshawe, the College will honour the day by continuing to focus on early intervention and building resiliency among students.

Book also informed the Interrobang that Fanshawe will continue to "encourage students in the understanding that everyone has mental health issues or stressors in their lives, and to think of mental health as a continuum that may require different resources or responses at different times in their academic career".

Book said that for Fanshawe, "World Mental Health Day is an opportunity to continue to highlight the importance of reducing stigma about mental health, identify campus and community resources for students, and engage in conversations that build our community knowledge and capacity to respond to mental health issues."

When asked about Fanshawe's ongoing services, Book said Counselling and Accessibility Services

provides individual and group counselling covering a wide array of mental health issues. They also offer workshops and information sessions that encourage students to learn more about wellness, mindfulness, and self-care.

This World Mental Health Day, Fanshawe will be promoting WellTrack, a free, online program that provides 24/7 access to information modules and tools that focus on stress, anxiety, depression and phobias — and can help any student better understand issues that may be impacting them individually or in their peer group.

Students can sign up by going to welltrack.com, or searching "WellTrack" on their phone's app store. They will need to sign up using their Fanshawe Online (FOL) email address.

For many students, school can provide many stressors and anxieties. Fanshawe alumnus Marcell Pieniadz, spoke to Interrobang about his experience with mental health and the school system.

"For the first year and a bit of school I began contemplating dropping out, I was feeling overwhelmed as well as generally exhausted. It really wasn't until I started asking for help that things started getting better for me. It is of course easier said than done, but I encourage anyone who is struggling with some demons to at least tell a friend."

Opening a dialogue about your mental health is the first step. Talk to a friend this World Mental Health Day, and check in with the



CREDIT: DYLAN CHARETTE

World Mental Health Day raises awareness of mental health issues across the global community.

resources available through Counselling and Accessibility in room F2010. Phone to make an appointment at 519-452-4282 or email at counselling@fanshawec.ca.

Don't get burned during Fire Prevention Week

Jason MacDonald
INTERROBANG

As part of this year's Fire Prevention Week (Oct. 6 to 12), the School of Public Safety will be running an information campaign through the London Campus (Oxford Street). The campaign is hoping to show students that moving out comes with a set of responsibilities and rights that they need to know. Public safety officials have noted that students in particular are vulnerable to fire risks that can, in most cases be avoided. Students and local firefighters will be setting up booths to hand out flyers and chat with students.

The campaign can be traced its origins back to 1911 when the Fire Marshals Association of North America, the oldest member organization of the National Fire Protection Association (NFPA), organized the first Fire Prevention Day. The event was originally organized to commemorate the Great Chicago Fire of 1871. The devastating blaze took approximately 300 lives and burnt over 17,500 buildings throughout the course of three days.

In a similar fire the day before, upwards of 500 died in Wisconsin in the Peshtigo forest fire, which burned 1.2 million acres of land and is now known as the deadliest fire in American history. It's fires like these that fuel the nightmares of fire safety advocates, who say an event like this got so out of hand because of the scarcity of warning systems. Since

then the Prevention Week has grown internationally.

It can be easy to assume that with all our modern technology and way of living, fire risks should be extremely low. However, according to Frank Donati, coordinator of the fire inspection and fire safety education program at Fanshawe College, there is still lots of work to be done to get people to take precautions.

"Something like 30 to 40 per cent of all households have working smoke alarms on the day we inspect," Donati said.

This is despite fire alarms being lawfully required to be present and functional in any home since 1971. Donati went further to say that this negligence is usually the cause of fires.

"We've found that almost every house fire across Ontario has been in a house where there were no smoke alarms or it just wasn't working," he said.

While that statistic accounts for the total population, students can fall victim to negligent landlords or just not knowing what they need to do to protect themselves. Fire safety, particularly among, students who have recently moved out, is a big concern for Donati. He said students often don't realize what risks they're exposed to.

"Students who have just moved out and it's their first time living on their own and they don't have a lot of money, I can tell you right now that the phone chargers that get bought at dollar stores are not Apple-approved



CREDIT: JASON MACDONALD

Frank Donati, coordinator for the fire inspection and fire safety education program, said students need to be more aware of what fire risks they're exposed to when living on their own for the first time.

and can be a fire hazard."

Donati said he has found that having other students aid in the outreach can have a greater impact and lead to greater learning opportunities.

"Other colleges have been trying it out. Students in the program are expected each year to take part in the event."

The students in the fire inspection and fire safety education program are tasked with creating the most effective outreach program they can and have been studying the effectiveness of other campaigns. Part of this will be done with the London Fire Department which will have a booth set up in the Fanshawe Student Union

Building (SUB).

Students looking to find out more can contact the Emergency Management Office at 519-452-4400 to get a better idea of what kinds of things they should be looking for.

Donati said he looks forward to meeting with students at the booths.



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FANSHAWE

Opinion: A banner year for sexism

Hope Mahood
THE GAZETTE

LONDON (CUP) — “If your girl goes to Western she’s not your girl anymore.”

Slogans like this adorned Broughdale Avenue last Saturday as thousands of students flocked there for the infamous Fake Homecoming street party.

But amid the drunken revelry and police surveillance, signs saying things like “our roommate is a virgin pls help” reveal a darker reality of party culture at Western.

One in four women will experience some form of sexual assault in their life-time and it is estimated that between 15 and 25 per cent of North American women will experience some form of sexual assault during their academic career. And Broughdale’s slogans are a stark reminder of how far we have to go.

Broughdale’s signs normalize sexism and rape culture at Western University.

And yes, people will say these signs are not serious and “just a joke,” but intention doesn’t change the result. Sexist slogans hung up during a crowded street party perpetuate ideas that make campus a more dangerous place.

These signs promote sexism and sexual assault as cornerstones of party culture. And they’ve been an ongoing problem. Last year saw slogans equally as problematic like the “19 to have a drink, 18 to get your bean flicked,” which hung from Broughdale porches following a province-wide party trend.

Granted, these banners aren’t creating the problem — no one is deciding to become a rapist because a sign hung outside a frat house told them that “Queens girls spit, Western girls swallow.” But these signs are belittling and poking fun at a very serious problem, which makes them dangerous.

Now, I don’t think the people walking past these signs on Fake Homecoming actually care about sexist undertones of these slogans splattered on bedsheets. And it’s this carelessness that’s contributing to the problem — these sentiments are being normalized by parties.

This problem isn’t unique to Fake Homecoming. Sexism and derogatory language exist throughout university party culture, not just at Western. It just so happens that Western’s Fake Homecoming, like it does with all things, brings this aspect of party culture to the extreme — thrusting it into the spotlight.

When it comes to Fake Homecoming I



CREDIT: ANGELA MCINNES

(Original photo to this article has been replaced for censorship purposes by Interrobang editorial staff.) A banner hangs outside a house during the 2019 fake homecoming (FOCO) events around Western University.

honestly couldn’t care less whether my peers choose to “party smart.” I can pop-in my earbuds to block out the roar of Purple Fest and avoid Broughdale for a day — and if some drunk idiot is peer pressured into jumping off a roof, it’s really not my problem.

But having a university culture where de-

meaning women is normalized is my problem. Frankly, as a woman, having these attitudes ingrained in party culture is terrifying — because it puts my experience in jeopardy.

So go ahead, have your Fake Homecoming banner, but you don’t have to be sexist to “party hard.”

Ask a Prof: Answering your student-life questions

Jim Benedek
INTERROBANG

Are you the type of person who has the courage to ask a question when you have one — or would you rather clean a dirty wash-room instead of speaking up? How do you feel about asking for advice or even figuring out who to ask? If your stomach is reacting to these questions as it would to last week’s chili, I’m so pleased that you stopped by.

Ask a Prof is a new monthly column for Interrobang readers who have questions and would prefer to ask them in a safe space with zero consequences. I expect that many of your questions will be college-y in nature, but they don’t have to be. Feel free to ask anything! If a question is taking up space in your brain, you know that it’s likely on other readers’ minds as well.

The Prof you’ll be asking is me - my name is Jim and I’m in my fifth year of teaching in the School of Information Technology’s office administration program. I can freely admit that I don’t have the answers to all of your questions, but my commitment to you is that when I don’t know the answer, I’ll seek out the people who do.

To get us started, here are a few of the questions students have already asked me this semester. To have your questions answered, please fill out the form at theinterrobang.ca/ask-prof.

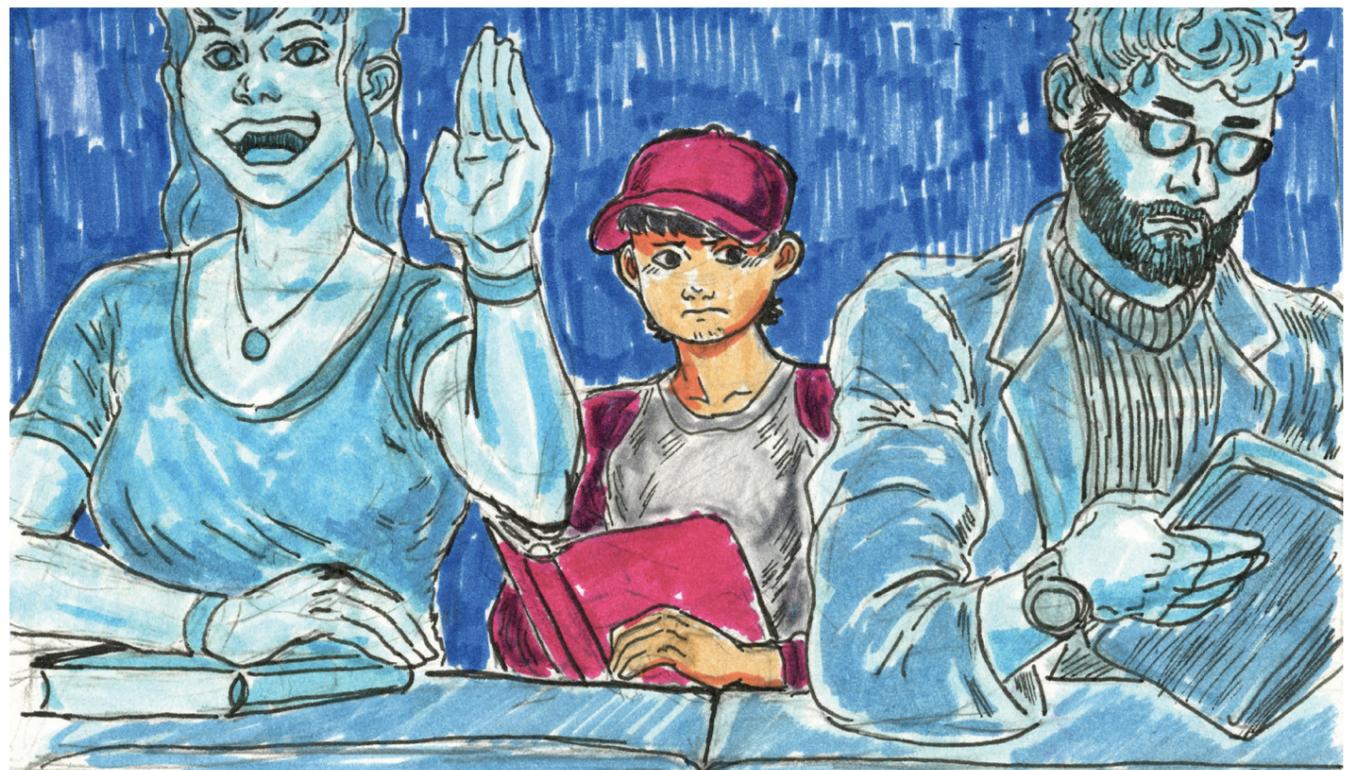
Hey Prof,

I’m a quiet person and I prefer to sit in the back of the class. Other students sit at the front of the class and answer lots of questions. Will I get a lower mark if I don’t participate?

Signed: Silence is Golden

Dear SiG,

You have a valid concern and my advice is to communicate with your Prof. Let her/him know why you choose to sit in the back and that it’s absolutely not an indication of how engaged you are. Discuss other ways that you can demonstrate your commitment to the course. Keep in mind that there may come a time when you’d like your Prof to write you a reference letter. I’ve declined requests for a reference for students who I didn’t know very well, even if they excelled in my class. So, if answering questions or volunteering to



CREDIT: DYLAN CHARETTE

Advice: Let your Prof know why you prefer to sit in the back of the class so they can get to know you better.

go to the front of the class aren’t your thing, chat with your Prof and find some other ways to show her/him just how awesome you are.

Hey Prof,

I had an accommodation in high school but I want to try to manage without one in college. Any advice?

Signed: New Way for a New Day

Dear NWND,

This tough decision calls for a ‘help me/hurt me’ approach.

Can establishing an accommodation hurt you? If you’re concerned that someone will learn about accommodation, well, only your counsellor needs to know any specifics and what you share with them is confidential. You can rest assured that your diploma/degree/certificate won’t divulge that you had an accommodation - nor will any of the grades on your transcript have an asterisk next to them. Only you, your counsellor and your

Prof’s will be aware of your accommodation and you can even choose which Prof’s are made aware. Since it’s up to you when and where you use the accommodation, you may go through your entire College career without ever asking a Prof to accommodate you. So, no real downside there.

Can establishing an accommodation help you? What happens if during midterms, you realize that it would’ve been helpful to already have an accommodation in place? At that time, many students are coming to the same conclusion, so it’ll be tough to get a quick counselling appointment. As stress levels rise, the situation may start taking a toll on your physical and/or mental health. So yes, having an accommodation in place can definitely help you.

My advice? Visit Counselling and Accessibility Services to discuss the process with the experts.

Hey Prof,

Is eating pizza bad for me?

Signed: Pepperoni Pete

Dear PP,

Even though I teach in the School of IT, I’m not a big fan of binary choices — good/bad, chocolate/vanilla, coffee/tea — they’re way too limiting. When it comes to food, I prefer to think in terms of effect. Ask yourself what effect eating pizza has on you. Will it hurt your stomach or keep you up at night? Will it leave you dying of thirst for 3 days, or so comatose that you can’t open a textbook? Even if you answered yes to some of these questions, don’t despair. You can still eat pizza, but you definitely have to stop complaining about how it makes you feel, ‘cuz you knew it would. Maybe next time you’ll just choose a better time to eat it — like at breakfast, for example!



HAVE AN OPINION? SUBMIT YOUR STORY!
Letters to the Editor: fsuleters@fanshawec.ca



THE HALLOWEEN HAUNT

DANGER FROM THE DEAD

SOMETHING SEEMS TO BE GOING AWRY IN THE VILLAGE OF FANSHAWE. NONE OF THE VILLAGERS CAN EXPLAIN IT – NOT EVEN THE DOCTOR.

2019 DATES & TIMES:

FRIDAY, OCTOBER 18 7:18 9:10 PM	FRIDAY, OCTOBER 25 7:18 9:10 PM
SATURDAY, OCTOBER 19 7:18 9:10 PM	SATURDAY, OCTOBER 26 7:18 9:10 PM
SUNDAY, OCTOBER 20 7:18 9 PM	SUNDAY, OCTOBER 27 7:18 9 PM
THURSDAY, OCTOBER 24	WEDNESDAY, OCTOBER 30

\$14 per person
Recommended for those 14+ years of age.

Tickets available in advance online at fanshawe pioneervillage.ca/events/halloween-haunt-danger-dead




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3 London locations
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371 Wellington Road
666 Wonderland Road North
StagShop.com

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fsu.ca/mental-health




FANSHAWE

WHAT'S YOUR PLAN?

Explore pathways to finishing a degree or other credential, and speak to university partners from out of province and around the world.

Join us for Pathways Fair!

Wednesday, October 9

10 a.m. to 2 p.m. – F Hallway, London Campus
3 p.m. to 5 p.m. – 2nd Floor, 130 Dundas St., London Downtown Campus

Door prizes for attendance, plus you may be eligible for our new **Pathways Scholarship** worth up to **\$2,000!**

fanshawec.ca/pathwaysfair

Delta Stone and the Wardogs opening for April Wine



CREDIT: PROVIDED BY RYAN MCNEVIN

(Left to right): Ryan McNevin (keyboardist), Nick Houle (guitarist/vocalist), Ian Hebert (lead guitarist/lead singer), Warren Stinson (drummer), and Mark Irmeler (bassist) of Delta Stone and the Wardogs, who will be opening for April Wine on Oct. 11 at the London Music Hall.

Emily Stewart INTERROBANG

A local band with connections to Fanshawe College will be opening for an iconic Canadian Rock band.

Delta Stone and the Wardogs is set to open for April Wine on Oct. 11 at the London Music Hall. Both keyboardist Ryan McNevin and lead singer/guitarist Ian Hebert are graduates of Fanshawe's music industry arts (MIA) program. Interrobang interviewed both members of the band via email.

McNevin grew up listening to April Wine because his parents loved the band, and he got to see them in concert a few times.

"To open for a legendary rock act (a Canadian one in fact) is some-

thing a lot of up-and-coming bands look forward to doing somewhere along in their career," McNevin said. "We are truly honoured to be given this opportunity."

For Hebert, it will be his first time seeing April Wine in concert.

"The closest I've got to seeing them live is playing their songs myself in the clubs for years," he said. "So this is a great treat to share the stage with them as my first April Wine experience."

Delta Stone and the Wardogs have played at local events like the Forest City London Music Awards, International Food Fest, and Western Fair's I Love Local Stage this year. McNevin said that 2019 has been a great year for the band so far.

"We work hard, we put in three rehearsals a week, and treat it like

a business," he said. "London has great energy and it's always nice to put on a great show for a hometown audience."

Hebert said that the band's got a loyal local fan base.

"It's a hard feeling to describe when I see them walk in with a Delta shirt on," he said. "They're always excited to see us on new stages which is really cool, and the band feeds off that as well."

Both McNevin and Hebert found that Fanshawe's MIA program shaped them as musicians. Hebert said the program taught him how much he wanted to be in the business.

"I've progressed immensely as a player and writer since then by focusing on a musician's craft," he said.

McNevin, who graduated from the program in 2007, said that MIA focused on the business and production aspects of the music industry when he was a student. He said the program taught him professionalism, expanding his knowledge of musical genres, and networking. He still keeps in touch with faculty, students, and alumni.

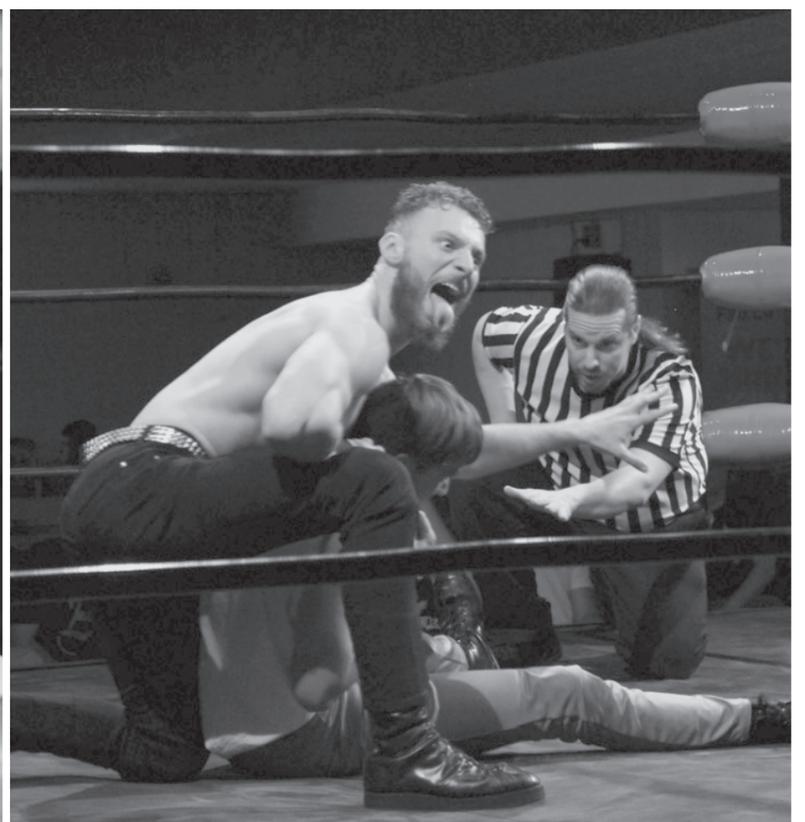
"My time in MIA felt like a brother/sisterhood. We were all there to learn because of our passions for music. Long-lasting friendships were formed and I am so proud of all my friends that went through this program and are out there doing what they do best," McNevin said, adding that fellow alumni went on to become performers, managers, producers, engineers, and more.

Doors for the Oct. 11 April Wine

concert open at 7 p.m. and the show starts at 8 p.m. Tickets are \$39.50 with additional fees and can either be bought at the London Music Hall box office on 185 Queens Ave or londonmusichall.com. The event is 19+. Backpacks are prohibited.

After opening for April Wine, McNevin and Hebert said Delta Stone and the Wardogs will perform in Brantford, Sarnia, and Toronto for a few more shows before 2019 ends. Then, the band will concentrate on their plans for 2020. The band is expected to go on tour in the early spring and hold a single and music video release party at the Eastside Bar & Grill on March 28, 2020.

Check out Delta Stone and the Wardogs on Facebook, Instagram, Spotify, and YouTube.



CREDIT: CHRISTINE STAFFORD

Wrestlers Tyson Dux, Rodney Matthews (left photo), The Muscle and Michael Greyson (right photo) smacked down at the Smash Wrestling event, Welcome to the Proving Grounds, in Forwell Hall on Sept. 20.

Meet indie rock band, Allodays

Haydn Rooth
INTERROBANG

The Canadian Music and Broadcast Industry Awards (CMBIA) have recently named Fanshawe College Canada's Top Music School, which is the third time the school has received this honour in a row, this year tying with the Metalworks Institute. Fanshawe's music industry arts (MIA) program has a large reputation in the industry and continuously produces incredible talent.

Interrobang spoke with some MIA talent who are now pursuing audio post-production at Fanshawe. This group of students first met through the MIA program, and were guided by its teaching staff in order to prosper as the alternative rock band, Allodays.

Allodays is a group comprised of a multitude of musical backgrounds. The lead singer, Maddie Holden, is strongly influenced by R&B singing, a powerful and beautiful way to express your vocal range onto the track.

That powerful R&B vocal is backed up by the bassist, Eric Loree, who said he is strongly influenced by indie music and Paul McCartney's bass lines.

Indie music is often a great catalyst for musical inspiration and Allodays is an example of that tradition. Learning from previous, non-corporate bands gives other indie bands the chance they deserve in the music industry. Although remembered predominantly for song writing and singing as part of The Beatles, McCartney's bass lines were pioneering and influential across the industry. They continue to be influential today as Loree demonstrates.

Guitarist Chris Ma and drummer Jonah Gillespie bring an element of punk influence to Allodays. This is an important genre for London as many of the city's local acts are punk. The punk scene in London is large and well-known as many other punk bands from across Ontario travel to play here. Punk drummers are chaotic and always make for a



CREDIT: PROVIDED BY ALLODAYS

(Left to right): Jonah Gillespie, Eric Loree, Maddie Holden, Chris Ma, and Alex Leduc of Allodays.

fun show.

The second guitarist, Alex Leduc, said he is influenced by metal as well as anything progressive. A good mix of punk, metal and progressive rock makes for an interesting mix of riffs.

"We had so much help from all of the professors at MIA, whether it was through hands-on mentoring or lecturing, they all played a part in how we handle our band", the band said via Facebook messenger.

When asked about the program's prestigious CMBIA hat trick, Allodays had the following to say:

"It was an honour to be a part of such a prestigious program that has been recognized as the number one music school in Canada."

Having graduated from the MIA program, Allodays continues the band's efforts. The band has been performing across the city and are even branching out of London into different areas of Ontario.

"We've played quite a few shows in London by now. Our favourite venues outside of London are The Horseshoe Tavern in Toronto, we also enjoyed playing in The Green Bean Café in Windsor, and The Dickens in Burlington," Allodays said when asked about live shows. "Our favourite venues [in London] are Call the Office and Rum Run-

ners."

Allodays has proven that after graduation, a lot can be accomplished in a short period of time. The band just released their first single, "Floating on Air", is now available on all streaming platforms. They also have an upcoming show on Oct. 20 at The Rec Room in CF Masonville Place.

Comprised of an eclectic array of musical backgrounds and influences, Allodays makes for an impressive alternative rock experience. The band may have had humble beginnings, but they are united in working toward a successful future as professional musicians.

"We met in the lab group we were assigned to and hit it off quite well. Our goal is to make the music we love making and to make a living off of it would be nice," the band said.

Aside from a sustainable future, the band has other goals in sight.

"Our goal is to have been on a tour, have an album out, and have a fan base that we can keep growing. Our highest hopes are to be playing stadium shows and have a large fan base."

With shows coming up across the Southwestern region, Allodays is revving up for a great year in the industry.



CREDIT: CHRISTINE STAFFORD

Fanshawe students pose with Brooke Lynne Hytes (from season 11 of Ru Paul's Drag Race) on Sept. 24 during the Drag Show with Brooke Lynne Hytes, presented by the Fanshawe Student Union (FSU) and ProjectBe Productions.



HEALTH & FITNESS

Karen Nixon-Carroll

Healthy fall recipes

Pumpkin spice and all things nice; autumn is a great time to get cooking warm comfort foods and maybe try something new!

One of my fall favourites is to go apple picking and make some homemade apple sauce. I use the sauce in my porridge, mixed with plain Greek yogurt, in various recipes in place of oil, as a meat/meat substitute marinade and just to eat on its own, warm or cold. I can freeze portions to use throughout the winter if I make big batches, or give jars to friends and family as a Thanksgiving gift.

Here is my apple sauce recipe:

What you will need: A crockpot or large pot/stove, cutting board, apple slicer or sharp knife, compost bag or container, large bowl, spatula, food processor, jars or containers with click-lock lids.

Ingredients: Minimum 10 apples for about 4 cups of sauce (best to stick with one type; Cortland is nice for sauce). Optional: cinnamon 1 tsp per 10 apples, cane or coconut sugar 1 to 2 tsp per 10 apples.

Step 1: Wash the apples. I don't peel mine. Leaving the skins on adds to the nutritional and fibre content. It gives the sauce a golden brown colour. If you prefer it to be a blonde colour like store bought sauce, you will want to peel the apples.

Step 2: Plug in the crock pot and turn to low. If using a pot on the stove, put the pot on low after all the apples are sliced.

Step 3: Core the apples and slice them into wedges. Put the cores (skins if you have them) in a compostable bag or in a container (bag goes in a big compost bin or empty the container into your garden and stir it up in the dirt). Use an apple slicer so it cores and slices to wedges in one push; it saves time versus peeling and chopping with a knife.

Step 4: Put apple wedges in the food processor (2 to 3 apples worth at a time) and blend. If you like a lumpy sauce, then just pulse the blender until desired, otherwise you may need to blend, open it up and push down a few times with spatula before it blends and mixes well.

Step 5: Keep emptying the blended apples into the pot and stir often as you keep adding more batches. If you fill the pot it will cook down to about half. Once all the apple are in, stir every 5 to 10 minutes for about an hour (while you study!). You can stir in cinnamon at this point if you like. Then cover and let it cook for a couple hours or until desired sauce consistency (give it a stir every hour or so).

You can taste-test at the end and only add sugar if you find it to be sour or bitter.

Step 6: Serve warm or let it cook in the fridge and then divide it up into jars or containers for later use.

Something else I love in the fall is pumpkin loaf! Did you know you can make one that is flourless, high protein, keto-friendly and highly nutritious?

Here is my pumpkin loaf recipe:

What you will need: 12x4 or 9x5 inch loaf pan, 1 mixing bowl (or a blender), a whisk and or beaters, spatula, liquid measuring cup and dry measuring cups, fork, sharp knife, measuring spoons, cutting board and colander.

Ingredients: 1 cup creamy almond or sunflower butter, 1 cup pumpkin puree (canned or see step 1), 1/2 cup cane sugar/coconut sugar/mashed ripe bananas, 1/2 cup of unflavoured protein powder, 2 to 3 large eggs, 1 tsp baking powder, 1/2 tsp ground cinnamon, 1/2 tsp ground nutmeg, 1/8 tsp ground ginger, 1/8 tsp ground cloves.

Step 1: You can use pumpkin or any kind of squash. Beware that some squash is more dense/dry (buttercup) and some are more liquid (pumpkin and acorn). The more liquid, the moister the bread. If you like more of a muffin/bread texture, try buttercup (not butternut) squash. If you buy it canned, make sure there is no sugar or additives — just squash only.

Take it out of the can and dump it into a colander and let it drain for at least 10 minutes. If you decide to use a pumpkin or squash, use a large sharp knife to cut it in half from the top to bottom. Remove the seeds to the compost or you can salt them and roast them at 350 degrees F for 5 to 8 minutes for a nice nutty snack.

Put the pumpkin flesh down on a pan and roast for 40 to 50 minutes at 350 degrees F. Let it cool and then scoop out the flesh into the colander and let it drain for about 10 minutes. Keep the oven at 350 degrees F.

Step 2: You can add all the ingredients to a blender and blend until smooth or go to step 3.

Step 3: Whisk or beat eggs for one minute, then add pumpkin puree, sugar/banana, baking powder and spices. Mix until smooth.

Step 4: Slowly add almond butter and protein powder as you mix with beaters on low or us a large fork to mix until smooth.

Step 5: Pour batter into prepared loaf pan. Bake about 40 to 45 minutes, until done. A toothpick inserted should come out clean and if you gently apply pressure to the surface of the bread, it should slowly bounce back rather than stay sunken in. Bread will sink down slightly while cooling. Let bread cool completely before slicing and serving.

Email me anytime karen.carroll@fanshawec.ca for help with making your favourite recipes healthier. I have a great ingredients swap handout you are welcome to have.

Karen Nixon-Carroll is the Program Manager at the Student Wellness Centre.

Five employability skills you need to be successful

Lubna Shaikh
INTERROBANG

You may think your education and qualifications may get you the job you want but, to be really successful in your role, you will need skills are likely to develop over a period of time. Lucky for you, you have the opportunity to work on these skills while you're at Fanshawe College working on real life projects. Some skills will be specific to the job that you're looking for, but the vast majority will be so-called 'soft skills' that can be used in any job or employment sectors.

Looking towards the job market of the future, soft skills and appropriate attitudes are likely to remain in demand. The most important employability skills revolve around interpersonal and communication skills, reliability, problem solving skills and leadership.

Let's look at some of the soft skills you need and how can you work on developing them:

1. Working well with others. Also known as interpersonal skills, the ability to work in a team is necessary to be successful in any workplace given that you may interact with people from different parts of the world. You can work on this by taking part in group projects and assignments with different people from your class other than your friends. Trust me when I say that you can learn a lot from one another.

2. Communication skills. This involves verbal communication like face-to-face interactions, non-verbal communication like emails or even body language, as well as listening. You can improve on this skill by participating in classroom



CREDIT: DESIGNER491

Developing the right skills can help you land your first post-grad job.

discussions, by focusing on articulation and speaking loud and clear during presentations.

3. Problem-solving skills. You have to be quick on your feet but at the same time be reasonable. Taking on responsibility or stepping up during a crisis will make you the person your team turns to. Good problem-solving skills will make you a leader in no time. If you're having trouble during group assignments, step up and take the lead and

make the decision to change the situation around.

4. Teamwork makes the dream work. No job ever is a one-man show. You have to learn to work together in a team to achieve organizations goals. Knowing how to organize and run a team is one of the most important soft skills to have. When you're working on a team project in college, get to know your team members, identify their strengths and skills and distribute

the work as per that to get the project done in time.

5. Leadership skills. A leader is someone who has a futuristic vision and knows how to turn ideas into success stories. Now, leadership skills may encompass all of the above skills just discussed but another component to being a leader is being respected and trusted to carry on the job. In college, you can participate in multiple events, join groups or actively take on a

role that can help you work on your leadership qualities.

Good management, communication, leadership, teamwork and other employability skills will help you stay focused, keep a positive attitude and get along well with other students and instructors. After you've finished school, you'll take these skills with you into workplaces, where they'll increase your effectiveness and help you succeed.

Fanshawe Pioneer Village's Halloween Haunt promises to frighten

Amy Scott
INTERROBANG

Fanshawe Pioneer Village is hosting its scariest "Halloween Haunt", running from Oct. 18 to Oct. 30.

The event, officially called The Halloween Haunt: Danger from the Dead, described as part theatrical performance, part ghost walk and part haunted house, was written by playwright Adam Corrigan-Holowitz, who also cast the performance.

Visitors will be led around Fanshawe Pioneer Village after dark by a "ghost guide" and have the opportunity to watch the various scenes of the performance. All of the locations which scenes are performed are inside, ensuring that the event can run rain or shine.

Fanshawe Pioneer Village is an outdoor museum telling the story of rural communities in the former townships of Westminster, London, North Dorchester, Delaware, West Nissouri and Lobo in Middlesex County from 1820 to 1920. The

replica village also portrays the founding and development of the City of London up to 1840.

This year, the Halloween Haunt centres around the Spanish Flu pandemic of the early 19th century, which affected 500 million people around the world.

Alison Deplonty, the public programming coordinator at Fanshawe Pioneer Village, says that while in the past they have focused many of their Halloween events on historical events or classic Halloween stories, this year's content is not historical, but instead has fictional elements to ensure fear amongst visitors.

"The idea we branched off of was the Spanish Flu, the major influenza outbreak, and how it was affected the community, but then we have taken it in a little bit of a different direction to fit with Halloween sensibilities," said Deplonty.

In past years, Fanshawe Pioneer Village has run Halloween-themed events, such as haunted hay rides, but Deplonty claims that this will be their spookiest Halloween event yet.

"This year we are trying to make the Halloween show a little bit scarier," said Deplonty. "Based on our feedback from the last few years, guests have found it more unsettling than scary. We listened to the feedback and we are trying this year to make it scarier."

The show is recommended for individuals 14+.

The performance features actors Andrea Avila, Casey Cornell, Demis Odanga, Marina Sheppard, Charlotte Weeks, Bronwyn Wilson, and James Wybrow, and is co-directed by Corrigan-Holowitz and Victoria Nicholls, who is also the stage manager.

The performances run at 7 p.m., 8 p.m., and 9 p.m., with 10 p.m. performances on Fridays and Saturdays, as well as Oct. 27 and Oct. 30. Tickets are \$14 each.

Typically a sold-out event, Deplonty recommends ordering tickets ahead of time, which can be done using Eventbrite. Larger groups who are interested in attending can contact Alison Deplonty at 519 457-1296 ext. 811.



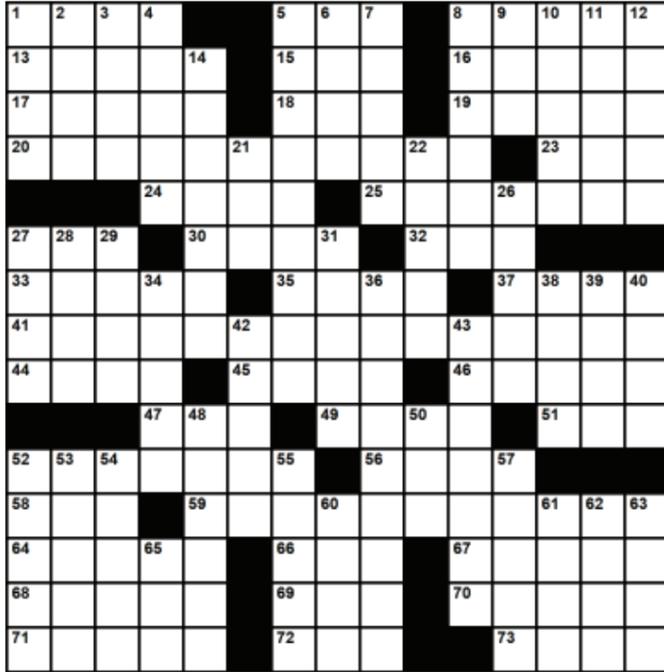
CREDIT: FANSHAWE PIONEER VILLAGE

Fanshawe Pioneer Village hopes that Danger from the Dead will be their scariest event yet.

CROSSWORD

ACROSS

- 1. Shoe brand with a rhinoceros logo
- 5. Big wine holder
- 8. Witty saying
- 13. Medicinal plant
- 15. Equal (Prefix)
- 16. Bookstore section
- 17. Astringent
- 18. Wine (Prefix)
- 19. Violin label
- 20. Parting words
- 23. Primate
- 24. "Enchanted" girl in a 2004 film
- 25. Tapering monument
- 27. Computer language named for Lord Byron's daughter
- 30. "Wishing won't make ____"
- 32. Carbohydrate ending
- 33. 18-wheelers
- 35. Algerian seaport
- 37. Pusher's nemesis
- 41. Behavioral science magazine
- 44. Answer to a señor
- 45. Composer's creation
- 46. Figure skater Mao
- 47. ____ power
- 49. One may be left in a copier (Abbr.: Abbr.)
- 51. AOL alternative
- 52. Paleozoic supercontinent
- 56. To be, to Caesar
- 58. Bauxite, e.g.
- 59. Eggplant salad
- 64. Take responsibility for
- 66. "Not ____ bet!"
- 67. Deaf "Sesame Street" character
- 68. Biblical witch's home
- 69. Police investigator (Abbr.)
- 70. Words with "the run" or "the go"



- 71. "Get Yer ____ Out!" (1970 live Rolling Stones album)
- 72. Farm female
- 73. Ice cream holder
- 27. Deadly snakes
- 28. "I Love Lucy" name
- 29. Grammy winners Winehouse and Grant
- 31. "Stein Song" home
- 34. Cake topper
- 36. Sum of all parts
- 38. Sandler of "Big Daddy"
- 39. Physics units
- 40. Blue hue
- 42. Milo of "The Verdict"
- 43. Flea market event
- 48. Small drums
- 50. Like (Suffix)
- 52. Actress Parker ____
- 53. "Gladiator" setting
- 54. Destitute
- 55. Domicile
- 57. Early computer
- 60. Again
- 61. "I'm ____ you!"
- 62. Japanese soup noodle
- 63. Mrs. George Jetson
- 65. Ode title words

DOWN

- 1. Those women, in Bolivia
- 2. Grammy winner Winans
- 3. Elbow counterpart
- 4. Ham's place, perhaps
- 5. Feature of Berlioz's symphony "Harold en Italie"
- 6. On a cruise
- 7. Jay Silverheels role
- 8. Wall St. units
- 9. Holy city of Iran
- 10. One of the five major taste sensations
- 11. Bits
- 12. Critical point
- 14. Annul
- 21. Final (Abbr.)
- 22. Black
- 26. Loosely woven fabrics

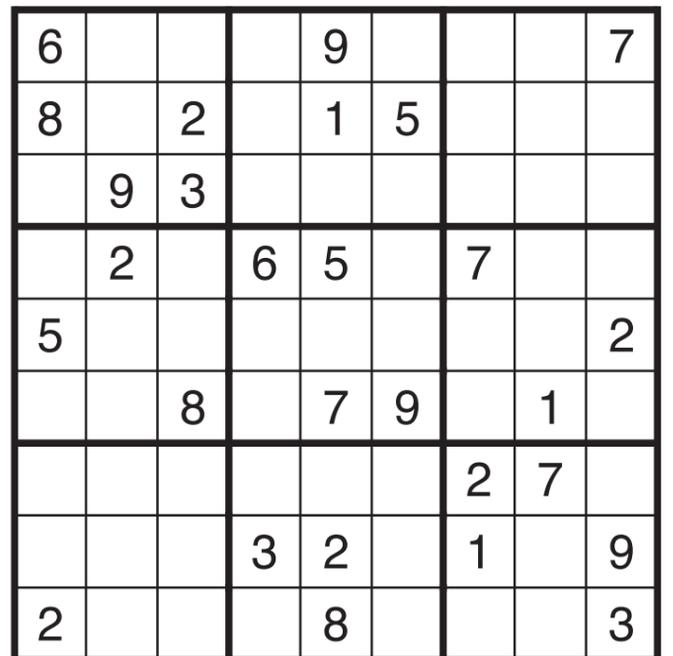
WORD SEARCH



CANADIAN FEDERAL PARTY LEADERS

Ranney	Patron	Blondin	Longley
Blanchet	Dua	Rowley	Darby
Bernier	Trudeau	Di Carlo	Garvey
May	Joy	Hueglin	White
Corriveau	Moen	Singh	Scheer

SUDOKU



Puzzle rating: Hard

Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box.

CRYPTOGRAM

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
24							19																		

- 4 13 14 26 9 20 24 26 9 8 14 17 9 14 1 16
- 19 14 18 16 12 17 21 4 20 24 6 9 8 14 7 9 14
- 18 24 26 4 5 4 20 24 6 9 8 14 7 9 14 24 5 9
- 24 3 4 12 9 19 16 19 14 17 3 16 4 3 14 26
- 12 4 11 16 1 16 5 24 7 3 16 4 9 4 3

PUZZLE SOLUTIONS



"I don't want you to be hopeful. I want you to panic. I want you to act as if the house is on fire, because it is."

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NEW ISSUE ON STANDS

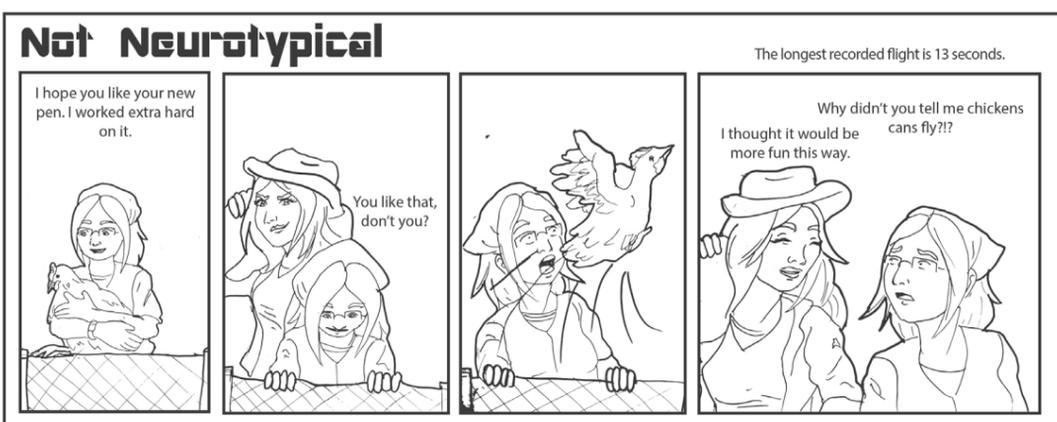
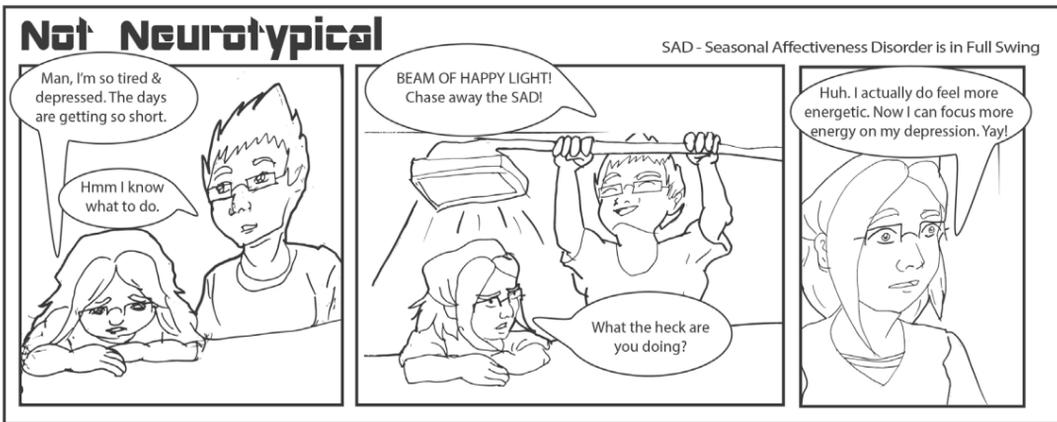
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Aries

Make your relationships a priority this week. Understanding what makes the people around you tick will help you motivate others to help you excel. Be prepared to bring about the necessary changes to enforce what you want to happen. Expand your interests, plans and knowledge. Someone will lead you astray if you don't verify facts. Go directly to the source before you make a move. Emotional situations will surface.

Taurus

Be careful what you wish for. It's best to take your time when making a decision when instability is in the air. Your emotions will alert you if someone is experiencing a change of heart. Don't hesitate to ask questions to find out where you stand. Someone will try to part you from your cash if you brag about what you've got or you are careless with the way you handle money.

Gemini

Decipher what's being revealed and how best to use the information you receive. Consider the source and verify anything you find questionable. A change someone makes will take you by surprise. Don't react too quickly or you will have to backtrack. Spend more time on personal improvements, not rumours or gossip. An opportunity will tempt you, but before you decide to participate, consider who is involved and what will be expected of you.

Cancer

Stay active. The less you use words and the more you do to physically accomplish your goals, the easier it will be to avoid conflicts. A creative outlet will raise your level of awareness and encourage you to incorporate what you establish into your goals. Don't be fooled by someone using manipulative tactics to get you to share your personal information or the fruits of your labour. Personal growth should be your priority.

Leo

Express your thoughts and feelings to loved ones. Talk to a friend, relative or your lover about what you want to pursue. Make a physical change that will boost your morale. Romance is encouraged. Don't let criticism or what someone else does discourage you. Choose to do your own thing and to allow others the same privilege. Explore new avenues, but don't jump into something too quickly.

Virgo

Don't look back. Forward motion will get you where you want to go. Give your all. A personal change will encourage you to get involved in something new and exciting. Get together with someone you haven't seen in a long time. Catching up will be informative and give insight into something or someone you would like to incorporate back into your life.

Libra

If change is required make it happen. Talking about what you want to do and not following through will lead to someone taking over and reaping the rewards. Let experience guide you when dealing with matters that surface due to a conflict between your personal life or outside friendships and family ties. An opening will be made available, but before you get involved, find out how much time or money it will require to take part.

Scorpio

Remain silent, listen attentively and offer little about what you are up to this week. The less you divulge about yourself, the better. Get together with old friends and you will discover something that has to do with your health or financial issues that has been bothering you. Look for a different approach if something isn't working. Lower your overhead, incorporate moderation and rely on common sense to help alleviate taking on too much too fast.

Sagittarius

Your spark will draw a lot of attention. Take any opportunity you get to persuade others to support what you want to pursue. Personal improvements can be made, and love and romance are on the rise. Call on someone you have worked with, and gather pertinent information that can be used to get ahead. An introduction to someone who can further your interests looks promising.

Capricorn

Someone will lead you astray if you are too trusting. Don't ignore the signs if someone uses the power of persuasion on you. A change at home can benefit you if you are prepared to put in the time and do the work. Don't rely on others to pitch in and help. Someone will try to have fun at your expense. Don't feel the need to pay for someone else, or to try and buy love or acceptance from a mooch. Honesty is the best policy.

Aquarius

You are best to just coast along this week. Be hospitable and listen to what others have to offer. Your interest will make others feel comfortable sharing private information. An emotional situation will unfold due to someone's indiscretion. It's best not to gossip or take part in drama. An opportunity that arises looks promising, but before you agree to anything, ask direct questions and find out exactly what's expected.

Pisces

Be careful who you trust and how you handle sensitive issues. A personal relationship will suffer if you or the other person is too demanding. Consider doing things differently. Temptation shouldn't be allowed to sprout, even if you are feeling optimistic. Overdoing and overspending will lead to regret. You'll have to be innovative if you want to outsmart someone who is trying to take over.

Falcons sweep competition at the diamond

Angela McInnes
INTERROBANG

The Falcons' men's baseball and women's softball teams respectively knocked it out of the park on the weekend of Sept. 28 and 29.

On the Saturday of that weekend, the women's softball team defeated the Mohawk Mountaineers 13-3 and 11-3 during a doubleheader.

According to a Fanshawe Athletics media release, the Falcons defeated the Mountaineers in five innings, with bachelor of interior design student Morgan Lowry moving to 2-2 with the win on the mound. Ali Bergman (business - insurance) and Nichole Erb (bachelor of early childhood education) held their own at the plate, going three for four with three runs batted in (RBIs) each. Rookie Kalyn Hopkins (general arts and science), recorded three RBIs of her own, going two for three at the plate with two runs.

The second game win saw Erb (2-4) pitch a complete game and set a new Fanshawe Softball record for most strikeouts in a single game with 12. This beats out the previous record of 10, set by both Alanna Gilmour in 2015 and Erb in the last season. At the plate, Kennedy Roth (environmental tech) and Katie Berg (child and youth care) both had three hits in four at-bats for the Falcons. Berg added three runs, one RBI and one stolen base, while Roth added two runs, two stolen bases and one RBI.

The next afternoon, the softball team moved up to 10-8 on the season with two wins over Seneca, defeating the Sting 7-1 and 9-1 at Alumni Field.

In game one, winning pitcher Bergman recorded five strikeouts over the losing Seneca pitcher (0-12). Erb moved 2-4 on the season in the second game win. Samantha Fuller (early childhood education) had five hits in seven at-bats, with four runs and two stolen bases. Berg and Paige Askew (electrical engineering) both had three hits for the Falcons in the doubleheader. Berg added three runs, two RBIs and one stolen base, while Askew recorded a single run, RBI and stolen base.

"We have a great group of players this year, but a lot of freshman," head coach Catherine Arthur told Interrobang via email. "Team bonding has been a big focus for us as our season is so short. The culmination of getting the games to date under our belt and learning to play with each other is starting to make the difference."

This article was written prior to the softball team's Oct. 1 showdown against the St. Clair Saints (14-6).

That same weekend, the men's baseball team hosted the Seneca Sting in three games. The Falcons defeated the Sting 12-4 Friday evening at Labatt Park and won on Saturday afternoon by scores of 10-6 and 5-2.

In Friday's game, the teams were tied 3-3 until the top of the seventh, when Fanshawe scored nine runs



Paige Askew (top) of the Falcons' women's softball team, and Kale Bilger (bottom) of the men's baseball team.

on two hits and eight walks to the 12-4 victory. Braden Halford (business - finance) had three for four RBIs with one run for the Falcons. Adam Boyle (protection, security and investigation), 1-0, was the winning pitcher.

On Saturday afternoon, the Falcons found their offensive groove early in the first game of the doubleheader, going up 9-2 after the third inning. Josh Hare (civil engineering technology) went three for three at the plate, with a pair of RBIs and runs. Rookie Judd Walker (business - marketing) had two RBIs and one run.

Macguire Gordon (fitness and health promotion) went three for four at the plate with three runs, two stolen bases and one RBI, while Noah Campagnolo (aviation) notched the win at the mound.

In the second game, Seneca and Fanshawe were tied 2-2 after the seventh, forcing extra innings. The Falcons scored three runs in the top of the eighth inning and held off the Sting for the 5-2 extra inning victory. The Falcons had a season-high five stolen bases in the game. On the mound, Boyle moved to 2-0 on the season.

On Sunday at Norm Aldridge

Field the Falcons seized their fourth straight win, 5-1 against the George Brown Huskies (2-7).

The Huskies scored one in the second inning to take an early lead, while the Falcons struggled at the plate in the opening five innings. However, third-year pitcher Kale Bilger (fire inspection and safety) kept Fanshawe in the game with seven strikeouts.

In the bottom of the sixth frame, Fanshawe scored five runs to take a 5-1 lead. The Falcons would hold off the Huskies in the seventh inning to complete an undefeated weekend in London with their fourth straight win. Bilger recorded the win for Fanshawe, and Bradley Verhoeven (computer systems technology) was two for three at the plate, with one RBI, one run and one stolen base.

"The success is a result of our young team buying into what we have been teaching them and stressing to them the last three weeks," said head coach Brian Harvey. "It's now starting to click. They are trusting what we have been teaching them at the next level baseball program we run at Fanshawe."

This article was written prior to the baseball team's Oct. 2 game against the Lambton Lions (0-7).

WEEKLY STANDINGS



Women's Softball

OCAA West Division Standings

Team	GP	W	L	PTS
St. Clair	20	14	6	28
Humber	14	12	2	24
Durham	16	11	5	22
Fanshawe	18	10	8	20
Conestoga	16	8	8	16
Mohawk	18	5	13	10
Seneca	18	0	18	0

Men's Baseball

OCAA West Division Standings

Team	GP	W	L	PTS
Humber	12	10	2	20
St. Clair	11	7	4	14
Seneca	11	7	4	14
Durham	12	6	6	12
Fanshawe	12	5	7	10
George Brown	9	2	7	4
Lambton	7	0	7	0

Women's Soccer

OCAA West Division Standings

Team	GP	W	L	T	PTS
Fanshawe	5	4	0	1	13
Humber	6	4	1	1	13
Sheridan	5	4	1	0	12
Mohawk	6	4	2	0	12
Niagara	5	3	2	0	9
Conestoga	6	3	3	0	9
St. Clair	6	3	3	0	9
UTM	5	1	3	1	4
Lambton	6	0	5	1	1
Redeemer	6	0	6	0	0

Men's Soccer

OCAA West Division Standings

Team	GP	W	L	T	PTS
Humber	6	6	0	0	18
Fanshawe	5	4	1	0	12
UTM	5	4	1	0	12
Sheridan	5	4	1	0	12
St. Clair	6	4	2	0	12
Conestoga	6	3	3	0	9
Mohawk	6	1	4	1	4
Niagara	5	1	4	0	3
Lambton	6	0	5	1	1
Redeemer	6	0	6	0	0

Printed standings are reflective of October 1, 2019.

Visit www.ocaa.com to keep up-to-date on all OCAA stats.

2019 Honda Passport: A two-row pilot



Nauman Farooq
AUTOMOTIVE AFFAIRS

Like many car companies, Honda is offering more SUVs than cars.

If you want a Honda sedan, you can pick from the Civic and Accord. Want a Honda SUV, well you can pick from HR-V, CR-V, and the Pilot. Now comes another entry, it's called the Passport, a name it once used very briefly back in the '90s on a vehicle that was actually just a rebadged Isuzu Rodeo.

This time around, the Passport is based on the same architecture as the Honda Pilot SUV and the Honda Ridgeline pickup truck. So, you can look at the 2019 Passport as either a two-row version of the Pilot (which itself is a three-row SUV) or an enclosed Ridgeline.

So, how is it? Let's find out.

Styling: From the looks of it, the 2019 Passport does appear to be just a shorter version of the Pilot. Sure, the front fascia is more aggressive, and its dark wheels give it a sportier look, but there's not much hiding it from its origins.

I wouldn't call this an attractive vehicle, but it is far from an eyesore.

Interior: Step inside, and it is all a bit too dark for my taste. I like interiors that have a bit of colour, not all black. While there is a bit of silver finish on the steering wheel and by the gear selector, it isn't enough to liven things up.

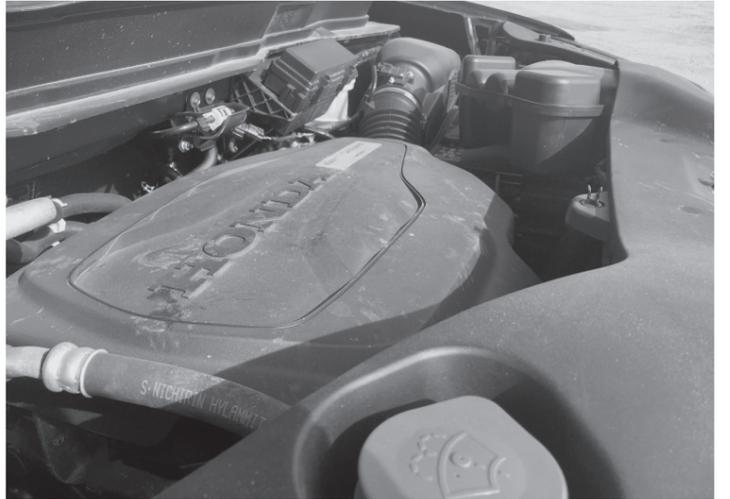
It is a comfortable place to be in, though, as the seats are quite good; there is plenty of space for people in the front and back seats. That practicality continues into the trunk, as there is a lot of cargo room, so this vehicle can surely accommodate most people's need for space.

It also is decently well-equipped, with safety features such as adaptive cruise control, lane keep assist, and auto high beam, all as standard.

Instrumentation is part digital and part analogue and that's fine, however, I'm not a fan of the touch-screen infotainment system Honda uses in many of its models; the game has moved quite a bit forward, and Honda needs to catch up.

So, in terms of space and comfort, the 2019 Passport scores well, but it is not a tech leader.

Powertrain: Under the hood of the new Passport is a familiar 3.5-litre V6 engine that Honda and Acura uses in many of its vehicles. In this application, it produces 280 horsepower and 262 pound-feet of torque. The only transmission on offer is a smooth nine-speed auto-



The new Honda Passport has enough going for it, but the overall driving experience leaves something to be desired.

CREDIT: PHOTOS PROVIDED BY NAUMAN FAROOQ

matic, with steering wheel mounted pedal shifters for when you want to engage in a bit of fun.

Performance: This is not the type of vehicle you'd turn to for when you want to do spirited driving, but I managed to clock a 0 to 100 kilometres per hour time of 6.8 seconds, which is very impressive. However, the normal demeanour of this vehicle is to take it nice and slow — this SUV certainly doesn't egg you on to go fast.

Driving Dynamics: It won't encourage you to take the long way home, or choose a twisty back road to your destination either. The suspension setup is soft, the steering relatively loose, and throttle response a bit lazy. It is set up for tackling city streets, and is fairly smooth on the highway. It's just not something that'll stir your soul.

Fuel Economy: In my test cycle (130 kilometres of city driving + 170 kilometres of highway driving), I averaged 10.8-litres per 100 kilometres. That means it is quite a bit more efficient than a Ford Edge, and did even better than its corporate cousin, the Acura RDX. So, it won't hurt your bank balance much when you go to the gas station.

Pricing: It will hurt a bit when you go to buy it. Base price of the 2019 Honda Passport is \$41,990.

Both, the base Honda Ridgeline and the base Honda Pilot have a slightly lower price of entry, which could affect sales of the Passport.

Verdict: Honda makes, good, reliable vehicles, and they are all safe and have a good assortment of

standard safety tech. There is a lot going in favour of the new Passport. I just wish it was more enjoyable to drive, and had a base price about \$5,000 less than what it is.

Personally, I'd have the Ridgeline.

For additional car related content, please look up: Automotive Affairs on YouTube - youtube.com/c/automotiveaffairs and on Instagram at @automotive_affairs.

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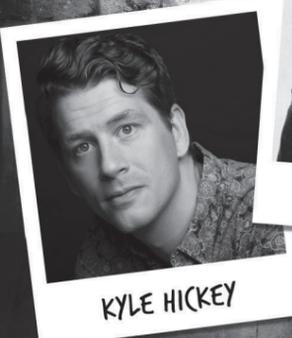


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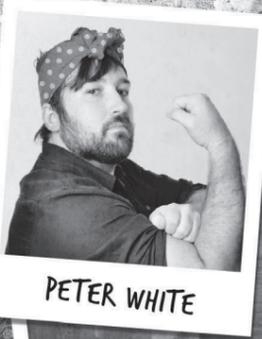
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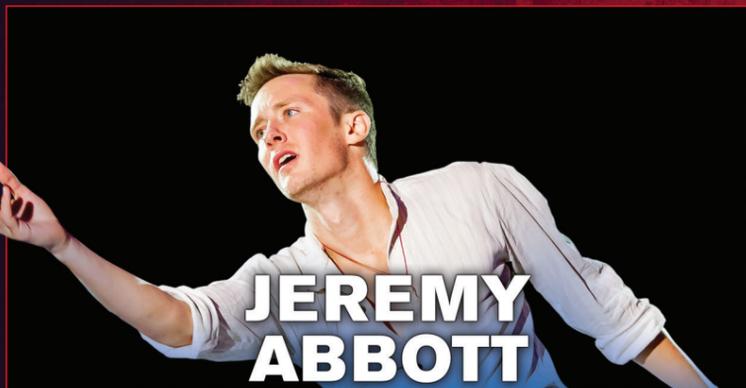
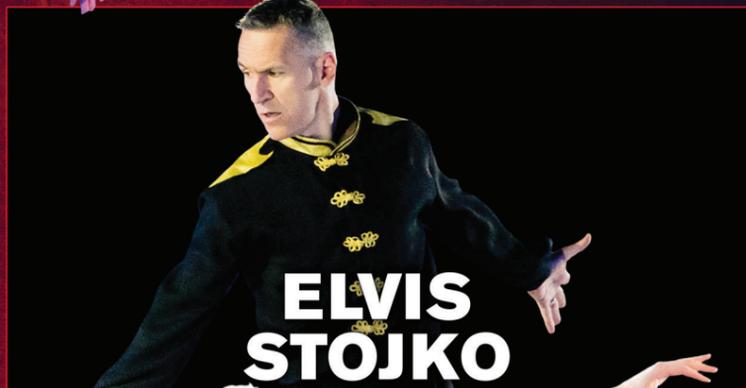
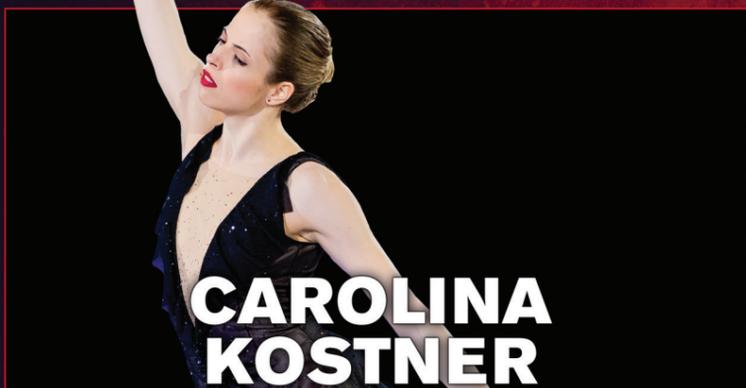
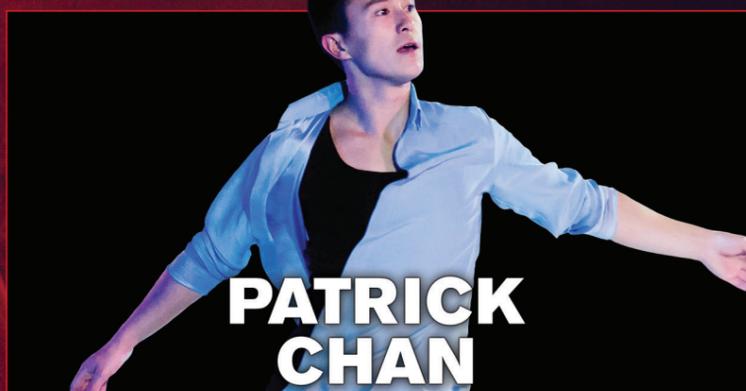
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