



IS FANSHAWE FALLING APART?





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#FSUINTERROBANG PHOTO OF THE WEEK

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CREDIT: DOUG CALDER

The ceiling tiles above Subway in Junction were removed in order to fix a burst pipe that led to a minor flood.

Pipe burst in Junction leads to flood

KERRA SEAY
INTERROBANG

On Feb. 15 a video circulated online of a minor flooding in Junction by Subway in D building. Though the water was quickly mopped up and the ceiling tiles fixed, the incident poses an interesting question: are the buildings at Fanshawe falling apart at the seams?

Some of the buildings at Fanshawe are quite old. The oldest buildings are A, B and C, which were built in 1962 when the Ontario Vocational Centre (OVC) was founded; the OVC was renamed Fanshawe College in 1967.

D building, which connected the original three buildings together, was added in the early '70s, making the building where the flooding occurred around 45-years-old.

According to Doug Calder, the manager of maintenance services and utilities at Fanshawe, the flooding occurred because of a pipe that burst due to the cold temperatures and heavy snowfall that occurred the weekend before.

A supply fan on the roof in that area shut down on the Thursday before the accident. The combination of the heavy snow and cold tem-

peratures over the long weekend created the perfect environment for a pipe to burst as the snow insulated the roof and kept it cold.

"The pipe probably froze between Thursday and Sunday when we had minus 20 degree temperatures and then on Monday when it warmed up enough, the stress crack in the elbow of the pipe let go under pressure and then caused the water leak," Calder said.

Calder said this was a fairly major accident for the school.

"This was probably the worst [accident] I have seen here at Fanshawe in quite a while," he said. Calder has been working at Fanshawe for 27 years, two and a half of those spent in his current position.

Calder added that due to the fact that the accident occurred on a holiday it took much longer than expected to fix the pipe and get the area cleaned up, as many workers had to be called in from their day off.

"If it had happened on a normal Monday we probably would have had other situations with the water damage occurring but we probably would have been able to get a response from staff here quicker," Calder said.

The school was closed on the day

of the accident because of Family Day. A student was on campus when the accident happened and filmed the flooding, even capturing a ceiling tile falling to the ground due to the weight of the water. The video was uploaded to Facebook, and the original video was viewed over 340,000 times.

Many of the comments on the video were hoping school would be closed the next day, but Calder said the water was cleaned up and the pipe was fixed by 9 p.m. that day.

"This is not an uncommon occurrence to happen, it was probably just the most dramatic in regards to being broadcast on social media," Calder said.

Calder emphasized that this is an unpredictable incident and in no way means that this is evidence of structural or design problems with Fanshawe's infrastructure.

This was definitely a unique situation for Fanshawe and is one that is unlikely to happen again.

"[Cold weather] takes a toll on our systems that are above in concealed ceiling spaces. It's not a predictable situation," Calder said.

None of the fast-food restaurants in Junction suffered a financial loss because of the incident.



CREDIT: NATALIE BRADSHAW

Fanshawe alumna's unique shop, Filthy Revena, allows people to update their wardrobe in a vintage-style.

Stylish Fanshawe grad's career is rad

JESSICA MILTON
INTERROBANG

Natalie Bradshaw and her business partner Darlene Davis just celebrated their one-year anniversary since opening the trendy vintage shop Filthy Revena.

Bradshaw didn't become an entrepreneur overnight; it took many years of hustling, starting with attending Fanshawe's Fashion and Design program.

"My experience at Fanshawe was all around good. [I] loved how passionate and approachable the teachers were.... Those three years were very intense and hands on."

After Fanshawe, Bradshaw moved to Toronto and spent five years working for various companies until she decided she wanted more.

"[I] realized that all my hard work would be more satisfying if it was put towards my own business and what I believe in."

The Internet played a huge role in Bradshaw's ability to make the change to working for herself. Bradshaw and Davis started Filthy Revena as an online-only Etsy store.

The two met when they worked together at a vintage company we both worked for called Beyond Retro in the e-commerce section.

"We styled, photographed and input the vintage pieces for Beyond Retro's website. We learned a lot from that place and that is how our own baby Filthy Revena was born. Selling online is great because there is little overhead and you are selling internationally 24 hours a day, which is cool."

Bradshaw said the Internet has helped with their marketing strategy.

"We have marketed our business

all for free thanks to all the social media tools that are at our fingertips."

After a few years in the online market, Filthy Revena needed a more tangible home.

"I knew I wanted to open a brick and mortar store front, but it financially was not attainable to do in Toronto. I wanted to go somewhere that the idea was still fresh. I really enjoyed London when I went to school here."

There are many things that Bradshaw loves about her career, but her favourite is helping to make recycling clothing a fashion statement.

"I love that aspect. My favourite task in the whole thing is hunting for the goods and creating a strong brand/aesthetic."

In terms of plans for the future Bradshaw said that she wants to focus on solidifying the business.

"[I want] to make it super successful, while sticking to what I truly believe in: good design and ethical fashion."

For current fashion students, Bradshaw gives some career advice on how to be successful.

"Fashion is an art but you succeed with it more if you are very business minded and practical, which might sound very boring to the starting out 'fashionista'. If you grasp this concept early it will really help you out, but I guess there does need to be more Alexander McQueens out there so [make sure to] let your freak flag fly."

For those looking for an ethically conscious way to get a unique wardrobe, check out Filthy Revena at 177 Dundas St. You can also visit them on all of the social media platforms and their website www.filthyrevena.com.

Trudeau's 100 days in office



JESSICA KLAVER
INTERROBANG

Feb. 12 marked the 100th day in office for Prime Minister Justin Trudeau and the Liberal government.

The significance of the 100-day timeline is that it is believed that if a leader has done well in the beginning of their term, they will continue to do well for the remainder of their political period.

There are a lot of mixed reviews on how Trudeau has done so far.

"What the Liberal government has done in the first 100 days has created a lot more chaos than there was before," conservative Matt Jeneroux told *CBC's Power and Politics*.

According to TrudeauMetre.ca,

out of the 215 campaign promises they are tracking, 169 have not been started, 30 are in progress, 13 have been achieved and only 3 have been broken.

The broken promises include the middle class tax cut being revenue neutral, which will in fact cost the government more than they were expecting; to bring 25,000 Syrian refugees to Canada by the end of 2015, which is on track to be reached by the end of February; and to immediately implement the marking regulations of imported guns.

The Liberal government has succeeded on over four times the amount of promises than they have broken.

Cutting the middle class tax bracket and raising the upper class tax rate, unmuzzling government scientists, restoring the long-form census, gender parity in the cabinet and launching an inquiry into

murdered and missing indigenous women are just some of the successes accomplished within the first 100 days.

And out of the 30 promises that are currently in progress, some of those included are to reverse the funding cuts to the CBC, establish a free online service to learn English and French as a second language, make admission to National Parks free, revert the plan to cancel Canada Post door-to-door service, ensure clean water availability on 93 communities and reserves and to legalize marijuana.

In the press conference held on Feb. 12, Trudeau posed a question to all Canadians.

"Today marks 100 days since we were sworn in, and as you know, we've been busy. We were elected on the promise to bring real change to Canada and to Canadians. Have we delivered? Well, you tell me."

Fanshawe Indian Club: Inception and beyond

HENCY THACKER
INTERROBANG

“Leaving home to come to a foreign country to study and [to have to] handle school, work and house pressures all on your own is not easy,” said Rishabh Rai, founder of Fanshawe Indian Club (FIC).

With the support of Fanshawe International Centre and Fanshawe Student Union (FSU), FIC was founded in 2014 in order to provide a home away from home for international students at Fanshawe.

International students, unaware of the immigration rules and lifestyle in Canada, often need support in order to live happily. Fanshawe International Centre provides aid to these students in order to help them settle comfortably in Canada.

However, the students often miss their cultures and festivals when they move to Canada.

Following the FSU vision, ‘students serving students’, FIC was founded by students to bring together the Indian community in order to celebrate and share the different cultures in India with the students of Fanshawe.

Five students from different academic backgrounds formed FIC, even though they had nothing in common with each other apart from the fact that they all were international students from India.

“I am an interior designer, Amrit Nagi is in construction project management, Vikrant Thakur is in media, Siddhant Dhanda is taking public relations and corporate communications and Akash Dubey is in accounting. And our diverse backgrounds enabled us to form an amazing team since we have expertise in different fields. We call ourselves five rings,” Rai said.

According to Rai, five rings stands for strength because it symbolizes five fingers of the hand that make a fist.

Since the formation of the club,



CREDIT: SHEFALI DEWANI

Fanshawe Indian Club was founded by students to bring together the Indian community, in order to celebrate and share the different cultures in India with the students of Fanshawe.

the team has been showing their perseverance by conducting various events and seminars for the benefit of not only the Indian students, but also other international students.

FIC has been responsible for conducting immigration seminars and other informative sessions for the benefit of international students to help them make appropriate de-

isions regarding their career and future stay in Canada.

Apart from these academic events, FIC has also been conducting more cultural events for the benefit of all students.

The most recent event that turned out to be a major success for FIC was conducted in November 2015. It was a celebration of a major Indi-

an festival Diwali.

The majority of people in Canada have a perception that Indian culture consists of only Bhangra dance. Hoping to change that, FIC makes sure to include as many variations of Indian culture as they can within an event.

“It is our dedicated team work that makes us the most happening

club in the FSU,” Rai said. “With the five rings and our other talented members of the club, such as Anuraj Singla, the current president of FSU, Noel Baretto, our head chef and all the other staff of FSU, we have managed to pull off one of the greatest events in FSU with about 400 guests and we will keep organizing better events in the future.”

Innovation and job creation in London through the CCPV



DAN TODD
INTERROBANG

London has been called a perfect market for testing out new products and services. Along with its diverse demographics, the city is also located directly between Toronto and Detroit, which are both major markets.

Dr. Ben Cecil, associate VP academic at Fanshawe College, as well as the chief business officer of the Canadian Centre for Product Validation (CCPV) said that along with location, the city’s history of manufacturing and previous lack of a lab like the CCPV make it an ideal market for product testing. The centre will offer a number of services including electrical, mechanical, performance, thermal and environmental testing.

“While there are other labs out there that might offer one of the services, or maybe two of those types of services, or they do it across a whole bunch of different locations, again taking time away from that firm being able to get to market with that new product, we do it all under one roof.”

He added that the city’s manufacturing base is unique because while

it has shifted away from traditional areas such as the automotive sector and the defense sector have grown significantly. Manufacturing firms that survived the 2008 recession have also had to move products out faster than ever before, and have become more focused on meeting consumer demand. Companies are looking to the CCPV for proper testing of their products that won’t slow the process of them getting it onto shelves.

The centre provides the services to test products to make sure that they do what they are supposed to do and do so safely. Another unique service they offer is what Cecil calls the “business book ends”.

“Designing business plans, [and] marketing plans to ensure that their product, [or] their concept, actually has a marketplace to go to. When we’ve ensured that that is actually the case, and that their product is indeed safe for the consumer, we can also do the other book end, which is wrapping the social media around it, the marketing plans and all of the details to ensure that market can get penetrated by that product in a way that makes sense for the business.”

While other companies in the private sector argued that government funding for the centre created unfair competition, Cecil pointed out that the government recognized an op-



CREDIT: DAN TODD

On May 29, 2015, Fanshawe College Peter Devlin, Mayor Matt Brown, MP for Elgin-Middlesex-London Joe Preston and Susan Rabkin, chair for the Board of Governors took a spade to break ground in the commencement of building the Canadian Centre for Product Validation.

portunity to foster innovation and job creation in the province and the community, as well as the fact other labs are competing in a different piece of the market.

“Fairness is about what’s right for Canada, what’s right for the region, what’s right for the manufacturers

of Southern Ontario and Ontario in general... Two years later after we made our submission, we’re still hearing that this is a service that is not being provided. They want that service, and because nobody else is providing it, we’re filling that very specific niche in the market space.”

The building of this centre can only improve upon an already excellent market for testing out new businesses and their products. The Canadian Centre for Product Validation is set to open this spring in London’s Advanced Manufacturing Park.



CREDIT: CLAYTON SAMUEL KING

Aboriginal artist and Fanshawe Grad Clayton Samuel King is not only an artist; he is also a Northern Traditional Pow Wow Dancer.

Spotlight: Fanshawe grad uses Aboriginal heritage as inspiration

KERRA SEAY
INTERROBANG

Embracing the style of his heritage, artist Clayton Samuel King of the Beausoleil First Nation community said he discovered his talent as a boy playing in the forest in St. Catharines with his brothers.

"I would go out into the forest and the bush and the creeks and everything that surrounded my home at that time with my brothers and we would often play, and being introduced to that side of the city that I grew up in was kind of like a gateway, like a different reality," he said.

King just finished up an exhibition in Toronto, just one of many he's hosted in the past decade. He mostly uses acrylic paint but has experimented with many other artistic mediums including visible and invisible ultra violet luminescent paint.

He arrived at Fanshawe in 1999 to study fine art, but after a person-

al struggle in his life he took some time off from school in order to focus on himself. The birth of his child pushed his return to Fanshawe back as well, but King did come back to graduate with a Fine Arts Advanced Diploma in 2010.

"I'm a proud graduate of Fanshawe College and I do believe that if I didn't go back to school [I wouldn't have been able to accomplish any] of the good things that have happened to me in the last nine years.

He said he was drawn back to Fanshawe because of how good he thought the program was the first time he was a student and that the program helped him develop his skills.

"It's a talent that you're born with and it's a talent that in my personal view has led me to many life experiences... the educational part was more mechanical instruction than anything, but it did help me understand who I was and where

I was as an artist at the time and how I've been able to develop after graduating," he said. "There are many things that this program was able to give me that I wouldn't have been able to get... I'm forever grateful for it."

He said his style is based on native woodland art, a style that was introduced into the mainstream in the '70s by the Group of Seven.

"My style is an evolution of what I see through many different styles, through what I like to portray with my own unique style," he said. "It was the nature and the aesthetics of nature that helped me start to create art."

King said the art business, in particular the Aboriginal art business, is cutthroat, but he has some advice for young artists at Fanshawe.

"Don't give up, we're never too old to learn... just keep plugging away and just keep pushing, keep doing what you want to do."



CREDIT: WEEDEZIGN / THINKSTOCK

Looking for love online could end up losing you money.

Love hurts

Romance scams cost Canadians millions

KERRA SEAY
INTERROBANG

In 2013 San Diego Chargers linebacker Manti Te'o announced that he was a victim of fraud. But the manner of said fraud was unique. Te'o had been catphished.

Catphishing is when someone makes a fake online profile, usually on an online dating site, and tricks someone into a fake relationship, sending them money, unknowingly committing fraud or giving up personal financial information.

Te'o had been chatting online with a woman who told him her name was Lennay Kekua. One day he announced to the press that she had died. After the fraud had been revealed to the press, he told the media that the relationship, which had been exclusively online, was fake.

Even though never met her, Te'o fell in love with her.

This is a well-known example of something that can happen to anyone. Catphishers cultivate an emotional and psychological attachment with their victim. By showering them with affection in the beginning they can easily ask for money. Many victims of romance scams commit suicide because not only have they, in some cases, lost their life savings, but they also have been "emotionally destroyed".

According to the Canadian Anti-Fraud Centre Canadians lost over \$15 million in romance scams. Deborah Brady, CEO of the Better Business Bureau of Western Ontario (BBB), said this number is

probably much higher, but Canadians are either too embarrassed or ashamed to come forward.

"These victims are not necessarily gullible, they simply want to see the best in people and often these 'relationships' involve a good amount of time so they are very convincing," Brady said in a press release.

BBB has some tips to help spot a fake online profile:

- They are quick to ask for an email or phone number
- The relationship moves fast
- They may not have even viewed your profile or know anything about you and are already saying how much they like you
- Their photo seems suspicious – try using Google reverse search to see if it pops up somewhere else
- Their grammar is poor, but they claim to be from a predominantly English speaking country
- They currently live in another country
- They make plans to meet but they always fall through
- They have a "sob story" or an emergency and they ask you for money

Catphishers are clever because they latch onto and prey on their victim's fear of being alone. They manipulate others into caring for them and then abuse that relationship.

If you or someone you know is a victim of fraud contact the Canadian Anti-Fraud Centre at 1-888-495-8501.



CREDIT: KEVIN JONES

An excited audience cheers artists on at the Tangled tour in Toronto.

Untangling disability through the arts

STEPHEN LEGRESLEY
INTERROBANG

Starting March 3, Londoners will be treated to the Tangled Tour, a unique arts experience showcasing different art forms.

The goal of the event is to give artists with disabilities the chance to display their various talents and build bridges not only with the arts community here in London, but with the city as a whole.

As program director Cara Eastcott stated, "Our hope is to see all Londoners come out to the events and share in the amazing art presented by these talented individuals, and to open their minds not only to the possibilities of what this community has to offer, but to understand that ability is only limited by how we perceive what others are capable of doing."

The four-day festival will showcase a selection of different art based events such as a visual art exhibition entitled "Perfect World" by artist Barbara Greene Mann, which highlights an astonishing array of paintings designed to challenge the

viewer's opinion of the world and the possibilities beyond.

The tour also features a workshop by Peggy Baker, creator of the app FluxDelux; which allows even those with no dancing background to engage and develop their techniques in a positive and easy-going atmosphere.

The tour will also present Regan Brashear's award winning medical documentary *FIXED: The Science/Fiction of Human Enhancement*.

The film explores the limits of human ability and highlights the astounding breakthroughs in bionics, neural implants and genetics that are reshaping not only our perceptions of human boundaries, but providing hope to someday eliminate the idea of disability itself.

Rounding out the tour will be a musical performance by renowned Toronto based hip-hop artist Noah Goodbaum, more commonly known to his fans as "The Mighty Rhino", a name he earned while astounding Toronto audiences with his voice, soulful life-affirming lyrics and electrifying stage presence, which has garnered him both na-

tional acclaim and multiple award nominations.

When asked about his involvement with the tour, Goodbaum responded, "I found out about Tangled from a gentleman called Leroy Moore, a disabled academic in the Bay Area of the United States...I cold-called Tangled, said something like, 'Hi, I'm a disabled rapper', and they immediately said to me, 'Oh hey, would you like to participate in an upcoming event?' It's all been very fortuitous."

Goodbaum said he is grateful that he made that phone call.

"They're a wonderful, justice-oriented organization, and nothing but good has come into my life as a result of their appearance in it."

Organizers hope that all of London will be excited to come out, not only to show their support for a worthy cause, but also to share in the incredible talents and work of these truly inspiring artists.

Tickets for the events can be purchased online at tangledarts.org/london.



CREDIT: VALENTINA_G / THINKSTOCK

Students should be cautious of what they eat because too much junk food can have lifelong implications. Fresh fruits and vegetables are just one of the food groups you should be eating more of.

One more reason you should start eating right

FEYISAYO VINCENT
INTERROBANG

Poor diet is associated with major health problems, especially heart disease, type 2 diabetes, cancer, osteoporosis and hypertension.

In 2013, the Fox Creek Times published a Canadian Community Health Survey estimate that more than one quarter of Canadian young adults get about 35 per cent of their total calories from fat only. A similar survey in 2014 stated that 5.3 million adults were obese while about two million adolescents and adults were suffering from diabetes. However, the rates are ever rising making it a public health concern.

Interrobang sat down with Susan Brush, professor of Food and Nutrition at Fanshawe College who had a lot to reveal on this topic.

When asked about the right eating patterns, Brush expressed concern about the increasing incidences of obesity and type 2 diabetes among adolescents and young adults and cautioned parents to teach children about healthy diets rather than blame the system.

"The key is to nurse the inside. Eating fresh fruits and vegetables have more benefits than taking pills or supplements," she said.

Brush also called for caution on the use of food preservatives stating that three quarters of food colourings have been banned in Europe, but not in Canada.

"If you cannot pronounce a word, you shouldn't be eating it. I would rather see something spoil than [let it] live forever," she explained.

Brush also gave safe food preparation tips, suggesting that vegetables should not be boiled but steamed or grilled if the juice is not needed, and that salt should be used sparingly. She also discouraged frying and listed boiling, roasting, grilling or steaming as better options.

"Food preparation is simple but the media made it difficult," she said.

On the contrary, Emelie Josiane, first year student of International Business Management at Fanshawe London Campus and founding partner of the Face of Humanities, noted that fries are better prepared through shallow frying. She however agreed that boiling vegetables simply wastes the nutrients.

"Fried foods are quite delicious but quite harmful to the health," she explained.

To this, Brush noted that too little saturated fat is no good while excess is harmful. "Three ounces of meat is all we need while trans-fat wreaks even more havoc," she said.

With the misleading absorption

and bioavailability claims on food supplements, Brush stressed that they are only needed in exceptional cases, such as in pregnancy or Crohn's, if taken with no actual need, one risks toxicity. "Vitamin C is in oranges for goodness' sakes."

According to Brush, tough policies should be implemented on food labelling and people should be educated on how to read them properly.

"Most active and healthy people should consume between 2,000 to 3,500 calorie diets. Twelve hundred calories is hogwash. You can't survive on that," she said.

"I have to be honest, I am a chocoholic," Brush said when asked about junk foods. "Our body likes to preserve itself, so it will try to astound us if we keep indulging in harmful things."

Citing instances in which genetically modified organisms (GMOs) helped to reduce the incidence of childhood blindness in China, Brush expressed optimism that more benefits can be derived from GMOs but equally called for caution against altering all species.

More so, Brush advised that ovens should be used for heating and not for cooking because of radiation. "The scientists believed they had minimized any negative effect but they taught trans fat was a good idea too," she said.

Brush and Josiane differed on the level of students' activeness.

According to Brush, we are far too sedentary. "It's not even about going to the gym but doing the simple things like cleaning your house," she said.

Josiane however argued that not all students are sedentary with the volume of study and shuffling around the campus they get to do every day. She added that it is one reason why caffeine is overused.

Brush shared similar views on caffeine use. "You don't need that many cups in a day to feel well," she said. "Eat properly and get enough sleep."

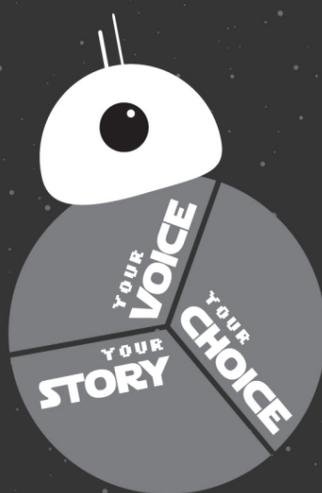
In Brush's closing words, she said that people can't eat just anything to look great. "Even, models have trainers and dieticians," she said. "We all have different genetic makeup. Be happy, alive and appreciate your body."

Josiane, being a model, couldn't agree more.

The Food Guide posits that maintaining healthy eating habits will help Canadians meet their nutrient requirements and energy currency that the whole human machinery is all about. Therefore, it is high time we became proactive about our health. Fitness is not limited to regular gym visits. It begins with diet.



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CREDIT: ALMAJE / THINKSTOCK

Always keep a case of blackberry jam in your backpack. You never know when you'll have to bribe a secret government agent.

Shady jam and suspicious families



NICK REYNO
REYNO RANMBLINGS

Usually I pick a Dr. Seuss book for my weekly critical analysis, but I thought I might give the old man a break. This week I set my sights on Robert Munsch's collection of mayhem, *Blackberry Subway Jam*.

This book was a big part of my childhood but it might not have been part of yours, so here's a recap. Jonathon is left home alone, only to discover his apartment has been declared a subway station. After three subways worth of people make their way through his house, he visits city hall. While the politicians are unhelpful, he meets a man working behind a wall of computers. He trades the man some jam to move the station to the mayor's office instead of his apartment. Moral of the story? Two wrongs don't make a right, but four cases of jam can sabotage a city hall.

There are four characters in this story: a crotchety stickler of a mayor, a jam-addicted computer impersonator, Jonathon and his mother. It would make sense that the mother would be a voice of logic and action for her son in this story, but for whatever reason all the responsibility falls on Jonathon. This child is abandoned twice by his mother and left to deal with countless subway passengers ravaging his apartment and stealing his kitchen appliances. Meanwhile, his mother spends the book running from her problems and is later held hostage at length by, of all things, some chewing gum on a rug.

Most kids would be cowering in the corner, crying and generally helpless but Jonathon is a take-charge seven-year-old well on his way to becoming class president. He doesn't care that his fridge is stolen, or that there are five people passed out on his couch, he needs to clean up this pigsty and fight the system!

While Jonathon's mom stands paralyzed on the rug, he sets off for city hall. Normally I would be terrified that a child is venturing downtown alone, but in this case, I'm actually more concerned for the mother. Clearly her mind isn't all there. She left twice to buy a single can of noodles after all, and that seems a little fishy to me. When she gets back she doesn't say a word or make an effort to get

everyone out of her apartment, she just freezes in place and shuts down. Was "can of noodles" code for the psychedelic drugs that just kicked in, or is the "Apartment-turned-train station" scenario not part of this cyborg's programming? Is she waiting for her "bad trip" to subside, or downloading additional script from the mothership? Why does Jonathon have the clairvoyant mind of a 40-year-old in the body of a seven-year-old? Is he a science experiment? A secret agent? A clever criminal pulling a long con on a dimwitted old-timer?

Without delving too far into conspiracy theories here, I have to say that Jonathon's apartment is a freaky place to be, and he is certainly better off on his own. That being said, this story steps out of the frying pan and into the fire when Jonathon gets to city hall. He immediately encounters a man secretly working behind a wall of broken computers and engages in a black-market trade to adjust the subway stops. Jonathon is quickly embarking down a dark path of politics and bribery. For the price of a single jar of jam, he can place a subway stop anywhere in the entire city. Of course, being the over-achieving 40-year-old-in-a-kids-body that he is, Jonathon goes out and buys four whole cases of jam. Where does a kid get that kind of money? Where does he find the strength to carry all that jam for three hours back to city hall? At this point I'm betting that this child is some kind of science experiment or secret agent. The alternative is that he wants to change four cases worth of subway stops in this city. I guess some kids just want to watch the world burn.

Nothing in this story really adds up. The mother has been lobotomized, this child's brain has been swapped with an adult's, there's a shady man impersonating a \$10 million computer and somehow a subway can reach the 30th floor of an apartment building. Sure, Dr. Seuss creates train tracks that lead into the ocean, but Robert Munsch is writing some *Twilight Zone/Men in Black* type stories here.

I sentence this book to an extensive background check on all of the main characters. I advise all their assets be frozen and that the head of this city's subway commission is fired. Lastly, if anyone knows the name of the contractor who designed a receding wall in an apartment without anyone knowing, please put me in contact with him because that's cool as shit.



CREDIT: QUEEN'S UNIVERSITY ON FLICKR (CC BY-NC-ND 2.0)

It's hard to hold Premier Kathleen Wynne solely responsible for the current state of Ontario given the burden she was left with following the McGuinty government.

Wynne or lose



VICTOR DE JONG
INTERROBANG

Giving medication to a small child can be tricky. When doctors prescribe a remedy they typically suggest a few methods for parents to employ when it comes to administering said remedy. Since using the threat of violence against a child has fallen out of favour in the mainstream media, crushing it up into jam can be an effective way to trick them instead. Fortunately, children are jam-loving idiots who don't understand that the world is full of people trying to take advantage of their naiveté.

Like children, adults enjoy jam to varying degrees. Particularly when that jam is alcohol. Limited beer sales in grocery stores achieved the three-pronged goal of simultaneously disappointing retailers, the major breweries and consumers, all of whom are of the legal age to vote. Making alcohol more accessible to Ontarians was supposed to be the jam to offset the bitter taste of a gas-plant scandal even Betty White thinks has been around too long. Add in the sale of Hydro One and the ongoing train wreck of senior's care and that about brings us to now.

The provincial government is back in session, picking up right where they left off: desperately trying to hold onto the reins. It's hard to hold Premier Kathleen Wynne solely responsible for her predicament, given the nature of the circumstances in which she took

office. It was sort of like getting promoted to be the head of a company whose former manager died while burning the building down.

Former premier Dalton McGuinty was adept at wooing the important players and inept at balancing the chequebook. His solution was to hire a financial expert, at an enormous expense, to lay out exactly how screwed the province was and how to fix it.

The Drummond Report warned that Ontario's \$215 billion debt could balloon to over \$400 billion by 2018. After cleverly fixing the problem by paying someone to explain it more precisely, McGuinty ignored the report's recommendations. The province is on the cusp of reaching \$300 billion in debt and is bravely forging ahead.

Despite their bold approach of bravely going where they've never left, the Liberal Party in Ontario may be in trouble. Toronto Star writer Bob Hepburn recently wrote an article that illuminates how failing to take a by-election in the GTA could be indicative of a diminishing appetite for a Liberal government. The campaign cycle seems to get longer every time around, as both the government and the opposition want to set a track record of integrity, poise and probably some third thing that also doesn't exist in politics. It's no coincidence that legislation virtually no one opposes is mysteriously slow in manifesting itself. The Liberals have to ration their palatable legislation to use whenever they need to see a bump in opinion polls. It may be intangible, but voters typically have a gut feeling that they associate with a political figure. Whether it takes months or years, even the jam trick only works for so long.

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Jesus taught a way of life that is at the same time hopeful, but also daunting. One of his more difficult teachings is that we must avoid all judgmentalism.

Staying away from judgment



MICHAEL VEENEMA
RUMOURS OF GRACE

There are a lot of books about God. Chapters and Amazon have the newer ones ready for purchase and shipping. The Quran, one of the older ones, is available through the Muslim community. The Bhagavad Gita, another ancient revered text, comes from the Hindu tradition.

The Christian Bible is of course among those older books about God and is the most promising one going. Jewish writers wrote it almost entirely over a period of probably about 1,500 years. It is actually not a book but a library of 66 books or scrolls, booklets and letters. It represents the story of God working with people over a long period of time.

At the heart of the Bible are the four accounts of Jesus' life. They differ in many respects just as four portraits of one person by four different artists would also differ. However, they tell a consistent story that has captivated people everywhere. Even in regions where Christians are persecuted, for example in what's left of Communist countries and in current Muslim regions, the person of Jesus continues to attract followers.

Jesus taught a way of life that is at the same time hopeful, but also daunting. One of his more difficult teachings is that we must avoid all judgmentalism.

None of us likes to think of ourselves as judgmental, but if the truth be told, the temptation is never far away. When I see someone panhandling for change in Toronto I am tempted to think the person should get a job. I read about someone who is the victim of a crime and am tempted to think that they probably chose the wrong people to hang out with, so it's their fault. I read about terror attacks in Paris and am tempted to think of the perpetrators merely as monsters.

Sometimes we like to think that in Canada judgmentalism is declining. It might be, but it remains alive and well. It takes little research to prove that. We only have to check

our Facebook feeds to find judgmental posts about prime ministers past and present, about celebrity fashion choices, about public figures accused of serious offenses and about the coaches of losing teams.

Alarming, Jesus links judgmentalism to verbal abuse, acts of violence and even murder. Referring to an older Jewish religious command, "You shall not murder," Jesus affirms it, but then calls upon us to examine what is going on in our own hearts. That is where the root of violence and murder lie. That's where we find the toxin of judgmentalism.

Jesus notices that we are tempted to take offense at the perceived failures of others and to overlook our own. That is why he calls for a renovation of our hearts, of the cluster of values, thoughts and emotions that move us to do what we do.

But one twist: in the end Jesus does allow for some judgmentalism, but not in response to others. Instead he teaches that if there is any judging to be done it should be done while looking in the mirror.

"Remove the things in your life which obviously cause offense before you even think of trying to set someone else straight," says Matthew 7:5 in the Bible.

Would our world look different if we took Jesus seriously on this matter? Of course, it would impact murder statistics, no doubt it already does.

But also, how might this teaching of Jesus impact what we post and find on our social networking platforms? How might it impact the words you and I speak today? How might it impact employer-employee negotiations that we might be involved in? How might it impact international diplomacy and decisions to embark on wars or not?

I think that the teaching of Jesus on judgmentalism opens the way to a number of things. It encourages serious self-reflection for the individual, serious self-appraisal for communities such as nation states and a serious willingness to understand the other, rather than to throw stones or worse. Jesus' teaching on judgmentalism is one of the many that opens the door to a new and hopeful way to live.



CREDIT: CHEE SIANG FAM / THINKSTOCK

The simple act of opening a door can lead to a spiraling mess of moral decisions.

To door or not to door



NICK REYNO
INTERROBANG

Human life is a diverse and complex mystery, but there's one thing that unifies nearly each and every one of us: doors.

House doors, locked doors, trap doors, car doors, fake doors and occasionally, sentient doors that moan and croak when opened. With so many of us passing through these open frames each day, our lives hanging on their hinges, it surprises me that door etiquette isn't a bigger issue.

When using doors I find that I encounter three prominent political standpoints: the Conservative Closers, the Nonchalant Door Pushers (NDP) and lastly the "Leave-It-Open" Liberals. Each of these philosophies can thrive in different situations, but to let them all exist side by side is a slippery slope into a door doomsday.

When debating political allegiances, consider your surrounding situation. Did the person in front of you give the door a nonchalant push to keep it open for you? Are you in the middle of a stream of students making their way to class? Chances are this is a situation for NDP door users.

Give the door a bump and let the next person catch its momentum as it swings back. It's the polite thing to do and it keeps everyone's spirits up before they enter the desolate and foreboding walls of an 8 a.m. lecture.

Nothing is worse than seeing someone sneak by Fanshawe's Oxford doors as the metal frame swings shut on face of the person behind them.

This act, called a 'Conservative Close', goes beyond making a day worse; it affects all of the soon-to-be door patrons. The resulting halt in momentum can quickly catapult into a full-blown door jam with students on both sides locked in a stalemate.

While the cold outsiders clamour closer to Fanshawe, the brave souls on our front-line are unable to wrench the door open and liberate our fellow outsiders from the jarring winter winds. The insiders encounter an entirely different anguish, desperately seeking a reprieve from the terrors of classes past. They must lie in wait, trapped by the mob of students outside as they helplessly watch bus blue and white drive away from Fanshawe.

Their only escape route rattling down the lane, sluggish, empty and unsympathetic. All of this chaos and unrest can be avoided by simply voting NDP in your next door-election. Say no to the Conservative Close and save somebody's sanity.

This isn't to say that Conservative Closers have no place in society. Morality is a grey area and sometimes you need to bite the bullet and let that door slam shut behind you.

Is the person following you a ferocious jungle cat? Are they perhaps speaking in tongues or emitting noxious gasses? Has this person been following you for three blocks and you just realized that they literally have no face? There is no shame in electing to become a Conservative in this moment. For the good of your day-to-day life, it's in your best interest to slam a physical and metaphorical door in the face – or where a face should be – of danger. However, if the noxious gasses are coming from someone with severe indigestion, this particular danger should encounter as few doors as possible until passing through the bathroom door.

The final power fighting for our vote in Door Democracy is the "Leave-It-Open" Liberals. The Liberals are a rare group of people who see us across the street and remain at the door, holding it open as if this sole gesture will save everyone from ever encountering a Conservative Closer. If there's a three-meter gap between us, let it go man, we each have two hands and this situation is getting incredibly awkward.

I'm not sure what's worse, the uneasy eye contact and prolonged smile from the Liberal stranger, or the quiet turmoil of deciding how quickly we need to get to that door before coming off as rude. If you really feel the need to hold the door open for someone who has to break a sweat running to it, just hit the damn 'Automatic Door Opener' and get on your way. There are better ways to seek validation than holding a door.

I didn't ask for this, no one asked for this, so hit the button and live with your life choices. Alternatively if I'm holding three bags of groceries, a carton of eggs and two cases of pop, let's be real I could really use a Liberal door holder.

You don't have to be a hero to make someone's life a little easier; you just need to know what party to vote for. This has been official message brought to you by the Responsible Door Association of Canada.

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A child without a childhood

BELLE MARIE
INTERROBANG

I know that I lived a sheltered childhood. My parents were home every night for dinner and were always there to help me with my homework if I needed it. My friends were as straight-laced as I was; we only ever got in trouble for giggling too much during class. I was kept safe from the dangers of the world for a long time, much longer than most, I believe.

But not every child is so lucky. *Lullabies for Little Criminals* by Heather O'Neill tells the story of one such child, a child whose life is so full of misery that most adults would struggle to deal with the hardships she faced.

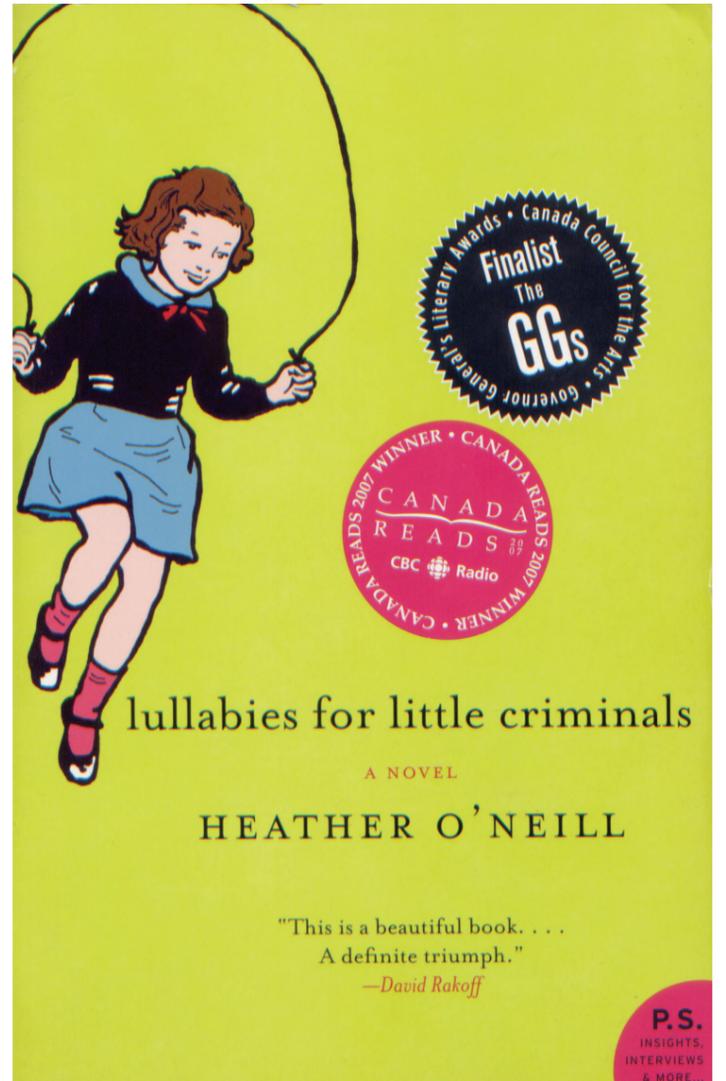
Born to teenage parents, Baby is a twelve-year-old girl growing up in poverty in Montreal and for her, life just isn't fair. Living with her mostly absent father Jules, a heroin addict, she struggles to make the right decisions while having almost no positive role models to look up to.

Baby's life is just one unfortunate experience after the other. She almost never gets a break and when she does it's short-lived. It seems like Baby is on the path to end up just like her father and his friends, even though she's intelligent, excels at school and is an extremely caring person.

One of the most incredible things about *Lullabies* is how Baby somehow manages to hold onto her loving nature. Even the slightest show of kindness from someone who cares, be it a foster parent or a friend, and Baby holds onto those memories and they help her get through some of the darkest moments of her life.

This is most evident when Baby is lured into the hands of Alphonse, a local pimp. Even while she is being abused by him, be it physically, emotionally or sexually, she thinks about the things in life that make her happy, especially her friend Xavier. In her darkest moments, her happy thoughts are all she has.

And that is the point of *Lullabies*. Children have the ability to compartmentalize their trauma in ways that adults grow out of. It's incredulous that Baby can endure so much trauma and seemingly bounce back



CREDIT: HARPERCOLLINS PUBLISHERS (PUBLISHER), JAMIE KERNER-SCOTT (COVER) *Lullabies for Little Criminals* reminds readers that the poverty and suffering that we see happening around the world is happening in our own backyard.

with ease. But just because she can doesn't mean she should have to.

It's easy for us as Canadians to imagine poverty as bone-thin children in a faraway country, but what's hardest to accept is that these conditions exist in Canada as well. Baby's story may be fictional, but the reality of *Lullabies for Little Criminals* is that the same things could be happening to a child today.

The novel is not biographical, but author O'Neill said she can relate a lot to Baby's character, having grown up in Montreal as a child in poverty.

"In *Lullabies*, I wanted to capture

what I remembered of the drunken babbling of unfortunate 12-year-olds: their illusions, their ludicrously bad choices, their lack of morality and utter disbelief in cause and effect. I wanted to describe the bittersweet relationships between children who hate themselves, but are madly in love with and make heroes of one another."

Lullabies for Little Criminals is a difficult novel to read, but a necessary one. As a finalist for the Governor General's Literary Award and the 2007 winner of CBC Radio's Canada Reads competition, it is a must-read for Canadians.

Creating a photo-ready makeup look



Have you ever thought you did an excellent job at applying your makeup but after a few photos you can see the pictures tell a different story?

There is definitely a difference when it comes to applying makeup for everyday wear and makeup for photos. The products you use, the application techniques and the quantity of how much you wear are different.

One of the biggest things to avoid when doing makeup for photography is using any foundation with a high concentration of titanium or zinc oxide. These minerals are reflective to light so if any flash photography is being used, your face will instantly brighten, giving a white and washed-out complexion. An easy way to choose a founda-

tion for photos is to pick one that does not contain sunscreen and choose one that is specifically designed for high definition.

Sometimes flash photography can also flatten out your face's beautiful features so it's important to add some contour, blush and highlight. Even if you don't like wearing blush on an everyday basis, it will help give your complexion more definition and colour in photos.

Another thing to keep in mind when applying your foundation and concealer is that less is more. If you use a heavy foundation, it could actually accentuate skin imperfections. Pores look bigger, dry patches are more pronounced and fine lines seem deeper. It is best to start by colour correcting the skin imperfections with a lightweight concealer and then buff on (circular motions) a sheer foundation to give an even skin tone.

When it comes to eye makeup, you want to avoid using all frosty colours. Too much frost around the

eyes can look distracting in photos and doesn't always photograph the best. If you want to add a bit of shine, start by using matte shades for your base, contour and highlight and then simply tap on a frosty colour to the center of the eyelid.

Another form of shine that is often unflattering in photos is an oily appearance on the complexion. Even if you don't have an oily skin type, the slightest bit of perspiration could photograph that way.

Using a translucent, loose powder is an absolute must when it comes to photography. You want to make sure apply the powder to the entire complexion, but especially the areas around the nose and forehead.

If you have important photos coming up and don't have access to a professional makeup artist, use these tips to make sure your photos will turn out the best they possibly can. Remember to always differentiate the makeup you do on an everyday basis to makeup that is photo ready.

Dance with the Devil in the pale moonlight



**PAM-MARIE
GUZZO**
INTERROBANG

Exiled from their town and shunned by their society, a small family tries to make a new life on a small farm in the middle of nowhere. Unfortunately, this is the 1630s in New England, and all the tales you've heard, of pacts with the Devil, of witches in the woods, of curses and foul crimes, are true.

The Witch mostly revolves around the family's eldest daughter, Thomasin (played by Anya Taylor-Joy), as she tries to understand the strange things that are happening to her family. Her parents, played by former *Game of Thrones* actors Ralph Ineson and Kate Dickie, are little help as their eyes are clouded by grief and superstition.

All of the acting in the film, even that done by the young twins who can't be more than six-years-old, is well done; although some of the editing was clearly fudged to make the accommodations always necessary when working with child actors. Ineson is especially believable as the proud and faithful Puritan father, desperately trying to save his family from the situation he got them into.

Along with the excellent acting, the movie also pays a great deal of



CREDIT: A24 (2015)

When mysterious and evil forces enter your life, what's a young girl to do?

attention to historical accuracy. Everything, from the clothing to the tools to the accents, is as accurate as possible to how things were in that time and place. Much of the script was lifted directly from historical records, which, while making it occasionally difficult to understand for anyone who doesn't know a bit of Middle English or the Bible, helps with the immersion into the time.

While being billed as a horror

movie, *The Witch* often feels more like a period piece. There are definite scenes that are frightening, and the musical score is typical of any horror film, but a great deal of the plot focuses more on the families suffering and drama than on witches and satanic rights. The twins provide the "creepy child" trope seen in so many horrors, and there are some strange things that happen, but the general feel of the movie is

more "this is weird" than "I'm so scared I'm going to pee my pants."

Aside from the lack of terror, the movie had few problems. Occasionally a scene might be longer than it should have been, or a cut poorly edited, but these instances are few and easily overlooked in light of the difficulties of filming a movie like this. The movie never drags on, with a runtime that is appropriate for the story. Where other

movies add filler to drag you to the two hour mark, *The Witch* tells its story in an hour and a half and ends when the story is over.

Overall, *The Witch* is a well done period drama with horror elements. Despite some awkward editing, the movie tells an interesting story and has actors with enough talent to make the tale truly fascinating. Just remember to read up on Job and his wife before sitting down.

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The age of cybernetics is upon us



JERROLD RUNDLE
SCIENTIFIC
ADVENTURES

This week we look into the next generation of real-life cybernetic research, while the international rocket scene is getting some high profile attention, thanks to Kim Jong-un.

First non-invasive cybernetic implants helping humans walk again

University of Melbourne researchers funded by Defense Advanced Research Projects Agency (DARPA) have found a way to help those suffering from spinal cord injuries and amputations, without the need for brain surgery.

The stentrode, as it was nicknamed, is a revolutionary, non-invasive tool composed of nitinol, a nickel titanium alloy. Nitinol is known for its ability to change shape after being subjected to certain temperature ranges and its extreme elasticity; changing shape is a must when sitting in flexible blood vessels.

The device is important because current brain wave measuring devices need to be implanted directly into the brain, allowing for a significant infection risk, only increasing the longer the device stays

implanted.

With the stentrode, not only was there minimal risk of infection due to the material of the device, but it also performed more accurately the longer it was implanted.

Initially inserted via a catheter through the leg, the matchstick-sized device's final destination is the superficial cortical vein, located close to the motor cortex, the region of the brain associating with muscle control.

The stentrode is based on a stent: a permanent device more commonly used for repairing collapsed veins and arteries by reopening and a strengthening them.

The device has electrodes as part of its design, allowing it to pick up specific electric signals that transmit for muscle movement.

This data is then sent to a computer, which matches it to a massive database of previous spinal cord and amputees' brain waves, sending the new information to a prosthetic limb or, as the researchers hope when human trials begin in 2017, exoskeletons allowing the patients to walk again.

With DARPA having given the initial funding for this project though, it's not too far of a stretch to consider that the technology could be adapted for controlling "drone" soldiers in the battlefield.

Brain cells shown to grow easi-

ly on graphene surface

A team of Italian researchers have found that graphene can be grafted onto existing neurons in the brain, without the cells rejecting nanoparticles.

The find could make neural electrodes, currently used for patients suffering from paralysis or a degenerative brain disease such as Parkinson's, the ability to again communicate or gain movement skills.

Current neural electrodes are made using tungsten filament or silicon, and while both are effective, they also have some major drawbacks. When these implants are grafted into a patient's brain, there is an eventual build-up of tissue around them, called a glial scar.

This is an inflammatory response where the tissue causes the electrode's signal output to drop by as much as half.

The researchers coated graphene surfaces with various proteins found in the human body, then cultured a number of different brain cell types onto them.

Contrary to their hypothesis, they found that the protein-coated tests were less effective at allowing neuronal cell adhesion to the graphene surface, weakening the electrical signal.

This is important for production, as less time and money will be needed to make the graphene ready

for implantation as a neurosensor or neuroprosthetic device.

Graphene, the two dimensional form of carbon atoms shaped into a honeycomb lattice, is currently used in a dizzying number of applications, due to it being chemically inert and having a low toxicity and unique electrical characteristics.

North Korea launches satellite

On Feb. 7, rocket scientists from the Democratic People's Republic of Korea launched the Unha-3, or Milky Way 3, rocket from the Sohae Space Center in North Korea, carrying the Kwangmyongsong-4, meaning bright star, Earth observation satellite.

Officials from North Korea stated the satellite will be in operation for four years, while the international community quickly condemned the launch, linking it to the countries criticized Jan. 6 atomic weapons test.

The two tests, only a month apart, were seen by many in the international community as a provocation by North Korea, moving closer to the goal of a nuclear armed intercontinental ballistic missile (ICBM), capable of reaching target thousands of miles away.

North Korean officials state the tests are merely their rightful steps in acquiring and harnessing nuclear energy for electrical power purposes, and attempts to assert them-

selves in the growing pantheon of countries with satellites in Earth's orbit.

The rocket's first stage destroyed itself after decoupling, causing officials to initially believe a failure in the launch, but it was later determined this was done intentionally with an explosive device, in an attempt to stop outsiders from gaining information on the regimes' scientific progress.

“North Korean officials state the tests are merely their rightful steps in acquiring and harnessing nuclear energy for electrical power purposes”

While early reports suggested the Bright Star-4 satellite was tumbling through orbit after launch, making signal transmission nearly impossible, U.S. officials have now stated the satellite is in fact stabilized and is a sun-synchronous orbit, meaning it passes over the same spot on the Earth at the same time every day.

Next week we'll take a look at a ground-breaking discovery relating to Einstein's 100-year-old prediction, and how the alternative to BPA-free plastic is doing the same harm to your body.



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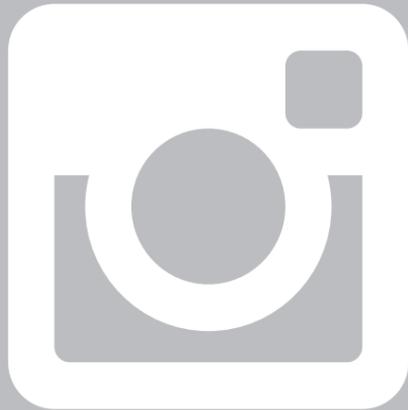
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Social media and photography

How it's changed the way we snap

Emily Stewart | Interrobang



Photography is a favourite pastime that has changed over generations. We've gone from disposable cameras, to digital point and shoots, to social media apps like Instagram. However, some people decide to turn their photography passion into a career.

Social media has changed the way most of us take pictures and the photography industry entirely.

Shannon Constantine has switched from portrait and band photography to wedding and engagement within the past three years. She said the changes are constant.

"It seems like there is always a new social site to join, and the basic ones like Facebook [are] always updating and changing," she said.

Heather MacEachren-Tarasick, owner of HRM Photography, has specialized in wedding photography, along with family, kids and newborn portraits since 2003.

"Society as a whole has always been pretty obsessed with images, but with social media it's just gotten even more so," she said.

MacEachren-Tarasick added social media lets anyone become their own "mini celebrity" along with pressure to maintain a certain image, whether on Facebook or LinkedIn.

"Because images are so important to people now, photography really comes into play as a business," she explained.

Fanshawe College professor Irania Navarro works as a graphic designer, but teaches photography students. She said there's more interest in photography based on pictures she's seen on Instagram, that include a watermark from the photographer.

"It makes you much more aware of what type of photography is being placed, and whether you decide as a client or as a person whether you want to use that or not," she explained.

"It definitely has showcased their creativity a lot more than print or web, so it's more out there, they can tweet it and bring more focus to it."

Graduating Media, Theory and Production and TV Broadcasting student at Western University and Fanshawe College, Nicole De Khors does fashion and events photography, but is best known for her bar photography with CDN Entertainment and the Ceeps. She said social media is the reason why she worked as a bar photographer.

"I bought my camera for school and I see all these pho-

tos online of the bars, and my friends at the bar and I thought 'oh, that looks interesting, that would be a great way to make use of the equipment as much as I can'."

Timing is everything

De Khors said bar photography has taught her to work quickly and share her results as soon as possible.

"When I shoot an album, my boss expects that up the next day because there's so much going on at a fast pace. No one cares about photos from last week."

MacEachren-Tarasick also said, "People very much want an instant product now. They want things very, very quickly."

Navarro said that the photography industry is more competitive than ever, thanks to social media. She said that writing blog posts can help develop a connection between photographers and their clients.

"What I tell them is try to talk about your recent photo-shoot," she said. "How you went through the process of taking this photo and so forth. Being a lot more personable with other people I think really attracts potential clients, because it's your reputation. If you keep them up to date with what you are doing, then you definitely keep them interested in what you're doing."

Social media and self-promotion

Part of operating a small, independent business is doing your own advertising and promotion. Navarro teaches a presentation and portfolio development class. Students learn how to create an advertisement to promote themselves on Facebook, how to target a specific market and different self-marketing strategies.

"The majority of us are already connected to social media in some aspect, but more so in our personal lives," she explained.

MacEachren-Tarasick said she's able to reach more people on social media.

"In the past, I could just put up an ad in the Yellow Pages or the directory, whereas now I've got to be constantly updating my Facebook, my Twitter, my Google +," she explained, adding staying relevant to potential clients is key.

"They're being bombarded so frequently by so many different businesses and competitors that if you don't stay fresh and relevant, you're old news."

MacEachren-Tarasick said she recently hired a social media manager for HRM photography because she has a hard

time constantly updating her online profile.

She said that there are different techniques to promote your business, depending on the social media platform you are using. However, having a hashtag for newlyweds during the wedding ceremony is common.

She has Wi-Fi on her camera, and will post a picture with a small edit on Instagram with the appropriate hashtag, if her clients have one for their big day. Then she posts on Facebook, before writing a blog post and sharing it on other social networks.

What are the best social media apps for photographers?

All photographers interviewed felt Facebook and Instagram are the best for those who want to show off their pictures. Navarro also encourages her students to promote themselves on Groupon, and added that Pinterest and Google+ are useful for Google Analytics.

De Khors said Instagram is also good for connecting photographers to models, stylists, celebrities and other photographers. She added the VSCO film group has a free iPhone app with "light room pre-sets" for quick edits, and that she uses Flickr for storing pictures when she doesn't have enough room on her hard drive.

However, she said that having real life connections is also important, so people can make your social media following grow.

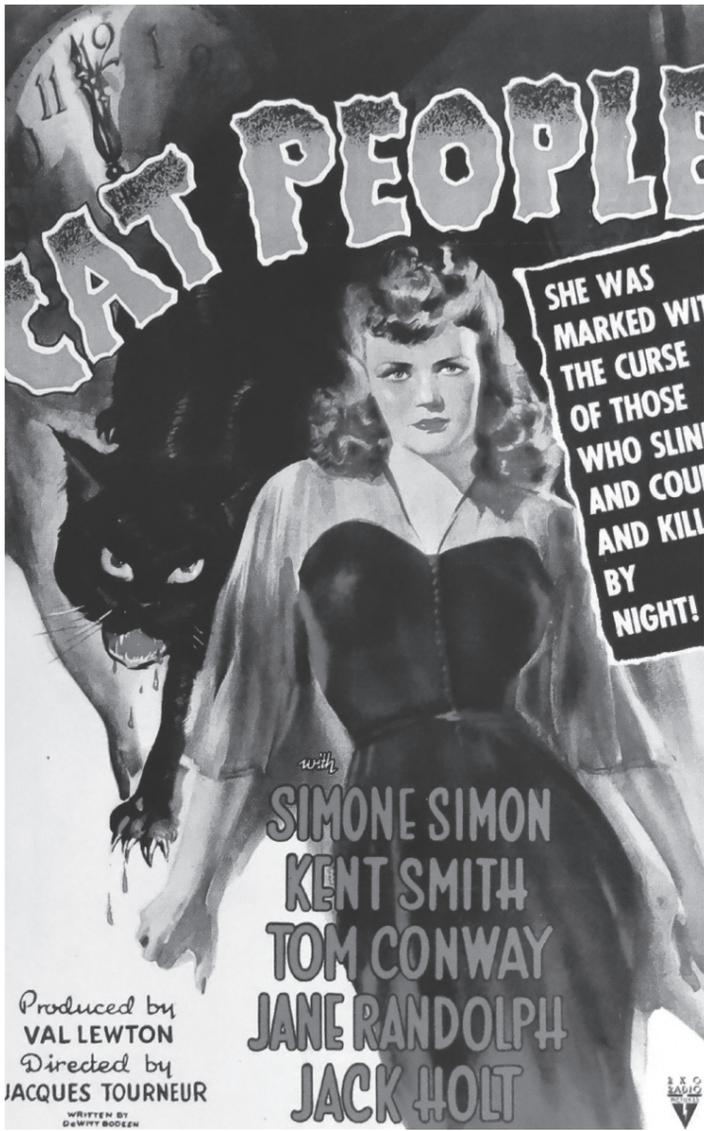
MacEachren-Tarasick said that many clients use LinkedIn, but that she doesn't have one because she is self-employed. While she's on Twitter and Google+, she doesn't use them as much. However, she acknowledged Google+ is necessary if you want to be found on Google instantly.

She added that when it comes to knowing your audience, it's about quality versus quantity.

"I'd rather have 100 fans who comment and like every picture, than a thousand fans who don't really care. I think a lot of people get caught up in the numbers with social media, but it's not about the numbers. It's more about the quality and the engagement of the people."

De Khors said that while social media has made people more aware of photography and its techniques, it has also given the impression that anyone can do it.

"I like to tell people anyone can take a photograph, but not everyone can take a good photograph."



Simone Simon stars as the feline femme fatale in 1942's landmark horror film, *Cat People*. CREDIT: RKO, 1942

Curses, claws and the original cat woman

ANGELA MCINNES
FEAR FORTHOUGHT

A woman walks down a street darkened by the cover of night. Her gait is confident at first, but she can't help suspect that she may not be alone. Casting a glance behind her, she finds nobody is actually there. Her pace quickens, and suddenly, we hear disembodied footsteps quicken in turn. Afraid now, the woman breaks into a run, and the mysterious footfall lands in booming resonance. Who is following her, and more importantly, what are they planning to do once they catch up?

Although this scene has been played over and over in many modern horror movies, it never gets any less unnerving. For audiences who had never experienced anything like it until the release of *Cat People* (directed by Jacques Tourneur in 1942), it was outright terrifying. The stalking scene of *Cat People* remains its most influential moment to date, but it is just one of many elements making the film a landmark in the horror genre.

Simone Simon plays Irena Dubrovna, a young Serbian-born woman working as a fashion designer in Manhattan. Both demure and beautiful, she captivates the attentions of engineer Oliver Reed played by Kent Smith. The couple is soon married, but the virginal Irena is hesitant to consummate the marriage. Her native folklore has made her wary of her sexual urges, which according to legend will transform her into a bloodthirsty cat. Torn between her love for Oliver and her nagging sense of foreboding, Irena must untangle fact from superstition before it is too late.

As surprised as today's audiences may be to see a 1942 movie revolve around sex, the film unabashedly promotes female sexuality as a horrifying supernatural force. While Oliver's desires are depicted as the everyday inklings of the average hot-blooded American man, Irena's exotic preoccupation with her own mysterious compulsions makes her anomalous to the point where she is no longer attractive even to him.

The closer Irena gets to understanding herself and her underlying appetites, the more Oliver wants out of their marriage. This leads Irena's frustrations to come to a head in a number of chilling stalking scenes. The efficacy of these scenes inevitably sparked the oft-used "Lewton Bus" technique in later horror films, which coerces audiences into feeling high levels of tension only to be broken by a sudden jump-scare, or in *Cat People's* case, the startling appearance of a bus.

Cat People is largely ambiguous as to whether Irena's curse is the result of witchcraft or a psychological coping mechanism for existing in a world that touts feminine sexuality as much as it does punish it. From either angle, the film is a particularly notable entry into the American horror canon considering the timing of the film's release in the midst of the Second World War when gender roles were just starting to shift at home and in the workforce.

With beautiful casting, costumes and noir photography, *Cat People* is a stylish, cinematic allusion to how double standards can determine our feelings of inclusion or exclusion in society. From this film, there's something worthy to be reaped for horror fans, feminists and most of all, cat lovers.

Kanye keeps it real with "The Life of Pablo"

OREN WEISFELD
WESTERN GAZETTE



After almost three years of work, countless collaborators, several last-minute name changes and a stir of controversy, Kanye West has finally released his seventh studio album, *The Life of Pablo*.

The Life of Pablo showcases Kanye's ability to assemble an eclectic mix of musical styles and genres in one project, recruiting the best talents in the world to contribute.

The opening track, "Ultralight Beam", is a beautiful gospel ballad that features artists Kelly Price and Chance the Rapper. Price brings her powerful melodies to the church-like chorus, while Chance showcases his trademarked spoken-word style rap in the second verse of the song. These different sounds and styles come together to form a beautiful and powerful gospel ballad that sets a high standard for the album.

The next two tracks, "Father Stretch My Hands Pt. 1 & 2", slowly move away from the gospel sound and begin to blur the lines of genre. Part 1 features production from hip-hop mastermind Metro Boomin, while Kid Cudi jumps in with a catchy hook and West spits a verse about a mysterious model.

Part 2 features G.O.O.D. Music's own Desiigner and comes off as a hard-hitting Atlanta trap song that will surely be a hit at clubs.

The first three tracks showcase *The Life of Pablo's* mix different musical artists and genres, and while some critique the album for its lack of consistency, its kaleidoscopic musical range is the precise reason it is so memorable and remarkable.

Other memorable songs include "Highlights", a well-produced, constantly beat-switching masterpiece filled with some of West's best verses on the album and Young Thug and The Dream adding their unique sounds. "Waves" is a sonically-pleasing Metro Boomin produced track, featuring Chris Brown's long-lost pop/R&B singing.

The album's hit singles include "Real Friends", "Wolves" and "No More Parties in L.A.". The tracks are all unapologetically honest accounts of West's feelings, where he recruits help from the likes of Boi-1da and Madlib for production and Frank Ocean, Ty Dolla Sign and Kendrick Lamar on the verses. In the songs, West talks about relationship struggles with friends and family, frustrations with Hollywood and fake celebrities and emotional problems that all listeners can relate to.

It's no question that *The Life of Pablo* features some of the best production we have ever heard on any album ever, as West solidifies

himself as one of the best producers to ever make music and utilizes various samples and help from countless talents to further enhance the sound. Unfortunately, *The Life of Pablo* does fall slightly short when it comes to West's lyricism.

After albums like *Late Registration* and *The College Dropout*, fans have witnessed West's ability to spit bar after bar of hard-hitting rap, but that ability is rarely heard in *The Life of Pablo*.

Unlike previous Kanye West projects, the rapper that many consider ignorant and rude jokingly admits to some of his mistakes and flaws in *The Life of Pablo* with such lines as, "I love you like Kanye loves Kanye." Though it may be very easy to judge someone as publically criticized as Kanye West, it is important to remember just how influential and talented the Chicago-born rapper is. And while this album might not be his best, *The Life of Pablo* showcases Kanye West's unique ability to bring together a variety of musical styles into one fine-tuned project with legendary production and remarkable talents.

It might be easy to judge Kanye West for the mistakes he's made and the flaws he has, but as Mr. West exclaims on the *The Life of Pablo*, "name one genius that ain't crazy!"

The Life of Pablo is currently available on the music streaming platform TIDAL.

An ode to the glitch

The underrated art form of the gaming world

REBECCA PETERSON
THE OTHER PRESS

NEW WESTMINSTER (CUP) — I watched them fall around me—my friends, all of them dead, and myself about to follow in a few short moments. In the last moment before the monster's double-fisted strike crushed me to the hard, icy ground, I had only one thought on my mind: "Not again."

Repeating this one stupidly hard fight was incredibly annoying, and I was getting nothing for my trouble except for a dimmed screen and a declaration that I'd failed, the Inquisition had fallen without its leader, the world of Thedas was doomed, and so forth. I knew I was at the right level for this fight. I'd even killed giants before. It was just this one.

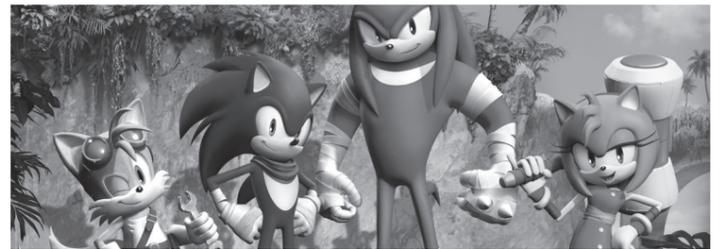
Deciding to give it one last shot, I reloaded from my last save point and rounded the corner of the snowy courtyard with my companions, determined not to go down without a decent fight.

And that was the moment in which the giant I'd been battling with for nearly half an hour took off into the sky, never to be seen again.

After a few seconds of rapid blinking, I pressed on into the fray, camera panned upward for any sign of the beast to suddenly come crashing down on my head. Nothing. The enemy had successfully won the Space Race, apparently, but I was about to win the war.

Glitches are amazing.

Yes, we complain about them, and with good reason. A game with a lot of glitches is often a sign of rushed and shoddy design, usually when the developers want to throw a game out in time for a holiday rush without caring about actually



CREDIT: SEGA

Sonic Boom's glitches made the game almost unplayable.

finishing the damn thing (I'm looking at you, *Sonic Boom*). But even the best of games can fall prey to the dreaded glitch.

Clipping, half-rendered environments, and broken if-then sequences resulting in disrupted game play are generally the last thing you want when you set down your wallet and shell out \$80 on a new game. The sudden departure from realistic physics can really jolt you out of the story, and in the case of PC games translated to console, a lot of quality can be lost to these snags in the software. Still, I say the common glitch can and should be celebrated as an art-form in and of itself, independent of the developer's intentions.

The best example of this would probably be the "Geddan" meme of the late 2000s. Starting in 2007, a bunch of video game enthusiasts in Japan noticed a glitch in the Nintendo 64 game *GoldenEye*. If the cartridge was not inserted correctly, the characters in the game would all begin to flail spastically. It's not really a glitch if you're tampering with the equipment to make it happen, in my opinion, but I digress.

Videos of these glitches got paired up with the 1997 J-pop song "Promise", and the meme spread worldwide. People started making videos of themselves imitating

the glitches through dance. The "dance" required the subject of the video to take hundreds of photos of themselves and animate them in a stop-motion fashion, in order to replicate the glitch in the game. Nearly 10 years later, iterations of "Geddan" are still being made and uploaded to the Internet.

Popular gaming sites and channels now make video compilations dedicated to glitches, because glitches have entertainment value in and of themselves. Whether the NPCs are floating in mid-air or being slowly absorbed into the ground, whether a cutscene is interrupted by the sudden appearance of a dragon or disappearance of one of the speaking characters, glitches contribute to the fun of modern video games. I can guarantee glitches in Pong weren't nearly as hilarious as the glitches we see today.

So why not appreciate the glitches while we have them, before the technology advances to a point where they'll all but disappear, if such a thing is even possible? All I know is that without my personal Hail Mary glitch, I'd probably still be stuck in that courtyard, getting smashed into elven pulp by a giant who clearly just wanted his chance to fly.



CREDIT: NORMAN WONG

After two years of recording and an album that signifies a fresh start, *The Great Detachment* is a real treat.

Wintersleep and *The Great Detachment*

BOBBY FOLEY
BOBBYISMS

I write about random things a lot. I write a lot about random things. This week I'm excited about the return of Wintersleep, the Halifax-born group that stormed the charts and collective listeners' consciences with indie-rock classics like "Weighty Ghost" and "Black Camera" since forming in 2001.

It's always a cop-out to refer to a band as 'returning' or 'coming back' to the spotlight, but the band, vocalist Paul Murphy and Tim D'eon on guitar, Loel Campbell on drums, Mike Bigelow on bass and Jon Samuel on keys, are indeed following a quiet period, frequently popping up in the news since announcing their signing to Dine Alone Records back in December.

This week they are set to release *The Great Detachment*, their sixth studio album and first full-length release since 2012. To celebrate the coming release, here are three things you should know about the record before it hits music stores and online retailers on Friday, March 4.

It's been in the works for over two years

The group has been visible since the start of 2016, announcing a Canadian tour and sharing two songs, "Amerika" and "Santa Fe", the first and second songs from the album, on The Wall Street Journal and Noisey, respectively. What's more, they recorded an intimate acoustic session featuring the album opener in the Collective Arts Black Box that was posted by indie88.com just after the new year.

Both tunes are upbeat and driv-

ing, evidence not only of the sonic ride that is the album to come, but also the strides that Wintersleep have taken to up their game, marrying their atmospheric alt-rock style with beautiful arrangements and vocals. There is a joint sense of urgency and energy throughout much of the album, just one of many telltale indicators that the band approached the recording of this record with great care and purpose.

In many ways, *The Great Detachment* feels like a powerful, contemporary record by a group with a lot to say. And it is, but the way the band recorded and the conditions under which they worked had a lot to do with the final album and completely belies the fact they took over two years to demo, grow and even test the music on live audiences.

It was (mostly) recorded live off of the floor

Perhaps it goes without saying at this point, but when Wintersleep arrived at the Sonic Temple Recording Studio in Halifax, they had a pretty clear idea of what they wanted to achieve. They opted again to work with producer Tony Doogan, who has produced Belle & Sebastian and Mogwai in addition to the last three Wintersleep discs, but decided this time around to assume some production responsibilities themselves.

In an effort to pursue an organic sound, much of *The Great Detachment* was recorded live off of the floor; rather than taking turns in the recording booth and building their songs layer by layer, the band gathered around microphones in the room and performed the songs together, adding a few overdubs where necessary. By recording this way, the band are not only able to feed off of each other and the energy in the room, but also place

an emphasis on the performance aspect of the music, essentially sculpting the sound for the stages they'll grace across the continent.

Its title refers to a fresh start for the band

The Great Detachment represents a kind of new beginning for the band in a number of ways. On the surface, the title refers to parting ways with their longtime manager and former label, which was one of the reasons they were able to take their time to produce a record they felt was so strongly about. The gift of time gave them an opportunity to focus on their strengths, and they whittled a collection of some 40 to 50 songs down to 11 to take in to Sonic Temple.

"That's where we recorded our second and our third album ... we thought it would be a good place to play as a band," drummer Loel Campbell explained to *Aesthetic Magazine* last autumn. "About halfway into writing the record, we were able to go out and play some shows, and we were able to road test some of them, so that was part of the process in deciding what we were going to commit to putting on the record."

For more on Wintersleep and their new album *The Great Detachment*, visit wintersleep.com or follow @wintersleep on Twitter. You have two chances to see them on tour this weekend between Lee's Palace in Toronto on Friday, March 4 and the Casbah in Hamilton on Saturday. From there, the band head south to SXSW before completing their tour westward across Canada.

And for more of the latest music news, album streams and gigs coming to London, add @fsu_bobbyisms to your Twitter timeline. Take some time to listen to music today; I'm out of words.



CREDIT: SONY MUSIC ENTERTAINMENT

Sometimes good things come in small packages.

Wreckord Reviews: Single's edition

NICK REYNO
WRECKORD REVIEWS

Singles don't often get the same amount of attention that albums do. Understandably, a three-minute song is considerably shorter than a full-length album, but that doesn't mean we shouldn't break them down and appreciate them. A single release is often a snapshot of where an artist is right now and where we can expect them to go with their next release. Here are a few artists to keep an eye on in 2016.

"Summer Sixteen" (Drake)

Heading the charge of singles this week is Toronto's rap icon Drake. His track "Summer Sixteen" comes in two parts, reigniting his beef with Meek Mill and addressing the up and coming prowess of Toronto's rap game. Ever since Drake's mixtape, *If You're Reading This It's Too Late*, the rapper has taken an aggressive turn with his music. Gone are the days of emotional sad boy Drake, 2015 has seen the rise of an edgy reinvention of the rapper that shows no signs of stopping this summer. Drake has been alluding the release of his next studio album *Views From the 6* for quite some time now. With the overwhelming amount of hype from Drake, if he doesn't hit harder than he did on *What a Time to be Alive* it's going to seriously cripple his momentum.

"Don't Let Me Down ft. Daya" (The Chainsmokers)

Representing the American side of music singles this week comes New York duo The Chainsmokers. These DJ's made a name for themselves with the release of "#SELF-

IE" followed by the more serious top-ten release of "Roses". The duo hopes that "Don't Let Me Down" will be their next "Roses", while taking a different approach to the production. The DJ's blend together elements of house, pop and alternative music in a fresh and satisfying manner. Airy verses spearheaded by soft electric guitar and somber vocals lead into a carefully understated build that peak with a classic dance-pop brass section. This song brings a diverse repertoire making it suitable for listening while alone in your bedroom, or while sweating vigorously on the person next to you in the club. With their expanding catalogue of unique songs The Chainsmokers continue to prove themselves as a force to be reckoned with.

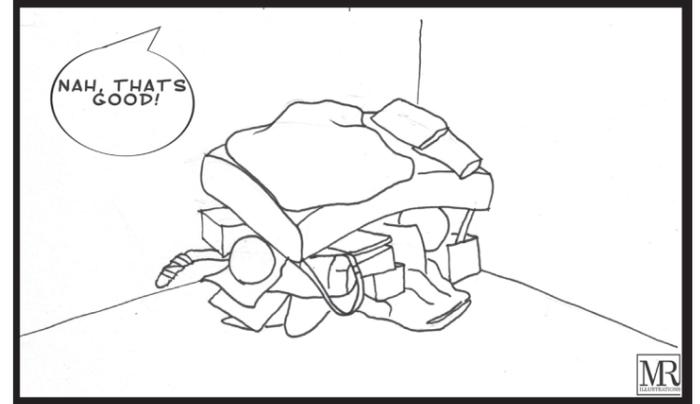
"Ophelia" (The Lumineers)

On the opposite end of the musical spectrum lays the "Ho Hey" hit makers The Lumineers. Their latest single "Ophelia" is the long anticipated follow up to their debut self-titled album, and serves as the first bit of new material from the band in four years. The group says that "Ophelia" is the cornerstone of their upcoming album *Cleopatra*, and had a big part in bringing the other songs on the album into fruition. If "Ophelia" is any indication, the upcoming album will have a distinctly heavier feeling to it. The exposed coarse vocals and parlor-room piano accompaniment create the feeling of an older and weathered band. It has a happy sort of sadness that can bring you up or let you wallow depending on your mindset going into it. "Ophelia" isn't as playful as some of their earlier tracks, but it sticks in your head all the same. This latest single assures listeners that the four-year gap in albums will be well worth the wait.



By: L. A. Bonté

For more comics and animations visit FilbertCartoons.com



Freshman Fifteen

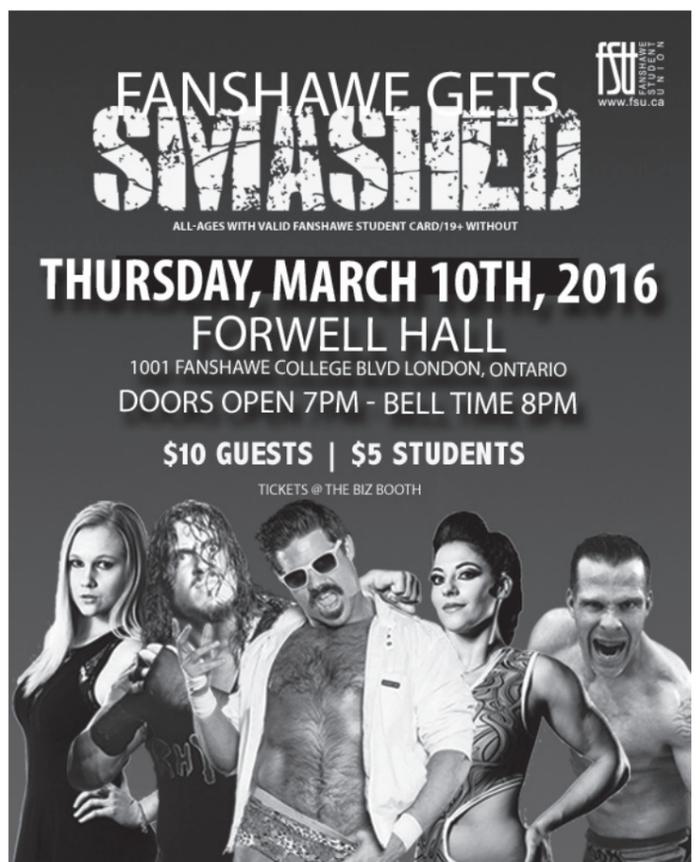
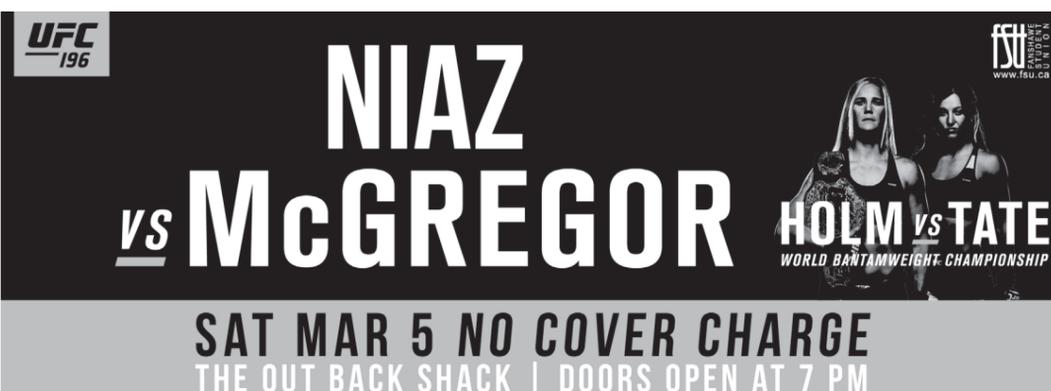
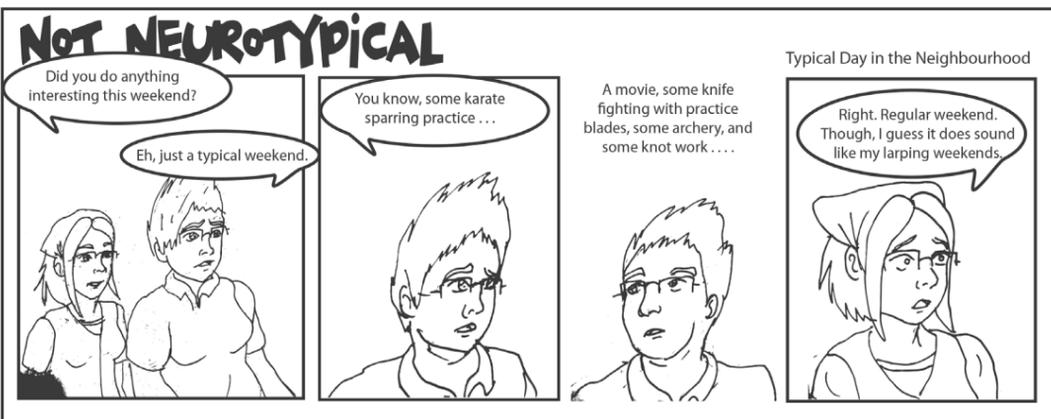


By Alan Dungo



www.observationalomolies.com

A comic by Christopher Mischczak © 2016



zodiac stargazer HOROSCOPE

Aries (March 21 - April 19)
Instead of thinking about expiration, move toward renewal. With mind turned inward and eyes downcast, you might run into someone. Short circuit your fighting reflex and apologize first.

Taurus (April 20 - May 20)
You're so convinced and eager about a happy ending that you'll cut out a few steps to get there. Be careful of tinkering with the perfect formula. Lovers are playing with fire under the shadows of the Moon.

Gemini (May 21 - June 20)
You have far more power than you realize. You sense what you mean to others when they all start wanting your time. Being rude or elusive now comes at a price that you may regret later.

Cancer (June 21 - July 22)
You're feeling mellow. You're a lot more fun among your free-spirited friends. Join a game that you've always wanted to play. Sur-

prise yourself with a victory born of beginner's luck.

Leo (July 23 - August 22)
You're running from something that you should be facing. If you show your fear now, someone will never let you forget this weak moment. Show your famous Leo courage.

Virgo (August 23 - Sept. 22)
Get a headstart on the inevitable rush to finish by the school year's end. Your analysis captures the truth of the situation. The best guide through new territory is someone who regularly does business there.

Libra (Sept. 23 - Oct. 22)
Thank others for sharing their opinions and move on. Despite recent changes, you still know your way around. Your security is assured as long as you control your spending.

Scorpio (Oct. 23 - Nov. 21)
Your natural intensity goes up a few notches. Those around you

struggle with love and fear, but you mean no harm. If this is all in good fun, imagine what you could do in a serious mood.

Sagittarius (Nov. 22 - Dec. 21)
Sagittarius would rather be alone, and everyone else just has to deal with that. Instead of wasting your day by sulking, spend quality time on a personal project. Exercise or bury your demons as necessary.

Capricorn (Dec. 22 - Jan. 19)
Capricorn makes it possible for others to enjoy life. They're just lucky that you want the same things for yourself. The next few days guarantee your leverage for the next time you need a favor.

Aquarius (Jan. 20 - Feb. 18)
Sometimes a welcome mat is just a doormat. You brought this on yourself, which can only mean that you're in control of your fate. Do it differently next time.

Pisces (Feb. 18 - March 20)
Being outdoors helps everything seem more real. With the possible exception of Scorpio, Pisces is the most passionate person alive these days. Be careful what you request from a responsive Universe.

Word Search: Minecraft

T	V	C	H	I	M	D	K	Z	P	F	A	T	B	N
W	S	R	R	T	I	C	S	H	E	E	P	L	F	C
D	O	E	P	R	O	M	R	D	R	R	A	O	J	S
W	H	E	J	L	J	C	M	D	Q	Z	J	W	A	T
Z	I	P	B	A	R	L	I	M	E	C	A	Y	S	R
U	N	E	N	T	F	A	P	P	X	R	W	K	Z	M
E	W	R	T	Y	M	X	G	S	O	E	S	C	S	X
B	J	I	D	O	S	H	A	I	N	H	F	F	Y	W
H	X	H	N	R	G	K	U	V	P	T	W	O	U	G
W	S	D	B	M	E	O	E	J	U	E	O	F	D	H
D	R	O	W	S	R	D	L	L	V	N	C	O	S	I
E	I	B	M	O	Z	U	I	E	E	B	L	H	L	F
E	N	D	E	R	M	A	N	P	M	T	Y	O	I	S
D	G	X	I	O	C	Z	L	K	S	I	O	L	M	Y
L	T	V	Z	Y	V	U	N	J	R	F	P	N	E	F

Blaze	Enderman	Skeleton
Block	Golem	Slime
Cow	Nether	Spider
Creeper	Pig	Sword
Diamond	Sheep	Zombie

Crossword Puzzle: Punny Question

1	2	3	4	5	6	7	8	9	10	11	12	13
14			15						16			
17			18						19			
20			21						22			
		23	24					25				
26	27					28	29	30		31	32	33
34						35				36		
37						38				39		
40						41				42		
43						44				45		
		46						47				
48	49	50				51	52	53		54	55	56
57						58				59		
60						61				62		
63						64				65		

63. Information ____
64. Stately residences
65. Blender setting
- Down**
- Slip-on shoe
 - Biblical birthright seller
 - Miscue by the catcher
 - Suppress
 - Dead ringers?
 - Chicken-hearted one?
 - Collection of Norse tales
 - Thin
 - "Better Off ____" (former ABC sitcom)
 - Confuse
 - Foot problem
 - Chaotic happenings
 - Job for an actor
 - Out
 - Home of many monasteries
 - Not as much
 - Glacial ridge
 - On delivery?
 - Might, to Shakespeare
 - Beginning
 - Dynamite component, briefly
 - Focus of AA
 - Fencing position
 - Arab sovereign
 - Aids in marketing?
 - Hints
 - Goes back on one's word
 - Crew
 - Boot covering
 - Reef-ravaged ship
 - Collar insert
 - Became threadbare
 - Bands seen at Japanese weddings
 - Small wild ox
 - Bed size
 - Newbie
 - Opposed to
 - Cameo gem
 - Suffix with fatal

- Across**
- Dash
 - Unpleasantly overrun
 - Tusked animal
 - Canada's neighbour (abbr.)
 - Soup ingredient
 - Root of the taro plant
 - More, in Madrid
 - Punny question (Part 1)
 - Sign of infection
 - Muslim's religion
 - What things could always be
 - North Sea feeder
 - Audio problem
 - Punny question (Part 2)
 - Top-notch
 - Capital on the Atlantic
 - Spanish liqueur
 - Chowder ingredient
 - Greek H's
 - Anatomical sacs
 - Farm unit
 - Western Samoan currency
 - PC operator
 - Dropped a line
 - Building addition
 - Punny question (Part 3)
 - "____ it something I said?"
 - "Wait! There's more ..."
 - Solemnly promised
 - Room just under a roof
 - Mekong Valley native
 - Punny question (Part 4)
 - "The Fair Maid of the ____" (Renaissance comedy)
 - Acid type that can cause gout
 - Evening event
 - Pigs home

63. Information ____
64. Stately residences
65. Blender setting
- Down**
- Slip-on shoe
 - Biblical birthright seller
 - Miscue by the catcher
 - Suppress
 - Dead ringers?
 - Chicken-hearted one?
 - Collection of Norse tales
 - Thin
 - "Better Off ____" (former ABC sitcom)
 - Confuse
 - Foot problem
 - Chaotic happenings
 - Job for an actor
 - Out
 - Home of many monasteries
 - Not as much
 - Glacial ridge
 - On delivery?
 - Might, to Shakespeare
 - Beginning
 - Dynamite component, briefly
 - Focus of AA
 - Fencing position
 - Arab sovereign
 - Aids in marketing?
 - Hints
 - Goes back on one's word
 - Crew
 - Boot covering
 - Reef-ravaged ship
 - Collar insert
 - Became threadbare
 - Bands seen at Japanese weddings
 - Small wild ox
 - Bed size
 - Newbie
 - Opposed to
 - Cameo gem
 - Suffix with fatal

Sudoku Puzzle

2					3	6		
							2	3
		9	5					
	1	6			2		7	
	4			9				
	5		3	6	7		8	
				2			1	
	2		4			1	3	
1	3				8	9		
		4	2					8

Puzzle rating: Easy

Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box. **Solution on page 18**

Cryptogram

" _____
"WJLKIVJ SPJ VSGJJSV KGJ

_____."
KNMKDV WNBLFJY BHH."

Clue: F = K

Question: Why are there no cars in Minecraft?

Solution on page 18

Notes:

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CREDIT: AVAN PATEL

Matt Plachta, head coach of Fanshawe's badminton team, was named OCAA Coach of the Year.

Badminton's Matt Plachta named OCAA Coach of the Year

JESSICA THOMPSON
INTERROBANG

Head coach of Fanshawe's badminton team, Matt Plachta was named Ontario Colleges Athletic Association (OCAA)'s Coach of the Year after taking his team all the way to the OCAA West Regional Championships.

"I was very surprised, not that I am not happy to win it, it's just there are so many good coaches in Ontario, it is a nice surprise to be recognized by everyone else in my position across all the schools," Plachta said.

At the championships, Plachta managed to coach the team to second place overall, the best finish that the team has seen since the 2006-2007 season.

"I am very happy for the team, a lot of them played really well throughout the season and had a great regional championship," Plachta said. "They were all pushing each other to play really well, I am glad I get a little recognition for all of their hard work."

As for the team's success story this past season, Plachta credits the fact that they had a lot of returning players.

"We were able to step up their training... we had a lot of athletes returning who already knew what it took to compete at this level."

Plachta also had a specific focus on conditioning for the team, bringing in outside help to with the external training.

"We brought in Theresa Carriere to do external badminton training, just working on different body movements. The outside training outside of what our normal badminton training was the big difference this year."

But Plachta wants to make sure that he doesn't get all the congratulations for the award.

"It's a team effort for the coaching staff itself, we sit down before the season starts and pick what we want to do as a staff and then make adjustments through out the year, I do want to pass on some of the congratulations to them as well because it's not just me, I get the recognition, but it is the whole coaching staff."

According to Plachta, it is an award that symbolizes both how hard the coaching staff worked and how hard the team worked.

He also hopes that players who are interested in joining the team see this past year as evidence of what level the team can compete.

"Just knowing that [players] can come here and compete and win against what is considered a powerhouse area [in Toronto]; through our staff, training and facilities, we have the ability to compete."



CREDIT: NAUMAN FAROOQ

The 2016 Mazda CX-3 was named Utility Vehicle of the Year by AJAC, but it didn't even make it into my top 10. Am I wrong, or are they?

Utility vehicle of the year?

NAUMAN FAROOQ
MOTORING

Last week, at the Canadian International Auto Show (CIAS) in Toronto, the Automobile Journalist Association of Canada (AJAC) named the 2016 Mazda CX-3 as their Utility Vehicle of the Year.

I did a list back in December 2015 naming the 15 best vehicles of the year I tested, and the Mazda CX-3 wasn't one of them and neither was the new Honda Civic, which AJAC awarded with the Car of the Year title.

So, did I get it wrong, or did AJAC?

The vehicle I drove up to CIAS last week was the 2016 CX-3. Prior to this, the only time I had spent with one was in Phoenix, Arizona at its launch last March.

I thought perhaps driving it in the home environment would help me appreciate it more.

It did and it didn't. In my recent testing of the vehicle, I adored its manners in the city, and found its motor to be willing and characterful. It might only have a 2.0 litre I4 motor which develops 146 horsepower and 146 pounds per foot of torque, but it makes good use of that. My

tester, which had a six-speed automatic and all-wheel drive, proved to be quite handy, especially on roads that were not big on traction, and there was a lot of snow in my city last week. Couple that with a wonderful chassis and suspension setup and you have a crossover that is entertaining to drive.

But there is a price to pay. The CX-3 is not as efficient as you'd want it to be. Maybe it was due to the all-wheel drive or the cold weather, but I averaged close to 9.8 litres per 100 kilometres in the city; Mazda quotes the vehicle at 8.8 litres per 100 kilometres, which is still not good. My week's average of city and highway came in at 8.6 kilometres per 100 kilometres, which is not bad, but I expected better.

I also expected more room. While those in the front are fine for space, no adult would like to spend much time in the back seats as legroom is tight. The trunk is not huge either, so it's certainly not a vehicle for a growing family.

Treat it as a crossover coupe for someone who is single and ready to mingle, and it is just fine. Plus, if you want more space, Mazda offers the larger CX-5 and CX-9 models

as well.

But, the CX-3 just won Utility Vehicle of the Year and in truth, it is not utilitarian. What it is however, is attractive. The design is stunning with lots of details. The interior is just spectacular thanks to its equipment and its use of soft touch materials on the dashboard gives it an up-class feel. My tester had heated seats, leather and an infotainment system with navigation.

The 2016 Mazda CX-3 is quite a likeable vehicle and I do think it deserves your attention. The best thing about it was its road manners on the highway in snowy conditions. When equipped with the right winter tires, it can drive through any weather condition, I know that from first-hand experience.

So, did AJAC get it wrong, or was I wrong? As much as I like the CX-3, I don't think it was the right vehicle to take the Utility Vehicle of the Year crown. If there is a new sub-category between car and utility vehicle of the year, the CX-3 could possibly take that.

If it is of interest to you, you'd be happy to know that it is well priced with base models starting from \$20,695.



CREDIT: JASON YOUNG

Fanshawe's women's volleyball team earned a spot in the OCAA Provincial Championships after a win against the Seneca Sting. Currently, the team is third in the West Division standings.

off. Cryptogram Solution: Because the streets are always blocked

P	E	P	I	N	F	E	S	T	B	O	A	R	
U	S	A	N	O	O	D	L	E	E	D	D	O	
M	A	S	H	O	W	D	I	D	A	F	O	O	
P	U	S	I	S	L	A	M	W	O	R	S	E	
E	L	B	E	L	A	G							
A	N	D	H	I	S	M	O	N	E	A	C	E	
R	A	B	A	T	A	N	I	S	C	L	A	M	
E	T	A	S	C	Y	S	T	S	A	C	R	E	
T	A	L	A	U	S	E	R	W	R	O	T	E	
E	L	L	G	E	T	T	O	G	E	T	H	E	R
W	A	S											
S	W	O	R	N	A	T	T	I	C	L	A	O	
T	O	B	E	G	I	N	W	I	T	H	I	N	
U	R	I	C	S	O	I	R	E	E	S	T	Y	
D	E	S	K	M	A	N	O	R	S	M	I	X	

2	8	5	7	4	3	6	9	1
4	7	9	5	1	6	8	2	3
3	1	6	9	8	2	4	7	5
8	4	2	1	9	5	3	6	7
9	5	1	3	6	7	2	8	4
7	6	3	8	2	4	5	1	9
5	2	8	4	7	9	1	3	6
1	3	7	6	5	8	9	4	2
6	9	4	2	3	1	7	5	8

Knights secure playoff spot and second place

ROEE DUNKELMAN
INTERROBANG

With a playoff spot under their belt and a second place position in their division, Knights' head coach Dale Hunter reflected his confidence in his team, with playoffs just around the corner.

"It feels good. We've got to take it game by game but it's nice knowing the ball is back in our court and the pressure is back on them," Hunter said.

In regards to who the Knights anticipate to face in the playoffs, Hunter admitted it was too soon to tell, but emphasized the Knights' mentality of taking it "game by game".

Taking a look back to last season, the Knights' 2015-playoff run was interrupted by the Erie Otters who defeated the Knights out in four games straight.

On Feb. 10 however, the Knights defeated the Otters 4-1 for an on-road victory.

Hunter attributed that win to the Knights' effort to better control their loose pucks. "The reason we won is because we limited our turnovers...they're high offence guys who feed mistakes."

Hunter also reflected on Knights' third star of the game, Mitchell Marner, and his leadership ability on the ice. "He's arguably one of the best players in the league, if not the country. He came through really big for us when we weren't getting much going. And with his late goals he really sparked us offensively."

The Knights (38-11), along with the first place Erie Otters (41-9) and the third place Kitchener Rangers (36-10) are the only three teams league-wide to secure a spot in the upcoming OHL playoffs.

The game that cemented their playoff spot was Friday the 13th



CREDIT: CLAUUS ANDERSON/ GETTY IMAGES

Mitch Marner has been a crucial factor in the Knights' success this season with 86 points on the season at the time of print.

against the Niagara Ice Dogs, who are currently third in the Central Division.

Defeating the team would move the Knights from third place into second in the Midwest Division, contingent on a Kitchener Rangers loss to the Flint Firebirds.

The results of both games proved to be in favour of the London team. The Knights were able to defeat the Ice Dogs in a 3-1 victory, while the Rangers suffered a 3-2 loss to the Firebirds, moving the Knights into second.

In the contest against the Ice Dogs, both teams had a slow start as a total of only 12 shots were registered in the first period of play. With about 35 seconds left in the first, Ice Dogs' winger Brendan Perlini slipped one by Knight's goaltender Brendan Burke, making it 1-0.

Burke was able to redeem himself by robbing the Ice Dogs on two golden opportunities in the second

period, while stopping 20 out of 21 shots over the course of the game.

Just seconds into the third, Knight's alternative captain Marner put home a dazzling backhand, as he danced his way through Niagara's defensive zone, and wrapped it right past the goalie.

About four minutes later, Marner received a drop pass from Knight's defenseman Olli Juolevi, lighting the lamp for a second time to put the Knights in the lead, 2-1.

After a well fought third period, Knight's forward Owen MacDonald put the nail in the coffin by adding an empty netter with 38 seconds left, assisted by Marner.

Although it is soon to tell, whoever the Knight's do face off against will have a tough time stopping Marner, who currently lies in third place for the OHL's best players, with 86 points on the season thus far.



MEN'S BASKETBALL

OCAA West Division Standings

Team	GP	PTS	FOR	AGA.
Sheridan	18	30	1539	1311
Mohawk	18	28	1640	1448
Humber	18	26	1456	1248
Lambton	18	26	1564	1368
Niagara	18	24	1554	1445
St. Clair	18	14	1467	1465
Redeemer	18	12	1494	1523
Sault	18	10	1142	1299
Fanshawe	18	8	1338	1470
Cambrian	18	2	1111	1728

MEN'S VOLLEYBALL

OCAA West Division Standings

Team	GP	PTS	FOR	AGA.
Fanshawe	18	32	50	11
Niagara	18	28	46	19
Sheridan	18	26	45	18
Mohawk	18	26	44	18
Redeemer	18	22	38	27
Humber	18	20	31	30
St. Clair	18	12	23	39
Conestoga	18	10	18	40
Boreal	18	4	7	48
Cambrian	18	0	2	54

WOMEN'S BASKETBALL

OCAA West Division Standings

Team	GP	PTS	FOR	AGA.
Humber	18	36	1450	872
Mohawk	18	30	1358	939
Fanshawe	18	28	1216	814
St. Clair	18	26	1297	947
Lambton	18	18	1206	1196
Niagara	18	16	1192	1012
Redeemer	18	14	1223	1240
Sault	18	8	856	1295
Sheridan	18	4	782	1202
Cambrian	18	0	597	1660

WOMEN'S VOLLEYBALL

OCAA West Division Standings

Team	GP	PTS	FOR	AGA.
Humber	18	36	54	4
Niagara	18	26	42	21
Fanshawe	18	24	39	24
Cambrian	18	20	35	31
Redeemer	18	20	38	29
St. Clair	18	20	37	32
Sheridan	18	18	35	33
Mohawk	18	12	21	40
Conestoga	18	4	13	48
Boreal	18	0	2	54

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