



Fanshawe Bucket List

- Pass all my classes!!
- Win an FSU contest (fsu.ca/contest)
- check out the creepy nursing mannequins!!
- Go on a date at the OUT BACK SHACK
- play atleast one intramural sport
- Attend some fitness classes at 101
- See Mother Mother Sept 10th!!
- become best friends with my roommates
- Eat Every item on the menus at Oasis
- Join a Club (fsu.ca/clubs)
- NOT RUN OUT OF MONEY BY THE END OF THE YEAR - BUDGET!!!!
- FIND A PART TIME JOB ON CAMPUS
- Meet my Soul Mate!! (hopefully)
- attend & participate in every themed pub night
- Buy A Fanshawe Sweater personalized with my program on it
- HAVE A FANCY DINNER WITH FRIENDS AT SAFFRONS
- NEVER BE WITHOUT A CONDOM.
- Learn the LIC bus routes
- donate to sharing shop, movember & adopt a family!
- Make friends with Special Constable Brent!
- READ INTERROBANG EVERY WEEK !!



What are you nervous about going into your first week of classes?
#FanshaweNerves

Tweet Winner: @tanya_rand
nervous about sleeping though my 8am classes everyday. #needsleep #fanshawenerves

@laur_vere11
im totally going to get so lost like everyday trying to find my classes #fanshawenerves #fanshawe

@jennaainslie567
getting lost and walking into the wrong class!

@karolinakay
Finding all my classes! #fanshawenerves

@theMattGerman
I'm nervous to find out if my laptop is going to crash I'n the first week! #fanshawenerves

@JessBeWild
I'm nervous about adjusting to having only 2 hours classes/day & managing the rest of my day productively @fanshawesu #fanshawenerves

@Tevo2323
Home work on the first day! #fanshawenerves #Summerwentsofat!

@mspizzle
my biggest fear is walking into the wrong class and being to awkward to walk out of the room. #fanshawenerves

@diverosduarte
just nervous about sitting next to someone I won't like in my classes #fanshawenerves

@emilyhomerxx
hoping i dont fall down the stairs, atleast not the first day #fanshawenerves

@julie_anna17
I'm excited to start school, but I hope I don't get lost! #fanshawenerves Can't wait for #SoYouThinkYouCanFrosh

@LoveLikeWhiskey
keeping my grades in line with last year so I can get into Advanced Film-making next year #fanshawenerves

@benbrown_arch
about this year's SAC nominations; hoping to represent Building Technologies for 2013/2014! #Fanshawe

@johnsabreu
nervous that I'm going to forget how to use some of the audio equipment. #fanshawenerves #musicindustryarts

Next Week's Question:

What would your porn star name be?

Tweet your answer to @fanshawesu using #FalconSexy before **September 11** to be entered into a draw

for a **\$10 gift card to Oasis/The Out Back Shack.**

sweet tweets of the week



CREDIT: STEPHAN ECHAVIA

Student Parise Leclerc attempts to staple a playing card onto the cheek of Sweet Pepper Klopek during the Monsters Of Schlock show in Forwell Hall. The show was part of Orientation Week events.

10 Things I Know About You...

Pearce-ing the surface of this shy student

Dayna Pearce is a second-year General Arts and Science student. "I love my two cats, the Toronto International Film Festival, Sundance Film Fest and FanExpo," she said. Her all-time favourite television series are *Firefly* and *Star Trek*, and her favourite video game series is *Mass Effect*.

- 1. Why are you here?**
To broaden my knowledge.
- 2. What was your life-changing moment?**
Going back to school as a mature student.

3. What music are you currently listening to?
Very excited for the new Katy Perry album!

4. What is the best piece of advice you've ever received?
Find your passion and find a way to make it your career.

5. Who is your role model?
Kristen Stewart, because she's taken a lot of flack but she remains true to and comfortable with herself.

6. Where in the world have you travelled?
Belize, many Caribbean islands.

Mainly used to follow a band, the 100 Monkeys, through the United States.

7. What was your first job?

Michael's craft store!

8. What would your last meal be?

An array of Mexican food!

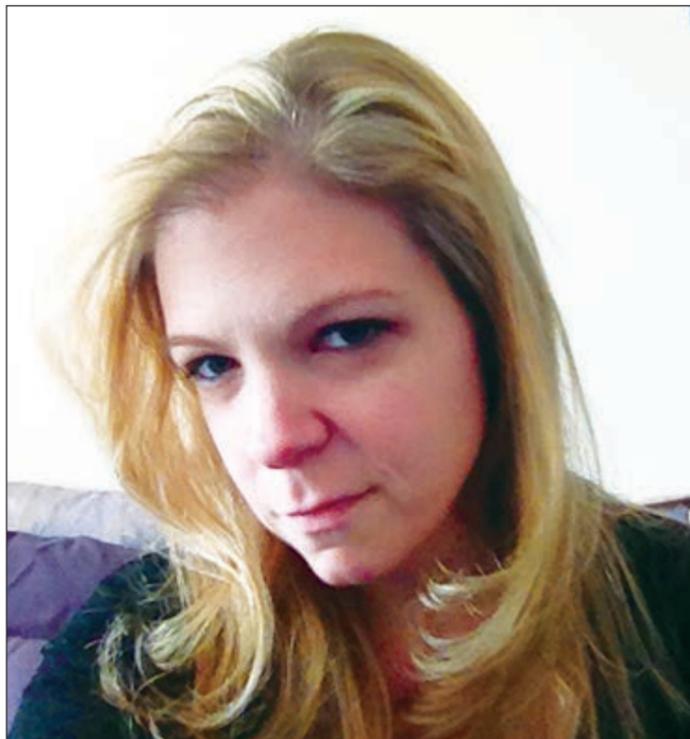
9. What makes you uneasy?

I'm shy, so a room full of people I don't know.

10. What is your passion?

Film and entertainment.

Do you want Fanshawe to know 10 Things About You? Just head on over to fsu.ca/interrobang and click on the 10 Things I Know About You link at the top.



CREDIT: SUBMITTED

Dayna Pearce is a Falcon studying film.

SEPTEMBER EVENTS

MON. SEPT. 9TH

CANADIAN DINNER, EH?
FORWELL HALL
FREE @ 5PM

BUS TOUR OF LONDON
BUS DEPARTS FROM FRONT OF (R) RESIDENCE
@ 6:30PM

TUES SEPT. 10TH

FUNNY MONEY WITH
JAMES CUNNINGHAM
FORWELL HALL | FREE
@ 12 PM NOON

MOTHER MOTHER
SUB COURTYARD
IF RAINING MOVED TO J GYM
\$12 ADV | \$15 DOOR & GUESTS @ 8PM

WED. SEPT. 11TH

SHINERAMA CAMPUS - WIDE
DODGEBALL GAME
SUB COURTYARD | FREE @ 12PM

COMEDY NIGHT
BRENDAN MCKEIGAN
W/ MATT CARTER, JOSH WILLIAMS
FREE | THE OUT BACK SHACK
19+ EVENT ALL AGES WITH FANSHAWE ID
@ 9 PM

THURS. SEPT. 12TH

LIVE MUSIC NOONER
CRAIG CARDIFF
FORWELL HALL | FREE
@ 12PM NOON

DUB STEP PUB W/ DJ SEEK
\$3 ADV | \$4 DOOR
FORWELL HALL @ 9:30 PM
19+ EVENT ALL AGES WITH FANSHAWE ID

FRI. SEPT. 13TH

NEW MUSIC NIGHT
DINOSAUR BONES
W/ X AMBASSADORS & OL'CD
\$6 ADV | \$8 DOOR
FORWELL HALL | 9:30 PM
19+ EVENT ALL AGES WITH FANSHAWE ID

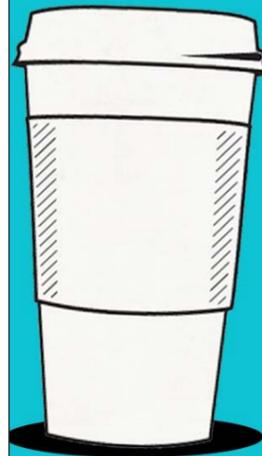
SAT. SEPT. 14TH

CANADA'S WONDERLAND
\$42 STUDENTS | \$48 GUESTS
Price includes transportation.
Sign up in advance at the Biz Booth.

TICKETS AVAILABLE IN ADVANCE AT THE BIZ BOOTH

KIOSK QUIZ

WHEN IS THE OFFICE OF THE REGISTRAR OPEN?



Drop by the Welcome Kiosk with your answer. Five winners will be selected from correct entries and we'll notify winners by email.

The Welcome Kiosk (between the Bookstore and the Library) is open all year between 8am and 4pm, Monday to Friday

ENTER TO WIN A FREE COFFEE & DONUT!
PRIZES SPONSORED BY CHARTWELLS



CREDIT: STEPHANIE LAI

Peter Devlin met some students at the Oasis on September 3, his first day as president of Fanshawe College.

L.E.A.R.N. from mistakes, but don't make any more

STEPHANIE LAI
INTERROBANG

August 29 marked the beginning of London Police initiative Project L.E.A.R.N., which stands for Liquor Enforcement And Reduction of Noise. The project, now eight years in the running, is a month-long program where law enforcement is at its busiest.

"We will be enforcing the laws that are broken, which include liquor violations, urination in public, any criminal acts, any noise violations," said Const. Ken Steeves, media relations officer for the London Police Service.

The Project runs until the end of September, which is an exciting time for students, and a busy time for officers.

"That's when most of the parties occur, right at the beginning of the school season," said Steeves. "We're not trying to discourage that. We want to encourage students and everybody who partakes in these events to do it responsibly."

Though Project L.E.A.R.N. is an established annual program, incidents like the infamous 2012 Fleming Drive riot can still happen.

"That was an isolated incident. It just got out of hand," said Steeves. "We've never experienced anything similar to that. And those that were identified as lawbreakers were definitely held accountable. They were charged accordingly and brought before the court."

Since L.E.A.R.N.'s inception in 2005, students have been responsive to the Project, said Steeves.

"They've been very responsible and respectful for the most part," he said. "Where the issues lay are when

laws start getting broken and where people cross the line and are disrespectful to their neighbours."

Steeves said the Project prevents community members from thinking certain actions are acceptable. "We don't want students waking up the next day regretting their actions."

"Without a project like this, actions may continue to go unrecognized and/or perceived as being acceptable," said Steeves. "We do it not necessarily to punish, and that's why we get the message out early, as a preventative (measure)."

The Project is not a yearlong thing, however. "The issues that are experienced throughout the Project are not necessarily experienced yearlong," said Steeves. "We allocate our resources at this time of year for the project. It isn't something we can necessarily conduct as an everyday project because we're taking resources from other areas to form this project."

The focus of police patrol will be Fanshawe communities, university communities and the downtown area. Steeves said students can't really prepare for anything, but hopes students are aware that officers will be out there.

"If you're going to host a party, do your best to limit the number (of attendees). If something is to occur, you'll be held accountable, you may be responsible. And if you're attending a party, the same thing. Be respectful of the host," he said.

"If you're going to have a party, that's fine. The bottom line is, be responsible and respectful of your neighbours and everybody else."

Fanshawe says farewell

ERIKA FAUST
INTERROBANG

For 41 years, Dr. Howard Rundle has been a constant presence on Fanshawe's campus. College President since 1995, he has seen thousands of students come and go, and has shaped the College's reputation in the community and around the world.

"For 41 years, I looked forward to going to work most every day," Rundle said in an August 28 retirement celebration. "For the past nearly 18 years, I have considered it an honour and a privilege to have held the position of Fanshawe College."

He said he can attribute his enjoyment of the position to three things: his hard-working and dedicated colleagues, supportive community members, and the excited and energetic students. "This is an environment that's hard to walk away from."

The August 28 celebration saw more than 300 attendees, including Fanshawe faculty and alumni, city councilors, Mayor Joe Fontana and presidents of colleges across Ontario. Video messages shown throughout the evening included kind words and shared memories from members of Fanshawe's Board of Governors, Alumni Association, Fanshawe Student Union, family members, old friends and retired colleagues.

This event is where Rundle's big surprise was unveiled. "What do you get the guy who's got everything?" joked Crispin Colvin, chair of the Board of Governors. "The Board has decided to name the downtown Centre for Digital and



CREDIT: JOHN SING

Chloe Rundle came to celebrate her grandfather's retirement celebration at the London Convention Centre on August 28.

Performing Arts the Howard W. Rundle Building."

At the August 29 celebration in the Oasis restaurant on campus, Rundle was presented with another Fanshawe-focused gift: a mosaic of Fanshawe made up of over 500 images of the Fanshawe community.

"What I like about this is that Fanshawe College could have given him a photo of a part of

Fanshawe College, but for Howard, we know full well that his time here, and what he'll remember from it, is the community within, and that's what this photo represents," said Kathy Bouma, learning consultant.

Rundle's term as college president came to an end in late August. Fanshawe's new president, Peter Devlin, took over the position on September 3.

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Complete your Bachelor of Commerce degree in 12 months...

for Fanshawe College Graduates in

Business Administration- Marketing

Business Administration- Accounting

Business Administration- Leadership

Business Administration- Human Resources

Classes at the Fanshawe campus in London

Apply now through the Ontario Universities'
Application Centre (www.OUAC.on.ca) to start classes in
September 2014.

To request an information package, please send an email to cpp@nipissingu.ca or
call Emily Ryan at 1-800-655-5154 and press "7"

Aviation facility to jazz up programs

STEPHANIE LAI
INTERROBANG

At the end of August, Fanshawe College announced the purchase of facilities formerly owned by Jazz Aviation at the London International Airport. These facilities will become home of Fanshawe's aviation programming.

It also comes equipped with a 52,000 square foot hangar and 30,000 square foot office building.

The new facility comes with an abundance of benefits for students and what Dean Vertha Coligan of the Faculty of Technology called an "authentic environment."

"The facility has been in use to maintain commercial aircrafts," said Coligan. "We feel that will prepare them better for the workplace."

"This facility will allow us to expand our fleet," she said. "[It] allows for all sorts of donations that will provide students with more varied practice."

It remains unclear when students will be able to move into the new facility, however. "It is likely that there is less work that is necessary in the hangar," said Coligan. "It may be that we get in there much sooner in terms of lab courses, and perhaps the theory courses will follow later when classroom space is appropriately prepared."

She said there is a possibility for a staggered transition, where "students may move sooner for labs that require hangar space, and do the rest of their activity here instead."

But students will not be shuf-

fling back and forth in one day; their schedules will be appropriately blocked.

The purchase of the facility is already garnering attention from industry professionals.

"We have entertained a number of requests from folks in the industry how they can potentially share the space with us in some way, developing a closer relationship with the students in our programs," said Coligan.

"[The students] will get to know people at the airport. They will get to know the folks from the industry who want to collaborate with us, whether it's in the provision of educational programs and training, applied research projects, so a much closer link to the industry and learning environment."

Coligan said the aviation community is aware of the changes and is looking forward to working closely with the College.

"We have great faculty, we have great staff who are really committed to quality, but the facility helps," said Coligan. "How many others have a facility like that?"

Coligan said this is just the beginning of big things for aviation programming.

"I envision a future in which we not only have programs related to aircraft maintenance, but also programs related to ground crew operations, airport operations and many more. We are looking closely at developing a more detailed vision for our plans for program development. And those are underway now."



CREDIT: STEPHEN ECHAVIA

The newly named Howard W. Rundle Building in downtown London is still under renovation as construction crews aim to have Fanshawe's newest campus open by mid October.

Introducing Fanshawe's School of Public Safety

STEPHANIE LAI
INTERROBANG

Fanshawe College is uniting six public safety programs, establishing the new School of Public Safety in September 2014. The School will be adding up to 10 new programs by 2015, making it one of the biggest of its kind in Ontario.

"Fanshawe is constantly working to create and adapt programming to meet the needs of students and the labour market," said retired college President Dr. Howard Rundle. "Bringing all our public safety programs together under the School of Public Safety will ensure students gain the real world experience and knowledge they need to be successful."

Plans for the School of Public Safety have been in motion since 2011. Only after extensive discussion and consultation from numbers of community partners did the project move forward.

Discussion and consultation led to the development of new and unique programs including Fire Alarm Inspection and Installation, Fire Inspection, Emergency Services Leadership and Advanced Police Studies.

"The London Police Service is very pleased to be part of the development of a comprehensive

suite of public safety programming here in London," said London Police Chief Brad Duncan. "This will ensure an ongoing supply of skilled new professionals as well as training opportunities for local emergency services."

The College will continue to work with community partners to improve and expand the School's programming so the needs of the community are met, including a joint training facility aimed to develop professionalism.

Mark Hunter, the recently hired interim chair of the School, will be leading the School's development and continually working community partners to establish new programs.

Hunter has been a full-time Fanshawe faculty member since 1991 and worked with partners on local, provincial and international levels to create programs like Paramedic, Advanced Care Paramedic, Emergency Medical Technician and Emergency Telecommunications.

"Mark's extensive experience and program development background will be instrumental in developing Fanshawe's School of Public Safety," said Dr. Ben Cecil, associate vice-president Academic.



REGISTER ONLINE BEFORE SEPT 27TH
WWW.FSU.CA/CLASS.REP.PHP



Michelle Vrancic, from Fanshawe's Marketing department, helped some students find their way during the first week of classes. CREDIT: ERIKA FAUST



F Hallway was crowded during the first week of school as students waited in line at the Bookstore. CREDIT: ERIKA FAUST

Make your voice heard with the class rep system

ERIKA FAUST
INTERROBANG

See something in your classroom or on campus that you want to change? If you want to make a difference during your time at Fanshawe, consider signing up to be a class rep.

As the Vice President of External and Academic Affairs for the Fanshawe Student Union, one of Matt Stewart's duties is to organize the class rep system. "The class rep system allows the Fanshawe Student Union executive team to reach out into the school and gather information (from the students)."

Some programs divide students up into sections, and in many cases, this "class" of students sticks together throughout their time at Fanshawe. During the month of September, each class will have a meeting with their professors to select at least one volunteer to be a class rep for the year.

Being a class rep means attending a biweekly meeting with the Student Administrative Council member in charge of your academic division. At the meetings, class reps voice their classmates' concerns and ideas for improvement, which the SAC members report to the Fanshawe Student Union executive team.

In the weeks between the meetings, the FSU execs meet to work further on the issues. "Every two weeks, we have a SAC meeting where we get the problem, and two weeks later, at the next SAC meeting, we should have a solution,"

said Stewart.

As the 2012/13 VP of Athletics and Residence Life, Stewart heard concerns from class reps about everything from dirty classrooms to outdated software in the computer labs to issues with professors. "We hear *anything*," he said.

Each of the FSU execs deal with problems that fall under their area of expertise: Stewart sorts out problems with profs, VP Entertainment Allie Neeb deals with entertainment issues, and full-time FSU staff can help as well.

"A class rep is a valuable piece of Fanshawe," Stewart said. "It's not just to give feedback, it's also a leadership role. You're responsible for the happiness of your class, the concerns of your class. With that responsibility does come a lot; it looks good on a resume and you get a certificate at the end of the year."

New for this year, Stewart is looking into rewarding students who volunteer to be class reps. There will be a draw for a gift card every other week, and there will be a draw for \$200 worth of prizes at the end of each semester. "It's just a way to give back to our students," he said.

Your professors will have a meeting with you to find class rep volunteers in the coming weeks, and you can sign yourself up online at fsu.ca/class_rep.php before September 27.

For more information about class reps or SAC, contact Stewart at fsuexternal@fanshawec.ca or 519-453-3720 ext. 249.

Be safe, drink savvy

STEPHANIE LAI
INTERROBANG

"I don't remember a thing from last night."

It's one thing to say it after a wild night of drinking, but more often than not, young women (and men) say it because their drinks were spiked with drugs.

Thirty-one-year-old Mike Abramson experienced the effects of a date-rape drug a few years ago, celebrating a friend's birthday at a club in Boston.

"About halfway through, [my] first drink, it started to feel more like my 15th," said Abramson. "One of the few things I remember after that is waking up with a massive headache and substantial nausea."

Abramson was with friends who ensured he got home safely, however. "I was either the target of being robbed, or I mistakenly took a spiked drink that was meant for someone else," he said.

But not all victims who fall prey to date-rape drugs are as lucky, and Abramson wanted to prevent future incidents.

Abramson, founder of DrinkSavvy Inc., has developed drinkware that detects drugs that are slipped into a drink. With the help of two professors from his alma mater, Worcester Polytechnic Institute, plastic cups, straws and glasses will be available to the public mid-2014.

Gary Deline, operations manager of The Out Back Shack on campus, said he would absolutely bring in DrinkSavvy products if cost weren't an issue. "We would have these implemented. Any prevention or safety precautions we can take [for our guests and students], there would be no issues of bringing them in."

Currently, Deline is exploring



SAFE

UNSAFE

CREDIT: DRINKSAVVYINC.COM

If someone puts a date rape drug into your drink, the DrinkSavvy Glass will immediately provide a visible colour change to warn you to throw out your drink.

options to keep students safe.

"We've considered anti-date-rape coasters," he said. "You're supposed to be able to put a drop of your drink on the coaster, and it would change colour to tell you."

"I think the cups would be the most effective because you'd be able to tell immediately if there was something in your drink just by the colour of your cup," said Deline. "It might be an issue when we're doing pub nights or having an event and it's dark and you can't see the cup."

Abramson could not be reached again to comment on that statement.

Will high-tech drinkware ward off potential deviants and keep bar patrons safe?

"If there was a system in place that could potentially catch people drugging others, at our bar specifically, people would probably think twice about doing it," Deline said. "I do believe that people would be

a lot more cautious. It would drastically lower the percentage of somebody drugging someone in our bar."

Regardless, it is best to take precaution at any establishment that serves alcohol.

"Go out with friends, be around people that you are comfortable with. Don't accept drinks from strangers, don't leave drinks unattended," said Deline. "That way if something does happen, there's someone there at least to help you."

For more information on DrinkSavvy products, go to drinksavvyinc.com.



MEET YOUR

FSU EXECUTIVES



ADAM GOURLAY FSU PRESIDENT

Hey there, Falcons!

My name is Adam Gourlay and I cannot be more proud to be your FSU President for 2013/2014! Over the past 3 years, I served as VP Athletics & Residence Life and VP External & Academic Affairs, as well as graduated from the Business-Marketing program.

During my time on campus, I have experienced the highs and lows of being a college student. In other words, I know how it feels to fail, and better yet, I know how it feels to succeed. Fanshawe College is a place that allows you to discover yourself and work out all the kinks along the way. Fanshawe and the FSU have been an integral part of growing up and figuring out this crazy world we live in.

I am the guy to come to for anything to do with the campus life and student issues. The main duties of this position include liaising between the Student Union and other learning institutions, being the official representative of the Student Union and being responsible for the coordination of the Executives' initiatives. I have so many ideas to improve campus life here at Fanshawe and I know that our FSU Executive Team this year will do a fantastic job in engaging you, the students, in many facets of the FSU. You can be confident that you have a leader that loves and respects why you

choose to study here. I am committed to the FSU and your needs, so don't hesitate to bring your concerns directly to myself or our team. I look forward to meeting as many of you as I can. Take care and I'll see you on campus!



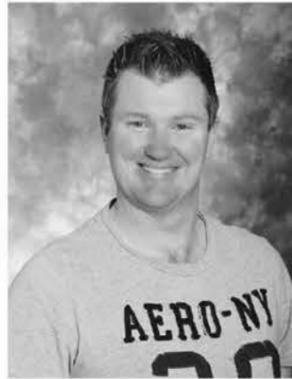
ALLIE NEEB VP ENTERTAINMENT

Hey Fanshawe!

My name is Allie Neeb and I am your VP Entertainment for the 2013 - 2014 school year. I'm in my second year of Music Industry Arts and previously graduated from Queen's University with a Bachelor of Music.

My position is really about making your experience at Fanshawe as amazing as possible. I'm here to help plan events like Orientation Week, Pub Nights, Sex Toy Bingo as well as concerts that will provide you, as students, the opportunity to meet new people and really get involved!

I also head up the Fanshawe Promotions Team, which is a volunteer team that promotes events all over campus. My goals for this year are about finding out what YOU want to see at your school and giving students the chance to show their talent. If you ever have any feedback about events, want to drop in and chat or are interested in getting involved with our Fanshawe Promotions Team, email me or stop by the office (SC2001) anytime!



MATT STEWART VP EXTERNAL & ACADEMIC AFFAIRS

G'Day Mate,

My name is Matt Stewart and I have been elected as your Vice President of External and Academic Affairs for the 2013 - 2014 school year. I am an international student from Australia and I hope to bring some new ideas to the FSU. I am currently going into my third year of the Graphic Design program here at Fanshawe. Last year I held the position of VP of

Athletics and Residence Life. I loved the life that the FSU gave me - looking after fellow students. This was the basis behind me running for this new position, which involves dealing with students more in-depth and helping out in any way I can. If you have any ideas or problems with any of the areas around the school, please feel free to come in and have a good ol' yarn to me (Australian for "sit down and have a chat"). I look forward to seeing many of you around the school.



JESSICA BROOK VP FINANCE

Hey Fanshawe!

I'm Jessica and I am your VP Finance for the 2013/2014 year. I'm going into my second year at Fanshawe studying Early Childhood Education. As your VP Finance, it is my job to oversee the FSU budgets and help make decisions about the main fees that affect you guys as students. I'm also always around to help when you may need it - whether it is with OSAP, bursaries, or any other financially related problem that you may be dealing with. There are so many opportunities available to you

and I want to make sure that you know where to find them and how to apply to them. My main goal for this year is to help you get through a year of your schooling without all the frustration that financial problems bring. If you ever need to get a hold of me, feel free to stop by the office (SC2001). I look forward to meeting all of you!



OLA AKINSARA VP INTERNAL AFFAIRS

Hey Fanshawe!

My name is Ola Akinsara and I am super stoked to be your VP Internal for the 2013 - 2014 school year! As VP Internal, it is my duty to oversee clubs and organize the Orientation fundraiser and various awareness weeks throughout the school year. My goal for the school year is to get more clubs started by inspiring students to create new clubs. I look forward

to strengthening various clubs by helping them further develop their interests and create innovative awareness weeks. Feel free to drop by the FSU Office (SC2001) to talk to me.

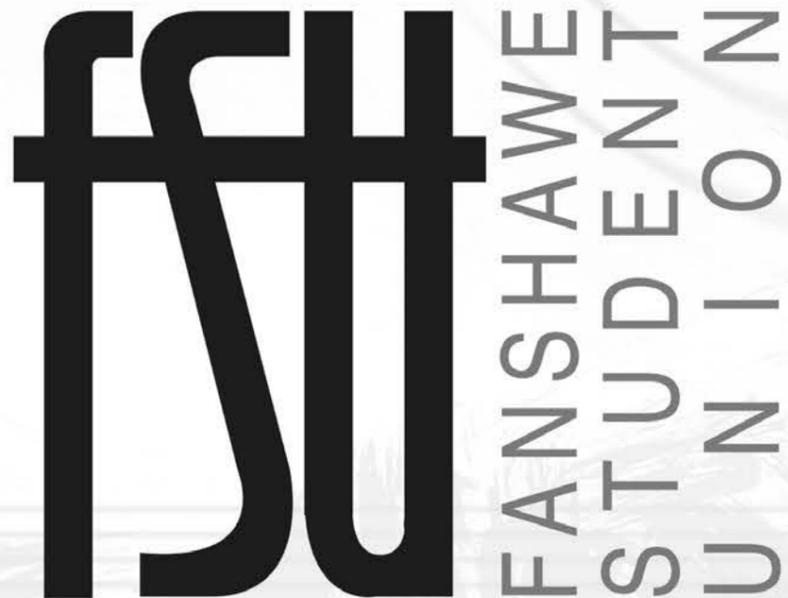


CHRIS LETHBRIDGE VP ATHLETICS & RESIDENCE LIFE

Hey guys,

My name is Chris Lethbridge and I have been elected your Vice President of Athletics and Residence Life for the 2013 - 2014 school year. I am a Business-Finance student from Ottawa pursuing a career in Sports Management. I have worked as a sports writer for the Interrobang, a statistician and website administrator for a high school football team. Most recently, I completed an internship covering all of Fanshawe's basketball and

volleyball home games. I follow all major professional sports leagues, but I am a bigger fan of the collegiate level. I also lived in residence my first year at Fanshawe and I know it is all about having fun and meeting new people. I plan to organize tons of competitions and events that students will want to continue year after year. If you have any ideas or problems in regards to athletics or residence life, feel free to contact me to have a discussion. I look forward to seeing many of you around the school.



www.fsu.ca

Tales from fast food Hell

CONNOR DUNSTER
INTERROBANG

With the school year starting and thousands of students flooding into London, there's going to be some stiff competition battling over the few available jobs. After months of searching, you might abandon your hope of landing that dream job, become desperate, and start applying anywhere... including fast food restaurants. Before jumping on that ship, let me paint you a picture of what it's like to work in the greasy underbelly of the fast food world.

The Training

Working in the exciting world of fast food was my very first job and for some reason the one I held onto the longest. I started when I was 15, excited to be working at my very first job and making my own money. This feeling quickly faded.

The interview is where your future manager decides where your unique skills could best be utilized. If you can speak a couple of English words and can push buttons without having a total mental breakdown, she'll stick you on front counter to take orders. If you can't manage that, you'll get stuck on grill. I faked my way to front counter.

The training at fast food places is so in-depth and precise, you could swear they were trusting you with transporting plutonium through a minefield of puppies. I soon realized that the less important job you have, the more training you'll receive.

I remember my manager telling me that people often don't get this right the first time, while showing me in detail on how to use the very complicated broom. That's right, they teach you how to sweep properly, because someone in the past screwed it up so badly that now it must be included in training, and there

are helpful training books and guides posted everywhere in case you forget the proper procedure.

Everything was done a certain way, from table cleaning to pickle placement on the burgers. (Pickles are friends, not lovers. They shouldn't touch.) It was a well-oiled machine run by the oily teenagers working there.

The Customers

Working the front counter of a fast food restaurant for even just one week will quickly acquaint you with the "regulars." These people come in every single day and get the exact same order, rain or shine. Most often, they are retired people who hobble into the store to enjoy our subpar coffee and stale muffins. They would sit there from morning to night, getting refill after refill like it was their day job, and for some of them, I guess it sort of was. The problem was that they acted like they had diplomatic immunity; it didn't matter if the line of customers was going out the door, they would happily butt in front and expect to be served.

However bad the "olds" were, they weren't as bad as the immobile blobs who actually ordered food. When the same people come in every day and got a triple-bypass burger, large fries and a chocolate shake, you just want to sit them down and tell them to get help. You were basically working a double job: one as fast food worker and one as the Grim Reaper, handing customers their slow death on a plastic tray.

The Co-Workers

If you're ever wondering how the hell people can work at these places day after day for low pay, long hours and verbal abuse by customers, the answer is drugs – everyone is on drugs. People are so baked in these places that

most of the store's profits come from the employees eating on breaks. It didn't matter if it was the morning, afternoon or graveyard shift, groups of people young and old go out beside the dumpsters and smoke up to handle making hamburgers and fake smiling at customers' stupid faces for eight hours.

You soon realize that at these places, safety protocol and cleanliness get thrown out the window when the restaurant is busy – that's when serving the customers their food and getting them out of the restaurant is the number one objective. Managers often turned a blind eye when it got busy and it changed from a restaurant into a free-for-all. Drop a chicken nugget on the floor? Dust it off and hand it out. Sneeze while making a burger? Snot adds extra protein. Drop a spatula inside the ice-cream machine? Say it's a new promotional flavour. As long as the customer didn't see, everything was fair game. To quote Henry Winkler in *The Water Boy*, "What momma don't know can't hurt her."

Every fast-food place always has one manager who just takes his job way too seriously. He feels entitled to boss you around and make your job a living hell because he wears a different coloured shirt and makes \$1.40 an hour more than you. My manager, let's call her "Rochelle," was a lifer. (Lifer: (noun) A person who works at a low-level job for so long that it becomes their entire life.) Rochelle would constantly make me stay late after my shift was over to scrub down the fry machine or mop the entire lobby floor. When she was feeling particularly evil, she would send me into the play area to clean up old pee and God knows what else out of the slides with nothing but a rag and a spray bottle. I don't know how children so small can hold so much liquid.

The Stench

You never really do get that stink off of you. Even as I'm writing this, I can smell the grease of the fries and hamburgers lingering on my grease-stained skin. It wasn't just my work uniform that stunk no matter how hard I washed it; the stink seeped onto any clothes I brought into the store. I thought my backpack and school clothes would be safe, but that five-second walk through the kitchen to the break room was enough for the stink to latch onto the fibres forever. My children's children will inherit this smell; it sunk into my DNA and forever makes the Dunster lineage a bunch of greasy fry-smelling people. Sorry, kids, good luck with that one.

The Great Escape

After a good four years, I decided it was time for me to grow up and get a real job. I handed in my two-week notice when I was 19 years old. This was because I wanted to work somewhere full-time and make more money, but mostly because some of the new employees they hired were young enough to not know who Vanilla Ice was. I had a nightmare of turning into that creepy guy who still works there and goes on in the break room telling stories when a hamburger cost a nickel and you'd bring your best girl here for a date before hitting up the quarry to skinny-dip.

My advice is: stay in school and work hard at it so you don't end up being a lifer. If you do end up on that path, remember become a manager get all the free food in the world and to splurge on yourself and buy some good weed from the kids behind the dumpster.

The many faces of art

AMY VAN ES
INTERROBANG

To write about something of infinite possibilities is an appropriate subject to the begin the school year.

We enter the year with ideas of what is and could be: homework, fast food, books, classes and parties. But by the end of the year, our experience has usually turned into something we didn't intend. Perhaps you met a boyfriend or girlfriend, you're now on the honour roll, or you've decided to switch programs.

Just as it is with the school year, the meaning of a piece of art is difficult to define while it's being created, as the intention invested is not always the meaning taken away from it. It's after it's finished that we can look at it and decide what it means to us.

Art has served many purposes over the years. From a pretty picture of a pear to a

severe political message, there is always a reason it was created, either personal, or societal or functional. After all, that's why people create anything. Your parents changed your room into a home gym because Mom felt like she would have time to get in shape now. You decorated your locker in high school because it made you feel like an individual in the sea of students. Similarly, royal families would hire artists to paint pictures of lavish things like silk, gold chalices and religious symbols to remind the civilians that they are powerful and should be idolized.

Some people paint to calm themselves. Others draw a certain picture to learn a specific artistic skill (like sketching a human body to learn about anatomy). The Bauhaus School in Germany created unique home appliances that emphasized the beauty of utility, and Ikea now draws inspiration from them. Often, what was intended in their cre-

ation is no longer what they represent: the lavish royal portraits are no longer symbols of divine power, their meaning has taken on a different hue in the modern age of democracy, the Bauhaus designs are starting to look stale, in need of Ikea's revision to stay chic, and your mom's gym is now a constant source of guilt from lack of use. Meaning changes as time goes on, however intention is a necessity to qualify as art.

Life itself can be a form of art. Every time you buy a new shirt, choose which job you want to take, form an opinion on a subject, doodle outside of the margins of your notes, you are making a decision and painting what you want your world to look like. It has never been any different for the musicians, visual artists, dancers and writers. Art is orchestrating creation; its significance is up to the audience.

All I know is that I know nothing



FORK IN THE ROAD
ROSE CORA PERRY
www.rosecoraperry.com

The first thing one must acknowledge if one ever wishes to grow and develop as a person is to not only forget everything one supposedly "knows," but further to outright accept the fact that quite frankly (paraphrased from the wise words of good old Socrates) one knows "nothing at all."

Of course, being that you're all students at a highly acclaimed educational institute, this sounds like a rather ironic statement. However, there is a great difference between a "knowledgeable" individual and one who merely has an impressive collection of facts and/or figures (depending upon your savvy) under his/her belt.

So then what exactly defines "knowledge"? It's seemingly a simple question, but one with

a rather complex assortment of potential responses depending upon your philosophical persuasion.

I suppose the easiest way to consider this quandary is to first come to terms with the notion that there is no such thing as "knowledge" in a singular sense, but rather there are multiple "knowledges," each of which prove suitable and important at different times and in different places. Ergo, there's good reason as to why the concept of measuring "intellect" has been called into question for both gender and cultural biases.

For example, you may possess an impressive 4.0 GPA and be able to articulate the laws of physics, but that skill would not serve you well if you should find yourself stranded on a desolate island in a fight for survival against a kid who grew up in the Bronx. Let's take this analogy further and assume your opponent has been tossed from orphanage to foster home and back again, not to mention has spent months at a time living on the streets fighting for any scraps he/she can get. Your book

smarts – a so-called merit of "intelligence" (at least according to North American standards) – would prove a pathetic adversary to his/her "street smarts." In fact, it wouldn't be a stretch to say that you'd likely try very hard to befriend this individual in hopes that he/she would teach you how to stay alive until your SOS call was received.

So let's start with this. Lesson 1: NEVER assume you are better, smarter or more capable than another individual, because truly circumstances dictate what's valuable in terms of "knowledge" far more than inherent talent.

Lesson 2: DON'T pigeonhole yourself into believing there is only one form of intelligence. Just because those of us living on this side of the globe value certain traits in academics and the working world does not mean that they are the most important nor most valuable traits to possess when it comes to navigating life effectively.

In sum, some of the most ignorant incompetent assholes I've met in my day have been the most highly educated. I rest my case.



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Civil rights on the other side of the planet, Part 1



NOTES FROM DAY SEVEN
 MICHAEL VEENEMA
 veenema.m@gmail.com

About two weeks ago it was 50 years since August 28, 1963. That was the day that the Rev. Dr. Martin Luther King Jr. delivered his famous “I have a dream” speech in Washington, D.C. Praise for King, a Baptist pastor, and this speech (he gave many other speeches and sermons) poured out via the Internet, radio, and printed media all through that week.

An assassin killed King shortly after the speech. But his work did not fail. The United States saw anti-black laws that harkened back to the days of slavery in the South struck down.

One of the interesting things about that most famous of King’s speeches is the back-and-forth between King and audience. Watching the video (it runs less than 20 minutes, and YouTube even posts a condensed version of about five minutes) you might feel like you are at a Black church service. As King’s passion begins to rise, the audience cheers and applauds like a Black church audience voicing its “amens” in response to a sermon.

But it is not only the audience interaction with King that brings to mind a church service. It is the content of his speech. The speech, especially the closer it gets to the end, is shot through with phrases lifted straight from the Christian Bible. King spoke about Blacks and their White supporters not being satisfied “till justice rolls down like water and righteousness like a mighty stream.” He recognized that some, just released from jail for marching in civil rights protests, had come through great “trials and tribulations.” He spoke about storms of per-

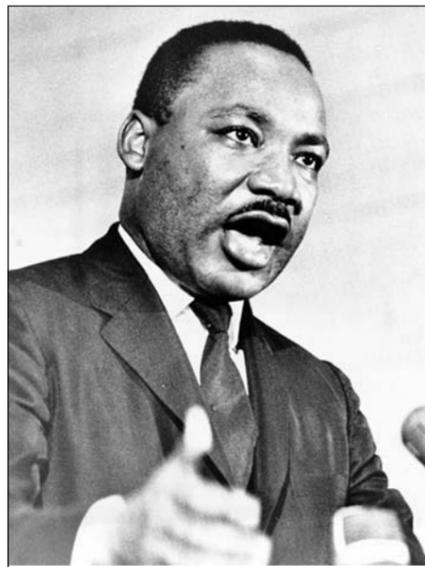
secution. He spoke about the redemptive power of suffering, a key motif throughout the Bible, especially in the New Testament (Jesus’ suffering brought forgiveness for sin and release from death).

King spoke about the Christian creed that God “created all people as equal.” He looked for the day when “every valley [would] be exalted, the rough places made plain, and the crooked places made straight.” Again, expressions straight out of the Bible. As he came to the end of the speech, King spoke of the day when, through the abolition of racist laws, “the glory of the Lord shall be revealed and all flesh shall see it together.”

This hope in the glory of the Lord, King said, was the faith that would carry him back to the South where his work would continue. Then, recalling the story of God releasing the Israelites from slavery in ancient Egypt, King ended with the thrilling words, “Free at last, free at last, thank God almighty we are free at last.”

Civil rights is no longer the issue in the United States that it was half a century ago. Since then, perhaps the most famous – and successful – struggle for civil rights took place in the 1990s. Apartheid was abolished in South Africa. Again, as with the civil rights movement of the 1960s, it is not possible to imagine that that would have happened without the imagination and courage of Christian leaders, especially that of Anglican Bishop Desmond Tutu. And the post-apartheid Truth and Reconciliation Hearings were founded on the Christian understanding that injustice must be brought to light and reconciliation must be achieved for a nation to move forward.

Today, with many changes taking place on the other side of the world in China, that country is emerging as a source of civil rights advocates, often persecuted. However, perhaps because the Chinese government evicted Christian organizations from China



CREDIT: DRMARTINLUTHERKING.NET

American civil rights leader Dr. Martin Luther King Jr.

during its “Cultural Revolution,” there is no noticeable Christian underpinning to the civil rights movement there. Next week I will look at the art of Ai Weiwei who is perhaps the most well-known rights advocate in China today. While his art has been on display in the Art Gallery of Ontario all this summer, he is not permitted to leave his country.

With the absence of Christian motifs, his work has a different accent from that of Rev. King. Nevertheless, is there a connection between Ai Weiwei’s art and the message of the Christian church? More next week.

Michael Veenema was a chaplain at Fanshawe College until 2004. Currently he lives in Nova Scotia where he is a Presbyterian minister serving a United Church congregation, and is a chaplain with the Department of Justice.



Liberal party leader admitted to recreational pot use, and legalization may become a part of the Liberal Party platform.

Pot and politics: The new “Green” Party

VICTOR DE JONG
 INTERROBANG

Federal Liberal Party leader Justin Trudeau has made legalizing marijuana one of his policies as he tests the waters ahead of a titanic federal election against incumbent Prime Minister Stephen Harper.

The topic of legalization has surfaced repeatedly over the years from what would seem to be unlikely sources like former Supreme Court Judge Louise Arbor through the Global Commission on Drug Policy. While legalization would be incongruous with Harper’s platform, it has become a defining policy in the formative stages of Trudeau’s 2015 election bid.

Canada has long been known for its leniency when it comes to marijuana use and possession. For proof of this, look no further than the lack of backlash over the leaders of the federal Liberal and NDP parties, Justin Trudeau and Thomas Mulcair respectively, admitting to recreational marijuana use in interviews with Huffington Post Canada. In fact, there was more controversy about Trudeau’s shocking confession that he’s not a coffee drinker than about his admission of smoking pot.

If you have any doubts about the blasé attitude law enforcement has about pot, just go to Parliament Hill on April 20 at 4:20 p.m. Thousands of people converge on the sprawling lawns to openly smoke up under the gaze of police who are there to address concerns about minors and trafficking but mostly to help partakers navigate the traffic lights crossing Rideau Street.

Vancouver has played host to such a proliferation of grow-ops that “B.C. Bud” is much sought after by cannabis connoisseurs across North America. Maybe it’s because of his extensive dealings with low-level dealers and minor possession charges that Vancouver Police Chief Jim Chu is one of the top advocates for dropping the criminal charge for minor possession in favour of handing out tickets instead.

Along with two federal party leaders, Ontario Premier Kathleen Wynne and Nova Scotia Premier Darrell Dexter, have also admitted to smoking pot. Even Stephen Harper’s finance minister, Jim Flaherty, has come clean about trying it, so bring on the quips about his pipe dream of ending the federal deficit by 2015.

The crux of the legalization issue is the shortage of actual opponents to the policy. When several of the most prominent politicians in the country admit to using or having used it, the question is, why are we forcing the sale and distribution underground? The chief argument made in favour of legalization is that the government could control the distribution, and profit from the taxation of marijuana in much the same way as they do with alcohol. The existing legislation is a drag on law enforcement officers who are tasked with pursuing those suspected of possession and are then obligated to perform hours of paperwork for a relatively minor offence.

There’s little doubt that history will show the Conservative party was on the losing side of the legalization debate and that could become obvious in as soon as two years when the next federal election comes around.



CREDIT: SONGKICK.COM

The face of live music in Canada is changing.

Why you should care about live music



BOBBYISMS
BOBBY FOLEY

I write about random things a lot. I write a lot about random things. Over the course of the year, I'm going to feature a lot of stories about live music here in the city and interviews with bands coming to London to perform, and I strongly recommend you check them out.

At the risk of stating the obvious, live music is an experience unlike any other. The music scene here in London is as unique as they come; from the grungy club to the country bar, the chic bistro to the broad music hall, London has a stage for any style of music and every kind of crowd.

However, recent changes to federal regulations surrounding foreign workers announced early in August by the Honourable Jason Kenney, Minister of Employment, Social Development and Multiculturalism, could forever change the climate of live music in Canada.

On July 31, new changes quietly took effect that sharply increase fees that certain live venues have to pay to present international artists in their establishment. In Canada, certain businesses must apply for a Labour Market Opinion in order to employ foreign workers, like venues across the country that have a primary business other than music but that still regularly feature live performances – like bars, restaurants, coffee shops and art galleries.

Intended to create more opportunities for Canadian talent, the regulations introduced a new application fee of \$275 to venues for each musician and every member of their staff or entourage (manager, sound person or tech, etc.) while eliminating crucial payment caps previously in place.

Historically, venues applying to present international artists or groups would be faced with a fee of \$150 per work permit per person, capped at a total of \$450 and applicable only once to the performers' entry into Canada. As

such, that fee could be arranged to be spread over multiple shows or not; having entered with approval, foreign acts could book more shows to support the application, making it a much simpler cost to bear.

Under the new regulations, venues must apply and pay the new \$275 fee in addition to the \$150 per person fee already in place, bringing the total up to \$425 per person, per venue, and unprotected by caps of any kind.

What does this mean for London? Large venues like Budweiser Gardens likely won't have much trouble presenting ZZ Top or the Dixie Chicks as scheduled in November, but smaller venues around the city may very well see a sharper decline in performances by international artists due to the higher fees.

From an outside perspective, it's easy to think of the regulation changes as damaging to arts and culture in our country – Canadian music has always faced challenges looking for an audience beyond our borders, and placing such restrictions on international artists entering Canada threatens to further isolate our culture. But we're not powerless; thousands of citizens opposed to the new fees have taken to the Internet to rally support, driving discussion online through Twitter and by means of a petition on change.org.

If this story concerns you, there are three things you can do to help advocate a change. First, sign the petition "Canadian Government: Don't ruin live music with \$425.00 charge per international artist per performance in Canada" by visiting change.org/canadamusic and add your name to the 150,000 they aim to collect.

Next, you can contact the Honourable Jason Kenney directly by Twitter @kenneyjason or using the hashtag #Music4Canada to say that live music is important to you. Phone, email and mailing addresses in Calgary and Ottawa are also included on his website at jasonkenney.com.

And most importantly, support live music every chance you get by taking in a concert here on campus or at one of our infamous venues across the city. Not only will you

have the memory of a unique experience, you'll be sending a message to booking agents, promoters and bands that live music in London is worthwhile, in many ways the most substantial impact you can make.

For more of the latest in music news, album streams and local concert dates, consider following this column on Twitter @fsu_bobbyisms. Don't forget to check out frosh events on campus at fsu.ca. I'm out of words.

SMART moms are going back to school

STEPHANIE LAI
INTERROBANG

Single Women In Motherhood (SWIM) will be hosting its third annual SMART event, honouring mothers and those pursuing a post-secondary education. Scholarships will be awarded during the ceremony.

SWIM founder and executive director Ann Marie Ricketts said winners are selected through a nomination process. What she looks for in a winner is "a mom who believes in herself. A mom who has gone through the journey. Who's fallen and gotten up. Who has consistently come back at life, no matter how hard things are thrown at them, and who have that determination."

"[The scholarship] was created to help empower and encourage single moms to give that extra kick to get through their education," said Ricketts.

The amount of the scholarships is to help mothers in any way to complete their education. "Even if it's \$500 or \$200, it helps. One book [paid for] is amazing," she said.

Money for the scholarships is fundraised from organizations within the community.

"People like Sisters of St. [Joseph's], Scotia Bank ... these are the communities that have stepped up to the plate to say, 'We can do this, we can provide that support for single moms,'" said Ricketts.

Ricketts said that post-secondary education is important now more than ever. "Back in the day, you did not need an education, piece of certificate or that paper to show for you to get a good job."

The scholarships are awarded in hopes that recipients will achieve their goals.

"[I hope winners achieve] a graduation and a certificate," she said. "That's what we want to see, is that completion of their program, their certificate on their wall."

"Rest if you must, but don't quit," said Ricketts. "When you believe in yourself, anything is possible."

The event Strong Mothers Achieving Remarkable Triumphs will be held September 28 at the Hilton (300 King St.). Tickets are \$50 – call 519-432-5454 for details.

For more information about SWIM, go to singlewomeninmotherhood.com.

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Dundas and Third St., London



CREDIT: CANOE.CA

Binge drinking is a major problem among young people in college. It can lead to alcohol poisoning or even a trip to the emergency room.

When drinking gets out of control

GABBY SCHEYEN
INTERROBANG

Going out with your friends and having a drink or two is usually no big deal, but when those drinks become six or seven, there could be a serious problem developing.

Some people may not even realize that they are binge drinking, especially younger people. When asked if she knew what binge drinking was, Madison (who asked that we change her name to protect her privacy), an 18-year-old high-school student who has suffered the consequences of binge drinking, said, "Isn't that when you drink so much that you pass out?" This is a common misconception.

Binge drinking is consuming large quantities of alcohol in a single sitting. It does not necessarily mean that you black out, but this large quantity of alcohol will have other negative effects on your body. "Your body is poisoned by excessive intake of alcohol. We see every age group come in the ER from binge drinking, but more commonly ages 18 to 24 on the weekend from parties. We see people as young as 12," said Darlene Evans, an emergency room doctor formerly based in London.

When Madison was 16 years old, she began to drink casually with friends on the weekends. Eventually her binge drinking went too far and she suffered alcohol poisoning. "Waking up and not knowing where I was is the scariest thing that's ever happened to me," she remembered. "Realizing I was in the hospital made me feel

even worse."

Madison is only one of many teens who over-drink and suffer the consequences. Ontario's Ministry of Health and Long-Term Care reported in 2007 that one-quarter of 12- to 19-year-olds had consumed five or more drinks – considered "heavy drinking" – on at least one occasion in the past year.

Alcohol poisoning can be very dangerous and can cause seizures, vomiting, hypothermia, permanent brain damage, severe dehydration and even result in death. "Often the only treatment is oxygen support, fluid and time for recovery. IV fluid helps flush the alcohol through the system a little faster and helps rehydrate, minimizing the hangover experience," said Evans.

It only takes one bad night to ruin relationships with family members and friends. "My family lost all trust in me and it took over two years for them to let me hang out at other people's houses. This is not something you can just forget about," said Madison. Something like this not only affects a person as an individual, but everyone who is close to them as well.

There are a few precautions that you can take to prevent binge drinking when going out with your friends.

Try bringing a specific amount of money – this way you won't overspend on beverages. Suggest going out to eat before drinking, because food slows down the

absorption and effects of alcohol. Also, talk to your friends and make them aware of your concerns. Ask them to help you stay on track and limit your drinks.

While you're drinking, there are a few more precautions that you can follow to keep you safe. The first thing you should do is make sure you keep track of how many drinks you have. Just because a nice guy offers to buy you a drink does not mean you should accept it, especially if you've had a few already. Pacing yourself is very important. If you throw back drinks too quickly, you will not be able to tell how much it is affecting you until the effects begin to set in. Blood alcohol content does not rise immediately, so you should try to limit yourself to one drink per hour to prevent overdrinking in a short amount of time. One smart thing to do that will also help you pace yourself is to have a glass of water after each drink. This will keep your hands busy and prevent hangover symptoms like dehydration.

Do not be afraid to help people who are in need. If you suspect a friend is drinking too much or may have alcohol poisoning, don't hesitate to call for help. On campus, you can go to Counselling and Accessibility Services in F2010.

"I learned my lesson and I will never ever drink that much again... It's not worth it," said Madison. No one wants to wake up in a hospital. In no way is that a sign of a good night. Drinking can be a fun, social experience, if you keep it under control.

Share and share alike

STEPHANIE LAI
INTERROBANG

Tucked away in B1050 is the Sharing Shop, a donation-based establishment that helps students in financial need.

New Counselling and Accessibility department hire Amy Romao will be heading up the Sharing Shop this year. "There are other community-based programs that students can tap into. But within our community, we have the Sharing Shop that people don't even know about ... Students in need or in a temporary bind can use the Sharing Shop for used clothing, textbooks and food," she said.

The Shop is intended for students in need and is therefore linked with Counselling and Accessibility, said Lois Wey, senior manager of that department. "If there are underlying financial issues, or underlying issues that make it a recurring problem, we would encourage those students to speak with a counselor as to what else they'll need to be in better financial shape."

"They'll come because they're having a personal crisis, and that's when a counsellor will tell them about the Sharing Shop," said Romao.

Donations range from cash to clothes, from food to hygiene products, and both students and staff can donate. "We strongly encourage students and staff and faculty to give when they can. There are donation boxes around the college," said Wey.

Look for Sharing Shop donation bins near the Library (L1003), General Studies Division (E2035), Human Services Division (D3024), Counselling and Accessibility Services (F2010), Student Union office (SC2001) and outside the Shop.

In addition to individual donations, "we've been very lucky that we've had particular student groups or particular staff departments that do a drive for non-perishable foods."

Wey said the Shop's importance is to not only help struggling students but to also "raise awareness to students that there are some of their peers that are having difficult times."

"It's important for the Fanshawe community ... With a community of 16,000 students, we will have students who have run into financial difficulties and don't have ready support. We know that students who are struggling financially don't have enough to eat and are not going to be able to do well in school."

Wey said the Sharing Shop was started because there was a need in the College. "We were seeing students that were running into difficulty and were hungry, and thought we should have a community response that would be here," she said. "An ongoing service."

Romao wants the Shop to continue to be a success and has her own goals. "I would like to see that our community here within the college has given so much, or donated so much that we have to turn to our outer community to give the excess to them. To have that overflow of support and volunteers."

"I think it's great to lead by example. I believe it's great for networking and it's great experience. I want to be able to give back and help those that are in need," said Romao.

"[Another] goal would be to have every student know about the Sharing Shop," she said.

Have we accomplished that one yet?



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CREDIT: HAI HA NGUYEN

Lana Del Rey's "gangster Nancy Sinatra" style



THE SHOPPING BAG
HAI HA NGUYEN
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There are many facets to Lana Del Rey's ever-evolving style; she reveals a little glimpse of change in every music video, especially in "Born to Die."

Del Rey describes her style as "gangster Nancy Sinatra," consisting of gold chains, chic retro silhouettes accompanied by an underlying classic touch.

An animal or reptile is strategically placed in her music videos to enhance the visual and symbolism in her music. The featured outfit is an adaptation of Del Rey's style mixed with the styling and use of tigers in her "Born to Die" music video.

The form-fitting silhouette of the striped cropped top and high-waisted shorts embody the retro element of Del Rey's style. A nude clutch and almond-toed platform pumps add the neutral and classic touch Del Rey often channels in her makeup.

Finally, no Lana Del Rey look is complete without bold gold jewellery. This look is on the casual side of her style, but she always balances it out with her classic '50s waxy hair, striking makeup and a piece of bold jewellery.

1. Striped Crop Top: This top fits like a glove and can make any outfit instantly look trendy! The neckline makes it extremely easy to pair with any kind of necklace – it just depends on what kind of look you wish to channel. Naturally, the thick gold chain works for Del Rey's look and the gold is great contrast against the thin stripes. (Garage, \$14.90)

2. High-Waisted Studded Shorts: Del Rey repopularized this

silhouette for the past few seasons and it will continue to represent one of the looks she does best, combining retro silhouettes with a casual and modern touch. The studs on these shorts work with the stripes and are not overpowering with the jewellery. (Garage, \$25)

3. Nude Pumps and Envelope Style Clutch: This duo allows all the other details of the outfit to stand out while keeping the outfit classy. This envelope-style clutch is slightly rounded with a band of snake-skin texture. (Pumps: Aldo, \$100; Clutch: H&M, \$29.95)

4. Gold Jewellery: The gangster Nancy Sinatra style calls for a thick gold chain, but to take it to a whole new level, it's paired with a beautiful pair of leopard earrings and a leopard bracelet with a chain band. The contrast of gold, black and rhinestone detailing makes the leopard earrings and bracelet great statement pieces to add detail to any ensemble.

The jewellery is inspired by Del Rey's use of animals in her music videos; they convey powerful messages of strength, animal instinct and the co-existence of human and nature. (All jewellery from Aldo Accessories, Necklace: \$15; Bracelet: \$15; Earrings: \$10)

Style icon Lana Del Rey is able to combine so many themes together without clashing the themes or overdoing the look in just a few pieces paired together! The key points of Del Rey's look is the mix between casual and powerful femininity.

Hai Ha Nguyen loves to discover the new trends in street fashion, accessories and styling. Follow her on Instagram at instagram.com/mis-shaihanguyen for the trendiest pieces this season! If you have a suggestion or feedback for her column, send her an email at hhnguyen.77@gmail.com.

Craig Cardiff brings folk roots to Fanshawe

NIKKI UFIMZEFF
INTERROBANG

Craig Cardiff is a Canadian singer and songwriter from Waterloo, Ontario. At 37 years old, he has made a name for himself in North America and some parts of Europe.

During his performances, Cardiff makes an effort to include the audience. He describes it as keeping the relationship personal with his fans by creating a connection. In January 2011, he started passing around notebooks he calls the Book of Truths as a way of connecting with the audience. Cardiff enjoys playing in non-traditional venues such as boathouses, camps, prisons, docks, cafés, living rooms and backyards.

Cardiff has released 15 albums, which include live and studio albums. His latest album, *Floods and Fires*, is considered to be one of his most ambitious musically and lyrically.

"I feel like everybody talks about writing a great song, and I feel like everybody is trying to write the same song, which is tying all the knots and fitting all the puzzle pieces," said Cardiff in a May 2012 article by Roots Music Canada.

"That's why all great songs are songs everybody can connect to and identify with. For me, all the work that went into the album ... choosing to be awake when it's easier to be asleep, that's where it all started. Within the framework of choosing to be happy instead of



CREDIT: SONGKICK.COM

Craig Cardiff brings his singing and songwriting talents to Fanshawe College for a free noonhour show in Forwell Hall on September 12.

fear, everything becomes clear, and all the songs connect."

In 2012, *Floods and Fires* was nominated for a Juno Award for Roots and Traditional Album of the Year: Solo.

Cardiff will be performing on campus on September 12 at noon in Forewell Hall. Admission is free, so come out and enjoy the roots of folk music.

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BOOZE CAN BE BAD NEWS

For some students, drinking to excess is a “rite of passage” they associate with college. It’s an image we’ve all seen over and over; a group of friends, drinks in hand, having a wild night – it looks like so much fun. Alcohol can be fun when it’s consumed responsibly. It’s up to you to keep informed about the short- and long-term effects of a night of partying.



SHORT-TERM EFFECTS



LONG-TERM EFFECTS



HEAD

- Headaches
- Impaired judgment
- Unconsciousness
- Blackouts (memory lapses where the drinker cannot remember events that occurred while under the influence)

- Comas
- Slurred Speech
- Drowsiness
- Distorted vision
- Decreased perception and coordination
- Distorted hearing

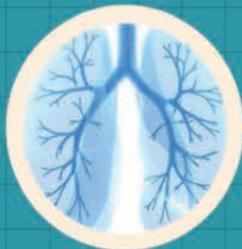
BRAIN & HEAD



- Nerve damage
- Vitamin B1 deficiency, which can lead to a disorder characterized by amnesia, apathy and disorientation
- Permanent damage to the brain
- Cancer of the mouth and throat

HEART

- High blood pressure, stroke, and other heart-related diseases
- Increased family problems, broken relationships



LUNGS

- Breathing difficulties

BODY



- Unintentional injuries such as car crash, falls, burns, drowning
- Intentional injuries such as firearm injuries, sexual assault, domestic violence
- Increased on-the-job injuries and loss of productivity



STOMACH

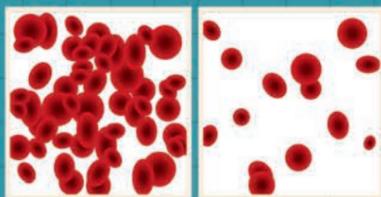
- Vomiting
- Upset stomach
- Diarrhea

STOMACH & LIVER

- Alcohol poisoning
- Ulcers
- Gastritis (inflammation of stomach walls)
- Malnutrition
- Liver disease

BLOOD

- Anemia (Loss of red blood cells)



THE GOODS

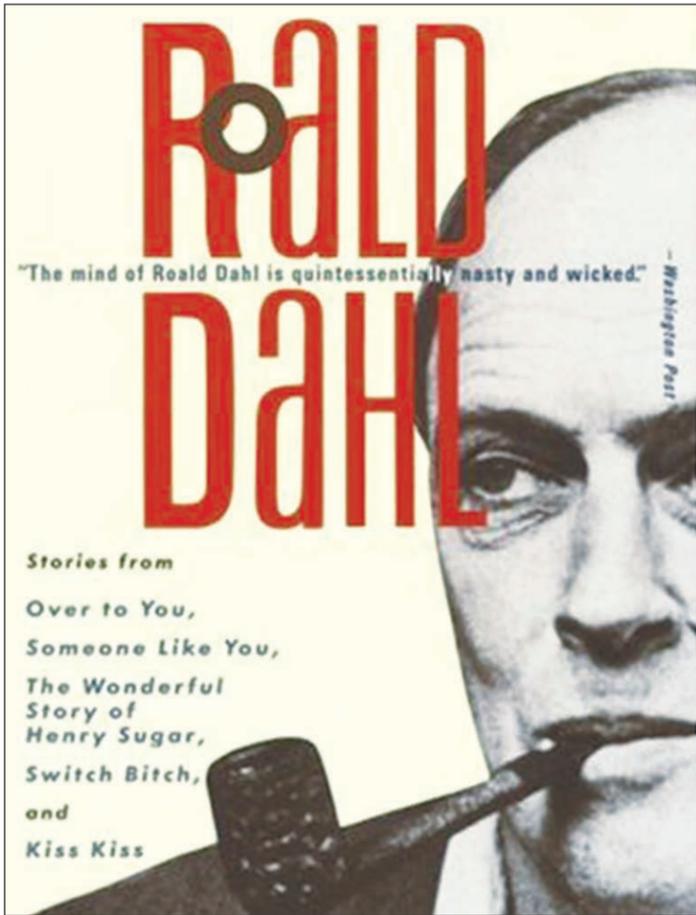


- Sexual dysfunction

STATS & FACTS

- **In 2011**, 78 per cent of Canadians aged 15 years and older had consumed alcohol (*Health Canada*)
- **At ages 15 to 19**, 52 per cent of males and 35 per cent of females reported consuming five or more alcoholic drinks on a single occasion in the previous year (*Statistics Canada*)
- **In 2008**, an estimated 24.1 per cent of males (3.3 million) and 9.6 per cent of females (1.4 million) reported heavy drinking – consuming five or more drinks on one occasion, 12 or more times over the past year (*Statistics Canada*)

- **From 2000 to 2007**, 47 per cent of all drivers 19 years of age or younger who died in traffic fatalities tested positive for alcohol and/or drugs (*Canadian Centre on Substance Abuse*)
- **In 2009**, 16- to 25-year-olds constituted 13.7 per cent of the population, but made up more than 30 per cent of the alcohol-related traffic deaths (*Mothers Against Drunk Driving*)
- **Motor vehicle crashes** are the leading cause of death among 15 to 25 year olds, and alcohol is a factor in half of those crashes (*MADD*)



Dahl is much more than a children's book author



READING BETWEEN THE LINES
ESHAAN GUPTA
e.gupta@fanshaweonline.ca

Considered one of the quintessential children's authors, Roald Dahl needs no introduction to many, with familiar works such as *Charlie and the Chocolate factory*, *Fantastic Mr. Fox*, and *James and the Giant Peach* having reached millions.

Dahl's stories were whimsical and unusual, but most importantly they understood that kids were merely inexperienced with life, not stupid. As such, rather than talk down to young readers, his books featured black comedy that pushed what age-appropriate really was, where much of the appreciation for his work is born.

Dahl easily ranks alongside Dr. Seuss and many other such authors for penning books with a universal age appeal.

With that said, his children's books easily overshadow his equally excellent adult material. While only having released a handful of adult novels, Dahl's forte lay in short stories, with several compilations published. Of course, with the numerous stories being difficult to digest comes *The Best of Roald Dahl*, a compilation that draws his best stories from other compilations (isn't this getting to be a recurring theme) into one paperback.

Dahl's writing for adults only gains more wit and gallows humour that his children's novels had to lose, the stories within this book being mostly about very adult subjects (ranging from affairs and moral quandaries to the author's own experiences serving in the military) but retaining all the sly charm. Despite a majority of the stories being set within a somewhat warped, but nevertheless earthly reality, the whimsy that often shapes the world of his stories is still ever-present.

A word of warning: not every story within this book is comedic in nature. Dahl isn't especially well-known for his ability to write horror, but believe me when I say that the stories in this book will put more than enough faith in you.

Some of the tales that stand out in this book include:

"Madame Rosette": A story of some young soldiers in the African theatre of World War II looking for a fun night out. An interesting period piece about what soldiers did on their off time, drawing insight from Dahl's experiences during the war.

"The Landlady": A tired young man walks into an inn with a stale atmosphere and an odd landlady. One of the more unsettling stories in the book.

"The Great Switcheroo": The less said about this story, the better. The kind of story you'd find in an underground pulp rag, but with a mark of high society.

"Royal Jelly": First published in the *Twilight Zone Magazine*, this story easily betrays its intent on sucking you into a yarn that could easily make an episode of the TV show.

"Pig": A small-town boy who is near-brainwashed about the virtues of vegetarianism is set loose in the big city. Written in an absurdly fairy tale-like manner, this is easily one of the more blackly hilarious stories written.

"Genesis and Catastrophe": Just read it. The less you know about this one, even better.

The Best of Roald Dahl, being a compilation drawing from compilations, only offers a taste of the dark wit he has to offer. Consider it an introductory guide to the rest of his excellent short story compilations.

Reading Between The Lines explores books that you may have missed out on that are worth your while. If you have a book to suggest, email Eshaan at e.gupta@fanshaweonline.ca.

Make your dorm room feel like home



TURN BORING SPACES BEAUTIFUL
BRITTANY ROACH

Welcome, new Fanshawe College resident students! This year may be a huge change for you, moving away from home and being on your own for the first time! This whole experience can be very exciting yet a little scary.

When I first moved into Fanshawe's rez, one thing that helped me feel at home was personalizing my dorm bedroom.

Residence will be your home for the next eight months. Being a student of Interior Design, I know how important it is to have a space that reflects you. With the rules and restrictions of what you can and cannot do to your generic

white dorm room, I have some simple and inexpensive tips on how to make your dorm room feel a little more like home!

The easiest way to personalise your dorm room is to add artwork. This may seem a little tricky, because you're not allowed to drill holes in the wall to install picture hooks. The simple solution to this is to use 3M Command hooks to hang your artwork and photos. These hooks stick to the wall and can be removed without leaving any sort of residue, making it a re-friending product!

No door on your closet? No problem! One simple solution to covering up your closet belongings is to purchase a tension rod, which does not require any holes to be drilled into the wall, and two curtains that are suitable to your taste. This is a simple way to cover up what is in your closet while still

obeying the residence rules!

Need a little extra storage? Adding a nightstand or bookshelf in your room is an easy solution to give you some more storage space. I know from firsthand experience that one of these items can fit into your space without making your room feel cluttered.

Last but not least, one more easy way to add a little more personality to your dorm room is to add an area rug. With everyone having the same generic carpet, an area rug is a great way to add a splash of colour and personality into your space.

You can purchase most of these items to personalise your dorm room at any Walmart, Target or Canadian Tire.

Making your dorm room feel a little more like home is easy and inexpensive!

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PG



Fanshawe students Sadie Rogers, Josie Paddock, Chelsea Lewis and Ashley Farrington enjoy a meal at the Welcome to Fanshawe barbeque.

CREDIT: STEPHEN GOSENCHI



WANT TO JOIN OUR SAC?

NOMINATIONS OPEN:

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CLOSE:

Friday, Sept. 20th, 2013 at 4 pm

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ANY QUESTIONS?

Ask Adam Gourlay
fsupres@fanshawec.ca



/fanshawesu



/fanshawesu



CREDIT: STEPHANIE LAI

The Oasis is one of several places on campus to grab a bite to eat.

Feast your eyes on Fanshawe

NATALIE QUINLAN
INTERROBANG

Hungry? Fanshawe's got you covered. With an array of cuisine choices to choose from, satisfying that rumbling tummy of yours has never been so convenient.

For those of you who are new to the college, Fanshawe has a cash-free way of purchasing your next meal, all through the simplicity of your campus card. Not only does your campus card give full-time students access to classrooms, labs and buildings, part of your London transit bus pass, and library privileges, it can also be used to purchase food on campus.

After picking up your campus card, students can purchase their meal plan by visiting the Bookstore (F1002). Non-residence plans may be purchased starting as low as \$50, with the ability to top-up at any given time. And with a meal plan, it's a win-win: no need to cook or wash dishes!

With more than 10 locations to eat on campus, your palate will never get bored. Chartwells cafeterias, a name you probably recognize from your high school years, features well-known names such as Tim Hortons, Subway, Pizza Pizza, Coyote Jack's, Big Pita, Fresh Grille and Wild Greens, just

to name a few.

Another trendy spot on campus includes Olive Oyle's (A1001), a deli that prepares delicious sandwiches, soup, a variety of salads, Starbucks coffee and pastries.

On the other hand, The Out Back Shack bar and grill offers an expanded roadhouse-style menu. The OBS is known for its good eats, new music nights and themed pubs nights on Thursdays.

Switching it up a bit, Oasis (in SC Building) allows staff and students to select from a stir-fry and pasta station, breakfast nook, veggie bar with fruit and soup, fresh sandwiches and subs, coffee, cappuccinos and flaky pastries.

If you're in the mood for more fast-food options, Falcon's Nest (beside Forwell Hall) offers pizza, subs and a variety of quick foods to fit your busy schedule, while Saffron's Restaurant (in A Building) offers fine dining for that special night out. (Note: Meal plan cards cannot be used at Saffron's Restaurant.)

So what will it be: a quick bite or satisfying sit-down lunch? Whatever you decide, rest assured that Fanshawe wide-variety of choices will be there to squash your hunger. Bon appétit!

When franchises die, Part 1



GAMING THE SYSTEM
ESHAAN GUPTA
e_gupta@fanshaweonline.ca

If a falling tree kills a video game series and there's no one there to hear it, does anyone care?

None of us hear the end of complaints about franchises being milked dry. *Call of Duty*, *Final Fantasy*, take your pick. But while some franchises could use the proverbial Old Yeller treatment and leave us with more good memories than sour, there exists the flipside – franchises that died prematurely due to poor sales or reception or for no reason whatsoever. Aside from a few "i wish they brought it backkk :(" comments on YouTube gameplay videos, these franchises have been forgotten since their sad death.

Road Rash

The series originally began life on the Sega Genesis in 1991, breaking away from the archetype of arcade motorcycle games, with its violent and fun combat alongside its cast of colourful and humorous stereotypes. *Road Rash* differed itself by placing its races in real-world highways and detailing them realistically with pedestrians, cars and buildings, rather than boring stretches of racing circuits. The game's comic portrayal of illegal underground street racing

garnered it enough popularity to spawn a handful of sequels, adding more tracks, characters and the option for split screen multiplayer. The series peaked with the release of the 3DO remake (also titled *Road Rash*, and later ported to the Saturn, PlayStation and PC), featuring amazingly detailed (for the time) fast-moving graphics, full-motion video cutscenes, and a kickass soundtrack by grunge rock bands like Soundgarden and Swervedriver. Two more PlayStation entries and a Nintendo 64 remake later, the series breathed its last with *Road Rash: Jailbreak* on the Gameboy Advance in 2003, and has been missing since.

Panzer Dragoon

Marking the first entry as a launch title with the surprise North American release of the Sega Saturn, *Panzer Dragoon* was a solid entry into the console's library. Boasting rich and colourful graphics, a beautiful orchestral soundtrack, and a very cool sci-fantasy setting, this rail-shooter about a post-apocalyptic world populated with dragons and monsters sold well enough to spawn a sequel, *Panzer Dragoon II Zwei*. *Panzer Dragoon Saga*, a spinoff RPG, marked the last Saturn release for the franchise. Despite the acclaim *Saga* received, with the game still making many greatest-of-all-time RPG lists, the game only existed as a paltry 30,000 copy run, and as such, commands

up to \$400 at auctions today. With the game's source code lost, making any chance of a port impossible, the only way to play this title is with the use of an emulator or mod-chipped Saturn.

After jumping ship to the Xbox with 2002's *Panzer Dragoon Orta* (also a very good entry that's easy to find and backwards-compatible on the 360 for those interested), the series has been all but active. However, those in need of their dragon-flying fix will be pleased with the arrival of the spin-off series *Crimson Dragon* (featuring a new setting and the efforts of series creator Yukio Futatsugi) on the Xbox One.

Jet Set Radio

Jet Set Radio proved that games could be fun without being overtly violent (or at least committing acts of violence). Debuting on the Dreamcast, *JSR* was set in a colourful, near-future Tokyo filled with graffiti gangs vying for tagging space in the bustling metropolis. Players were challenged to tag over rival graffiti with their own, as well as recruiting new gang members by showing off their rollerblading skills. An equally-good followup, *Jet Set Radio Future*, came about in 2002 as part of an Xbox bundle, but aside from an HD re-release on the PC, the series' dance and hip-hop music has been silenced.

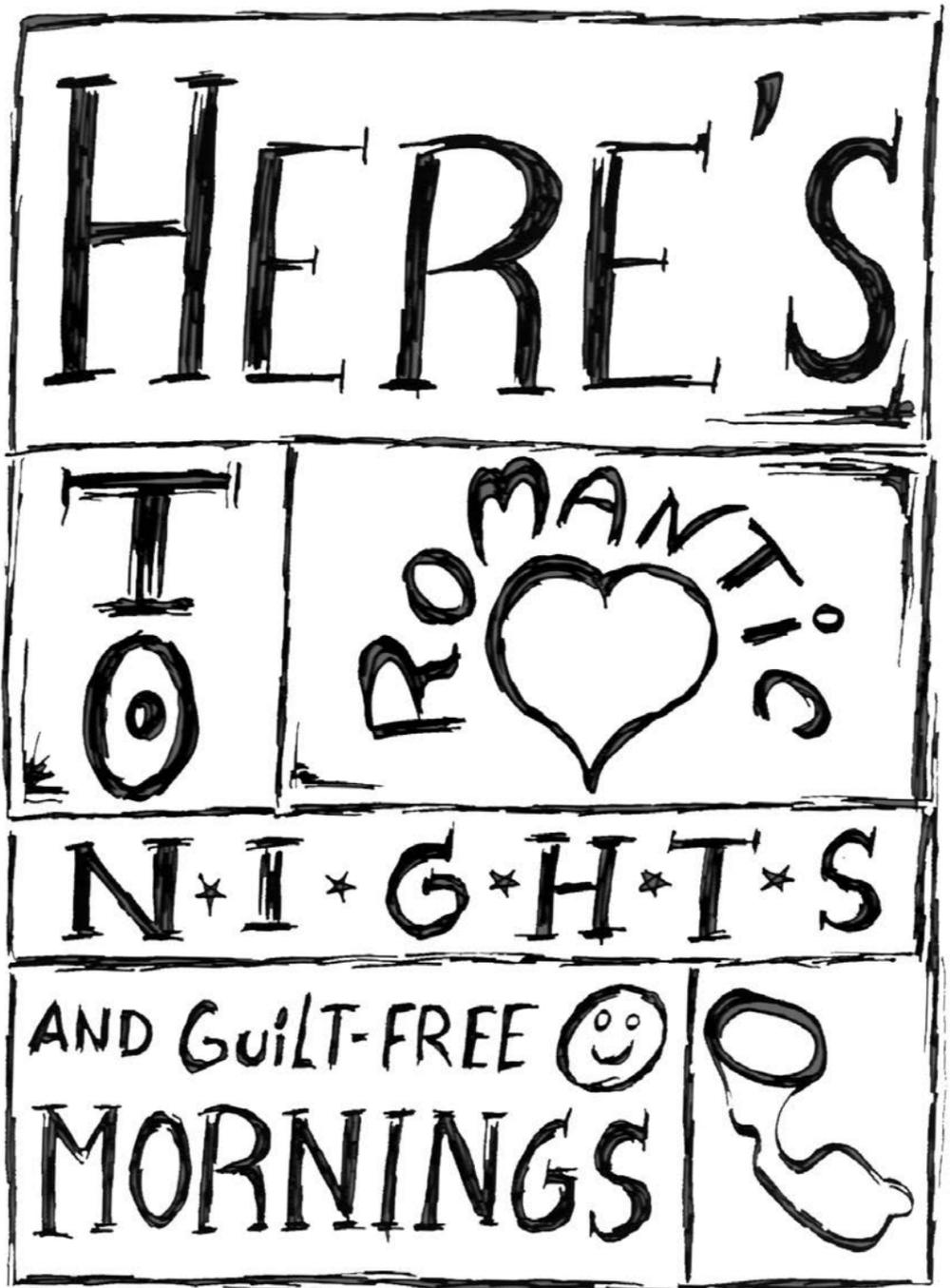
Check out part two of this list in next week's paper!



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CREDIT: STOCK PHOTO

Balancing school with social life will bring best of both worlds.

What's your priority: social life or school work?



CHAT WITH NAT
NATALIE QUINLAN
chatwithnat.fsu@gmail.com

Dear Nat,

It's the first day of school and I'm already feeling overwhelmed. Since I'm a full-time student, my schedule's packed, but I want to have fun too. I don't mean to sound like a "keener," but I want to have both a social life while also keeping my grades up. Any advice as to how I can balance both? What's more important here?

Social Keener

Dear Social Keener,

Think of it this way: Without passing grades, you won't be part of Fanshawe's community for much longer, and without Fanshawe's community, your goal of attaining a college social life will go kaput, so definitely keep an eye on your marks.

But becoming a hermit during your time here will be as much of a disservice to you as flunking out. Yes, good grades are important, but so is establishing good connections. Ever heard of the phrase, "Getting a job is all about who you know?" Well, this couldn't be truer, and chances are, your peers

will one day be your colleagues or even your boss. It's important to make these connections now in an effort to pave your networking system for the future.

With this in mind, it's good to socialize and have fun but remember to do it tastefully. Most people won't want the nickname "Loosey Goosey Lucy" or "Beer Gut Barry" to follow them into their careers. So be classy not trashy – the freaky phenomenon of six degrees of separation happens more frequently than you might think.

Finally, properly managing your time will increase productivity throughout your day. A simple, general rule that I've heard people use is by splitting the day up into thirds: eight hours of work, eight hours of play and eight hours of sleep. Sounds simple, right? Try to stick close to these guidelines and you'll have the best of both worlds.

So go ahead, spread your social butterfly wings and make the most of your time here at Fanshawe.

If you've got a query for Quinlan, shoot her an email at chatwithnat.fsu@gmail.com. All published questions will be entered into monthly random draws to win a \$10 FSU coupon for Oasis and Out Back Shack.

Campus employment: Work \$tudy



CAREER CORNER
Susan Coyne
Career Services
Consultant
Fanshawe Career Services

Need a few extra dollars this semester? Got a few extra hours during the week? Check out the Part-Time Work Study Program – if you qualify, you might just find yourself working on campus in a college department or with the Fanshawe Student Union.

The purpose of the on campus Part-Time Work Study Program is to assist students who are in financial need, who may be receiving financial aid through OSAP or have obtained another educational loan but still require additional assistance. Part-time work study jobs have been created on campus so students will have the resources to meet expenses associated with their education. The added bonus is that these positions also give you valuable experience to add to your resume.

Here's how you get started. As soon as possible before September 27, you must complete the Work Study application (available online at yourmoneydance.com): Select Click here to apply, and under Bursary Name, enter "Part-Time Work Study", and hit Search. Review the criteria for the Part-Time Work Study program and select Apply. From there, log on using your FanshaweOnline username and password. Provide the information as requested and submit your application. Staff in the

Financial Aid office will review your application to determine your eligibility and provide a written response.

To qualify, students must meet the Canadian Citizenship criteria, be taking at least a 60 per cent course load during the September to April period, have a demonstrated financial need and must be making satisfactory academic progress. While candidates should have been assessed for OSAP and been eligible for assistance, some exceptions to students not being eligible for OSAP will be considered.

Available Part-Time Work Study jobs are posted on the Career Services job posting site, accessible through FanshaweOnline (from the right hand toolbar, select the link to Career Services and Co-op Job Site). Once logged in, select the link to Job Postings and further select On-Campus Jobs. Only those approved for the program can apply to these positions, so if you are approved, bring your approval letter to D1063, Career Services, and ask for the contact information for the positions you viewed on the website which you wish to apply to. Complete the Part-time Work Study application as soon as possible to avoid being disappointed.

Here is a listing of the positions currently available on campus:

Used Book Shop - Cashier & Data Input; Used Book Shop – General; Peer Tutor; Junior Advertising Representative; Biz Booth Cashier; Biz Booth Poster Person; Custodial; Biz Booth Street Team; Financial Marketing

Team (FMT); Graphic Designer; Illustrator; Photographer; Sports Writer; Videographer/Producer; Writer/Reporter; Computer Technician; Junior Research Assistant; Restaurant General Labourer; Entertainment Crew Member; CRM/ Recruiter Implementation Assistant; Music Production Lab Assistant; Theatre Arts Assistant; Web Developer for Interactive Media Design; Web Developer for Interactive Media Post Diploma Programs; Media Loans and Studio Facility Assistant; Print Services Operator; Lab Monitor; Office Assistant; Junior Research Analyst; FSU Office Clerk; Financial Marketing Team; Restaurant General Labourer; Food Prep; Computer Technician; Multi-Media Assistant; Student Customer Service Ambassador; Student Graphic Designer; Student Photographic Archivist; Student Videographer; Student Website Assistant; Student Ambassador; Special Projects Assistant

Need assistance? Drop by the Career Services office in D1063. The Career Services staff are available to assist you on an individual basis. Visit the office in D1063 to arrange an appointment with the consultant responsible for your program or call 519 452-4294. To access job listings for Fanshawe students and graduates, visit www.fanshaweonline.ca or www.fanshawec.ca/careerservices. Follow us on Facebook facebook.com/FanshaweCS, Twitter @FanshaweCS and Pinterest pinterest.com/FanshaweCS.

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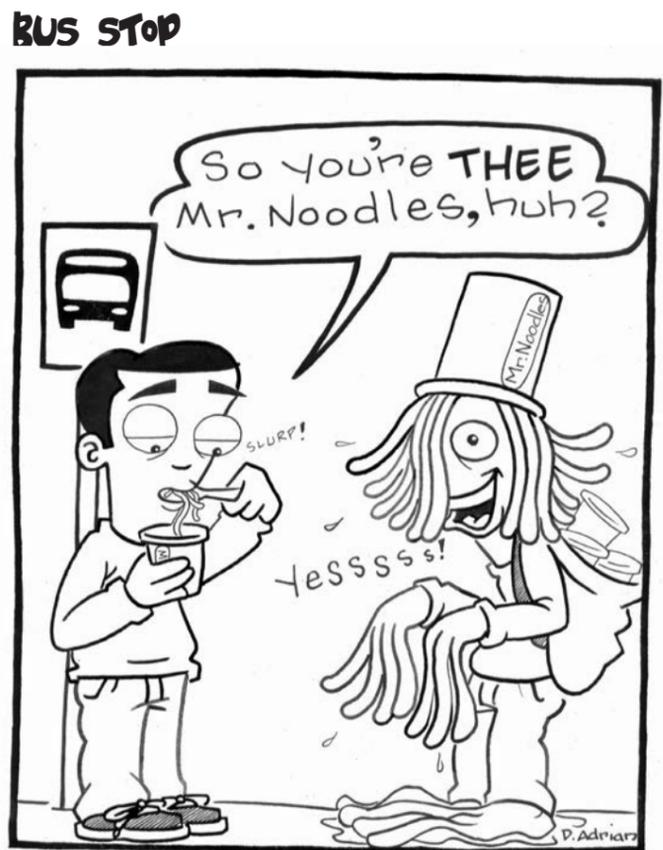
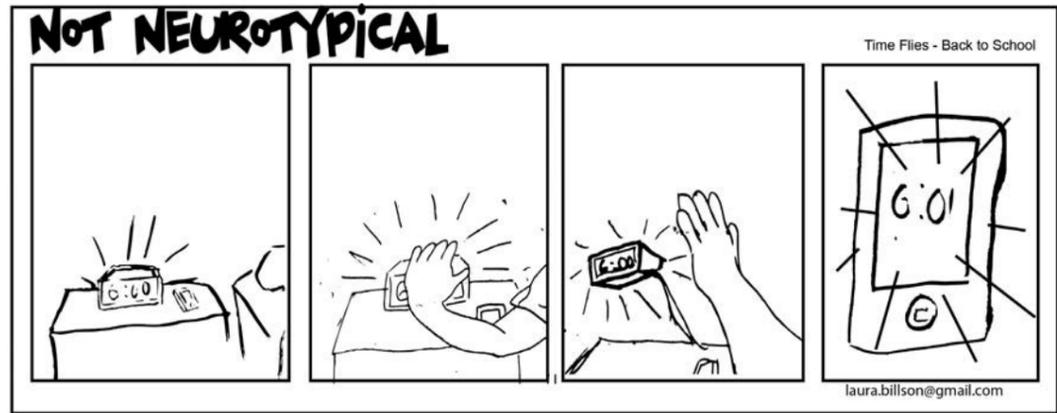
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DEADLINE: Tues. Sept. 17, at 4 pm



WELCOME KIOSK

HOW TO FIND YOUR WAY AROUND THE COLLEGE - VISIT THE WELCOME KIOSK!

The first week of school brings so many questions - but where do you find the answers? Go see Lori at the Welcome Kiosk, just down the hall from the Bookstore in 'F' building. They can answer questions about the college and the city, like: How do I get help with homework? Is there a doctor on campus? Where can I find vintage clothing stores? The Welcome Kiosk is open 8am - 4pm, Monday to Friday.

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zodiac stargazer HOROSCOPE

Aries (March 21 - April 19)

When the week is ending, you're not ready to stop. This is where you have an edge over the conventional, the lazy and the tired. When Aries knows exactly what he or she wants, it's easy to work alone.

Taurus (April 20 - May 20)

You have every right to be abrasive and incompatible, but what's the point? You're better off cutting your losses and leaving work a little early. Take it easy and count your blessings.

Gemini (May 21 - June 20)

Life is a pageant of beauty and delight. Gemini shines in partnerships and small groups. This is a time of unexpected results and unrestrained praise. The story of the future is based on current events.

Cancer (June 21 - July 22)

Prepare to have all your buttons pushed. Instead of giving a new idea or method its fair chance, you're ready to throw it out the window. Try to see the humour in the situation, because it's definitely there.

Leo (July 23 - August 22)

Stop shouting. The other party has agreed to your demands. Beneath your fierce approach beats a reasonable heart. Calm yourself and enjoy the situation that you've just created.

Virgo (August 23 - Sept. 22)

Virgo's straight shots and hard hits do little for his or her popularity. You're driven by honesty and efficiency, and if someone else is too fragile, too bad for them. A softer style might do the job just as well.

Libra (Sept. 23 - Oct. 22)

Open your senses to a wash of new influences. Thanks to your relentless promotion, everyone believes in your abilities. The evenings may find you connecting with the person or music of your dreams.

Scorpio (Oct. 23 - Nov. 21)

You don't care if you're rude or clumsy. Nothing stands between you and your objective. You may tell yourself that you're moving on when you're really running away. Eventually the truth will come out.

Sagittarius (Nov. 22 - Dec. 21)

The world beckons you out on an adventure. For maximum fun, bring along an Air Sign or another Fire Sign. Whether quoting famous sources or spouting original thoughts, you have many things to say.

Capricorn (Dec. 22 - Jan. 19)

A reunion for old times' sake has no future. A new style or expression grates on your sensibilities. Capricorn may not like where things are headed, but this river flows only one way.

Aquarius (Jan. 20 - Feb. 18)

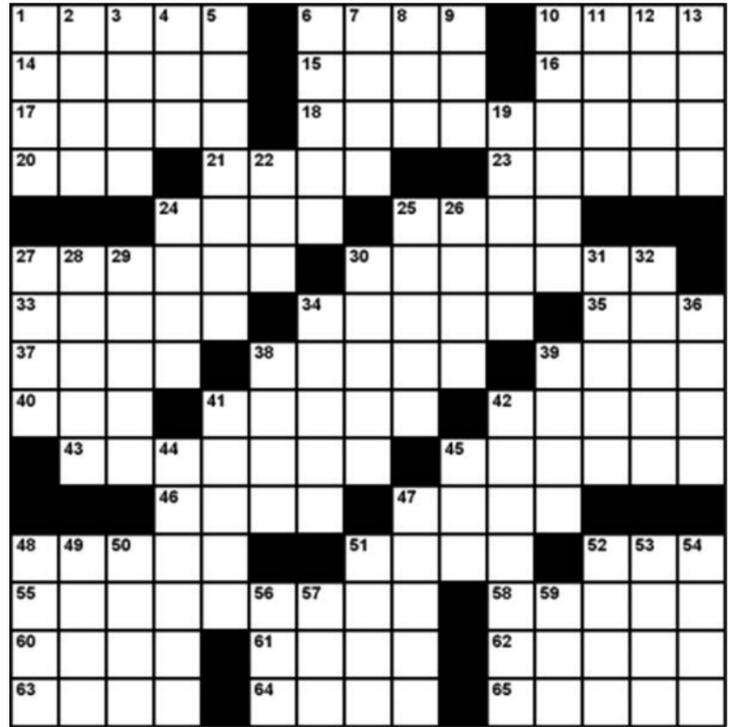
Insiders form vital, unbreakable partnerships. Wherever you reach, you're sure to find something of value. Aquarius lives by impulse and profits through his or her natural brilliance.

Pisces (Feb. 18 - March 20)

Your thoughts may be unwelcome in some circles, but you're free to think them anyway. Celebrate your appetite for mischief among friends who share your sensibilities. The right moment will come soon enough.

Across

1. First name of newly appointed Fanshawe College president
6. Previous to appointment as Fanshawe College's new president (see 1 Across and 27 Across) was commander of the Canadian ___
10. Cabbage cousin
14. Breed of Japanese dog
15. Feminine name
16. Approve
17. Chart again
18. Hold spellbound
20. Vane direction
21. Wading bird
23. Sahara mounds
24. Computer operating system
25. Ache
27. Last name of newly appointed Fanshawe College president
30. Original name of Interrobang
33. Painful obstruction of the intestine
34. Dirt house
35. Driver's licenses, i.e. (abbr.)
37. Debt collectors
38. Tale
39. As well as
40. Strange
41. Robbed
42. Strange
43. Deliberately avoids
45. Last name of Fanshawe College's outgoing president
46. Baseball game units
47. Farmyard animal
48. James N. ___: official name of Fanshawe College's Simcoe Campus
51. Assists
52. Self
55. Restaurant employees (2 words)
58. Fanshawe College adopted its present name in 196___ (year).
60. All (comb. form)
61. Reporter's question
62. Feminine name
63. SE Asian country
64. Rowing tools
65. Feminine name



Down

1. Peel
2. Contrives to make a livelihood (with 'out')
3. "___ heals all wounds."
4. Greek letter
5. Edible leaves of an immature white turnip
6. Mingle
7. Fish eggs
8. Mr.'s wife
9. Sweet potato
10. Basic monetary unit of the Czech Republic
11. Related by blood
12. Spend time idly
13. Organs of sight
19. Instruct and improve morally
22. Large receptacle
24. Inuit knives
25. Spanish Roman Catholic priest
26. Masculine nickname
27. Prank
28. Dodge
29. Offers for sale
30. Unwise people
31. Angered
32. Erstwhile Ford
34. Packs tidily and compactly
36. Painful
38. Editor's mark
39. Father's sister
41. Avoids
42. Evergreen tree
44. Raccoon-like animals
45. Pole
47. Presents
48. Military offense (abbr.)
49. Tibetan monk
50. Floor covering (abbr.)
51. At a distance
52. Level
53. Hereditary unit
54. Change for a five
56. Fanshawe College's London campus was founded in 196___ (year).
57. Expression of surprise
59. Unit of work

Solution on page 22

QUIRKY FACTS

1. Ice Cream is chinese food!
2. Blueberry juice boosts memory.
3. Coca Cola was originally green.
4. The world's oldest known recipe is for beer.
5. It takes food seven seconds to get from your mouth to your stomach.
6. You would have to walk for seven hours straight to burn off a super sized Coke, fry and Big Mac.
7. Decaffeinated coffee is not 100 per cent caffeine free. When coffee is being decaffeinated, two per cent of the caffeine still remains in it.
8. 50 years ago Cheerios were called Cheerioats.
9. Vanilla flavouring is sometimes made with an ingredient from beaver pee.
10. Every month, about nine out of 10 American children visit a McDonald's restaurant.
11. An average person's yearly fast food intake will contain 12 pubic hairs.
12. Chocolate is lower in caffeine than tea, coffee and coca cola. A one ounce bar of chocolate contains about 6mg of caffeine, whereas a five ounce cup of regular coffee contains over 40mg.
13. Research has shown that allowing chocolate to melt in your mouth produced brain and heart rate activity that was similar to - and even stronger than - that produced with passionate kissing.
14. In the 1800's, rum was considered excellent for cleaning hair and keeping it healthy. Brandy was believed to strengthen hair roots.
15. The purpose of the indentation at the bottom of a wine bottle is to strengthen the structure of the bottle.
16. White wine gets darker as it ages while red wine gets lighter.
17. Orange juice naturally contains a small amount of alcohol.
18. Japan is the largest exporter of frog's legs.
19. All 13 minerals necessary for human life can be found in alcohol beverages.
20. You can overdose on caffeine.

Sudoku Puzzle

	8			4				
	9							8
4		7	2				5	
		4	5	7				6
		5					2	
7				8	3	1		
		3			7	8		5
9								1
				5				9

puzzle rating: hard

Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box. Solution can be found on page 22.

Word Search

B C L Y Q G N O C L A F R Y G
 R U T F E E D R I C T O N A O
 O Y Q H U R L A N N E R N N V
 W M U M N I G O Y R R I O W I
 N S E D M O N T A I T A A H C
 T N B R A R E D W E N P E I T
 E E E S L H T J R A G G A L O
 T N C L X I F I L A H T R P B
 T I C H B S N U T S O O T Y L
 R R I A C P R A I R I E V O A
 U G T I U L A Q T P Y O E R C
 M E Y G R E K A S N Z N L S K
 A R E O T T A W A Y E T K E P
 H E B E T R U Y I S R O D S O
 C P Y S E F I N K A L T A I Y

Types of Falcons

(Words in parentheses not in puzzle)

- | | | |
|-------|------------|-----------|
| Amur | Grey | Peregrine |
| Altai | Gyr Falcon | Prairie |
| Bat | Laggar | Saker |
| Black | Lanner | Sooty |
| Brown | Merlin | Taita |

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Watching *Gigli* would be Ben-eficial



Cinema Connoisseur
ALLEN GAYNOR
www.cinemaconn.com

Gigli (2003)



In one of the most controversial casting decisions in recent memory, it was announced that the role of Batman in the sequel to *Man of Steel* will be played by Benjamin Affleck. The news caused a huge uproar – more than 70,000 people have signed a petition asking for him to be removed from the film. I understand that Batman is a complex character who should only be portrayed by our most capable thespians, such as Adam West and Val Kilmer. However, I do feel that people are being a bit harsh towards Affleck.

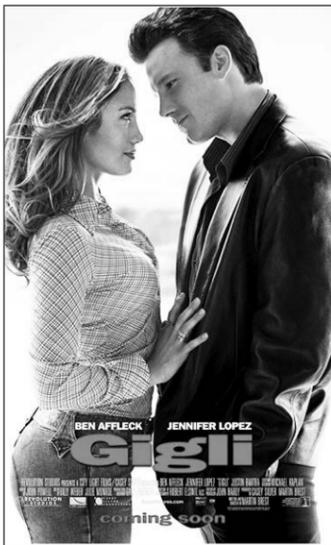
Sure, I'll admit, he isn't exactly on a hot streak. I mean, what has he done lately? Well, there was the Iranian hostage drama *Argo*. It is appropriate that it took place in Iran, since I ran out of the theatre shortly into it. If you go back a decade however, you will be able to see what Affleck is capable of. Take a look at his body of work at that time – *Jersey Girl*, *Daredevil*, *Pearl Harbor*, *Surviving Christmas* – basically getting Affleck to star in one of your films was a licence to print money. As great as all those films are, they pale in comparison to perhaps his most famous work, the 2003 classic *Gigli*.

Affleck takes on the role of

Larry Gigli, a thug who is tasked with kidnapping Brian (Justin Bartha), a mentally challenged youngster. Brian happens to be the brother of a prosecutor who is looking to put a mob boss behind bars. Bartha's portrayal of Brian is one of the most sensitive depictions of the disabled that I have ever seen. And he is not a one-dimensional character at all. He raps, and he is obsessed with *Baywatch*. "They make my penis sneeze," says Brian of the fine actresses on that program. God bless you, sir. At the risk of giving away too many spoilers, I will reveal that in the end, Brian gets to meet the cast of *Baywatch*. Or at least some sort of reasonable facsimile of the cast. Apparently David Hasselhoff, Pamela Anderson or any other *Baywatch* cast members were unwilling to make an appearance. Al Pacino (*Righteous Kill*, *Jack and Jill*) and Christopher Walken (*Balls of Fury*, *Kangaroo Jack*), however, were more than willing to make cameos.

Gigli's superiors have no faith in him to carry out this task, and therefore assign Ricki (Jennifer Lopez) to tag along and make sure the job is done correctly.

In a case of art imitating life, sparks fly between Affleck and Lopez's characters. Not initially, though, due to the fact that Ricki is a lesbian. But sometime during the course of this classic mobster/lesbian/mentally handicapped buddy road comedy, Ricki succumbs to Gigli's charms, which are mostly showcased by the constant dropping of F-bombs and delivering monologues about his penis. Come



on, what lady wouldn't switch to the other team for a man like this?! Lopez and Affleck were quite the item in real life at the time. I believe they were the first star couple to receive a mashup name, Bennifer. So couples like Brangelina (Brad Pitt and Angelina Jolie) and MasterBates (Master P and Kathy Bates) owe a lot to Ben and Jen.

The film itself is a bit of a mashup. Part gangster drama, part romantic comedy, part infomercial for Jennifer Lopez's derrière, *Gigli* succeeds at everything it tries to be. To all those jokers who are upset about this Batman situation, I strongly suggest that you take a deep breath and give Mr. Affleck the Ben-efit of the doubt. Sit back and take in a viewing of *Gigli*. After doing so, you will no doubt agree that Ben Affleck is the hero we deserve, and the one we need right now.

BEST IN LATE NIGHT COMIC RELIEF

THE LATE LATE SHOW with Craig Ferguson

Today during the hearing on Syria, John McCain was caught playing poker on his smartphone. I was like, "What? John McCain knows how to use a smartphone?"

Diana Nyad is a 64-year-old woman, the first person to swim from Cuba to Florida without a shark cage. I think it would be harder with a cage. Hold up a cage and try swimming at the same time.

It's amazing to think that it was a 64-year-old woman swimming from Cuba to Florida. It took endurance, perseverance, and some pretty lazy sharks.

I think Diana Nyad is really inspiring, but I'm concerned about the practice of putting old people in cages.



CONAN with Conan O'Brien

Syria's President Assad referred to President Obama as weak. Obama is so angry he plans to ask Congress for permission to come up with a good comeback.

They're now making the first smartphone that's not made overseas. It's made in Texas. It's also the first smartphone that doubles as a handgun.

The co-founder of Google and his wife have split up. When asked why, he said, "Search me."

This weekend, leaders from the NAACP met with leaders from the KKK. After seven hours of talks both sides agreed that they don't really care for Bryant Gumbel.



LATE NIGHT with Jimmy Fallon

Star Wars creator George Lucas recently invested \$10 million in Starbucks. Yeah, TEN million. Of course, most fans think he should have stopped at three.

An 80-year-old weightlifter has been banned from the sport for two years after he was caught using steroids at a competition. Officials became suspicious that he was using steroids when he was an 80-year-old man in a weightlifting competition.

On Sunday, more than 1,500 people set a world record by holding the largest gathering of redheads in history — marking the first event that nearly got canceled due to sun.



THE TONIGHT SHOW with Jay Leno

President Obama is trying to get congressional approval before we attack Syria. And if that works, there's talk we might even consider bringing back the rest of the Constitution.

About \$30 million in \$100 bills had to be destroyed because of a printing problem. Isn't that unbelievable? The only thing we know how to do right in this country is print money and we screw that up.

Congratulations to 64-year-old swimmer Diana Nyad. On her fifth try she completed her 110-mile swim from Cuba to Florida. See, 64 is not too old to swim 110 miles. It's too old to host a late-night talk show, but not to swim 110 miles.



JIMMY KIMMEL LIVE with Jimmy Kimmel

Vin Diesel is with us tonight. Vin is not his real name. His real name is Vehicle Identification Number.

Dennis Rodman returned to North Korea this morning — and with any luck, for good.

Rodman says he is not going to North Korea for diplomatic reasons. He just likes being taller than an entire country.

Actually, Rodman is going to hang out with his friend, Kim Jong Un. If somebody told you Dennis Rodman, a basketball player, was hooking up with Kim you would assume they meant a Kardashian, right?



THE LATE SHOW with David Letterman

Tonight I will be doing the show without a shark cage.

Diana Nyad swam from Cuba to Florida without using a shark cage. She swam all the way from Cuba to Miami — accompanied by five Cuban pitchers.

Charlie Sheen turned 48 years old today. Gosh, I wonder if he had a party.

There is trouble at Charlie Sheen's birthday party. John Kerry says if there is evidence of illegal chemical use. They have to go in there.

I guess we're getting ready to attack Syria. But if we win, in the semifinals we face Iran.

You know you are not at a top-rank university if the professor has a tip jar on his desk.



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Clayton Greene

Student Representative to the Board of Governors

Kicking cigs to the curb once and for all

ANDREW VIDLER
INTERROBANG

The way I began smoking is a story heard so often that it's almost cliché. I was 19, in my first year at university, and living away from home for the first time. Like many students moving into a dorm, my roommates were my group of friends; we travelled as a group, we went to bars together, and the majority of the group smoked together. Being around smokers on such a regular basis quickly made me indifferent to the secondhand smoke – it was all outside, anyway – and before long I found myself joining them on the smoking patios at the bars, cigarette in hand.

I went through an odd mental dilemma when I first began smoking; I had grown up in the '90s, when a hostess still asked "smoking or non-smoking?" every time you went out for dinner, but saw the dawn of a generation of entertainment where smoking was rarely seen and never glorified, so I was fully aware of the health risks and social stigmas that accompanied smoking.

Despite my education to the contrary, I enjoyed smoking quite a bit, pushing what I knew about the health risks to the back of my mind in order to rationalize the fact that the smoking patio at the bar was proving to be a fruitful place to pick up girls. Before I knew it, I had stopped smoking exclusively in social settings, and had begun to crave cigarettes every few hours. The progression to full-on smoker

was complete.

This continued for a year and a half, a time during which I attempted to quit smoking twice, only to have the efforts derailed due to a drunken night or a particularly stressful day and have the cycle repeat itself all over again. After some time, I was finally able to quit smoking for the long term. I've been smoke-free for over a year now and it was one of the hardest things I have accomplished. I have often been asked how I managed to pull it off, especially considering that I was able to do it without the use of nicotine replacement therapies such as the patch or gum, so here are my strategies for smoke-free success.

Do It For You

I attempted to quit once or twice, always at the behest of my parents or friends who hated the fact that I smoked, but I never was able to stop for more than a week or two. Smokers feel immense pressure when trying to quit, and having someone watching over my shoulder making sure that I was 100 per cent committed did not make it any easier. The third time I attempted to quit, I was doing it because I didn't want to be a smoker anymore, not because someone else was opposed to it, which I believe finally gave me the extra drive to accomplish it.

Baby Steps

When I finally decided to quit smoking, the first step I made was to cut the number of cigarettes I was smoking per day in half, bring-

ing my smoking down from over 10 cigarettes a day to just around five within a week. There is no tried and true method to getting through this stage of quitting, as everyone has a different set of smoking habits to break, different reasons to be smoking, as a different personality when dealing with adversity.

I chose to find a substitution for the cigarette, a commonly used method among people who are not using a nicotine replacement product such as the patch, which serves to break the physical routine of having a cigarette, I used gum, but I have known people to drink water, have a coffee or even eat carrots in an effort to fill the routine.

Regardless of the chosen substitution, a smoker will have a very difficult time quitting if they cannot fill the time that they used to spend smoking with something else, even if it only manages to occupy the minute or two that would be spent on the cigarette in the first place.

You Don't Have To Do It Alone

This shouldn't be confused with what was said earlier regarding quitting for someone else; having a friend who knows what it is you are trying to do and is willing to help you along can be a tremendous asset. In my case, I had both a roommate and a girlfriend who were on my side and were able to help me out whenever I needed a conversation or a distraction from a serious craving. The biggest dif-

ference between this brand of support and having family members harping on me to quit is that my friends displayed understanding and patience toward the quitting process. Nearly everyone on earth can relate to having parents stressing them out, and mine were particularly impatient toward the quitting process, expecting almost immediate smoke free results and giving the "disappointed parent" lecture that we have all heard so many times if they ever caught so much as a whiff of cigarette smoke. Needless to say, the stress that this added for me was not in any way helpful in my attempts to stop, in fact the time that I spent at home became the times where I would slip and step outside for a smoke or three.

Give Yourself Time

I never would have believed just how long it would actually take in order to purge the addiction from not only my body, but my mind as well. Smoking, for me and many people I know, was such a habitual aspect of my social interactions that missing it felt like the equivalent of my best friend being absent from the group. It was weeks before I was able to even consider quitting cold turkey, and even longer before I was able to put together multiple smoke-free days with any sort of success. Once I was able to go three or four days without cigarettes, things became easier, but during that time I probably would have sold my mother for a smoke and I bounced around

within every negative emotion you can imagine.

Keep in mind that this is a personal account; there is no single method to quitting smoking that will guarantee any sort of results. You have to find your own methods – these are just some examples of what worked for me.

Quitting smoking is one of the hardest things I accomplished in my entire life, but also one of the most rewarding. Going smoke-free is going to take all the self-control you possess, and probably a little extra on top of that, but some strong will and good support will see you through. Good luck!

While quitting cold turkey is a viable option for some, many others require a stop smoking aid of some kind to help them along their way. Over the years, Nicotine Replacement Therapies (NRTs) have taken many different forms, including the nicotine patch, gum, inhalers, and fake cigarettes to help people satisfy their cravings satisfied without breaking a non-smoking routine.

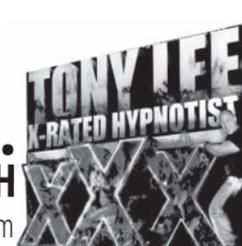
In addition to NRTs, there has been a recent upswing in alternative methods of quitting smoking, namely through hypnotherapy and laser treatments, which are designed to help people quit in a healthier way. Deb Johnson, a laser therapist in London, says that her program has an 85 per cent success rate when helping people to quit. This is accomplished through the stimulation of acupuncture points with lasers, designed to help your body relax and cope without its usual dose of nicotine.

SEXUAL AWARENESS DAYS

Mon. Sept. 16th to Thurs. Sept. 19th

See the Interrobang & www.fsu.ca for more info




 <p>London InterCommunity Health Centre OPTIONS CLINIC</p>  <p>MIDDLESEX-LONDON HEALTH UNIT</p>  <p>Regional HIV/AIDS Connection</p>	<p style="font-size: 1.5em;">Girls Night Out with</p> <p style="font-size: 1.2em;">Michelle Shaughnessy</p> <p>Mon. Sept. 16th</p> <p>The Out Back Shack, 8 pm, Free Admission</p>	 <p>TUES. SEPT. 17TH</p> <p>Forwell Hall, 8pm, Free Admission</p> <p>Tons of sexy prizes, and free condoms</p>	<p style="font-size: 1.5em;">SEX TOY BINGO</p>  <p>The Out Back Shack, 9 pm doors, No Cover</p> <p>WED. SEPT. 18TH</p>
 <p>Founder of Slutwalk</p> <p style="font-size: 1.2em;">Heather Jarvis</p> <p>WED. SEPT. 18TH</p> <p>Forwell Hall, Noon, Free Admission</p>	<p style="font-size: 1.5em;">T L C Show with</p> <p style="font-size: 1.2em;">DR CARLEN</p> <p>W/IN TOYS, LUBE & CONDOMS!</p> <p>THURS. SEPT. 19TH</p> <p>Forwell Hall, Noon, Free Admission</p>	<p style="font-size: 1.5em;">THURS. SEPT. 19TH</p> <p>Forwell Hall, 9 pm</p>  <p>TONY LEE X-RATED HYPNOTIST</p> <p>\$8 ADVANCE / \$10 @ THE DOOR</p>	

Countryman, take me home



MOTORING
NAUMAN FAROOQ
naumanf1@yahoo.com

I have been a fan of Minis since the first time I drove one back in 2002. The rebirth of this iconic vehicle was done right, as the new model not only bore a styling resemblance to the original, but also was fun to drive, just like the originals.

The brand has been growing, and with the growth has come newer, bigger models, which is something that does not sit well with Mini purists.

But, how are they?

I spent a week with two of the latest offerings, so let me tell you how that went.

First up was the Paceman. To be exact, it was the Mini Cooper S Paceman ALL4. This is the latest model offered by Mini and is a coupe version of the Countryman model that launched about two years ago.

This is a butch-looking Mini, and it's not meant to be cute or cuddly. It is an interesting looking thing, and one that will either hit the right chord with you, or it won't. I am on the fence with this one.

Step inside, and it will first inspire you with a feeling of familiarity. If you have been in a Mini in the last decade, this interior will at first feel like home. However, a few things are not the same and they start making themselves apparent when you start driving. Despite the fact that the car looks like it has plenty of glass from the outside, inside is a different story. Looking out of the vehicle in any direction besides straight forward is a bit challenging. The rear window is smaller than you'd expect, and the door mirrors are oddly mounted below the belt line, so you cannot see half the mirror. I tried my best to set up a seating position to overcome this, but failed.

Apart from that, the interior is fine for space and comfort, and my model did come with plenty of options. Those options also included one I would certainly avoid in any Mini: the panoramic sunroof. I normally like this feature, but the problem is, when Mini fits this feature, they also fit it with a see-through roller blind, which lets too much light in. On very sunny days, you end up getting cooked in your car. I could only drive on overcast days, or at night.

As with most Mini offerings, this model is also available in three stages of engine tune, all having a 1.6-litre, four-cylinder motor. The base has no turbo, and develops only 121hp. Then there is the model I tested, that has a turbo, and also has all-wheel drive, and this version produces 181hp. The

top version, called the JCW, also has a turbo and all-wheel drive, and develops 208hp. There are two transmissions on offer also, a six-speed manual, or a six-speed automatic. My tester had the latter, which is a decent gearbox, but I wish Mini had gotten the eight-speed autos found in parent company BMW's models. The old six-speed auto is neither the smoothest nor the quickest gearbox in the market, so there is room for improvement. The Cooper S spec motor is fine, but I wish BMW had given Mini their turbo charged 2.0-litre motor, which is a much better engine, plus it's more frugal too (I averaged 9.2-litres/100km in my week).

The thing that has always stood out for Minis was their handling. They had a certain feel about them – they reacted like big go-karts. The Paceman doesn't. It looks big and heavy and that is how it handles. This is not a Mini you'd enjoy driving down a winding road.

It's not cheap, either. The Cooper S Paceman ALL4 is yours from \$31,200.

I would be willing to spend a bit more on the Mini John Cooper Works Countryman ALL4. This is the vehicle that lent its platform to the Paceman, but the original is better. I think the Countryman looks a lot better than the Paceman. Thanks to straighter lines, it is easier to look out the windows (although the door mirrors are still mounted too low, in my opinion). This vehicle is much more practical, and when equipped with the JCW-spec motor, it is very, very fast.

The performance gain was expected, and to be fair, the Paceman is also available with this motor, but the Countryman, a model that Mini competes with in the World Rally Championship, just seems to ride better. It was a joy on winding roads. My tester was equipped with wonderful 19-inch, light alloy wheels, wearing Pirelli PZeroes (same spec tire as found on cars like the legendary Ferrari F40), and it handled like it was on rails. Sure, it could benefit from going on a weight diet, but so could I.

My wife and I took this vehicle on our most recent road trip to Tobermory, and found the car to be comfortable, fun and fast. Thanks to its excellent navigation system, we never got lost. It was the perfect getaway car.

It is not cheap though. The Countryman JCW starts at \$38,500. My very loaded tester was worth \$49,285. At first, I thought that was an absurd amount for a vehicle like this. After a week, I could totally see myself buying one – it really is that good.

If you're shopping for Minis, walk past the Paceman and step right into the Countryman, preferably the JCW version.



The Mini can be a fun car to drive. It has been gaining in popularity since its rebirth in 2002.

CREDIT: MINI



Men's and Women's Soccer

TRYOUTS
MONDAY, AUG. 19TH - FRIDAY, SEPT. 6TH
WOMEN: 5PM - 7PM
MEN: 5:30PM - 7:30PM
FANSHAWE SOCCER STADIUM

Men's and Women's Volleyball

TRYOUTS BEGIN
WOMEN: TUESDAY, SEPT. 3RD
6PM - 8PM GYM 1-2
MEN: THURSDAY, SEPT 5TH
8PM - 10PM GYM 2

Men's and Women's Cross Country

MEET THE COACH / TRYOUTS
TUESDAY, SEPT. 3RD AND THURSDAY, SEPT. 5TH
AT 5PM
MEET AT THE ATHLETICS OFFICE - J 1034

Men's and Women's Curling

TRYOUTS AND
MEET THE COACH
WEDNESDAY, SEPT. 18TH
8:30PM - 9:30PM - ALUMNI LOUNGE

Men's and Women's Golf

MEET THE COACH
WEDNESDAY, SEPT. 4TH AT 6PM IN ROOM SC 2016
TRYOUTS BEGIN
THURSDAY, SEPT. 5TH FROM 2PM - 4PM
DORCHESTER GOLF AND COUNTRY CLUB

Men's and Women's Badminton

TRYOUTS BEGIN
THURSDAY, SEPT. 12TH
8PM - 11PM
GYM 3

Men's and Women's Basketball

TRYOUTS BEGIN
WEDNESDAY, SEPT. 4TH
MEN: 6PM - 8PM GYM 1-2
WOMEN: 8PM - 10PM GYM 1

Men's and Women's Indoor Soccer

TRYOUTS BEGIN
MONDAY, JAN. 6TH
WOMEN: 8PM - 10PM GYM 1
MEN: 8PM - 10PM GYM 2

3	8	6	9	4	5	7	2	1
5	9	2	7	3	1	6	4	8
4	1	7	2	6	8	5	3	9
1	3	4	5	7	2	9	8	6
8	6	5	4	1	9	2	7	3
7	2	9	6	8	3	1	5	4
2	4	3	1	9	7	8	6	5
9	5	8	3	2	6	4	1	7
6	7	1	8	5	4	3	9	2

P	E	T	E	R	A	R	M	Y	K	A	L	E
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Clint Dempsey and Landon Donovan will be playing for the U.S. and in the MLS next year, and that is a very good thing.

CREDIT: THE SUN UK

Domestic soccer improves again



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Domestic soccer has won plenty of battles over the past decade. Most of them were fights over proper stadiums and clubs. This summer, they've managed to win a few battles on the pitch.

The number of teams competing in Major League Soccer has nearly doubled over the past decade, with clubs building proper infrastructure along the way. They have built a product that not only the fans want to partake in, but also the players.

American Clint Dempsey had his start in MLS. He moved to England to join top-flight side Fulham shortly after (in 2006), as other clubs started to see his talent. This summer, Dempsey returned to MLS to sign with the Seattle Sounders, arguably the crown jewel of the league.

In seven years, MLS has been trying to prove its legitimacy the only way they could: upgrading what they had and hoping everything – and everyone – followed. It has been.

Clint Dempsey was playing for Tottenham Hotspur last season, a top level side in England. His career could have continued abroad, but instead he moved home with his family. Now MLS has another incredibly skilled player that will only bring more of the like to the league.

As it has been proven, you can't grow a league (or soccer culture, for that matter) on just bringing tal-

ented players in from abroad. Dempsey isn't foreign. He's a walking and talking endorsement for domestic soccer, being the best American playing in the best American league.

Another talented American player who chose the MLS was Landon Donovan. He has spent his entire career in MLS, save some loan stints at Everton in England. His contract was up at the end of the year as he was getting offers from clubs like Manchester United. Instead, he stayed with his long-time MLS club, L.A. Galaxy. Donovan has been the face of domestic soccer for as long as he's been playing pro.

These players are slowly filling the remaining void in domestic soccer. The stadiums are fantastic, the support is immense, but the quality on the field isn't there. With Dempsey and Donovan (hereby known as The 'Double D') being worth close to \$5 million a year each, it's good to see these clubs willing to invest in talent on the field.

Hopefully we look back on these signings just like we did with David Beckham coming here. The quality is improving, and that is forcing people to notice.

Big lad determined to prove his worth

VICTOR KAISAR
INTERROBANG

London Knight Michael McCarron has massive shoes – or skates – to fill.

Team co-owners Dale and Mark Hunter got their guy in July following months of speculation.

"This is a big signing for us," said Dale with a huge smile on his face.

Big? Try 6'5" and 228 pounds for size.

With all the hype surrounding the signing, McCarron was bound to be under intense media and fan scrutiny. And boy, he took a huge first step in showing everyone what he's capable of in his OHL debut.

The opposition? London's bitter rivals the Samia Sting on August 30.

McCarron was all over the ice, even dropping the gloves to a standing ovation in the second period, and scoring the Knights' fifth goal in their 5-1 victory.

It's a sign of things to come. Drafted 25th overall by Montreal in the 2013 NHL Draft, McCarron was originally planning to take the college route to the NHL, having committed to Western Michigan University for next season.

The Montreal Canadiens had other ideas.

"[Montreal] came out and said that they wanted to sign me to a three-year deal," said McCarron. "Obviously that's a big impact in my decision."

McCarron's NHL contract meant he's ineligible to compete at the NCAA level. For a team like London, who's hosting the 2014 Memorial Cup, a player of this stature would always be welcome. The Hunters traded for the Macomb, Michigan native's OHL rights. The Belleville Bulls drafted him in the sixth round back in 2011. But instead of reporting to the Bulls, McCarron remained in the United States with the National Team Development Program.

He's known as a tough guy: a forward who'll play both ends of the ice. Dale said McCarron



CREDIT: METRO NEWS

Michael McCarron is newly Knighted.

reminds him of Chicago's Bryan Bickell. But McCarron isn't after the 'tough guy' moniker. He wants to be known as a well-rounded player, but isn't shying away from dropping the gloves as he clearly showed the raucous Budweiser Gardens crowd.

"He adds a lot of size and strength to our team," added Dale. "That's why Montreal picked him up high in the draft, in the first round, because they see the skill, they see the size, the ability to be a top forward at their level."

"For us, we have to get him to that level. He's going to come here and play lots for us, score big goals and be a big man for us in the corners."

The Knights' success in recent years and the prospect of playing in the 2014 Memorial Cup, was hard to turn away from, said

McCarron.

"I would've probably still come here because the Hunters move on so many players," he added. "It's awesome to see all those players come in here and now they're playing in the NHL ... I just want to be a part of that."

McCarron takes the same path that former Knights' captain Jarred Tinordi took. Both players are now part of the Canadiens organization. Both of them picked the Knights over an American University.

And both will have worn number 24 in London.

"[Tinordi] said that he wouldn't look back for anything," added McCarron. "He said the billets here were awesome. He also said there's no difference of games from when he played in the NHL to here ... He's a good guy to follow and I took his word to heart."

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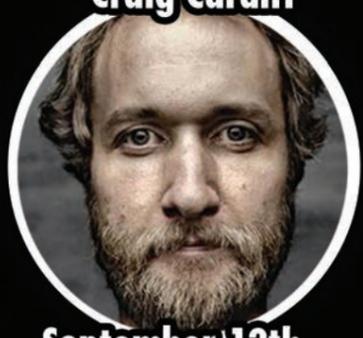
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