



Ultimate unveiling

Fanshawe College revealed its new brand logo, symbolizing a new chapter in the College's history.

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Can you cover?

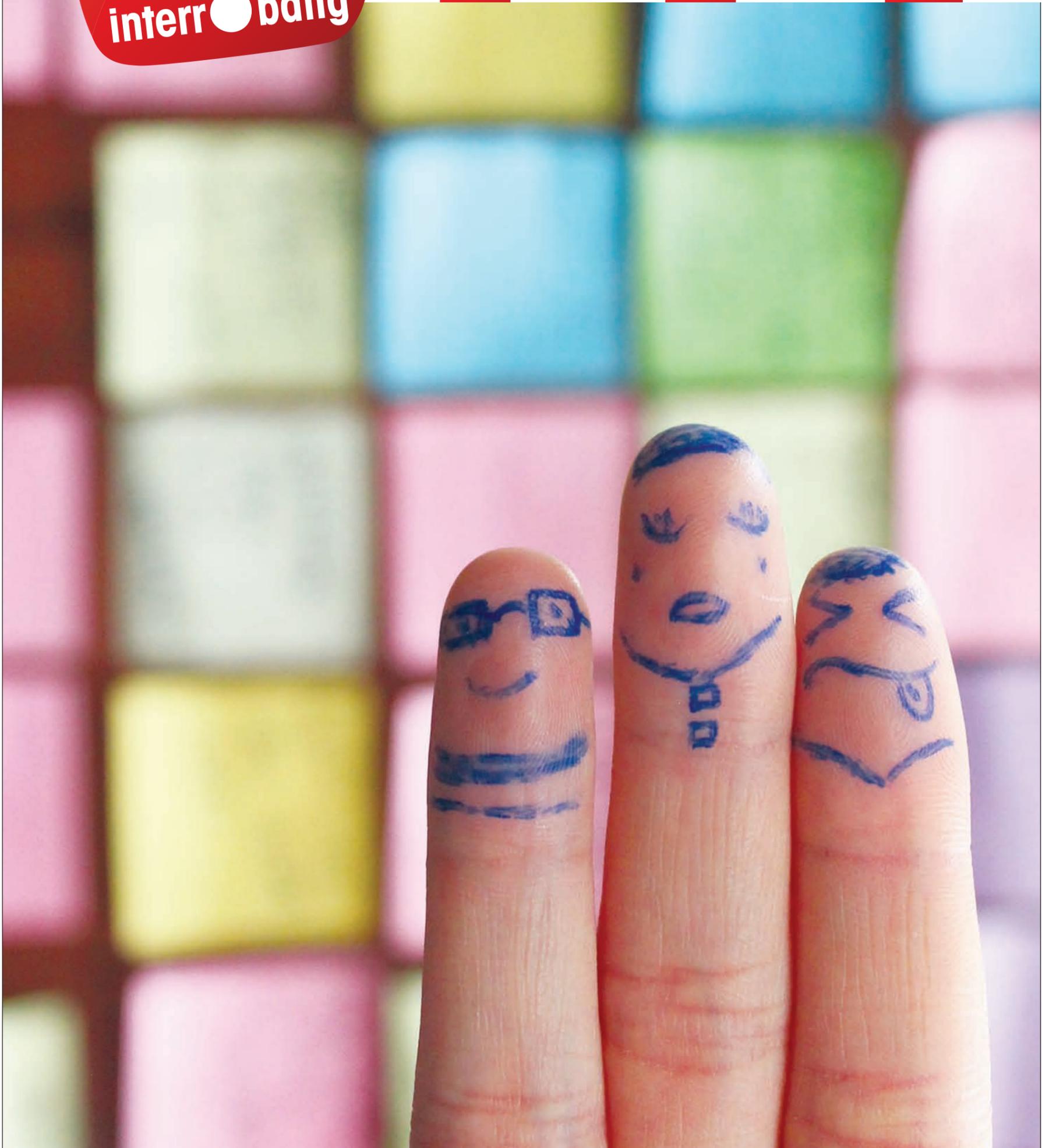
London Covers is a city-wide contest where entrees submit a video of them singing one of 10 songs.

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Prime and primp!

Read all about adding red to your wardrobe, wearing false lashes and choosing the perfect paint colour.

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Volume 46 Issue No. 27 April 7, 2014 www.fsu.ca/interrobang/

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How are you preparing for finals? #falconfinals

This week's winning response:
Jordan Moore
 Fresh can of coffee and a fresh bottle of Baileys.

Patricia Varanesi @PatVaranesi
 @fanshawesu Lots of snacks, Organized notes and very little amount of sleep #falconfinals

Amanda @Eh_Manda
 @fanshawesu Spending more time studying than sleeping. #FalconFinals

SJ @sarahjei
 @fanshawesu less sleep, more caffeine #falconfinals

Veronica Tonga
 Trying to get projects out of the way

Hope Bailey
 Stress eating

Beki van Horik
 My program doesn't have finals so I'm not preparing at all!

Sara Hopkins
 Lots and lots of projects and essays to write and get out of the way first!

Sydney Lennox
 no finals, projects projects projects!

Mohammadi Sakir
 Attending group studies.....

Kendra Dickson
 oh right finals. haha by studying of course.

Next week's question:
 What are your summer plans? Tweet using #falconfinals or respond to the note on our Facebook page (facebook.com/fanshawesu) before 2 p.m. on Wednesday, April 9, 2014. You'll be entered into a draw for a \$10 Out Back Shack/Oasis gift certificate. Must be a current, full-time Fanshawe student.

From the Falcons' Beak

APRIL EVENTS
 TICKETS AVAILABLE IN ADVANCE AT THE BIZ BOOTH

MON 7
8 BALL Pool Tournament
 MON. APRIL 7
 ONLY \$2 TO ENTER IN ADVANCE AT THE BIZ BOOTH GAMESROOM (SUB) FROM 5:00 PM TO 7:00 PM

TUES 8
PAPER ROCK SCISSORS
 NOON | FORWELL HALL | FREE SIGNUP ON THE SPOT

WED 9
SEX TOY BIGNO
 9 PM | OBS | NO COVER
 ALL AGES WITH STUDENT ID, 19 + WITHOUT

THURS 10
THURSDAY MUSIC NOONER
CRAIG CARDIFF
 NOON | FORWELL HALL
 FREE COFFEE & TEA

APRIL 14 & 15
FSU CHILL LOUNGE
 10AM - 2PM | FORWELL HALL
 PUPPIES | SNACKS & DRINKS
 MESSAGES | AND MORE!

NEW MUSIC NIGHT
END OF THE YEAR
NEW MUSIC NIGHT
FRIDAY APRIL 11, 2014
 THE BEACHES, TEXAS KING
 THE BAXTERS, TANDEM EAGLE & BIG LONELY
 DOORS @ 8PM - SHOW STARTS AT 8:30
 FREE 19+ OR ALL AGES WITH FANSHAWE ID

CAPTAIN AMERICA: THE WINTER SOLDIER
 \$4 STUDENTS | \$6 GUESTS
 At Rainbow Cinemas (in Citi Plaza)
Wednesday April 9th
 TICKETS AT THE BIZ BOOTH

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CREDIT: STEPHANIE LAI

Fanshawe College revealed its new logo April 2; the first rebranding exercise the logo has undertaken since 1981.

Fanshawe unveils new branding

STAFF
INTERROBANG

On April 2, Fanshawe President Peter Devlin unveiled the College's new brand and visual identity. The new brand promise – to educate, engage, empower and excite – reflects Fanshawe's desire to help people reach their full potential.

"Fanshawe has been the go-to place for successfully navigating change for almost 50 years," said Devlin. "Our look may have changed, but our commitment to unlocking the potential of students, staff, alumni, businesses and communities continues as strong as ever."

Fanshawe has dubbed its redesigned logo "NorthStar," because of its visual and symbolic link to the star famous for helping generations of travellers find their way.

"The time is right for us to do this," said Devlin. "Competition is increasing, demographics are changing and colleges have to strengthen their reputation to ensure long-term success. In response, we have developed a clear, compelling and distinct profile and story."

The rebranding effort gathered input through a series of online and in-person surveys, workshops and individual interviews. More than 6,000 responses were received from all College audiences, including prospective students, current students, staff, alumni, guidance counsellors, business and academ-

ic leaders, government and community partners.

"NorthStar and the new brand give Fanshawe a single look and message across all our campuses and community locations, and it's perfect for the College," said Devlin. "I believe staff, students, alumni and prospective students will be proud to be associated with it for many years to come."

This is the first rebranding exercise the College has undertaken since 1981, when the image of four stylized F's was created to represent the four counties served by Fanshawe campuses.

NorthStar is a dynamic reinterpretation of the old symbol being turned outward.

The changes in Fanshawe's visual identity are not limited to the launch of a new logo – it also includes a slight colour shift to the same red used for the Canadian flag – reflecting the College's desire to be seen as a national education leader.

The legal name – the Fanshawe College of Applied Arts and Technology – will remain unchanged and be used where appropriate.

The home page of Fanshawe's website has been given a fresh new look to reflect the new brand identity and outdoor and indoor signage at Fanshawe campuses will be changed gradually over the coming year.

Complete details about the new brand are available at www.fanshawec.ca/brandstory.

Good donation CDPA campus

STEPHANIE LAI
INTERROBANG

The Good Foundation gifted the Centre for Digital and Performance Arts with its biggest donation yet – a total of \$500,000 will be the Foundation's contribution over the next few years.

President of the Foundation, Jim Good, said the intent behind the donation is to give back to the community – a mindset his father had when he started the Good Foundation back in 1974.

"My father fell very fortunate; he didn't come from a family with any money," he said. "It was always his intent to give back and it's still the intent – it's a way of feeding back into the community and help make the community a little better."

This is the first official connection Good has made with Fanshawe and thus the theatre space was named Good Foundation Theatre.

"I did work with Fanshawe and Howard Rundle a little bit [before] and we were trying to set up some kind of co-operative adventures," said Good. "I think that Fanshawe moving to the downtown [area] is a very positive thing for the city."

"To some extent, this contribution was a bit of a gift to London, Ontario to help it develop its downtown [and] to keep the downtown vital."

Good's experience of shutting down Western University's drama workshop in the '90s contributed to the decision.

"It seemed to me that this was an opportunity where we could open a type of drama workshop in London again; but one that's dedicated to



CREDIT: JOHN SING

From left: Howard Rundle, Jim Good and Peter Devlin pose with the Good Foundation Theatre plaque after the announcement of Good's generous donation to the Centre for Digital and Performance Arts.

teaching," he said. "It seemed logical that Fanshawe was the place to do this because they have the technical expertise and the people to deal with all the facets of it."

The donation will help future generations flowing through the drama sector.

"I hope it'll provide some opportunity for people to gain experience in a good, working theatre," said Good. "It's a way the learning experience will prepare [students] for working in a professional environment."

Good said it was a good time to make the donation.

"It just seemed like it was a good time for Fanshawe to be developing this, and it turns out it was a good time in our own planning to make the gift."

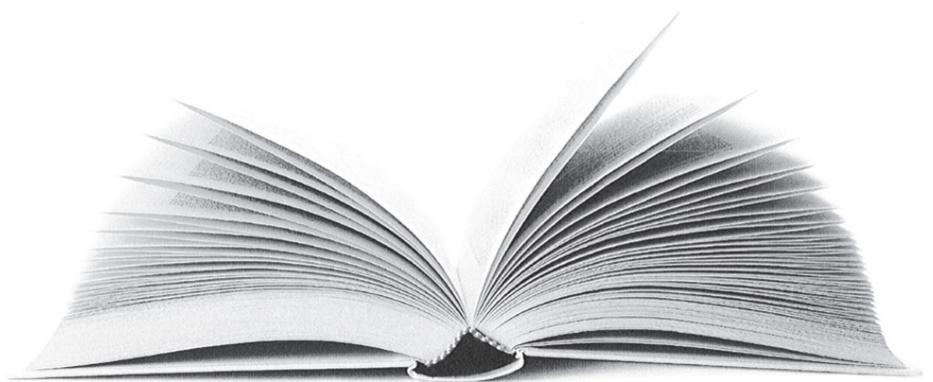
The partnership between the

Foundation and the College will not likely continue, but Good said he is happy to have made the donation.

"The Foundation is happy to have enabled Fanshawe to do this and Fanshawe carries the ball at this point," he said. "I hope we'll continue to monitor the kinds of things that are done there. I'm interested in it, but our goal was establishing that the facility is in place. After that, it's really up to Fanshawe to figure out just how it's going to be used."

"It's been interesting working with Fanshawe; I have a great respect for the College and for the people that are there," said Good. "They do work hard and I am hoping that there can be co-operation between the university and Fanshawe [one day]."

Book Buyback



Sell your books back at the bookstore

Fanshawe College Store

Monday, April 21 - Thursday, April 24
9:00AM to 4:00PM

Friday, April 25
9:00AM to 3:00PM

KIOSKQUIZ

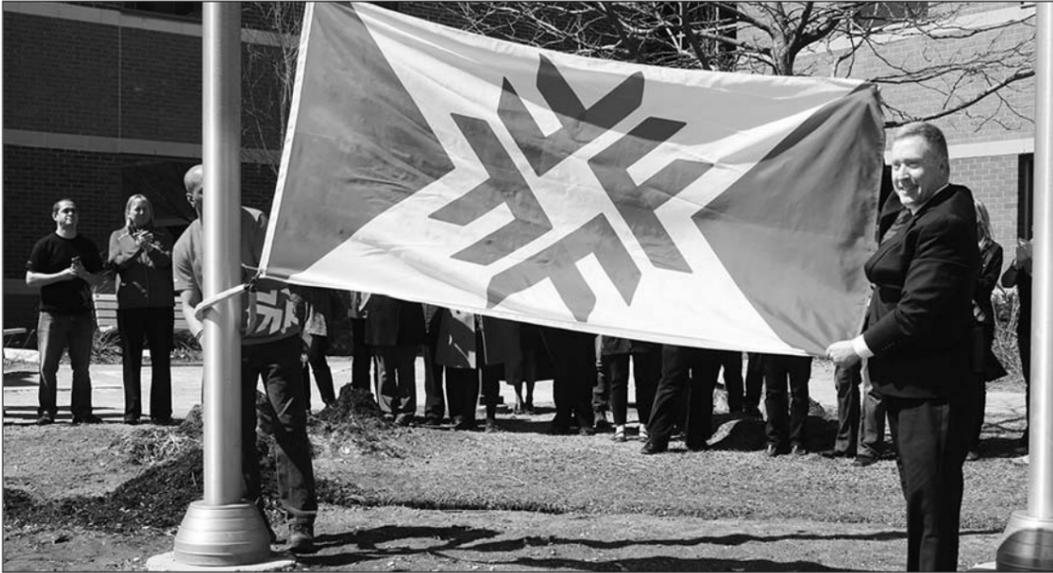
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Drop by the Welcome Kiosk with your answer. Five winners will be selected from correct entries and we'll notify winners by email.

The Welcome Kiosk (between the Bookstore and the Library) is open all year between 8am and 4pm, Monday to Friday

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CREDIT: STEPHANIE LAI

Fanshawe College Peter Devlin replaced the old with the new, raising the flag that bears the College's new logo, NorthStar, in front of F Building on April 2.

Making sound loan decisions

KARLA KARCIOGLU
THE OMEGA

KAMLOOPS (CUP) — According to a 2012 survey of 1,018 post-secondary students by Bank of Montreal, 49 per cent of students were using loans to pay for their education. Of those surveyed, 58 per cent expected to graduate with \$20,000 or more in debt and 21 per cent expected to graduate with \$40,000 or more owing. Only 44 per cent of students expected to have their debt paid off within five years of graduation.

With high tuition rates, the cost of books and increasing living expenses, working to pay for school can begin to interfere with the quality of a student's post-secondary education. Many students are forced to choose to use loans to cover expenses while in school. Having a student loan provides students with many benefits over a bank loan, but it is still up to the student to manage their debt responsibly.

Gordon Down is the manager of the financial aid department at Thompson Rivers University in Kamloops. His concern is students' understanding of what it means to borrow money for school while ignoring repayment until they graduate. Often students are left with a surprising amount of debt.

Students using Canada Student Loans have several advantages over students on private loans, Down said. He cringes when he hears students say they took out a lower interest bank loan to pay off their student debt, because the student loans provide a safety net for borrowers.

One benefit of a government student loan is the six-month interest-free grace period it gives graduates, or those who stop attending school. However, once the interest free period has ended borrowers will be asked if they would like to take the accumulated interest from that grace period and apply it to the principal amount they owe, or pay it off immediately. On the seventh month, monthly loan payments will be automatically withdrawn from the borrowers bank account, Down said, as per the loan agreement.

Borrowers do have the option to contact National Student Loans Service Centre to decrease their monthly payment amounts, however if their bank account doesn't have sufficient funds, or has been closed, the borrower faces entering

into loan default, which will impact their credit rating, Down said. The loan will be sent to the Canada Revenue Agency as default if a borrower does not make a payment for nine months, or 270 days.

"If, at any point, the person who's no longer a full-time student cannot afford to make all or part of their loan payment, [and] if they fill out the forms to tell the government that, then the government will continue to pay all or a part of the interest on the amount owing, for up to five years," Down said. This option is available at any time while a borrower is in repayment. A bank would not be sympathetic to a borrower if their income is interrupted due to an injury or unemployment, Down said.

If a student has exhausted the five years in which the government will cover interest payments and they still cannot afford payments, they can apply to have the government write down the principal debt owing. They will calculate exactly how much the borrower can afford per month and subsidize the loan to an amount that creates an affordable monthly payment, Down said.

A third benefit of a government student loan is that if a borrower dies, the amount owing is cleared by the government, whereas a bank would come after the estate to pay off any remaining debt.

"There's a handful of student deaths a year," Down said. "Typically, one or two of those have student loans."

The struggle

"A student can choose the minimum payment, which like any other debt is going to be punishing in the long run with interest," Down said. Borrowers are never prevented from making additional payments when they have additional income to help pay off their debt.

According to a calculation done through the loan repayment estimator at Canlearn.ca, a student who graduates with \$20,000 and repays that debt in 120 months, or 10 years, using the interest free grace period, will pay \$9,118.62 in interest.

A final benefit of a government student loan is that the interest payments are tax deductible, Down said.

"The idea is that for the student that is responsible and responsive, updating their address, keeping in touch, they're [paying] what they can, there's never a reason to actually go into default. And there's

never a reason they should have true financial hardship," Down said.

"A big part of managing the debt is just not getting into it in the first place," Down said.

Some things to consider to help you decrease your debt while in school include taking summer courses, for free, using the Canada Student Loans Grant for Part-Time Students. The grant will provide low-income students with up to \$1,200 for less than nine credits per academic year. Grant money does not need to be paid back at the end of post-secondary education unless the student withdraws from courses or their financial need is re-assessed.

Another suggestion Gordon said is that students should refrain from spending their excess loan money on extra things like a new outfit or a vacation and instead use it to pay down their principal debt. He added that students should put the money straight toward their student loans instead of putting it in the bank because it will affect their need assessment for the following year.

It's also very important to consider how much your future career will pay versus how much student loan debt you will graduate with, and how long it will take you to pay that off. Some programs, such as law, may cost more but have a much higher average salary than other programs, such as social work.

"What may be a high debt load for one, may be quite manageable for the other," Down said.

Gordon said that even students who say they don't want to incur any debt or apply for government student loans should apply anyways. That way the student can look at what they qualify for and make a decision about whether or not it's worth it, and if they choose not to take out the loan they will not be penalized. Students may qualify for grants that accompany the loan, and if they want the grant but not the loan they can simply pay back the loan immediately while in school.

"You get the student who's knocking themselves out working part-time or almost full-time, and it's affecting their grades. And if they took out a bit of a loan, would they be better off graduating with a moderate amount of debt and a more solid education?" Down asked.

International students working under the table

BRITTANY BARBER AND
PREETEESH PEETABH SINGH
THE DIALOG

TORONTO (CUP) — Toronto is one of the most multicultural cities in the world and with that comes students looking to further their education from other countries. With students coming from over 100 foreign nations to study at the city's urban George Brown College (GBC) and tuition fees rising, the pressure is on them to start finding work as soon as possible.

Under the table jobs, commonly known as 'cash jobs,' have picked up momentum among international students looking for an alternative way to meet their expenses.

These jobs don't require a social insurance number or a work permit. It's a deal between the employer and the employee to work for cash. The employers sometimes pay below the minimum wage and dodge taxes, while employees often work more than the specified hours they are allowed. Tutoring, editing classmates' work, dog walking, working in repairs, being a handyman or participating in day labour are some of the jobs available under the table today.

But of course it's illegal.

"The reason why we have to take cash jobs because tuition and living expenses are very high in the city," said a former business student at GBC who asked to remain anonymous for legal reasons. "There is lot of exploitation when we work for cash. There is insecurity. We don't get paid on time and sometimes don't get paid at all."

Under current rules, international students have to wait for the first six months before being eligible for an off-campus work permit.

According to Citizenship and Immigration Canada (CIC), the new rules for international students will take effect on June 1. The six-month waiting period will be abolished and students with valid study permits (pursuing academic, vocational or professional training of six months or more leading to a degree, diploma or certificate at a designated institution) will be eligible to work off-campus for up to 20 hours per week during the academic session and full-time during scheduled breaks.

CIC claims that new regulations will improve services to genuine students, while protecting Canada's international reputation for high-quality education and reducing the potential for fraud and misuse of the program.

Tuition fees for international students at GBC have increased, effective May 5, from \$5,700 to

\$6,440 per semester for both diploma and certificate programs. Degree programs are increasing by \$950 this year for a total of \$8,250 per semester. For larger, more prestigious schools tuition can be much higher. For example, the University of Toronto has first year international tuition rates that can exceed \$30,000 and are expected to rise for the next few years.

According to the Canada Mortgage and Housing Corporation, the average rent for a two bedroom apartment in Toronto's centre is roughly \$1,213 per month.

Working at minimum wage at 20 hours a week, can earn up to \$888 a month. Rental, on top of tuition fees being on the rise and the limited amount of hours an international student is allowed to work, the numbers just don't add up.

A marketing student from GBC who also asked that we do not use their name for fear of deportation explained why they are willing to work for cash. "We go for cash jobs for two reasons, everything is so expensive; and they have a lot of restrictions on work permits."

Citing their own personal story they said, "There is an employment agency in Cabbagetown [a Toronto neighbourhood], I went there looking for a job. After a few days they called me and said that they have some labour jobs available. They don't need your SIN, or work permit; they just want you to work. They collaborate with employers. They said that they will take 1.5 per cent commission per hour."

The International Centre at GBC is more than happy to work with international students. However, they can not help students with resident visas, study or work permits; one is directed to the official CIC website or call centre.

International students currently have the option of working for the school without a work permit. Also, if you can handle the workload, it is possible to work for the college while working elsewhere on a valid work permit and there is no law or policy keeping student from working 20 hours off campus and 20 hours on campus.

Not declaring income is a federal offence and may result in deportation for international students. But with tuition fees on the rise, and without outside support from family members or loans, many international students see working for cash under the table as a worthwhile risk.



Got a question, concern, or comment about college policies?

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bog.student@fanshawec.ca

Clayton Greene

Student Representative to the Board of Governors

The Five Commandments of eating



NOTES FROM DAY SEVEN
MICHAEL VEENEMA
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In a not overly recent but obviously relevant article called *The Pleasures of Eating*, farmer, theologian and writer Wendell Berry argues for an approach to eating that has been gradually making inroads into our own thinking and habits.

Berry has been writing for many years to inspire a love of land, of things that grow, of people and of local communities. Though living and farming in Kentucky, he offers insight that has direct relevance to our Canadian context.

For example, one of the main characteristics of the Industrial Revolution was to replace people with technology. He points out the irony that we continue to be surprised by the appearance of unemployment even though our investment and industrial goals require the elimination of as many jobs as possible.

He laments something that can be seen, in North America and all through the “developed” world, namely the accumulation of power by a few. In Canada we might see this in the apparently growing disconnect between the Prime Minister’s Office (PMO) and the many who advocate for democracy.

The PMO appears to be overly concerned to advocate for corporations and economic globalization. This means that increasingly factories and farms in our part of the world have to compete with every cheaper enterprise on the planet. As far as I can tell this is a race to the bottom.

When journalist Bill Moyers interviewed Berry, the author reflected on his Christian understanding of the world. He said that this world and our life in it are conditional gifts. If we don’t know our world, if we don’t love it, and if out of that love we do not care for it, we forfeit our right to its benefits. We forfeit our right to reap its enjoyments. In other words, this world is the home given to us by our Creator. And as the opening poem and stories of the Bible reveal, and as many aboriginal traditions remind us, we as humans are deeply connected with the whole creation



CREDIT: THINKSTOCK

Growing some of your own food can be a fascinating process.

and have a very large role in caring for it and bringing out the best that it has.

Berry’s article on eating can help us rediscover this connectedness. He offers what I call the Five Commandments of Eating, which are intended to restore our appreciation of those connections (actually he has seven, but I’m leaving two out for the purposes of this article).

1. Grow some food. This can be done in a variety of ways. A neighbour of mine grows edible herbs in flowerpots. My wife and I made some planting boxes in our side yard. Use the natural energy cycle: soil to seed, seed to flower, flower to fruit or vegetable, fruit to food, food to compost, and compost to soil. It’s an amazing cycle, much more interesting than what we find sitting in front of a gaming screen.

2. Prepare your own food. Our family discovered a squash that if you puncture and heat it will give you “spaghetti” when you cut it open. Baking bread, making simple but tasty stews – these are a few of the many ways to prepare food that are within reach of the beginner. When you try them you will likely enjoy your food more, feel healthier,

and save money.

3. Learn about where food comes from. A few minutes online a day can give you insight into how food arrives on your table. Likely when you do this you will develop an appreciation of local food sources. After all, the fact that many foods are processed in factories hundreds of kilometres away makes them less, not more, interesting.

4. Get to know local food producers. This means developing relationships with the farmers and vendors at the farm markets in and around London, or wherever you live. We pay a little more for sausages from a butcher whose shop I can see from a window in my study at home. It is tidy, always smells great, and is stocked with meats from local farms. And as much as possible we buy our fruits and vegetables from farm owners who also are friends.

5. Become wary of processed foods. What is in them? How much of their nutritional value has been destroyed during the processes? How have the foods been cosmetized to make them look manufactured and “presentable?” How are “food” manufacturers destroying genetic diversity, and what myths

do they advertise about themselves to make them appear more environmentally responsible than they are?

Spring is here. The farms around our cities are getting back into action. So now is a good time to think a little more about where food comes from and to renew some of those connections that make food enjoyable and satisfying.

The Ontario Health Care conundrum

VICTOR DE JONG
INTERROBANG

If you were to interview a person on the street in Florida and ask them what they know about Canada you could expect to hear hockey, beer and free health care, in no particular order. This national symbol of pride is a rallying point for Canadians from coast to coast, but earlier this year the government of Ontario announced that they would be allowing more procedures to be performed in private clinics.

In January, the provincial government issued the notice that will open the floodgates for more private clinics to charge additional fees for procedures covered under the Ontario Health Insurance Plan.

Without underplaying the importance of five per cent beer, Canadians are fiercely defensive of their health care system. When Leger Marketing polled over 2,000 Canadians in 2012, they found that 94 per cent of respondents were proud of the universal health care system, which has been developed since the Canada Health Act of 1984. After Obamacare was introduced, the political commentary publication Counter Punch published a 21-point list of ways that the Canadian Health Care outperformed the new system, but unless serious measures are taken that might be about to change.

The Ontario Health Coalition (OHC) is an assembly of over 50 local organizations comprised mostly of employees of the health care system. On March 25, the OHC released a report that examined the prolifer-

ation of auxiliary fees for procedures that the government reimburses private clinics for through the Ontario Health Insurance Plan (OHIP). The report was in response to the January notice that the provincial government will contract out additional clinical services to private facilities. The explanation of the OHC research clocks in at a mere 10 pages, but it’s followed by 15 pages of research naming private facilities that are illegally charging patients with additional fees. The document outlines horror stories in which patients believed they had to pay thousands of dollars out-of-pocket for cataract surgery, which is fully covered under OHIP and the Canada Health Act.

The release of the OHC’s report was met with predictable silence from the government. A cursory call by the CBC to Ontario Health Minister, and local Member of Parliament, Deb Matthews, yielded a cursory response that failed to address the report’s glaring accusations. The document itself draws attention to the fact that a similarly themed report in 2008 that provided a more exhaustive, 169-page examination of the expansion of private clinic services in every province was met with an equally disappointing response despite having reached the same conclusions.

The unfortunate reality is that the government has no incentive to regulate private clinics. Deb Matthews can hold her breath until she’s out of office in a few months and the next sucker has to deal with it. Allowing private clinics to provide medical proce-

dures has been the direction of the province since the early ’90s with a major influx of these practices occurring post-2003. The benefit to the health care system is immeasurable, as potentially thousands of patients are avoiding hospitalization for procedures that are unnecessarily institutionalized. The benefit for the clinics and practitioners is equally obvious as OHIP coverage coupled with deceptive sales tactics combine for a handsome compensation package.

The trouble with auxiliary fees in private clinics is that their staffs have a vested interest in upselling their product – your health. Even the thriftiest shopper would hesitate to pick their cataract removal clinic based on the lowest price. From a practical standpoint, it doesn’t seem dangerous for the health care system to allow a clinic to charge a \$50 fee for a mid-colonoscopy snack, as was found by the OHC, but objectively this is a two-tier health system. Canada’s health care system was founded on the principal that a person’s income shouldn’t determine the level of health care they have access to. When a private clinic can pay their physicians far more than a hospital by charging additional fees, there’s a risk that medical professionals will gravitate away from facilities that aren’t private. The logical extent of that scenario is a system in which hospitals are staffed only by those who weren’t qualified enough to be hired by a private clinic.

At least we’ll still have five per cent beer though right?



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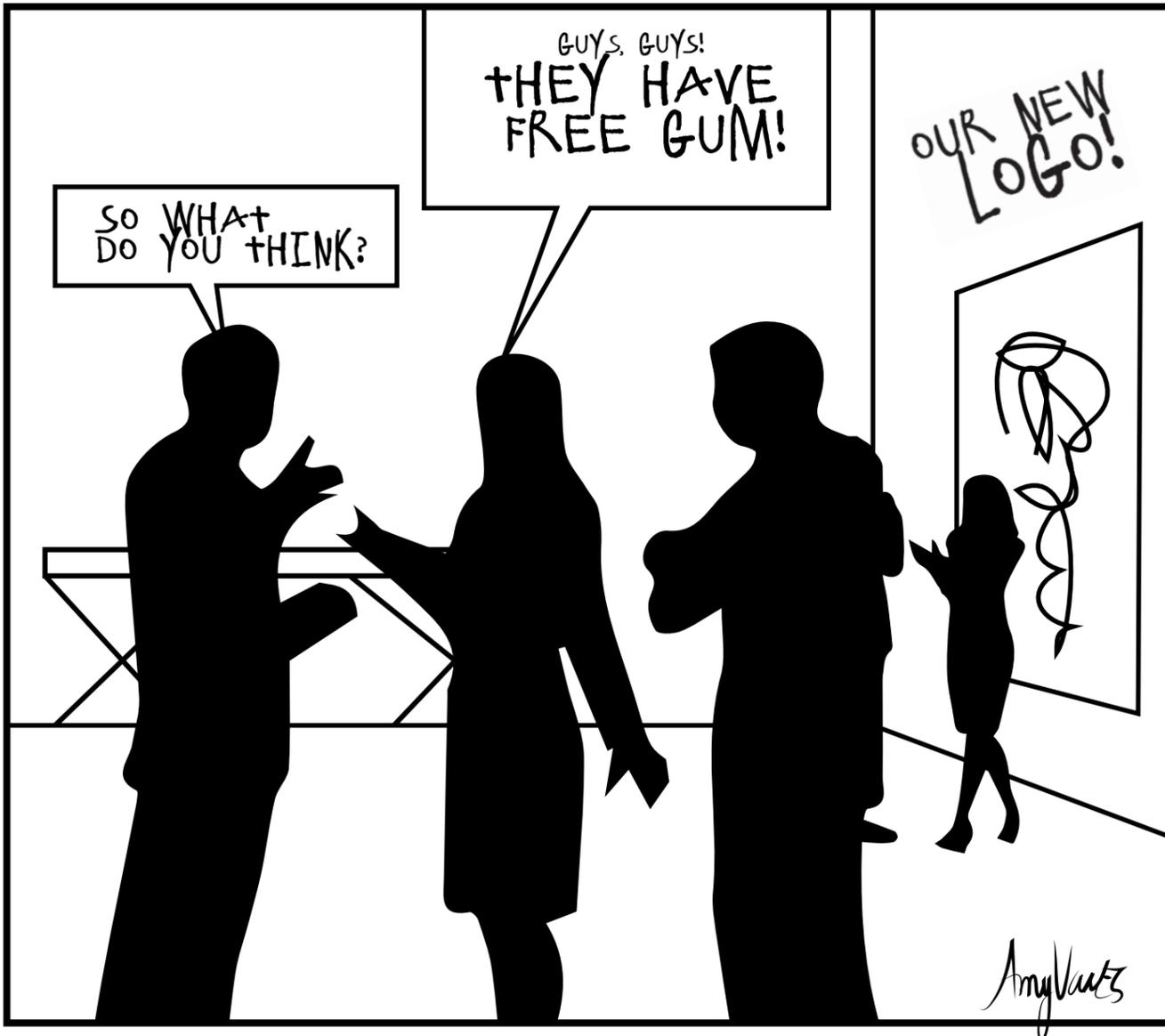


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Mona Lisa smile



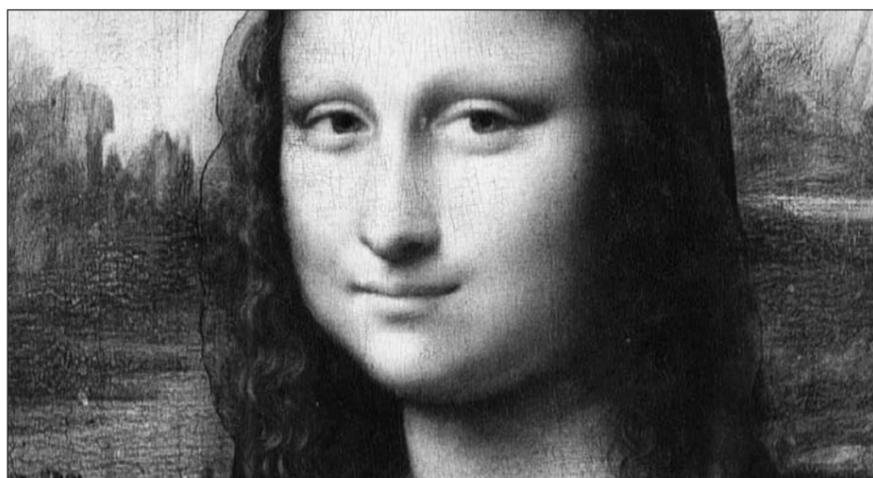
ARTiculation
AMY VAN ES

For centuries, the *Mona Lisa* has attracted a staggering amount of attention. It may be the most recognizable art piece today, up in the ranks along with the Sistine Chapel paintings, Michaelangelo's *David* and Monet's *Water Lilies*. I remember when I was younger and first introduced to her, I wasn't sure why the painting was so famous, and reasoned that it was likely because she has no eyebrows. And now, after years of studying art and delving into theory, I still find myself staring at her and wondering. To some, looking at her sends you back to da Vinci's studio, watching him lightly and calculatedly stroke the canvas with a soft brush. But a major part of it is because she's so entrancing, sitting there and smirking at you with a nagging, immortalized taunt.

In an era when the subjects in art were (for the vast majority) religious figures or royalty, the *Mona Lisa* gained some attention because she wasn't anybody in the public eye. And by the mid-19th century, poets looked to her as an attainable beauty, and put her in the starring role of their fantasies. She quickly rose to fame as an "everyday girl" beauty. After she gained prominence, people began to wonder who she was. The question has been begged for years, and people have devoted their lives to deciphering the identity of the *Mona Lisa*.

Everyone, meet Lisa del Giocondo. Also known as Mona Lisa.

Lisa was born in 1479 in Florence to a middle class couple. Her father had survived two wives who both died while giving birth to Lisa's siblings. They were a farm family, harvesting wheat and making wine. She had a normal childhood, and married a man named Francesco when she was 15, obtaining the last name del Giocondo (which is where the Italian name for the painting "La Gioconda" is from).



Her husband commissioned da Vinci to paint a portrait of Lisa because she had "a noble spirit and as a faithful wife." She had five children, one of whom died when she was very young. They also grew up comfortable and in a middle class environment. Two of her daughters became nuns. Francesco is rumoured to have died in the plague, so when Lisa was growing older and didn't have a husband to care for her, they took her to stay at a convent where she lived until she died.

Now that you know her, does it make you feel more connected to the painting? Will looking into her eyes the next time you see her remember that she was a person, not just a figment of the pigment? Today, context means too much in art. When the *Mona Lisa* was painted (and up until the mid-1800s) artists were very focused on the technique of the painting rather than the subject matter. But in modern art, context is so important to the meaning of a piece.

Famous artist Ai Wei Wei created a piece where a gallery wall was covered entirely in pieces of standard printer paper with names typed on it. They were fashioned together so it was just a huge, long list of nearly 5,000 names.

When his show came to the AGO in Toronto, I went with a friend to see it. We came to that piece, and my friend glanced at

it and moved on, but I stood there haunted. Without the context of the piece, they were just Chinese characters on pieces of paper. But I knew that they were names of the children who lost their lives in the massive earthquake in China.

When the earthquake happened, the Chinese government refused to search for and acknowledge the children who were killed. So Wei Wei spent a long time talking to people, going through records and compiling this list to honour the young lives that were taken at the expense of their government. It was chilling to stand there and recognize both the individuals who lost their lives as well as Ai Wei Wei's dedication to the people of his country. Modern art gives much more weight to the subject matter than art of the past, and unless we understand what's going on in our world, it won't make much sense.

The *Mona Lisa* is a painting of another girl that lived in another era in another country. It's so easy to remove yourself from her. But art can be appreciated so much more if you understand where it came from, what purpose it served. There are so many stories nested into art of the past. And there are so many stories being painted right now, you just have to look between the brush strokes.



CREDIT: THE GAZETTE

Quebec Premier Pauline Marois has been dodging landmines that could bring her political career to an end.

(Trash) talk is cheap

VICTOR DE JONG
INTERROBANG

In the world of politics, one party's loss is another party's gain. Policy based criticisms are few and far between in a landscape where cheap smear tactics have proven far more effective. In the past couple of weeks, Quebec Premier Pauline Marois has given her Liberal adversaries all of the ammunition they could have hoped for, and closely following suit on the federal level were Liberal Leader Justin Trudeau and the Prime Minister himself, Stephen Harper.

Albertans were rocked by the resignation of Premier Alison Redford in mid-March and there are fears in Quebec that Premier Pauline Marois could be next. The Parti Quebecois is trailing the provincial Liberal Party by a considerable amount in the polls with the April 7 election just around the corner. The Premier is fending off questions of sovereignty, brought awkwardly to light by the arrival of flamboyant businessman Pierre Karl Peladeau, and more recent accusations of illegal fundraising methods in her own election campaign in 2007.

As though he were deliberately following in his controversial father's footsteps, Justin Trudeau let an f-bomb slip in a passionate moment while speaking at a charity boxing event. Combine that with his scribbled "just watch me" on a cocktail napkin that he passed to a fellow flight goer who'd asked him if he could beat incumbent Prime Minister Stephen Harper, and the Trudeau legacy has almost come full circle. The Conservative reaction to the younger Trudeau's moment of profanity was a tired sound byte bemoaning his lack of judgement, but historically, profanity by a politician tends to become a punchline and then an afterthought before the week is out.

The Prime Minister had to conduct an emergency transplant within his party as the executive director of the party, Dimitri Soudas, was abruptly fired. The former director of communications for Harper announced his resignation on March 30, but it was revealed shortly afterward that the Prime Minister had demanded his resignation for interfering in Soudas' fiancée's conservative nomination race for the newly created Oakville-North Burlington riding. A party leader can typically avoid blame when a subordinate steps out of line, but because of Harper's iron-fisted grip on his party it's not hard to question his judgement when his hand-picked staffers misbehave. Soudas' appointment to executive officer was debated within the party until Harper forced it to a show-of-hands vote in the Prime Minister's own living room.

National Post political columnist and speaker Andrew Coyne spoke to The Canadian Club in a lecture entitled *Our Broken Democracy* in which he laments the fact that elections are never about who should be in power, they're about the campaigns. In the whirling miasma of misinformation and political-speak, campaign teams have little concern for how they'll fulfill their campaign promises when they have yet to win the election. While it's impossible to say whether the Parti Quebecois or the Liberals would better serve the province of Quebec, it's one of the last questions voters are asking anyways.

Graduating class to showcase works of art

STEPHANIE LAI
INTERROBANG

The graduating class of the Fine Arts program here at Fanshawe will present pieces at the annual art show called Overloaded from April 9 to 19.

Program co-ordinator and instructor Tony McCaulay said while there is no theme to the show, viewers can expect to see unique and “individualistic” pieces.

“I hope that [viewers] would think it’s incredibly well-done work. And most of it is,” he said. “You can see from the 28 of them that they’re all very individualistic, so it represents a very diverse range or approach to making art.”

“We’ve got everything from paintings to photography, to film, to sculpture, to print making, to performance.”

Anything and everything in between.

Though students weren’t given assignments or guidelines, students found one medium and stuck to it.

Vicky Gallagher chose painting. “I primarily do abstract but right now I’m working on this piece, which is the collage of part of my [inspiration] wall through a fish-eye lens so it’s slightly distorted,” she explained. “Before, I was just doing completely abstract ... I just wanted to paint something more realistic.”

She said her pieces are in tune with what the show is about.

“[It’s] a visual overload and I think my piece fits that.”

Sean Patterson is also focusing on painting – though this time around he decided to paint more landscapes.

“I’m working into getting fur-



CREDIT: STEPHANIE LAI

Sean Patterson puts finishing touches on a painting he will be showing at the grad art show.

ther away from the subject and having more of a landscape feel than a portrait,” he said.

This year has helped Patterson find his strengths, he said.

“When you’re better at painting something, you like painting it more,” Patterson said. “That’s what I’m trying to figure out now because this is something I’ve never tried to paint before this

year. Now I’m kind of testing it out.”

Patterson said people should be excited to see the class’ work.

“They can expect something different from each one of us,” he said. “It’s just our own minds gone off to do whatever we want.”

“This is the end of our three-year journey here at Fanshawe and this is our conclusion of what we think

should be our best work,” Patterson said of why people should come. “You’re going to see the best of 28 people and what they think they can do after three years. It’s going to be something to see.”

What’s next for these graduates?

“We encourage them to go on and get a degree at a university,” said McCaulay. “We encourage them to stay as much as possible in

art because if you’ve got your art, if you’ve got your own work, you’ve got a lot.”

Both Gallagher and Patterson hope to continue their studies at Nova Scotia College of Art and Design (NASCAD) University in Halifax.

The class’ works of art will be on display from April 9 to 19 at The Arts Project on 203 Dundas St.

Dealing with those pesky finals

MICHAEL BARRETT
INTERROBANG

According to Elizabeth Scott, author of *8 Keys to Stress Management*, college students make several errors in exam preparation that revolve around procrastination. They tend to pull all-nighters or wait until the last minute to begin studying, sometimes as a “rite of passage,” an expected part of the college experience, with no evidence that there is any actual benefit. Staying up all night, consuming energy drinks or relying on adrenaline to carry oneself through an exam unprepared, simply doesn’t work. Instead, all it does is leave the student fatigued and unable to concentrate.

If you think that procrastinating with exam preparation simply works for you, that it is a part of some magic formula, and don’t like anyone questioning your methods, ask yourself, “What else have I tried?” Whether you have been successful with exams in the past or not, most people are simply geared to follow the same behaviour patterns and then justify or excuse the results, with no logic to their arguments.

The fact is, experts agree almost unanimously on several issues. One, as mentioned, is procrastination, but another is falling into the trap of negative visualization.

If you let your mind run wild with ideas about the dire consequences of failing your exam, you don’t increase your likelihood of success but rather set yourself up

for disappointing results. Concern for the outcome is part of the process of commitment to action, but after that point, you are best to motivate yourself with thoughts of positive rewards, like the thrill of getting an A or satisfaction at passing.

Positive visualization applies just as well to exam preparation. It involves imagining yourself achieving your goal instead of picturing a miss. It is no substitute for hard work, but can motivate an individual without the toxic effects of fear and panic.

Time management is another key factor in exam success. Many people waste time studying things that they either already know or are not likely to be on the exam. Don’t be afraid to talk to your professor and ask for advice on where to focus your efforts. Your professor may know from your previous work which areas are a weakness for you, and may also have previous test or quiz results that he or she may be willing to go over with you to see what questions you missed in the past. It’s not uncommon for similar or identical questions to exist on finals as on previous tests.

You should also try to find out what the nature of the exam is. Studying for an essay question involves a need to fluidly understand the theories behind the subject matter, but a multiple choice test may lean more toward rote memorization, not to suggest that understanding the material isn’t

still important, but memorizing key names, places, dates, etc. may be especially helpful on multiple choice tests.

Most importantly, put everything in proper perspective. An exam is important, but is not life or death. Give it its proper importance, no more and no less. A student who enters an exam room calm and composed is far better off than one who walks in for a test with a mind full of fear and doubt.

Common exam errors (based on a University of North Dakota study guide):

1) Mistake: Mismatched lists or information.

Solution: Understand concepts, organized study sheets

2) Mistake: Incomplete or “sketchy” answers

Solution: Study from complete lecture notes and study sheets

3) Mistake: Answering the wrong question

Solution: Read the question carefully. Understand it

4) Mistake: Missing key terms in questions or answers

Solution: Understand your course’s terminology

5) Mistake: Failure to apply material to a given situation

Solution: Understand material and the theories behind it

6) Mistake: Leaving out important details

Solution: Read questions carefully. Answer questions thoroughly



CREDIT: STEPHEN ECHAVIA

Fanshawe band OL’CD was one of the bands that played during New Music Night at The Out Back Shack.

A New Music Night to remember



BOBBYISMS
BOBBY FOLEY

I write about random things a lot. I write a lot about random things. While admittedly the end of the school year is a bittersweet time, it does always bring about with it an invariably memorable occasion in the form of the final New Music Night on campus, the last concert held here in the school until frosh once again befalls the city at the end of August.

This year's final New Music Night is not unlike years past, it promises to be a knockout – headliners The Beaches from Toronto will fill Forwell Hall with their style of big, gritty rock music, directly supported by local buzz artists Texas King, The Baxters and more.

Formed in 2013, The Beaches are a four-piece girl band from Toronto, named for their neighbourhood of residence. The band – bassist Jordan Miller, drummer Eliza McDaniel, guitarist Kylie Miller and keyboardist Leandra Earl – are young but not short on experience; sisters Jordan and Kylie have been writing and performing together since they were fewer than 10 years old, while McDaniel and Earl became fast friends over the years at school.

Now grown adults, the band have a much more mature, focused sound, as evidenced by their big 2013 single “Loner” – a smoky, defiant song that manages the swagger of their rock idols both female and male alike. With the addition of Earl to the lineup last year, the band has even grown upon that sound, as demonstrated in their recent single “Little

Pieces” on Soundcloud – the first glimpse of a new EP entitled Heights, scheduled for release on May 5.

“It’s a new level of that energy,” said Jordan of the new record. “It’s the same sort of swagger, the same rock vibe, but since Leandra has joined there’s definitely more of a synth sound. There’s elements of that in our new material, but you can definitely tell it’s the same band if you listen to both EPs.”

“I think also that the songs have gotten stronger, and we’ve gotten stronger as songwriters,” Kylie added. “It’s been a way easier process; you grow as you keep writing and working with music. But we’re really proud of this EP and we hope people like it.”

Plans for the band this summer include touring the U.K. in May and a performance at Osheaga in Montreal this year, but the real excitement lies in sharing the new record with audiences new and old, adding the new material into their already explosive live set.

“I think all around it’s a good feeling on the new material for everybody,” McDaniel said. “We’ve been playing and jamming around with [the new songs] for a while, but they’re still new to us; even though we’re basically done recording them, they do slightly change, especially for the live show.”

No strangers to London, direct supporters Texas King – guitarists Jordan MacDonald and Colin Gray, bassist Phil Spina and drummer Rob Crellin – are recent graduates of Music Industry Arts right here at Fanshawe College. The band has been gaining momentum in the city and beyond since the release of their self-titled EP in April of 2013.

“I think that it’s been going really well,” MacDonald said, reflecting on the past year. “We came off



CREDIT: ALEX BRUCE

Check out all-girl band The Beaches at the final New Music Night on April 11 in Forwell Hall.

of the EP release with a lot of excitement, though we were real rookies. Now we’ve played a bunch more and our sound has developed; we’ve all grown as musicians since then and we’re really excited for what’s next.”

For Texas King, what’s next includes performances at Canadian Music Week and the Lachie Music

Festival this summer. According to MacDonald, the past year has seen the band gel as performers and find its collective voice as songwriters – now their thoughts are turning to preparing material for a new album to be made here in London later this year.

“Our next release will definitely be much more collaborative,” he said. “We are thinking a lot about recording. We’re really blessed that Phil, our bass player, is a superior engineer ... The EP was completely DIY – recorded in Phil’s basement for the most part, with some vocals recorded at school.”

For more on The Beaches, visit thebeachesband.com or follow along on Twitter @thebeaches. Similarly, keep up-to-date on Texas King by visiting texasking.ca or following @texaskingband, and be sure to take the time to look into other support acts The Baxters, Tandem Eagle and Big Lonely. Admission for the show is free – doors open at 8, show starts at 8:30 p.m.

And for more of the latest music news and concert previews, follow this column on Twitter @fsu_bobbyisms. I’m out of words.

London Covers project hopes to revitalize music scene

PRESTON LAUBZON
INTERROBANG

Spearheaded by Jordan Sojnocki of the London Youth Advisory Council, a new development to reinvigorate the city’s music scene is in the closing stages of accepting submissions for their initiative dubbed London Covers.

The concept is simple; choose from a list of 10 songs that were selected via online poll, record you or your group performing it and then submit it. A panel of judges will choose five of the submissions and those five will then continue on to play a show at London Music Hall where one winner will be announced.

The winner receives a grand package consisting of recording time, a music video, professional website, promotional photos and three opportunities to open up for artists passing through the London Music Hall. Originally conceiving the idea last year, Sojnocki has worked alongside his colleagues to build this project that offers great opportunities for artists of all kinds.

“One of my goals when I first started working on this project was to bridge the gap between busi-

nesses and artists.”

Sojnocki explained that instead of offering cash, the most ideal rewards would be ones that are directly connected to other businesses and artists in the city. By looking into what musicians really need, London Covers teamed up with local studios and media productions to give them exposure and potentially open doors for students as well.

“One of my other goals was to open up mentor opportunities for students,” he explained. This means good things for people who may be interested in being an intern to build their portfolio and see their trade in action.

“We have a lot of awesome talent that’s not being talked about enough,” said Sojnocki.

London historically has been a very important place for music in Canada, acting as the midway point between Detroit/Windsor to Toronto and is home to many staple venues such as Call the Office or Budweiser Gardens. At a local level, venues such as the late Embassy are still remembered fondly for their contributions to building a music scene and you will occasionally find the address

of it tattooed onto people who attended shows there.

Despite the difficulties that arise in building a solid music scene, things seem to be turning around. Budweiser Gardens was given the title of top North American venue last year from Venues Today magazine and talks of allocating funds from the government to be put into programs here are in the works.

More than before, we’re beginning to see a rise in shows that are held in houses or unconventional spaces as opposed to traditional venues and that, in my opinion, is a good sign as these shows provide intimate environments for bands of all ages and groups to get together without the headaches of playing your standard bar.

With all of this, the city appears to be moving in the right direction and the LYAC’s project is proving to be part of that turning point. In the future, we can hopefully see the rise of a strong arts community to which Sojnocki agrees, “I truthfully see London moving that way.”

To find out more information about London Covers, visit londoncovers.ca. Last day to submit entries is April 14.

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EYE ON CAMPUS
 Stephanie Lai
Transitioning
 Are we finally seeing glimpses of spring? Looks like it, with temperatures rising above 0 (finally) It seems that students all over campus have caught spring fever, as winter duds were replaced with light jackets, patterns and pops of colour. Huzzah!



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Hai Ha models her own vintage jacket with fiery-red confidence.

Confidence and the bold red vintage jacket



THE SHOPPING BAG
HAI HA NGUYEN
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Everywhere you go confidence is key; and red, the color of confidence, is timeless. If you ever find yourself stuck on deciding a colour or outfit to wear that will bring out your inner confidence, red is the go-to colour.

Some of you may feel like red is not your colour, but everyone can pull off red; you just need to find the right hue and a great piece that will reflect your personal style. There really are no rules to which colour red you can or should wear, you just wear what you want and make it your own, after all the people who have thrown fashion rules out the window are usually the trailblazers of the industry... But if you really want a guideline, here are a couple of pointers to help you out when shopping.

Choosing brighter reds, with a bit of an orange tinge, it will brighten up the outfit and will work great for day wear, especially if it is paired with a conservative silhouette like boxy, high neck or a full-length dress or pant. A brighter red is also great for nighttime if the hemline is at the knee or higher and tight fitting silhouettes like the bodycon style. Darker reds with more blue are moodier and mature than the upbeat red.

These darker reds are great to wear when you want the outfit to look more subdued or if you don't like the intensity of red, it's almost more calming. These reds are great with more scandalous cuts like deep V-necks and long slits on skirts because the colour creates harmony in both silhouette and

colour so the outfit does not look over the top. Red is a fiery colour, passionate and romantic but also has a very masculine feel to it that you can bring out in an outfit.

A great way to bring out the bold and confidence of red in an outfit without bringing out too much of its sensual energy is by picking a boxy silhouette. This type of look creates interest in your outfit, but doesn't look like you're about to go to a club. A tight-fitting white lace dress with some nude Mary Janes are the perfect base because they won't compete with the red and will complement it nicely. It works as an outfit on its own, and is very feminine. The boxy bright vintage jacket adds some edge, confidence and boldness to the pretty outfit. A stone-coloured clutch with a gold clasp complements the thick gold cuff, helping the whole outfit look polished, sophisticated and modern. The boxiness of the jacket adds the masculine edge while still exuding the feminine energy of the red and the rest of the outfit.

• Red vintage jacket: This beautiful red piece can be found on www.etsy.com/RAGEMARKET for \$30

Whether you wear red to a job interview, out for a girl's night or simply because you feel like it, red is identified with passion, boldness and confidence. You can't be in a shy mood and be wearing red, the attention is on you and your confidence will reflect that!

Hai Ha Nguyen is a Fashion Design student who loves to discover the new trends in street fashion. Follow her on Instagram at [instagram.com/haihanguyen7](https://www.instagram.com/haihanguyen7) for the trendiest pieces this season! If you have a suggestion or feedback for her column, send her an email at hhnguyen.77@gmail.com.



CREDIT: EYELASHESDIRECT.CO.UK

False eyelashes can add a lot of dimension and glamour to your makeup look!

Lovely and lush lashes



BEAUTY BOY
JOSHUA R. WALLER
joshua.r.waller@gmail.com

One of the greatest things to add to your makeup look, whether it be a glamorous evening look or just day-to-day makeup, is false lashes. They not only intensify your makeup, but also make the eyes look much bigger and bolder. The other nice thing about false lashes is that they come in a variety of sizes, colours and styles (as well as prices) so that they can fit everyone's makeup look they are trying to achieve.

Now a lot of people are afraid to wear false lashes because they think it's either too hard to apply or they feel like they will end up looking like a drag queen, but this is not entirely true!

While applying false lashes will take some time to get used too, they can definitely emphasize your look in a natural and beautiful way.

The first thing you are going to need to do is get the proper tools;

tweezers, false lashes, lash glue and a proper makeup remover.

There are plenty of brands out there that offer great false lashes that range from a lower price point such as Quo and Ardell, to a higher price point such as Shu Uemera and Velour Lashes. Then you are going to have to decide on what style of lashes you want.

For a more dramatic look, get the thicker lashes; ones that criss-cross or are flared. If you want something more natural for day-to-day wear, pick the shorter lashes or even do individual lashes just to fill in some areas.

As for eyelash glue, I recommend using either Duo Adhesive (dries either clear or dries black), Lise Watier eyelash adhesive or the Benefit lash glue. These all dry the quickest and have the strongest hold.

A good tip for eyelash glue is to keep the lid off for a few hours because it helps make the adhesive less runny and more tacky, which allows an easier application.

Now when you are ready to apply your false lashes (after the rest of your makeup is complete),

add a thin layer of eyelash adhesive to the band of the eyelash. Let the adhesive dry a little bit before putting it onto your eye. Once the glue feels tacky, take your tweezers and align the middle of the false lash to the middle of your lash line. Once it is perfectly aligned, press the center down and then start to press the outer lash down as well as the inner lash, following the shape of your eye.

Now open your eye briefly to make sure it is perfectly set. If it isn't, move the lash better into place. Then with your eye closed, allow the adhesive to dry. Once it is dry then you can move onto your other eye. After both eyelashes are completely dry and set, apply a good coat of mascara to help blend the false lashes into your real ones. Then you are finished!

Even though it may take some practice to get the application of false lashes, it will make sure an amazing difference! Then when you become a pro, you can start wearing fancy feathered or jewelled lashes for a glamorous night out.

Choosing the perfect paint colour



TURN BORING SPACES BEAUTIFUL
BRITTANY ROACH

With there being over thousands of colours offered to us today, it can lead us to feeling a little overwhelmed with what colour to pick for our space. Not only are there thousands of colours; you have to choose between what tint, tone or shade you want of that colour. Picking out the perfect paint colour isn't always an easy task!

There is so much pressure into picking the perfect paint colour, you want to get it right the first time around because no one wants to spend the extra time and money to reprime and then repaint the room... but how do you pick the perfect paint colour?

Luckily, there is an easy step-by-step process.

First you must have your fabrics picked for the space; it is much easier to pick a colour when you have fabric to inspire you and to compare colours to.

Next is to select a colour that will compliment your fabric, it could be a colour that is within the fabric, a neutral that will balance a crazy pattern or a compliment colour to your fabric.

Compliment colours:

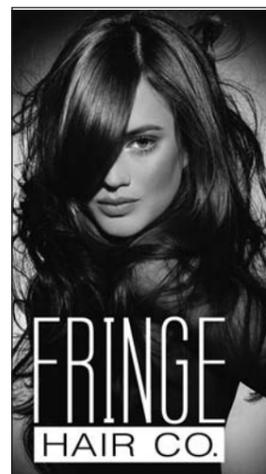
- Blue – Orange
- Red – Green
- Yellow – Purple

Once you have decided on the colour the next step is to choose the tint, tone or shade. You may be wondering what the differences are between a tint, tone and shade. A tint is adding white to your colour, tone is adding grey and shade is adding black. Sometimes the colour of the hue isn't exactly what you are looking for, so changing the tint, tone or shade can make it exactly what you want.

Choosing what type of feel you want for the space (cozy, airy or calming) is another aspect you must keep in mind while picking out a paint colour. If you want a cozy space choosing darker warm colours (tones) will do just the trick, but I don't recommend putting dark colours in a smaller room with not a lot of windows, it will certainly make the space feel like a

small box. If you are looking for an airy feel I highly recommend using an off white or pastel colours (tints). These types of colours are great for making your space look bigger. If you desire to have a calming paint colour then I suggest a colour between light and dark (tone). These colours are great for a larger space that do not have lots of windows, it will give you a cozy feel without making your space feel like a box.

With thousands of colours with many tints, tones and shades puts pressure on picking the perfect paint colour. By following these simple steps and knowing what type of feel you want for your room picking a paint colour should be easier than you thought! Have the perfect paint colour the first time you paint!



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Fashion design grads are Unbound

STEPHANIE LAI
INTERROBANG

Fanshawe College's Fashion Design graduating students will be showcasing their five-look collections on the runway at the program's annual Unbound fashion show, taking place at Museum London on April 12.

"It's a really big event," said graduating student, Megan Smith. "It targets the Toronto fashion industry and a lot of them come out to see it."

Each student will undergo judging by industry bigwigs Franco Mirabelli, Susan Langdon and Gail McInnes, which will affect final grades.

Under the mentorship of acclaimed designer, David Dixon, the students were able to pick his brain while finishing their collections.

"He's a central Canadian fashion designer," explained fellow student, Monica Nealis. "This is the first year we've had his mentorship; we've really taken advantage of that and it's been great."

"It's a very rare opportunity for any school to work so closely with such a prominent figure within fashion. We really enjoyed that part of it."

Dixon's involvement with the graduating class garners much appreciation because of his current status in Canadian fashion.

"He's still doing his own collections," said Nealis. "The customer that we target for these collections

is very similar to his, so we really get that insight to what a woman from 30 to 60 would look for in garments on a higher-end scale. It's invaluable."

This being the final semester, Smith said it came with some challenges.

"Getting into the flow of the semester [was tough]," she said. "Every semester you do it with a group of students and you have a design team, whereas this [semester] was fully on your own."

"If you didn't do it, it was on you, so you always have to be there for the whole day. Everything that they ask of you; you complete it in the time that's required."

But all this is in preparation for the real world.

"I would say they over-prepare us," said Nealis. "Our instructors are so passionate about making sure that once we get into the industry we're prepared. It's a hard one to break into."

Nealis explained the meaning behind the show name "Unbound."

"I think it's to show that perspective that we're really limitless in what we're trying to do," she said. "Whatever you can imagine that you want to dress your woman in; you can make it."

So be prepared to see ready-to-wear garb on the runway.

"We always have to think about our end customer [and] their ability to wear it," said Nealis. "We make it, but we also have to make it to a standard where we could



CREDIT: STEPHANIE LAI

Fashion Design graduating student Kali Samlal works on a top that she will present at the Unbound fashion show on April 12.

send it to factory tomorrow and it could be reproduced."

Proceeds from the show will benefit the next graduating class.

"This is our showcase so we always try to make sure we set up the legacy for the next year so we can keep going," said Nealis. "Each year can have their show and the ability to showcase to the industry what we know."

Smith is particularly excited and has been looking forward to "show day" for the past two years.

"Every day since first year, they've been drilling it into us, 'Unbound is coming. Unbound is coming.' You're always looking to that day and in third year, all of a sudden it's here," she laughed. "Big names from Toronto are coming – they come every year ... I

think that's pretty cool."

Tickets can be purchased for \$45 at The Grand Theatre and included with each ticket is a one-year subscription to Flare, compliments of the College. Doors open at 7 p.m. and show starts at 8 p.m. at Museum London on 421 Ridout St.

Are older horror films still scary?



REEL LIFE
ESHAAN GUPTA
e.gupta@fanshaweonline.ca

Even those of us who like to act out carrying delicate cinematic tastes have to admit being spoiled by modern filmmaking. The very best of cinema today is truly amazing from a technical and artistic standpoint, with auteurs taking a completely out-of-the-box approach to storytelling. Arguably, the horror genre is one that has seen rapid evolution since the slump of the '90s, with constant reinventions, self-references and self-parodies, and all manners of trying to be innovatively scary. With a genre that's so rapidly changing, the question of whether something old is still scary comes up a lot. And the results can be of course, mixed and subjective, as not everything is universally scary.

Horror films dating back to the very earliest of horror flicks (moving past *Nosferatu* and other isolated films), come by and large in the form of Universal's monster movies, which dominated the genre for a good chunk of the 1930's. And while *Frankenstein* is still quite excellent as a tale of humanity, and *the Wolf Man* is kind of cool from a special effects standpoint, it's hard to claim either of them as truly shocking or scary for audiences today. Even up to the 1950's and early '60s, ignoring the lurid giant monster films, some of the classics of the time, like *The Haunting*, are enjoyed in this day and age for their story content and interesting characters, rather than



CREDIT: UNIVERSAL PICTURES

Universal's *Frankenstein* from the 1930's would have a hard time shocking an audience today, it still makes an excellent tale of humanity.

the movie's attempts at frightening the audience, innovative for its time but rather benign now.

It seems like censorship and conservatism within the Hollywood system before the mid-60s is what makes these movies feel tame in comparison to what would later unfold. While the directors and writers of the era sought to work around the restrictions of censorship with their own ingenuity, in the end, the restrictions around showing anything too visually disturbing instead led to some truly interesting yarns that carried an air of mystery and suspense.

Even some of the later films past the '60s may lack a sense of fright-induction for veteran horror viewers. Horror truly is a strange genre of its own. *Die Hard* is enjoyable as an action movie both in 1988 and 2014, yet a classic like *Poltergeist*, considered one of the scariest films of 1982, can feel overproduced for a horror movie by those spoiled by the lo-fi guerilla movie styling of *Blair Witch*

Project and the *Paranormal Activity* series, with the aged special effects (the scene where Craig T. Nelson hallucinates peeling his face off, or rather, that of a stiffly animated rubber dummy comes to mind) breaking immersion. Slasher films as a genre have died off as a staple horror format, with occasional attempts at revival (*Smiley Face*) tanking quite hard.

So what do you do as a horror fan that feels nothing is scary anymore? Perhaps seeking films outside the western hemisphere is in order. Japanese horror is the first to come to mind. Really, any culture with an extensively superstitious set of beliefs is bound to conjure up something frightening in the minds of their filmmakers. Ignoring their Hollywood remakes, *Ringu* (*The Ring*) and *Chakushin Ari* (*One Missed Call*) are great introductions to Japanese horror, with some more oddball stuff like *Marebito* on the side. It's either read subtitles or maybe hope *Paranormal Activity number* whatever blows your socks off.



CREDIT: STEVE ECHAVIA

Fanshawe College's First Nations Centre held a year-end gathering in March that featured dancers in traditional regalia.

Globetrotters film is a slam dunk



Cinema Connoisseur
ALLEN GAYNOR
www.cinemaconn.com

The Harlem Globetrotters on Gilligan's Island (1981)



Basketball fever is sweeping over North America. The ongoing NCAA basketball tournament has everyone talking. It is after all the time of year when everyone all of a sudden becomes an expert on the rebounding skills of University of Toledo Old English Sheepdogs and the three-point shooting abilities of the Topeka St. University Fighting Seahorses.

The roundball madness is particularly fervent in London these days, as the London Lightning chases its third straight National Basketball League of Canada title.

But the b-ball teams of the NCAA, NBL Canada, hell even those squads of the crown jewel of basketball leagues, the WNBA all get upstaged when one team comes into their market. I am of course referring to the Harlem Globetrotters, a team with over 22,000 wins, and only 345 losses. The Globetrotters will be making a trip to London April 17 for an exhibition game at Budweiser Gardens. For their sake, I hope that

this trip runs smoother than one they took back in 1981, when they ended up on Gilligan's Island.

Gilligan's Island was a sitcom that ran for three seasons in the 1960's. The show detailed the wacky adventures of a group of seven castaways who were shipwrecked during what was supposed to be a three-hour tour. Bob Denver portrayed Gilligan, who can be described as a goofball, doofus, or goofus. Joining Gilligan was the Skipper, who was the captain of the vessel, millionaire Thurston Howell III and Roy Hinkley, a.k.a. The Professor. Actress Ginger, farm girl Mary Ann and the millionaire's wife, Eunice Lovelle Wentworth Howell rounded out the cast of characters.

Fourteen years after the show went off the air, most of the original crew returned for the made-for-TV movie, *The Harlem Globetrotters on Gilligan's Island*. The film premiered on May 5, 1981, which happened to be my third birthday. I apologize to my family if the birthday festivities interfered with their ability to enjoy the broadcast. Hopefully they just plopped me in front of the TV and put a cake beside me.

This time around, Gilligan and friends are not castaways. An earlier TV movie established that they got off the island, but had difficulties adjusting to the world outside. So it was kind of like *The Shawshank Redemption*, but with less sodomy. So they all moved back, and opened up a resort, known as The Castways.

This time around, the regular



CREDIT: UNIVERSAL TELEVISION

Watch the Harlem Globetrotters join the cast of *Gilligan's Island* on an island that's sure to a laugh and perhaps turn into a three-hour tour. Here, Sweet Lou Dunbar, left, and the Professor during a scene in the movie.

crew is joined by the aforementioned Harlem Globetrotters, whose plane goes down while they were in the midst of trotting around the globe. The Castways staff have a great time hanging out with the talented and hilarious athletes. Then things turn serious... well, as serious as a movie containing a laugh track will allow when Gilligan and friends get duped out of their island.

J.J. Peirson (portrayed by Academy Award winner Martin Landau) believes that the island is host to a wealth of valuable energy

resources, and manages to trick most of the staff into signing away their ownership. Now at this juncture the film could have gone in two different directions. It could have turned into a courtroom drama, with lawyers arguing the validity of the land transaction. Or, it could have led to a winner takes all basketball game between the Harlem Globetrotters and a team of robots. Thankfully the latter occurred.

The Globetrotters versus robots game contains some of the most thrilling moments ever captured in

a sports film. If the Harlem Globetrotters game on April 17 at Budweiser Gardens is half as good, then I dare say everyone in attendance will be witness to the greatest moment in London, Ontario's history.

Before the big game, I suggest you sit right back, and enjoy the tale of a Harlem Globetrotter's fateful trip. It has a running time of 90 minutes, but you'll likely want to watch it twice, making it a three-hour tour.

Holodorks: VR today and yesterday



GAMING THE SYSTEM
ESHAAN GUPTA
e.gupta@fanshaweonline.ca

Virtual reality has probably been the most unstable of gaming developments, with roller-coaster-like public interest and squabbling companies hiding away patents, filing lawsuits and striking each other down left and right. The initial skepticism towards the announcement and funding requests of the Oculus Rift in 2012 was indeed justifiable, as literally no one up to that point had made a truly successful virtual reality (as in, full visual immersion, rather than plain wearable displays) experience.

And as we all know, the Oculus Rift blew away those who tested it. Featuring accelerometer-based head movement tracking and a visual display that did not futz the wearer's eyes out in minutes, the Rift has jumpstarted a renewed interest in the realm of virtual reality. It almost seems like technology needed to reach a certain apex to make all the elements of VR come together in a feasible manner, doesn't it? Yet for how amazing and boundary pushing this young yet expanding market is, past failures are just, plainly put, entertaining for all the wrong rea-

sons.

VFX1 Head Mounted Display (1995)

This granddaddy to the Oculus Rift was one of the most advanced head-mounted displays on the market of 1995. Yet, it didn't gain much ground. Even its own technical shortcomings aside (despite its impressive tech), the market simply wasn't ready for an actual VR gaming experience. Well, less the market and more the game developers. You need to remember that 1995 was the year *Quake* brought computers to their knees for want of processing power. At the very most, it could be used as a wearable TV without fancy head tracking. And that apparently wasn't worth wearing a bulky, silly-looking device. Like all weirdly niche '90s products, it still enjoys cult popularity and has fan-made drivers for modern PCs.

Virtual Boy (1996)

Oh yes, this bad boy has made it into my column more than once in the past. Being a personal owner of one (don't ask me how), I can definitely attest to all the claims of what makes this completely-not-portable gaming system a bomb. Even putting aside the monochrome red-black display which entirely negates the point of VR, the Virtual Boy's 3D display was awesomely eye-straining, as a result of the visuals appearing as a persistent foreground, thus forcing

the eyes to focus on them to the point of muscle fatigue. Failed VR experiment AND a dark stain on Nintendo's then clean track record.

Sega Activator (1993)

Not all VR focused on trying to kill your eyes in the name of immersion. The Sega Activator theoretically intended to introduce a degree of interaction between the gamer and his game. Instead, what kids spoiled enough to receive this got was an octagonal piece of plastic that supposedly used infrared tracking to simulate button presses, but only when it felt like it as they stood in the centre, flailing their arms like paratroopers without parachutes.

EyeToy (2005)

This PS2 accessory was a precursor to the Kinect and took on the realm of "augmented reality" (i.e. the computer virtually interacting with an environment) that made users look even dorkier than its successor. For all the Kinect's shortcomings as a gameplay device, it is truly impressive from a technical standpoint. The Sony EyeToy... is not. The initial novelty of seeing oneself in the game world quickly wore off when games were simply variations of make the motion of picking/hitting/awkwardly interacting with this thing on the TV.



CREDIT: NINTENDO

The Virtual Boy was a video game console marketed as having virtual reality graphics and didn't last two years in the market.

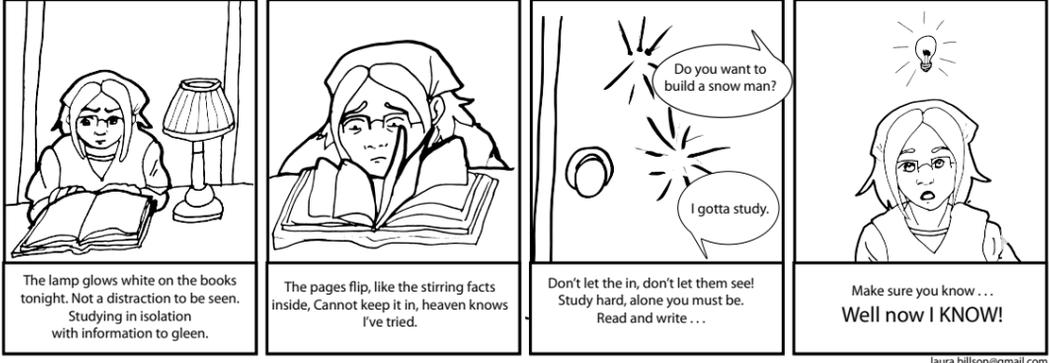
Detective Special

Eshaan Gupta



NOT NEUROTYPICAL

Because the world really needs another Let It Go Parody.



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Aries (March 21 - April 19)

If you see an escape hatch, open it right away. The last few days have been bumpy, and any relief is welcome. Don't worry about how this looks. Nobody who matters is keeping score.

Taurus (April 20 - May 20)

If your theory doesn't convince, your proof ought to do the trick. Other perspectives should be welcome in the climate that you create. After you do what must be done, it's someone else's turn to impress you.

Gemini (May 21 - June 20)

As the Moon goes from Leo to Virgo, its harsh light becomes more flattering. By the end of the week, your wishes begin to carry some weight. A hidden agenda quickly morphs into public policy.

Cancer (June 21 - July 22)

Tension resolves. Soon you'll be free to continue as you were or possibly strike out in a new direction. A projected image dissolves as you move closer, revealing what lies beneath.

Leo (July 23 - August 22)

At last you pass a familiar landmark. A strange event integrates more easily into the world of your understanding. Finish your week with people or projects that mean something to you.

Virgo (August 23 - Sept. 22)

Job seekers feel as if they're on the verge of a breakthrough. Good friends and true lovers part easily, knowing that they'll soon be together again. You're restless to get on with the next phase.

Libra (Sept. 23 - Oct. 22)

Forgive or apologize, whichever gesture is more appropriate. In order to make a new opening, you need to close the previous wound. Listen to authority, and take notes -- some day, that strong voice could be yours.

Scorpio (Oct. 23 - Nov. 21)

Find support wherever you can. Those who know the most are likely to be the most understanding. A fanatic can be dangerously convincing if they know all the right buzzwords.

Sagittarius (Nov. 22 - Dec. 21)

The perfect plan finds its place in an improving world. Grow past the labels, and see people as they really are. Old rivalries melt away in a new climate of freedom.

Capricorn (Dec. 22 - Jan. 19)

Lock up your valuables, and hide the key. This is more about prevention than real defense. A new shift is coming on, and you want to withhold your full trust from these people until you know them better.

Aquarius (Jan. 20 - Feb. 18)

You may be right after all, but it will be days before anyone else catches on to the idea. Personal interests become topics of general importance. End your week by making a drastic improvement.

Pisces (Feb. 18 - March 20)

Destiny is diverted when the batteries run out or the tune changes. Pisces wasn't really committed to someone else's final version anyway. Look for visitors from your home planet, and introduce yourself.

"You're very handsome," and then walked away.

QUIRKY FACTS

1. Singing exercises your heart, lungs, and releases endorphins which make you feel good.
2. When Will Ferrell met RHCP drummer Chad Smith he looked him up and down and said:

3. Australian Bill Morgan was declared dead for 14 minutes and lived unscathed. To celebrate, he bought a scratch card and won a car worth \$27,000.

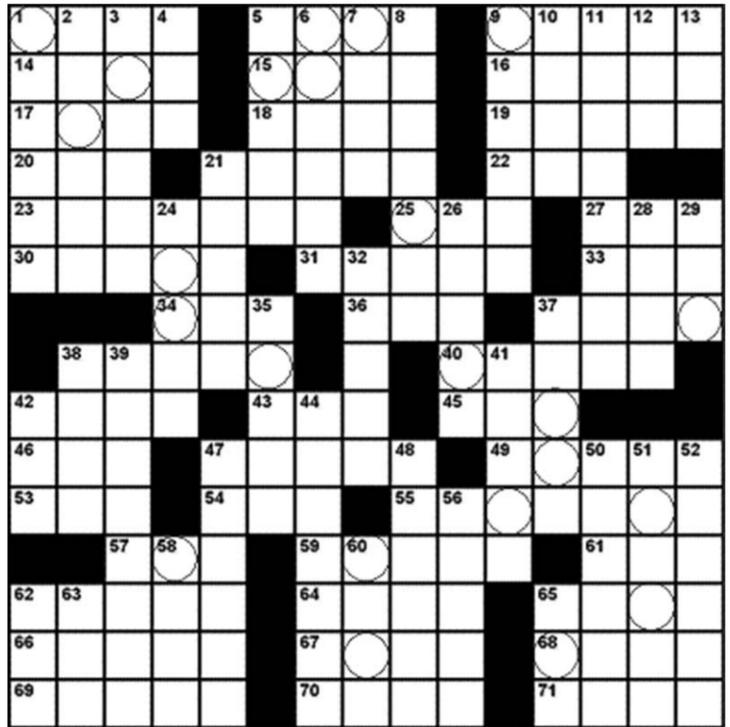
For a news report, he was asked to re-enact winning the scratch card, so he bought another card and won a \$250,000 jackpot.

4. In Lucerne, Switzerland, you can hire an evil clown to stalk your child for a week before their birth-

After the puzzle has been correctly solved the letters in the circles when read from left to right across each row will spell a special message or word.

- Across**
1. Headlines from last issue: _____ Boring Spaces Beautiful: Make better use out of your closet space!
 5. "Beg pardon ..."
 9. Chumps
 14. 60's TV boy
 15. Title
 16. Put in
 17. Like a turtle
 18. Fastener
 19. Old Testament prophet
 20. Rested
 21. Trunk of the human body
 22. Bon _____
 23. Womb-related
 25. Average
 27. Headlines from last issue: ARTiculation: Technology crafting _____
 30. 1992 also-ran
 31. Erstwhile phone features
 33. The 21st, e.g. (abbr.)
 34. Sounds of hesitation
 36. 11th-century date
 37. The Kennedys, e.g.
 38. Santa's reindeer, e.g.
 40. More terrible
 42. Some TV's
 43. Harem room
 45. "Another Green World" composer
 46. Store convenience, for short
 47. Headlines from last issue: _____ us in! Business Finance students step up
 49. Military plane acronym
 53. Headlines from last issue: Beauty Boy: A _____ of colour for spring
 54. Engine speed, for short
 55. Headlines from last issue: Two new awards to _____ students in St. Thomas and Elgin campuses

- Down**
1. Even chance
 2. Watching Conan O'Brien, say (2 words)
 3. Water cannon target
 4. Headlines from last issue: The Shopping Bag: Mixing in vintage with the _____
 5. Williams of "Happy Days"
 6. Odium
 7. Flightless flock
 8. Headlines from last issue: New _____ marijuana regulations a pipe dream
 9. Headlines from last issue: Les Belles _____
 10. "Typee" sequel
 11. Roadblock
 12. "Malcolm X" director
 13. 1960's radical grp.
 21. Church donation
 24. Licks
 26. Omit
 28. Back
 29. Spike TV, formerly
 32. "Er...um..." (2 words)
 35. Posture problem
 37. Best Actor of 2000
 38. Eight (prefix)
 39. Headlines from last issue: Two new awards to benefit students in St. Thomas and Elgin _____
 41. Absurd
 42. Strike with a quick light blow
 44. Lets have it (2 words)
 47. Stew holders
 48. Butchers' offerings
 50. All over again
 51. Headlines from last issue: _____ Connoisseur: Doo not miss this Scooby/WWE mashup
 52. Rude one
 56. Organic compounds
 58. Down with something
 60. Headlines from last issue: Is it legal to _____ based on your social media profile?
 62. "Welcome" site
 63. Diminutive suffix
 65. Headlines from last issue: _____ Belles Femmes



Sudoku Puzzle

6			5					
				6	9	3		
	4	3		7	1	6		
1	8	7						
			3					
					4	8	6	
	3	1	8			2	5	
	5	8	9					
				7				8

puzzle rating: medium

Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box. Solution can be found on page 18.

day, and on that day, he will smash a cake into your child's face.

5. In 2008, a Japanese man noticed his food going missing, so he set up a webcam and found that a woman had been living in his closet for a year

6. Strawberries are in the same plant family as roses.

7. The US national public health institute, Centers for Disease Control and Prevention, has an actual "Zombie Plan" in place. It was started as a joke campaign, but actually evolved into real training and countermeasures because "if you're well equipped to deal with a zombie apocalypse you will be prepared for a hurricane, pandemic, earthquake, or terrorist attack."

8. In Japan, it is tradition for husbands to get a monthly allowance from their wives.

9. Donald Glover got his rapper name 'Childish Gambino' from an online Wu-Tang Clan name generator.

10. Napoleon Bonaparte thought torture should be abolished because the information obtained from it is worthless.

11. In the U.S., it is legal for women to be publicly topless in 33 states. Male toplessness became legal in 1936.

12. You are about one centimeter taller in the morning than in the evening!

13. The can opener was invented 48 years after the can.

14. A donkey will sink in quicksand but a mule won't.

15. There's a company in Switzerland called Algodanza that will turn your ashes into a diamond for your family.

16. Chainsaws were derived from a tool originally intended to help deliver babies.

Word Search

G J W D K U R A M M I N G A C
 L T C C N N C I F I C A P M S
 O E A N A I A T E B O K R A T
 N L I T A S R U T S A M X Z S
 B A T N R A P R N S T T D O K
 E M G N I M M I R P L H E N Y
 L A L D N A N R A N A O A O L
 Y G C A A A E N I N N T D N F
 T N A I D N I L F Z T A T U C
 C I F L I N E S L N I W N U I
 I D I A O L E L N A C D T E T
 T I B N C M E Y L I Y L O D L
 C R P T A T I L X S N A E G A
 R S F H G X A M I S P R I P B
 A T T C B M I S N O R U H R Y

Bodies of Water

(Words in parentheses not in puzzle)

- | | | |
|------------------|----------------|--------------------|
| Amazon (River) | Caspian (Sea) | Nile (River) |
| Arctic (Ocean) | Dead (Sea) | Pacific (Ocean) |
| Atlantic (Ocean) | Fundy (Bay of) | Red (River or Sea) |
| Baltic (Sea) | Huron (Lake) | Thames (River) |
| Black (Sea) | Indian (Ocean) | Ural (Ocean) |

Fickle fandoms love to complain



G33K LYFE
ANDREW VIDLER

I can still recall the first time in my life that I came across what is commonly referred to as “fandom.” I was seven years old and they had just announced that the *Transformers*, my favourite cartoon, was being remade as *Beast Wars*, turning my beloved car and plane robots, and putting them in the bodies of gorillas and dinosaurs instead. Being the wide-eyed youngster that I was, I thought it was awesome, but my older cousin, responsible for my love of all things Cybertron, pulled me aside and told me how bad the new show was going to be.

Thus, I was thrown into the world of fandom, a world of irrational annoyance at the tiniest of things, where people flock to forums in order to dissect every minute detail of the latest episode or issue and where conclusions and judgements are often made far in advance of any official information is actually presented. Websites such as Reddit have allowed these groups to form their own, central mini communities, prompting discussion and careful consideration about the topic at hand, (just kidding, it’s almost always a bunch of people bitching).

With geeky adaptations such as *The Walking Dead* and *Game of Thrones*, dominating the television ratings, and cinemas filled with sci-fi and superhero films (and their dozens of sequels), the howls



CREDIT: TRANSFORMERS BEAST WARS

Was *Transformers Beast Wars* actually better than *Transformers*?

of fans have been becoming louder and louder in the cyberspace world, as “original fans” grieve at the notion of their beloved story and characters being put in the hands of another, so that usurper can crush all that was good about it under a heel of mainstream sensibilities. They certainly have a right to be concerned, after all I could fill this entire paper with a discussion about poorly done adaptations, but it’s often far more interesting to see what the reaction is when it turns out they were wrong, and it turns out to actually be really good.

It’s too easy to say that fans don’t like to be mistaken, or that everything looks better over time, and that causes them to change their tune, but that would be just as much a generalization as some of the arguments these fans provide. A key fact to consider is that for the most part, the sorts of concerns that you hear coming from the mouths of fans are often made as a

snap reaction to an announcement, single image or even a rumour that someone else spread, it is very rare for the people behind the scenes to come out and give the details that fans desire.

Using the aforementioned *Beast Wars* as an example, almost 20 years after its original airing, it is considered to be THE high point in *Transformers*’ storytelling and animation, creating believable characters in an (at the time) unbelievably detailed CG world. Looking at it with the eyes of an adult I can’t even see how you can compare *BW* to the original, a nostalgically charming, but fundamentally sloppy bit of ‘80s animation that is more and more obviously just a toy commercial as time goes on. Ask fans who were around for the change, and it’s pretty likely that they will point to the animal era as the one they hold the closest to their hearts, that and they all really dislike Michael Bay.

BEST IN LATE NIGHT COMIC RELIEF

THE LATE LATE SHOW with Craig Ferguson

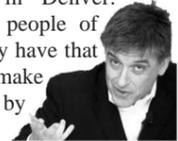
Guest hosted by Drew Carey. I’m so very excited to be on *The Late Late Show* because growing up I wanted to be a talk-show host, but success got in the way.

Craig called me and said, “You want to host the show?” And I said, “You’ve got a show?” I was shocked.

I saw *Noah* this weekend. Not as good as the book.

Keith Richards is writing a children’s book. I think it’s called *Green Eggs and Whiskey*. Or *Horton Hears a Hallucination*.

I can’t believe the World Balloon Convention is in Denver. What could the people of Colorado possibly have that would suddenly make them transfixed by balloons?



CONAN with Conan O’Brien

There’s a new website that helps you write elaborate works of personalized fiction. It’s called Match.com.

In a speech, Pope Francis criticized the Mafia and urged its members to repent. Which is why now every morning the Pope makes his assistant start the Popemobile.

Today is opening day for Major League Baseball. By the way, just an hour ago the Houston Astros were mathematically eliminated.

The Dallas Public Library displays one of the original copies of the Declaration of Independence - also the only copy stained with barbecue sauce.

Southwest Airlines is headquartered in Dallas. In honor of this being their headquarters, the show will be delayed for two hours.



THE TONIGHT SHOW with Jimmy Fallon

Customs officials in Europe recently seized a shipment of cocaine that was addressed to the Vatican. Which can only mean that Toronto Mayor Rob Ford just received a giant box of communion wafers.

California is having to drive 30 million salmon to the ocean because this year’s drought has dried up the rivers that normally get them there. Unfortunately, to make the salmon comfortable, the truckers had to drive against traffic.

U.N. experts are saying that climate change could start threatening the world’s supply of fruits and vegetables. Then Americans said, “OK, let us know when it starts affecting Twinkies and Hot Pockets.”



LATE NIGHT with Seth Myers

The presidential candidate for the Ukrainian Internet Party is a man in a Darth Vader costume. Not to be confused with the president of Russia, who is Darth Vader in a man costume.

Tiger Woods announced that he won’t play in the Masters because he’s recovering from back surgery. His doctors have told him to avoid swinging — and also golfing.

During a show put on for China’s Fashion Week, three different models fell on the runway - proving it’s really hard to walk and make clothes at the same time.

The Secret Service arrested a man scaling a fence at the White House. They said to the man, “Sorry, but you still have two more years, Mr. President.”



Winning friends and influencing people: Easy as 1936?



READING BETWEEN THE LINES
ESHAAN GUPTA
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There’s no shame in admitting that the only way you know of *How to Win Friends and Influence People* is from the various times the title has been parodied. With the ever-constant glut of self-help books promising all sorts of cheap tricks to supposedly boost yourself for whatever purpose, the more time proven methods tend to get lost in the mix. *How to Win Friends and Influence People* is a book whose basic body of text is nearly 80 years old, and despite all the testimony it has received over time, from big American industrialists to Charles Manson, you can’t help but stop and wonder if the advice within has aged poorly, consequence of being written for a world long since gone.

The inception of *How to Win Friends* was a recording of Dale Carnegie’s self-help seminars into a book format. Self-help events may be dime-a-dozen today, but Carnegie pioneered in setting up and popularizing some of the very first that got the attention of even the wealthy and powerful. Carnegie’s approach was rather unique; rather than setting himself up on a pedestal as the know-all teacher, he took a leaf of advice

out of his own writings by empathizing with his audience and allowing them to share their problems for examination.

The results were interesting; people from various walks of life, from salesmen trying to pitch their products, to housewives fed up with their home life, all applied the Carnegie method to their lives and described the change that came through. All the way up until his death, Carnegie’s seminars, and *How to Win Friends* were a runaway success acclaimed by big-name money handlers.

Now for the book: the copy you’ll pick up has probably been touched and prodded by the hands of many prying editors since the book’s publication, but besides some updated anecdotes, and removing somewhat outdated advice on business letters and marriage, the book that Dale Carnegie published in 1936 is quite there. Subdivided in four sections (or six with the aforementioned eliminated chapters if you’ve snagged a pre-1981 version that hasn’t fallen apart), the book dispels advice on:

- Techniques in handling people
- Making people like you
- Winning people to your point of thinking
- Changing people without causing resentment

While the above seems to suggest some sort of malicious manipulation, Carnegie’s advice is anything but. Rather, it suggests some-

thing that even decent people forget; getting ahead in life and with people requires a degree of genuine empathy. Besides rather charming 1930’s vocabulary and images of railroad tycoons and top-hat-wearing industrialists the book evokes, *How to Win Friends* has advice centred around the most base of human psychology, that we are creatures of emotion rather than logic, as much as some of us wish we weren’t.

Having read this book myself, I can safely say that while it won’t immediately fix all your problems, *How to Win Friends* is highly encouraging of introspection and gradual self-change. The genial warmth of Carnegie’s writing style makes the book quite approachable to those wary of self-help books, and the timelessness of the advice and backing scenarios make for easy understanding.

How to Win Friends and Influence People isn’t a book about resorting to tricks that will get people doing things your way for the short term. Rather, it’s about attaining self-improvement first, so you may approach people while carrying higher sense of emotional intelligence.

Reading Between The Lines explores books that you may have missed out on that are worth your while. If you have a book to suggest, email Eshaan at e.gupta@fanshaweonline.ca.

JIMMY KIMMEL LIVE with Jimmy Kimmel

I want to wish a happy birthday to Batman. Yesterday was the 75th anniversary of the first time Batman appeared in a comic book. He spent a quiet evening at home watching Netflix with Robin.

Lululemon is the company that makes yoga pants that are so tight they cut off circulation to the part of your brain that decides how much money is OK to spend on yoga pants.

A group of Secret Service agents went to Amsterdam ahead of President Obama’s visit, but three of them were sent home after they stayed out all night drinking and one of them passed out. I always thought Secret Service agents wore sunglasses to look intimidating. Turns out they’re just hung over.



THE LATE SHOW with David Letterman

The Yankees open up tonight. They have a lot of lineup changes. Alex Rodriguez is gone, and Robinson Cano too. And the great Mariano Rivera is gone. He’s now the closer at Westchester Volvo.

The new movie *Noah* is a blockbuster but a lot of people say it’s not accurate. I thought it was accurate, especially the part when the ark hits the iceberg.

Last week the Internet turned 25 years old. I always thought the Internet was invented by that Bill Applegate guy, but it was not.

Here’s how crowded it is in New York City. Today a guy gave me \$200 in cash to take a later elevator.



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Knights brace for a battle versus Guelph

VICTOR KAISAR
INTERROBANG

There's a storm brewing in the Ontario Hockey League.

This series between the London Knights and the Guelph Storm has all the makings of a classic battle.

On one side, two time defending OHL champions. On the other side, it's this year's regular season champions.

Two teams with Memorial Cup aspirations and only one with a guaranteed berth right now.

This series marks the first time the Knights will start a playoff series on the road since 2011. They've dominated the league the past two seasons. This year, Guelph and the Erie Otters were up to the Knights challenge.

"They're a great team," London captain Chris Tierney said to the London Free Press. "But I think we're going to be ready for them. It's tough to go in there and play two games in their barn but it's something you've got to do if you're going to win an OHL championship."

"You've got to win big games on the road so we're going to have to do that at some point. I think our guys are looking forward to it."

But this series comes with its own share of problems for both sides.

The Knights will be without goalie Anthony Stolarz, serving an eight-game suspension, and defenceman Zach Bell, who broke his leg in game four against the Windsor Spitfires.

Meanwhile, Guelph is without 43-goal scorer Brock McGinn, who's serving his own eight-game

suspension for a check to the head of Connor Sills in game three of the Plymouth series. McGinn will only see ice time if this series goes to seven games.

NHL Draft prospect, forward Robby Fabbri, who tallied 45 goals this season, sat out the final four games of the Whalers series, after he was checked to the head by Yannick Rathgeb, who's serving a 10-game penalty.

Should the Knights not progress, Stolarz's suspension will be further reviewed to determine if it will carry over into the Memorial Cup.

But roster subtractions aside, this series still has plenty of promise.

"In the playoffs, you have to find a way," Tierney said. "We've been through different goalies before and you have to overcome injuries to win. It is tough seeing Zach [Bell] go down like that because he's a huge part of our team and a guy everyone really likes in the room."

"You want to win for him. We know it's not going to be easy, we're going to have to win a game on the road to do it and we think we have a team that can do it."

Patterson remained unfazed. He's confident in his own abilities.

"I didn't think too much about [last season's final three games]" said Patterson. "All you can do is go out there and play. The guys in front of me have really helped and scored the goals we've needed to win."

These two teams last met in the 2009/10 post season – London taking that series four games to one in conference quarters. The Storm's



CREDIT: OHL IMAGES

If the London Knights are going to get past Guelph in the second round of the OHL playoffs, Jake Patterson is going to have to be at his best.

last OHL title was way back in 2004. They've been in four Memorial Cups so far, one more than London. They finished as runners up in 1998, losing to the Portland Winterhawks

Six years ago in the first round,

Londoner Drew Doughty played spoilsport for his hometown team. He scored the overtime winner in game one and was a rock on defence. Guelph won all three games at the then John Labatt Centre.

This series should go the distance. It has all the ingredients needed to do so anyway. Either way it'll serve as a good tune-up for the Knights, as they get set to host the Memorial Cup in May.

Bell tolls for Knights Zach after tough break

VICTOR KAISAR
INTERROBANG

The Ontario Hockey League can be cruel at times.

Just ask Zach Bell.

The big London defenceman will play no further part this season after breaking his leg in game four against the Windsor Spitfires.

The London Knights were the hottest team in round one, effortlessly sweeping aside the Spitfires. But with that jubilation of their third successive first-round sweep, comes a price.

"You feel bad for the kid," London head coach Dale Hunter said post-game. "He gets a chance to play in the playoffs and Memorial Cup and unfortunately, a dangerous play cost him that chance."

Bell spent four years with the Brampton Battalion organization. He was playing for the East Coast Hockey League's (ECHL) Ontario Reign, saying he wanted his over-age season to be with a contending team.

Bell was traded to the Knights in exchange for Miles Liberati. It was to be his last hurrah, a Memorial Cup berth in exchange for all his years of OHL experience on London's backend.

Windsor forward Josh Ho-Sang shoved Bell into the boards in the second period, causing Bell to land awkwardly. The results were disastrous.

"It was a dangerous hit," Hunter said. "It was that push from behind five feet from the boards. That's how he broke his leg. You lose a

guy like Bell. He's tough, a leader, top shut-down guy. It's one of those hits that's dangerous and people get hurt when you shove a guy in there like that."

Ho-Sang spent two minutes in the box – a holding penalty.

"He went in awkwardly and with the series over, you never want to see a guy hurt himself," Windsor head coach Bob Boughner told the London Free Press. "I think it was more the way he went in than the hit itself."

But London's woes don't end there.

Anthony Stolarz will play no part in the Guelph series and possibly more, having to sit out seven more games following his actions in game three; hitting Windsor Spitfire Ho-Sang in the head with his stick.

"I apologize for my actions on Tuesday night," Stolarz said in a statement. "It's an unfortunate situation and in no way did I intend to injure my opponent, Joshua Ho-Sang."

Eight games in total, but it could have been more. Enter Jake Patterson; it's his time to silence his critics.

Patterson comes with a long list of hockey fans who doubt the Sault Ste. Marie natives resume. Here's the thing, don't.

It might not be as illustrious as other Knights goaltenders, but Patterson has delivered before, when called upon. He's never grabbed a permanent starting gig with the Knights – he was a backup to Michael Houser in 2012,



CREDIT: OHL IMAGES

Zach Bell had his final OHL season cut short by injury during the Knights' series sweep over Windsor.

shared time with Kevin Bailie in 2013 before serving as backup once again to Stolarz.

He won the last three games of the OHL final when London was down 3-1 in the series against Barrie. He kept alive the Knights winning streak when Stolarz was at the world juniors this season and when Stolarz was out six weeks with a nasty leg injury.

It's something Dakota Mermis, and I have talked about on a num-

ber of instances.

"It's weird that everyone's freaking out," Mermis said. "[Patterson] is a good goalie; people don't give him enough credit."

"Just like last year in the playoffs, we went through different goalies," Tierney said. "We're confident in Patty. We ran with him this year and played well with him. I think all the guys are confident in front of him and we're ready to go."

Whether London Knights fans are confident in Patterson's ability that remains to be seen. The Guelph Storm will be no pushovers, and without Bell on the blueline, the OHL regular season champions might find a few holes to exploit.

Adversity has been thrown upon the Knights before. How they respond will determine their championship pedigree moving into the Memorial Cup.



CREDIT: BMW

The new BMW 4-series a fun car to drive.

Be mine, 4-series



MOTORING
NAUMAN FAROOQ
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The BMW 3-series coupe and convertible are history. Nowadays, if you want a 3-series, you'll have to be content with either a sedan, a wagon or their new GT fastback model.

The coupe and convertible models are now part of the 4-series badge. This is done to tie up any loose ends in their lineup. You see, this all started when BMW started offering the 6-series again. It was essentially a 5-series sedan, with new clothes and came in coupe and convertible body styles.

That formula worked very well, so it was only appropriate to try the same with the 3-series. Hence, the 4-series, underneath is essentially the 3-series, with sportier clothing. However, I do wish the styling was more special. While the 6-series looks completely different from the 5-series, the same cannot be said of the 4-series vs. 3-series. They look confusingly identical, which defeats the purpose of the new model lineup. The 4-series coupe is a handsome vehicle, but not special enough when it comes to its appearance.

It is a similar story when you open the door. The interior of the 4-series is virtually identical to that of the 3-series. While there is nothing at all wrong with that, after all, the quality of the fit and finish, and the technology on board is just about the best in the business; it wouldn't really excite you either when you step inside. I think BMW could have been more creative here, but as far as comfort and convenience is concerned, this is a great place to spend time in.

What makes one buy a BMW over any of its competition is the way it drives. I got the chance to try out the 428i model and the 435i model. Both these models are available in rear-wheel drive and xDrive all-wheel drive form, with my testers being the latter.

Both these vehicles are also available with either a six-speed manual gearbox, or an eight-speed

automatic. The 428i I had was equipped with the automatic, while the 435i had the manual.

Typically, I love manuals, and would choose to shift my own gears over having them shifted for me. However, the eight-speed automatic, as found in the new BMW's is beyond brilliant. The autobox can shift faster than me, be smoother, gives more gears to play with, and is the easier transmission to live with. Maybe I am getting old, but if I was buying a 4-series, I'd buy one with an automatic.

I would also buy one with the base engine available in Canada. I am talking about the 428i model, which has that wonderful 2.0-litre, four-cylinder, turbo charged motor that produces 241 hp and 258 lb-ft of torque. This little motor is a sensation. It is quiet and smooth for when you want it to be, but when you put this vehicle in the "sport" mode, it becomes an eager and vocal motor that will plant a huge grin on your face. In my opinion, this 2.0-litre motor is currently the best mass-produced automotive engine in the world.

The 435i model has the old 3.0-litre, inline-six cylinder, turbo charged motor, which produces 300 hp and 300 lb-ft of torque, and while that makes the car faster, it is not as charismatic an engine as the 2.0-litre.

The smaller, lighter, 2.0-litre engine also helps improve the handling, as the nose of the car is lighter. The 428i thus is less prone to understeer than the 435i.

It's also more frugal. I averaged 10.5-litres/100km in the 428i, while the 435i sipped 11.6-litres/100km – these figures were based on my driving, in very cold weather, with the cars wearing winter rubber, the fuel economy will be much better in the summer.

So, there you have it, the new 4-series. While I wish the styling and the interior had more – style, they are great cars nonetheless when it comes to driving. Surprisingly, it is the less-powerful model that gets my vote, although I am sure all that will change once I get my hands on the new M4.

The 4-series is yours from \$44,900.

SAS set to smash scoring record



PREMIER LEAGUE PONDERINGS
ANDREW VIDLER

As it stands, Liverpool FC is on course to be the unlikeliest champions in the history of the Premier League, something that even the most optimistic supporter would never have considered at the start of the year. After all the fallen giants finished last season in seventh place, 28 points behind Manchester United and were facing a season without any sort of European competition for the first time in 12 years, Brendan Rodgers and his team were expected to be in a tough fight for the top four places, not sitting on top of the table with their fate in their hands.

There are a number of driving forces that are seemingly propelling Liverpool back into the glory days of yesteryear, the imperious form of Steven Gerrard in a new, more withdrawn role, the emergence of Jordan Henderson and Raheem Sterling as two of the hottest young English players, and the adaptive, ever changing tactics of Rodgers have all been touted by respected football minds as reasons behind the title push, but there is only one factor that could have put them at such lofty heights, the goal scoring exploits of their front two.

Luis Suarez and Daniel Sturridge have scored 49 goals between them, more than the total



CREDIT: INSIDEFFL.COM

Liverpool's Strike duo are taking the league by storm.

goal output of 13 other Premier League clubs and on course to break the 55-goal mark set by Cole and Beardsley of Newcastle United, a record that has stood since 1993 when teams played 42 games as opposed to the 38. The duo's goal scoring exploits are all the more special in modern day football, an era that has seen the rise of the single striker, supported by quick, skillful attacking midfielders, a system perfectly exemplified at title rivals Chelsea, who rely on their midfielders for the grand majority of the goals they have scored.

In addition to honing in on the record for a striker partnership, Luis Suarez looks almost certain to break the record for goals in a 32-game season, set by Cristiano

Ronaldo, after netting his 29th of the season against Tottenham last week, a feat made all the more extraordinary when his absence in the first five games of the season is considered. Sturridge as well has missed a chunk of the season through injury, yet the pair still finds themselves firmly in first and second spots in the scoring charts this season.

With the rest of the team chipping in for a massive total of 88 goals at the time of writing, this Liverpool side firmly has their fate in their own hands, it's quite simple, if they win their remaining six, nobody can catch them, and based on current form, it's hard to see who could.

Too many concussions, too little knowledge

MATTHEW KENNEDY
THE RYERSONIAN

TORONTO (CUP) — When it comes to concussions across nearly all levels of sports, there is an alarming case of feast or famine.

There are too many athletes "getting rocked" or "seeing stars," but not enough reporting these as possible concussions.

There is a heap of evidence pointing to how frequent and serious concussions are, and still so little is known concerning what to do about them.

As seen in the world of professional sports, the concussion conundrum is only getting more difficult to solve.

A report released on January 21 from doctors at Toronto's St. Michael's Hospital found concussions to be the second-most frequent injury in the NHL. A heated lawsuit filed by former NFL players against the league worth over \$750 million is currently under investigation by the United States federal court.

Yet this problem doesn't only exist in the professional world. University athletes, such as Josh Kohn, the fourth-year centre-back for the Ryerson Rams men's soccer team, have had to deal with concussions in a completely different world.

"I was excited for the season, I was excited for school, and it happened just like that," said Kohn, a business management student at the Toronto school. "The side of my head got hit by his head, and I guess it just kind of hit a soft spot."

Kohn suffered the concussion during a pre-season match in August contesting a 50-50 header. He stayed in the match after suffering the concussion.

"As the game goes on, I realize, trying to talk is bothering my head. It gets worse and worse, I get nauseous. I could see it coming," Kohn said. "It's tough when my whole team is practising every single day, and I'm told I can't even come out to watch them."

Kohn missed the first five games of the regular season, suffering symptoms from the concussion. He returned wearing protective headgear. There are protocols in place at Ryerson that aim to help students like him.

Students undergo a baseline test to ensure the brain is functioning normally. Coaches, students, athletic therapists and trainers are informed. Students then enter a graduated recovery program including light physical and mental exercises until they can enter full-contact practice and, finally, rejoin the team.

"If it was all proven in a certain way, every school would have the exact same protocol, but there's so much we still need to know," said Jerome Camacho, Ryerson's head athletic therapist. "There are so many variables involved, but we do our best for the students' safety."

Toronto Rehab clinical neuropsychologist Dr. Robin Green says that there's no definitive evidence that treatment improves recovery from concussions.



CREDIT: MATTHEW KENNEDY

"There are studies down some avenues that look promising," she said. "But right now, we don't have anything. Prevention is critical."

Green says that for students such as Kohn, the first step would be to protect his brain from any further impact.

That doesn't mean never playing soccer again, but to always be conscious of the risks any athlete takes. Green says that there is growing evidence that every concussion increases an athlete's risk factor for another concussion, both short and long-term.

"And the more concussions you have, the more we think it eats up the reserve to compensate for natural aging," she said. "A concussed brain could possibly see some signs of rapid aging."

As for Kohn, he plans on producing a strong final year for the Rams men's soccer team — but he's still deciding whether or not to keep wearing his headgear.

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The London Lightning legends



LIGHTNING WATCH
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Players like Tim Ellis are a rarity; someone who can completely dominate the boards night in and night in out.

What's even more rare is holding on to a player like Ellis for more than a year. The London Lightning were able to hold onto him for three years. Unfortunately they won't be able to keep him around any longer, as he will be retiring at the end of this National Basketball League of Canada season.

Ellis' retirement reminds that this league is no longer a fly-by-night operation. History is being written and the league has started to create its own stars and legends. When it comes to teams, London is the legendary team. Here are the best five players to ever play for the London Lightning.

GUARD: DeAnthony Bowden

Bowden retired after his second season with London, becoming an assistant general manager with the team this year. Averaging 14 points per game and four assists per game, Bowden became a fan favourite over that first season (not to mention a game-leading 28 points in the deciding game five of the 2012 NBLC Finals versus the Halifax Rainmen). Although his stats fell off in his second season, he became a leader. Bowden is joined by only Tim Ellis in staying with the team for three seasons.

GUARD: Adrian Moss

This one's a bit of a wild card. Playing last season, Moss added some serious speed. He was wicked from beyond the arch and averaged around five assists per game during his time with London. Now, those numbers don't really jump off the page but I think Moss was a smart player. He has been killing it with the Island Storm this

year, and you'd think members of the Lightning organization would really want him back.

Forward: Tim Ellis

No brainer. Leads the league in total games and rebounds. Similar to Bowden, his last season will want to be forgotten, as he's only averaging 7ppg and 6rpg (he averaged 13ppg and 7rpg in his first two seasons) but he has been a part of a veteran frontcourt coach Michael Ray Richardson has always been able to rely on. He is a monster on the board and is one of the best defensive players in NBLC history.

FORWARD: Gabe Freeman

The league's first Most Valuable Player destroyed the competition in 2011/12 and the only NBLC player to average over 12 rebounds per game over an entire season. No one will be able to replicate how he dominated the league because know one saw him coming. In that first year he also averaged 18ppg, shooting just under 45 per cent from the field. He destroyed teams with his strength and athleticism as a forward in a guard-centric league. Although his appearance in the 2013/14 team wasn't as successful he will always go down as one of, if not the, best player to ever play for the London Lightning.

CENTRE: Marvin Phillips

Marvin Phillips, just like Freeman, came into this league and destroyed almost instantly. Coming from the NBA Development League, Phillips had the brute strength and the shot to consume defenses. At his peak, Phillips was the best three-point shooter in the league as well as the best big man. The 2013 NBLC Finals MVP will be remembered as one of the more explosive Lightning players, throwing down some huge dunks during his time in the league.

Marty Thompson is the play-by-play voice of the London Lightning for their livestream, SportsLive24.net.



Tim Ellis has announced his retirement, ending one of the best careers in the National Basketball League of Canada. CREDIT: NBL CANADA

Most important meal of the day



HEALTH HABIT OF THE WEEK
Fitness and Health Promotion students

Q. Everyone always says breakfast is so important, why is that?

A. When people say breakfast is the most important meal of the day, they are spot-on. Eating enough for your first meal is important for both mental and physical health, and for your well-being. Making sure you eat right to start your day will let you run at your best as soon as your day begins.

To eat a healthy breakfast, you should always keep in mind ade-

quate servings of grains, dairy, fruit and meat/meat substitutes as recommended by the Canadian Food Guide. Breakfast gives you more energy, helps you feel full, and actually helps you maintain a healthy body weight. Your body will become accustomed to getting regular calories, and will be less inclined to store everything you eat as body fat, in turn providing a boost to your metabolism.

In need of a quick healthy breakfast? Here are a few ideas: a serving of yogurt and berries; whole grain cereal with skim milk and a banana; egg whites, whole grain toast, and a piece of fruit.

Enjoy your breakfast and get your day started off right.

Submitted by Kyle Robertson

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HONDA