

NEWS page 3
Fanshawe's REDTALKS with
Lucy DeCoutere.

LIFESTYLES page 10
Get ready for the Forest City
Comicon.

OPINION page 7
Parking issues at Fanshawe.

SPORTS page 15
Fanshawe Falcons receive national
athletics award.

INTERROBANG

From playing across
London, to performing on
Shawn Mendes' stage,
Sarina Haggarty is now at
Fanshawe. page 9



Volume 51 Issue No. 5 September 21, 2018 theinterrobang.ca

#GetBucked
for **FREE**
FREE Bull Riding with this coupon.
Value of \$5
Must present physical coupon. Expires October 13th, 2018.

SING ALONG
TO YOUR
FAVOURITE
COUNTRY TUNES

2 STEP WITH YOUR
BEST FRIENDS

**COWBOYS
RANCH**

SATURDAY
LADIES NIGHT
#JACKEDUPSATURDAY

FRIDAY LINE
DANCING
#FREEDOMFRIDAY

@CowboysRanchLondon
@CowboysRanch @cowboysranch

60 Wharncliffe Rd N, London 519.679.0101
www.cowboysranch.ca

**FREE
VIP** Cover
Fee
Value of \$5
Must present physical coupon. Expires October 13th, 2018.



PUBLICATIONS MANAGER
JOHN SAID
 jsaid@fanshawec.ca
 519.452.4109 ext. 6320

EDITOR
MELISSA NOVACASKA
 mnovacaska@fanshawec.ca
 519.452.4109 ext. 6330

ADVERTISING
DEENA GRIFFIN
 d_griffin5@fanshawec.ca
 519.452.4109 ext. 6325

CREATIVE DIRECTOR
DARBY DELINE
 ddeline@fanshawec.ca
 519.452.4109 ext. 6321

GRAPHIC DESIGNER
JENNA HAWKEYE
 j_hawkeye@fanshawec.ca
 519.452.4109 ext. 6332

WEBSITE & SOCIAL MEDIA
COORDINATOR
ALLEN GAYNOR
 agaynor@fanshawec.ca
 519.452.4109 ext. 6324

STAFF REPORTER
ANGELA MCINNES
 a_mcinnes@fanshawec.ca
 519.452.4109 ext. 6323

VIDEOGRAPHER
JORDAN CROW
 j_crow20@fanshawec.ca
 519.452.4109 ext. 6326

COLUMNISTS
 Nauman Farooq, Michael Veenema

CONTRIBUTORS
 Lliam Buckley, Lauren Dietrich,
 Emma Fairgrieve, Samantha Kazcala,
 Jocelyn Wong

GRAPHIC DESIGN
 Chad Gopaul, Jessica Pellizzari

COMICS
 Laura Billson, Alan Dungo,
 Anthony Labonte, Matt Rowe, Andres Silva

ILLUSTRATOR
 Jared Le

PHOTOGRAPHERS
 Jacob Beer, Brook Iden

LETTERS TO THE EDITOR: FSULETTERS@FANSHAWEC.CA



COVER PHOTO:
 Jordan Crow



1001 Fanshawe College Blvd., Room SC1012, London, Ontario, N5Y 5R6 and distributed through the Fanshawe College community.

Letters to the editor are welcome. All letters are subject to editing and should be emailed. All letters must be accompanied by contact information. Letters can also be submitted online at theinterrobang.ca by following the Interrobang links.

Proud member of:

Canadian University Press (CUP), National University Wire (NUWIRE), Ontario Community Newspapers Association (OCNA)



/fsuinterrobang

@interrobang_fsu



FSU Publications Office
 theinterrobang.ca



FROM THE EDITOR

MELISSA NOVACASKA

Welcome back Fanshawe students, staff, faculty and community members to another week and issue of the Interrobang. To start off another issue, my reporters spent a good amount of time working hard to have fresh and relatable content for you to read through and stay up to date with Fanshawe and London news.

This issue has a number of interesting pieces, including one about Fanshawe's parking lots and how drivers are having a hard time finding a spot to park and are paying a lot of money if they do get a spot.

Another news story covers five new programs that started this year at Fanshawe, as well as the upcoming RED-TALKS event, where Lucy DeCoutere will be giving an insightful and important talk about resilience, sexual assault and the culture around it. This event, on Oct. 4, is not one to miss.

The Interrobang gives readers an inside scoop of London's first vegan food bank and the City's initiative to help provide female hygiene products to those in need.

Our opinion section has two thoughtful pieces to ponder about, including one following the Ten Commandments and another about one student's rant on Fanshawe's parking system.

The lifestyles section includes our

cover story about London native and musician Sarina Haggarty. Haggarty has not only performed across the city and in other Canadian and American cities, but has also performed an original song during a Shawn Mendes concert in Cleveland. She's now taking her talents to Fanshawe and is part of the College's Music Industry Arts (MIA) program. You'll also find a video interview with Haggarty that the Interrobang conducted, which will be attached to the online version of this article. It's a must watch.

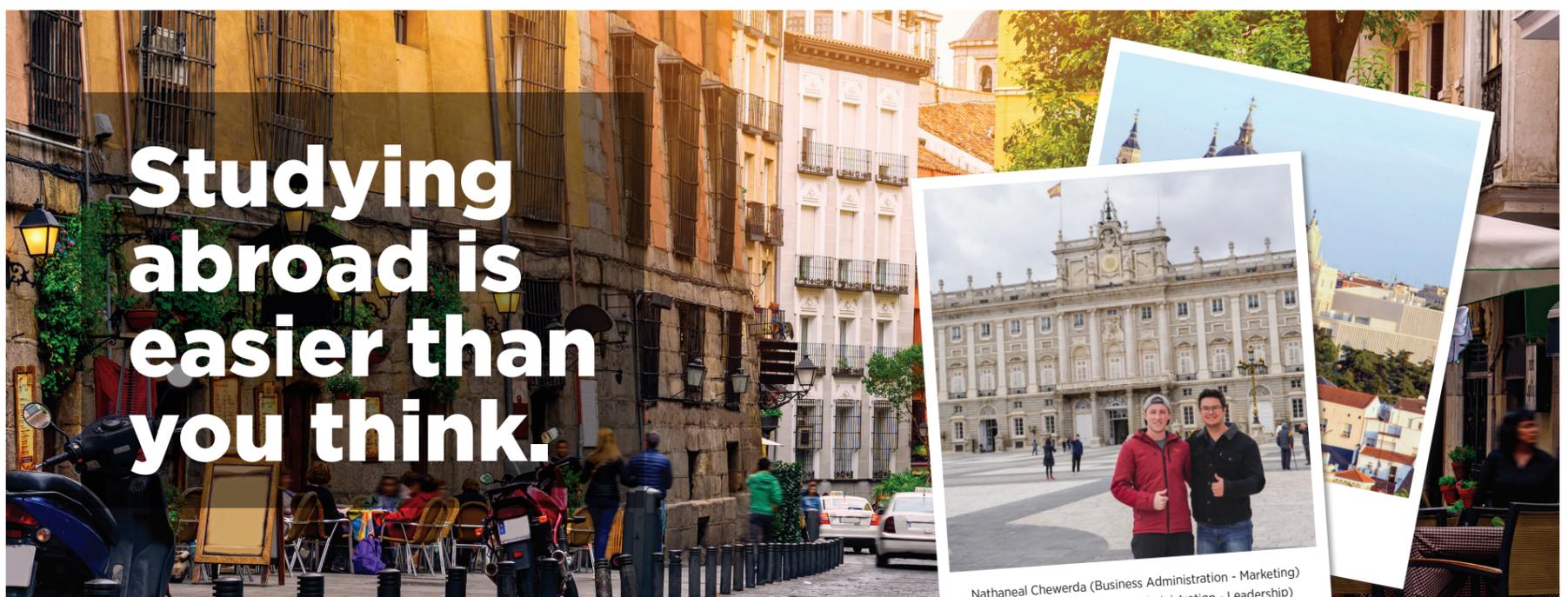
The lifestyles section also includes a horror movie review, a fitness article a neat piece about metal detectors.

Last, but not least, our sports section includes some interesting pieces including a car review, a look at Fanshawe's sports stats and a story about a number of Fanshawe Falcons who are recipients of the national Canadian Collegiate Athletic Association (CCAA) award.

That's it for this issue, but be sure to check back again when our next issue hits newsstands on Sept. 28.

Happy reading,

Melissa Novacaska



Studying abroad is easier than you think.

- ▶ Study in English
- ▶ Receive full or partial credit for courses you take abroad
- ▶ Eligible for a scholarship up to \$2,500 to help lower your costs

- ▶ Pay your Fanshawe tuition only - no additional tuition or fees required
- ▶ Fits into your current graduation plan - no extra semester required

See? You really can go!



Find out how at fanshawec.ca/studyabroad
 Apply by October 5, 2018 for Winter 2019.

REDTALKS: In conversation with Lucy DeCoutere

ANGELA MCINNES
INTERROBANG

Lucy DeCoutere is coming to Fanshawe College to talk about resilience.

It's a subject she's become all too familiar with over the past few years.

In 2015, the Air Force captain and former *Trailer Park Boys* actress was the first woman to publicly identify herself among those who alleged that ex-CBC radio host Jian Ghomeshi had committed various acts of sexual violence against them.

Although Ghomeshi was eventually taken to trial in 2016, he was acquitted of all charges on the judge's basis that the witness testimony was inconsistent and unreliable.

As part of the College's Sexual Violence Prevention Month, DeCoutere will host the fourth installment of Fanshawe's REDTALKS leader lecture series. In a phone interview with Interrobang, she said she wants to discuss her journey and what she learned along the way.

"I think it's kind of a great story to tell," DeCoutere said of going to trial. "But that's kind of old news and now what's more interesting is what happened after."

The events during and after the Ghomeshi trial demonstrated what many survivors of sexual assault go through publicly and personally when they decide to call out their perpetrator.

Leah Marshall, Fanshawe's Sexual Violence Prevention Advisor,

said the highly publicized case sparked a much-needed dialogue.

"Lucy coming forward opened up conversations across the country about the stigma and shame and blame that survivors face when they bring their stories of sexual violence forward and seek justice through the legal system," Marshall said.

"Having those conversations helps change the narrative around sexual violence. It helps break down a lot of the barriers that make it difficult for people to not just support but to sometimes seek support and assistance after an assault."

Despite the outcome of the trial two years ago, DeCoutere has not let the conversation die down. She continues to speak candidly not only about her frustrations with the legal system, but also on how life has gone on after facing overwhelming hurdles.

She said that her REDTALKS presentation will centre on how mental toughness can be applied to any situation, big or small.

"It's taking a look at what is resilience, and where does it come from," DeCoutere said. "What do you do when you run out of it and have to find more?"

Executive Director of Student Success Heather Cummings suggested that DeCoutere come to Fanshawe after seeing a documentary about her experience. She said she believes DeCoutere's story will resonate with REDTALKS's audience.

"She is going to describe a bit of what she went through and what was going through her head just so



CREDIT: COPYRIGHT RILEY SMITH PHOTOGRAPHY, USED BY PERMISSION OF TALENT BUREAU

Former *Trailer Park Boys* actress Lucy DeCoutere is slated to give a talk at Fanshawe College on her experience coming forward as a survivor of sexual violence.

we understand what trauma does to people," said Cummings. "I hope it's going to educate our community about how challenging it is for survivors, how we talk to survivors and how we support them. It's go-

ing to show how complex these cases are and how difficult they are for everyone involved to make meaning of what's happened."

Lucy DeCoutere will speak at the Alumni Lecture Theatre (D1060)

On Thursday Oct. 4. Doors open at 8:30 a.m., and the session runs from 9 to 10 a.m.

Parking shortage just another part of the new school year

ANGELA MCINNES
INTERROBANG

There's a lot of looking to be done at the start of a new school term – looking for classrooms, looking for prime study spots, looking for the shortest coffee lines – and for many Fanshawe students, looking for parking.

Despite recent local media buzz suggesting that there may be a campus parking shortage, a College representative said it's business as usual for this time of year.

"Parking is probably average, the same as every September," Marion Dietze, Fanshawe's manager of facilities operations, said. "Certainly we know that the first two weeks in September are very busy for us, and we always have pretty well full capacity of parking spots being used."

There are 3,200 spaces available for students, divided between three areas.

Metered lots cost \$3 per hour or \$12 per day.

In the general lots, students pay a \$5 entry fee. This fee has been raised by a dollar since last year to cover the cost of new parking gates.

In the limited reserved parking lots, 2,100 parking spaces have been set aside for out-of-town students who are given the chance to buy a pass through a lottery ran in early summer.

However, with about 400 students left on the waiting list, there are still many from out of town without the pass.

Jake Ouellette drives at least 40

minutes from outside of London to come to class at Fanshawe's Oxford Street campus.

He said he needs another 10 minutes to find a parking spot in one of the two general lots.

"Parking over at the paved lot is just ridiculous," said the electro-engineering student. "If you have classes early in the morning, pretty much all the spots are taken by around 9 a.m."

Ouellette is among those who are frustrated with the College's current parking system. He said that there have been times when he is unable to find any available spot in the general lot. In those instances he said he has no choice but to find alternative parking nearby, then take public transit back to campus.

Sarah Meely is a Human Resources student who also missed out on the lottery for parking passes. Instead, she pays the \$5 general lot entry fee three times a week to sit in on three-hour lectures. Because parking is limited, she cannot always count on finding a spot and has been late to class while waiting for a space to open.

"My honest opinion is that they need to build a parking garage over by the new residence. It's the best way to solve the problem," Meely said.

According to Dietze, adding to the parking lots is out of the question.

"Almost 15 years ago the College, the president and many student bodies made the decision that we were not going to expand parking lots on campus. We want



CREDIT: ANGELA MCINNES

Parking lots look full now, but the quest to find parking won't be as daunting by the end of September, according to Fanshawe's manager of facilities operations.

to keep the green space, especially when we have three residences and 1500 students on campus on a 24-hour basis, so they can go out and enjoy themselves. I don't see any expansion in parking spaces on

campus and it's been like that now for a few years," Dietze said.

For the time being, students will have to find ways to adapt to the situation by coming in earlier, carpooling, and if local, give up driv-

ing to school and use the bus pass included in their tuition.

Dietze said although the lots are currently full on a daily basis, things will eventually slow down.

London Votes: What mayoral candidates are saying on BRT

ANGELA MCINNES
INTERROBANG

Unless you never step foot off campus, you've most definitely noticed that London's transit system and infrastructure desperately need upgrades to meet an increasing population. That's why the proposed plan to build BRT – Bus Rapid Transit – is one of this municipal election's most hot-button issues.

The \$500 million plan runs along two L-shaped corridors spanning 24 kilometres bisecting London, and crossing through the intersection of downtown's King and Clarence streets. It promises to optimize routes, create dedicated lanes for express buses and use smart technology to synchronize traffic signals around the system. It will add 35 new bus stops, which will include Wi-Fi and charging stations.

There has been outside support for the project, with the province committing \$170 million, and the federal government offering \$204 million for overall transit infrastructure. The city has said it will pay \$130 million, funded through development charges.

Despite the obvious need for some kind of change to the city's public transit system, mayoral candidates are largely divided on the issue. Six of the 14 in the running spoke to Interrobang about it, along with several other key topics to appear in our publication in the weeks to come. Here's what they had to say about BRT:

Jordan Minter:

"Yes. We're falling way behind. We need this, the city needs it. We're growing, we have to grow with the city, and it's paid for. The province has kicked in the lion's share. Let's just get it going."

Paul Cheng:

"The BRT was hatched somewhere deep down in the tunnels of bureaucracy [...] it doesn't make any sense."

Instead of BRT, Cheng has set his sights on creating more bus bays on major intersections, mending roads and unifying bike lanes for cyclists.

Dan Lenart:

"I believe most voters have made up their mind against BRT and I agree with them. The way it's designed and put forward, it's only going to decrease commuter time by about 10 minutes or less. I believe the way it's set up and designed is not really worth the \$500 million. We need more bridges and more underpasses and overpasses to make it a much more efficient, workable system. It seems like [BRT] will cause more problems than actually solve."

Ed Holder:

"I've been pretty clear from the beginning I don't support BRT. I do support major transportation impacts that will help students and help all citizens of London."

Holder supports addressing obstructions caused by freight trains by constructing street underpasses to allow traffic through. He wants more buses with more frequent scheduling, along with adding synchronized lights, more bus bays and shelters and more right-hand turns for buses.

Paul Paolatto:

"I'm not in favour of the current BRT plan. I believe it to be too costly, too disruptive to much of the current businesses and residents, and too risky to the downstream benefit of tax payers."

Paolatto said he advocates for transit priority lanes, cue-jumping lanes, transit-priority signals, express buses, better use of technology



CREDIT: ANGELA MCINNES

London's future outlook depends on whether or not its next mayor supports BRT (Bus Rapid Transit).

like on and off apps, and better use of dual door entrances and exits. He also wants to see improvement for bike lanes and pedestrian walkways.

Sean O'Connell:

"I'm very supportive of BRT. Right now our system is antiquat-

ed [...] I can tell you what the top three complaints are: mission buses, missing passengers on the road, and overcrowding. I'm a daily transit user. I ride the bus every day and I know exactly what problems are happening in town."

O'Connell said he believes BRT

is more about safe and efficient travel than saving commuter time. He wants to implement the plan and ensure there is a cycling infrastructure to match it.

Other mayoral candidates were unavailable for comment by the time this article went to print.

Exploring London's first vegan food bank

AMY SCOTT
INTERROBANG

Brennan Moore began his journey with veganism two and a half years ago.

After being a basic income advocate for some time, he noticed the lack of plant-based foods in the mainstream food bank system. To help fill these gaps, Moore along with Cassidy Jordyn, founded the London Vegan Food Bank (LVFB).

"[Jordyn and I] have always been very conscious of these issues. I was a basic income advocate for a long time and she advocates for sex workers, and I think that is what helped us. We had a very strong idea of what was going on in our community in terms of [the food bank system] and we were both very frustrated with it," Moore said in an interview with Interrobang.

Through the help of donations from local farmers, small businesses, larger companies, and Food Rescue – an organization which rescues surplus food before it gets thrown out – Moore and Jordyn are able to uniquely give back to the community: by creating a plant-based food bank.

Moore said that along with the lack of plant-based foods available in mainstream food banks, other problems can arise such as an individual's inability to travel to the

food bank, or their identification process.

"Someone came to us recently after being rejected from the normal food bank only because they didn't have a certain piece of ID. They weren't able to get that piece of ID, and even though they had a social worker vouch for them, they weren't able to get the food they needed," Moore said.

The LVFB hopes to break down these barriers by making it more accessible to those in need. Individuals can reach out to the LVFB through any of their social media accounts – listed at the bottom of this article – and will be given an intake form to assess their needs. There are no ID requirements, and the food will be delivered once a month right to the individual. Their services aren't limited to low-income individuals but also to those with disabilities, injuries, or individuals simply going through a rough time.

The LVFB hopes that not only will they provide a source of food for individuals in need but also a source of meaningful interaction and care that the recipient may be lacking in their everyday lives.

When it first launched there were about 20 recipients, but thanks to local media attention the LVFB now serves about 120 recipients.

Moore said that this was initially a challenge as he was doing the



CREDIT: LONDON VEGAN FOOD BANK FACEBOOK

London's first vegan food bank brings hope to those with specialty diets and are in need.

deliveries mostly by bicycle or bus.

"I was having to do three [deliveries] a day and bike from here to here to here. But now we have found some volunteers who do driving," Moore said.

Moore said he also credits the success of the food bank to social media, stating that it might not be possible to run such an organization without it.

"It's been very easy with social media and the Internet. I don't know how this project could have come about in like the '80s. It would be

much more limiting."

Moore said that while the experience has been challenging at times, these challenges are alleviated by the joy that the LVFB brings not only its recipients but also the founders.

"So far it's been fantastic. Everyone that is involved in the project is really thrilled. It's been easier than we thought in many ways," Moore said.

As the LVFB gets more attention, it also receives the attention of those looking to donate. Similarly

to the intake process, those wishing to donate can reach out to the organization on social media and a pickup will be organized.

LVFB can be found online with the following links:

Facebook: London Ontario Vegan Food Bank

Twitter: @LOVeganFB

Instagram: @londonveganfoodbank

Email: londonveganfoodbank@gmail.com

Fanshawe introduces five new programs



Fanshawe is offering five new programs to educate and prepare students for ever-changing industries.

LAUREN DIETRICH
INTERROBANG

As Fanshawe continues to expand and new jobs are constantly being created, five new programs are now being offered at the college to accommodate growth. The new programs are offered through Norton Wolf School of Aviation Technology, Donald J. Smith School of Building Technology, School of Language and Liberal Studies and School of Digital and Performing Arts.

Research and Evaluation (RES1) (International Only)

The research and evaluation program is an Ontario College Graduate Certificate. According to the Fanshawe website, this program is offered exclusively to international students who are interested in learning social science research methods. There is the option to complete a co-operative work term and includes courses such as reading, writing and audience analysis, survey methods and quantitative research methods.

Building Renovation Technology (BRY1)

According to the Fanshawe website, the building renovation technology course is a three year advanced diploma program. It will provide students with the skills to plan, implement and lead building and renovation projects. The program will include the new Ontario Building Code that was introduced in January 2017.

Applied Aerospace Manufacturing (AMF1)

According to the Fanshawe website, the AMF1 program is a one year Ontario College Graduate Certificate program that is only available to international students.

The program will teach students the skills required for a career in aircraft maintenance and repair.

Interactive Media Development - 3D Visualization (VIS1)

The coordinator of the VIS1 program, Justin Brunner said that the program is an intensive three year advanced diploma with a focus on the techniques required in the fields of visualization and emerging interactive technologies. "Students will develop two and three-dimensional design skills by studying a curriculum focused initially on the core principles of visualization technologies and interactive media," Brunner said. "Foundation courses including image and motion design, interactive production, project management, and visual communication will provide the basis for understanding sophisticated technologies such as virtual and augmented reality." Brunner said a key part of this program is the strong relationship it has to London as it is home to a growing interactive media industry. "VIS is an excellent fit within the Interactive cluster of programs at Fanshawe. VIS and IDP share a common first year where students will learn about areas of web design/development and visualization," Brunner said. When students enter second and third year, the two programs separate and offer unique courses. "Throughout the second year, students will study more advanced concepts of visualization including 3D modeling, game engine simulations, visualization statistics, generative art and user experience design," Brunner said. "In the third year, students will continue with advanced visualization studies with emphasis on an integrative capstone project (individual or group) or a client-based applied research project internship."

Combined with the Interactive Media Design program, there are currently 80 students enrolled in this term.

Aviation Technology - Maintenance and Avionics (AVI1)

This program is a three year advanced diploma where the first two years are coincided with the existing Aviation Technician - Aircraft Maintenance (AAM3) program and the third year consists of courses offered in the second year of the existing Aviation Technician - Avionics Maintenance (AVM3) program. Tim Anderson is the coordinator of both the AVI1 and AAM3 program and a professor within the Norton Wolf School of Aviation Technology.

"This new program gives students a wider range of knowledge compared to our standard aviation maintenance and avionics programs by covering the knowledge in both programs," Anderson said. "This is well suited for students who are either interested in both career paths, or those who are undecided on which path they would prefer to pursue." According to Anderson, this is the first term that this program is offered and there are currently 30 students enrolled.

"Our partners expressed interest in graduates with a wide range of knowledge who had the potential to follow both career paths and be more well-rounded employees," Anderson said. "It is an example of how the Norton Wolf School of Aviation Technology is one of the leading aviation training centers in the country offering modern and relevant training to our students."



CREDIT: PROVIDED BY DAVID BELFORD

Fanshawe recently announced plans for Innovation Village, a collaborative and creative environment where students can take the skills they've learned in class to the next level.

Innovation Village: The future of a Fanshawe collaboration

LLIAM BUCKLEY
INTERROBANG

An exciting project known as Innovation Village is in development at Fanshawe College, promising to bring the college and local community closer together and more connected than ever before.

This is a collaborative space and environment which, according to an information pamphlet recently released by the College, "will be a virtual and private gateway that supports a vibrant and collaborative ecosystem where students can access one stop support and services that will promote innovative practices for exceptional learning."

Interrobang spoke with David Belford, the executive director of Innovation Village who gave some advanced insight on the project's conception so far.

Belford said that a major concept behind Innovation Village is education.

"What we'd like to do is support teaching and learning where students...work with clients, [which] can be external organizations like businesses or non-profits," Belford said.

Belford said that in order to do so he will be "suggesting that the programs and schools examine their programs and see what opportunities are in each program."

Beyond the collaboration side of things, this project will see an exciting and innovative construction and reimagining of space on campus.

The new design will include a student pop-up marketplace, an indoor/outdoor gathering place where members of the Indigenous community are able to meet to connect and collaborate; an entrepreneurial incubator, presentation studios, and much more.

Belford said inspiration for this project came from a number of areas including student engagement.

"[Some inspiration came from] some really excellent learning experiences that students have here already," Belford said. "We see how valuable those are when they work together in teams. Maybe work together with students from different programs even...It helps students bring together everything they've learned in their program."

One of the biggest areas to tackle with a project like this is the physi-

cal construction of the space. "It's a fairly aggressive timeline but we're shooting to have [the] first phase of it in the fall [of 2020]. Part of this also is looking at the way the library operates and some of the work we're doing will also look at creation of a learning commons and things like that."

When fully completed, the hopes are that this space will stretch beyond the library, into F building, as well as Forwell Hall. Due to the complexity of a project like this, Belford said the project is already bringing the many departments of the College together as they develop and execute the steps involved.

Belford said that a program such as this will not only benefit the College and the students, but also the local community and business of London.

"I think for a lot of organizations that work with them, they'll get some benefits. Maybe getting some new ideas, new perspectives. Maybe identifying some skills they need within the organization which might even lead to student jobs," Belford said.

Belford said he also believes that programs such as this, once implemented, could have a major positive impact on local communities as well as Ontario's economy as a whole. "The college system and Fanshawe are contributing to the economy by the programs we offer, which are geared to what's happening in the economy," Belford said. "I think maybe what we're adding to this a little bit more while the students are here...they may be able to contribute to growth and other things within businesses and non-profits. So, I think a lot of students like to feel they have the opportunity to make a difference or make a change."

Until then, Belford is excited to watch all aspects of the program come to fruition and looking forward to "having a facility that promotes collaborative working together and making use of the resources that we have."

The construction of Innovation Village is still very much in its planning phase. Due to this, there is not much information elsewhere at the moment. However you can be certain that Interrobang will keep its readers in the loop on all news relating to this project moving forward.

RH Accelerator helps small businesses gain city support

SAMANTHA KACZALA
INTERROBANG

London introduces a new incubator for start-up growth stage companies this month in the form of Roundhouse (RH) Accelerator.

rTraction works as a digital company from within the Roundhouse on Horton Street that helps its customers with the tech-savvy problems they are facing, and to help those changes make a long lasting impact. The company is now working towards supporting small businesses around the London area to become known and get their name out there.

"We kept hearing from the investing community that there weren't enough quality set-ups in London," David Billson, co-founder of RH Accelerator and president of rTraction, said. "I've been running a business here for twenty years and know that there are some great companies doing some amazing things here. We thought maybe the ways to solve that problem was by creating a firm that gets more experience for the start-up growth stage companies with some senior level mentorship and support to make it easier to put those companies in front of the investment community and say we have something here in our hometown that I think we should invest in. Where as previously, investors had to do their own due diligence and take risks on their own."

The firm will be housing the companies being supported by the initiative starting this month where they will get mentoring, networking and funding to help solve the barriers that have kept them from growing further. In the end, Billson said that the Accelerator's main goal "is to work with the start-up growth stage community and get lower risk opportunities in front of the investors".

According an Aug. 30 article by The London Free Press, the Accelerator will only make income as the companies they support grow. No growth equals no income, giving the team even more incentive to help develop more growth for these new business.

The business has taken on three high-tech firms: Factory Bucket, a software company for the manufacturing industry, Curling Zone, who creates analytic data for a sports entertainment site around curling, and VisitorQueue, whose software keeps track of the foot-traffic through a company's website. Billson also confirmed that the company is already looking at supporting other small businesses outside the tech industry.

According to Billson, supporting small businesses helps bring and keep income in the local community.

"The more that we see investments and economic growth here in London companies, instead of investing money let's say into the stock markets, when those dollars come into the community they help grow talent and expertise," Billson said, "it creates an ecosystem where people come up with good ideas, prototype them, then get them ultimately funded developed in our community, versus having those activities happen in other ones."

When asked about whether or not students should also keep an eye out for jobs in small businesses or entrepreneurial opportunities, Billson stated, "I think that for the long term, jobs working for large multinational corporations and high-end opportunities are still going to be there, but that won't be the only career path available to students. Figuring out the relations between entrepreneurialism and small businesses is definitely where a lot of future opportunities are for students these days."

While Roundhouse Accelerator



CREDIT: UNDEFINED UNDEFINED

RH Accelerator and other groups are helping to support small businesses grow London's economy.

focuses on the growth of small companies already with a toe dipped into the industry, other incubators such as LEAP Junction at the main campus of Fanshawe College, work with those in the hatching stages.

David Ouellette, community outreach coordinator for LEAP Junction, said that students interested should take advantage of what LEAP has to offer.

"I would say anyone who is thinking, or pretty much inquiring, into the idea of you may wanting to start a business, but you don't have an idea yet, there is a lot of people available here [at LEAP]

who are ready and willing to talk, discuss and develop ideas with you. I think that students really need to take advantage of it because there is nothing better than being your own boss."

Also a small business owner, Ouellette and his company Boarder Pass participated in the last incubator held by LEAP this past summer, and had some insight to share about what the incubator does for start-up companies.

"A facility like this for those in the early stages is extremely beneficial because all the knowledge is here and it's ready for you to take

advantage of. It's up to you to use it. I saw a lot of people get a lot of value from the summer incubator program that were in those early stages. They helped develop their brand, develop their ideas, checked to see where they were going to go. For me personally that those would have been very helpful in the first few years of our business," Ouellette said.

Billson stated that the company is part of a larger system in "building a community of entrepreneurialism and small businesses and we [RH Accelerator] are happy to be a part of that ecosystem."

Tampon Tuesday: Ten years of an ongoing issue

EMMA FAIRGRIEVE
INTERROBANG

On the second Tuesday of every month, Jack Astor's on Fanshawe Park Road West hosts a networking event where admission is a donation of feminine hygiene products.

The feminine hygiene products that are donated can be anything from pads to tampons.

Whatever feminine hygiene product is donated goes to the London Food Bank where low income women can get the products they need.

Mandi Fields, the founder of the London chapter of Tampon Tuesday, has met some women who've become very desperate to find a way to take care of a basic human need.

"I've heard one really horrible story about a young homeless woman. She would collect used cigarette butts, save them, and use some old, brown, scratchy paper towels and make her own tampons. It's a real issue," Fields said.

Tampon Tuesdays in London has been going on for almost ten years. "If this wasn't an issue, we

wouldn't still be doing this ten years later. I see now all the ground work that we did about ten years ago, and people thought the name was crass. They thought what I was talking about was crass. And now I'm seeing this whole shift," Fields said.

Typically 60-80 people show up and bring donations. Over 45,000 feminine hygiene products have been donated.

"Often it feels like a summer party. When you come in here, you're walking into a restaurant with a bag of women's hygiene products, it's a bit of an ice breaker too. You feel a bit goofy, but I would say in general, the vibe is always a upbeat," Fields said.

London is not the only city that has Tampon Tuesdays. There are 36 cities hosting their own Tampon Tuesday. "We don't tell people how much to spend. There is no fee to arrive it's just whatever you can give and donate," Fields said.

Some companies also help contribute to the cause including: Shoppers Drug Mart, Big Blue Bubble, Voices.com, Auto Data and Bell. Jack Astor's contributes by offering free food to those who attend.

However even with the support of sponsors, Fields said they have



CREDIT: EMMA FAIRGRIEVE

All sorts of products are donated to Tampon Tuesday for individuals who need to use the products but do not have the resources to purchase them.

only been able to meet the food bank's need for feminine hygiene products only once, due to an ongoing demand.

"It's an equity issue, it's an issue about poverty. So poverty is so shameful or it can be and I know

this firsthand experience, I lived at that too. I know that the need is here and the need will never go away," Fields said. "Sadly, we'll always have women who live in poverty and we'll always menstruate. So the need will always be here."

SERVING COMMUNITY • CHANGING LIVES

TEEN CHALLENGE THRIFT STORE

Desks, Chairs, Tables, Dressers, Bed Frames, Sofas, Lamps, Clothing, Dishes,
Small Appliances, Shoes, Toys, DVDs, CDs and so much more!!!

Student Discount 20% - Just show your student ID

Open Monday - Friday 9am - 8pm • Sat 9am - 6pm • Closed Sundays

100% of proceeds go to support the Teen Challenge Ontario Men's Centre

1200 Commissioners Rd E, London

Wanted: more parking at Fanshawe

LAUREN DIETRICH
INTERROBANG

The new school year has started and so has the frustration with the parking system at Fanshawe.

There are so many things wrong with this system and it continues to anger Fanshawe students year after year.

This is my third year at Fanshawe and I feel as though the parking situation at the College has gotten increasingly worse as the years go on.

One of the biggest issues with the parking at Fanshawe is the cost of it.

The rate for the general lot has gone up to \$5 this year which means parking at the College is more expensive than parking in the middle of downtown London.

If you have a full time schedule and have to park at the college five days a week, that is going to set you back \$25 a week, \$100 a month and \$800 for an eight month school year.

The fact that parking went up \$1 may not seem to be very much in the eyes of those who are making the regulations, but it does add up.

That \$1 a day can end up costing you an extra \$160 for a year which could have been used to help pay for a couple of textbooks.

It's not like the price inflation of parking is reflected in a better system because the coin machines still work like something from the 1970s and being able to use your student card to pay is straight up false advertisement.

Not only are you paying a high price for the parking, but it is also mandatory to pay for a bus pass when you pay your tuition and there is no option to opt out.

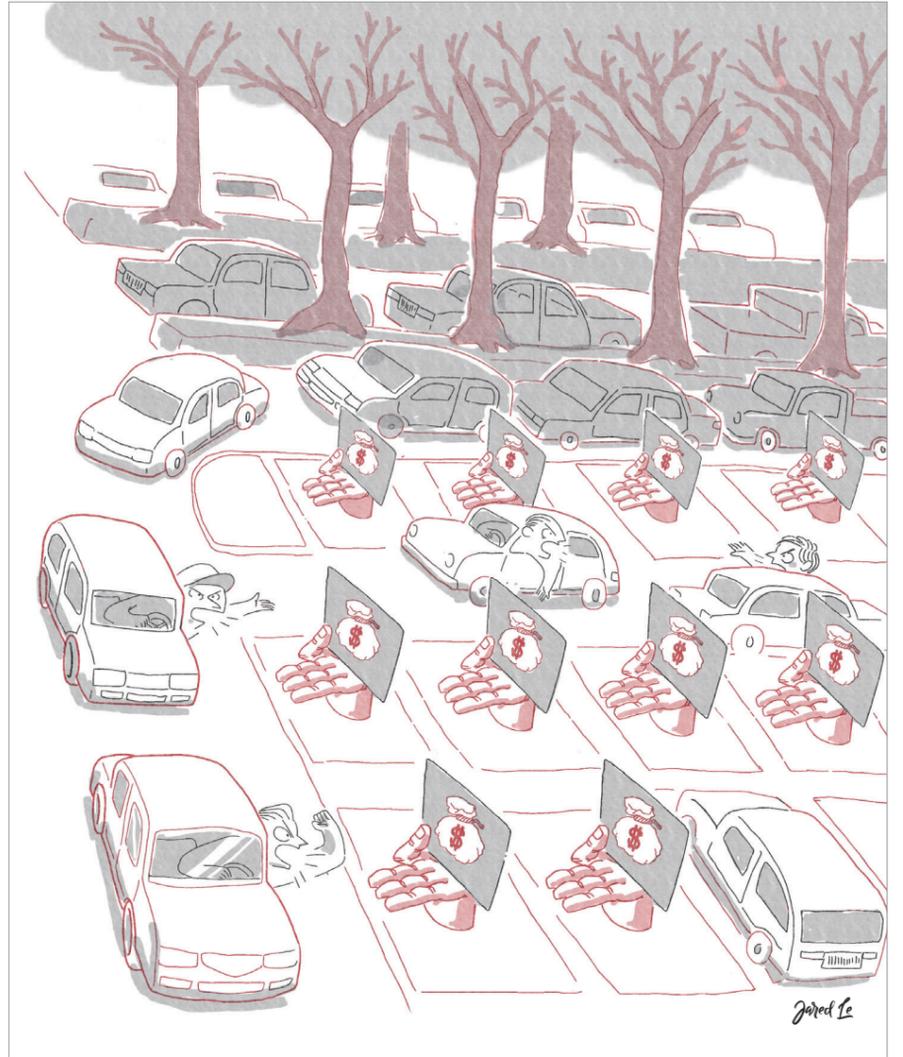
The people who say, "just take the bus", must not realize that Fanshawe draws students from a variety of locations. Not everyone is on a bus route so the fact that you have to pay for a bus pass regardless of using it does not make very much sense.

In addition to cost being a huge problem with the parking system, the lack of parking spots is another prominent issue. Unless you go to the school before 9 a.m., there is a good chance that you will miss your opportunity to get into the general parking lots.

This will leave you with two options of either paying a large chunk of money to park in the meter parking, or drive around and waste gas until someone leaves the lot. Either way, you are out even more money.

Even if you are able to sneak in the general parking lot before it is full, you are basically stuck at the school all day. If you want to leave during a break between classes you will have to pay another \$5 to get back in and take the risk that there will not be any spots left when you return. If you are lucky enough to get chosen in the parking lottery then you truly are blessed because those spots are few and far between.

There is absolutely no winning in the parking world at Fanshawe or any post-secondary institution for that matter and it seems to be getting worse as the years progress.



Under the influence: Understanding a Commandment

MICHAEL VEENEMA
INTERROBANG

Two or three weeks ago I promised to begin looking at the ethics of Jesus in some detail. You can find what I said online of course.

Jesus mapped out his ethics near the beginning of one of the written versions of his life. This one is called Matthew. It is possible that Matthew arranged Jesus' ethical teachings as we find them. They are found in chapters five through seven, but I am not worried right now about exactly how Matthew was composed.

What I am going to focus on though, as a way to get things started, is a saying of Jesus in the sixth chapter.

"Seek first the Kingdom of God," (Matthew 6:33). *Friends, go on the hunt for the Kingdom of God.*

There are different ways that people interpret this expression. University of Toronto Professor Jordan Peterson has an interesting take on the expression, "Kingdom of God". He says that it is the highest good you can imagine (via Jordan Peterson online video, *Aim high and live in the Present*).

But I think that way of understanding the phrase is problematic. The terrorists who crash planes into towers or use families and children as protection during ongoing conflict probably see themselves as pursuing the highest good. They believe that the good is so important that it justifies killing innocent people.

So, I don't think that Jesus meant, Seek first the *highest good you can imagine*. Your imagination might be warped (and probably Peterson would like to qualify his take in some way).

What does Jesus mean then? Well, as a rule, when trying to understand the stories and words of Jesus, it is best to stick as closely to the written text as possible and to know as much as you can about the cultural and historical context. Otherwise you could end up with an interesting, but misguided flight into speculation and you would not be the first.

What Jesus means by "the Kingdom of God", is, I believe, *the influence of God*. Seek the influence of God in your own life. Then watch where that takes you and enjoy the ride. In the ethics that Jesus lays out in those three chapters, he reveals what life *under the influence of God* looks like.

Jesus begins the roll out by commenting on a very well known Jewish law, one of the legendary Ten Commandments: *You shall not kill* (Matthew 5:21-26). As a stand-alone imperative, the command is straightforward and non-controversial. There is to be no taking of human life. Actually, I say this command is non-controversial, but terrorists, psychopaths, some military leaders and others, inclined to snuff out the life of a neighbour might take issue with that. Maybe in our darker moments, most of us would.

Jesus affirms the command, but his comment on it runs deeper and ranges further. He claims that it



CREDIT: PONTUSE

Living in the Kingdom of God and trying to follow all of His Ten Commandments is not as easy as one may think, especially when people may have different opinions of these rules.

is not only those who murder, but also those who nurture hatred towards another person or express derision towards someone, are in violation of the command. Using some shockingly strong language (called hyperbole in literary circles and used to get attention or make a point), Jesus widens the circle considerably of those who offend against this commandment.

However, he also provides an illustration involving legal action which teaches the positive, flip side, of this command. Live at peace with all your neighbours.

There are several implications to

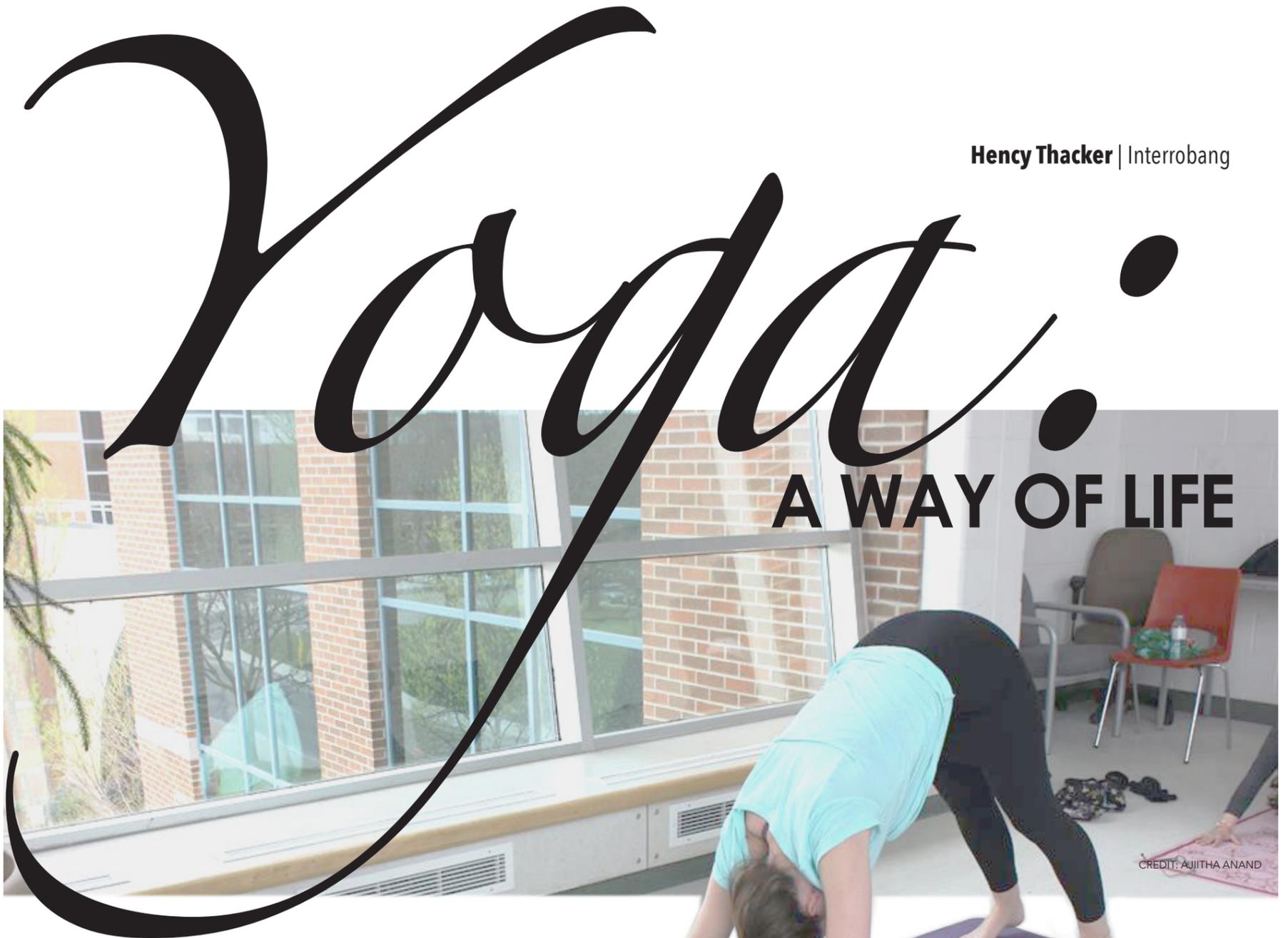
Jesus' teaching here. First, his comments call for some serious self-examination. How many times don't I consider someone an "idiot" or not worthy of sharing the road with me? How many times don't I want to back into a corner someone who holds a different view than me? Finally, wouldn't we love some real misfortune to befall a person who has hurt us in the past, maybe a former employer, partner or drug dealer?

On the other hand, just around the corner, there is the possibility for me to thrive, to flourish. What if I cease concentrating on spewing

out trash against my perceived opponents? What if I instead concentrate on saying and doing things that will give my neighbour a lift? Isn't that where the influence of God will find an environment to nest in and grow?

In fact, isn't the very act of denying the expression of rage and instead expressing genuine interest in another, *already* to be under the influence of God? Perhaps it sounds too sincere, too religious, too pious, too lofty to "seek the Kingdom of God". However, Jesus breaks it down for us and makes it (possibly) manageable. More to come..

HAVE AN OPINION? SUBMIT YOUR STORY!
LETTERS TO THE EDITOR: FSULETTERS@FANSHAWEC.CA



A WAY OF LIFE

When someone tells you to be active, most people think of building a healthy body. This is a misconception as having a healthy body is not the only thing that constitutes a healthy lifestyle; one must also have a peaceful mind and a content soul.

According to a Statistics Canada report, one out of four workers in Canada suffers from stress which can frequently add to the growing number of mental health cases in the world. There are organizations who can help people suffering from stress and other mental health illnesses, but one of the ways in which people can relax their body and ease their mind is with something that doesn't involve any sort of medicine; people can ease their minds with yoga.

Yoga, although misconceived as just a form of physical exercise that is too slow for a lot of people's liking, is a form of exercise that works towards not just achieving personal fitness goals, but also experiencing the movements and achieving equilibrium in the brain.

In the world of multitasking, our brains are trained to do the same. While we are watching a movie or talking to a friend, our brain subconsciously keeps wandering off to other things. However, are we really multitasking or is it just that our attention span has reduced drastically?

Instead of worrying about things that are not yet in our horizon, life should be made simpler by dealing with things that are right in front of us.

"The importance of 'Asana' albeit a physical posture in yoga is that you need to let all of the distractions go. You need to be

focused on the here and now, where it's actually happening to be able to hold your pose and I take that as a metaphor of the way I should lead my life," said Dan Woodward, a yoga instructor and business professor at Fanshawe.

The idea of alignment is that, in a yoga pose, you try to get your body to position perfectly therefore intentionally introduc-

through yoga. Yoga poses cannot be perfected the first time, it can take months or years to master. Over time, you see the change in your body and see how the pose grows easier.

The practices participated in yoga become second nature in life, such as breathing steadily. This helps lead to a happier and less stressful life.

Yoga is referred to as a way of life because everything you learn from it can be applied to life.

Yoga has minimal side effects as an exercise form; in fact it is commonly used as a therapeutic exercise to recover from other injuries.

Various researchers around the world, including Harvard Health Center, have concluded yoga to be a good tool to cure mental health ailments such as anxiety, depression, stress and insomnia along with physical ailments such as body pains, sprains, blood pressure, asthma, arthritis and prevention of diabetes.

"When yoga first came to light, it was mainly practiced by men and this was the case for many years to follow. However, today women make up the majority of people who practice it. But with the peace and calm that yoga provides mentally and spiritually, imagine how different the world would be if more men started practicing yoga again," Woodward said. "This is my life mission now; to get more men to practice yoga."

YOGA IS REFERRED TO AS A WAY OF LIFE BECAUSE EVERYTHING YOU LEARN FROM IT CAN BE APPLIED TO LIFE.

ing tension in your body. However, you learn to let go of the tension once in the pose. Yoga teaches us what it is like to hold on to tension and why you should let it go; yoga teaches you that tension does not help your posture and also does not help your mental health.

Failure or a possibility of failure is a major factor of stress in any individual. You learn that failing is a part of the process

Sarina Haggarty: Fanshawe MIA student already shining brightly amongst the stars

MELISSA NOVACASKA
INTERROBANG

London native, Sarina Haggarty, is no stranger to the City's music scene and is a staple you can find performing at as many shows as she can, wherever she can.

Haggarty, 19, is now booking a new gig by attending Fanshawe's Music Industry Arts (MIA) program for the next two years.

Voted as the top music school in the country for the second year in a row, MIA is a top notch place to be for those who have dreams of pursuing a career in the music industry.

Through word of mouth, Haggarty learned about the prestigious program and took an interest in it, even after touring another school and considering other post-secondary institutions.

After getting a tour and finding out she had friends and people in her circle who completed the program and spoke highly of it, Haggarty realized this was the next path for her to take in her musical career.

Haggarty's producer Ryner Stotzer was also in the MIA program and MIA program co-ordinator, Dan Brodbeck mastered her second EP, *Compass*.

Haggarty had positives to share about her time at the College so far.

"I'm really enjoying it. Two years, is a short time [for a program] compared to universities, but I think it's going to be fun," Haggarty said. "So far [classes] have been good. Theory, is something that I grew up with so I really like that class because we're learning what I learned when I was six or seven and then production and being a producer is not really my aim goal at the moment, so some things I understand, but can't do it (yet). So it's not my strength, but I feel like just being the second week, I feel like I'm going to learn a lot."

According to Haggarty, the program is "cool" in the sense that it involves a number of students who might have different musical career goals such as singing, playing a specific instrument or producing and mastering music, but they're bound to have something in common with one another.

Haggarty said she finds the program is also a good networking opportunity, where you can meet a number of people in the industry, whether it be fellow students, professors or guests speakers.

"You don't know where these people are going to be in 20 years, even in 10 years so you just got to be nice to everyone," Haggarty said.

Though Haggarty is in an intensive program, making friends is one of the many things she hopes to achieve over the next two years.

"I find that people say I'm talented, but I hope I can improve [on] that and learn from others, maybe learn from some mistakes, whether it comes from writing a horrible production song or kind of anything. [I] plan to learn and I hope it impacts who I am and my abilities," Haggarty said.

Though Haggarty is in the first year of her program, she already has a number of achievements and



experience under her belt.

No stranger to the London music scene, Haggarty is a fixture when it comes to music coming out of the Forest city and has been singing since she was little.

According to Haggarty, she was born into a musical and social family (her mom is currently her "mom-ager") and you may have confused her and her cousin (fellow musician Julia Haggarty) as being sisters.

While making up songs on the spot when she was younger, Haggarty said she taught herself guitar and piano, took cello lessons and plays the ukulele.

Haggarty said she also took voice lessons when she was growing up.

"I didn't really let the vocal teachers change my voice, but I feel like they really impacted it for what it sounds like now," Haggarty said. "I find that I got influenced by vocal teachers as well as my mom who is very musical and so I just continued singing and being into music and everything."

One thing that Haggarty said sets her apart is that she doesn't get shy when performing on stage.

This can be justified by the fact that in August 2017, she got up on stage at a Shawn Mendes concert in Cleveland and sang an original song called "Distracted", off on her first EP *Missing Pieces*, in front of over 22,000 people.

Haggarty's performance was part of her wish as a recipient of the Make-A-Wish Foundation months before. Her wish was to perform on a large stage, perhaps one used by a well-known artist like Adele, Ed Sheeran or Shawn Mendes.

This was all a secret she had to keep from everyone except her parents.

"I felt really evil, because I didn't [even] tell my producer anything, like that's pretty big and I asked him questions, like 'what do you think if I got to randomly open for a big artist,'" Haggarty said. "He just went on for like 20 minutes about all things about it and I just wanted to tell him on the spot, I wanted to share the news, but I survived keeping it a secret."

According to Haggarty, she was

able to meet Shawn and chat with him before the show, was introduced by him to come on stage (which was in the middle of the venue giving her a full view of the fans) and played her song.

"[Again], I wasn't nervous, it was cool," Haggarty said. "I kind of stole the stage and [Shawn] just walked off and I sang my original song and I did good. I didn't mess up and then I walked off and people cheered. I feel like it was very nice of [Shawn] to do that it's definitely something I would do in the future. It was a really cool experience and I think it just inspired me to keep working hard and maybe be on another big stage like that whether I steal the stage or have my own stage."

Haggarty's wish came true by being accepted as a Wish kid recipient and ambassador, which came about due the fact that she underwent a two-step brain surgery process in 2016, to help cope with the seizures she faced at a young age which lead her to be diagnosed with epilepsy.

Through the surgery, Haggarty came up with the hashtag #brainsurgeryischill and is still part of the Make-A-Wish Foundation by singing at their events and fundraisers both in Canada and the United States.

"Make-A-Wish [Foundation] has been a huge part of my life," Haggarty said.

According to Haggarty, though surgery was a success, it "wasn't what [she] was expecting it to be", and therefore another surgery may take place sometime in the future.

Her medical story also shaped some of her first EP (released in 2016) and according to Haggarty, its title *Missing Pieces* came from the fact that pieces of her brain were taken out from surgery.

Her second EP, was released earlier this year and both works of art included release parties, one at Aeolian Hall and the second at the London Music Hall. Both were big accomplishments for Haggarty.

In terms of her music, Haggarty said she doesn't necessarily have a specific style or genre, but plays a wide range of songs that tend to be



CREDIT: PROVIDED BY SARINA HAGGARTY

London native, Sarina Haggarty has had quite the musical journey and life so far. Now, she's honing her talents and is learning more in Fanshawe's Music Industry Arts (MIA) program.

country, pop, country-pop and indie-folk sounding.

"It really depends on the audience and the fans, I want to make them satisfied for what they hear and also when it comes to airplay," Haggarty said. "I'm still deciding where to go in the music scene, but I think you need to keep your own vibe, you need to follow your heart and if you want to [try] a genre, but [then] you don't enjoy it, you should switch. Go for what you love. I think I'm just all over the place," Haggarty said. According to Haggarty, song ideas come from different stories and ideas, but she enjoys having a co-writer by her side.

"I find that having a co-writer is very helpful because you can take a good song and turn it into something great. So I really enjoy writing and having a co-writer," Haggarty said.

Overall, music is a passion for Haggarty and something she said she hopes to continue to pursue in the future.

"I think [music is] something that

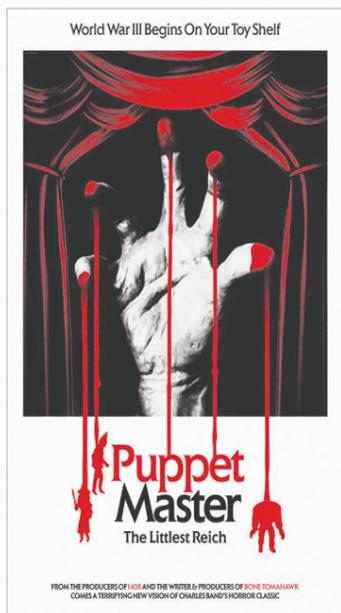
really makes everyone happy, but it makes me happy as well. I really just [need to] kept working hard and I need to keep working harder, but I find music is just a good way to look at the world from a musical perspective and how it takes creativity," Haggarty said. "I find [music is] something that's a part of me. It's a cool thing."

If there's one thing Haggarty is sure of it's what she hopes the audience can get out of her shows.

"I just want people to have a good time from my music, especially when it's an upbeat song, just to jam to it or sing along if they know the words," Haggarty said. "I find that going to any show whether it's mine or anyone's, I want my music and other's music to kind of be like a distraction from life, except from when it's a good day. [I want them to] like it even more." To find an exclusive online video interview with Haggarty, visit fsu.ca/interrobang.

You can follow Haggarty's musical journey at sarinahaggarty.com.

Puppet Master: The Littlest Reich Forest City Comicon is geekier than ever



CREDIT: CINESTATE/GHOST HORSE/ZERO TRANS FAT PRODUCTION

Puppet Master: The Littlest Reich is back in action, however while the film has some key differences from its other parts, there are some good laughable parts worth watching.

JOSHUA R. WALLER
INTERROBANG

Almost 30 years after the initial release of the cult classic film, *Puppet Master*, the thirteenth installment, *Puppet Master: The Littlest Reich*, graces us with its ridiculous presence once again.

With its insanely over-the-top gore and original puppet favourites like Pinhead and Blade, not much has changed (or improved) over the last three decades.

Edgar (played by Thomas Lennon), returns home after a recent divorce to help piece his life back together.

When finding a creepy puppet in his deceased brother's room (and the value it holds), he decides to take a road trip to sell it.

At the convention celebrating the 30th anniversary of the infamous Toulon murders, individuals with

the same goal must fight for their lives as a mysterious force animates all the puppets, setting them on a murderous rampage.

The one thing this installment of *Puppet Master* does well is remaining true to the original film. From familiar faces to laughable murders, (sounds horrible, but watch the film and you'll understand) without any nonsensical twists, it did a good job at paying homage to the original cult classic.

However, this was also the film's major pitfall. For a reboot of a franchise, it didn't feel like anything was rebooted at all. Watching it felt like I was just watching the original with some (slightly) better graphics and acting. Even with the addition of some new puppets and a supposed alternate universe (which will be lost to anyone who hasn't seen the original), the film was completely lacklustre.

With all of that aside, huge props should be given to the special effects makeup department. While none of the brutalities actually made any sense or were realistic in the slightest, the actual practical effects were genius and definitely can catch you off guard. For someone who fails to see the film's ridiculousness, the gore may actually be quite unsettling.

Lastly, the film does an incredible job at keeping such a serious tone throughout the entire movie, even though what you are watching is actually absurd. The music is intense, the lighting is eerie and the actors are portraying such a horrifying scene while in reality, a person is being killed by a 10-inch puppet.

If you need a good laugh or are a huge fan of the original *Puppet Master*, then I recommend giving this thirteenth installment a watch. If you are one who doesn't appreciate some absurdity and takes horror movies a little too seriously, this one is definitely not for you. But after 30 years of making these films, they must be doing something right. Right?

ANGELA MCINNES
INTERROBANG

Attention geeks: the Forest City Comicon is taking place this weekend on Saturday Sept. 22 at the London Convention Centre.

Now in its fifth year, the locally-based comic convention promises to showcase a "celebration of nerd and geek culture" for people of all ages.

Organizer John Houghton said that the event stands out from all others in the region.

"Most big shows in Canada are primarily celebrity-based. We like to think of our show as programming-based that happens to have celebrities," Houghton said. "We have a fairly geeky show."

For the record, Houghton defines geek as "someone who loves to have fun."

Interactive gaming at the show is included with the price of admission. Guests can play at virtual reality games, register for Super SMASH or Fortnite Battle Royale tournaments, or take a trip down memory lane playing retro hits.

Tabletop gaming is also big. The show includes a free board game library, demos, and for the first time ever, sessions with the Dragons and Dragons Adventures League.

For the family, there is a wizard-themed kid's zone and an owl hunt throughout the Convention Centre. Families can track the owls they find and enter a completed form for a chance to win a prize. There will be a young contestant category for children 12 and under at the event's cosplay contest, as well as a steel combat demonstration behind the building for all ages to watch and participate in.

The convention's cosplay contest for more experienced costume-makers is what has drawn Cassie Reid for the past three years.

"I love the cosplay. Getting to dress up as your favourite person, no judgements, is awesome," said the Fanshawe graphic design student, who previously dressed up as



CREDIT: PROVIDED BY JOHN HOUGHTON

In its fifth year, the Forest City Comicon shows no signs of slowing down.

the DC character Harley Quinn.

This year, Reid plans on going as Poison Ivy, but with some creative rockabilly tweaks.

"A very key thing to remember is cosplay is open to interpretation," Reid said. "It isn't how she normally looks but it's how I feel comfortable, and cosplay is all about being comfortable. You do you and people will love it."

To ensure cosplays enjoy a safe environment, the Forest City Comicon is endorsing the widely-used Cosplay is Not Consent campaign to encourage participants to respect each others' space and privacy.

"Basically what it's saying is it's polite to ask permission before taking photos of someone in costume," Houghton said. "It really is a lot of

common sense things."

Aside from the programming, this year's guests include actor Ralph Garman from Syfy Network's *Sharktopus and Lavalantula*; voice actor Matt Hill from the live action *Teenage Mutant Ninja Turtles* and Carla Perez, who played Rita Repulsa on the *Mighty Morphin Power Rangers* series.

There will also be a live demonstration of an animatronic Demogorgon suit put on as a tribute to the Netflix show, *Stranger Things*.

Following the convention, games and special events will continue on into the evening. More information on tickets, scheduling and pricing can be found at forestcitycomicon.ca.

Nest.Cafe

Student Lounge



Sign up for The Nester, our
Loyalty Rewards Program
and have a chance to
WIN a trip to Vegas!!

Join us above Chaucer's Pub on Carling Street
Across from Fanshawe College Downtown Campus.

Lounge Seating | Table Seating
USB Connections | FREE Wi-Fi
Under \$10 Menu | Coffee | Drinks | No Alcohol

Monday to Friday 10:30 AM - 5:30 PM

122 Carling St. | London ON | 519.679.9940 | info@marienbad.ca

www.marienbad.ca



CREDIT: BROOK IDEN (TOP) JACOB BEER (BOTTOM)

Fanshawe students made time for some fun this week by participating in the Fanshawe Ultimate eSports League (FUEL) as well as XXX Hypnotist, Tony Lee's Fanshawe Student Union (FSU) show.



Health & Fitness

BY KAREN NIXON-CARROLL

Group Ex. FEATURE OF THE WEEK

CREDIT: PROVIDED BY KAREN NIXON-CARROLL

Taking group classes may be intimidating, but it's really all about having fun, keeping active and staying healthy.

Learning about Group Exercise

When you are lacking motivation in the gym, having a workout buddy is a great way to uplift your willpower and keep you on track. So what if you could have several workout buddies and someone leading and motivating you through the exercise? Also, what if you could get that in under an hour and feel as euphoric as if you had been on a long run?

You can! It's called Group Exercise classes and there is something for everyone.

Group Exercise includes yoga, high-intensity interval training, strength/resistance training, boxing training, step, cycling, dance and more. All group classes at the Student Wellness Centre include a trained and certified instructor (or a student that is completing practical hours to become certified), music, equipment or space set up, warm up, workout, cool down/relaxation. Classes are an action packed 30, 45 or 60 minutes sweat fest or mind-body experience.

The Student Wellness centre is starting a new program called "feature class of the week". For a two week period, we feature one or more of our classes by adding an extra instructor to the class for modifications and assistance with getting you acquainted with the moves. It's a great way to get to know what the class is about and to interact with multiple instructors. It's also a great way to win some great prizes including personal training, nutrition coaching, free swag from us and our sponsors like Popeye's supplements, Sky Zone and more. See the list of feature classes below.

You can also earn points for every feature class you attend toward our winter semester Group Ex challenge in order to have more chances at winning even more prizes including \$100 gift cards.

It's super easy to enter: register for all classes online on studentwellnesscentre.ca or using our

Fanshawe Student Wellness Centre App (iOS and Android) and make sure your instructor checks you in when you arrive. We will be keeping track of all the names that come to our feature classes and tallying your points. That's it: just sign in and show up.

After each class, you will get a notification to rate the class. Please take a few moment to do this and we would love for you to fill out our Group Exercise survey at: studentwellnesscentre.ca and search programs, services and classes.

We hope that you will learn something new and try something you might not otherwise attempt. Even if it's not your thing, maybe you found something that you know a friend will love and we would love for you to tell them about it. You might also find that it takes a few times in a row of coming to a class before you get it and realize that you love it. We hope you will ask yourself why you haven't been doing this all along.

- Feature of the Week Schedule:
- Sept 17-Sept. 28-6 Pack & Backpack
 - Oct 1-Oct.12-Insanity
 - Oct 15-Oct. 26-Vinyasa Yoga & Acro Yoga special event
 - Oct 29-Nov. 9-Glutes Guts Guns and Athletic Step and Halloween Spooktacular
 - Nov 12-Nov. 23-Power Punch
 - Nov 26-Dec. 7-Guided Meditation, Foam Rolling, and Jingle Wiggle / Yuletide Yoga special event
 - Jan 21-Feb. 1-Spin and Outdoor Spin Special Event
 - Feb 4-Feb. 15-Dance X and Hippy Heart Hop special event
 - Feb 25-March 8-Ropes Gone Wild
 - Mar 11-March 22-Yoga and Biggest Yoga special event
 - Mar 25-April 5-Body Blast

Karen Nixon-Carroll is the Program Manager at Fanshawe's Fitness Centre.

How to claw back your student debt (and practise local history) with metal detecting



CREDIT: PROVIDED BY THOMAS SAYERS

Metal detectorist Ted Myren is on the hunt for trash, trinkets and sometimes treasure. Metal detecting is quite the activity in the city.

THOMAS JAMES SAYERS
INTERROBANG

September is the perfect time to pick up a new skill, but you might as well pick something that can distract you from tight deadlines and exhausting social commitments and earn you some much needed cash.

By those standards, metal detecting is the perfect student hobby. It combines research and entrepreneurship with good-old-fashioned sweaty outdoor work. And there's a certain appeal to going out on a modern-day treasure hunt in your own city.

I ran into Ted Myren, president of the Thames Valley Metal Detector's Association as he briefly scoured Ivey Park for some modern coins. "If we've found enough to buy a cup of coffee," Myren said, "we've had a good day."

However, it's more than just a way to make a quick buck, Myren pointed out.

He emphasized that it's also a cool way to dig into the history of a space. Some of the things you find while on the hunt can be measured in historical appeal rather than dollar signs.

"I'm trying to think, the oldest thing I found I've probably found is an ox shoe that was handmade from the early 1800s, late 1700s," Myren said. "And you find old horseshoes. I've found colonial-era nails too."

I'll admit, I've had my eye on

the metal detecting scene ever since I saw one for sale during free comic book day this year. The \$800 price tag was the only thing that turned me away, but something about the allure of the hunt screamed out to me and drew me in. Shows like BBC's *Detectorists* also brought the fascinating subculture to my attention.

But how does one dig into the world of metal detecting, and where does a hopeful detectorist begin the search?

"I have hundreds of books and I spend a lot of time in the London Room," Myren said. "There's a lot of aerial photography online. Western University has aerial photographs from the 1920s up until about the '60s."

These photographs help to identify what public areas might have been in the decades before. Its usually these spots that might hold buried secrets and warrant a visit from a detectorist.

But you might struggle a bit if your only skin in the metal detecting game is being able to pay for half price desserts at the Outback Shack on a weekly basis.

"You're gonna find a lot of junk," Myren warned, "And you have to be determined."

Myren told me how he had just brought about 100 pounds of scrap metal to Zubick's.

You also need to learn how to be a good metal detectorist, and that means cleaning up after yourself.

Myren showed me how to properly cut a chunk of dirt out of the ground so that it can be put back into place afterwards – it turns out that those images I thought up of dirt piles and huge holes aren't exactly proper form. He tells me that the best detectorists make it seem like they were never there.

However, with hard work comes rewards, and metal detecting delivers in spades. "I did find three gold rings, four silver rings, and \$500 in modern coins," Myren said. "This was just last year. Every year that's about what you find."

The best way to learn the craft, according to Myren, is to come out to a Thames Valley Metal Detectors Association (TVMDA) meeting.

Meetings take place at the Game Chamber at 7 p.m. on the second Monday of every month. Bringing your own detector is optional, all that's needed is interest. "Sometimes we'll go out and I can bring a spare one if you want to just try it," Myren said. "We might be able to hook something up where you go to a park and you can try it out."

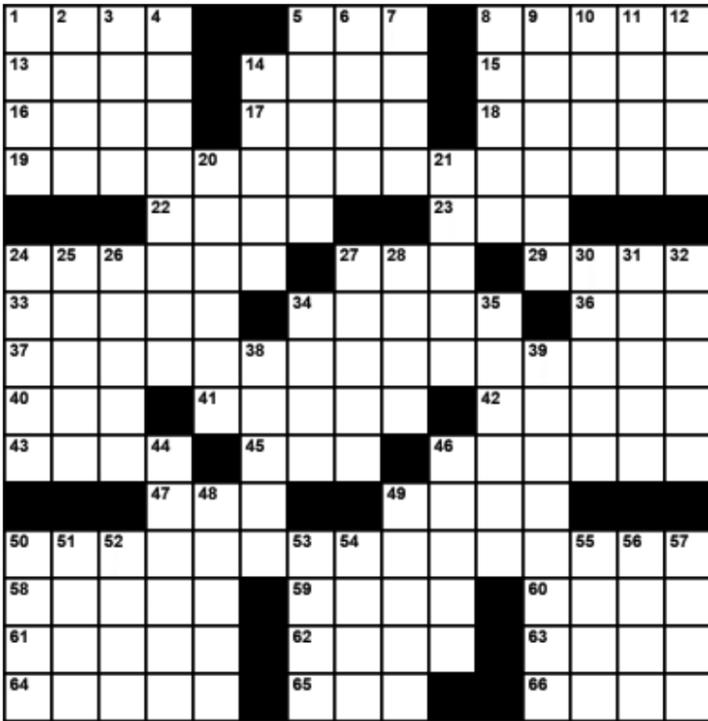
So maybe give it a shot before you drop the cash on a fancy detector – although Myren tells me you don't anything super fancy to bag your first find.

However, if you fall in love, you'll have the perfect hobby to start clawing your way out of student debt while digging into local history and that's a goal worth digging into.

FSU PRESENTS **HOUSE PARTY** TUESDAY, SEPTEMBER 25TH WITH DJ'S **TELETON** FORWELL HALL | DOORS OPEN AT 8 PM 19+ EVENT, ALL AGES WITH FANSHAWE ID **SCOTT BONE**

\$2 TICKETS ADV, \$5 AT DOOR
TIX @ THE BIZ BOOTH MON-THU 9AM - 9PM, FRI 9AM - 7PM
OR THE HUB MON - FRI 10AM - 2PM

Crossword Puzzle



ACROSS

- 1. End of an Asian capital's name
- 5. Vietnamese soup
- 8. Fancy tie
- 13. Woman's name that sounds like

- its first two letters
- 14. Big pile
- 15. Put into words
- 16. "___ mouse!"
- 17. "Look ___ now!"
- 18. Blue eyes, e.g.
- 19. Privileged access
- 22. Bakeshop worker
- 23. Bollywood star Aishwarya ___
- 24. Oxygen's protons, neutrons and electrons
- 27. Actress Farrow
- 29. Sculptor Lorado
- 33. Directive in some automated messages
- 34. City of Light creator at the 1893 World's Fair
- 36. Disperse
- 37. It extends from the Bering Strait to the Strait of Magellan
- 40. "Am ___ risk?"
- 41. Zeroes
- 42. Animal symbolizing anger in

- Buddhism
- 43. Relative of a convertible
- 45. N.F.L.'s Manti ___
- 46. Rejoinder to a zinger
- 47. Swiss river to the Rhine
- 49. "I hate to break up ___"
- 50. King Tut, eg
- 58. Some meditation teachers
- 59. Agosto or settembre
- 60. Retro hairstyle
- 61. Jagged, as a leaf's edge
- 62. Pet pest
- 63. Gospel singer Winans
- 64. Mattress maker
- 65. Realtors' database, briefly
- 66. Xmas poem opener

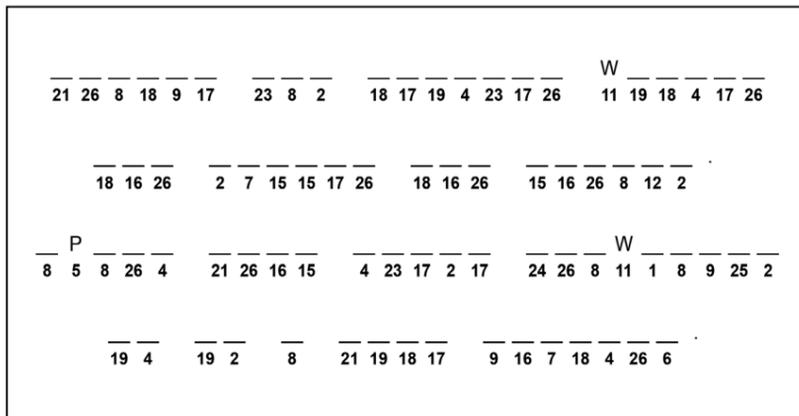
- 5. One of the Brady Bunch
- 6. Part of a ploughing harness
- 7. Shop sign that may be flipped
- 8. "Per ardua ad ___"
- 9. ___ of Gibraltar
- 10. Player of the hot-tempered Corleone
- 11. Ear-related
- 12. French head
- 14. Is repelled by
- 20. Has a part of?
- 21. Insouciant syllables
- 24. Footnote abbreviation
- 25. Balkan native
- 26. 50 minutes past the hour
- 27. ___ Park (Thomas Edison's home)

DOWN

- 1. Glimpse
- 2. At least once
- 3. Supermodel Taylor
- 4. Like radon among all gaseous elements

Solutions on page 14

Cryptogram



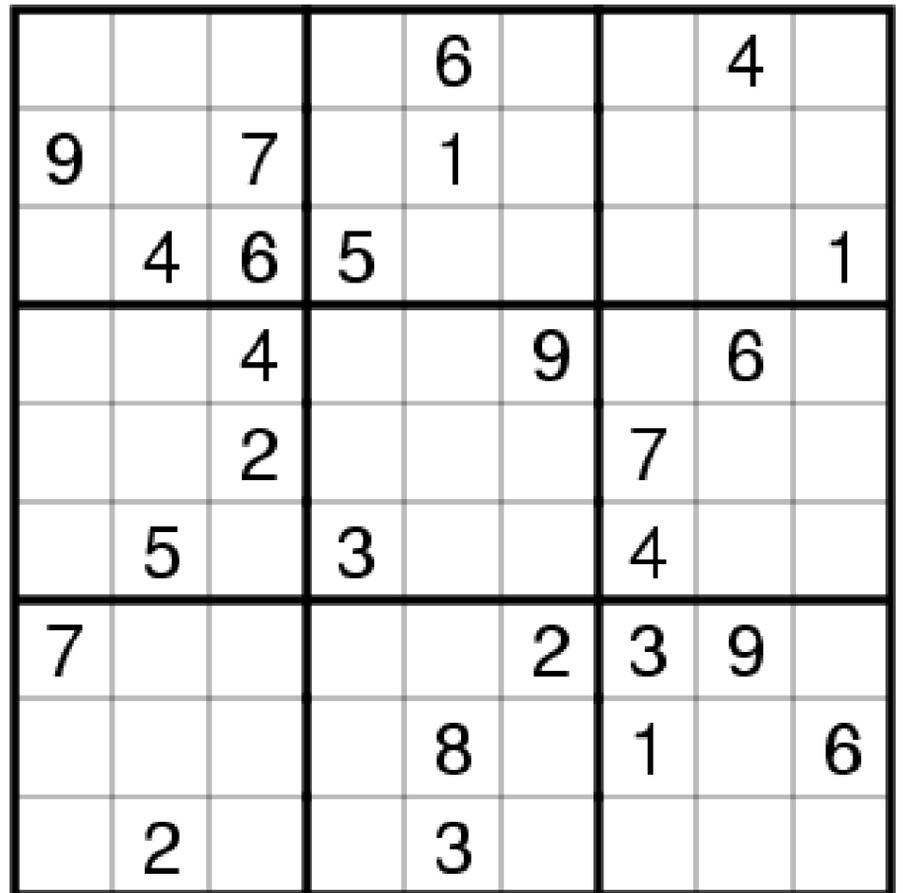
Word Search



The Office

- | | | |
|--------|---------------|---------------|
| Angela | Marjorie | Pennsylvania |
| Darryl | Michael Scott | Ricky Gervais |
| Holly | Oscar | Scranton |
| Jim | Pam | Stanley |
| Kelly | Paper | Toby |

Sudoku Puzzle



Puzzle rating: Hard

Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box. **Solution on page 14**

Notes



zodiac stargazer HOROSCOPE

ARIES

Learn by observing others this week. Someone older may be difficult, but the knowledge and experience they can offer will be worth putting up with the criticism. Now is not the time to make decisions regarding relationships, but it is a time to consider the positives and negatives that come with the connection. Participating in a group effort will be eye-opening. Distance yourself from anyone promising the impossible.

TAURUS

The research you do reveals valuable information that will help you make a choice regarding your vocation, health or lifestyle. A commitment will enhance your relationship with someone special. A change of scenery and romance will ease stress. Don't let an emotional incident that develops this week hinder your ability to get things done. Arguing will not help you reach your goal. Don't mix business with pleasure or count on others for assistance.

GEMINI

Don't let your emotions take over when dealing with friends. It's important to remain calm and to ask the right questions in order to find out the truth. An agreement should be honoured, but before you step up and do your part, make your position clear and get what you want in writing. Anger will not help solve a dilemma, but appropriate action will. Get whatever you want in writing to avoid confusion. Speak up if you want things to run smoothly.

CANCER

Concentrate on personal improvements. Proper diet and exercise will help you blow off steam that could otherwise lead to an argument. You can accomplish plenty this week if you work alongside people who are as aggressive and skilled as you are. Look to the future with optimism, but don't be gullible when it comes to what you can and cannot do physically. If you need help, ask for it. An emotional situation will escalate if you or someone else overreacts.

LEO

Look out for your best interests. Don't trust others to take care of your responsibilities the same way you would. Emotional deception is apparent. A change of plans will catch you off guard. Take good care of your possessions, assets and your health. A relationship problem should be handled with care. A little rest and pampering will be in your best interest late in the week. Turn off your phone, make yourself comfortable and catch up on reading, movies and sleep. Taking some "me" time will help you put your

VIRGO

Keep your emotions out of your decision-making. You'll do far better if you are practical and plan every move you make with precision and detail. Picking up additional skills will result in greater opportunity. Do whatever it takes to add stability to your life. Take care of your responsibilities. Looking out for someone who needs assistance will result in an unexpected gain. A setback will turn out to be a blessing in disguise.

LIBRA

Share a moment with friends or relatives. A walk down memory lane will be a reminder of tradition and family values. Keep your thoughts to yourself. The less others know about you, the easier it will be to get things done without interference. Take care of matters personally. If you leave your responsibilities in someone else's hands, you will be disappointed. Consider the cost involved when you discuss entertainment or plans with friends.

SCORPIO

Look for an opportunity to discuss your plans. Tie up loose ends and set a time frame for the goals you want to accomplish. Having everyone you are dealing with on the same page will ensure success. Pay attention to the needs of others this week. The help you offer will encourage others to do something for you in return. An interesting opportunity that will improve your personal life is heading your way. Romance and financial gain are featured. Think twice before you get into a heated debate with someone close to you.

SAGITTARIUS

Emotions will mount if you confront someone regarding intentions, feelings or loyalty. A long-distance romance will prove difficult due to trust issues. You can get ahead as long as you are upfront about what you are willing to do. Expectations have to be reasonable on both your part and that of whomever you are dealing with. Leave nothing to chance. It's up to you to pave the path you want to pursue and make your intentions crystal clear.

CAPRICORN

Personal changes can be made that will add to your comfort and convenience. Don't let your emotions take over when dealing with government agencies or institutions. A practical, calm approach is your best bet. Share the love this week. A positive attitude will promote the type of help you want from others. Consider the consequences before you take on too much. You will fall short of your expectations and disappoint someone you are trying to impress.

AQUARIUS

Listen carefully when given instructions or discussing a sensitive issue. Take notes or ask for what's being said in writing. It's better to be safe than sorry. Keeping your relationships running smoothly will help to ward off personal loss. Learn from past experience, and don't be tempted to take risks that could lead to injury. Take care of your personal needs this weekend.

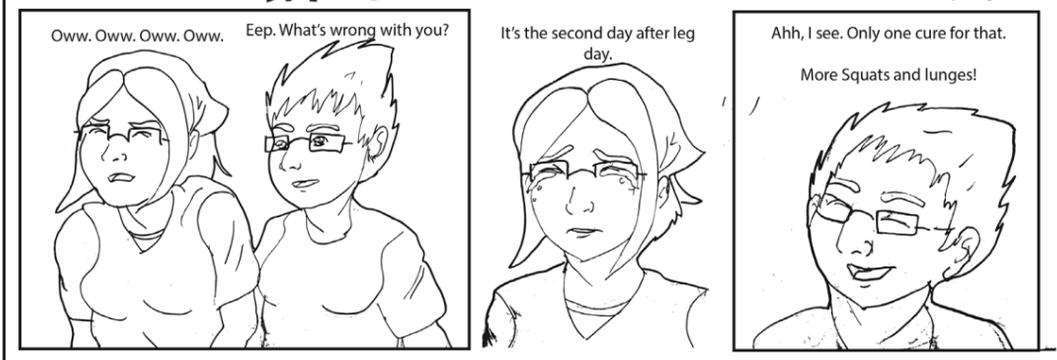
PISCES

Look at your options and consider who your decisions will affect. Listen to an emotional plea and alternative solutions that will be better all around for everyone subject to the changes you want to make. Participating in organized events that are directly linked to something you want to do will be informative as well as connect you to people who can help turn your plans into a reality. Someone will be upset with the choices you make.

Butt sweat n Tears by Andres Silva



NOT NEUROTYPICAL



L.A. Bonté

@FilbertCartoons

Freshman Fifteen



By Alan Dungo

ARE YOU A GAMER

SIGN-UP NOW! FSU.CA/FUEL

Tournaments,
Full Season
Rankings,
**FUEL Gaming
League meets
every week!**



Men's Baseball
OCAA West Division Standings

Team	GP	W	L	PTS
St. Clair	8	6	2	12
Fanshawe	8	5	3	10
Humber	6	4	2	8
Durham	6	3	3	6
George Brown	6	1	5	2
Seneca	6	1	5	2

Women's Softball
OCAA West Division Standings

Team	GP	W	L	PTS
St. Clair	12	10	2	20
Humber	8	6	2	12
Durham	10	6	4	12
Conestoga	10	4	6	8
Fanshawe	8	3	5	6
Mohawk	6	1	5	2
Seneca	6	0	6	0

Men's Soccer
OCAA West Division Standings

Team	GP	W	L	T	PTS
Niagara	3	3	0	0	9
Fanshawe	3	2	0	1	7
Redeemer	3	2	0	1	7
Mohawk	3	1	2	0	3
St. Clair	3	0	3	0	0
Lambton	3	0	3	0	0

Women's Soccer
OCAA West Division Standing

Team	GP	W	L	T	PTS
Fanshawe	3	3	0	0	9
Mohawk	3	3	0	0	9
Niagara	3	2	1	0	6
St. Clair	3	1	2	0	3
Redeemer	3	0	3	0	0
Lambton	3	0	3	0	0

When sports meet tech



CREDIT: FANSHAW ATHLETICS

Fanshawe Athletics and London-based Internet service provider, start.ca, solidified an already close relationship, by participating in a three year partnership.

MELISSA NOVACASKA
INTERROBANG

Fanshawe athletics is set to start a partnership with London-based company, start.ca.

According to a Sept. 12, the partnership between the Internet service provider and the athletics department will run for three years.

Start.ca was founded in 1995 by Fanshawe grads, Peter Rocca and Darryl Olthoff. Rocca was the re-

ipient of the 2017 Fanshawe Business Award as part of the Distinguished Alumni of the Year and is a member of the Larry Myny Mentorship Program.

According to the release, start.ca first started providing home and business Internet services in the city and other areas in 2000 and are currently the number 1 customer service company across North America.

Though the company currently provides high-speed cable, DSL

and fibre Internet services, it will be launching TV service this year.

Start.ca has been supporting the College by helping to provide work experience for students through Fanshawe's internship program.

The company also sponsors Fanshawe's Athletics department including in-floor advertising in the Falcons' main gym and being a game day sponsor during every Falcons Fest events.

For more information, visit fanshawefalcons.ca

Solutions from page 12:

Cryptogram Solution:
Don't go around saying the world owes you a living. The world owes you nothing. It was here first.

8	4	8	3	0	3	0	8
5	1	2	1	5	1	8	2
0	3	0	4	8	1	5	0
2	0	3	4	8	1	5	0
0	2	0	3	1	4	8	5
8	3	5	0	4	2	1	0
1	1	4	8	5	0	2	0
3	4	0	2	0	8	5	1
0	8	1	5	1	4	0	3
5	1	2	1	0	3	0	4

P	E	N	H	P	H	O	A	S	C	O	T		
E	V	I	E	H	E	A	P	S	T	A	T		
E	K	A	A	T	M	E	T	R	A	I	T		
P	R	I	V	A	T	E	N	T	R	A	N	C	E
I	C	E	R	A	I								
O	C	T	E	S	M	I	A	T	A	F	T		
P	R	E	S	S	T	E	S	L	A	S	O	W	
C	O	O	L	D	I	N	E	N	I	L	I	E	
L	I	A	T	U	L	L	S	T	I	G	E	R	
T	H	S	H	O	P	O	P	O	P	N	A	P	
A	S	E	T										
E	G	Y	P	T	I	A	R	A	O	H			
Y	O	G	I	S	M	E	S	E	A	F	R	O	
E	R	O	S	E	F	L	E	A	C	E	C	E	
S	E	R	T	A									

2018 OCAA GOLF CHAMPIONSHIPS
FANSHAWE • 2018

HOSTED BY FANSHAWE COLLEGE
FIREROCK GOLF CLUB, LONDON ON
OCTOBER 1ST-3RD, 2018

Logos for Fanshawe, OCAA, Ontario, FireRock, and belairdirect.

DRIVEWISE
www.drivewiselondon.ca | 519.719.0438

Located on campus for your convenience.
Interactive classrooms.
State-of-the-art driving simulators.
One-on-One in vehicle lessons.

FANSHAWE Corporate Training Solutions
JOHNSON

The only driving school partnered with your Fanshawe College.

Fifteen Falcons are CCAA National Scholar Award recipients

KIERAN MCCAFFREY
INTERROBANG

Fanshawe's varsity teams have another reason to be proud of their athletes, as a number of players are recipients of the Canadian Collegiate Athletic Association (CCAA) National Scholar Award for the 2017-2018 season.

Student-athletes from across all of Canada recently came together with the CCAA to represent the excellence, discipline and pride of academic achievement alongside their success in competitive sports.

According to a Sept. 13 Fanshawe Athletics press release, the National Scholar Award recognizes full-time varsity students who achieve Honours standing at their current academic institution. To qualify for Honours at Fanshawe, a student must receive a cumulative GPA of 3.9 or higher.

"I'm proud and so happy to be a part of an organisation that shares the same values as me, those being commitment, determination and success for our student-athletes," Sandy Murray-MacDonell, CEO of the CCAA, said.

Our Fanshawe Falcons achieving Honours over the 2017-2018 season include:

Olivia Bellingham, Badminton
Claire Dechet, Basketball
Taylor Evans, Basketball
Haly Hawkins, Basketball

Madeline Kielar, Basketball
Jordan Kadlecik, Cross-Country Running (All Star)
Regan Ryter, Cross-Country Running
Isabelle Allan, Curling
Logan James, Curling (All Star)
Kaitlyn Poirier, Curling
Jacob Atkinson, Soccer
Alison Vlasman, Soccer (All Star)

Katie Rowe, Soccer
Gillian Travis-Iantosca, Soccer
Tarea Heshka, Volleyball
According to the CCAA's website, the CCAA's primary focus is to broaden and improve the academic experiences of student-athletes. The association provides a variety of programs and services to assist with development through competitive opportunities in intercollegiate sport.

The CCAA is an essential part of providing educational institutions with a dynamic and efficient learning environment, creating opportunities for student-athletes to further hone their physical and mental abilities, as well as real-life skills such as teamwork, perseverance and respect. Student-athletes bring positivity not only to their teams, but to their entire schools, naturally and actively contributing to community spirit and growth. Therefore, athletics should be considered an essential component of learning, growth and development.

The Interrobang spoke with Fan-

shawe Falcons soccer player, Jacob Atkinson, who had positives to share about being named one of this year's CCAA recipients, as well as playing the game he enjoys.

"For me, (soccer) started when I was young. My parents were incredibly supportive. Soccer taught me a lot of real-life skills, and helped me get to know people. Although the academic elements of being an athlete are challenging, it drives myself and others to do really well in school and allows us to do what we love. You've seen it with these kids who are dropped from teams because of their grades. They want to play, so they will learn and they will come back," Atkinson said.

As well as the CCAA, the Fanshawe Athletics department focuses on both athletic and academic excellence, supplying the crucial resources, programs and tutoring services necessary for our student-athletes to succeed in their ambitions.

"We invest a lot of time and effort into creating opportunities for all of our student-athletes who want to succeed. I highly encourage people to seek out the assistance we provide through programs and services," Nathan McFadden, manager of Fanshawe Athletics, said.

All the information about the programs and services offered through the Athletics Department can be found on the Fanshawe Falcons website.



CREDIT: KIERAN MCCAFFREY

Jacob Atkinson, one of the 15 Fanshawe athletics receiving a Canadian Collegiate Athletic Association (CCAA) National Scholar Award, stands ready outside the college library for a great season ahead of him, as well as a bright semester.

A tale of two Mustangs: A further look at two different models

NAUMAN FAROOQ
INTERROBANG

If you are even remotely into cars, you know a little something about the Ford Mustang. It was perhaps the original, affordable sports car and it looked good, performed well (depending on which spec you picked out), and possibly invented the term "cool car".

The Mustang got a boost of "cool" cred, when Hollywood super star Steve McQueen drove one in the movie *Bullitt*, which has become a big part of this models heritage.

Since 1964, the Mustang is available in various trims and two body styles, a coupe and convertible. So, let's take a look at two very different Mustangs.

Mustang EcoBoost Convertible: For 2018, the Ford Mustang received some minor styling tweaks, but a big change took place mechanically. Gone is the option for the V6, instead, the turbocharged four-cylinder is now the base engine. Entry level it may be, but it still offers decent get-up-and-go, serving up 310 horsepower and 350 pounds per foot of torque (on 93 octane fuel). Power is sent to just the rear wheels via either a six-speed manual, or a 10-speed automatic. My tester had the automatic gearbox and while it works fine when used in casual driving, it just isn't quick enough (or smooth enough) when being pushed. So, the four-cylinder is more of a cruiser, which suits the character of the convertible just fine.

The day I picked it up, the sun was shining and I had a two hour drive ahead of me, so I dropped the top and cruised on the highway, and had a wonderful time. So, if you're



CREDIT: NAUMAN FAROOQ

Mustangs are quick to appeal, but learning more about specific models of this vehicle is another story.

looking for a laidback drop-top to get the most out of our summers, then the Mustang EcoBoost Convertible would be ideal for you. Prices start from \$38,102.

Mustang Bullitt: If you're looking for a real thrill machine, then you'd be much more interested in the Mustang Bullitt. This 2019 model takes direct inspiration from the 1969 Mustang Fastback driven by Steve McQueen in the movie *Bullitt*, hence it has the same highland green paint job (black is also available, but let's be honest, if you want a Bullitt, it should be green).

Just like the original movie car, the modern day Bullitt only comes as a coupe, and only with a (six-speed) manual gearbox. It is also perhaps the most understated Mustang currently on sale; there are no stripes or big spoilers, and even the badges on the vehicle are very minimal, so if you know your cars, you'll be able to spot the Bullitt.

If you have keen ears, you may also be able to spot a Bullitt from the noise alone! While under the hood is a familiar 5.0 litres V8 engine, found in the Mustang GT since 2011, but it is now tuned to produce 480 horsepower and 420 pounds per foot of torque (on 93 octane fuel), making it the most po-

tent factory spec for the Coyote motor. The engine tune, along with its unique exhaust, makes this Bullitt sound even better than the already tuneful Mustang GT. The Bullitt very nearly is the best sounding V8 machine ever made; in fact, the only car that sounds better is the Mustang Shelby GT350, thanks to its flat-plane crank motor.

Going through the gears will plant a smile on your face. Not only is the gearbox a delight to use, but the noise the car makes just adds to the thrills.

The numbers can back up the thrills, too. They run from 0 to 100 kilometres per hour is over in 4.0 seconds flat and if you find the space to wind it all the way up, it'll top out at just over 260 kilometres

per hour, so yeah, it's fast.

However, while it is fast in a straight line, it isn't the fastest thing on the planet through the corners. Even with the (optional) MagneRide suspension, set in the sportiest setting, there is too much body roll. The culprit is the weight, and at 1995 kilograms, the Bullitt is no light weight machine.

The weight also affects braking, so while the brake discs and calipers are very good, they would perform far better in a car that weighs at least 300 kilograms less.

Unlike the EcoBoost, you can't just call the Bullitt a cruiser, because it manages to be better than that. That said, it does cover distances very well, and is quite comfortable. My favorite bit about the

Mustang's interior is its new digital dashboard (which was also on my EcoBoost test car), it is very configurable, and shows a different screen with most driving modes. I can't think of a better instrument cluster currently in any production car, and is good enough to warrant buying this vehicle for this feature alone.

Which brings us to the price. The 2019 Ford Mustang Bullitt is yours from \$57,025. That is a lot of money, but then it is the best Bullitt model ever offered.

So, while we have winter weather coming up next, perhaps start saving for a new Mustang, just in time for next spring.

FANSHAWE SPECIAL
BRAKE SERVICE
(FRONT OR REAR)
ONLY \$59.95 parts extra, plus tax
*Regular Price \$89.95. Expires August 1st, 2019.
WHEN PRESENTED WITH THE COUPON PASSENGER VEHICLES AND LIGHT-DUTY TRUCKS ONLY

DriveTime™
Auto Sales
It's Your Time to Drive

416 First Street, London 519.457.1800
www.drivetimeontario.ca

@drivetimelondonon @DriveTimeCanada

FSU PRESENTS

FREE!

SEASON 2 FORNITE LAUNCH

SEPTEMBER 24TH

FORWELL HALL | 7PM

www.fsu.ca/volunteer

SEPTEMBER 25TH

VOUNTEER FAIR

10AM - 2PM

GET INVOLVED!

F Hallway

FSU PRESENTS

HOUSE PARTY

TUESDAY, SEPTEMBER 25TH

FORWELL HALL | DOORS OPEN AT 8 PM

19+ EVENT, ALL AGES WITH FANSHAWE ID

\$2 TICKETS ADV, \$5 AT DOOR

TIX @ THE BIZ BOOTH MON-THU 9AM - 9PM, FRI 9AM - 7PM OR THE HUB MON - FRI 10AM - 2PM

WITH DJ'S **DELETION** **SCOTT BONE**

WEDNESDAY, SEPTEMBER 26TH | TUESDAY, NOVEMBER 6TH

10am - 2pm in F Hallway

CLUBSday

www.fsu.ca/clubs

Join Clubs, Create Your Own, Make New Friends

Contact Info: Christine Belanger, c_belanger@FanshaweC.ca

19+ EVENT

COMEDY NIGHT

BRYAN O'GORMAN

JARETT CAMPBELL

KYLE BROWNRIGG

WEDNESDAY SEPTEMBER 26, @8:00PM

FREE LIMITED SEATS AVAILABLE

FIRST RUN FILMS

THE HOUSE WITH A CLOCK IN IT'S WALLS

WEDNESDAY, SEPTEMBER 26TH

TICKETS @ THE BIZ BOOTH

\$4 STUDENTS \$8 GUESTS

Throw Back Thursdays.

Acoustic Afternoons

Every Thursday 2pm-5:30pm

The Out Back Shack

FREE of charge

@fanshawesu

FANSHAWE AT THE

KNIGHTS

FRIDAY SEPTEMBER 28TH

7:30 PM BUDWEISER GARDENS Downtown London

LONDON KNIGHTS VS 500 GREYHOUNDS

VIDEO GAME DAY

FREE

MONDAY

OCTOBER 1st

10:00 am - 3:00 pm

FORWELL HALL

WE GOT GAME!

EXPERIENCE THE ULTIMATE INTERACTIVE GAMING CENTRE