

INTERROBANG



Jade Kovacevic: FANSHAWE'S SOCCER SUPERSTAR

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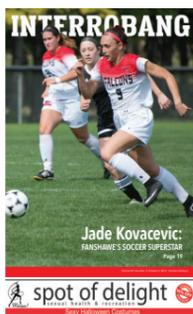
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Dan Black (left) and Matthew Laberge (right) stand holding up two tins of Clap Balm.

CREDIT: PROVIDED BY MATTHEW LABERGE

JESSICA THOMPSON
INTERROBANG

At just 21, Matthew Laberge, a first year Fanshawe student working to get his business management degree, in collaboration with Dan Black, a 20-year-old business student at Western University, has invented a product that rids the stink that seems to seep deep into your hands after removing your hockey gloves.

"Every hockey player has the problem [that] your hands stink [post hockey], even if you shower 10 times, it's still there," Laberge said.

That was the problem Black set out to solve, with a couple of natural ingredients, some research and his kitchen.

The process to find the perfect blend of products did not come easily however, as neither Black nor Laberge are science majors. But with a little bit of research and a lot of ruined kitchenware, the deodorant started to come together.

"They either smelled awful or they didn't work or they wouldn't even rub into your hand," Laberge said. "We ruined pots in Dan's kitchen, we got kicked out of Dan's kitchen, it was absolutely an adventure, but once we got it, we knew we had to do this for real."

After numerous tries, the final three ingredients that worked together in order to combat the smell were zinc oxide, sodium bicarbonate and essential oils, the latter being the ingredient they can play with to make different scents.

A year ago, they came out with the first prototype flaunting the title of Clap Balm.

"We wanted a name which would describe the product, but also be a conversation piece," Laberge said.

"I was always told that a clap bomb is a slap shot, [so] clap bomb for us is a slap shot and balm is the product."

Shortly after their initial launch, the duo had 400 tins sold within the first seven days and soon realized they needed help with production.

"Now it is professionally manufactured, we aren't PhD's, we're not chemists, so we let people do that for us and then we've kind of connected through the hockey world and put it out there."

And with a product which helps rid of such a vile scent, they have acquired the likes of a few NHL players and a well-known country singer, Chad Brownlee.

"We have NHL-ers using it, Bo Horvat from Canucks, Dylan DeMelo who plays for San Jose [Sharks], Derek Mathers in the AHL, so it's going well," Laberge said.

Now businesses around Ontario are beginning to take notice as well, with Herm's Sports Exchange and Pete's Sports taking on the product to sell in the next week.

Locally at Fanshawe, intramural hockey player and recreation and leisure student, Matthew Hopson, and extramural hockey coach Knyvet Carson, both see the benefit of this product.

"I would definitely try it out and use it for my kids," Carson said. "I would also have my other son use it after karate as their sparring gloves are just as 'ripe'."

Hopson had a similar opinion, but instead wanting to use the product for himself.

"Man I smell like crap after hockey, so that'd be good."

The Clap Balm can be purchased for \$10 and can either be purchased online at clapbalm.ca or in the local retailers once the product becomes available.

New changes and chili help launch Fanshawe's United Way campaign

MELISSA NOVACASKA
INTERROBANG

The annual kick off to Fanshawe's United Way campaign is off to a different start this year, but will still include the much loved chili cook-off.

The annual cook-off, to be held Oct. 5 this year in F hallway, includes chili created by three different venues, including the Fanshawe Student Union (FSU) through Oasis and the Out Back Shack, a group from the School of Tourism and Hospitality and Chartwells.

For \$5, students and staff can sample the chili, get a bun, cookie and water, which is all donated by Coke, according to Carol Balzer, FSU's administrative services manager. Balzer has been in charge of the chili cook-off for the last four years, after first volunteering and being on the United Way committee.

Those who test out the chili vote for the best one and the winning team will receive a trophy.

The power is in the hands of the taster.

All the food and products needed to make this a successful event are all donated, and the proceeds all go to the United Way, Balzer said.

Balzer said from the cook-off point of view, everyone is all set to go.

"All the areas are good and excited and ready to take home the trophy. There's always some stiff competition," Balzer said.

The goal for the entire campaign

this year will be similar to last, though hopefully it will be more according to Balzer who is hoping for roughly over \$100,000.

As for the chili, \$1,000 is the goal, but more is always welcome. Balzer said the team is hoping to serve 200 portions of chili.

One of the main things that is different this year, according to Balzer is that instead of announcing the goal for the campaign and having United Way guest speakers at the cook-off, there will be an e-launch sent to staff on Oct. 3, which will explain all the details of the campaign.

"It's really hard to get people down to an event at lunch time, all at the same time, so we are finding we would have all these people speaking and the message wasn't getting out... it was hard to capture an audience," Balzer said. "So we think it will be better spreading it through the masses on the Internet and sharing stories through that. Hopefully we'll reach more people."

Candace Miller, Fanshawe's chair for the United Way campaign this year, said the official launch of the campaign will be on Oct. 3 with the e-launch, but the first official event associated with it will be the chili cook-off.

Miller said that on top of some of the usual events that are put on to support the United Way, there will be a few new events put on as well.

"The chili cook-off is always a great way to kick things off. We love it because there's involvement with the FSU and involvement with the

CREDIT: DARBY MOUSSEAU

Though the annual chili cook-off will help launch Fanshawe's United Way campaign, there are a few new changes to how the campaign will work.

schools, involvement with the college in general, so it's a great way to kind of come together and start the campaign off on the right foot," Miller said.

Miller said she is excited about these changes, with one being a new incentive program that will allow staff to learn a bit more about what the campaign is all about, and how they can get involved.

Another new aspect of the campaign is more student engagement, Miller said.

"[Part of our initiative] is really to help students know that there's more ways to get involved than just donating," Miller said. "[By] volunteering, participating in whatever way

they can to that doesn't necessarily require a full-on donation."

Miller said there is also a big push to get students more aware by reaching out through social media.

This year will be the first time that Fanshawe will be using their main social media pages to drive traffic, posts about upcoming United Way events and get more students involved in helping the campaign become an even bigger success, according to Sarah Carruthers, Fanshawe's communication marketing and a social media specialist.

Carruthers said the big drive will be on the college's Facebook page, which will post about events, while the school's other social media chan-

nels will have pictures and final notices about events on campus.

Miller said this push on social media will be a good way to get students more aware of what the United Way does, and will hopefully get more students to volunteer.

United Way's campaign this year is called Ignite Possibility, which Miller hopes will be showcased with more students volunteering.

"I think the biggest thing from a student perspective is we're really trying to connect with the students and to be able to offer these opportunities and have them see the value and how it impacts the community," Miller said.

A haunting we will go



CREDIT: TERRY FIELDHOUSE

About 20 Fanshawe students from the arts-technical production program will be helping out at Fanshawe Pioneer Village's Midnight Village this year.

EMILY STEWART INTERROBANG

The Fanshawe Pioneer Village has new plans for Halloween; instead of the Haunted Hayride, there will be the Midnight Village. This year's edition, A Tragical History Tour, by playwright Jason Rip, involves visitors exploring the Fanshawe Pioneer Village hearing some of the spookiest stories in London's history.

Marianne Levogiannis, the marketing co-ordinator for the event, said that the Haunted Hayrides were geared towards families in the past. She added the Midnight Village walking tour will be suited for those 14-years-old and over.

"It's going to be spookier," Levogiannis said.

Jeff Wilmore, the arts manager, explained the team felt there should be something new this Halloween.

"The village itself in the evening became an important part of the overall effect that the theatrical event would have," he said.

About 20 students enrolled in Fanshawe's theatre arts-technical production program will also participate in the Midnight Village, by controlling the special effects, lighting and sound effects. Some will also help with the set up and take down, along with the event's day-by-day operations.

Chad Croteau, a theatre arts-technical production professor, said that this will be the third year the

program will be helping the Fanshawe Pioneer Village put on their Halloween event. He added that the students enjoy the experience.

"Most of our students are big Halloween fans, so they like working on that type of event," Croteau said.

Wilmore said that the Fanshawe students will gain practical skills, while ensuring the Fanshawe Pioneer Village's to do list is complete. "The quality of help we get from Fanshawe students has been fantastic. It's practically professional level," he said.

Croteau added that for many students, this will also be their first time producing for an outdoor event.

"There's a big learning curve in terms of dealing with things like power distribution and protecting equipment from the elements and safe so people can't steal it."

Levogiannis said that the Midnight Village will be a rain or shine event, and suggested that guests come prepared for any situation.

Croteau explained that if there were light wind and a bit of rain, the show will still go on, but they would take extra steps to make sure the students are safe. Some of the steps are making sure that they're wearing raincoats and boots, along with personal protective equipment.

"Every time we cancel a performance, that is a considerable amount of money that's gone down the drain for the Fanshawe Pioneer Village," Croteau said. "We have

also developed and are continuing to refine a bunch of health and safety policies and standard operating procedures that deal specifically with different types of inclement weather."

Croteau added, "Partnering with our community organizations like Fanshawe Pioneer Village, Ronald McDonald House, Storybook Gardens and all our other community partners, really gets our students linked into the London and Middlesex County community."

In the past, police foundation students would also volunteer and guide the guests from the parking lot to where the Halloween event would start, along with doing crowd control during the evening.

"They've always been a great hand in that support," Levogiannis said, adding anyone 18 years of age and older can contact the Fanshawe Pioneer Village if they are interested in volunteering.

Fanshawe has also assisted during other Fanshawe Pioneer Village events such as the summer theatre program and the Dickens' Dinner.

The Fanshawe Pioneer Village is located on 1424 Clarke Road. Midnight Village: A Tragical History Tour will run every Friday, Saturday, and Sunday from Oct. 14 to Oct. 27. Performances happen at 7 p.m., 8 p.m., and 9 p.m., with additional 10 p.m. shows on Fridays and Saturdays.

Tickets are \$11 plus HST. They can be purchased online at fan-

shawepioneervillage.ca.

Wilmore described the event as a blend of history and entertainment. "We interpret local history in ways

that we hope the public and the community find engaging and fun. An event like this is certainly striking all of those chords."

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REDTALKS come to Fanshawe for the first time



CREDIT: ANTONIO TATUM

Furturist Brian David Johnson will be headlining Fanshawe's first ever REDTALKS on Oct. 19. He will talk about the future of education and technology and what that will mean for students, teachers, institutions and the communities they serve.

MELISSA NOVACASKA INTERROBANG

In anticipation for its 50th anniversary, Fanshawe will host its first ever REDTALKS on Oct. 19 featuring furturist Brian David Johnson.

The inaugural event, similar to the style of the popular TEDx Talks will have two sessions per year, the first one being "Reimagining the workforce of tomorrow" and the second one in March titled "Reimagining the learning for tomorrow".

The first event, is sponsored by

a number of organizations including the London Economic Development Corporation (LEDC).

According to Tony Frost, executive director of the College's Reputation and Brand Management, the idea of REDTALKS came about through a brainstorming session at the college, where there was a reflection of all Fanshawe has done in the last 49, close to 50, years and what the school can do in the next 50.

Frost said there were some interesting ideas that came up, including the suggestion of having a futurist, or future imagining talk happen on campus.

The idea looks at "how would students reimagine the future, whether they were in design or fashion, what would either of those look like in 50 years," Frost said.

The concept of a thought leader series with somebody contemplating the future was then born, according to Frost.

This talk would specifically focus on the idea of the workforce and how the college can go about educating individuals so they can successfully integrate within it, Frost said.

Frost said the process of choosing the right futurist out of an exhaustive list and narrowing it down

to three to four possible options included watching them do their work through online resources.

"YouTube is a wonderful place because you can actually sample [their work and] you can hear them speak," Frost said. "We loved the way they were dynamic, we loved the way they spoke, we loved certain aspects... they brought credibility to what they were speaking about," Frost said.

Brian David Johnson was chosen out of the group to speak at Fanshawe.

Frost said that the fact that Johnson was a former futurist for Intel and is a resident futurist for Arizona State University (ASU), which is the largest publically funded university in the United States, gave him a lot of credibility.

"[This is a] significant credibility boost for us, and we want somebody to come in and really be an expert in their area," Frost said.

Johnson has also worked alongside architects and building consultants who are creating the learning centres of tomorrow.

"[Johnson] just had so much credibility from our perspective, but he [also] had such a great presence so we are really lucky," Frost said. "He just had such a wonderful way about him [and] we're just very excited to bring him in and he just shows so well [and is] very engaging."

Johnson, who is presenting at Fanshawe for the first time, said as a futurist, it's his job to work with organizations that need to make decisions that will not necessarily pay off now, but will do so in the next five, 10 or maybe 15 years.

He uses the idea of "furturecasting" which uses a combination of social science, technical research, cultural history, economics and even global interviews to model the positive and negative futures.

He then uses "backcasting" as a way to help the organizations realize the future they want versus what they want to avoid and the steps needed to take now in order to make the future they want to happen, actually happen.

"My talk will be about the future," Johnson said. "We're mainly looking at the future of education, what it means to educational institutions, what it means to the cities and the communities where they live, and also what it will mean to the people that live and work and go to those schools and live in those communities," Johnson said.

Johnson said he will also be

talking about the coming technological landscape in the next 10 years or so and what that will mean for students, educational institutions and the communities they would serve.

Johnson said in the next 10 years, many things will start to happen, including a "confluence" of different technologies, autonomous transportation and having industrial grade artificial intelligence not only owned by large corporations, but having it all around us.

His recent paper "The Coming Age of Sentient Tools" focuses on the idea of eventually having wearable tools that will be able to think, be social and interact with us.

"Imagine having tools that can think and that know you as an individual and are aware, [imagine] what is it like to prepare the next generation of labour force to use those tools," Johnson said.

Johnson questioned how the sentient tools will serve its purpose for education, student, teachers and the community.

Johnson is looking forward to speaking with the audience at Fanshawe.

"I'm excited. I think for me, it's important because one of the things that I've learned as a futurist is that the future isn't set," Johnson said. "The future is built everyday by the actions of people, [and] very specifically, the future of schools and communities happen locally."

Johnson said though it is important to have this talk at a campus, since schools manufacture the future labour force, he is also hoping to have the broader community involved, since that's also incredibly important.

Frost agreed this talk is important for students, since it might better prepare them for their future jobs and might help them plan it out based on what they hear and think during the talk.

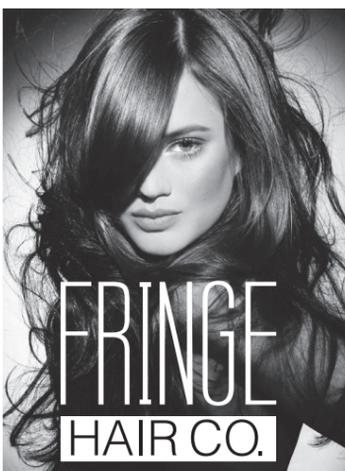
"It's really critical, colleges are a very important element of developing individuals so they can be successful in their careers. The workforce is changing, it always has, but it's changing at an exciting rate," Frost said.

According to Frost, the event is highly geared towards "business leaders, community leaders, those that have an influence in the way the workforce is developing or will be impacted by that".

For more information and to purchase tickets for \$25, please visit fanshawec.ca and search REDTALKS.



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London food trailer first in Canada to be completely organic



Ivan Santana-Barnes, with husband Christopher, opened up a 100 per cent organic Mexican fusion food truck.

CREDIT: CHRISTOPHER SANTANA-BARNES

The level of commitment Santana-Barnes shows about serving completely organic food is quite refreshing. He makes a clear distinction between fresh organic foods and preserved organic foods that have been sitting on a shelf.

"I don't open anything from a can. I make everything myself," Santana-Barnes said.

The restaurant features Santana-Barnes' own recipes, which he describes as Mexican fusion. The poblano pepper, native to Mexico, is used in all of his recipes. With the amount the pepper used, it's no wonder it was worked into the name of the restaurant.

The recipes come naturally to Santana-Barnes, who has been cooking since he was 14. After moving out on his own, he had to learn how to cook for himself, a situation relatable to many students.

As the restaurant is certified organic and locally sourced, the limitation of what is in season provides some inspiration for his recipes.

Customers have been raving over the fare since the trailer opened for business on Aug. 12. They have been reliant on word-of-mouth advertisement so far, and it appears to be working. Santana-Barnes said he had a line-up of people on the weekend. "I love when people come here, they eat my food and they come back with a smile."

The organic, fresh nature of the ingredients is definitely a contributing factor to the quality of the

food.

"A lot of people, when they cook, use cheap ingredients. I use organic butter, olive oil; I use the best ingredients to cook," Santana-Barnes said.

And if you've got a dietary restriction, ivanopoblano has you covered. Vegetarian, vegan, gluten-free and dairy-free options are all available. Santana-Barnes is up to the challenge of providing a delicious and healthy meal, regardless of restrictions.

"I just want people to be able to eat somewhere and I don't mind creating something new for them," Santana-Barnes said.

While Santana-Barnes has been living in Vancouver for the last 14 years, he's always had the idea of opening a food trailer in London. He was attracted to both the lower operating costs compared to Vancouver as well as the unique architecture of the city.

"I love the people here, they are very honest. It reminds me a little bit of my city in Mexico, Guadalajara, in the way that it's spread out."

As close as it is to Fanshawe, about a 20-minute walk or a five-minute bus ride, delivery to Fanshawe is being planned for the future. Plans are also being made to utilize the mobility of the trailer and bring it to local festivals and even right to Fanshawe's campus.

The truck is open 9 a.m. until 6 p.m. from Monday to Friday and 10 p.m. until 4 p.m. on Saturday at the corner of Oxford and Stuart.

THOMAS SAYERS INTERROBANG

Ivan Santana-Barnes' dream of owning a food trailer has at last come true with the opening of

ivanopoblano. The trailer sits at the corner of Oxford and Stuart and offers 100 per cent organic cuisine; this is the first of its kind in Canada.

The organic food movement has existed for many years, but iva-

nopoblano's approach really takes the idea of fully organic meals to heart. Everything the restaurant uses is certified organic and local whenever possible, right down to the distilled water they wash the vegetables with.

Mixed reactions over increase in minimum wage

MELISSA NOVACASKA INTERROBANG

Starting Oct. 1, Ontario's minimum wage rate increased from \$11.25 to \$11.40 per hour, according to the Ontario Ministry of Labour.

Though this 15 cent increase is not a whole lot, it makes Ontario's wage one of the higher ones in the country, just behind Nunavut at \$13 per hour, Northwest Territories at \$12.50 per hour and Alberta at \$12.20 per hour, according to the Retail Council of Canada.

Darren Chapman, from the Lawrence Kinlin School of Business at Fanshawe said there are two sides to this increase that need to be looked at.

"People who are going to be at the minimum wage rate will benefit, the problem though is because wages go up, there's really only a set amount of dollars available for buying labour," Chapman said.

According to Chapman, this increase will allow those who can continue to work to get a higher wage, but at the same time there will be some people who will be let go of from their job over it.

This means the increase will allow for more money to be earned, though it could mean that employers will have less hours to divide out to their employees.

"It becomes a balance to the province, they say 'what is the benefit of those making a higher wage and their ability [to] earn or get close to a living wage, versus how many people are we going to affect that may lose hours,'" Chapman said.

The difference of a higher wage



There are mixed reactions to Ontario's 15 cent increase in the minimum wage that was implemented on Oct. 1.

CREDIT: MELISSA NOVACASKA

will not offset the loss of hours some employees may get, he said.

"So for them, it's an economic loss than benefit, and if there are more people like that then it's an economic loss for society," Chapman said.

On the other hand, Chapman said if few people are losing hours, and the hours that they lost are made up with the new amount they will be making, then it's a benefit to those people. That will also allow them to spend more and therefore could impact the overall economy.

"In reality it's such a small change to the big picture, so you're really looking at it in terms of the

economic benefits to those that gain, versus the economic losses to those that lose," Chapman said.

Chapman said those who gain are happier, while those who lose generally go quietly and don't affect political decisions.

"As far as the province is concerned, 'yeah you know I get more political mileage from raising it than I do from lowering it,'" Chapman said.

For students working part-time, Chapman said they need to not take on debt and you have to pay yourself first, meaning whatever you're making you should give a certain amount and put it in a separate bank

account, so you can use that money instead of a credit card for when you want to buy something.

"Start to build up some form of saving because that's where your wealth comes from, that's where your economic freedom comes from," Chapman said.

Liska Martindale-Dubrulle, career services consultant with Fanshawe's Employment and Student Entrepreneurial Services, likes the idea of the increase in minimum wage.

"I think it is a great thing for students and for the younger people that when looking for work, it never hurts to have a little extra wage

increase for sure, to help with the cost of living and everything else," Martindale-Dubrulle said.

Though the rate is not going up by much, she said every little bit helps.

Martindale-Dubrulle said she hopes that the rate increase will be an incentive for students looking for work, to actually look for work, and the money will help aid the students in their studies and living costs and also have a bit of a personal life as well.

"Having a personal life and working and studying is important to have as well no matter what," she said.

Fanshawe group focuses on showcasing mental health resources



CREDIT: MELISSA NOVACASKA

Shelley Sinclair (right), accessibility counsellor and co-ordinator of Accessibility Services and Fanshawe student Terese Bonenfant (left) are part of the accommodation working group to help spread awareness of the new directives under the Ontario Human Rights Commission for students dealing with mental health.

MELISSA NOVACASKA INTERROBANG

The Ontario Human Rights Commission made a new directive earlier in the year that would change the way students with mental health conditions are to be accommodated on campus, according to Heather Cummings, executive director of Student Success.

The change would allow those students who need accommodations to not have to disclose their specific mental health disability when looking for assistance on campus; however, they will still need to provide medical documentation, Cummings said. The students will also be allowed to request interim accommodations pending a receipt of medical docu-

mentation.

Cummings said that this all means Fanshawe must now consider all request for retroactive accommodation and develop processes so students will no longer have to contact their faculty directly with their accommodation requests.

Fanshawe has a human rights policy to accommodate any student with a disability, whether it be visible or not, said Shelley Sinclair, accessibility counsellor and co-ordinator of Accessibility Services.

"One disability or challenge that a lot of students have been facing over recent years, and we've seen our numbers increase is in terms of mental health challenges," Sinclair said.

Sinclair said that the directive from the government makes access to accommodations easier for those

students who are facing a mental health disability.

There is a process to register with accessibility services, Sinclair said, but some students had previously gotten caught up in that, and with the nature of some mental health issues, for some students it may be their first onset and so it takes time to get a diagnosis and get the right support in place.

"We don't want to have them lose their education while we're waiting for those pieces," Sinclair said.

"We just want to be able to respond quickly to those needs so that academics are not affected and it has the least possible negative impact on the student's experience here," Sinclair said.

The directive also gives the students the choice of whether or

not they want to tell their professors about their diagnosis, but the professors will get an accommodation form to explain the needs of the student, that was discussed between the student and counsellor.

Sinclair, along with a number of other school and student representatives formed an accommodations working group. This group focuses on making sure the directives from the government are met, but doing so at ground level for the college. The group focuses on what policies and practices need to change and new things that need to be thought out so the government directives are met.

"It's evolved from not just the directive, [but] to educating and training faculty and students about mental health," said Terese Bonenfant, a selected student representative from the accommodations working group.

She has also been using the services offered at the Accessibility Services office, which makes her an even better asset for the working group.

The committee meets bi-weekly, and has been working to make sure the directives were made for the

beginning of September, Sinclair said.

"Education is a huge piece of what we do in that committee," she said.

As much as the stigma around mental health is trying to be eliminated, Bonenfant said there are still so many students who do not know they can get the kind of help that the accessibility and counselling offers, which Bonenfant said was something she was lost about when she was trying to figure out where to get help for her mental health disability.

Bonenfant said the group also tries to educate people on where they can get help on campus. According to Sinclair, the Accessibility Services office is always quite busy, but there has been a noted trend of the number of students who register with accessibility services who have mental health issues or diagnosis increasing every year.

"No one is immune, and we really promote from our working group understanding, compassion and empathy because we all want students to be successful," Sinclair said.

Crime prevention tip of the week

STEVE HARTWICK CAMPUS SECURITY

There is an old saying that goes, a 10 pound bicycle needs a 40 pound lock, a 20 pound bicycle needs a 30 pound lock, a 30 pound bicycle needs a 20 pound lock and a 40 pound bicycle needs no lock.

As I look around school I have noticed that there are few 40 pound bicycles around campus. Here are a few ways to make sure your bike stays yours.

Always lock your bike with a high quality bike lock. Campus Security Services recommended the 'D' shaped lock. Yes they cost more money, but nowhere near as much as replacing your bike costs.

Think about where you are locking your bike. Choose a bike rack

that is easily seen from many directions and will be illuminated if you have a late class, lab or study group. There is a secure, lit and on camera compound between D and B blocks. Stop into the parking office and they will give you a key for the compound for a \$20 deposit. When you return the key you get \$10 back. It's a great way to keep your bike safe. By the way, you still need a lock in the compound; better to be safe than sorry.

When you lock your bike, put the lock around the frame and the bike rack.

If possible remove your front tire and include it inside the lock.

If your seat is on a quick release consider removing it as well.

If you have an expensive bike consider leaving it at home and buying a less expensive bike to ride

to school; there are lots on Kijiji.

Register your bike with Fanshawe College Security Services for free. On the portal, go to Campus Life, then Campus Security Services and property registration is on the page. You can also register all your electronics. That way all the information is in security's secure data bank and if your item does go missing, the serial numbers and descriptions are ready to go for both College Security Services and London Police. It may just help you get your stuff back.

If you have questions about this or any other crime prevention concerns please feel free to contact Steve Hartwick with College Community Services either by phone at 519-452-4430 ext. 4929 or e-mail at shartwick@fanshawec.ca.

Fanshawe Student Centre

Pharmacy

A pharmacy for the community of Fanshawe located on the main floor of the Student Centre around the corner from the Fowler Kennedy Sport Medicine Clinic.

SC1002 (519) 451-0025
Mon - Thurs 9 am - 5 pm, Fri 9 am - 4 pm

All drug plans are accepted, including the student health plan.

What the hall?



NICK REYNO
REYNO RANTS

I noticed something this year. I noticed that there are an awful lot of people who don't fully grasp how a hallway works. Here's some quintessential advice on how not to be an asshole at 8 a.m. on a Monday.

If you can't walk and text, don't try to, unless you want to be barreled over by the seven people stuck behind you. It's generally accepted that people show up to school pretty close to class times. The last thing everyone needs is an impromptu road block because your mom just texted you, "Good luck at school honey!!!! Love you!! There's turkey in the deli drawer when you get home xoxo."

That text can wait, kid, keep walking.

It's not just incompetent texters who are stopping in the halls either; no, entire groups of freshman seem to think that the middle of a hallway is the perfect place to stop and discuss the latest presidential debate. You can hear the idiocy long before you see the traffic jam, "LOL THAT DONALD GUY SURE SNIFFS A LOT HUH GUYS? HAHA." Dude, no one cares about your incompetent surface-value rhetoric on a debate that you watched for about three minutes before sticking your entire fist into a jar of Nutella.

This brings me to the next culprits of shitty hallway walker: people with food. Either find a table or wait until you get to class. If you can't afford to sit and choke down breakfast from Oasis, then you should be running to class, not trying to walk and eat an entire omelet with a coffee in your hand.

When I see people having meals on the go I almost admire their dedication to spilling food on themselves. My admiration quickly turns to annoyance when four others and I



CREDIT: ANTONIO_DIAZ

PSA: walking in a group of four, side-by-side down the hallway is disrespectful to all those around you, please think again before barricading the hallway and preventing any student from passing.

are stuck behind the food-walker going at the speed of a determined tortoise. I'll admit that sometimes I've entertained the idea of tripping them and watching the food-walker fall face first into their takeout container.

I suppose I've saved the worst kind of people for last. Everyone has been stuck behind these imbeciles at some point and it doesn't look like the world is getting rid of them anytime soon. These are the people who walk in groups of four, right across an

entire hallway. They're too thickly knit to just nudge through and they're far too engrossed in gossip or football conversation to hear your cries of "excuse me".

There's only one thing you can do in these situations: you have to wait for a hallway intersection wide enough to get around them and do the passive aggressive Hermione Granger/Ron Weasley shoulder brush from *Sorcerer's Stone*. You know the one.

Short of installing hall lanes for fast and

slow walkers, it doesn't appear that the school can do anything to help us in our dire quest to get to class on time. So the burden falls on all of us. If anyone sees these kinds of people in the hall, please don't hesitate to give them a nudge and shout a prompt "move it" remembering that gratuitous swearing always gets things done quicker. I trust that with a little help from everyone we can make hallways great again.

Trump, gender inequality, churches and a glimpse of God



MICHAEL VEENEMA
RUMOURS OF GRACE

Commentators on the Clinton vs. Trump Sept. 26 debate are making the point that gender inequality was reflected in comments Trump made. He said that he did not believe that Clinton has the stamina to be the president of their country. Clinton herself repeated slurs that Trump has used on women in order to show that he has at best a shallow understanding of gender equality.

While gender inequality can mean a number of things, for now I am using the term only as it relates to the differences between men and women in their status and capabilities. Trump appears to represent a view of women that sees them as suitable company only if they meet certain standards of appearance.

His famous ownership of the Miss Universe/Miss USA organization came to an end in 2015 (after NBC refused to broadcast his pageants because of remarks Trump made about Mexicans). However, that former ownership has not won Trump any credit with those who are fighting for gender equality.

It has often been said that the church has

contributed to gender inequality by supporting the subjugation of women. However, the church's attempts to restrict the roles of women have overall been half-hearted. I will say a bit about that and then suggest a fatal flaw in the church's slowness in keeping women out of key leadership roles such as the priesthood.

The reason I say that the church only half-heartedly has withheld from women some status and roles is that, far from the record being clear on this, it is mixed.

Take for example the Catholic Church. It is typically accused of an unequal treatment of gender because it has refused to allow female priests. However, as many historians have noted, the Catholic Church found a way to give women positions in leadership and religious life through the establishment of convents and orders of nuns such as the Sister of Charity and the Sisters of Mercy. This occurred at a time when society had little else to offer women who wanted to lead and serve their communities.

A second example: Pentecostal Churches, which comprise the largest and fastest growing religious movement of the last 100 years, have been successful because, among other things, in the early days women preached and led. One of them, Aimee Semple McPherson, by 33 had already established the first Christian radio station in the early 1900s in Los Angeles. Her church seated over 5,000 people and thousands be-

came Christian believers under her preaching and teaching.

It is true that in later decades the freedom of Pentecostal women to preach and lead has been questioned. But it was not that way in the beginning and there are many other examples within the world wide Christian community of great inconsistency in the restrictions placed on women.

Ultimately such inconsistency is well founded. This is because the opening page of the Bible holds men and women in equally high regard.

That page addresses a simple question: how and why is advanced human culture possible?

Many people today mistakenly believe in naturalism, which assumes that our capacities for leadership, organization, culture and art are a happy by-product of evolutionary processes; that we are capable of amazing feats of the imagination, organization and construction is completely unnecessary for the raw survival of the species.

It's all accidental in the end that we can create and construct to the extent that we do, but we get to enjoy it all nonetheless.

The response to the question of the source of our staggering capacity to create and build what we find in the opening page of the Bible is much more rewarding and promising. Human beings have been created in the image of God or as a youth said to me recently, "We are all created to be a picture of God."

But when it comes to gender equality, here's the thing, and I'll let the writing speak for itself:

"So God created mankind in his own image, in the image of God he created them; male and female he created them."

I can expect to see a glimpse of God in Christine as well as Christopher, in Joanne as well as John, and in Francoise as well as Francois. All have been created in the image of God. We all share some of God's capacity for creativity, work, rest, celebration, sociability and wise rule. Sometimes people ask for a sign that God is real and present, but what people do not realize is that we are the proof.

This doctrine that each person reflects God, without any gender-based exclusion, is pivotal to a correct understanding of gender (in)equality. It relativizes and puts into liberating context the parts of the Bible that assume inequality. It undermines the (half-hearted) gender inequality that is found in significant parts of the Christian tradition. It cuts the legs out from any religious or social tradition of gender inequality. And it is a powerful motive for gender equality.

Actually, the term "gender equality" sounds a bit lame. It sounds lame compared to the hints of brilliance and glory conveyed by the understanding that you and I, whatever our gender identity, are created to be a picture of God.

HAVE AN OPINION? SUBMIT YOUR STORY!
LETTERS TO THE EDITOR: FSULETTERS@FANSHAWEC.CA

The presidential debate and why it doesn't matter



CREDIT: HILARY CLINTON; BRETT WEINSTEIN ON FLICKR (CC BY-SA 2.0), DONALD TRUMP; GAGE SKIDMORE ON FLICKR (CC BY-SA 2.0)

Candidates went head to head in the first debate for the U.S. presidential election, but will it have an impact on the final results?

KERRA SEAY
WHAT DOES KERRA SAY?

Since the only interesting thing that happened in Canadian politics in the last week was when the adorable Prince George left stud-muffin Prime Minister Trudeau's high five hanging, I feel like I am forced to talk about the debate.

You know which debate I'm talking about. I'm talking about the presidential debate that took place last week between Donald Trump and Hillary Clinton.

I'll preface this by saying I didn't even watch it. Instead, I chose to watch *Scream Queens* on Netflix with a glass of wine. I felt like this would probably be a much more enjoyable way to spend my time and I have no regrets.

I woke up, to my social media feeds cluttered with coverage of this hyped-up debate. From late night talk shows, to news organizations to my politically inclined friends and family, everyone had an opinion. And look at me, I'm doing the exact same thing, just throwing in my two cents worth of unoriginal political commentary that will likely have no impact on the end results. Because realistically, there is probably nothing unique or innovative I can say about this debate that someone hasn't already said. So I'm going to do my best to not waste your time or my own.

Instead I'm going to move on from this and talk about why the debate doesn't matter.

On Aug. 14, just a short 44 days before the debate, Clinton had the highest probability of winning the general election at an astounding 89.2 per cent chance opposed to Trump's 10.8 per cent chance according to the election forecasting website FiveThirtyEight. Fast forward to the day after the debate and Clinton's chances of winning were at a precarious 54.8 per cent, with Trump at 45.2 per cent according to the same website.

The election came the closest to it being a 50/50 tossup on July 31. This was a few days after the Republican National Convention (RNC) and the Democratic National Convention (DNC) finished, while Trump was still riding out the high of his fear-mongering convention speech.

It wasn't until Trump began making disparaging comments about the Khan family, the parents of a Muslim soldier who had died serving his country that the tide began to turn in favour of Clinton.

In just one day, from July 31 to Aug. 1, Clinton's chances jumped from 50.1 per cent to 64.8 per cent and steadily rose until she hit her mid-August high of a near 90 per cent chance of winning.

But in the subsequent 44 days, Clinton managed to lose the lead significantly. But it's not even because she did anything wrong per se, it's just because Trump didn't say anything particularly disastrous.

At this point, I don't think there's anything Clinton can do on her own to increase her chances. She just has to hope that Trump goofs again as severely as he did with the Khan family or she may be out of luck.

And unfortunately for her, even though she won that debate in the eyes of voters (62 per cent according to a CNN poll) she still may lose the election to a racist, xenophobic and sexist orangutan.

From the day after the debate, there are only 43 more days until this goddamn election is over with for good. And for the love of God, Hillary. Please. Figure it out.

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Fall off your face fall trends



JOSHUA R. WALLER
BEAUTY BOY

As pumpkin spice latte season is finally here, it's time to put away your bronzers and embrace the cooler, darker tones of fall.

This year's runway shows showcased some incredible makeup trends, some of which are wearable, some are daring and some are just outright odd. But the biggest thing I noticed from all the shows was the contrast in trends.

A trend that has carried on from spring is the true red lip. It was seen all over the runways matched with minimal eye makeup, which is perfect for those who like a quick yet powerful look. In contrast, the red lip was also paired with a deep smokey eye to create some '80s drama.

To contrast with the sophisticated red lip even more is the gothic lip trend. These darker colours have become much more popular with all the liquid lipstick launches (Jeffree Star Cosmetics and Kat Von Dee).

A pitch-black lip shade is always a bold choice but can either look mysteriously pretty or straight out of a horror movie so make sure the texture and application are perfect. For those who don't want something as severe, mix a bit of black and red lipstick together to create a perfect "rouge noir" shade.

Eye makeup trends had three

opposing trends: the rainbow eyes, the black graphic eyes and the eyes that were void of any makeup at all. The rainbow eyes are meant to brighten up some of the dreary days we can face in the fall months.

On the runways, the eye makeup was so packed with pigment, it literally looked like it was going to fall right off the face. While that's probably not the most appealing thing to wear in everyday life, having some intense colour on the eyes can be quite flattering.

The graphic black eyes are definitely a statement piece and are probably best worn at heavy metal concerts or evenings out. The trend is basically pure black pigment (matte) that either is drawn on the eyes in a crisp, geometrical shape or has smudged edges to create more of a punk look. While it is intense, it really does make the entire focus of your face your eyes. If you aren't feeling up to an entire black eyelid, you can always just do a graphic liner.

The only trend that wasn't really opposed was complexion, which tended to be luminous and almost wet looking. With all the illuminators and highlighters on the market now, it is super easy to achieve this look. Simply use a good moisturizer, an illuminating primer, medium coverage foundation and some liquid highlighter tapped onto the high points of the face.

This fall's makeup trends are extremely universal, definitely daring and for the most part wearable. Fall is the best time to be bold with your makeup and try out some looks from the dark side.

Rainbow eyes makeup trend by Joshua Waller on the beautiful Doyin.

CREDIT: ARIANA PINDER

Finding the best lip shades for the season

MELISSA NOVACASKA
INTERROBANG

Fall is officially in the air, which means now is a good time to start thinking about and switching out your lipsticks to reflect the cooler months ahead.

For the most part, you'll probably want to swap out those summery shades for either neutral colours or something darker tones.

However, there's room for a few brighter shades that still work all year round.

Interrobang checked out a number of lipsticks that are not only student budget friendly, but are perfect fit for anyone.

Red

Red is a lip colour that tends to work all year round.

It's also helpful that there are a variety of different reds you can find, whether it be bold and bright, maroon, a subtle shade of rouge or even a darker cherry lip, all of these options work nicely on anyone.

Red is a colour that can be intimidating to try out, but once you've found the perfect shade that suits you and your personality, there's really no need to be afraid to rock the look.

Some examples of nice shades of red include L'Oréal Paris colour riche 364 16 Place Vendôme and Nars Cosmetics' velvet matte lip pencil in Cruella, which are

both darker tones of red that glide on smoothly, but do not look too dramatic nor make you look like a clown.

They're sophisticated and sleek and perfect for both day and night.

Revlon's super lustrous lipstick crème in shade 740 Certainly Red, Nars Cosmetics Manhunt and Mac's retro matte in Ruby Woo are all shades of red that are in the middle of being somewhat dark, but not fully bright.

They all tend to work well for those who want to have some bit of red on the lips, but don't want it to be too excessive or noticeable.

The brightest of the bunch includes Revlon's super lustrous lipstick crème in shade 725 Love That Red which is more of a poppy red.

Love That Red can be worn with grace and is a nice colour for those who want to make a bold statement with their lips, but don't want to have to choose a dark colour to do so.

Yves Saint-Laurent's rouge volupté shine in shade five is another shade that would work well, for those who want a bright and glossy look. It's a mix between red and pink, but can also work well on any lips.

Brown

A brown lip is making a comeback this year, though I can't say it really went out of style. Brown is a good neutral to try out because it's neither too bright nor too dark

and tends to also work well with a bit of shimmer or glossiness mixed into the formula.

Revlon's super lustrous lipstick crème in shade 325 Toast of New York is more of a chocolaty shade, but it goes on nicely and does not leave your lips looking messy. It's a nice tone that reflects the cooler weather ahead.

Chanel's brilliant à lèvres lipshine in number 74 Aqualumière and Lancôme's L'absolu rouge in Rich Cashmere are more of a lighter brown, almost a tan, nude shade.

They both have a bit of shimmer within the formula, which leaves the lips subtle, but still noticeable with that sparkle.

Dark

Finally, for those who are daring enough to take the plunge and try a darker lip colour, there is a handful of lip products to choose from, though these three below are best to start off with.

NYX Matte Lipstick in shade MLS16 Merlot is a darker dusty rose, that's a good colour if you want to subtly try this fall trend, yet still have the comfort of it being pink, and therefore not seeming too dark for you.

Revlon's ultra HD lip Lacquer 545 HD Carnelian is another step further into the darker tones, but it's like a deep magenta, which looks great on everyone.

Though this one is a gloss, it's sleek and not sloppy.



CREDIT: KERRA SEAY

Fall is in full swing, and choosing the right lipstick for the season can be tough. However there are a few good ones that will last you throughout the entire cooler weather.

This shade also seems to be one of the newer trends for this season, and rightly so.

Finally, the shade that has probably been most popular the last few years has to be the deep purple, almost black shade.

It's similar to what the singer Lorde has been known to wear, that deep oxblood colour, which wouldn't seem like the easiest colour to pull off, but with the right lipstick to start off with, it shouldn't be too much of a problem.

Revlon's super lustrous lipstick

crème 477 Black Cherry is one of the more affordable and popular darker shade lipsticks currently out there, and it's no wonder. Since it has that creamy factor to it, it does go on dark, but not as dark as it looks.

It has a bit of a gloss to it, and leaves your lips with a nice purple tint.

Though it may not be the colour everyone wants to wear, it's still a trendy shade and one that is certainly fun to try out.

Exploring the

LOCAL TEA

scene

Leaves are beginning to turn red, cozy sweaters and boots are now a staple wardrobe item and pumpkin pies are beginning to surface on bakery shelves. Fall has come around at last; this is the season that tea-lovers live for.

Tea is essential, whether you're curled up next to the fireplace reading a book, heading to school in the autumn breeze or merely trying to survive a cold. These local teashops and teas are great places to visit and find new treasures to add to your collection.

Helping tea-lovers find their "cup of tea" this fall

The Tea Haus

This loose-leaf teashop is located at 130 King Street on the top floor of Covent Garden Market. The shelves are filled with the largest variety of teas that your heart could ever desire. It carries black tea, green tea, white tea, herbal, decaf and oolong and gives the option of buying tea in increments of 50 grams, 100 grams, 200 grams and 400 grams. It also has tea-ware such as filters and infusers, teapots and tea sets, matching accessories and authentic, uniquely decorated bone China mugs. With a seating area outside the store in the market, a cup of tea can be purchased for on-the-go customers or to sit and enjoy in-house.

Top three fall teas: the three fall tea recommendations from The Tea Haus include Nuts and More, Cinnamon Spice and All Weather Tea. The Nuts and More tea is a perfect choice for anyone with a sweet tooth. This blend is herbal and caffeine-free and captures the essence of fall with nutty notes mixed with the sweetness of candy apple. Blended with beetroot, it will turn your tea into the bright red colour of autumn leaves.

Cinnamon spice is a flavoured black tea with a kick that is guaranteed to spice up your tea stash. The blend of cinnamon and orange pieces will keep you warm all the way up until Thanksgiving.

All Weather Tea is a caffeine-free fruit and herbal blend that has been recently added to The Tea Haus' collection. This tea is a traditional European recipe that tastes similar to licorice and will see you through chilly fall days.

Sundown Tea

This quaint teashop is located at 509 Commissioners Road West and is a charming place to visit for a cup of afternoon tea. With a selection of over 60 loose-leaf teas, tea can be purchased hot or cold with the option to go or sit in. Afternoon tea is available upon reservation that offers a relaxing atmosphere to enjoy tea and three-tiered plates that are filled with various finger foods. Another option that the teashop offers are kids

tea parties available upon reservation. Tea accessories are also sold, including unique mugs, teapots and infusers.

Top three fall teas: the three fall tea recommendations from Sundown Tea include Pumpkin Spice, Apple Spice and Peach Apricot. Pumpkin Spice is an essential fall flavour, which is why this black herbal tea is definitely a must-have for pumpkin fans. Apple Spice is a great fall treat that will stave

DAVID'S Tea

DAVID'S TEA is a popular franchise for the modern-day tea lover. Located at White Oaks mall and Masonville mall, this store provides hot and cold on-the-go options as well as loose leaf tea options with a couple of "teas of the day" that are reduced in price.

This tea store carries seasonally decorated mugs, themed tea sets and its new line of tea-flavoured lip balms and hand creams. It also has the "frequent steeper" membership that can be used to receive points and gain rewards such as free packages of tea.

Top three fall teas: Pumpkin Chai, Pumpkin Cheesecake and Blueberry Muffin. The Pumpkin Chai tea has been a fan favourite at DAVID'S TEA since its arrival a couple of years ago. Arguably one of the most adored flavours of fall, this black tea is flavoured with pumpkin, caramel, cinnamon and the best part, pumpkin candies.

Pumpkin Cheesecake, on the other hand, is less spicy and more of a dessert-tasting tea. Flavoured with maple sugar, white chocolate chips and pumpkin spice, this robust tea is definitely a top runner for your fall tea collection.

Blueberry Muffin is another tea that is part of DAVID'S TEA fall tea collection. This herbal tea is a perfect way to fulfill your muffin cravings because it's just as good as the real thing. The main ingredients in this blend are blueberries, raisins and yogurt, a great tea to add to your breakfast routine.

off your apple pie cravings. Maybe. It is a fall-inspired black herbal tea with a sweet and fresh fruity apple flavour, complementarily paired with cinnamon.

Lastly, the Peach Apricot tea is a great way to extend the summer season's iced tea obsession. Great hot as well, this combination is a black herbal tea, rich in apricots and mellow peaches.



CREDIT: COLUMBIA PICTURES

The Magnificent Seven is a vehicle for action packed shoot-outs and easy to swallow cheap drama.

An epic yet overdone modern western

CHRIS RUSSELL
INTERROBANG

The 2016 remake of *The Magnificent Seven* is a visually and sonically stunning film that sacrifices believability to give the audience what they want.

This movie looks incredible. Every frame is thoughtfully composed and shot in gorgeous high definition. There are plenty of smooth aerial swoops and pans of stunning desert landscapes and convincing western sets.

The special effects are also incredible: the gunshots and explosions are intense, impressive and realistic. The whole film has that dark colouration that's popular in the contemporary film culture; it is

easy to see this is a modern movie.

The plot is kept simple. The ultra wealthy and sadistic Bartholomew Bogue sieges a town, killing innocent people in the process including the husband of Emma Cullen. She subsequently hires bounty hunter Sam Chisolm to assemble a team to kill Bogue and return the town to its former state of independence.

This good vs. evil formula is meant to easily get the audience emotionally involved.

Unfortunately, Bogue is such a sadistic character that he just doesn't seem real. His backstory is never explored in the film so he just comes across like a cartoon villain who is necessary to drive the plot, but is nothing more than a character, a representation of the

idea of evil.

The movie is extremely formulaic and predictable. The audience is tipped off about upcoming shoot outs and explosions, then forced to sit through long stretches of lingering overdramatic close ups until enough suspense has built up. It feels like a collage of all the most accessible aspects of the western genre.

Another problem with this film is the characters never falter or say anything natural sounding; every line is unbearably grand and clever.

That being said, the cast does an exceptional job with what they were given, except for Chris Pratt who just seems out of place in the film. There's something about his lines and delivery that seem too

modern to fit with the time period the movie is set in or maybe it's just that you can see him acting. Pratt plays a fearless bounty hunter who makes smug jokes and is totally relaxed and unflinching in the face of danger to the point of being unbelievable and corny.

Pratt is famous for this particular brand of humor where he makes naive childlike comments that are funny because he is a full grown man. He has a particular charm that lets him get away with it to some extent, but while it works in *Parks and Recreation* or *The Lego Movie* it just doesn't make sense here.

Yet he says, "I've always wanted to blow something up" and the theatre explodes with laughter. It's the kind of humour that belongs in a

VHS children's movie and it really makes the movie feel inconsistent.

The dramatic stretches are so over-the-top and the humor can be so stupid that it's hard to make sense of.

On a positive note, the film score is great. It's classic sounding and creative, frequently using unconventional percussive sounds that fit the tone of the movie perfectly. It's dynamically flawless, fading into subtlety in the background when it's not necessary and swelling to the forefront during moments of intensity.

The Magnificent Seven is definitely a fun movie if you particularly enjoy westerns and you're in the mood for something light. Just don't expect a new, interesting contribution to the genre.

iPhone 7: I've already lost my headphones



CREDIT: APPLE.COM

The new iPhone 7 and 7 Plus are a tad similar to the iPhone 6, is the extra number truly worth the extra money?

CODY HOWE
INTERROBANG

Now that the iPhone 7 and 7 Plus are out, we ask the biggest question: is the upgrade worth it?

It is no secret that the new iP-

hone is not a significant game changer in the cell phone world like the Samsung Galaxy S6 and S6 Edge, which was a complete overhaul of a phone compared to the S5 series.

Apple CEO Tim Cook has mentioned this multiple times and the

phone shows that the differences between the 7 series and 6 are pretty minimal.

The design has been altered slightly with the antenna strips being moved to the top of the phone, and the camera bump on the rear increasing in size. The home but-

ton has also been slightly redesigned. The space grey color has been replaced by a jet black option, with the gold and rose gold colour still an available option.

The iPhone 7 has finally introduced IP 67 certified waterproofing, meaning you will be able to go swimming and take underwater pictures.

The retina display has not changed at all, still sporting an unimpressive 326 PPI screen. In contrast, Sony's Z5 Premium almost triples that of the iPhone 7 for screen pixel sharpness. Like past models, Apple has been secretive with their hardware specs. It is easy to compare LG, Samsung and Sony phones as they all carry similar processors, however Apple uses their own.

The new A10 Fusion processor is said to be 40 per cent faster than the iPhone 6 and the GPU is said to be 50 per cent better than last year's model. The battery life has also been extended by two hours.

These subtle changes would not convince me to upgrade, but Apple took one bold leap this year

that will either help dramatically increase the sales or ruin its reputation for good. The headphone jack has been completely removed, a decision made in order to slim down the phone and to make waterproofing a realistic possibility.

Unfortunately for Apple, Sony has been waterproofing their phones for almost five years now and they have kept the headphone jack, only requiring a waterproof flap to cover the 3.5 millimetre hole when in water.

The phone has only been out for a few weeks now and the reception has been polarized with many praising the change and many ridiculing it.

Many fans found that the first iPhone 7 accessory after the wireless headphones, being a wired headphone adapter, to be extremely hypocritical and a red flag for Apple's money grabbing intentions.

Only time will tell if this change will pave the way for the future of smartphones; for now, I would wait for the iPhone 8.

Green Day set to release their fifth *American Idiot* remake

NICK REYNO
WRECKORD REVIEWS

What's green, 30-years-old and doesn't know when to stop making music? The answer is Green Day, and in response to your follow-up question, yes, these guys are somehow still making albums.

For a number of years the group's music has had a strong political influence and based on the album title, it's painfully obvious that the upcoming *Revolution Radio* will be no different. Being political is fine and great, except when you're only doing it just to sell records.

I say this because the music Green Day is making still sounds like it's geared to the teenage demographic who they captivated 12 years ago with *American Idiot*'s narrative on Bush's America.

Sure, there are some extremely poignant political quips peppered throughout the singles for *Revolution Radio*, but the lyrics are so often bookended by tongue-in-cheek gibberish that it devalues the underlying message into pop mockery. Lines like "legalize the truth" that are stark and critical have to share the spotlight with shallow pandering like "we are revolution radio" and "sing like a rebel's lullaby under the stars and stripes".

Green Day's message with their latest album is that the revolution can happen, as long as we're the anthem on everyone's lips. Track titles like "Bang Bang" and "Revolution Radio" are so drastically 'in-your-face-rebellious' that I have to wonder if Green Day is aware that they're verging on self-parody.

Are these aging rockers simply waiting for the next anti-establishment wave of preteens to come

through? Or perhaps are they biding their time until nostalgia eventually draws in their old fan base?

No matter what their end goal is, I can't see *Revolution Radio* bringing them any closer to it. The latest singles contain more charisma than their entire *Uno!, Dos!, Tre!* trilogy, but it's hard to tell which songs were b-sides from *American Idiot* and which ones were scrapped together from bits of *21st Century Breakdown*.

It's clear that Green Day is stuck in 2004 and it seems that the only difference in their current repertoire of music is a few references to computers and social media (pandering once again).

Aside from their shameless attempt to connect with today's youth, there's one single thing that highlights just how out of touch Green Day really is with what modern listeners want.

This glaring oversight is that they've got a boom box on the album cover. When the hell did you last see a boom box being used? I've got a boom box in my home and you know what I use it as? I use it as a doorstop.

If the boom box isn't bad enough, Green Day went a step further and set it on fire before having the photo taken. I can just imagine them sitting around the table brainstorming.

Armstrong says to everyone, "This boom box is cool, but listen we need to let fans aged 12 to 15 know that we're not just retro-hip, we're also edgy as hell. Now Tré can you pass the Splenda? My doctor says to ease off of sugar before 10 a.m."

The group sits there silently in the middle of IHOP, staring at their meager breakfasts of fresh fruit and



CREDIT: REPRISE

This busted up burning boom box perfectly represents Green Day's career: outdated, derelict yet somehow still burning.

whole-wheat toast. "I've got it," says Dirnt, leaping out of his seat and catching the scornful eye of the morning manager. "Let's set it on fire! Kids love setting shit on fire!" Everyone at the table cheers, at a respectful level though because Tré convinced the waitress to put extra grapefruit slices in everyone's fruit

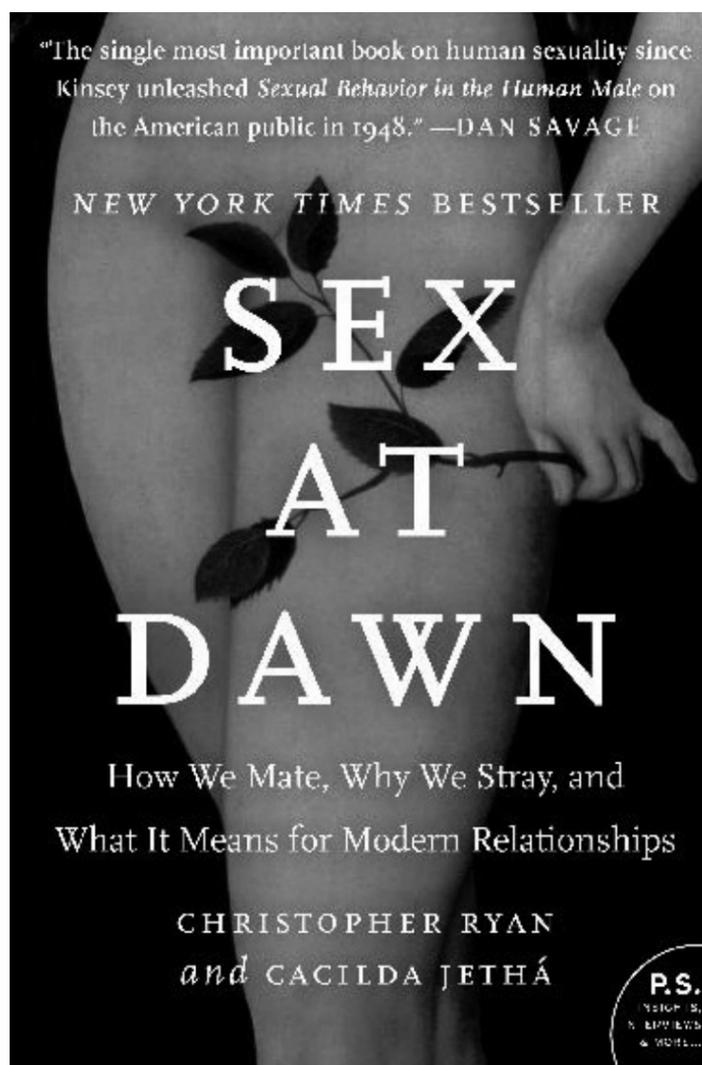
bowls and if they piss her off she might bill them for it.

While my outlook on Green Day's day-to-day life might be wildly inaccurate, you have to ask yourself how a band attempts to stay relevant whilst replicating an album that's 12 years old branded by imagery that would have been

cliché in the '90s.

I will eagerly await the Oct. 7 release of their train wreck, also known as *Revolution Radio*. Even if the album stands as a discounted rendition of *American Idiot* at least they're not collaborating with U2 anymore.

A book on how we stray, why we stray and what it means



IHOR POLOVYI
INTERROBANG

A great and a rare example of truly intriguing popular-science book, *Sex at Dawn* (2010) may be considered one of the most comprehensive studies on human sexuality of recent times. Utilizing his PhD in anthropology, author Christopher Ryan collaborated with his wife Cacilda Jetha to produce a book that was on the list of top best sellers in its year of publication.

The main idea, which made *Sex at Dawn* so contradictory and thus popular among the general public as well as among the scholars, lay in an attempt to oppose the so called "standard narrative" of human sexual evolution with a presupposition made by the authors.

If we omit all the details, this book is all about the answer to one question: are we monogamous or polygamous creatures by nature, and how does it reflect in our everyday life?

The Darwinian "standard narrative" of human sexual evolution states that our ancestors' intimate relationships between males and females resembled sort of a trade. Women traded their sexual fidelity for the resources and defense provided by men, who in turn had to make sure that children of these women belonged to them. Monogamy was eventually the most appropriate way of organization of such societies and seemed to be a fair trade. Ryan and Jetha didn't easily

agree with this; they believed there was more to the story.

If we appeal to the world of our close animal relatives, apes, we'll find out that such a pattern works only for the harem species like gorillas and chimpanzees. There are also examples of a totally different state of affairs.

Ryan and Jetha provide evidence for the idea that monogamy in our society came to life only with the advent of agriculture around 10,000 years ago. And whether we agree with that or not, this point of view can make us think about the nature of the institution of marriage.

Ask yourself what is the practical reason for the eternal union of two people if they don't have anything to keep for themselves?

In the pre-agricultural society we obviously had almost no private property and children of more powerful families were being raised, supposedly, in nearly the same conditions as the children of different social classes. So it wasn't as big of a deal who belonged to whom before the whole institution of marriage arose within the settlement of people.

The aptitude to think of our ancestors through a prism of modern interpersonal relationships was called by the authors of the book "flintstonization", insinuating that we should not consider them that similar to us because of the different life conditions they lived in.

Ryan and Jetha simply made several references of the isolated groups of people whose beliefs on sexuality

can oppose our entire conception of monogamy and polygamy.

People from one African tribe near the Amazon River are convinced the fetus inside a woman's womb is being made just from the accumulated semen of all the men she had sex with. So when a female wants her child to be neat, strong and good-looking, she finds different men who meet those criteria.

Another unique tradition discussed in the book is that of the Mosuo tribe in the mountains of Southwestern China. When a Mosuo girl turns 14, her parents build a so called "flowering room" for her inside their house, in which she is able to have sex with anybody she wants. If and when she becomes pregnant, her child becomes a member of the family, rather than solely her child. This is how these people have been living for hundreds of years.

There are a lot of opinions and critical articles about this book on the Internet, but *Sex at Dawn* can be seen as a great source of information on not only human sexuality, but also about what exact position we occupy in this tremendously huge and diverse biological world. This book not only provides a different outlook on sexuality for people living in the western society, it also allows readers to discover more about the isolated tribes of Africa and South America.

If you are interested in expanding your horizons regarding your understanding of human sexuality, then this book is for you.

CREDIT: HARPERCOLLINS

Sex at Dawn is a book that explores if monogamy is truly the natural human way.

Butt sweat n Tears by Andres Silva



By: L. A. Bonté

For more comics visit FilbertCartoons.com

Freshman Fifteen



By Alan Dungo

I AM THE KEY



NOT NEUROTYPICAL



laura.hillson@gmail.com

Meet the BEARSONS

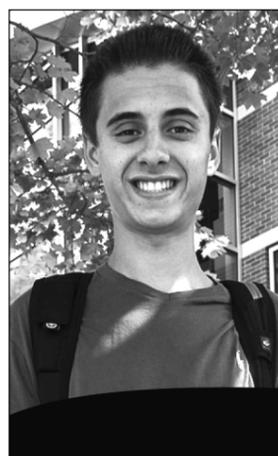


Connor, H



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Word Search

G A U T I Y L L U G N R E F I
 O B W K P J B G H B K G V H N
 O M F O R E S T X R M S U Z W
 D H N U V K C E Z U K A V J X
 K V R X A H W G D S H J D B R
 W I M Y Z T J A B T I O B T I
 G A B L U E X K W D L P O N Y
 B U V B G N I Z J P Z M J T N
 H P J A F A M W H K A H Z M E
 I T V N K L W I M J N F R E E
 H N U G S P N L B V I G A J R
 W Y B R M O C D V P Z R C K G
 F E R U T A N B I F T M B W G
 I P J K G P H M N H J Y O A K
 A W R C R O C O D I L E P L W

Environmentally conscious (Words in parentheses not in puzzle)

Blue (Planet)	(Forever) Green	(Living with) Ed
(Captain) Planet	Free (Willy)	Nature
Crocodile (Hunter)	(The Greatest) Good	(Once upon a) Forest
Dolphin (Cove)	Hoot	(Planet) Earth
Fern Gully	(Inconvenient) Truth	Wild (Kingdom)

Aries (March 21 - April 19)
 It's fine to take the longer view, but watch where you put your feet. Aries spends the week getting excited about things that have yet to happen. Keep your tools handy, just in case.

Taurus (April 20-May 20)
 An unseasonable event takes the wind out of your sails. Get over this hurdle quickly. You've been given the sudden gift of reduced excess and few distractions -- how you use it will be a true test of your character.

Gemini (May 21 - June 20)
 Events push you into an activity that you'd rather have been doing all along. Remove the price stickers and polish a shiny toy to its perfect state. You're attracted by the differences that you see in strangers.

Cancer (June 21 - July 22)
 Your needs are real enough to you, but others may start to find them a burden. Leave all personal baggage outside the door of an objective dialogue. Privately nourish yourself with good art.

Leo (July 23 - August 22)
 What's wrong with temptation, anyway? The Moon gives you room to stretch out and experiment. If you like what you find, it could be yours. There's always a catch, but that's a worry for some other week.

Virgo (August 23 - Sept. 22)
 Be satisfied with the path of least resistance. The world operates by alien principles these days, and you'd lose most battles that you could start. By this weekend, the stars will be in a more advantageous position.

Libra (Sept. 23 - Oct. 22)
 A good idea is hard to ignore. Someone who had no voice erupts in polished, commanding tones. Now that the you've adjusted your outlook, everyone seems more willing to cooperate.

Scorpio (Oct. 23 - Nov. 21)
 Possession may be nine-tenths of the law, but sometimes it's not worth the hassle. Surrender now, and everybody wins. Your mistakes look a lot better when you recast them as lessons.

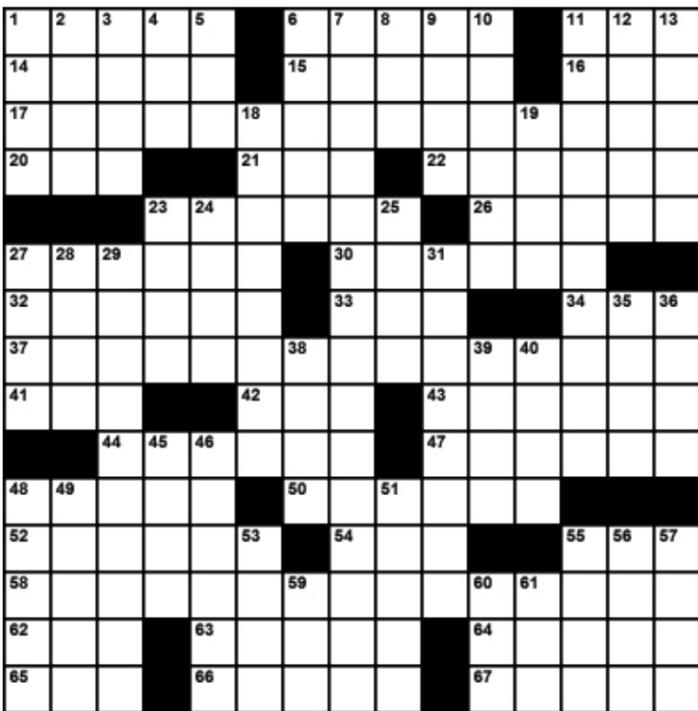
Sagittarius (Nov. 22 - Dec. 21)
 An irreverent remark signals that you're playing on a different level. A new person will always remember you by today's presentation. Happiness comes in strange forms.

Capricorn (Dec 22 - Jan.19)
 Try to be nice even when you don't care. In your rush to embrace the new, you could be abandoning or discarding something of value. You get a sense of who someone is by how their house is furnished.

Aquarius (Jan. 20 - Feb. 18)
 As Thanksgiving weekend quickly approaches, Aquarius rides high on a unique power surge. You're transparent for those eyes that can track your own rapid movement. There's no reason to hide your passions now.

Pisces (Feb. 18 - March 20)
 Advisors don't have to dirty their hands in someone else's mess. The voice of experience is tender and forgiving. The only reason for impossible expectations is so that everyone will do at least half as well.

Crossword Puzzle



Down

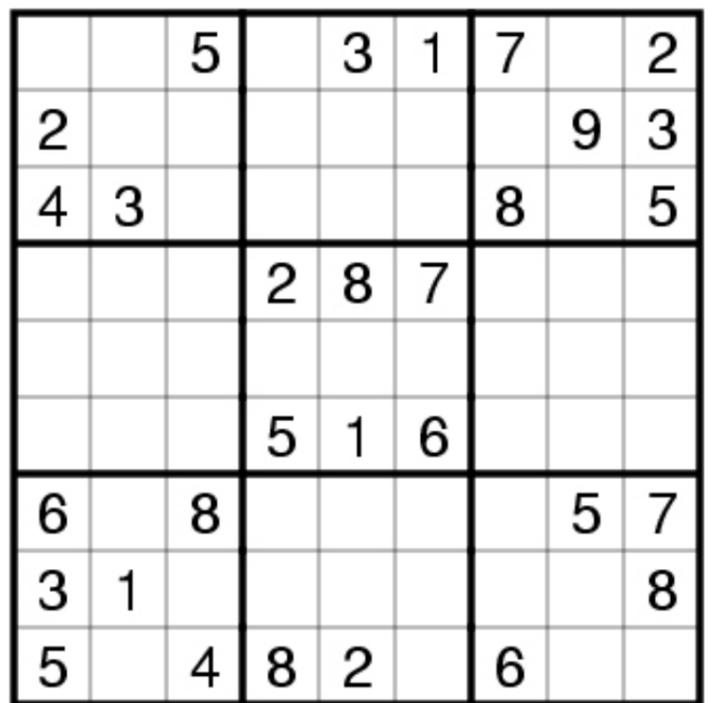
1. N.Y.C. home of Magrittes and Matisse
2. What much can follow
3. Degrees for attys.
4. R.V. stopover
5. Personal ad abbr.
6. "Goody, goody!"
7. Game with an oxymoronic name
8. Bank acct. entry
9. Chord part
10. Fairy-tale escapee from a witch
11. Without a doubt
12. Street in Hollywood
13. Kings of León
18. Olympians' food
19. Indian bread
23. British gun
24. Captive of Heracles
25. 1944 battle site
27. Maker of indoor cars
28. Coloratura's practice
29. Will-o'-the-wisp feature
31. Drawing room gathering
35. Leaning column?
36. Alternative to Soave
38. Oscar-winning song of 1980
39. Central Asia's Tien ___ mountains
40. Little 'uns
45. Colonial heretic Hutchinson
46. Bridge combo
48. "Nonsense!"
49. "Let's take ___"
51. Suggestions
53. Alphas might clash over them
55. Porto-___, Benin
56. Height
57. Extremely
59. NSW locale
60. Line on a restaurant check
61. 2013 Joaquin Phoenix film

Across

1. Uses for all it's worth
6. Going too far, in a way
11. Music game with a floor pad, for short
14. Simmering, say
15. "Your ___"
16. Having a large footprint?
17. Much-performed work set in Nagasaki
20. Blockhead
21. Approach en masse
22. Ballet headliner
23. Soothsayers of old
26. Old lab burners
27. Keynote address presenter
30. Latin list ender
32. Elvis's Mississippi birthplace
33. Certain 35mm camera
34. Burned ___ crisp
37. Do as a mentor did, say
41. Aerosol sound
42. Proverb follower?
43. Digs on a slope
44. Japanese mat
47. Spectator who got a standing O at Wimbledon in 1981
48. French department
50. Frome and others
52. . Actress Strahovski of 2000s TV
54. "___ for apple"
55. Maritime org.
58. Wish desperately
62. N.C.A.A. division?
63. Jester's locale
64. . "Do ___!"
65. Golf ball propper-upper
66. Business end?
67. Authorized substitute

Solution on page 17

Sudoku Puzzle



Puzzle rating: Hard

Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box. **Solution on page 17**

Cryptogram

MR BMXT ATKPH KPP OSFEVH

ASO WSXT BAT YTPPU YFBBSE

HBKUH BAT HKXT?

Category: MISCELLANEOUS

Solution on page 17

Notes:

Crockpots: The easiest way to eat a delicious meal



KAREN NIXON-CARROLL
INTERROBANG

The cooler weather is upon us and warm, aromatic comfort food is more appealing. Healthy crockpot meals are generally easy to make and the smell is amazing when you come home hungry later in the day. It takes some planning, as you need to put your items in the pot at least six to 10 hours before you eat it.

The preparation varies depending on the ingredients. You can purchase a crockpot at most department stores (Canadian Tire, Walmart, Superstore, The Bay, etc.) for anywhere from \$20 to \$70; you can spend more for added features, but all you need is a couple heat settings and a few time settings.

There are a few basic steps to just about every crockpot meal.

First, you need water or some kind of broth. You can make a broth with water, salt, pepper and other seasonings of your choice. You can also buy low sodium stock or broth and keep it as is or add water and more seasonings. If you are making soup, your liquid should fill at least half. You can always add more liquid at the end. If you are making stew, it may be more like a quarter of the pot and chili requires barely any liquid.

Next, you need to add meat. Some people pre-cook the meat but this is not necessary. You do not need to chop your meat or divide your ground meat. When it is done cooking, you can insert a

wooden or long plastic spoon and break up your meat.

Do not put meat with bones in, that's too much hassle. Choose lean meats such as poultry, extra lean ground beef and big game such as deer, moose and bear. Fish in a crockpot can be done but it's not recommended.

You may choose to add a healthy grain. Make sure you have enough water to do this. If you put 10 cups of liquid into your soup, you could add one to two cups of dry grains and still have lots of liquid to make it soupy.

Healthy grains that are whole such as brown rice, wild rice, quinoa and barley are great too. I do not suggest adding pasta or couscous until the last hour or so of the cooking.

Next, you can put in dry beans, peas or lentils. There are so many to choose from. Some lentils or peas will cook into mush so if you want a thicker soup, or something to thicken your chili or stew; this is a good, high protein, low fat addition.

An easy way to add vegetables with no fuss is to buy a medley of your choice in one or two frozen bags and dump it in. If you want something for extra aromatics, you can add freshly chopped onions, garlic and other potent foods.

If you want, add extra herbs and spices and sprinkle a bit more salt and pepper on top of your vegetables.

You can stir everything in or just leave it to brew and then stir at the end of the day.

All you have to do next is serve and enjoy.

CREDIT: CORNERS74 ON THINKSTOCK

Crockpots are an easy way to make a delicious, healthy dinner; you just have to put everything in the pot in the morning, turn on the heat and leave it for the day.

Healthy crockpot chili



CREDIT: BHOFACK2 ON THINKSTOCK

Chili is a delicious, healthy, hearty and filling meal, which makes for a perfect fall dinner.

KAREN NIXON-CARROLL
INTERROBANG

Prep time:
10 to 20 minutes

Cook time:
Low heat for 8 to 10 hours

Ingredients:

- 2 cans of low sodium diced tomatoes
- 1/2 to 3/4 cup of chili seasoning
- 1 to 1 1/2 pounds ground turkey or extra lean ground beef
- 1 cup of dry beans (kidney or black beans are good, but any bean of your choice works)
- 1 cup of dry orange lentils or an additional cup of beans
- 2 small bags of frozen vegetable of your choice (look for medleys of onions and bell peppers)

For a more fresh, chopped option follow this:

- 2 to 4 cloves garlic
- 2 to 3 medium (tennis ball sized) onions
- 3 to 4 bell peppers
- 2 to 3 peeled carrots
- 2 to 3 stalks of celery
- 1 to 2 hot peppers
- 2 teaspoons each of salt, pepper, parsley

Instructions:

Add contents of diced tomato cans along with chili seasoning. You can add more seasoning if you want it to be spicier. Stir the seasoning in.

Add the meat and then layer the beans, lentils, vegetables and seasonings on top.

Cover and let it cook on low heat for 8 to 10 hours.

Use a wooden or long plastic spoon to stir and break up the meat and serve hot.

Garnish with plain Greek yogurt.

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Knights' stars hoping to crack NHL rosters

COLIN GALLANT
KNIGHTS' NIGHT

After winning their second Memorial Cup Championship and fourth OHL title in team history last season, the London Knights could be poised for another championship run. Or, they could be an entirely new team.

Many of the veterans who led London to their overtime win over Rouyn-Noranda last spring are now fighting to crack NHL rosters.

Although the team boasts promising rookies and great goaltending, it's realistic to expect that star forwards Mitch Marner, Matthew Tkachuk and Christian Dvorak may never play another major-junior game.

The three led the OHL playoffs in scoring last season, boasting 119 points in 54 games of action. Put simply, they dominated.

Now that all have been drafted, it's a matter of when, not if, they will become NHL regulars.

Mitch Marner was selected fourth overall by the Toronto Maple Leafs in the 2015 NHL Entry Draft. Two of the players ahead of him are now playing in the pros themselves: Connor McDavid and Jack Eichel. The other is Dylan Strome, who is in the same position as Marner, only he's fighting for a spot in Arizona.

With a rebuilding Leafs roster and admiration from head coach Mike Babcock, there could be a spot for the Knights' best player come October. Marner is currently attending training camp in Toronto and will know his fate in the following weeks. After leading the OHL in playoff scoring with an astounding 44 points in 18 games, including a plus minus of 30, it would be shocking to many if he dons a Knights jersey this season.

Knights' Matthew Tkachuk is in virtually the same boat. After being selected sixth by the Calgary Flames in the 2016 Draft just a few short months ago, he'll be trying



Matthew Tkachuk, is one of the many Knights who may be lacing up for a season in the NHL.

CREDIT: ANDREW STEPHENSON FROM SHAKE MEDIA

to play his way onto the Flames' roster that is being built around young talent; just look at Johnny Gaudreau or Sean Monahan.

After a strong showing at the World Juniors in January, with 11 points in seven games, the 18-year-old is another player who could be making his home in the NHL next season.

The third member of the line and captain of the Knights, Christian Dvorak cannot be overlooked either. He was a second round selection of the Arizona Coyotes in 2014, a team that is also building

their franchise around young talent. Max Domi was a teammate of Dvorak's two years ago; he's now a regular in Arizona. Dvorak enters training camp having scored more points in his final major-junior season than any Coyotes prospect since 1996; it's safe to say he's got a shot.

And if it weren't enough that the Knights' top three players could be leaving the team, another 13 skaters will be attending training camps in the following weeks, including star defenseman Olli Juolevi in Vancouver.

Juolevi was part of the Finnish team that won the World Juniors for the second time in three years in January. Also on that team were Patrik Laine and Jesse Puljujarvi, who just represented Finland in the World Cup of Hockey.

Other important players from last season who could be moving up are Max Jones in Anaheim, Chris Martenet in Dallas, Cliff Pu in Buffalo and Brandon Crawley in Pittsburgh.

After such a successful season, it's no surprise that countless skat-

ers on the London Knights roster have played themselves into a position to chase their dreams and play in the NHL.

But if a few of them make the big leagues, it will come down to the young players to keep the legacy of winning in London alive.

Without the likes of Marner, Dvorak, Tkachuk, Juolevi, among others, the Knights are still a play-off team. With them, anything less than another Memorial Cup would be a bust.

Forest City Derby Girls grease their wheels for the start of a new season

ANGELA MCINNES
INTERROBANG

After an intense summer of amassing new recruits otherwise known as "fresh meat" and cross-training seasoned players, the Forest City Derby Girls are fully charged to open a new season on their home track at the Western Fair Canada Building Oct. 1.

According to team captains Lindsay Fleming aka Lin Sanity and Caitlyn Curtis aka Chelsea Swagger, the evening promises to showcase some big hits.

This year marks the sport's 10th operating year in London and surrounding areas. In its earliest days, practices were hosted in an unheated barn on the outskirts of the city, making it difficult for the initial home teams to organize themselves and flourish.

Today, the league's current affiliation with the Western Fair enables women from all walks of life to meet at a more centralized location and expand the league, which

now includes the Timber Rollers, the Thames Fatales and the Luscious Lunch Ladies. The Forest City Derby Girls also now enjoy their status as official members of the international Women's Flat Track Derby Association (WFT-DA).

Once widely considered an underground activity emphasizing sexy outfits over actual skill, roller derby has recently experienced a surge in mainstream popularity leading to coverage on ESPN. But despite its newfound claim to fame, roller derby retains its punk rock spirit by distinguishing itself as the only sport besides rugby to teach female athletes how to properly take a hit.

"There are absolutely not enough contact sports for women. I couldn't hold back in other sports before and I was always the only person to ever get a red card," said Nicki Hynes aka Nancy Drew Blood, who began playing earlier this year. "I like having skates on my feet."

Despite its tough-girls-only ap-

pearance, prospective recruits are encouraged to not be intimidated out of giving roller derby a try for themselves.

"You don't need to be a certain type," explained Frank Plancke aka F-Bomb. "We're all different, but you do need to have some kind of motivation, whether it be personal growth or getting out your aggression."

Anyone interested in learning more about playing roller derby is welcome to attend an upcoming information night on Oct. 4, 7:30 p.m. to 9:30 p.m. at the Western Fair Canada Building. For those who want to attend Saturday's game, tickets are available for \$12 in advance at Renegade clothing store, or for \$15 at the door. Parking is free, and there is no admission price for children under 10.

"You don't have to pay a huge amount of money to have fun, and you'll get to meet the players before and after the game," said Fleming. "Come and watch us play."

FANSHAWE COLLEGE ATHLETICS

TUESDAY, OCTOBER 4

Women's Soccer vs St. Clair Saints
Fanshawe Soccer Field @ 5pm

WEDNESDAY, OCTOBER 5

Men's Soccer vs St. Clair Saints
Fanshawe Soccer Field @ 5pm



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Jade Kovacevic: No record she can't break



CREDIT: FANSHAWE ATHLETICS

Going into just her second year with the Falcons, Jade Kovacevic has made quite the name for herself, breaking countless records both for Fanshawe's soccer program and the OCAA.

KAINE KINDLA AND JESSICA THOMPSON
INTERROBANG

"Impressive, great, fast".

These are just a few of the words that fans used to describe striker Jade Kovacevic during a match on Sept. 24 against the Redeemer Royals where she continued to display her goal scoring abilities.

Despite an impressive amount of attention focused on her, the talented player shines with fantastic performances, one after the other.

Recruited just last year in the 2016-2017 season, Kovacevic, a second year business marketing student, has managed to make quite the name for herself.

In her first year with the Falcons, Kovacevic managed to break two records and tie one.

The first record she broke was for goals in a season; on Sept. 30, just a few games into the season, Kovacevic scored against the Lambton Lions to give her a count of 14 goals.

The previous record was set by Melanie Moulton in the 1997-1998 season.

Just two weeks later, Kovacevic broke the Ontario Colleges Athletic Association (OCAA) record for goals in a season. It was during another game versus the Lions when she netted a pair taking her record to 22 goals.

Before the season could end, Kovacevic went on to get her name on yet another record's list, tying Melanie Moulton for Fanshawe career goals scoring record at 26 goals.

She was rewarded for her athletic prowess at the year-end athletic banquet where she picked up Fanshawe's

Female Athlete of the Year; she was also awarded the OCAA Woman's Soccer Player of the Year.

"I think it was a great accomplishment for myself, and for the team because we were a strong dynamic group," Kovacevic said. "They are responsible for those awards just as much as me because it was a team effort all around and we accomplished something great."

And with a new season, Kovacevic is picking up where she left off, breaking another record.

On Sept. 14, just two games into Kovacevic's second season with the Falcons, she managed to become Fanshawe women's soccer career goal leader after scoring six goals in Fanshawe's 10-0 win over the Royals.

This also broke the record for Fanshawe's most goals in a single game.

"Jade is a remarkable talent," said Mike Marcoccia, the new head coach for the female varsity soccer team. "She is an intelligent player who understands how to succeed against tough opposition. Her performance this season has been great. She is the team captain so she must lead by example each game, which she does."

This sentiment was mirrored by teammate Selina Roberts. "She's aggressive and she's furious."

The team itself is on a roll being undefeated in the season so far. Kovacevic is a strong athlete, but the team surrounding her helps amplify her skills.

The talk of Kovacevic's previous impressive season will be overshadowed by her guaranteed future record setting. After Sept. 24's game, Kovacevic has 14 goals to her name and if she keeps up at this pace, she'll tie

her own record or just re-break it altogether.

Kovacevic was a former Canadian national team player from 2010-2012. During this time, she participated in the FIFA U-17 World Cup in Trinidad and Tobago and the FIFA U-20 World Cup in Japan. Before this, she attended Louisiana State University and played NCAA (National Collegiate Athletic Association) Division One soccer.

"The NCAA and national programs both helped me in different ways, both [on the] tactical side and the physical and dynamic side," Kovacevic said. "Both [were] great experiences and ones to say I was lucky to be a part of."

In addition to her extensive soccer background, Kovacevic credits her FC London coach, who is also now her coach at Fanshawe, Marcoccia, for helping her develop the skills necessary to break all these records.

According to Kovacevic, he took their team, who were a group of "underdogs" and helped them win everything.

"I learned so much, probably the most I have in my career working with him over the past year and a half," Kovacevic said. "I credit a huge part of my success to him because of the dedication he showed."

Kovacevic is, for a lack of a better word, a marvel in the game of soccer, many people have seen her scoring ways first hand and most are left in wonder; all they can say is "wow".

Some would say she's one of a kind, others say she's worked hard to get to where she is, but the only real thing anyone knows for sure is that she has an exciting career ahead of her.



CREDIT: FANSHAWE ATHLETICS

Jade Kovacevic accepts her Female of the Year award at last year's banquet. She stands with Fanshawe's athletic director, Nathan McFadden (left) and the national sales manager at Westmont Hospitality Group, Saverio Gioffre (right).

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