••• **NTERROBANG**• Fanshawe's Student Voice

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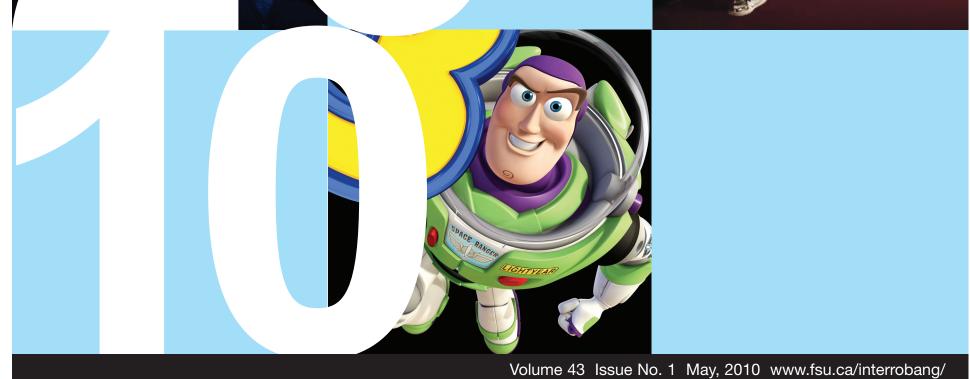




PHOTO COURTESY OF AKFC

Could you live on \$2 a day?

The World Partnership Walk challenged Bobby Foley to only spend what half the world's population lives on

BOBBY FOLEY INTERROBANG

NEWS

2

In anticipation of the World Partnership Walk for Aga Khan Foundation Canada, I was challenged to put myself in the place of people living in developing countries and try to live on less than two dollars per day. Like many of us here at Fanshawe, I'm always up for a challenge.

Approximately three billion people — or about a half of the world's population — are able to live on less than two dollars per day. The AKFC works in part with the Canadian International Development Agency on initiatives to improve communities throughout Asia, Africa, and the Middle East.

So the challenge was set: could I live as many in the world do, and try to walk a mile in their shoes?

I thought I might be successful; truthfully, I don't spend a lot of money from day to day. I drink mostly water, I pack lunches instead of buying them, and I use - the \$60 I spend for it every public transportation more often month gives me the freedom to than driving to get around. So I listen to music, stay connected

agreed to give it a shot... but I failed before I even began.

See, I immediately thought of food. I'm not sure why honestly, but I bet that reading this right now, that's the first thing that came to mind for you as well. "I can find a way to live on two dollars worth of food a day," I thought, and began to think of ways I could make some cuts. It would be difficult, sure, but I was willing to do what it took.

But then I realized that with my bus pass alone, I'm completely knocked out of the challenge. In London, a standard monthly pass for students costs \$70, which divided by thirty days equals about \$2.33 per day. I could give up public transportation and walk, but with nearly 10K to get to work, the trip would take me more than two hours each way (a reality these communities face every day).

through email and Facebook, and more. I rely on it for communication, but it blows my budget for the day outright. The choice of living without my phone or living without food or clean water seems simple enough, but begrudgingly so.

Which is the point, really - as students and young individuals, we've grown up being accustomed to technology, to the point it's easy to take it for granted. I don't often think of my monthly expenses as any kind of daily increment, but taking into account my apartment, utilities, groceries, services like cable and Internet, and others, well... I live on something close to \$74 per day, which could actually sustain a family in such a community for over a month.

This is where the World Partnership Walk comes in: since 1985, it has grown to become the largest and most successful event of its kind aimed at increasing awareness and raising funds to fight global poverty. Over the

past 26 years, the event has raised more than \$50 million for AKFC, including over \$6.5 million raised by more than 70,000 people in 2009.

On June 6, the World Partnership Walk takes place here in London at Springbank Gardens. There is a full schedule of events taking place, and a lot of activities and entertainment in addition to the walk. For more information on the event, or to register to participate, visit WorldPartnershipWalk.com.

And as this story has inspired so much thought and insight in me, I'm going to volunteer at the event - I will be participating as a part of the media team on site, and emceeing the live entertainment throughout the afternoon. If little else, I hope that some of my thoughts have inspired some of your own, and maybe you'll come out and participate as well.



And then there's my cell phone

Hope to see you there.

Field Trip

\$38 students, \$44 guests Tickets available only at the Biz Booth

MyFanshawe portal gives you chance to win iPad

INTERROBANG STAFF

If you're a full-time summer student, you'll be privy to the new MyFanshawe online portal. Currently in a test run for summer students only, this portal will be the only link to Fanshawe Online, webAdviser and college beginning in information September. Students will be happy to notice they no longer need to log into three individual sites to get the information they

need.

The set-up is all about bringing everything you need to know as a student together in one convenient online location - it's your personalized place and is relevant to you as a Fanshawe student, customized with your program and the information you need to know.

It's got everything from summer hours for stores on campus,

what's happening on campus, the weather, to easy access to a multitude of services on campus and the latest news and pictures.

And this summer it's also giving you the chance to win Apple's latest must-have gadget - the iPad – but only if you give feedback. In order to make MyFanshawe the best for students with the content students need, we need to hear from you.

So when you log into MyFanshawe, please click on the Feedback section and let us know what you love, hate, couldn't care less about and you'll be entered into the draw. The winner will be announce on the MyFanshawe portal the end of June. One entry per person! http://portal.myfanshawe.ca/

Wednesday **Strawberry Social** with Live Music by **Lido Pimienta**

Free desserts SUB Courtyard 11:30 AM to 1:00 PM

Multiple attacks on females in core area

BOBBY FOLEY INTERROBANG

The London Police Service reports that a woman was assailed and sexually assaulted by two males, early in the morning on May 5, 2010. There have been similar attacks on women in the downtown core area in recent weeks.

The woman was traveling alone near the train tracks along the south side of Pall Mall Street between Waterloo Street and Colborne Street, at approximately 4:30 a.m., when she was approached and assaulted by the two men. The first male is described as white with a slender build, approximately 5'6" with light to dirty blonde hair. He has a short goatee and was wearing shorts and a blue shirt with a hologram design on the front.

The second is described as white with a stocky build, approximately 6', clean-shaven, and wearing a black hoodie with dark-washed jeans with rips on the sides.

There have been other recent events downtown in which lone women have been approached and assaulted by unidentified men. It is unknown at this time whether any of these events are related or linked; however Police do urge the public to be cautious and to avoid walking in public alone through the night.

If you have any information pertaining to these investigations, please contact the London Police Service at 519-661-5670, or submit a tip through Crime Stoppers by calling 1-800-222-TIPS (8477) or online at LondonCrimeStoppers.com.

Project LEARN spring program completed

JESSICA IRELAND INTERROBANG

As the school year comes to a close, so does London Police Services Project LEARN.

In the third week of the program, the last week in April, there were 13 criminal charges made – two of these were students and eleven were not.

Officers gave out 140 Provincial Offence Notices, with 87 being students and 53 nonstudents.

The total numbers for the spring LEARN program saw an increase from last year's.

This year there were 41 crimi-

nal charges, 514 Provincial Offence Notices, and 70 arrests.

Last year, there were 35 criminal charges, 419 Provincial Offence Notices and 49 arrests.

The slight increase in incidents could be due to the weather, said Const. Amy Phillipo, media relations officer. But overall, students and residents exhibited a more compliance with the program and a "pleasant" attitude towards officers with this year's spring program as opposed to past years, she added.

Tips to stay safe this summer

JESSICA IRELAND INTERROBANG

The weather's warming up, the clothes get lighter and everything seems more carefree – no school, fewer responsibilities, it's no wonder people are just itching for summer once May hits.

However, just because the school year's over and the days are longer doesn't mean every-thing's as worry-free as it seems.

It's paramount that during the free-wheeling fun of summer, you keep an eye on yourself and your friends, so here are some safety tips to keep in mind:

- No matter how nice it is outside, do not think you can just walk home from the bar alone. Anything can happen during any distance. Always bring a friend. - Don't have money for a cab? Be responsible and plan a ride beforehand if you anticipate this happening.

- Of course, don't just grab a ride from anyone and don't let just anyone accompany you home. Be smart.

- Even if you're out and get a little tipsy, don't get so wasted

you're not aware of your surroundings. Stay sharp on where you are.

- On the same note – when you are on your way home, keep an eye out for stores that are still open and people who are home, these are areas you can run to if you need help.

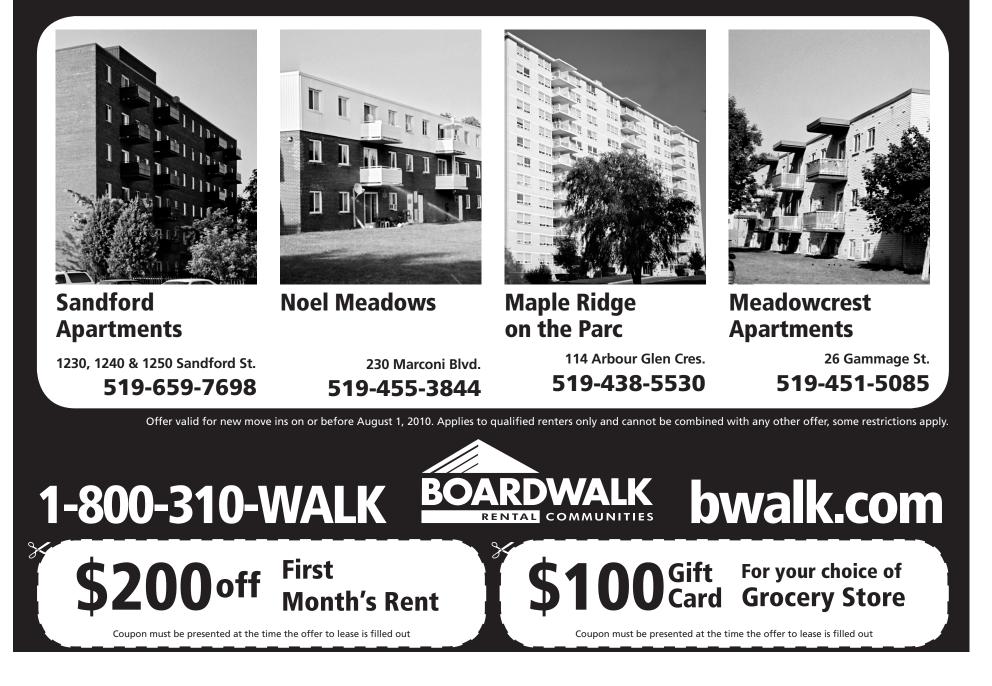
- See that dark deserted short-

cut? Avoid. Stay in well-lit areas, that's a given.

- Even if you're the designated driver, safety's still important. Give your car a once over before you get in, someone could be inside.

- If you are in trouble – scream. Keep doing so until help arrives or you can reach safety.

\$200 off First Month's Rent \$100 Gift Card for your choice of Grocery Store



4 NEWS

New school year means new programs and services

College anticipating 24/7 online services for students, along with more graduate certificate and diploma programs

JESSICA IRELAND INTERROBANG



The Fanshawe College board of governors has approved the college's strategic plan for the 2010/2011 school year, with a budget of \$172.9-million.

The money will be going towards new programs – pending the Ministry of Education's approval of funding include:

- a graduate certificate in information security management,
- a graduate certificate in game development – advanced programming
- a certificate in small busi-

ness/entrepreneur, - a pre-apprenticeship in auto

- body techniques,a graduate certificate in practical elements of mechanical
- engineering,a diploma program in electromechanical technician.

The college will also be going ahead with a capital plan aimed at adding learning space and technology to facilities over the next five years. This plan was approved in 2009 by Fanshawe's long-term Capital Projects Plan which included about \$49-million in building and renovation funding.

As for deficits, the college anticipates an in-year deficit of \$1.5-million. However, they had prepared for such a deficit by setting aside \$1.5-million at the end of the 2008/2009 fiscal year. That particular funding came from a one-time only operating grant of \$3-million given to the college by the provincial government.

The college predicts a similar deficit in the 2011/2012 year, so the remaining \$1.5-million from the grant will go towards that.

"It was very prudent on the part of the board," said Bernice Hull, vice-president of administration for Fanshawe College, of the decision to allot the money towards upcoming deficits. The college didn't know they would be receiving the \$3-million – "a pleasant surprise," said Hull – and had already budgeted for the 2009/2010 year so it was extra funding. The plan also calls for the completion of the new Centre for Applied Technologies at 1764 Oxford St. in March 2011. There is also the possible development of a School for Applied and Performing Arts in downtown London – the city agreed to invest up to \$10-million for the project.

There will also be general renovations done at all campuses including heating, ventilation and air conditioning, roofing, lighting replacements and more.

With the growing campus, the college is also predicting a growing student body. In 2009, the campus set another fall enrolment record of 13,021 full-time enrolments up from 11,764 the previous year.

With the provincial government's plan to open 20,000 new spots for post-secondary students across Ontario, Fanshawe is preparing for more students, including international ones as they will continue to build partnerships in this area. However, the enrolment for September is anticipated to be significant but not nearly as large as last year's, partially because the college does not have the space, said Hull.

Academically, the college will be looking at ways to partner with other institutions so Fanshawe students can gain further qualifications post-graduation. There will also be various 24/7 and online services created to give students more resources for success in their programs, such as a 24/7 online service for Counselling and Accessibility Services, and for the Career Services Counselling.

The college's overall goals are focused on student success and they feel the strategic plan is the way to ensure that success.

"Every decision we make – the first question is, 'How will it affect students?" said Hull, adding that the college aims to do the "best we can with the resources we have."



Everything from books to clothing were up for grabs at the "Really Really Free Market."

Free market free-for-all

DARIUS MIRSHAHI INTERROBANG

"May Day," traditionally celebrated as an inter- about other ways they could undermine exchange



national workers' day by unions and activists around the world, occurs every May 1. This year Londoners organized a "Really Really Free Market" in Victoria Park in observance of this important holiday. Fanshawe students have become familiar with these markets, as they've happened in Forwell Hall for the last two years. Many Fanshawe students did participate in this off-campus market.

Heavy rain made for a slow start, but once the sun came out the crowd of "gift economics enthusiasts" steadily grew to about 60 people sharing everything from books, clothing, magic, household items, music, food, and ideas. With a total of about 150 people taking part throughout the day, there were plenty of gifts to go around, nearly everyone found something they needed or wanted, and surprised passers-by thought the idea was genius.

City Lights Bookshop participated in the event giving away free used books from their store, and taking some leftover books back with them, widening the range of free literature available dramatically. Discussions were also initiated by market-goers economics in order to create a freer and more joyful world.

Sadly, some people did just use the opportunity to dump all their old unwanted belongings in the park and leave. Many of the things were useful and found new homes, but one of the most important elements of free markets is responsibility. Marketgoers should take everything they brought to the market with them as they leave in order for no mess to be left behind. Still, some participants made contingency plans ahead of time to move all discarded items at the end of the event to the local free store operated by Life Spin at 872 Dundas St., as well as other places like thrift stores.

Several committed and enthusiastic participants made sure the park was clean so that future events would could grow and be embraced by Londoners as a positive way to improve lives, minimize waste and pollution, share resources with those in need, and cultivate community.

The next "Really Really Free Market" in London is planned for Saturday, June 5, 11 a.m. to 4 p.m., in Victoria Park. Full Day Care Service • Before & After School Programs • Summer Day Camps • March and Christmas Break • Transportation To and From Home and/or School • Nutritious Snacks and Hot Meals • Introduction to Additional Language • Edu-tainmenta variety of educational entertainment to captivate and enlighten your child including gymnastics, music and movement, and *field trips galore* • Daily Communication Report – for toddlers and children who ride our van • Monthly Newsletter



Licensed under the Ministry of Community and Social Services

NEWS 5

New year, new board

Fanshawe's Student Union welcomes new executives for the 2010/2011 year

Here's a rundown of what they can do for you:



President: Joe Scalia fsupres@fanshawec.ca

Details: Makes sure students have every opportunity to achieve success and are informed about all of the programs and services provided by both the college and the student union.



VP Finance: Andrew Payne fsufinance@fanshawec.ca

Details: Oversees all financial decisions of the Fanshawe Student Union, helps students with their financial concerns; can provide information about finding a job on campus, applying for bursaries, scholarships, awards, and funding for class trips.



VP Internal Affairs: Vernonica Barahona

fsuinternal@fanshawec.ca Details: Fosters independent clubs and groups within the school, helping

them prosper into an experience for all members. She is the point of contact for volunteer opportunities and the class representative system.



VP External Affairs: Malcolm Philp fsuexternal@fanshawec.ca

Details: Provides information and advice on academic appeals, concerns about course outlines or grades. Works with president on issues concerning academic policies, procedures, and responsible for the relationships between Fanshawe and other colleges.



VP Athletics: Derek Howes fsuathletics@fanshawec.ca

release for students.

Hello from Mr. President

Details: Ensures smooth operation of athletics programs, from intercollegiate to intramural. Generates awareness for athletic programs, scholarships, and more. Works to ensure positive experiences for varsity athletes and participants throughout the year.



VP Entertainment: Joe Ayotte fsuentertain@fanshawec.ca Details: Promotes a healthy balance between academics and entertainment throughout the school year, arranging events to provide relaxation and

360° News: international & national briefs

INTERNATIONAL

- On April 20, an oil platform leased by BP exploded and sank, releasing 5,000 barrels of oil into the Gulf of Mexico per day. BP is under fire for the lack of safeguard devices on the well, such as acoustic switches, which are legally mandated by other nations.

Attempts to cap the leak - an oil spring gushing on the Gulf floor - with a 100-tonne containment dome failed, forcing authorities to develop alternatives as the flow approaches the Louisiana coast.

- The government of Greece recently submitted legislation to implement a EUR110 billion European Union and International Monetary fund bailout due to their struggling economy. The plan included EUR30 billion cuts across the board, which include cuts to public salaries and pensions, increases in tax on sales, fuel, alcohol, and more.

Greek citizens expressed their outrage, staging a 48-hour civil servant strike at the Acropolis, Three people were killed in a fire set by protesters on May 5, 2010. There have been three strikes since March.

-- During a break in a recent baseball game at Citizens Bank Park in Philadelphia, 17-year-old Phillies fan Steve Consalvi ran out onto the field, running from security while waving a white Phillies towel. Thirty seconds later, security used a taser to subdue the teenager.

The incident, which occurred in the eighth inning against the visiting St. Louis Cardinals, has sparked a heated debate as to the frequency and propriety of taser use.

NATIONAL

- Prime Minister Harper's government has been warned by House of Commons Speaker Peter Milliken that they could be held in contempt of Parliament after refusing to release documents in regards to the Canadian detainees turned over to Afghan authorities. The government has kept them private since December. The federal government has a deadline of May 11 to collaborate with the opposition on a way the some 50,000 uncensored documents should be released without jeopardizing national security.

However, no resolution has been reached and there is speculation the contempt charge will lead to court proceedings or an election this fall.

- Liberal leader Michael Ignatieff has come under fire for his unprompted call to Prime Minister Stephen Harper to extend Governor General Michaëlle Jean's term, which is currently set to end on September 27, 2010.

Some argue the appointment, meant to be apolitical, is in danger of being seen as favoured by the Liberals, an unpleasant position as the PM prepares to consider a replacement.

- Prime Minister Stephen Harper announced recently that Canada would no longer support abortion as a part of foreign-aid focus on maternal health. The announcement has been met by the outrage of women's rights groups throughout the country.

Additionally, Canada is on track to becoming an anti-abortion state; the furor caused could make the topic an election issue, which may result in a cut to all funding for abortions in the future, or the training for doctors to perform them.

COMPILED BY BOBBY FOLEY

JOE SCALIA FSU PRESIDENT

Welcome to summer. The Fanshawe Student Union's office doors will be open, so come check us out and see what we have to offer. When most people talk about the FSU, the first thing that comes out to mind is "events." This is true, but it's only a small percentage of what we actually do. That being said, check out the summer event calendar for all of our summer events like a free BBQ for all summer students.

But I want to explain more about what we do, because you don't see that at the events. Our office is on the second floor of the Student Centre, and we're available to help you with a variety of things. We also provide

your health and dental benefit plan, as well as your bus pass.

We're the owners/operators of the Out Back Shack and Oasis. The Shack is open for most of the summer so come by for lunch or a drink on our patio.

We have an entire publications department with writers, photographers, designers and videographers. They put out the Interrobang twice in the summer, and every Friday starting in September. We encourage students to write and take photos for the paper so feel free to inquire about opportunities.

We have a gamesroom, run through the Biz Booth, for students to enjoy some pool and foosball. You can also get tickets there for almost everything -FSU events and field trips, John Labatt Centre events, Knights tickets, and Greyhound tickets. The FSU is also a proud part of the College Student Alliance. which is the biggest and most effective voice for college students provincially. When Ontario wants to know about the issues of college students, they ask the CSA. The Fanshawe Student Union has been on the front lines of the debates regarding accessibility, affordability, and transferability to university, and the latest provincial budget release reflected changes in all those areas. We're also networked with 25 other student associations in the province, and we love to

share and compare between our respective campuses (and for the record, when we bring our CSA friends to Fanshawe they get pretty jealous of our facilities). I had the distinct pleasure of serving on CSA's board of directors last year representing all of the Southwest colleges, and the position is staying in FSU hands again this year as Veronica Barahona was recently elected by our peers in the region. Elected student leaders govern

the Fanshawe Student leaders govern the Fanshawe Student Union, and that could be you one day if you so choose. I'm proud to be representing students such as yourself as this year's FSU president, and I have five VPs who are equally as proud. We're working together to ensure the best possible experience for students at Fanshawe College and I welcome you to come see us and send us your concerns.

I encourage all of you to get involved with student life as much as you can while in college. The worst possible student experience would be looking back on your college life and only remembering the classrooms, the lectures, and the projects. Make it a memorable and constructive experience. Thanks for coming to Fanshawe and I look forward to sharing the halls with each and every one of you.

See you at the events, Joe Scalia

Death of the West

Is our way of life becoming obsolete?



TAKE THE POWER BACK DARIUS MIRSHAHI darius_mirshahi@hotmail.com

The Western way of life is at its endpoint. In less than five years the world will face massive oil shortages; even with the horrific expansion of Alberta's tar sands, drilling in the Arctic, and every other devastatingly problematic "solution" they create. We hit the peak of oil production a few years ago, and are now beginning what is bound to be a very bumpy ride down.

There simply is no oil left to drill, it has all been burned and released into our atmosphere, giving us cancers, asthma and now runaway climate change. But it's not just oil – everything is at its peak. Coal companies are blowing up entire mountains in order to get the last few seams they contain. Nuclear power is said to be a solution by industry and government, but uranium is also a fossil fuel that is in very limited supply and by no means sustainable or renewable.

Anything producing toxic waste that stays radioactive for millions of years is not green, clean, safe or sustainable, regardless of what nuclear industry ads tell us.

Any way you cut it, this way of life we take for granted is about to come crashing down. Our way of life is based on the access to massive amounts of fossil fuels, which are getting harder and harder to extract. People think that we'll just find



more resources to extract, but this is foolish. We've taken nearly every "resource" we could from this planet and used them to desecrate it.

Think of oil; buried deep in the ground for thousands of years serving a purpose in stabilizing the planet's climate. Now it has been sucked dry and used to pave over fertile soil, facilitates massive transportation and extraction of other resources, and is burned into our air and spilled into our water. Oil's been turned into plastics and all sorts of toxic products that can never be broken down, and also used as fertilizer for industrial agriculture, killing the earth beneath it. In addition, let us not forget the western world's addiction to oil has been the leading cause of wars, killing millions

Looking back in history, the last few generations will be seen as the most shortsighted and foolish societies to have existed on this planet. Our parents' and grandparents' generation will be forever known as the all-time fuck-ups that ruined this planet for everyone that came after them. But they didn't create these problems, they just drastically accelerated the process that had already begun hundreds of years before them with colonization, industrialization and capitalism.

The earth is being murdered; and the individuals most responsible for murdering her have names and addresses. Some of those addresses are within walking distance of you right now. Luckily for the murderers, nobody knows their neighbours anymore, and they have governments and police officers protecting their "rights" to murder the earth. The fight for survival is going to get really ugly in the near future. Once "democracy" can no longer be manipulated to produce the results the real power-holders want, the mask of "democracy" will come off in the west, and the ugly face of fascism will reveal itself. All the more reason to attack power and those who wield it, right now.

In any case, if we do manage to survive the mass extinction we are currently causing, the western way of life will die. It is useless to invest anything in this sinking ship. Invest yourself in your communities, organize collectively, learn how to produce and conserve food, start learning how to defend and provide for yourself and your community now and you might stand a chance later.

<u>LETTER TO THE EDITOR</u>

Religion equals law not science

In regards to Rose Cora Perry's "Oh Brother, Where Art Thou?"

"At the end of the day, it comes down to this science and religion are both merely belief systems. One is no more important, objective, free from partisanship, or truthful than the other."

Fair enough, Rose. Perhaps then, should you ever be diagnosed with some debilitating illness, you should consult your Bible instead of a doctor. Your idea of referring to the "Ten Commandments" as societal rules is short-sighted and offensive. How typically white-collared Anglo-Saxon you sound. Have you no motive to conduct even the SLIGHTEST amount of research before coming out with a statement as pretentious as that? What about the Qur'an, the "Bible" equivalent of the greater numbered religion of Islam? Or Judaism, for that matter. Do you realize that, of the three aforementioned religions, Christianity is the youngest? So where is the logic that it must have the best social ideals? For Christ's sake, have you even READ a Bible? It comes from a misogynistic time before any kind of modern belief or ethics system, and so many horrendous atrocities are mentioned, it would make your toes curl.

warn you about writing so casually about a topic as loaded as religion - having such little knowledge on the topic.

Science is a system built upon facts. Something either is, or isn't.

Religion was, and unfortunately always will be, a HUGE cause of wars. Religion is a system that governs by FEAR. For example, what is the scariest penalty for a crime? Not only will your misdeed haunt your life, but you will rot in your "afterlife" as well, and for all eternity! Yikes! Better avoid that then, right? You would do better to make a comparison between law and religion - two things that share a motivation of fear to govern a people. Also, just a little thing that irked me (but I'm picky like this) is that it is rather meaningless to ask non-religious people to acknowledge a greater power. Let's keep this objective, okay? If you want to talk about morals as they relate to Christianity, by all means - but you don't need to enroll the agnostic/atheist crowd into Sunday School. That commandment is about acknowledging that said God is blind, jealous, and demands loyalty (not an opinion, that is stated in the Gnosis, a.k.a. the Gnostic bible, a.k.a. the Dead Sea scrolls/scrolls of Nag Hammadi which are the ONLY existing evidence of Christianity's validity and ironically, disowned by the Christian religious sects.

Amusing, isn't it?). One can glorify it all they want, but it is, in essence, one small phrase. Not that I disagree with the principle of your statement and honouring humankind, nothing wrong with that.

Why am I an atheist? It is because I believe in doing what is right for the sake of it being right. I don't need any exalted piece of fictitious tripe, or the fear of burning for all eternity and being emancipated from my celestial father/mother to act as my conscience. I believe that human faith is a wonderful thing, and some people really need that extra push to keep them moving, faith and religion have done some amazing things for people, including inspire so much beautiful artwork and architecture, or encouraged dying people not to give up hope, or that they would die and go to an amazing place forever, with all of their friends and family. I cannot, however, forgive the atrocities committed in the name of religion, nor by actual head figures of the religions themselves. This is not faith, or love, or peace, or what they tell you they all stand for. This is antiquated law, and in my opinion, it needs to be understood as such. Take it all with a grain of salt. Learn from the stories, because they are just that.



SC1012 www.fsu.ca/interrobang/

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I am not attempting to push any belief system onto anyone: I am happily atheistic, after much research. I do, however, Thanks for giving me something to write about.

Tamia M

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Letters to the editor are welcome. All letters are subject to editing and should be emailed. All letters must be accompanied by contact information. Letters can also be submitted online at www.fsu.ca/interrobang/ by following the Interrobang links.

TITO DEVITO INTERROBANG

Summer Movie Preview

Having a hard time choosing what movie to see on a Friday night? Does Furry Vengeance, the recently released romp about woodland creatures wreaking havoc with a real estate developer's plans just not do it for you? Well fear not, as an obscene amount of money has been spent on producing and marketing a slew of films guaranteed to eat away at your bank account. Here is a look at some of this summer's most anticipated flicks. (Note, the Biz Booth in the Student Union Building will be selling discount tickets to some of these movies - only \$2 for students. Check out the Toonie Tuesday and Children's Film Series dates listed below.)

Iron Man 2 (Released May 7; available as a Toonie Tuesday selection on May 11) – Just like its predecessor in 2008, this sequel kicks off the summer movie season, and should benefit greatly by being the first one out of the gate. It looks big, loud and fun. It certainly helps that stars Robert Downey Jr. and Mickey Rourke have so much talent running through their veins... well, talent and residue Jack Daniels and cocaine, but mostly talent.

Robin Hood (Released May 14; available as a Toonie Tuesday selection on May 18) – Russell Crowe reunites with his Gladiator and American Gangster director Ridley Scott in this take on the classic tale of Robin Hood, the legendary figure who stole from the rich, and gave to the poor. It's a story that's been told many times before, but Crowe always delivers so it should be a big hit. And if it's not, may God have mercy on anyone who crosses Crowe.

Shrek: The Final Chapter (Released May 21; available as a Children's Film Series selection on May 30) – They may never reach the quality of the original Shrek again, but I wish they would keep making these movies forever. If only to tie up Mike Myers and Eddie Murphy so they wouldn't have time to work on atrocities like The Love Guru and Norbit. This latest Shrek chapter, presented in 3-D promises to be the last in the series, although Puss in Boots headlines his own movie in 2011.

Sex in the City 2 (Released May 27; available as a Toonie Tuesday selection on June 1) – I'm more than a little disappointed the film isn't going to be titled Sex



Harder. All of the cast members from the show and original movie will be back, including Kim Cattrall and Seabiscuit... oh sorry, on closer inspection that is Sarah Jessica Parker. Men, if you plan on dragging your lady friends to *The A-Team*, then be prepared to enjoy the antics of Carrie Bradshaw and friends as they vacation in Dubai.

The A-Team (Released June 11; available as a Toonie Tuesday selection on June 15) – One of my childhood favourites gets resurrected on the big screen. Hopefully it will not be desecrated the same way *Transformers* was. Liam Neeson, Bradley Cooper and UFC competitor Quinton "Rampage" Jackson star as Iraq war veterans who have been framed and are looking to clear their name. If the classic A-Team van, explosions galore and cameos from original stars Dirk Benedict and Dwight Schultz aren't enough to get men excited, they've thrown in Jessica Biel for good measure. This movie could be more effective than Viagra.

Toy Story 3 (Released June 18; available as a Toonie Tuesday selection on June 22) – This one should be the biggest hit of t h e summer. Woody, Buzz, Mr. Potato Head and the gang face an uncertain future when their owner Andy moves away to attend college. The first two *Toy Story* films were revolutionary, and eleven years gone by since the last one, so anticipation should be sky high. The film is presented in 3-D. Shouldn't they have something new by now? 3-D is so early 2010. The people demand 4-D entertainment!

Grown Ups (Released June 25; available as a Toonie Tuesday selection on June 29) – This Adam Sandler comedy should fall short of last year's Funny People in terms of qualits but it also should be made an invested that

ity, but it also should be more enjoyable then some of the crap he has unleashed upon the general public. Sandler is joined by Kevin James, David Spade, and surprise, surprise, Rob Schneider. If Sandler decides to go a year without making a movie, Schneider will be in line at a soup kitchen somewhere. Sandler and company play a group of former high school basketball players who get together for a weekend after their former coach passes away.

Twilight Saga: Eclipse (Released June 30; available as a Toonie Tuesday selection on July 6) – It seems that Twilight movies are released as often as the latest iPod model or celebrity sex tape. For those familiar with the series, this one sees Bella faced with the difficult choice between her love for Edward, and her friendship with Jacob, while some mysterious killings are taking place. For those not familiar with the series, a bunch of emo looking kids will be running around pretending to be vampires and werewolves.

The Expendables (Released August 19) - I'm not one for overhyping, so I'll simply say this will, with 100 per cent certainty, be the greatest movie of all-time. Sylvester Stallone wrote and directed this blockbuster about a team of mercenaries who are on a mission to overthrow a South American dictator. Stallone stars with Jason Statham, Jet Li, Dolph Lundgren, Mickey Rourke, "Stone Cold" Steve Austin and UFC legend Randy Couture. Plus there are appearances by Bruce Willis and Arnold Schwarzenegger for good measure. There is so much testosterone in this movie that if you don't have a thick layer of chest hair within a week of watching it, you should ask for your money back!



WELCOME TO SUMMER 2010!

We've compiled all the best events you'll want to be at this season in London and the surrounding area – road-trips are always a must in the summer. So get out there and celebrate!

MUSIC Festivals

Rogers Bayfest, Sarnia

July 8–10 and July 16–18, 2010 Centennial Park, Sarnia, On sarniabayfest.com

Rogers Bayfest Rock Weekend

(\$85.99 unlicensed, \$97.99 licensed) Thursday, July 8: Scorpions, Cinderella, Bobnoxious Friday, July 9: Rush Saturday, July 10: Weezer, Sam Roberts Band, Crash Karma

Rogers Bayfest Country Weekend

(\$63.99 unlicensed, \$71.99 licensed) Friday, July 16: **Keith Urban, Road Hammers, Aaron Lines** Saturday, July 17: **Alan Jackson, Shane Yellowbird, Dean Brody, Marshall Dane** Sunday, July 18: **The Black Eyed Peas** (add \$36 unlicensed, \$40 licensed)

Osheaga: Festival Musique et Arts 2010 July 31 – August 1, 2010

Parc Jean-Drapeau on Île Ste-Hélène, Montreal, Que 2010.osheaga.com

Featuring over 40 acts including Arcade Fire, Weezer, Pavement, Metric, The National, and more.

Admission: \$65 single day, \$125 weekend

Cisco Ottawa Bluesfest: Goes Hollywood July 6–18, 2010

Various venues, downtown Ottawa, On ottawabluesfest.ca With too many acts to count, including Alexisonfire, Blonde Redhead, Crowded House, Faber Drive, Great Big Sea, Hole, John Butler Trio, Lights, Marc Cohn, and more.

Admission: day passes range from \$40-\$60, festival passports from \$140-\$250.

Rock the Park 2010 July 22–24, 2010

Harris Park, London, On rockthepark.ca Thursday, July 22: **3 Doors Down, Collective Soul, Thornley** Admission: \$40 Friday, July 23: Alice Cooper, Peter Frampton, Night Ranger, Alannah Myles

Saturday, July 24: Lynyrd Skynyrd, Heart, April Wine, Mitch Ryder & The Detroit Admission (two days): \$69

London International Bluesfest July 16–18, 2010

King & Clarence St, downtown London, On thebluesfest.com

Fifteen different artists scheduled, including Southside Johnny & The Asbury Jukes, Foghat, Tab Benoit, Gord Downie & The Country of Miracles. Admission: single nights \$30, three-day pass \$55

Scene Music Festival 2010 Sunday, June 27, 2010

Various venues, downtown St Catherines, On scenemusicfestival.com

Over 160 bands on 17 stages around 13 venues over the course of the day. Featured acts include: Down With Webster, Shad, Lights and Grave Maker.

Admission: \$25 in advance

Sound of Music Festival June 17–20, 2010 Burlington, On soundofmusic.ca Four days of music in Burlington for free, featuring Marianas Trench, The Trews, Elliott Brood, New York Dolls and the Arkells. Voted amongst Top 100 festivals in Ontario for tenth year straight.

Admission: free.



At Victoria Park in London:

London Kids Expo June 18–20, 2010 festivalsontario.com

London International Food Festival June 25–27, 2010 festivalsontario.com

TD Canada Trust Sunfest 2010 July 8–11, 2010 sunfest.on.ca

Home County Folk Festival July 16–18, 2010 homecounty.ca

Ribfest 2010 July 29 – August 2, 2010 festivalsontario.com

SUMMER **2010**

Around London:

•••••

London International Children's Festival (20th Annual)

June 3–5, 2010 Wolf Performance Hall, Central Library, Covent Garden Market Iondonchildfest.com

London Fringe Festival June 17-27, 2010

Various venues, downtown London londonfringe.ca

Festa Italiana London

August 14–16, 2010 Covent Garden Market festaitaliana.ca

Summer Festivals outside of London:

Luminato 2010

June 11–20, 2010 Toronto Festival of Arts + Creativity Iuminato.com

Pride Toronto (30th Annual)

June 25 – July 4, 2010 You Belong – Toronto Pride Week pridetoronto.com Scotiabank Caribana Festival 2010 July 15 – August 2, 2010 Caribana Toronto – Feel De Vibe caribanafestival.com

Canadian National Exhibition August 20 – September 6, 2010

Let's all go to The Ex! – CNE Fairgrounds theex.com

Scotiabank Buskerfest 2010 August 26–29, 2010

In support of Epilepsy Toronto torontobuskerfest.com

summertime look essentials

AIMEE BROTHMAN INTERROBANG

Aside from a far more flattering skin tone, summer offers much more than the rest of the seasons; social events and gatherings seem to increase tenfold the moment the sun starts to shine. With a (somewhat) less demanding schedule, all the free time can be spent in leisure, and of course, style. Whatever your outing calls for, the perfect ensemble is as easy as enjoying an ice-cream cone in hot July.



Daytime BBQ:

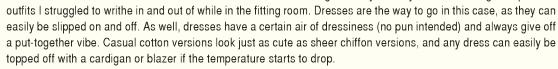
Is there any better way to spend your lazy afternoon just hanging around with friends? The answer is yes, there is: munching on burgers, corn-on-the-cob and sipping a Corona *while* hanging out with your friends on a lazy afternoon. Daytime BBQs are summertime s best friend, but grass-lounging doesn t have to be sloppy or uncomfortable. Dresses are an easy summer staple, but are best left at home when sitting, especially on the ground. Denim cut-offs or comfy cotton shorts are way easier to lounge in and won t stain as easily as summer s other best friend: linen. Pair with a



casual tank with a small special detail, such as a lace back, and add some simple accessories to add a bit of polish and finish to the outfit; you wouldn t skip the ketchup on your hotdog, would you?

Afternoon stroll and shopping:

Regardless of my intentions while strolling down the streets of the city, I almost always browse my way into a shop. I am guilty of not being able to abstain from the alluring sale sign in the window, followed by a rack full of clothes I assure myself I need. Knowing this, I dress accordingly when meandering the city after years of cursing complicated

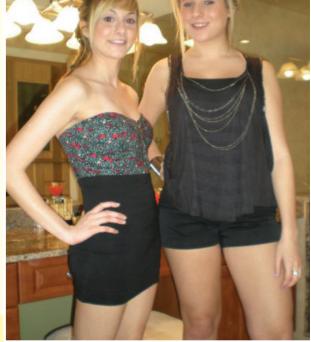




Night out on a patio:

Summertime festivities are often moved outside ensure maximum warm weather enjoyment. Patio partying requires a fine balance between a more casual approach to your typical going out threads while still looking like your 3.0 self. Stow away the fancy fabrics for a dressier affair and embrace your cotton pieces when spending time outdoors, as it tends to stay a bit cleaner, and dark coloured clothes will work double duty on this front. A fun floral pattern is an easy way to dress up with a simple skirt, while a statement tank is a great way to dress up a pair of shorts. Add a right-on-trend side braid or messy updo, throw on your favourite heels, and enjoy that summer cocktail!





Destination unknown



CALL ME OLD-FASHIONED BUT... Rose Cora Perry www.rosecoraperry.com

'Tis the season NOT to be jolly (well, unless of course you feel so inclined), but rather to hit the road, set up shop in a summertime soiree resort, or leave on a jet plane to some exotic destination. The solstice is fast approaching, and so it only seemed natural to write about the typical itinerary that year after year seems to accompany said weather. If you catch my drift, I'm referring to the long pined-for summer vacation.

After a hard go at school or full-time work, once the birds start their chirping, and the flowers begin to bloom, we all get that feeling - that feverish desire to construct one's days entirely around basking in the sunlight. Spring and summer are after all generative times – the seasons of rebirth – so this desire to explore new terrain, a "summer fling" if you will (vacation and otherwise), is only natural. But the problem, however, is how "contemporary tourism" is done.

While I hate to stereotype, there's something to be said about how our friends from down south, in particular, do the whole "let's visit a foreign country" thing. Last June while I was on vacay in Athens, checking out the one and only Acropolis (undoubtedly one of the most amazing sites one can ever hope to experience in the flesh in terms of witnessing monumental history), is unequivocally where I encountered the worst of the "contemporary tourist" offenses I can imagine.

As I was coming down the peak toward ground level, I heard two Americans behind me quibbling back and forth, stating how they didn't get the "big deal" associated with this place. It was, according to one of them, and I quote, "just a bunch of rocks." So here I am, a diehard fanatic of all things ancient Greek and Roman, experiencing absolute euphoria because I just got the opportunity to view a part of history in person that I only fantasized about every time I read my textbooks, having to overhear blatant ignorance and a lack of appreciation for the history and longstanding impact with which this place was and continues to be associated. Suffice it to say, it was harder than you can imagine for me to keep my mouth shut.

But even in more mundane circumstances, it seems tourism has gone all wrong. We stay at five-star resorts just to sun our buns and get drunk in the hotels' pools with their built-in bars. We order burgers and fries, instead of daring to give a "taste-test" to the local ethnic cuisine. We go on organized adventure tours with fellow wayfarers, rather than interact with the locals. We relegate ourselves to the upscale "touristy" parts of town, instead of getting in with the "nitty gritty."

Despite the fact that their impulse to travel was almost exclusively fuelled by imperialistic aspirations, the globe-trotters of the past KNEW how to truly "discover" somewhere. In fact, gents like Alexander the Great (well, maybe not so great) took to immersing himself in the "strange and new" cultures of the places he travelled to such an extent he began to adopt their dress, along with some of their customs (something that didn't fare well with his military, but that's a whole other story in itself).

The point, my dears, is that if you are lucky enough in the first place to be able to jet-set around this fine planet of ours, you should embrace every moment for its full potential. It's rather ethnocentric to desire to lead the same kind of life one does back home in Canada, while stationed in a villa in the Costa Rican rainforest.

For those of you looking for a form of tourism that's even more rewarding personally and as a bonus assists in alleviating social issues, consider going on a "volunteer vacation." From planting trees in areas plagued with environmental degradation, to teaching English as a second language, to assisting with wildlife conservation, not only can you get a taste for the "true" culture of a people and a land (not just the superficial nicely packaged tourist version), but you can do the world some good. Hats off to ya sailors! Land ho!

So maybe you can't travel...but why not be in a music video instead?

Rose needs extras for her upcoming video project - slated for worldwide release.

HER Records is asking for public assistance for crowd shots on an upcoming music video production planned for filming in downtown London on the afternoons of Thursday, May 27, 2010 and Friday, May 28, 2010. The criteria for extras are as follows:

- * Males/Females
- * Aged 21-35
- * No acting experience necessary
- * 4-6 hours of filming required EACH day

* Day 1: Casual concert going wardrobe, Day 2: business casual attire required (NO logos of any sort)

* Must provide own means of getting to each location (two locations in total, one per day)

In appreciation for your efforts, food and nonalcoholic drinks will be provided. If interested in participating please send a recent photo to rose_cora_perry@hotmail.com

*Please note that the video deals with political subject matter. *

Spectacular spring spots to dine in London



Food For Thought SHARLA PAINO greener.beans@gmail.com

Some new culinary establishments have popped up in downtown London this spring. Their timing is perfect too, as the days get warmer and people of all ages start enjoying the sights and shops of Richmond Row.

Here are a few delightful new additions that are sure to intrigue your senses:

YoYo's frozen yogurt and smoothies

The food, wine menu and décor all promise a good night for any date or event, although an expensive one.

Veg Out is not a new restaurant, but one of my favourite mentions none-the-less. I thought I might throw this one in here because Veg Out has just begun their new summer menu, which is full of new deliciously meatless dishes and some favourites from the old menu. I definitely recommend giving this restaurant a try even if you are an omnivore like I am. The patio at Veg Out is a great spot to people watch on Richmond Row (right across from Barney's) and their fresh juices make a refreshing cocktail on hot summer days. Their food is fabulous and satisfyingly proportioned, and extremely economical. The homemade desserts are also a musttry and are so delicious it's hard to believe they're vegan! So, if you find yourself wandering the streets of downtown London this spring and your stomach starts to growl, I suggest you head in one of these three directions! Whether you are looking for fine dining elegance, a fun and ethical eatery or a quick fix for a cold craving; Braise, Veg Out and YoYo's are sure to please!



make a refreshing stop along the down Richmond Street. Located only a couple of blocks from Marble Slab, this healthy alternative will give the Slab a run for its money this summer! With serve-yourself frozen yogurt in a variety of flavours, a buffet of fruits, chocolates and other loved toppings and a funky colourful atmosphere, YoYo's has become one of my favourite indulgences this year. As for the price, it's all done by weight; so if you have a tight budget, top it with the lighter stuff like marshmallows, coconut and sponge toffee!

Braise is a recently opened restaurant on Dundas, between Talbot and Richmond. This swanky new heavy-hitter of local eating establishments not only provides an inspiring menu of ethically conscious dishes, but also intrigues the visual senses with a sleek interior designed using recovered woods and materials from the original building.

12 LIFESTYLES

Sephora offers everything luxe and lovely

JESSICA IRELAND INTERROBANG

Welcome to the world of er scoop on the must-have prod-Sephora – or rather, worlds. ucts – from the number one sell-

Sephora isn't your average drug or department store beauty counter. Despite its slightly overwhelming supply – hello, 13,000 products from 200 brands – the store is organized in easy-to-navigate worlds: colour, skincare, fragrance, and the exclusive Sephora line, as well as bath and body products and even smile care.

It's not just a store for makeup aficionados either. Novices in the world of eyeliners and shadows can get involved too. All cosmetics are available to test and play with – they were the first beauty retailer to use the open-sell philosophy – and there's no pressure to buy, said store director, Mary Hodges. Customers are encouraged to go home with samples of whatever they want.

Any customer can take advantage of the highly-skilled staff as well. Each "cast member" goes through six weeks of training about all the products, how to assess different skin types and putting hygiene first. There are even professional makeup artists there to help you figure out that elusive smoky eye look with their free consultations.

For those of you who haven't visited the store, here's the insid-

er scoop on the must-have products – from the number one selling mineral foundation, Bare Minerals Starter Kit will be flying off the shelves so get yours while you can, said Hodges. At \$75, regularly a \$218 value, it has two shades of mineral foundation, mineral veil, warmth to give you a bronzed glow and brushes.

There are also all the exclusive lines – from cult-favourite, anime-inspired tokidoki to Kat Von D's line and Tarina Tarantino – that you won't find in department stores.

Besides a literal rainbow of cosmetics to choose from, Sephora also gives you every brush under the sun, and the products to make sure your skin's in tip-top shape to try these new looks.

Green girls will be happy to know they can stay environmentally-friendly when getting pretty with Sephora's "naturals" category. The company has specific criteria a product must meet in order to be part of that category and just saying "green" on the package is not enough, said Hodges.

Finally, for students on a budget – Sephora's got you covered. They pride themselves on their variety of price points and can point you in the direction of products that suit your budget.

Thinking about stopping in?

Take advantage of some of the great services Sephora offers:

1. *Express Service*: Need to know how to re-create a red carpet look or don't know where to start with a smoky eye? Sephora's expert cast members can help you figure it out. Takes about 10 minutes and is free of charge. They'll walk you through the look and let you try it yourself.

2. *Makeup Assessment*: Completely confused about whether you can pull of blue eyeshadow? This service helps pick out the best colours for you – also free.

3. Special Occasion Makeup Consultation: Got a big event coming up? Book your appointment one day prior. It costs \$50 to reserve the spot but you get that \$50 in a gift card to use on any products in the store, not just the ones they used on you – you can splurge on bath and body products or anything you want.



A glimpse into the number of products found in Sephora.



The kabuki brush from the tokidoki line, exclusive to Sephora.

Job-hunting in the 21st century

Time to go beyond newspaper ads

JESSICA IRELAND

Gone are the days of blindly sending out your generic cover letter and resume to a list of companies you blithely Googled.

It's the twenty-first century – time to get creative.

Ron McGowan, author of How to Find Work in the 21st Century, says students, graduates and general job-hunters need to get over their fears of self-promotion and put in a little grunt won't even look at things like Youtube videos," said McGowan, adding that most of the videos seem "amateur-ish."

It is time for the twenty-first century resume – one that's all about tailoring, to the employer.

"Get over being uncomfortable marketing yourself," he explained. "Approach employers in a way that sends a message (that shows) something about you, (your) skill set and here's how I can help you (the employer)." He adds that besides finding companies online, networking is obviously another way to find leads on jobs. But beware the traditional method.

"Most so-called networking events are a waste of time," said McGowan. "Most of the people there are looking for work."

He recommends getting involved in a professional association related to your field of

So now you have to consider a 21st century-style resume.

But what goes on it? We break down McGowan's tips:

Cover Letter:

"One of the first things you talk about is what you can offer to help the company with," said McGowan.
This shows that you know about the company, you've clearly done research and you can show you have something to offer them.

interviews with the media, which will help with your clients so-and-so ..."

Examples of Skills – Give concrete examples of where your skills have been applied successfully. Maybe you handled a big situation at an internship, or even a class project that received a lot of kudos from your department – as long as it pertains to the company's mandate.

work to get the positions they want.

First, students should stop focusing so much on advertised jobs – like the ones in the paper or online because the reality is that 80 per cent of employment opportunities are not advertised, said McGowan. Furthermore, as much as a full-time job would be ideal, job-seekers should not discount the advantages of part-time or contract work as a great way to get your foot in the door of a company.

Secondly, throw tradition out the window.

"There's too much emphasis on resumes," he said. "There are new tools."

New tools don't mean things like Youtube videos, however. "Right now a lot of employers

Here's where the tailoring comes in. Your one page -McGowan recommends this length regardless of how much experience you have - resume should almost be more about the company you're applying to than you. Research their style, figure out what they've done that you like - whether it's a product or service - and include that in your resume along with how you can help with these aspects of the company and their overall goals. And don't forget to seem passionate.

"Never discount the power of being enthusiastic ... but not coming across as phony," said McGowan. work, volunteer for events for them or get involved at an executive level. "That's what networking is about."

Another piece of advice when surveying the job market? Don't discount the little guy.

"Most of the opportunities are with small companies (and) when I say small, I mean small," he said.

Finally, don't get discouraged if you don't have the same kind of stable job your parents may have, said McGowan.

"Most workers in Canada today don't have a traditional job," he said.

For more information on McGowan and his book, check out http://howtofindwork.ca.

Resume:

Profile No "Career Objective" here which McGowan said is

unnecessary.

Instead include a snappy paragraph (a few sentences) explaining who you are, your education, and sum up your skills to demonstrate what you have to offer.

Ex: "I am proficient in areas pertaining to communication through writing many press releases, setting up *Brief summary of work experience* – Include companies websites.

Education – Can include anything outside formal education as well.

Get creative in your presentation.

McGowan recommends doing a brochure where on one side you ask rhetorical questions pertaining to the company and on the flipside you answer them giving examples of your experiences and skills.

Actor Graham Wardle proud to be a part of Heartland

JESSICA IRELAND INTERROBANG

Maybe Heartland hasn't made it onto your television radar yet in between those shows about rich kids overdosing or overly tanned housewives - but while it may not have the flash of a big city, it does bring a lot of heart (pun completely intended) and don't you think TV could use a little more of it?

Graham Wardle, the show's bad-boy-turned-good Ty Borden, thinks so.

"My opinion is that Gossip Girl and those shows are entertaining because most people aren't like that," he explained. "(Heartland's) drama is extremely relatable and people can connect easily."

"It's a family show and beautiful to watch. It's about real people, real situations."

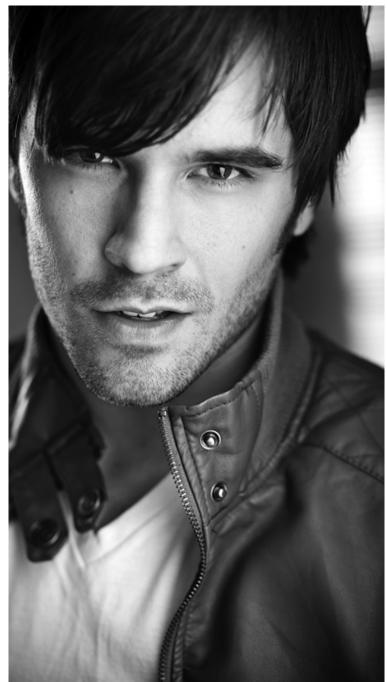
The show is set in the town of Hudson, Alberta, among the Rocky Mountains. Heartland is actually a family ranch that rescues and rehabilitates horses. The show's first season saw the ranch in jeopardy after a tragedy and then 15-year-old Amy, played by Amber Marshall, must use her skills as a horse healer to keep the ranch alive. Working alongside her are her grandpa Jack (Shaun Johnston) and her sister who returns from the city.

Meanwhile, they encounter Ty, who like every bad boy has a troubled past. He came to Heartland as part of his probation. The second season and third season saw Ty's relationship with Amy grow until they finally end up together.

Even with Ty's gruff exterior, Wardle could find some similarities in his rough-around-theedges demeanor.

"There are a few times when Ty's done something and I remember when I felt like that," he said. "(We have) similar pasts – a bit aggressive, quick to anger, too quick to judge."

The show just completed its



recently finished up a Heartland Christmas movie due out at the end of this year, said Wardle.

The show's a unique change to a lot of the current programming offered - featuring a distinctly Canadian feel, with the focus on nature, animals and family, but without being too saccharine.

As for Wardle, he's been auditioning for other roles – his ideal role would be something in an action movie, he said. He'll also be working on some side projects of his own, both involving writing and filmmaking. His focus is on awareness - covering a vari-

ety of topics like relationships to the environment.

However, having the opportunity to be on a show like

Heartland has been a highlight. "I'm proud to be a part of something that is new, never seen on TV," he said.

For more information on Heartland, visit the site at http://www.cbc.ca/heartland/, and to learn more about Graham Wardle, check out http://grahamwardle.net/. Seasons one and two of the show are now on DVD.

How to choose an acoustic guitar



BOBBY FOLEY

Now that the summer has arrived, it seems like the perfect time to take up a new hobby. I've had a few people approach me for tips on buying a guitar, but there's a lot to know, and watch out for. You'll want to get the most for your money, because unlike an outfit or a phone, this purchase will last you a lifetime.

So in the spirit of summer, and the extra time we have on our hands, here is a comprehensive guide to buying an acoustic guitar.

To begin, I recommend an acoustic because of their versatility and relative low maintenance. Sure, electric guitars are crazysexy-cool, but they require amplifiers, patch cables, and often batteries.

Acoustic guitars are fairly inclusive - the sound resonates through their body and out the hole, so no additional amplification is required. They're portable, individually characteristic, and often have a much richer, more beautiful sound.

Choose with your ears

The most important thing you can do to choose an acoustic guitar is to play it. You need to be able to sit with it, hear how it sounds, and get a feeling for it in your hands. Very few acoustic guitars are alike.

While you can often find them at yard sales or pawnshops, I can't stress enough the importance of shopping for them in real guitar shops. There, the instruments are all kept in good care and properly presented to you. I was in a pawnshop one day and decided to look at a guitar, but it was strung with strings that don't even belong to guitars. Tuning it and listening to it was impossible, and you should never spend that much money on an instrument without knowing how it sounds.



Choose with your mind

Pay particular attention to the action of the guitar you're trying out. The "action" refers to the height of the strings as they sit above the fret board. With electric guitars, adjusting the action is a simple task, but this isn't so with acoustics; they traditionally have heavier (thicker) strings than electrics, so every little thing you can do to make it easier on yourself to play it is a good idea.

When you have a guitar chosen, be sure to ask the shop you're in about having it properly "set up." Guitar shops make a point of having technicians on staff that can intonate and tune the guitar for you, making any possible adjustments to the guitar itself to ensure it sounds its best. They also usually do it for free.

The staff may recommend a lot of additional items when you make your purchase; but you need little in order to enjoy your new guitar. It would be wise to pick up an extra set of strings while you're there, so you have a set you know are the right size.

Also, you should definitely also purchase a tuner to help you keep your guitar in tune — a simple tuner from a guitar shop shouldn't cost you more than twenty dollars. As an alternative, there are a number of applications for iPhone or iPod Touch that act as a tuner, as long as you have some sort of microphone for your device to hear your guitar. It's a lot of information, but it's everything you need to be a guitar-shopping expert. For a wide selection of acoustic guitars to sample and staff who have a good understanding of them, I recommend Belle Air Music's Richmond Street location. I also recommend you let me know when your guitar party is going to be, and I will see you there.

third season and they start filming the fourth immediately this summer, showing no signs of slowing down. The cast also

> **Canada's** Wonderland **FRIDAY JUNE 4** \$38 for Students, \$44 for guests **FRIDAY JULY 9** \$46 for Students, \$52 for guests

> > Tickets include day pass and transport and are available at the Biz Booth

Choose with your hands

A lot of people know the shape of the guitar's body comes in many sizes and cuts - from small backpack-sized travel models, to much larger grand or dreadnought models - but not many people realize the cut of the guitar's neck varies as well.

The back of the neck, where your hand rests as you hold the guitar, can have a standard C shape to them (a simple curved piece of wood), a U shape (curved, but much shallower) or a V shape (which makes hand placement much stricter) to them, and this factor alone can make the difference between a guitar feeling very comfortable or very weird.

LIFESTYLES



Summer jobs, waxing and playing house



LOVE LOLA LOLA I. LOVE lolaletters@live.ca

Dear Lola,

I recently got a summer job making minimum wage at a coffee shop. It's kind of lame, but I have to support myself. My best friend got a job at her uncle's company making \$20 an hour "under the table." Not only will she be making double what I do this summer, she's also going to get more OSAP in the fall since it will look like she made nothing all summer! Aside from being jealous, I'm also disgusted by her behaviour and I'm considering reporting her to OSAP or the government or something. Am I being petty?

Signed,

Penny Pincher

Dear Pincher,

Let me start by saying that I am equally disappointed, disgusted, shocked, appalled, sickened, horrified and aghast by your friend's behaviour. That said, it doesn't surprise me to hear that someone is riding the Nepotism Express through their summer holidays. Sure, we can judge your girlfriend for not slumming it with you at the java joint; steaming milk and sweating for tips. But in truth, I think we both know that you would have taken the same job for the same pay if it had come your way. We're in a recession, for goodness sake! Or are we coming out of a recession now? It's so hard to keep it straight. Either way, everyone is broke and fighting for the same 10 jobs that are available this summer.

Dear Lola,

My boyfriend recently told me about an ex-girlfriend of his who used to wax in the summer. Like, everything down there. He asked me if I was going to do that this summer because he really likes it. I'm totally not comfortable putting myself through that, but I don't want to disappoint him. What should I do? Signed,

Big Hairy Mess

Dear Mess,

Wow. I have to tell you there's nothing more tantalizing than a man lying in bed next to you discussing his ex-girlfriend's VAG! Dear lord! It is highly inappropriate for him to be discussing the details of this poor girl's personal grooming with you. It's just plain crazy to think that he's actually making you consider "doppelganging" her drawers in order to entice your mate. Ew! Ew! Ew!

A woman's choice to go "bald-eagle" is so personal and so painful, it's a discussion better left between you and your esthetician. Personally, I've never quite understood the allure of excavating my girlie parts in order to resemble a 12-year-old. There's something slightly sick and strange about the idea.

Dear Lola,

My parents are going away for the whole month of July to our cottage up north and I'll be alone for the first time. Usually I go with them, but this year I have a job so I'll be home alone! I'm super excited about making dinner, staying up late and having some girlfriends over for fun. The problem is, my boyfriend seems to think he's staying here all month. I'm not comfortable with it, but I don't want to hurt his feelings. Help!

Signed

All By Myself

Dear All By Myself,

Men can be funny creatures. They see pizza on the counter, they grab a piece, beer in the fridge, they crack one open, they see a game on TV, and they fall on the couch. For the most part, men are predictable, simple creatures as they often act on primal instincts rather than overanalyzing and planning. In your case, I think your boyfriend saw "empty house" and figured he'd hang out. Unless he's already starting hooking up his Xbox and making room on your nightstand for his alarm clock, I think you've still got time to take the reigns and make this work before you find yourself locked into a common-law union.

I'm sure you're open to spending a few nights "play-

You should be happy for your friend, but I get that it's hard to slap a smile on your face when you're broke and cranky and you smell like latte (mmm, latte!) Perhaps it's time for you to dig a little deeper into the family tree and discover your own rich uncle willing to share his coattails for a few months.

I understand why you're upset, but there's no sense getting all IRS on your bestie. That, my dear, is petty. You can take solace in knowing that she will indeed receive a whopping chunk of cash from OSAP this fall in the form of a whopping loan that she'll be paying back for the next 15 years.

Good luck my friend! Love Lola

Let's try to see this from his point of view; when I, a lady, is heading to the nether regions, we certainly appreciate a well man-scaped, clean, soft place to land don't we? I'm sure your man would equally welcome a bare, pink welcome mat. Personally, I think a neatly trimmed inverted triangle is adequate and womanly, but this certainly isn't about what I think; this is about you! There's nothing wrong with a little remodeling to keep the fires burning, but tearing down the hedges to compete with the ghost of pubic past is just nuts.

Bottom line, if you're not comfortable yanking the roots, just let your lover know you're more than willing to go ahead with it if he joins you! That will probably be the last you'll hear of it.

Good Luck! Love Lola

ing house" with your honey when your folks are away, right? But obviously you're also looking forward to some "girls only" nights and relaxing on your own. There's a way to do it all, sweetie! What you need to do is get a jump on things now by creating a calendar/schedule of your plans for July (remember the analyzing and planning thing guys are missing? We've got that in spades my friend!) Show your boyfriend all the special nights you've set aside for the two of you to make dinner and have a sleepover. Let him know you understand he'll want to hang out with his buddies on the other nights. Wait, you can be organized, have girls' nights and look like a totally nonjealous Super Girlfriend? That's right; you can do it! Just be sure that you have permission from the folks ahead of time or this whole thing will quickly dissolve into some terrible 80's movie.

Good luck! Love Lola

SPORTS&LEISURE 15



PHOTO BY BOBBY FOLEY

New ball hockey location in London

Volume 43 Issue No. 1 May, 2010 www.fsu.ca/interrobang,

BOBBY FOLEY INTERROBANG

Ball Hockey International are about to launch their latest site in London, located on Clarke Rd. at Hamilton, near East Park. With current locations operating in Welland, Orillia, Brantford, and St. Catherine's, BHi is excited about the launch of their latest facility, said Dan Gilbert, BHi London facilities manager,

BHi hosted a launch party at their new location, the Curinga Italian Canadian Sport Club on Saturday, May 1, 2010. BHi employees were on hand to answer questions, register interested participants, and demonstrate the coming facilities with a mini-rink, set up outside the clubhouse.

"It rained in the morning,

which I think deterred a few people from coming out," said Gilbert. "But we still had teams registering, still had over 200 visitors, I'd give it a good seven out of ten."

The summer season kicks off the week of June 7, and will begin with teams in divisions across three age categories youth, teens, and adult. For adults, there are men's divisions A–D and 30-plus, and a women's and co-ed division as well. Cutoff for summer registration is May 29.

The plans for expansion were illustrated in banners on the walls of the clubhouse, with phase one nearly complete. Phase one begins with one rink and increased parking space, and is scheduled for completion on May 19.

Phases two through four, which sees an increase in rinks and parking space, will happen as the demand arises; scheduling in place allows BHi to accommodate seventy teams per rink.

"The more teams that register, the more we'll be running through building the rinks," said Gilbert. "It's our hope to have all four phases complete within the next four or five years."

For Gilbert, BHi coming to London is the realization of the past two years worth of hard work; beginning when his factory job ended, he decided to work to bring a structured ball hockey facility to London and began to secure the London location at the Curinga Club. He took a few months to put together a business plan and wound up partnering with BHi, who had become successful in four other communities and had been eyeing London for some time.

To promote the new facilities, BHi London are setting up minirinks on location at CBC Hockey Night in Canada's Play On! Tournament on May 29 and 30. Additionally, they're sending their referees down to Brantford to help out in the Walter Gretzky 3rd Annual Street Hockey Tournament from June 4 to 6.

And though BHi's Canada Day tournament won't take place in

London this summer, watch out for them to host a tournament here on or around the long weekend in August.

For more information on equipment needs, game formats and regulations, division eligibility and more (even stats and standings once the season starts), check out their website at http://bhilondon.goalline.ca. If you would like to get involved with BHi London or want any assistance registering online, reach out to Dan Gilbert by phone at (519) 455-2255 (BALL) or by email at dgilbert@ballhockeyinternational.com.

Athletic banquet celebrates Fanshawe's finest

MATT GAUTHIER

As you walked into the Oasis, you could feel the excitement in the air. The room was lively with excited hellos and conversation. Fanshawe Student Union president Jabari Cooper and vicepresident of athletics, Kyle Spencer, were the masters of ceremonies for the night and introduced the dignitaries and special Fanshawe Athletics since 1967, with three OCAA bronze medals, two OCAA silver medals, five OCAA gold medals, one CCAA silver medal and two CCAA gold medals. We brought home some serious hardware.

The women's cross country team won gold at nationals for the second year in a row, and so they got rings again for their accomplishment. The OCAA awards one coach with the coach of the year award, and this year Fanshawe's own Matt White, coach of the women's volleyball, was awarded this honour. "I was not expecting it at all, but this is not a testament to me, it is a testament to the skill of the girls," White said. "We had success and failure, but they worked their butts off this year. This is not so much coach of the year for me as team of the year; because without their hard work and effort I could not have gotten this."

was given to basketball player,Manny Campbell. The mechanical engineering student helped the basketball team achieve a fourth place finish at the national championships in Alberta this year and a silver medal finish at provincials. Campbell was very excited about his award and just could not stop



guests.

For some of the people getting that MVP or rookie of the year. their award was not necessarily a surprise. "No, I was not shocked that I got MVP, but it was very nice to get (the award) and I am grateful they considered me," said cross-country runner, John Mason. Mason was given special recognition this year this year is his last for running due to the five year rule, which states athletes may only compete for five years before they are ineligible. Over the past five years, Mason has gotten two individual Ontario Colleges Athletic Association medals, three national team medals, and one national individual medal along with now three MVP awards. This year was the successful year in most

Of all the awards given and received, two of them stand above the rest. These two are the men's and women's athlete of the year award. The men's award smiling after he got it. Campbell said he would like to thank the whole school for their support during the provincial tournament that was hosted at Fanshawe, and he would also like to thank his team and his coach. For the women, the recipient was soccer goalie Emily Gillet. Gillet attributes her success to her team saying, "I love them all so much and this is definitely a team award, I was just the only one recognised."

This was a great night for Fanshawe's athletics, now the summer is here and time for offseason training. Let's bring the competition back just as strong next year to make it even more successful.

PHOTO COURTESY OF JOHN SING

Female and male athletes of the year, soccer goalie, Emily Gillet, and basketball player, Manny Campbell.



