

# ...INTERROBANG•

Fanshawe's Student Voice

Big students put "boom" in boomerang 3

Pretty Periods 12

Doc Fest 16

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## Question of the week

"What is  
your  
favourite  
winter  
activity?"

### Adam McIntosh

"Putting my coat on. I hate winter."



### Nate Cromwell

"Snowboarding."



### Lanessa Tremblett

"I think tubing is a lot of fun, most because it's a controlled environment - no trees to run into!"



### Don Walker

"Sitting beside my heater."



### Alysia Thyson

"Tubing down hills."



### Sarah Thrupp

"Skating."



CREDIT: FSU STREET TEAM

Sex Toy Bingo at the Out Back Shack drew another large crowd. This student may be feeling some good vibrations as she walked away with one of the prizes, an Oddity Eden vibrator.

## 10 Things I Know About You...

## Zultner is into Metallica

Andreas Zultner is a first year police foundations student. He said, "I'm a first-year college student, trying to make it in the big, wide world, with the support of my girlfriend Keely, who has helped me through the past year of my life and kept me going." 1. Why are you here? To gain knowledge for what I hope will be my future profession. 2. What was your life-changing moment?

Moving out and declaring my independence.  
3. What music are you currently listening to? Metallica, non-stop.  
4. What is the best piece of advice you've ever received? Be yourself, live your life.  
5. Who is your role model? James Hetfield, lead singer of Metallica.  
6. Where in the world have you traveled?

All over Europe, China and Florida.

7. What was your first job? Busboy at Mandarin.  
8. What would your last meal be? Soup, probably potato and bacon.  
9. What makes you uneasy? Uncertainty.  
10. What is your passion? Everything I do, I try to do with passion.

*Do you want Fanshawe to know 10 Things About You? Just head on over to fsu.ca and click on the 10 Things I Know About You link at the top.*



CREDIT: SUBMITTED

Andreas Zultner attacks life with passion.

## WINTER WEEK jan. events

### monday 24

Campus Idol Reg.  
Opens at Biz Booth

### tuesday 25

Tony Leo XXX  
Hypnotist  
Forwell 9pm

### wednesday 26

Nooner - Forwell Hall  
Karaoke - 11:30



WTF! Concert  
Bedouin Soundclash  
OBS-9pm

### First Run Film

Rainbow Cinemas  
\$3.50 students  
\$5.00 guests



### No Strings Attached

### thursday 27

Nooner - Forwell Hall  
Matthew de Zoete  
Live Music



Student-2-Business  
Networking Event

### WTF! Pub

OBS - 9:30pm

### friday 28

New Music Night  
The Jettison Commitment  
OBS - 9:30pm

Tubing at River Valley  
Tube Slide - 7pm

Fanshawe @ The Knights  
Knights VS. Otters -730pm

TICKETS AVAILABLE AT THE BIZ BOOTH  
FOR ALL EVENTS

## ENTER TO WIN A



KIOSK QUIZ

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# Students strategize for sustainable business

JESSICA IRELAND  
INTERROBANG

Third-year business-marketing students from Fanshawe College's Lawrence Kinlin School of Business Administration and Marketing developed winning strategies for Boomerang Recycled Paint in a class-wide contest.

Out of 100 students and 20 projects, Marja Debrouwer, Anuradha Singh, Pablo Tovar, Ankur Malhotra and Shobhit Dixit created an extensive report of recommendations for the sustainable paint business. The group looked at various trade shows, business-to-business advertising, social media plans and strategic partnerships for Boomerang, which is based out of Quebec.

Boomerang Recycled Paint collects unused, unwanted and discarded paints of any brand and transforms them into high-quality paint made up of 99 per cent post-consumer paints from recycled contents. Their focus on sustainability is what attracted the faculty and students to the business and ended in the creation of the contest.

The company is looking to increase brand and product awareness, and the students were tasked with brainstorming ideas and plans. The student group had



CREDIT: JOHN SING

From left, Shobhit Dixit, Ankur Malhotra, Anuradha Singh, Steve Blasiak (Boomerang Recycled Paint), Pablo Tovar and Marja Debrouwer created a report of recommendations for the sustainable paint business. The Fanshawe students won a \$500 award.

some "very long nights," said Singh. They divided up the project among themselves, and after frequent check-ins with each other, came up with the winning report.

One of their main strategies was the social media plan, an aspect they found lacking when they visited Boomerang's site.

Most of the group felt they had

done their best, but had not expected to win, said Malhotra. However, Tovar joked that he was definitely open in his desire to be the top team.

Steve Blasiak, business development manager for Boomerang, was impressed by the students' efforts. "They had great ideas and gave a fresh perspective. I didn't

realize how powerful (social media) was." He added that he was also impressed by how the proposed budget in the report was so realistic.

The contest was a part of the program's course work, explained Mary Pierce, chair of the Lawrence Kinlin School of Business Administration and

Marketing. It serves as further practice for developing comprehensive marketing plans, as the students would do over 150 of those projects each year, she said.

The winning group received a \$500 award from Boomerang Recycled Paint.

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*Winners will be drawn February 28/2011*



Liberals leader Michael Ignatieff made a stop in London last week on his 20 cities in 11 days tour. Ignatieff glided around the rink in Victoria Park and greeted everyone who came up to him.

## Ignatieff takes on London

PAIGE PARKER  
INTERROBANG

Strength and equality were popular words on January 16 when Liberal Party Leader Michael Ignatieff joined Londoners for a skate in Victoria Park and a meet and greet at The Grand Theatre.

His stop in London is part of his Canada-wide 20/11 tour, where he will hold 20 events in unheld ridings in 11 days. In preparation for the next election, Ignatieff has made it his goal to get to know citizens face to face and provide them with information on the Liberal party. "Tories stand for secrecy in government and Liberals stand for openness and transparency ... that's what separates us from the Conservatives," said Doug Ferguson, London West candidate.

Ignatieff made a brief speech at the Grand Theatre, presenting his thoughts on the Conservative government and why a switch to a Liberal majority may leave Canadians better off. He said he aims to set up a contrast between "a closed government that's not listening to Canadians and an opposition that is (listening) and wants to form the next government."

He added that Stephen Harper is taking credit for everything the Liberal party does. Ignatieff said he feels that Harper doesn't understand that "equality of opportunity has made this the country what it is. He is unwilling to admit that the party that made this equality of

opportunity possible are the people in this room, the Liberal Party of Canada."

Roger Caranci, candidate for London Fanshawe, said Ignatieff knows Canada is not prepared for another election right now because of the enormous costs associated with it. Instead, Ignatieff is going around the country asking Canadians about whether their quality of life has improved over the last five years. "I can ask these questions in every room in this country and we get the same answer," said Ignatieff. "Canadians know there's something wrong when you have a government in power for five years and the answer to all those questions is a straight no. We have to go from a no to a yes."

One of Ignatieff's major platforms was his disagreement with Harper's decision to slash Canada's most profitable corporations' taxes by \$6 billion. According to Ignatieff, these tax cuts will not help Canada's economy, nor will it help create jobs. Ignatieff said he would put more money into education, alleviating some of the financial pressures associated with obtaining post-secondary education.

"If you get the grades, you get to go," he said. "If we're wasting a kid from a working-class background that can't get a post-secondary education, we're wasting economic strength and potential."



Fanshawe horticulture students at the Landscape Congress in Toronto pose with their garden, Jurassic Park. The garden took 28 students and six faculty 20 hours to build.

## Horticulture students show well in Toronto

MICHAEL PASCOE  
FANSHawe SCHOOL OF DESIGN

Landscape Congress took place on January 11, 12 and 13 at the Congress Centre in Toronto. Close to 13,000 landscape professionals in the horticulture, lawn and garden and landscape industries rely on Landscape Ontario's annual trade show to source products and services. Industry personnel include landscape contractors, lawn care professionals, owners of retail garden centres, municipal parks and recreation managers, and grounds maintenance managers. Growers, equipment dealers, arborists, fence contractors, swimming pool contractors, irrigation technicians and others allied to the trade also participate in this informative horticultural event.

Fanshawe has always had a major

presence at this event, but it was not only during the show that the Fanshawe horticulture technician program had a role, it was days before the show opened. In the planning stages, the second-year students, along with six program staff, built a 1,000 square foot garden in the building on the Saturday and Sunday before Congress. The garden, called Jurassic Park, was a partnership with the Royal Botanic Gardens, Burlington and several landscape supply companies that saw a garden designed around the theme of prehistoric plants. The garden included a transport truckload of wall and paving material, a large collection of prehistoric plants, including many dead trees and even dinosaurs bones. In one corner of the garden, a video explained the

garden and educated the visitors. The garden took the team of 28 students and six faculty over 20 hours to build, but was dismantled on the Thursday at the end of the show in only four hours.

In addition to the garden, the horticulture technician program had a large educational display featuring our new landscape trailer. This was staffed by Mario Scopazzi (co-op) and Michael Pascoe, professor and academic program coordinator with the horticulture technician and apprenticeship horticulture programs, during the three days of the show and appeared to be the most popular college booth at Congress where industry could talk about hiring a Fanshawe student or grad, or where potential students could visit and discuss their career choice.



[WWW.FSU.CA/CONTEST](http://WWW.FSU.CA/CONTEST)

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For more information contact: Darby Mousseau in SC1012 or [dmousseau@fanshawec.ca](mailto:dmousseau@fanshawec.ca)

# Internationalization of Canadian campuses rising: study

KENDRA WONG  
The Peak

BURNABY, B.C. (CUP) — Young Canadians are not only more willing to study abroad, but many are noticing the advantages of interacting with international students in the classroom, according to a new study.

The January 6 Higher Education Strategy Associates study surveyed 3,000 students. Approximately nine per cent of students claimed they had already participated in a study abroad program, while an additional 26 per cent admitted they would like to study abroad in the future.

The study indicates a dramatic increase in students willing to study abroad, which has increased seven per cent since 2006.

Despite the cost of studying in another country for a semester, the

price tag hasn't turned students off from the once-in-a-lifetime educational experience.

Many participants saw the experience as gaining an "ability to work in diverse cultural settings," which would later prove important when applying for jobs. Seventy-two per cent of students rated "knowledge of international affairs" as a valuable skill learned abroad.

Ada Nadison, a criminology major at Simon Fraser University, recently returned from a semester-long field school in Greece. For Nadison, the opportunity allowed her to gain the experience necessary to further her career.

"I just wanted to say I experienced something great at university. For my career as a police officer, I needed life experience. It (allowed

me) to feed my need and my career's need."

The study also indicated rates for studying abroad are particularly high in the arts, such as education at 13 per cent, and 11 per cent in humanities and social sciences. However, 40 per cent of students in science and math departments stated they never considered or have rejected the idea of studying abroad mainly due to the cost and the idea that it would disrupt their path to graduation.

Nadison echoed students' concerns about the cost. She planned for two years in advance before travelling to Greece and had to apply for both a student loan and bursary to cover the costs of the trip.

Not only are Canadian students seeking academic opportunities in

other English-speaking countries such as the United Kingdom and Australia, they are also realizing the benefits of the internationalization of Canadian campuses.

By a margin of roughly 2.5 to one, students agreed that international students enhance the in-class experience. Seven to one believe that foreign students are welcomed and well integrated in campus life.

Lucas Socio, a fourth-year communication major and international student from Brazil, explained that the current Canadian class system doesn't allow for a lot of student interaction. However, he agrees that international students are welcomed at SFU.

Only 23 per cent of students consider international students to be taking opportunities away from Canadian students.

Overall, the study concludes that while some students choose to study abroad, the costs force students to think twice about the experience. Furthermore, students are only willing to travel to countries such as the U.K. and Australia where the English-speaking cultures are similar to Canada's.

Nadison, on the other hand, enjoyed the cultural shock from her three-month stay in Greece.

"It was a big jump from what we're used to here ... (we) had to learn to live on our own in a country where you haven't experienced the culture. (But) I know I can depend on myself now," she concluded. "It's nice to see how simple life is and how spoiled we are here. It was good getting back to your roots and surviving off the minimum."

## 360° News: National and international briefs



CREDIT: CBC

Prime Minister Stephen Harper talks with CBC's Peter Mansbridge

### NATIONAL NEWS

Burlington high school student Alex Don prepared a draft piece of legislation that would require all novice drivers to have a "P" sign on their vehicles. These signs would let fellow motorists know that the driver of that car has a provisional license. Don's draft has the support of some provincial politicians. Kevin Flynn, the Liberal MPP for the riding in Oakville, will be bringing it to the legislature as a private member's bill when it resumes in February.

Prime Minister Stephen Harper wants to assure voters that he will not be making any dramatic moves. This assertion comes despite the fact that he believes capital punishment sometimes fits the crime. However, he said there will be no radical decisions made regarding abortion or overhauls on gun-control legislation. Harper also believes that Canadians have become comfortable with his government, he said in an interview with CBC anchor Peter Mansbridge.

### INTERNATIONAL NEWS

The death toll continues to climb as flash floods and mudslides ravage Rio de Janeiro's Serrana region. As of January 18, the death toll was 702. Authorities expect this number to continue to increase, as many residents of the area are still missing. Local papers estimated on January 17 that over 100 people were still unaccounted for. This is one of Brazil's worst natural disasters on record.

Ever wanted to see a mammoth up close? You may have your chance in six years. Scientists from Japan, Russia and the U.S. extracted sample tissue from a mammoth carcass, which was being preserved in a Russian lab. The scientists aim to insert DNA from the sample into the eggs of an African elephant, with the intent to produce a mammoth embryo, reported the London Free Press. If the scientists were able to produce a baby mammoth, they would use it to study the ecological and genetic reasons why the species went extinct.

— compiled by Erika Faust and Jessica Ireland

## Make this your year to lead

ERIKA FAUST  
INTERROBANG

Do you think you have what it takes to make Fanshawe great?

Nominations for positions on student council open on Monday, January 24 at 9 a.m. Forms are available in SC 2001, the FSU office.

There are five vice-president positions available: athletics, internal affairs, finance, external affairs and entertainment, all of which are open to returning full-time Fanshawe students who have maintained a GPA of at least 2.5. These positions require a time commitment of at least 10 hours every week.

The president position requires a full-time commitment, so it is only open to students who are graduating this semester.

To get nominated, pick up a nomination form from the FSU office in SC 2001. Vice-president nominations require 20 signatures from full-time Fanshawe students, while a nomina-

tion for the president position requires 40 signatures. All forms must be handed into SC 2001 by Friday, February 18 at 4 p.m.

Every candidate is encouraged to submit a bio or election comment to the Interrobang by March 8 at 2 p.m. — we'll even take your picture for the paper! Submit bios to John Said at jsaid@fanshawec.ca.

Start honing those art and design skills now — campaign posters go up on March 9, and must be taken down by March 17.

You can vote on campus from March 14 to 17, or vote on FanshaweOnline. Winners will be announced in Forwell Hall in the afternoon on March 17.

All elected officials will take office from May 1, 2011 to April 30, 2012.

Got questions? Ask one of the current VPs or President Joe Scalia himself. You can visit them in their office in SC 2001.

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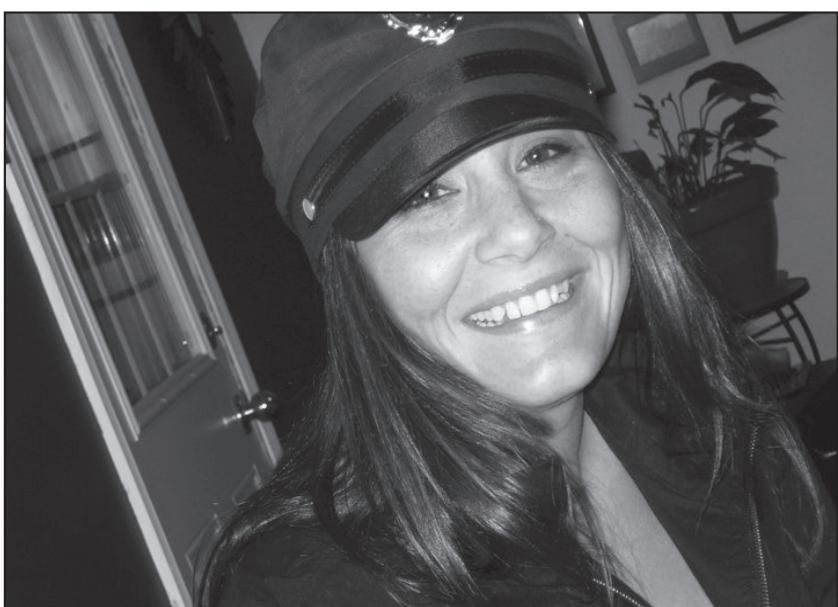
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# 5 QUESTIONS

## DARBY MOUSSEAU — FSU CREATIVE DIRECTOR

JESSICA IRELAND INTERROBANG



### 1. WHAT'S YOUR PERFECT DAY LIKE?

"A perfect day for me would have to be a road trip with no particular destination, continuous music and a good cup of java."

### 2. IF YOU COULD SWITCH PLACES WITH ANYONE IN THE WORLD, WHO WOULD IT BE AND WHY?

"That is a phrase that is used quite often: 'If I could switch places, I would.' If I could, I would switch places with any of my family and friends that need a break. Sometimes you just need a break."

### 3. WHAT HAS BEEN YOUR BEST MEMORY AT FANSHawe SO FAR?

"My best memory at Fanshawe would have to be the people I met along the way. Seeing the all-male review and meeting Sam Roberts could be close runners-up."

### 4. WHAT MOVIE MOST RESEMBLES YOUR LIFE?

"One movie that reveals my life at the moment might possibly be *Eat Pray Love*. I have this ongoing desire to travel, I see myself becoming a yoga instructor in the near future, and I am always taking care of number one: me!"

### 5. WHAT'S THE LAST CD YOU LISTENED TO?

"The Black Keys."



# HST sparks recall campaigns in B.C.

MARK WORTHING  
THE MARTLET

**VICTORIA (CUP) —** Confusion, anger and hope emanate from the respective corners of the debate around the harmonized sales tax and the ensuing sub-campaign to recall MLAs such as Science and Universities Minister Ida Chong.

"Ida Chong is a cabinet minister in the heart of the decision making of this government. She has to bear responsibility of the actions of her government. The recall is an act of non-confidence. It's also an act of non-confidence in Ida Chong as an MLA," said Michael Hayes, a recall campaign proponent.

A referendum on the HST is set to take place on September 24, with only a simple majority required to determine the fate of the tax. But many people are looking at the tax as representing larger political issues of accountability and a degrading democratic process.

The recall campaign is an offshoot from the anti-HST movement, focusing on constituencies that were closely won in recent elections in hopes of the government repealing the HST or having the referendum significantly sooner, and to give MLAs like Chong more than a slap on the wrist for what they believe is not representing their constituents.

"Why don't they target MLAs who are majorly responsible for this, like the finance minister or even the premiere ... they are going after MLAs who have won in very close elections, this one being one of them," said Chong, who was elected with 30 per cent of the vote.

She feels that there is more to the recall campaign than meets the eye. "There is a political agenda that is involved. An agenda that I believe has largely been taken over by the NDP."

Chong is striking back with a counter-recall campaign where volunteers from her riding association and individuals that helped her get elected 18 months ago act as observers of the recall campaigners when they are on the street and knocking at doors trying to gain signatures.

"The role of the observer is an important one. We could make it work better if the recall proponents would allow us to accompany them. If they would tell us where they are, but they don't tell us where they are," said Chong.

She argued that NDP executive Moe Sihota, who spoke to the benefits of the recall campaign in a recent executive meeting, is part of a movement of New Democrats that are supporting the recall campaign for their political agenda.

"Moe Sihota has mentioned it in an executive meeting; it's in the minutes. We have a riding executive member who is a provincial council NDP member (Michael Hayes), we have an NDP Facebook message encouraging members to get involved," she said. "When you start connecting the dots, the line is pretty clear, you know. It's pretty linear."

Hayes, however, denies that this is an NDP-sponsored initia-



CREDIT: MARK WORTHING

Michael Hayes is one of the main organizers of B.C.'s recall campaign.

tive.

"She was dropping leaflets on people's doorsteps that are saying that this is an NDP plot. I'm sorry, but Moe Sihota doesn't tell me what to do," said Hayes. "I'm active in my constituency association, but I can tell you that my constituency association has absolutely no involvement with the recall. I haven't been to a meeting in a while because I've been too darn busy on the recall. The fact is that there are Greens involved; there are disapproving Liberals involved; there are card-carrying Conservatives involved. We've got people volunteering who this is the first political activity they have done in their lives."

The recall campaign has a 60-day window to obtain 40 per cent of all registered voters in Chong's riding Oak Bay or 18,000 signatures to be submitted by February 4 at 4:30 p.m. The member-spending limit for the recall campaign is \$35,938.72.

Chong, however, said that if the recall is successful, it will cost much more.

"It will create a by-election. That's a fact," she said. "It will cost \$1.1 million; that's again a fact ... recalling Ida Chong will not get rid of the HST. If you recall me tomorrow the HST will still be here. All you've done is create a by-election that will cost \$7, \$8, \$10 million."

Hayes disputed these figures.

"The by-election is about \$500,000 ... but the cost of a referendum is \$30 million on the Elections B.C. side alone," he said. "That's \$30 million, not counting what the government is going to spend to try to sell it. You could have 30 recall initiatives and 30 by-elections for the price of one referendum."

Those who are serious about running the HST out of town have the momentum to steamroll their way to the September referendum.

Hayes said the recall process is about participatory democracy.

"I don't care whether you're an NDP or a Green," he said. "This is saying you're accountable on election days, and should you break faith with the electorate there is a price to pay. If the government had the faith of the people there would be no recall campaign. I've got better things to do with my time."

## Certain students more likely to drop out

EMMA GODMERE  
CUP OTTAWA BUREAU CHIEF

OTTAWA (CUP) — Recent research out of the University of Ottawa suggests certain students are more at risk of facing obstacles than others when it comes to completing post-secondary studies.

Three studies released by the Measuring the Effectiveness of Student Aid project on December 13 that compared male and female, rural and urban, and Aboriginal and non-Aboriginal students offered several notable conclusions — including, for example, that male students are more likely than their female counterparts to drop out of college in their first or second year of studies.

Ross Finnie, associate professor at the Graduate School of Public and International Affairs at the University of Ottawa, was the lead author on the studies, which surveyed more than 10,000 students between 2007 and 2009.

"We're identifying the sort of students that are at risk and it's different than what people have been assuming, which is very important," he said, noting that he was even surprised at some of the data.

Finnie explained that while educators and government have held on to their own ideas of just who the students at risk of dropping out of their studies are, this new research brings in some new information.

"Things like not having a history of education in the family is a huge determinant of access, whether or not you go to university or college," he explained. "But then to find once people are in, it has almost no predictive power as to whether or not they'll continue on,

that was a very interesting and important finding."

In terms of access, one study looked at how students had saved up for their post-secondary education and found that students from smaller communities are more likely than their urban counterparts to have saved money on their for school, while students from larger areas are more likely to have family members who saved tuition money for them.

On top of that, students from larger urban areas reported receiving less government aid and money from summer jobs than their rural counterparts. And another study noted that females were more likely than males to be concerned about their collection of student debt.

In terms of dropout rates, males attending college were more likely to leave their studies in first or second year, compared to their female colleagues — 25.2 per cent of men dropped out, compared to 21.5 per cent of women. A larger gap, however, was found between Aboriginal and non-Aboriginal students, where 30.8 per cent of Aboriginal youth left post-secondary studies in first or second year, compared to 13 per cent of non-Aboriginal student who have done the same.

Deborah Loosemore is director of advancement and external relations at Algoma University, where information like this is taken to heart — and acted upon.

"(We) have developed programs that are specifically designed to assist Aboriginal students who often follow a non-traditional route to university and so come with a different set of potential barriers

that they might need assistance in overcoming to be successful," she explained, adding that about 20 per cent of Algoma students self-identify as Aboriginal, Métis, Inuit or First Nations.

"One of the things that we have been focusing on for a number of years is really increasing the retention rate from first to second year and so we've instituted a wide range of student services and support," she continued.

According to Loosemore, Algoma provides a "first generation mentorship program" that matches new students with those in later years to engage in peer-to-peer support. For Aboriginal students, dedicated counselling, academic advising and cultural supports are available. Between the 2008-09 and 2009-10 academic years, Algoma's retention rate from first year into second year went from 73.1 per cent to 78 per cent.

Finnie said the key to this kind of success, reducing dropout rates, is to talk to students about their experiences — something that may seem to be more prominent at smaller campuses.

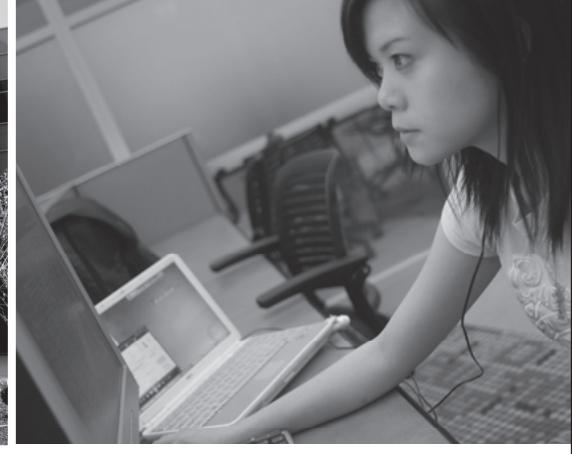
Finnie agreed that more could be done to reach out to college and university students if schools, researchers and even the government work together — and that perhaps this recent research can help make that first step.

"If research was done in a co-ordinated fashion, we could essentially work together to direct the research to find out even more exactly the students at risk are and then, perhaps more importantly, what we can do to help them," he offered.

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## Damned, but maybe not



LIFE MEETS FAITH  
MICHAEL VEENEMA

In the opening pages of the Christian Bible a magisterial view of the world is set forth. Big-bang originating and evolution-soaked or whatever, the world is not a come-by-chance event. It is the creation of a living God. It is orderly, yet crazy and chaotic with life and fruitfulness. It speaks everywhere of the glory of the Creator. It is the home of humankind, a gift from him.

The Creator gives us the creation. Or, maybe I should say, he summons us to be the stewards of his world because it isn't actually ours. We are meant to represent his wise and fair ways in the world, to care for it and bring out its potential to sustain us and the cultures we create.

By the way, this is not a defense of a literal interpretation of those opening pages and of a six-day creation. I don't believe such defenses are very helpful (or correct).

This is also to reject the frequently heard complaint that those early chapters justify the exploitation of the planet. No doubt, some, perhaps many, as David Suzuki and others suggest, used those pages for that purpose. But I don't accept *that* use of those pages. I am saying that, in fact, they propose something quite different: Not arrogant exploitation, but humble stewardship of an immense gift.

In last week's article, I asked if we are doomed. And you would be correct in concluding from that column that we are.

As an example of the destruction we are wreaking on the world, there can hardly be a better example than the Alberta Tar Sands. According to Suzuki's website ([www.davidsuzuki.org](http://www.davidsuzuki.org)), 600 square kilometers of land have already been cleared to accommodate tar sands extraction and one-fifth of the entire province of Alberta is slated to be churned, blasted and spit out to extract the oil in the sands. For other gut-wrenching numbers that describe the oncoming devastation, see the 2010 article by Stan Hirst, *Stop the Tar Sands! How Exactly?* It's on the Suzuki website.

And when the tar sands are done, which

won't take that long really, some of us will be a little richer. And we will all have done our part to drop the planet a little further into the abyss.

Yet, is there a way out of the damnation we are creating for ourselves through the unrelenting destruction of our home? I think there is.

Suzuki and many others suggest that the problem is an economic one or a political one. Sometimes they say it is a cultural one; modern people don't know how to live in harmony with nature. Occasionally they indict all of us. "Perhaps the bogeyman is us — the public that places the short-term economic value of the tar sands above the priceless value of our environment and our health." (*The Trouble with Tar Sands*, December 12, 2008 David Suzuki with Faisal Moola).

But I think the problem is more than political, economic, cultural or public-societal. It is - how should I say this - a religious one. Religion can be defined not merely as something people do in churches or mosques. It's what centres our lives. Marxism centred the lives of Russians throughout the 20th century so that they were able to annihilate 20 million of their own relatives (or some such appalling number). Buddhism centres the lives of monks in Tibet so they can stand against the barbaric overrule of China.

What religious power holds sway in the western world? Perhaps there is more than one. But it is undeniable that one of them is the religion of happiness and fulfillment through limitless wealth and material prosperity. Religion because it is all too often unidentified and unquestioned. It is "normal," the air we breathe, the water in which we swim. And ultimately, one of the primary victims of this religious equation is our home.

I'm not saying that I myself am, or any of us really can be, immune from the influence of this religious force. I agree with what Catholic writer G. K. Chesterton once said when addressing the question, "What is wrong with the world?" I am the problem.

Without a re-appropriation of the vision for human life revealed in the first pages of the Bible, I submit that we are likely doomed. But with such a re-appropriation, what might follow? (To be continued.)

## Misery on the bus



B.A.L.L.S.  
TIM HANDELMAN

### The bus ride

Before I get into it, let me list my top 10 things that irritate me about riding the bus (in no particular order):

1. Drivers who alternate between gunning it then jerking to a halt so that even if you're sitting you need to hang on.
2. Loud cell phone talkers.
3. Those advertisements above the windows that offer nothing to the betterment of humanity - unless you need more information on how to remove gum from your pubic hair.
4. Rolling bottles of water that scuttle around under the seats.
5. People who sit next to you when the bus is empty.
6. Buses with so much advertising on the sides that you cannot see out of the windows anymore.
7. People who don't move to the back on a busy bus.
8. People who wear enormous backpacks on a crowded bus and inadvertently smack you with their bag every time they shift around.
9. People who still smell like soap at the end of the day
10. Read below...

So I got on to the busy bus the other day, paid my ransom to endure 20 minutes of hot, stuffy, self-imposed torture, and tried to look cool as I progressed down the rubber mat hall. Suddenly, the bus decided to jerk forward. My façade of coolness turned into an embarrassed grasp at a metal bar and a dropped mitten. So now I'm not cool, I just want to sit and check my text messages like everybody else on the bus. Looking around through the live graveyard of bouncing zombies, I spotted an empty seat, but lo, it is not free, it is comfortably holding the beat up gym bag of some low-panted, slouching form working hard at adopting a movie gangster slang type of Yo-Yo-Yo ghetto persona, dreaming about last weekend hanging with his homies, sucking back 50's, rye shots and bottle tokes, wondering what to do

with the \$6 he had and refusing to watch Sesame Street because he "...already knows most of that stuff."

I caught his narrow, puffy eye (just one) and pointed to the seat. He hastily picked up his bag, allowing me to sit.

Now, I ask you: why did I have to ask for a seat? I think it is pretty obvious that the bus is full and that people are standing up. You can tell this because the bus is full and a lot of people are standing up.

### My Take:

In an effort to hold on to something in one's life, some little bit of control in a society that looks down on you, one may take control of the immediate environment. This may garner some degree of satisfaction at causing unrest to those who are too intimidated to ask you to move your bag. You can at least harbor some satisfaction in the fact that you can influence people.

A neglected dog will often act to initiate the wrath of its owner. Better to receive negative attention than no attention at all.

### Conclusion:

Well, here we are somewhere between dinosaurs and oblivion, we are just trying to survive as best we can, sometimes we only see what is in front of us, not what is really there. We should all be honored to share this time with each other, this little bit of history that will define our age. Are we the passengers on this bus ride? Or are we the drivers? Perhaps we are neither; maybe, just maybe, we are the beat up gym bag on the seat beside another.

## ...INTERROBANG

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FSU Publications Office  
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Publications Manager & Editor John Said  
[jsaid@fanshawec.ca](mailto:jsaid@fanshawec.ca) • 519.453.3720 ext. 224

Staff Reporter Jessica Ireland  
[jireland@fanshawec.ca](mailto:jireland@fanshawec.ca) • 519.453.3720 ext.247

Staff Reporter Erika Faust  
[efaust@fanshawec.ca](mailto:efaust@fanshawec.ca) • 519.453.3720 ext.291

Graphic Design Darby Mousseau  
[dmousseau@fanshawec.ca](mailto:dmousseau@fanshawec.ca) • 519.453.3720 ext.229

Advertising Sara Varley  
[svarley@fanshawec.ca](mailto:svarley@fanshawec.ca) • 519.453.3720 ext. 230

Web Facilitator Allen Gaynor  
[agaynor@fanshawec.ca](mailto:agaynor@fanshawec.ca) • 519.453.3720 ext.250

Letters to the Editor  
[fsuletters@fanshawec.ca](mailto:fsuletters@fanshawec.ca)

Graphic Design Contributors:  
Megan Easvold, Jenny Newton, Kayla Watson

### Photographers:

Andre Baker

Anthony Chang

David Kolodij

### Contributors:

Meagan Chechalk, Patricia Cifani, Susan Coyne, T.K. Dallman, Andrew Evans, Nauman Farooq, Bobby Foley, Alison Gaze, Tim Handelman, Christina Kubiw Kalashnik, Wendy Lycett, Maggie McGee, Darius Mirshahi, Rick Melo, Mphatso Mlotha, Alyssa Pageot, Paige Parker, Rose Perry, Christine Pierce, Jaymin Proulx, Jeffrey Reed, Tyler Revoy, Scott Stringle, Justin Vanderzwan, Michael Veenema and Joshua Waller

### Comics:

Rachel Oakes, Scott Kinoshita, Chris Miszczak, Sean Thornton, Dustin Adrian, Andres Silva and Laura Billson



Cover Credit:

DAVID KOLODJI

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# Consumers and motor vehicle repairs



**LAW TALK**  
Community Legal Services & Pro  
Bono Students Canada (UWO)  
519-661-3352

Buying a vehicle is often one of life's first major purchases. In order to keep your vehicle in good working order, you have a responsibility to bring your vehicle in for regular maintenance and repair. Vehicle owners with little automotive knowledge are especially vulnerable to being taken advantage of by repair shops. Faulty or incorrect motor vehicle repairs were the seventh highest ranked complaint registered with the Minister of Consumer Services in 2009.

Fortunately, all repairs to vehicles, vans, trucks and motorcycles are covered under the Consumer Protection Act, 2002. This broad piece of legislation is designed "to educate, protect and serve Ontario consumers by ensuring a fair, safe and informed marketplace."

Below are a few tips based on the requirements of the Act that will ensure that repairs on your vehicle are both fair and legal.

**Always get a written estimate of the repairs.** The estimate should include what repairs are being done to your vehicle, the parts being replaced, whether the parts are new, used or reconditioned, the price of the parts and what labour rates you'll be charged. Repair shops are required to post their labour rates, so be sure to compare the rate you're being quoted to the posted rate.

Of course, an estimate is just that – an estimate of what the vehicle repair shop predicts the work to your vehicle will cost. The Act recognizes this and further stipulates that the actual cost of your repairs cannot exceed the estimate by more than 10 per cent.

**Repair shops cannot make unauthorized repairs to your vehicle.** Your authorization must be verbal or in writing by signing the estimate you have been given. This means that a repair shop cannot claim to have fixed – and subsequently charge you for – allegedly broken parts in your vehicle without your consent.

All vehicle repairs have warranties on

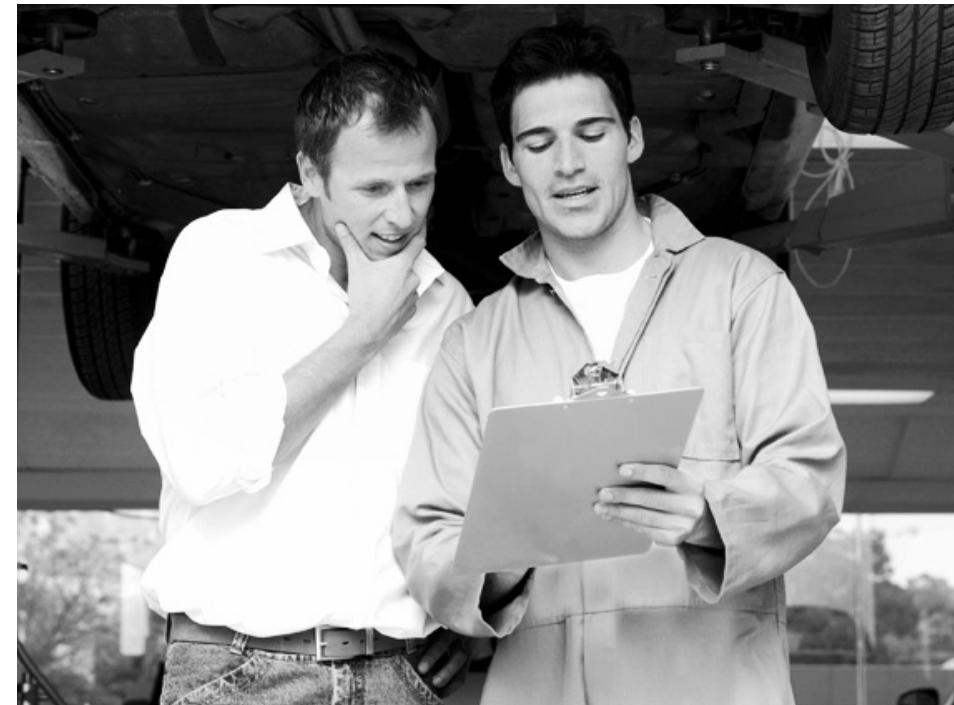
**both the labour and parts for either 90 days or 5,000 km, whichever comes first.** If the repairs completed on your vehicle fail within the warranty period, you can take your vehicle back to the repair shop to be repaired again without being charged. If you can't take your vehicle back to the same location, have it repaired at another shop. The original repair shop is required to pay you back for the repairs performed at the other location and cover reasonable towing costs.

**Repair shops must post easy-to-read signs with consumer information.** This information must include the fact that the shop is required to provide an estimate, any applicable estimate fees and the fact that estimate fees are not charged if you authorize the work; the hourly labour rate, any flat rate charges, and any charges for diagnostic time; whether the shop receives commission for parts sold; any other fees for storage, delivery or rental vehicles; and that the consumer is entitled to the old parts, unless covered by an exception.

**Repair shops must provide invoices.** Invoices must include: the name and contact information for the consumer and repairer; the make, model and vehicle identification number of the vehicle; the date the vehicle was authorized for repairs, the repairs were completed, and the vehicle was returned; the odometer readings at the time the work was authorized and the time it was completed; an exact description of the work performed, a list of parts and whether the parts were new; the charge to the consumer for each part, and all supplies; the original estimate amount, or the maximum amount authorized by the consumer; the total labour charge and how it was calculated; and any warranties for parts or labour, or if no warranties are provided, the details of the warranty provided under the Consumer Protection Act, 2002. Never sign a blank work order!

**You have rights.** If you are not satisfied with the work, your first step is to send the repair shop a letter of complaint. If that fails to produce results, you should get a written assessment from another repair shop; you can write to the original shop again with the new information you receive with this assessment and ask for an adjustment.

If all else fails, the Ministry of



CREDIT: AUTOCARMAINTAINS.COM

Know your rights when it comes to car repair so you don't get cheated.

Government Services can help. Still not getting results? File a formal complaint to the Ministry at [www.mgs.gov.on.ca](http://www.mgs.gov.on.ca). The Ministry has broad investigative powers, and can conduct an inquiry into your complaint. The Ministry can make an order directing the shop to comply with the Consumer Protection Act, 2002. An individual who is convicted of an offence under the Act can be liable for a fine of up to \$50,000, two years' imprisonment, or both. A corporation convicted under the Act could face a fine of up to \$250,000.

Call or write to the Ministry of Government Services at:

5775 Yonge Street, Suite 1500  
Toronto, ON M7A 2E5  
Tel: 1-416-326-8800  
Toll Free: 1-800-889-9768  
Email: [inforMGS@mgs.gov.on.ca](mailto:inforMGS@mgs.gov.on.ca)

Vehicle repair shops have rights, too. The Repair and Storage Liens Act says that if you refuse to pay for repairs, the repair shop is entitled to keep your vehicle under a lien. If you haven't paid the bill within 60 days, the

repair shop can sell your vehicle. If you dispute your bill, this Act allows you to pay your bill into Small Claims Court when you make a claim. Your vehicle will be returned to you, and pending the outcome of your claim, you might get some or all of that money back.

*This column provides legal information only and is produced by the students of Community Legal Services and Pro Bono Students Canada (UWO). The information is accurate as of the date of publication. Laws change frequently so we caution readers from relying on this information if some time has passed since publication. If you need legal advice please contact a lawyer, community legal clinic or the Lawyer Referral Service at 1-900-565-4LRS. You can contact Community Legal Services to book an appointment to discuss your legal issue or mediation services. Fanshawe College students may also book an appointment to attend our outreach clinic at the college. Please call us at 519-661-3352 with any inquiries or to book an appointment.*

## Let's talk legal when it comes to music



**So you wanna be in a rock band?**  
Rose Perry  
[www.rosecoraperry.com](http://www.rosecoraperry.com)

A few months ago, a close girlfriend of mine was offered a potentially career-changing opening slot for a major label artist in the GTA. Ambitious and actively seeking her "big break," like most serious indie talents, she and her band accepted the gig without hesitation ... much to her later dismay.

Days before the big gig, the show's promoter, realizing the band's talent (and therefore also the potential cash-grab of the situation), contacted my girlfriend and began making extremely unreasonable demands on the act, including a substantial cut of their merchandise sales, in order for them to remain a part of the show. Regrettably, but sticking to their guns (something for which I commend them), they had to pull out last minute; of course, their fans demanded an explanation ... here's where things become of personal interest to all of you:

When my girlfriend attempted to publicly disclose exactly what had occurred (no more, no less) between her and the promoter of said event, the promoter began to aggressively message her and her band insisting that she had committed the crime of slander and that she was to remove all related postings immediately, otherwise he would slap a lawsuit on their asses, thereby blacklisting them from ever having another equally

potentially career-changing opportunity in the future.

This sadly, is not the first nor will it be the last of these sorts of situations because as soon as you start talking legal "mumbo-jumbo" with artistic types, well, it pretty much scares the shit out of most of us. Accordingly, we'll comply.

The aforementioned true story highlights the centrality of two essentials one needs to wrap his or her mind in order to pursue professional musicianship:

1. The importance of paper documentation for everything.

2. The ongoing need for unionism.

Let's start with number one. In the world of business, irrespective of the industry with which you're involved, an agreement between parties has little to no likelihood of holding up should a situation merit legal intervention, unless it is in some kind of hardcopy format which reflects the agreed-upon terms, affected timeline and signatures of the involved individuals along with those of an objective witness. Now, I'm not saying you have to become a candidate for law school in order to rock out with the world's finest, but you do need to learn a thing or two about contract reading and contract writing.

Many an artist, including one of my personal favourites, Aerosmith, has lost ownership over their own material (and accordingly have to pay royalties in order to perform certain songs live) from being naïve and not crossing their t's and dotting their i's properly. Likewise, many an artist (myself includ-

ed in my early days) have been granted so-called "amazing" performance opportunities with supposedly lucrative pay only to promote their asses off, show up with shitloads of fans in tow, do their thing and have the promoter "mysteriously" take off in the middle of their set with all of the door cover charge cash stuffed in his/her pockets.

While the art of writing loophole-free contracts can be developed and improved upon over time, I am a firm believer that certain things should be left up to those who specialize in a given field. Without a solid foundation of the politics and business side of the music industry, as well as all of the legislation that could be potentially involved in a given matter, you likely will miss something. Lucky for you, back in the mid-1800s, as the world was becoming increasingly industrialized, factory work prevailed and when instances of worker exploitation and maltreatment occurred, not to mention a lack of any safety or health protocols abounded, workers came together to form what would later develop into trade unions.

Not merely reserved for those involved in construction, plumbing and the like, professional entertainers of all sorts (from musicians to actors to Foley artists) have at their disposal their very own unions which seek to serve the needs and protect the interests of their membership. One of the many perks that the American Federation of Musicians of the United States and Canada (our local affiliate being The London Musicians' Association) the AFM offers its membership is access to court-approved touring con-

tracts, free legal council and even emergency financial support (should an "unfair treatment" scenario arise).

Considering that regular annual membership dues are nominal in comparison to hiring a personal entertainment attorney, if you're ready to take your gig on the road, becoming an AFM member is really in your best interest. It's also something I'm not only recommending to you, but also strongly suggested to my friend (the one whose story I opened this piece with), after hearing of her all-too-common sad tale.

The thing is, however, that unions are only able to maintain collective bargaining power and effectiveness in the marketplace if they continue to maintain and generate membership. Sadly, the young aspiring musician demographic, while growing, continues to rank low in terms of representation in the AFM. I don't know about you, but I sure as hell don't want to even conceive of how much worse this industry could potentially get without the existence of our union (read as: it's already cutthroat!). In other words, here's a lesson in protecting your ass and your future: join the AFM.

Other benefits of AFM membership include its pension program, booking referral service, specialized insurance options and immigrations assistance in regard to touring foreign markets. For more information, check out the AFM's official website at [www.afm.org](http://www.afm.org) or the official website of our London chapter at [www.londonmusicians.com](http://www.londonmusicians.com).

# Say Hi's latest charmingly brilliant



**BOBBYISMS**  
BOBBY FOLEY

I write about random things a lot. I write a lot about random things. Not that you asked, but this Tuesday is my birthday, and I can't think of anything that would make me happier than having all sorts of new music released on it. Is that weird?

Even better is that this Tuesday marks the release of the album I would call your best bet for January, the one album that I would recommend above any other this month: January 25 is the release of the long-awaited *Um, Uh Oh* by Say Hi.

Say Hi is one of those bands that you've either heard of or you haven't, and one that you likely love if you're acquainted with them. They were called Say Hi To Your Mom until a few years ago, Say Hi was formed by Eric Elbogen, a songwriter that began in Brooklyn and moved to Seattle late in 2006.

Though there is a call on the Internet for the use of the moniker "indie" to stop being used to describe music, there is simply no

other word to describe Elbogen's unique, eclectic sound — Say Hi has always been a quirky, charming project. It began in 2002 in New York with the record *Discosadness*, which featured songs like *The Fritz* (about a malfunctioning computer) and *Kill The Cat*. Elbogen's lyrics, consistently strong and fascinating throughout each release, are approachable and relatable to listeners of any background.

*Um, Uh Oh* is the seventh release for Elbogen, and a brilliant new cornerstone work; not since 2005's *Ferocious Mopes* (named for the robot on the cover of the record) has there been such a strong cross-section of music so well representative of the band's sound — this new record is perfect as an introductory listen to the work of Say Hi for anyone that is looking for some caprice with their charisma.

By the numbers, the twelve songs on *Um, Uh Oh* average approximately 2:40 in length, and the record is such a quickie and interesting listen that will leave you wanting much more. Vocally, Elbogen sounds a lot like Conor Oberst, except much more likely to conjure images the likes of Springsteen or the Violent Femmes' Gordon Gano.

Though Elbogen's gifts in composing have been evident from the beginning, the music presented on *Um, Uh Oh* is clearly Elbogen at the top of his game, happily indicative of years of brilliance to come. Kicking off with *Dots On Map* and its dreamy *Strawberry Fields*-esque opening, this record sets a pace as one full of surprises.

From the stomping, funky quality of *Sister Needs A Settle* to the wafting flute that fills in on *All The Pretty Ones*, the Tom Waits noir quality behind *Shiny Diamonds* and everything in between, each song is armed to burgle your attention and your time.

"Well, the Devil got my number and the Devil got my size," sings Elbogen on *Devils*, the album's lead single. "I'm trying hard to get up lest He make it to my heart, cos I want to make it back from the dark, dark, dark."

Top 5 songs: *Posture, Etc.*; *Bruises To Prove It*; *My, How It Comes*; *Take Ya' Dancin'*; *Dots On Map*.

Twenty per cent that I would cut (two songs): *Handsome Babies*; *Lookin' Good*.

*Um, Uh Oh* is available through iTunes and other digital music stores, and through the band's website at [ILikeSayHi.com](http://ILikeSayHi.com). You can follow Elbogen on Twitter



CREDIT: MYSPACE.COM/SAYHI/PHOTOS

Say Hi's latest record, *Um, Uh Oh* can be heard online and is in stores on January 25.

@EricElbogen as the band embarks on a tour across the U.S. and Canada beginning early in February, stopping in Toronto on March 4 at El Mocambo.

And for all the latest music news, views and downloads, fol-

low this column on Twitter at @FSU\_Bobbyisms or check out the Music Recommendations thread in our FSU social network. Here's hoping that we can ring in your birthdays with awesome music too. I'm out of words.



## FANSHAWE STUDENT UNION ELECTIONS

Nominations open Monday January 24, 2011 for the following positions:

President	VP Finance	VP Athletics
VP Internal	VP External & Academic Affairs	
VP Entertainment	Board of Governors	

If you are interested and want to find out more information about these positions, stop by SC2001 and talk to this year's executives or email Joe Scalia, [fsupres@fanshawec.ca](mailto:fsupres@fanshawec.ca)

Tyler Lemco of *Epic Meal Time* enjoys a masterfully created burger.

## Montrealers grab YouTube fame with *Epic Meal Time*

JULIA HOROWITZ  
THE CONCORDIAN

MONTREAL (CUP) — Your regular meals probably lack the grandeur, taste and calorie count of a five-pound French Canadian sandwich, a quail in a hen in a chicken in a duck in a turkey stuffed in a pig or a giant egg roll, but for the guys of *Epic Meal Time*, a fast-paced online cooking show, their meals are just that and more.

Each week these Montreal locals attempt the impossible and often the frightening, by combining every ingredient from bacon and ham to Four Loko and Jalapeno chips, in an attempt to create an epic alternative to an ordinary meal.

What began as a fun activity between friends has transformed to an online phenomenon. Their first episode, launched in mid-October, was a pizza topped with fast food's greatest hits and covered in cheese. But the 5,210 calories and 286 grams of fat seems like a light snack when we compare it to the dishes that have made them so successful.

Their YouTube channel skyrocketed when they released "The Angry French Canadian," a French-Canadian-inspired French toast sandwich filled with poutine, maple syrup and steamed hotdogs. Further frenzy ensued with the release of the 79,000-calorie TurBaconEpic, an over-stuffed pig, for their Thanksgiving special, as it was shared over every social network imaginable.

Harley Morenstein, the co-creator and narrator of *Epic Meal Time*, said it was their love of food that made them launch this tremendously viewed YouTube sensation.

"We're foodies, all of us. We always have crazy ideas, we only decided to film them and let everyone watch recently."

Aside from Morenstein, the group includes Alex Perrault, or as Morenstein likes to call him, Muscles Glasses, a personal trainer known in the videos for wearing reflective aviators and using a paddle instead of a fork.

There is also Concordia University student Tyler Lemco, as

well as David Heuff, Josh Elkin and Ameer Atari. With the help of Sterling Toth, who films each episode, these 20-somethings have created an online phenomenon complete with war-themed music from inside their family homes.

Their YouTube channel has become an instant fan favourite, with their videos receiving over 12 million views in the last three months. Their genuine epicness and heavy fanbase made up of YouTube subscribers, Facebook friends and viewers worldwide have placed the *Epic Meal Time* sensation as the second most viewed channel in Canada this month and the 26th most subscribed Canadian channel of all time.

But their rise to Internet fame has not come without a few haters. Morenstein has managed "to keep these haters out" by addressing them numerous times in their videos and by building a nearly-19,000 calorie bacon-piled breakfast fortress.

"We don't really respond to people who take it too seriously, it is what it is," said Morenstein. "When people take it really seriously, we feel like they're missing the point."

The guys of *Epic Meal Time* have been nominated for a Shorty Award in the food category, an award that recognizes social media and Twitter fan-favorites. Currently they are in the lead, putting them ahead of shows like the Food Network's *Bitchin' Kitchen* and Twitter phenomenon Ruth Bourdain.

"We didn't know what they were, and then we started getting nominated by them, and we were like, let's win," said Morenstein. "But whether or not we're winning, we're giving them a run for their money now, and we're just dudes."

Their hopes are high for this cooking show without cooks, and understandably so. Things have snowballed rather quickly for these Montreal locals who are hoping things will get even more epic.

"*Epic Meal Time* Imax 3D, directed by James Cameron," said Morenstein. "That is where I see it going."

## Romano one to watch

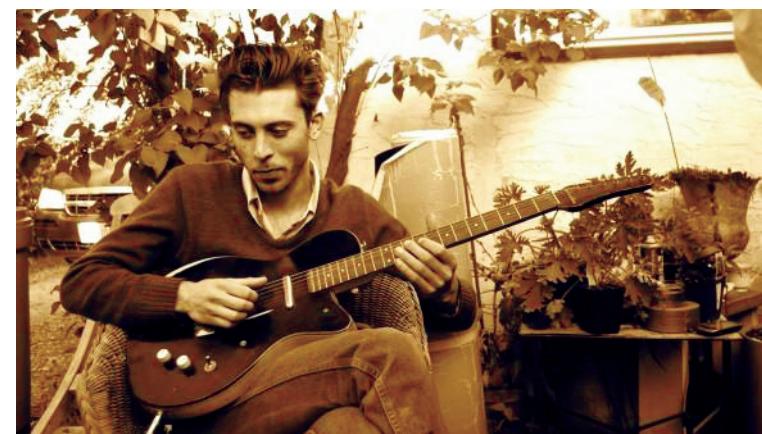
T.K. DALLMAN  
INTERROBANG

Daniel Romano co-produced Dallas Green's 2008 album *Bring Me Your Love*, he's a Juno-nominated graphic designer, record label owner and has performed in several outfits including Attack in Black and the likely-defunct Daniel, Fred and Julie. But after all that, this Welland, Ontario native still insists his legacy will be as "the guy with the nicest clothes," he joked in an e-mail exchange.

Not to discredit Romano's fashion sense, but in reality, it's his artistic talents and contributions to music that will far outweigh his contributions as a plaid-wearing fashion-lover. That's due, in part, to the excellence behind Romano's 2010 solo record, *Workin' For The Music Man*, released on his co-owned You've Changed Records. It's a brilliantly crafted fusion of indie, country and folk music Romano will be promoting on February 8, when he rolls into London with Jim Bryson and The Weakerthans to play the Aeolian Hall.

It's perhaps hard to describe Romano's place in the Canadian music scene. Certainly his most successful venture to date has been Attack in Black, a four-piece indie-folk group currently signed to Dine Alone Records. But after years of gruelling tours playing as the odd band out on bills with the likes of Thrice and Say Anything ("those bands have had no influence on me"), Romano was ready to shift gears into something a little more traditional.

That came with the creation of



CREDIT: MYSPACE.COM/DANIELROMANOMUSIC

Musician Daniel Romano will be at the Aeolian Hall on February 8.

Daniel, Fred and Julie, which paired Romano with Fred Squire of Calm Down It's Monday, and legendary songstress Julie Doiron, most notably of Eric's Trip fame. The three set out to emulate old folk and country field recordings made in the early 1900s by setting up in Squire's garage with a single tape player, two guitars and three voices.

A 2009 album was followed with a number of tours (interspersed with Attack in Black dates), until the group's apparent decision to separate once more.

Released half a year ago now, *Workin' For The Music Man* seems to culminate these past experiences, positing on the harmonic tendencies of old folk and country, this time with a full band – at least on record.

"I would have a band if I could afford it," Romano asserted. "I usually play alone or with a singer. I'm actually not sure how it comes across. I hope good. I have a good time."

One thing's for sure, Romano's various endeavours have earned him a great deal of praise, allowing for a certain creative freedom. And though Romano still feels as though he's blindly trudging through the music industry, his independence is perhaps his greatest asset.

"If you mean that I do whatever I want and people seem to be okay with it, then yes, I am very successful, (but) when (I say) I have little understanding of the music industry it doesn't mean I don't know how it works or what it does. It means I don't understand it."

Regardless, his talents as a writer, player, producer and engineer have certainly not gone unnoticed, and Romano is on several radars as an artist to look out for in 2011.

Do yourself a favour and check out *Workin' For The Music Man*, or see him live at the Aeolian Hall on February 8. Tickets are \$20 in advance, \$25 at the door.



## Self Defense Class

provided by  
*Women's Campus Safety Services*

and

**Fanshawe Campus Security Services**

Session 1 Tues. February 1 & Tues. 8, 2011 5:00 p.m.—10:00 p.m., Room TBA

Session 2 Tues. March 8 & Thurs. 10, 2011 5:00p.m.-10:00p.m., Room TBA

Session 3 Saturday, April 9th, 2011 9:00a.m.—6:00p.m. Room TBA

FREE of charge course provided to female students.

The course will include lectures, discussions and self-defense techniques. Suitable for all ages and abilities. Light snack will be provided. Limited class space, to reserve a spot please call

519-452-4400 ext. 4244 or visit room D1027



Green Corner

# Turn your next period into a party in your pants

ERIKA FAUST  
INTERROBANG

**Product Review:****Party In My Pants**

Nothing can ever truly make a period "happy" (sorry, Always), but some things can help.

Some women are cheered up by bright colours and pretty patterns. Other women light up at the sight of animals. For some, power tools really get their motors going.

All of these things can be found in patterns used by Party In My Pants, a company that takes a happy and eco-friendly approach to that dreaded time of the month.

PIMP is a woman-owned company that hand-makes cloth menstrual pads. The pads have a cotton top layer, an absorbent cotton core and a leak-proof nylon bottom shield.

The funky patterns will put a grin on your face, as will the soft textures of the flannel or cotton pads. (They even have organic cotton patterns for the hippie-chic!)

The best part about these pads, though, is that they have a far less harmful impact on the environment than disposable feminine products. According to thechicecologist.com, a typical woman uses somewhere between 8,000 to 17,000 disposable menstrual products in her lifetime.

That's a ton of trash. Cloth pads can last from five to seven years, if you take good care of them.

I wasn't entirely sure about these products when I first heard about them. I ordered a few different sizes for a trial run before I was ready to make the switch.

The pads arrived in a discreet brown box – not emblazoned with the company's name, as I had expected. The box ships from "Luci Daum Design LLC," so for those who are shy about what others may think, people probably won't be able to tell what you ordered from looking at the package.

The pads come wrapped in lovely light brown tissue paper with leaves printed on it. Along with the pads, the box contained a thank you note, care instructions and a small piece of dark chocolate. I'm not one to buy into the whole "emotional women need chocolate" stereotype, but come on – who doesn't love chocolate?

Overall, this was definitely the nicest presentation of pads I've ever seen, but do they work?

Hell yes.

They're thin and not bulky – not to mention comfy and cozy – which made me feel pretty good. When I thought about how much money I was saving – close to \$240



CREDIT: ERIKA FAUST

Party In My Pants is an environmentally-friendly option women have when it comes to feminine hygiene products.

over five years, according to the PIMP savings calculator (<http://partypantspads.com/savings-calculator>) - it improved my mood even more.

The pads have wings with a small snap. Though the pads are not adjustable, you can order a free wing extender if you need a little extra room. Cloth pad newbies are probably better off ordering a few different sizes for their first time,

to find out which sizes fit most comfortably.

Washing the pads – the part that most people are uncomfortable with – was not a big deal. The website and care instructions both outline exactly how to care for the pads to make them last as long as possible. Rinsing is optional – you can just toss these into a washer with warm or cool water and regular detergent. You can dry the pads

by hanging them up or by popping them into the dryer on a low or medium setting. Being blasted with hot water and air can damage the pads' nylon shield, making them deteriorate more rapidly.

I'd recommend PIMP to every woman I know. They may not make your period "happy," but it'll definitely liven it up.

Visit [www.partypantspads.com](http://www.partypantspads.com) for more information.

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### Tues Jan 25th

Tony Lee XXX Hypnotist  
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\$6 adv / \$8 door



### Wed Jan 26th

Bedouin Soundclash  
with Grand Analog  
Forwell Hall @ 9 p.m.  
\$8 adv / \$10 door



### Wed Jan 26th

Karaoke  
Forwell Hall  
11:30 a.m. to 1:30 p.m.



### Thurs Jan 27th

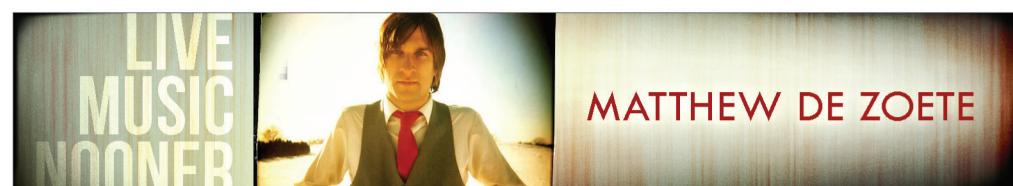
WTF?! Pub

OBS @ 9:30 p.m.  
\$3 adv / \$4 door



### Thurs Jan 27th

Live Music Nooner  
with Matthew De Zoete  
Forwell Hall @ 12 noon



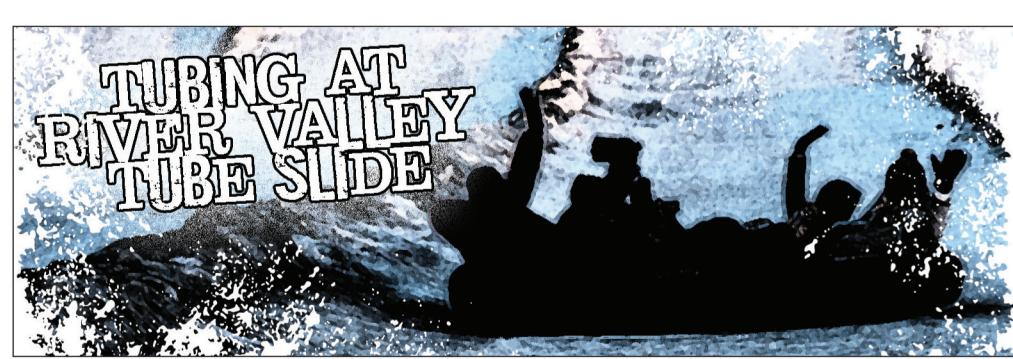
### Fri Jan 28th

The Jettison Commitment  
with Single Mothers and  
Ghostship Victoria  
OBS @ 9:30 p.m.  
No Cover



### Fri Jan 28th

Tubing @ River Valley  
Tube Slide  
Bus leaves outside  
R residence @ 7 p.m.  
7:30 p.m. to 9:30 p.m.  
\$5 (tickets @ Biz Booth)



### Sat Jan 29th

Road Hockey Tournament  
11 a.m. to 3 p.m.  
Register @ Biz Booth





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## So you want to be in movies?

JESSICA IRELAND  
INTERROBANG

Mimetic Entertainment is looking for a few good actors to be a part of their feature film *Cheer For Your Life: The Diary of Lori Lang*.

"Our goal is to get as much local talent as possible," said George Ibrahim, casting director for the film.

The dates for auditions are London, February 18 and 19; Windsor on February 20 and 21; and Toronto on March 5 and 6.

The movie is based on an original concept by Gavin Michael Booth and will be produced by Rob Merilees (*Just Friends*, *Imaginarium of Dr. Parnassus*, *Hard Core Logo II*, *Capote*). While Ibrahim couldn't reveal too much about the film, the story revolves around a high school cheerleader, Lori Lang, who constantly finds herself in situations where she must save the world.

"It's like Indiana Jones with pom-poms," said Ibrahim.

The film has secured theatrical

distribution and is planning to film this summer in and around Windsor.

"Gavin has always been into the Windsor scene, he wants to make Windsor boom in the film industry," said Ibrahim.

There are about 12 parts to audition for that feature a range of age groups; however, if you can successfully pass for a high school student, you can qualify for those parts as well. But just because there are 12 parts listed, interested actors should not be deterred if they feel they can't relate to the roles. They are looking for lots of extras, he said.

To get involved, visit [watchwindsor.wordpress.com](http://watchwindsor.wordpress.com) under "Casting Call – Feature Film – Windsor" (posted January 13) to read the roles' biographies. Submit your resume, the character(s) you want to audition for and any headshots or demos to [diaryoflori.lang@yahoo.ca](mailto:diaryoflori.lang@yahoo.ca). Callbacks will be March 12, 13 and 14.



On set and behind the scenes of the documentary *BODY MOD*, directed by Brittany Farhat. From left to right, Jessica Kjeldsen, Gerry Sutherland, Kurt Heaslip, Tyler Niessen and Brittany Farhat.

CREDIT: AFM

## Filmmaking students rock out with their doc out

ERIKA FAUST  
INTERROBANG

Fanshawe's advanced filmmaking students have been hard at work for the past three months, pitching, producing and editing short documentaries.

The films range in scope from London's tattoo scene to the lives of people with depression to a grandma navigating the digital world. Each film is seven to 12 minutes long. The subjects are "very diverse and unique," said Alysha Baynes, an advanced filmmaking student.

The students will be showing off their hard work at the first annual

documentary festival on Friday, January 28. Each student pitched their idea for a doc in front of their classmates and professors. The top 11 ideas were chosen based on feasibility and the strength of the pitch, said Baynes.

Students were split into groups of four to produce each film, but according to student Brian MacDonald, "People were more than willing to help each other out."

Each film was shot over a three-day period. "We collaborated with the audio post-production students," said student Kyle Scott.

The documentaries represent the major project for this post-gradu-

ate program. "It's what we spent most of our time on," said Baynes.

The documentary festival is free to attend, but donations are greatly appreciated. All donations go back into the program to ensure Fanshawe will continue to produce fine filmmakers for years to come.

The film festval on January 28 takes place in Fanshawe's new high-definition theatre in room D1060 at 7 p.m. There will be the usual movie fare – soda and popcorn – available to munch on.

Keep your eyes open for the students' next upcoming film festival, which will showcase narrative stories, at the end of this semester.

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**Everyone is welcome!**

Fanshawe International Club



## Shark flick good for a lark



Cinema Connoisseur  
Allen Gaynor  
www.cinemaconn.com

### Deep Blue Sea (1999)



It has been called the feel-good story of the year by some: Ted Williams, a homeless man with an incredible voice recently went from rags to riches. A video of Williams cutting radio promos went viral, and soon he found himself with many offers for work, including one from the Cleveland Cavaliers.

Then came the news that Williams had quite a rap sheet. Not only did he have a history of drug problems, but he had served time for theft and forgery. This just goes to show the Cleveland Cavaliers that it is very important to do background checks, and that you can't replace LeBron James with just anyone off the streets.

Now called me old fashioned, but criminals like Mr. Williams don't have any place in the realm of professional sports – except for on the field of competition. Only once you have thrown a 50-yard touchdown pass, or completed a 360 degree dunk have you earned the right to gun down a fellow strip club patron or drown some dogs.

So what does this all have to do with this week's film? Well, the Cleveland Cavaliers are partially owned by a man named Gordon Gund, who also used to own the NHL's San Jose Sharks. And this week's film, *Deep Blue Sea*, is about, you guessed it, sharks.

Dr. Susan McAlester (Saffron Burrows) is the head researcher at Aquatica, an underwater facility that houses a team trying to find a cure for Alzheimer's. Samuel L. Jackson portrays a representative from the corporation that is funding the research. He decides to visit the facility to see how things are going.

This proves to be a bad move, as things are not going very well at all. In a desperate attempt to hastily find a cure, Dr. McAlester has increased the brain size of several

sharks, so that they can better harvest the tissue used for their Alzheimer's cure.

The problem is, sharks with bigger brains are faster and more dangerous. This leads to the whole crew becoming endangered as not only are they surrounded by super-intelligent sharks, but their research facility begins to sink. Think *Titanic* with less romance, and more arms being bitten off by sharks.

*Deep Blue Sea* has a lot going for it, including one of the greatest moments in motion picture history. As you can imagine, being hunted by hyper-intelligent and vicious sharks can be quite trying. Everyone starts bickering, but luckily Samuel L. Jackson's character is there to bring everyone together. One thing Jackson does better than any other actor is giving motivational speeches. He did it in *Pulp Fiction*, he did it in *Coach Carter*, he even did it in *Snakes on a Plane*. Well in *Deep Blue Sea*, he gives a rousing pep talk that leads the crew to believe they are going to get out of this mess. Then as soon as he gets out his last word, a shark jumps out of nowhere and swallows him whole. This was fantastic. Just imagine if in *Jerry Maguire*, if immediately after Tom Cruise said to Renée Zellweger, "You complete me," a shark broke down the front door and attacked him. That would rule, and this most certainly ruled.

You know what else rules? The fact that LL Cool J was in this film, playing the role of Preacher. No, Preacher is not the facility's chaplain, rather he is the cook. I swear, LL Cool J has been in every movie that I have watched over the last 20 years. I think he may have even been in *Schindler's List*. And I can see why producers keep hiring the man. He is a dynamo. Will Smith might grab all the headlines, but the truth is that Mr. Cool J is the one who is truly keeping it real.

*Deep Blue Sea* is a film that I have fallen in love with, hook, line and sinker. It baited me in with a compelling storyline, and terrific performances. If you are fishing for a good movie to watch, then cast your eyes on *Deep Blue Sea*.

## The Coens have truly outdone themselves



REEL VIEWS  
Alison Gaze  
a\_gaze@fanshawonline.ca

### True Grit (2010)



The 2010 version of *True Grit* is nothing like your grandfather's John Wayne films. From its opening moments, you are inescapably drawn into the brutally difficult world of Mattie Ross and her search for vengeance.

*True Grit* tells the story of 14-year-old Mattie who, in 1877 Arkansas, hires a U.S. marshal to track down and kill her father's murderer. Mattie confidently hires Rooster Cogburn because of his reputation and grit. The two unlikely colleagues are equally aided by the Texas ranger LaBoeuf as they are hindered by his parallel desires to capture the man, known as Tom Chaney among other aliases, they desire. Through the Choctaw Nation territory and unsettled lands, danger and the brutality of life hinders every stage of their journey.

Relative newcomer Hailee Steinfeld takes the reigns as Mattie Ross, and embodies the non-nonsense, prudish and stubborn complexities of Mattie with talent and wisdom that is far beyond her years. Mattie is so single-minded and utterly determined to get her revenge that it is easy to forget that both the character and the actress are only 14. Rooster Cogburn is brought to life this time by Hollywood titan Jeff Bridges, "The



CREDIT: PARAMOUNT PICTURES  
Jeff Bridges, left, as Rooster Cogburn and Hailee Steinfeld as Mattie Ross star in *True Grit*.

Dude" who won an Oscar last year for his role in *Crazy Heart*. He gives a much darker and messier portrayal of Cogburn than Wayne in the 1969 film. Heavy whiskey drinking and a crass attitude contrasted with a genuine care for Mattie's well being will tug a little at your heart strings while watching, and it will remind you just how talented Bridges really is. Matt Damon brings to life the meddling LaBoeuf, and proves his greatness once more through his powerful and moving on-screen moments. Josh Brolin gives life to Tom Chaney, although his complete immersion into the character paired with his astounding versatility may have you unsure of his identity at first or even second glance.

*True Grit* is done in true Coen form; ultra-stylized, fast-paced and saturated with brutal violence. This time, however, things are taken a step further. The scene doesn't cut

where the brothers' previous films have, and instead of imagining Steve Buscemi's head struck with an axe in *Fargo*, this time you are witness to all the brutality the flick has to offer, including a finger amputation and bullet holes scattered through characters. The violence only heightens the experience, though, as it becomes equally impossible for the audience to escape the violence of Mattie's life as it is for the young girl herself.

Breathtaking and heart-racing, *True Grit* is undoubtedly a western movie for the ages, keeping true to many of the traits of the classical Wayne style while updating the feel of the story to keep a modern audience captivated from start to finish. The flick is definitely a must-watch for both western lovers and Coen fans alike, although the violence and modernizations are surely not for every film viewer's palate.

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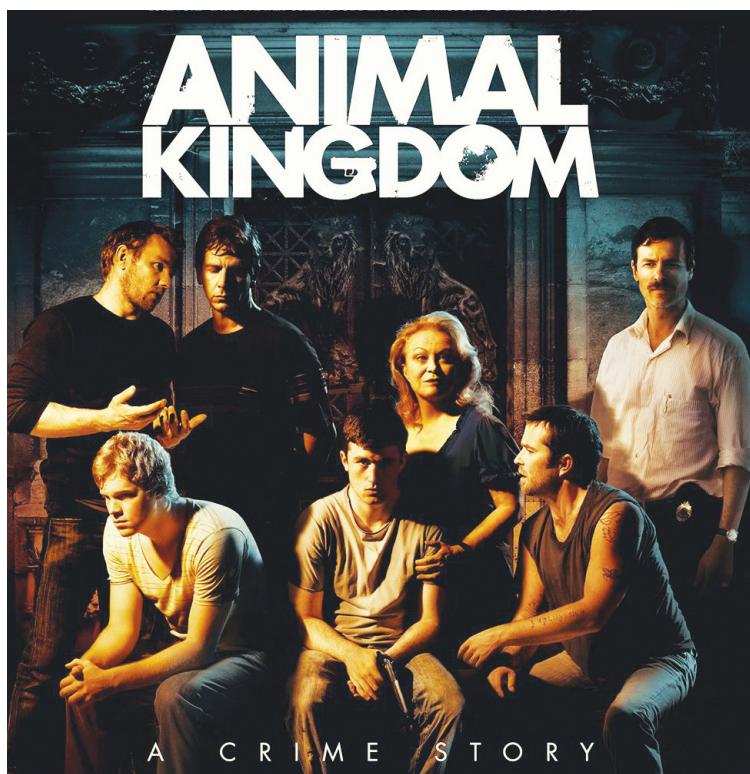


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## Drama from down under

TATUM VICTORY  
INTERROBANG

### Animal Kingdom (2010)



Midnight Oil. Crocodile Dundee. Yahoo Serious. Men at Work. Elle Macpherson. Australia has given us a lot of great entertainment over the years, but what has the continent/country done for us lately? Well, they recently provided us with one of 2010's most acclaimed films, *Animal Kingdom*.

As *Animal Kingdom* begins, 17 year old Josh, a.k.a. J (James Frecheville) is seen sitting next to his mother watching the Aussie version of *Deal or No Deal*. Unfortunately, his mother has just overdosed on heroin. Not knowing where to turn, Josh calls his grandmother (Golden Globe nominee Jacki Weaver), which leads him into a life of crime.

If you think you have been to some awkward family reunions, your experience would likely pale in comparison to J's. Living with J and his grandmother are his three uncles, all involved in one crime or another, be it armed robbery or drug dealing.

When one of the family's associates is killed by the police, the uncles retaliate by offing a few officers themselves. J finds himself in hot water with the police as a result, and for the rest of the film must wrestle with the question of whether he should stay loyal to his family, or comply with the author-

ities for the sake of his own safety.

James Frecheville, though still a high schooler at the time of filming, delivers a fine performance as J. It is a very subdued performance, which really helps the film, as you never quite know which way he is leaning. He has a real poker face.

Guy Pearce (*L.A. Confidential*, *Memento*) is excellent as Nathan Leckie, the detective who continually implores J to help him put his uncle behind bars. Unlike a lot of portrayals of police officers, Pearce's Leckie comes off as very sympathetic towards J.

Portraying Janine, a.k.a. "Smurf," the mother of this dysfunctional unit, Jacki Weaver comes off as sweet one moment, and downright sinister the next. This is no easy task, and Weaver was definitely worthy of her recent best supporting actress Golden Globe nomination.

Truth be told, there is nothing particularly revolutionary in *Animal Kingdom*. There have been a lot of other crime dramas that have dealt with similar such issues. But *Animal Kingdom* just seems to do it better than most. I don't know if it is the superior acting (particularly from Jacki Weaver and Guy Pearce), or if it is those irresistible Aussie accents, or perhaps it is a combination of both. Either way, *Animal Kingdom* is definitely a film to check out. Don't just take my word for it though. Quentin Tarantino recently named it his third favourite movie of 2010 behind *Toy Story 3* and *The Social Network*.

## Little film asks some big questions



REEL VIEWS  
Alison Gaze  
a\_gaze@fanshawonline.ca

### Mr. Nobody (2009)



When *Mr. Nobody* opened at the Venice Film Festival and later screened at the Toronto International Film Festival, audiences liked what they saw and it's no great wonder why. *Mr. Nobody* explores numerous what-if scenarios in one man's existence in a most intriguing way.

The film's base premise is simple enough, although it becomes extremely convoluted in the never-ending time shifts and jumps to parallel planes of existence. *Mr. Nobody* tells the story of Nemo Nobody and the various lives he could have, the reality of which hinges on a single moment in his childhood wherein he must choose between living with his mother or his father after their divorce. The story goes off on three major tangents of what Nemo's life could have been if his decision differed, and in each exploration of his life un-lived Nemo is married to a different woman. The main plot device that holds the vast amount of scenes and scenarios together is the premise that Nemo has lived to be 120 years old and he is recounting his life story to a journalist. This works well enough, but if you aren't paying strict attention it becomes easy to find yourself lost in the overly complicated and fragmented plot.



CREDIT: MRNOBODY-LEFFILM.COM

Sarah Polley was one of the women Jared Leto was married to in one of his alternate lives in *Mr. Nobody*.

tinct lack of conviction in his gestures and his words, one is left to wonder where did his talent disappear to?

The editing is very quick in this film, so much so that, even if you are paying close attention, it's not difficult to forget which reality a particular scene is set in. The sheer amount of fragmentation within *Mr. Nobody* makes any linear understanding of the story nearly impossible.

Despite its weaknesses, *Mr. Nobody* is an overall astounding film. It explores questions of what-if and parallel lives, and of fate, free will, heaven and existence itself. The newly released DVD offers the chance to view scenes you may have missed and informative Making Of, Behind-The-Scenes and Deleted Scenes options.

A decorative advertisement for a 'Black & White AFFAIR'. The text is framed in a scalloped border and set against a black and white floral patterned background. The FANSHAWE STUDENT logo is in the top right corner.

## SATURDAY FEBRUARY 5

9:00 PM OASIS ~ A Semi- Formal Party  
Dancing ~ Prizes ~ Midnight Buffet

Tickets available at the Biz Booth. Early bird tickets - \$10 before December 10  
Advance - \$12 (\$1 off if you bring non-perishable food item to Biz Booth) Door ticket - \$15

A fundraising event for Fanshawe's Sharing Shop

We are still looking for volunteers,  
please contact fsuexternal@fanshawec.ca for more details

An advertisement for Palasai Retro Bowling Lounge. It features a woman in a mini dress holding a bowling ball. Text includes: 'Tuesdays it's \$3.50 bowling, billiards & Coronas!', 'Palasai', 'Retro Bowling Lounge', 'Drop by. Have a good, clean wholesome time.', and the website 'www.palasai.com'. Address: 777 Adelaide Street (at Oxford) tel. 645-7164 and 141 Pine Valley (Wonderland & Southdale) tel. 685-1390.

## Fresh trends to look forward to in the New Year



**ZOOT**  
JOSHUA R. WALLER  
jwzoot@gmail.com

With last year's unique trends and fashion mishaps now becoming a part of history, 2011 has some pretty exciting trends coming up. The New Year offers innovative men's suits, jeans and a twist on motorcycle fashion. But along with the fashion-forward trends come some trends that are not often worn by the general public, like eccentric bathing suits.

For men's suits this year, the main focus is on classicism and masculinity – in other words, taking styles from the past, applying them to the modern day male and accentuating their physiques. These suits incorporate elements from three different eras: the Victorian era, the 1930s and the 1960s. Taking the formality and sophistication of the Victorian era, the savoir faire of the '30s and the

slim detailing from the '60s is what makes up the classicism element of the 2011 style suit. The masculine element of the New Year suit is basically defining the male physique, for example, by making the shoulders appear broader.

For the new cut of jeans for men, it is time to say goodbye to the skinny jeans (that are unflattering nine times out of 10), and hello to bell-bottoms and flared jeans. Usually the women's trends come out first and then the men's clothing takes a different spin on them a while later, but with this trend, they came out at the same time. Men's bell-bottoms are less accentuated and are actually only slightly wider than a boot cut jean, but have a slimmer waist line which makes the hemline appear more defined.

The motorcycle fashion trend has been in style for women for quite a while but is just emerging into the men's wardrobe this year. It is a fairly simple trend with the main component being an intricately designed leather jacket, also known as a "statement jacket." This is what creates the outfit while

the dark jeans and black boots are just what polish it off. While the women's trend uses a lot of different colour palettes, the men's rendition is strictly black.

Now with these fashion forward trends come some "interesting" designs that are definitely going to be double-takers and may not receive a positive response from the majority of society. The first unusual trend is the crop-top, which is a shirt that cuts off just before the belly button. While this might seem fitting for a male with great abs, the majority of the population would not fit into this category. The second, and probably the most unusual trend, is the monokini for men, which was originally designed for women and consists of only a bikini bottom. The third odd trend for 2011 is the "megging," also known as male leggings which would be worn underneath shorts. While these trends may seem way too far out of the box, they might just end up being the next revolutionary idea to men's clothing and could end up in your closet sooner than you know.



CREDIT: FASHIONFAME.COM

The monokini for men, designed by Emporio Armani.

## Spring and summer go grunge for 2011



CHRISTINA KUBIKA  
KALASHNIK  
FASHION WRITER

When I think of spring and summer, I think of beautiful gardens, lush foliage and flowers that dot the grass. I think of brightly coloured balloons and vibrant landscapes. Women in pinks, blues and yellows. Khaki-coloured safari shorts and flashy purses. Nautical or tea party-styled outfits.

Isn't it weird that the majority of the clothes for spring/summer 2011 are everything but the standard sweetness?

The bland colours that we've been seeing in past seasons are going to transition into summer. Fashion-lovers are definitely going to want to be paying attention to retail stores. A lot of winter colours have been showcased in fall, and now would be a great time to stock up on items that soon go on sale as winter winds down.

So what are the key things to look out for this summer?

### 1. Accented neutrals

Accented neutrals are something that everyone needs to master. It's a look that says calm and classy, with a dash of spice. It's a way of dressing to a level that we're comfortable with but throwing in a splash of colour adds interest to the outfit. The best way integrating this type of colour palette into our wardrobes is to start with accessories.

Accessories require little commitment and can be taken off if we decide that halfway through the day we don't like it. One of my favourite ways to do this is belts and scarves. Belts and scarves are a no-commitment way of trying out different colour palettes against the skin tone. They're inexpensive items to add to outfits to grab attention. My favourite combinations for the upcoming seasons are camel and red, and black and purple. Give 'em a try!

### 2. Sheer, not slutty

An up-and-coming trend that's been happening is peek-a-boo bras underneath lace and sheer tops. When revealing lingerie, it has to be tasteful. If you're going to do it, make sure that you aren't revealing

an excessive amount of cleavage at the same time. The best way to incorporate this trend into everyday wear is to create a balance between feminine and masculine. Wearing a cropped pant with a tucked lace top and a peek-a-boo bra in a matching colour with oxfords is very cute. It also creates a great balance between fabrics that are form-fitting and ones that sit away from the body. The sheer tops have a little bit more freedom to them as long as they fit you loosely. With sheer tops, make sure not to wear a bra that stands out more than the colour of the top

– no white, red or pink. Remember, these tops are supposed to add intrigue, they're supposed to make us wonder what's underneath. We should be pleasantly surprised with what we're seeing – don't give it all away at once, ladies.

### 3. Girly with an edge

This might be one of my favourite trends for the season! Punk rock feminine is a very important style genre. Taking a girly look and adding elements of girl-gone-bad is so sexy. Mixing the two shows a little bit of risk in your personality, and having more than one look adds drama.

Depending on your personality, it's always best to lead with one of the looks, either dress femininely and then add your punk rock twist or dress punk rock and add girly touches to your outfit. With this seasonal trend, it's great to amp it up with the clothing and not just the extras. Wearing a light pink lace camisole under a plunging black v-neck, liquid leggings, pink flats and a mixture of silver jewelry is a great way to integrate both looks. I personally will be taking my own fabulous advice this season and trying these trends because I know that they're too hot to miss out on!



A feminine gown paired down with a jersey sweatshirt causes us to wonder where she might be going.

**H HUMBER**

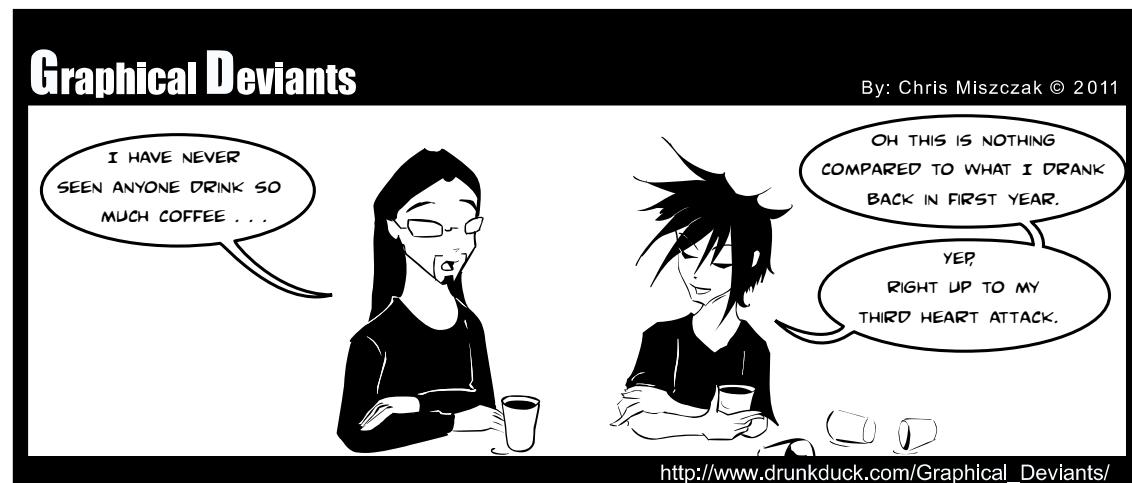
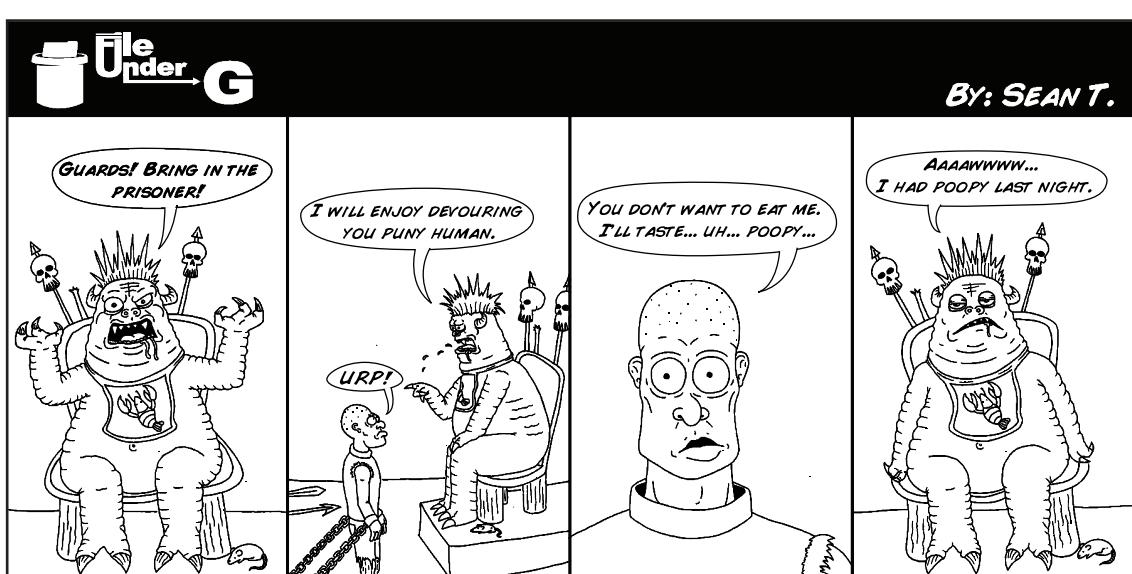
**IT'S LIKE  
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OF THE TREND**

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**BUS STOP****Sudoku Puzzle**

	1		6			4		
				4	7	2		
2					8		1	
	6			8	7		9	
			6		1			
	7		5	3			4	
6		4						9
	2	7	3					
9				5			7	

*puzzle rating: hard*

Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box. Solution can be found on page 22.



# *zodiac* stargazer HOROSCOPE

**Aries (March 21 - April 19)**

Instant gratification is forgotten once the next big thing comes along. If you're concerned with quality, try a little patience. Focus on the future, where the real fun will be.

**Taurus (April 20 - May 20)**

Maybe it's subjective misery and not general collapse. Others seem to be doing well under what feel like unacceptable conditions for Taurus. Your time in the sun is right around the corner.

**Gemini (May 21 - June 20)**

Enter the spirit of the debate. Your opponent's views aren't a reflection of his or her character. After this is over, sit down together with food or drink, and explore the things that you have in common.

**Cancer (June 21 - July 22)**

You're too eager to invest in a faint hope. Painful reality is easier to handle when you see it through rational eyes. If Cancer isn't having much fun, only Cancer is to blame.

**Leo (July 23 - August 22)**

Transactions are both easier and harder between those who know each other too well. You know exactly what you're getting, including all of the invisible strings attached. Let familiarity breed comfort instead of contempt.

**Virgo (August 23 - Sept. 22)**

It's better to yield than to use force. Interesting situation is too strong or subversive for your usual methods to work. As long as you're being swept in a new direction, try to enjoy the scenery.

**Libra (Sept. 23 - Oct. 22)**

Even though it's essence that matters most, appearances still count for something. Wear the clothes that best reflect the light in your eyes. You're obviously the most attractive creature that ever drew a breath.

**Scorpio (Oct. 23 - Nov. 21)**

It's nature to expect impossible perfection. Unfortunately, there's not enough of a favourite resource to go around. Save the best for someone who has been hit much harder by disappointment.

**Sagittarius (Nov. 22 - Dec. 21)**

Others wonder how you live at such a pace, but this is all normal Sagittarian stuff. Your appetite matches your capacity. Your faith in your abilities is born out by an unbroken string of successes.

**Capricorn (Dec. 22 - Jan. 19)**

If you care enough about the truth, you won't let your pride stand in the way. Someone else's big new scheme is so full of holes that a herd of Goats could run through it. Reasonable people deserve fair warning.

**Aquarius (Jan. 20 - Feb. 18)**

With your farseeing mind, you can please those that you love and outwit the ones who aren't worth your time. Youthful enthusiasm mixes with practiced skills. No box or category can hold you.

**Pisces (Feb. 18 - March 20)**

Nobody's calling you an idiot savant. You're just a specialist who needs a push in the right direction. Brilliant developments are taking place behind the screen of your thoughts.

**Down****Across**

1. Animal fat  
5. \_\_\_ belle: Disney cow cartoon character

10. First part of 'morphose'  
14. Wing-like  
15. Enticed  
16. Press  
17. Art style  
18. Disney division (2 words)(abbr.)

19. Walk with a light springing gait

20. Symbol of sovereignty  
22. Bay windows  
24. Desserts  
25. Skin condition characterized by pimples  
26. Run a short distance at full speed

29. Idiom: Take drastic \_\_\_  
33. Feminine name  
34. Marsh bird

35. Building addition  
36. Marriage symbol  
37. Old woman

38. Idiom: \_\_\_ and shine  
39. Teacher's degree (abbr.)  
40. Snake sound

41. Dogs, for instance  
42. Portray in words  
45. Balances

46. Gigantic birds of Eastern Legend

47. British nobleman

48. Straighten

51. Idiom: Back to the \_\_\_ board

55. Pack of paper

56. Immigrants' island

59. Opera solo

60. Idiom: On the \_\_\_ page

61. Brother's daughter

62. Talks incessantly

63. Expression of regret

64. Idiom: A leopard can't change his \_\_\_

65. Metal fastener

**Down**

1. Boys

too much water is absorbed in the large intestine and poops become dry.

11. There are at least six universal facial expressions. They are: happiness, sadness, disgust, fear, anger and surprise.

12. A Russian man who wore a beard during the time of Peter the Great had to pay a special tax.

13. A sneeze can travel as fast as 100 miles per hour.

14. A study indicates that smokers are likely to die on average six and a half years earlier than non-smokers.

15. After 27 years, Betty Rubble made her debut as a Flintstones Vitamin in 1996.

16. Alexander the Great and Julius Caesar were both epileptic.

17. An average adult produces about half a litre of flatulent gas per day, resulting in an average of about 14 occurrences of flatulence a day.

18. Asthma affects one in 15 children under the age of 18.

19. Being lactose intolerant can cause chronic flatulence.

20. Between 12 per cent and 15 per cent of the population is left-handed.

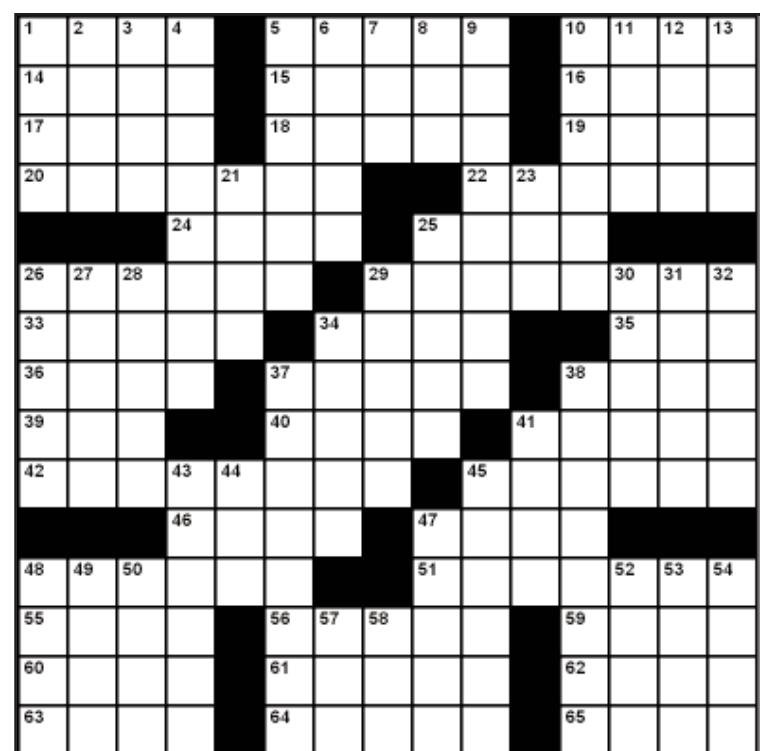
21. Bile produced by the liver is responsible for making your feces a brownish, green colour.

22. Children grow faster in the springtime than any other season during the year.

23. Close to 50 per cent of the bacteria in the mouth lives on the surface of our tongue.

24. Eating chocolate three times a month helps people live longer as opposed to people who overeat chocolate or do not eat chocolate at all.

25. Every day, the average person swallows about a quart of snot.



2. Masculine name  
3. Speed contest  
4. Idiom: \_\_\_ like flies  
5. Deep purplish red  
6. Oils  
7. Curved shape  
8. Soften flax by soaking  
9. Idiom: Devil's \_\_\_  
10. One's environment  
11. One of the Great Lakes  
12. Ring a bell  
13. Unwanted picnic guests  
21. Prong  
23. Medical professionals  
25. Very long periods of time  
26. Begat  
27. High opinion of one's value  
28. Tears apart violently  
29. Largest living deer  
30. Idiom: Pull in the \_\_\_  
31. Commercials' cow  
32. Luges
34. Baby beds  
37. Idiom: Don't count your \_\_\_ before they hatched  
38. Tracks upon which trains travel  
41. Feminine name  
43. Robbery, murder, etc.  
44. Masculine nickname  
45. Describes a word grammatically  
47. Decree  
48. \_\_\_ Major (Big Dipper)  
49. Masculine name  
50. Hindu god of sexual love  
52. Iraq's neighbor  
53. E. Indian palm tree  
54. A convulsive catching of breath  
57. Mouth part  
58. Constellation

**Solution on page 22**

## Word Search



**Terminator: The Sarah Connor Chronicles**

(Words in parentheses not in puzzle)

Cameron	(James) Ellison	Resistance (leader)
John (Connor)	Fugitives	(Saviour of) mankind
Sarah (Connor)	Guardian	Single (mother)
Cyborg	Machines	Skynet
Destiny	Kyle (Reese)	Terminator

**ENTER TO WIN A**



## KIOSK QUIZ ANSWER

FROM JAN. 17

Get an ISIC card at the University of Western Ontario – UCC building.

PRIZES SPONSORED BY CHARTWELLS.

**Fill in the missing letters in the Jumble below**

O	W	I	E		A	N	D	E	L		
C	S		Y								
S	C	T		E	L	R	D				
P	A	U		U	I	L	F	O	Y	L	E

Now rearrange the letters you filled in to spell the name of a fantasy drama series:

--	--	--	--	--	--

Jumble answers on page 22

25. Every day, the average person swallows about a quart of snot.

## BEST IN LATE NIGHT COMIC RELIEF

### THE TONIGHT SHOW with Jay Leno

Ted Williams, the homeless man with the golden voice, has gone from being homeless to being famous, and now to rehab. So you know what's next: *Dancing With the Stars*.

Starbucks introduced its biggest drink ever: the 31-ounce "trenta." The cost: \$1 million.

Congratulations to the new Miss America, 17-year-old Teresa Scanlan. You can tell she's still a teenager by her talent — texting while driving.

There was a really awkward moment when the Chinese president met President Obama's daughters and asked them, "So what factories do you kids work at?"



### CONAN with Conan O'Brien

Arnold Schwarzenegger says that being governor of California cost him at least \$200 million in lost movie roles. Movie-goers everywhere say it was worth it.

Secretary of State Hillary Clinton made a speech urging Arab leaders to enact real reforms. Halfway through the speech, Arab leaders looked at each other and asked, "Why is a woman talking?"

Regis Philbin announced that he will be retiring after 40 years on television. It's a shame because he was only 60 years shy of breaking Larry King's record.

Kanye West is going to have a gay love scene in an upcoming movie. The scene will feature a mirror and West.



### LATE NIGHT with Jimmy Fallon

A town in Britain is making government employees submit written requests to have an office romance. That's going to be weird if the other person's not into it.

The Kardashian sisters are planning to launch their own clothing line at Sears later this year. The clothes will come in three sizes: Kourtney, Kim, and Khloe.

The FDA says it will limit the amount of pain reliever found in Vicodin. Which explains my new substitute for Vicodin: two Vicodin.

A new report found that most students don't learn much in their first two years of college. When students heard that, they were like "What are you talking about? I built a bong out of a shoe."

### THE LATE LATE SHOW with Craig Ferguson

CBS announced that Charlie Sheen wasn't on the set of *Two and a Half Men* because he had an ear infection. I get the feeling that CBS publicists just stopped trying.

Economists are predicting the end of Europe's currency, the Euro. Instead of the Euro, they may have to fall on their old stand-by, the Speedo.

Piers Morgan's show premiered on CNN, and his first guest was Oprah Winfrey. That lady came across as warm and inviting — and Oprah did OK too.

Regis Philbin is stepping down from television. I don't know what he'll do now, but he's welcome to take over this show.



### THE LATE SHOW with David Letterman

Snooki says at least once a month she wakes up in a trash can. If she stays healthy, she could break David Hasselhoff's record.

Hugh Hefner is engaged to a 24-year-old playmate, and he's in his 80s. It will be her first marriage and Hugh Hefner thinks it will be his first marriage too.

Former Vice President Dick Cheney predicts that President Obama will only last one term. This is coming from the same guy that predicted weapons of mass destruction in Iraq.

The Republican National Committee elected Reince Priebus as their new chairman. "Reince Priebus" is also the name of a car driven by Jay Leno.



# CLASSIFIEDS

TO PLACE YOUR AD IN THIS SECTION, PLEASE CALL SARA AT 519.453.3720 ext. 230

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**DISORDERED EATING CAMPUS SUPPORT GROUP:** Is this a group for you? Drop-in sessions; No registration required. Every Wednesday from 3 p.m. – 4:30 p.m. in room F2010-5. This is a "drop-in" group for Fanshawe students who are struggling with any disordered eating thoughts or behaviours. Learn healthy coping skills and strategies and explore issues related to recovery such as dealing with stress, healthy relationships, and self-care through discussion and writing activities. This group is offered by Hope's Garden. Hope's Garden is a support centre, not a treatment centre, and thus all of our groups are non-clinical in nature. For more information about support vs. treatment, Hope's Garden group house and ground rules, or other programming, please visit [www.hopesgarden.org](http://www.hopesgarden.org) or call 519.434.7721.

### ANNOUNCEMENTS

**LETTERS & ARTS SOCIETY PRESENTS SORAYA PEERBAYE – JANUARY 27:** Soraya Peerbaye was born in London, but now lives in Toronto. She's travelled widely in Canada and Peerbaye's work has been published in Other Voices, Prairie Fire and The New Quarterly, and anthologized in *Red Silk: An Anthology of South Asian Canadian Women Poets*. Her first collection, *Poems for the Advisory Committee on Antarctic Names*, was published in 2009 by Goose Lane Editions. She works in cultural administration and is a sometime translator and editor; she has also volunteered with bird-watching organizations and now with the North American Native Plant Society. Join us January 27 in room D1060 at 2 pm for a Reading, Book Sale and Author Signing.

**FANSHAWE'S GRADUATE FAIR 2011:** Want to explore your options? Interested in attending a university or taking a graduate pro-

gram at Fanshawe? Attend Fanshawe's Graduate Fair on Wednesday, January 19th from 10:30 a.m. to 2:00 p.m. in F building. For a full listing of exhibitors please visit [fanshawec.ca/gradfair](http://fanshawec.ca/gradfair).

**STUDENT 2 BUSINESS:** Not Connected? No Problem. London's top networking event for students, S2B, will connect you to the city's business community and professionals from its seven leading industries. For more information: [www.S2B.ca](http://www.S2B.ca)

**Graduation Looming?** Student-2-Business offers insider information on the industries and opportunities in London. Network, build your reputation and pitch your skills to local businesses and community representatives. For more information: [www.S2B.ca](http://www.S2B.ca)

**LIBRARY & MEDIA SERVICES** is pleased to announce students can now add value to their student card or flex (print) card at the Print Circulation desk in the library! The money can be used for printing,

photocopying, etc. A minimum of \$2 must be added unless exact change is provided. In addition, paying library fines just got easier - - students can also pay their fines using funds from their student cards!

**FACE TO FACE: THE ORIGINAL SOCIAL NETWORK:** Connections made in person are stronger than those made on the Internet. Talk to over 200 industry professionals, face to face. For more information: [www.S2B.ca](http://www.S2B.ca)

**THE FANSHAWE STUDENT UNION WANTS YOUR BLOOD.** No seriously, we do. Canadian Blood Services will be on campus the following days, in room SC 2013, upper floor of the Student Centre (11 a.m. to 4 p.m.): February 10, March 14 and March 29. The Fanshawe Student Union has pledged 160 units of blood. What you can do to help us is: 1. This is the most important part, give blood and 2. When you do give blood on campus, sign up using the ID FANS011333. That way your ID will be counted towards our total of

160 units. You can use this ID when you register either the day of, or you can register in advance by clicking this link and entering FANS011333 in the Partner ID field.

Standards. Visit [www.rcto.ca](http://www.rcto.ca) or call 519-663-0040 for details.

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### GENERAL

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L	A	R	D	C	L	A	R	M	E	T	A
A	L	A	R	L	U	R	E	I	R	O	N
D	E	C	O	A	B	C	T	V	L	I	T
S	C	E	P	T	R	E	O	R	I	E	L

#### Jumble Answers:

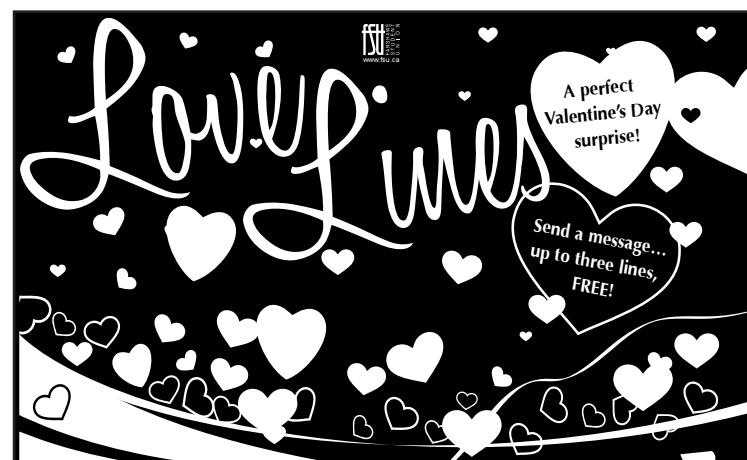
Howie Mandel, CSI: NY,

Scott Elrod, Paul Guilfoyle

#### Answer:

Moonlight

1		6			4
			4	7	2
2				8	1
	6		8	7	9
			6	1	
				7	3
7		5	3		4
6	4				9
	2	7	3		
9			5		7



In the February 7th issue of the Interrobang, your message will be published for FREE.\*

Messages should be maximum 35 – 40 words. Deadline to submit is no later than 12 noon on February 2nd.

Send us your message in one of these three ways

- ♥ Visit [www.fsu.ca/lovelines](http://www.fsu.ca/lovelines)
- ♥ Send a Facebook message to [www.facebook.com/fsu.ca](http://www.facebook.com/fsu.ca)
- ♥ Send a Twitter direct message to [www.twitter.com/fanshawesu](http://www.twitter.com/fanshawesu)

\*Interrobang reserves the right to edit or reject any submission for Love Lines and will not be held responsible for any statement made in Love Lines

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CREDIT: UCAN-BEHEALTHY.COM

Eating healthy on the go can be a challenge, but isn't entirely impossible. Make choices like grilled over crispy chicken, have fries without salt and add healthy toppings like lettuce and tomatoes to make those fast food meals healthier than usual.

### Food for thought

## Eliminating the bad in fast food

MARK FACCIN & JESSICA WILKIE  
INTERROBANG

We all know that in order to maintain a healthy diet, avoiding fast food is important. Fast food is almost always higher in sodium, fat and sugar than food you purchase at other types of restaurants or make at home.

Sometimes, either by choice or by necessity, you end up standing in line at a fast food joint, staring at the menu.

All hope is not lost, though. In this week's article, we are going to outline some choices you can make at popular fast food restaurants to limit your intake of all the bad stuff that fast food is loaded with:

- Go for the grilled option if you can. Choosing grilled over crispy will often knock 100 plus calories from your meal.

- Salads are a good choice, but watch out for extras. Cheese, fatty salad dressings and toppings like tortilla chips and crispy chicken will make the calorie count of your salad rival that of some of the worst sandwiches. The Baja salad at Wendy's, for example, comes in at 740 calories and 48g of fat (to compare, the infamous Double Down sandwich from KFC has 540 calories and 32g of fat). You can avoid this by ordering simple salads, or not using the toppings provided. Most fast food places offer fat-free dressing options as well.

- Watch the bread. In a regular fast food sandwich, the bun is often the second biggest source of calories after the meat. Harvey's offers a whole wheat bun that'll knock a few calories off your sandwich and will add some more fibre to your meal. Watch out for the ciabatta bun at McDonalds, offered with the grilled chicken and angus burgers. If you ask for a regular sesame seed bun, you can knock 70 calories, 4g of fat and nearly 100mg of sodium from your meal.

- If you're having fries, ask for them without salt. Not only does

this ensure you will get fresh fries (fries are usually salted just as they come out of the deep fryer), but it will cut down on the amount of sodium that you'll eat.

- Simplify as much as possible. Can you live without cheese on that burger? How about the special sauce? Identify extra elements in your meal that you can eliminate.

- It isn't all about removing things; you can add things too. If your sandwich doesn't come with lettuce and tomato, ask your server to add them. It will give your meal an extra boost of vitamins, minerals and fibre.

- Taco Bell's food has a bad reputation, but in my opinion, it has some of the healthiest options you can find at a fast food joint. The Fresco menu allows you to replace the sauce and cheese on your taco with a pico de gallo salsa. For example, the fresco style steak taco has only 160 calories and 4.5g of fat – plus it's delicious!

- Look at the options offered for drinks. You can replace soft drinks with milk or juice. It may not save many calories, but at least you can get some vitamins and minerals from it, rather than just sugar and caffeine. You can also ask for water, the original low calorie drink.

Keeping it simple is ultimately the moral of the story here. If you do your research and are vigilant about it, you can easily avoid a great deal of the bad stuff in fast food. Most fast food restaurant websites feature tools that not only allow you to see the nutritional information of their food, but they let you add and subtract individual ingredients so that you can see exactly what you are eating and the amount of calories/sodium/fat in your meal.

Eating at McDonalds or Taco Bell isn't ideal, but with our busy schedules, it is sometimes unavoidable. It doesn't have to be disastrous, though!

Got questions, comments or suggestions? Feel free to e-mail us at [foodforthoughtfc@gmail.com](mailto:foodforthoughtfc@gmail.com)

## Dirty little secrets



Love, Lust & Lies  
Patricia Cifani  
[asklovelustlies@gmail.com](mailto:asklovelustlies@gmail.com)

What's that one topic of conversation that people try to avoid? The one thing people do that no one likes to talk about? Cheating!

Everyone probably knows at least one person who has been affected by cheating – or may have even experienced it first-hand. Cheating does not only refer to sexual acts; people can also cheat emotionally. You can be intimate with a person and never have a sexual relationship.

I personally have never been cheated on – that I know of, at least – or cheated on a boyfriend, but I have been the "other woman." I have met guys that told me that they were single, just to find out later that they had a girlfriend the whole time. I once found out by having a conversation with her, thinking it was him, on Facebook chat. Talk about an awkward chat.

I find it disconcerting how easily some people can lie. It is one thing to lie to someone about being in a relationship – it's easy to lie to a stranger. What is really troubling is how easily a person can lie to their partner's face, someone who trusts and cares about them. It really makes a person wonder how lying is so easy and why people stay in a relationship when they can no longer be faithful. I would think if I was in a relationship where I no longer wanted to give it 100 per cent, I would get out of it, so why don't some people feel the same way? Why do people cheat?

Here are some reasons or excuses



CREDIT: GOOGLE.CA

some people give for cheating.

I am sure some of you have heard this before: "It's not cheating if you are in a different area code." How does this make any sense? It's like giving people a "free pass" to cheat every time they are in a different city. Hell, if this were true, guys and girls would be going out of town every time they got bored in their relationship. Cheating is cheating, no matter where the other person is.

There is also the classic line, "Things aren't going so well" excuse to cheat on a partner. "We have been fighting lately and she doesn't understand me like you do." Some of you may have heard this before; these are usually the lines the cheater uses on the person outside of the relationship to get them to comply. Just because things are tough doesn't give people the right to cheat.

Sometimes people are too dependent to leave their partner. They just don't have the courage to end a relationship, even though they don't feel the same way anymore. They still feel like they need that person or might be too afraid to be alone.

Sometimes in a relationship people may not feel appreciated or feel

like they are getting the attention they need. Therefore, when another guy or girl comes along who makes them feel special or wanted, they may cheat to compensate for what their relationship lacks.

Others honestly believe they can get away with it. If your partner doesn't know that you are cheating, then it didn't really happen. Just because you keep it a secret so the person doesn't find out doesn't mean you didn't cheat and doesn't mean you got away with it. It just means karma hasn't caught up to you yet.

None of these are excuses for cheating, they are things that people tell themselves to help them sleep easier at night. When someone decides to cheat, everyone involved will eventually get hurt. It could not only destroy a relationship, but it could also destroy future relationships if the person who was cheated on is afraid to trust someone again.

If you can't give a person the respect they deserve, then you don't deserve them at all and you should just end it before it's too late. Just know that dirty little secrets always have a way of coming out.



## GRADUATE STUDIES

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## Ambitious Dixon's got eyes on the prize

MEAGAN CHECHALK  
INTERROBANG

Jordan Dixon is a third year basketball player and guard from Kitchener, Ontario. He's been playing basketball – and only basketball – for over a decade. "I have never played any other sport; basketball has always been my sport."

Dixon would like to take his basketball career as far as possible, and said he would love to play in the NBA or overseas. Dixon's favourite NBA player is Vince

Carter, because, as Dixon said, "I don't follow teams, I follow players."

Before heading to the NBA, Dixon has a few shorter-term goals in mind. "I would like to graduate, win a provincial title and advance to the nationals."

Currently, he is currently enrolled in the recreation and leisure program because he likes being active and enjoys working with children.

Dixon has really enjoyed his time with the Falcons. "There are

great guys on the team. We are very young, but we have a lot of potential, and we have a lot of fight in us."

The Falcons had an exhibition game against the Fanshawe Alumni two weeks ago. When asked how the game turned out, Dixon said, "It was good to see all of those old men back out on the court. It was a really good game."

The men's next home game is on Friday, January 28 at 8 p.m. against the Redeemer Royals.



CREDIT: ANTHONY CHANG

Fanshawe's Jordan Dixon makes a pass to a teammate during the Falcons 81-80 last-second loss to Mohawk. Dixon paced the Falcons with 28 points to lead all scorers in the game.

## Lose that mental weight



**HEALTHY FIT**  
MPHATSO MLOTHA  
m\_mlotha@fanshawebulletin.ca

If you could measure your thoughts, how much do you think they'd weigh?

Consider adding up all the school assignments and upcoming deadlines, the extra hours of work to pay for tuition or textbooks, your chances of securing a job after graduation and the list goes on.

Students in their final years of college or university tend to have more on their minds than students in junior years. They've reached a point in their studies where they're about to put years of acquired learning to the test and assess the value of their education.

The body and mind work symbiotically; you can't have one without the other. For instance, most people work out vigorously but don't see results. This is because they're putting their bodies to work but their minds are slowing down the process, because it's not getting equal attention.

What is stored in our minds is just as heavy and as important as our physical build.

People need to realize that changing the way we think and what we

think about is a contributor to weight management success.

Negative thinking exhausts the mind and gives no room for the brain to generate productive messages through out the body.

To put it in simple terms, the body does what the mind tells it to. Hence, when we think positively, the message that the body receives will encourage greater physical productivity.

The number of thoughts that we carry into the workout reduces the amount of focus, productivity and motivation. Therefore, the first thing that needs to be done is to lose the mental weight.

The initial stage in reducing physical weight is to minimize mental weight gain. Once this is established, losing physical weight is more feasible.

Mental weight gain occurs when we add on to the multiple thoughts that are lingering in our minds; one can simply be thinking too much about certain issues or overloading the mind with stressful thoughts.

Mental weight gain can interfere with a student's ability to reach his or her potential.

Therefore, focusing on the positive thoughts fosters greater probability of maintaining a healthy lifestyle toward and after graduation. Although it's a difficult task, it's the best way to approach any physical

health changes.

The remedy students can use to prevent mental weight gain is to think positively. Think about the efforts and hard work you've put into assignments or large projects, the privilege of getting a quality education, number of friends you've made and the achievement of making it through years of commitment and sacrifice.

This feeling of accomplishment should be the attitude that students maintain as they transition into the next phase in their lives. Focusing on the positive rather than the negative can promote healthier career outcomes and physical health.

Therefore, leave your mental baggage at the door, work out with a lighter mindset and start to make room for positive health changes.

## Top All-Star may miss game

TYLER REVOLY  
INTERROBANG

The NHL All-Star game captains have been named: Nicklas Lidstrom of the Detroit Red Wings and Eric Staal of the Carolina Hurricanes.

Both captains will participate in the fantasy draft on January 28 in preparation for the All-Star game on Sunday. The teams will participate in a school yard draft. The question is, who will be the last pick? Early indications are Phil Kessel of the Leafs, David Backes of the Blues or Patrick Elias of the Devils. Regardless of who goes last in the draft, it will be a good weekend and fun for the fans.

The All-Star Game may be missing one of the NHL's youngest and brightest stars. Sidney Crosby, who hasn't played a game in the past couple of weeks, must play in the Penguins' final game prior to the All-Star Game in order to participate. Crosby has been sidelined with a concussion since taking a hit in the Winter Classic; however, reports are saying that Crosby should be able to play in the All-Star Game.

The NHL has seen a couple of

minor trades over the last week but nothing major as of yet. With the trade deadline approaching, look for more teams to start shopping players around. The real big trades won't start for a couple of weeks, but major deals should start to break through in the coming weeks.

**The three stars for last week are:** third, Phoenix Coyotes' Ilya Bryzgalov; second, Boston Bruins' Patrice Bergeron; and the first star is from the Carolina Hurricanes, Jussi Jokinen.

**My three predictions for the upcoming week are:**

**Montreal at Ottawa:** A classic battle of the border of Quebec and Ontario. Look for low scoring and great goaltending.

**Ottawa 3-1**

**Chicago in Detroit:** A classic divisional match-up. These teams don't like each other. Look for the Wings to come out flying.

**Detroit 5-2**

**Calgary at Vancouver:** A North-Western division match-up. These all Canadian battles will see the Canucks come out on top and not look back.

**Vancouver 6-1**



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# Matt White having fun as coach

**TYLER REVY  
INTERROBANG**

The Fanshawe women's basketball team has had the same coach for the past three years, and coach Matt White is flourishing as a mentor to the team.

The women have been able to bond under their head coach and that has helped them to a 3-4 record through the first half of the season. White said he still believes his team has "a chance at playoffs." They're aiming to play in Niagara for the championship. This is the attitude that White coaches with on a regular basis.

White enjoys watching the women evolve as people and as players. One of the rookies on the team, Phyna Lim, said, "The coaching is different at this level. They push you to do your best and that's really supportive." Lim, who

is fresh out of high school and enjoying her first year on the team, is having fun under White's leadership.

White's main objective is to teach the team the game of basketball and show them how to excel in the sport and life. White does this through his one-on-one teaching method and coming early to practices and staying late afterwards. If a player is struggling in one aspect of her game, White has no problem staying and helping her perfect her skills. The team said they have a lot of fun at practice with White; even if the team is struggling, he is still having fun out there.

White and the team are looking to get back on track and start winning some basketball games. He is still preparing for the playoffs, and that is still the ultimate goal for the women this year.

# Who is the new "They?"



**THE HEEL TURN  
SCOTT STRINGLE  
stringle78@gmail.com**



Jeff Jarrett

TNA Genesis witnessed a changing of the guard, as Mr. Anderson became the new heavyweight champion. It was a hellacious night for Anderson, as he first had to go through Matt Morgan to earn the title shot. Bischoff then told Anderson that he would have to face Jeff Hardy that very night. The deck seemed to be stacked heavily against Anderson, as Matt Hardy made his TNA debut and tried everything to help his brother Jeff. Bischoff also interfered in the match, attempting to hit Anderson with a steel chair, but instead received a well-deserved Mic Check. Anderson also hit Hardy with a Mic Check and pinned him, with a little help from Morgan.

On the following Impact, Mr. Anderson came out to celebrate, and was soon joined by Morgan, who seemed to think that he deserved the next title shot. Morgan flat out informed Anderson that he was coming for the belt, and nothing would stop him. Bischoff came storming out to the ring after this to tell Anderson that he was a marked man, and that Immortal was after him. Anderson was not intimidated by Bischoff's threats though, and it looked like the boss was in for another Mic Check, until a fight broke out backstage between the Hardy's and RVD. Anderson ran back to help RVD, and they were both beat down by the full force of Immortal.

The new tag team champions Beer Money retained the straps against Motor City Machineguns, after Alex Shelly accidentally kicked his partner Chris Sabin in the face.

Jeff Jarrett decided to end his MMA career on a winning streak. Funny how his retirement from being the "best" submission expert happened to coincide with Kurt Angle being back in action. Perhaps Double J is scared of Angle?

Jarrett also brought his new wife Karen to the Impact Zone to mess with Angle's head, seeing as how she is Angle's ex-wife, and there is still major friction between them. Angle charged the ring, taking out Jarrett's goons, and was about to attack Jarrett before Karen interrupted, and told Kurt that she had something in store for him, and that next week would be a night he would never forget.

RVD and Anderson busted into Immortal's dressing room and attacked Beer Money in retaliation for earlier. This, of course, drove Ric Flair into a rage once he heard that they had dared come into Immortal's turf.

Angelina Love and Winter defeated Madison Rayne and Tara, after Winter applied a vicious chokehold to Tara and made her pass out, an act that stunned even Angelina.

Morgan faced Abyss in a match that was soon spoiled by Flair and Rob Terry's interference on Abyss' behalf. Afterwards, though, Abyss was ambushed by Amazing Red's brother Crimson, who warned Abyss that "They" were coming for each and every member of Immortal. Flair and Bischoff did not believe Abyss when he told them, though. Rumour has it that this new "They" will be some version of the Main Event Mafia.

In the main event of the night, RVD and Anderson faced off against the Hardys, and Immortal rather predictably interfered, which allowed Jeff to pick up the win. Immortal may be the dominant force now, but that will change when this new "They" show up on February 3.

# Women looking for a better second half

**TYLER REVY  
INTERROBANG**

It wasn't the first half of the season the Fanshawe Falcons women's basketball team wanted, ending it with a record of 3-4. However they are looking for a much better second half.

Playing each team again, the Falcons are optimistic that they will be able to do much better. The team had some rough stretches in games and that is what cost them, according to head coach Matt White. "We have had good, close games, but we can't seem to finish," White stated. This is true, as the women struggled to find wins after starting the season 2-0.

The team has had a couple of weeks off to get re-focused and are now ready to face their opponents. The women have the majority of their games this half at home, which they hope will be to their advantage. Guard Phyna Lim said, "We need to play well in front of our crowd. Everybody is pushing for us." The team is looking to have a near-perfect second half of the season so they can sneak back in to the playoffs.

The Falcons are working on new defensive plays to help them limit opponents' scoring. They said they believe that if they can play better on defence then their offensive outputs will be better. They believe the key to their success is to be better on defence and capitalize on their offensive chances.

The extra practice may have helped, as the women kicked off the second half of the season with a 57-53 win over Mohawk.



CREDIT: ANTHONY CHANG

Fanshawe's Tina Teng gets away from Mohawk's Casey Boggs during the Falcons' 57-53 win. The victory evens the Falcons' record at 4-4 as they attempt to make a move into a playoff position.

## GET IN THE GAME



### FALCON VARSITY ATHLETICS

#### UPCOMING HOME GAMES FOR FANSHAWE FALCONS:

- Women's Volleyball Hosting Redeemer - Wed, Jan 26 @ 6:00 pm
- Men's Volleyball Hosting Redeemer - Wed, Jan 26 @ 8:00 pm
- Men's Basketball Hosting Redeemer - Fri, Jan 28 @ 6:00 pm
- Men's Basketball Hosting Redeemer - Fri, Jan 28 @ 8:00 pm
- Women's Volleyball Hosting Niagara – Wed, Feb 2 @ 6:00 pm
- Men's Volleyball Hosting Niagara – Wed, Feb 2 @ 8:00 pm
- Women's Basketball Hosting Algoma – Fri, Feb 11 @ 6:00 pm
- Men's Basketball Hosting Algoma – Fri, Feb 11 @ 8:00 pm



#### FREDDIE THE FALCON CONGRATULATES:



Freddie the Falcon congratulates the "Shockers" who are the only team which remains undefeated through the 2010/2011 Intramural Men's Ice Hockey League season. For more information on Fanshawe Hockey check out our website at <http://fanshawehockey.goalline.ca>

#### UPCOMING EVENTS

Fanshawe College is the proud host of the 2011 Black Knight OCAA Badminton Provincial Championships Friday February 18th & Saturday February 19th, 2011 "J" Gyms 1001 Fanshawe College Blvd.



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# Cars from the 2011 Detroit Auto Show



**MOTORING**  
NAUMAN FAROOQ  
naumanf1@yahoo.com

By the time you read this, the 2011 North American International Auto Show, held annually in Detroit, Michigan, will have just wrapped up. If you didn't go, no worries – here are the 11 highlights of this year's show.

**1. Lincoln MKX:** We start with the vehicle that got me there, the 2011 Lincoln MKX. This is the second-generation model of this vehicle, and it is a big improvement over the old model. I like the new styling, and the interior looks very space age with soft touch buttons; however, those new buttons are a pain to use at times, and I wished the car had normal buttons. Plus, while my test vehicle was very well equipped, the heated seats didn't work – not good for a cold week in January. Thankfully, the heated steering wheel did work. The new 3.5-litre, V6 engine is very good. It produces 305 hp and it's mated to a wonderful six-speed automatic gearbox. Its all-wheel drive system is also quite good, but its handling ability lacks due to very numb steering. At \$46,500, it is good value.

**2. Lexus LFA:** Lexus has been showing the LFA in production guise for a year now, but since the car actually just went into production this week, we will mention it here. After all, this is the most exciting car to ever come out of Toyota and Lexus combined. It has a carbon-fiber body, a V10 engine that produces about 550 hp and a six-speed paddle-shift gearbox, so it's very light and very fast. At a base price of \$410,000, it is also very expensive, but since only 500 examples will be ever produced, you will own a rare collector piece if you can afford it.

**3. Subaru Impreza Concept:** The current Subaru Impreza is a very accomplished vehicle, but it is getting on a bit in years. In Detroit, Subaru showed a concept version of the next generation Impreza. At first glance, it looks good, which is not something most can say about the current model. Mechanical details are not really known for the new model, but expect tweaked versions of the existing model. It'll probably be on sale sometime next year.

**4. BMW 650i Convertible:** One of the highlights of this year's show was the first public unveiling of the new BMW 650i Convertible. The new model gets a gorgeous new body that immediately makes the last model look completely dated, and it gets the same 4.4-litre, twin-turbo V8 found in the current 550i model. That means 400 hp, and it drives the rear-wheels via an eight-speed automatic gearbox. I like it a lot and I hope to bring you a full road test later in the year.

**5. Range Rover Evoque:** Range Rover is visibly improving since Indian car firm Tata Motors bought the company. The new Evoque is clear proof of that. This new model is sharp and chic, and if it drives as well as it looks, it will be fantastic. Look for it in showrooms later this year with prices

starting at around \$50,000.

**6. BMW 1-series M Coupe:** Another BMW worth waiting for is the M-version of the 1-series coupe, which is already one of my favourite cars of all time. This new model gets a tweaked suspension, a tweaked motor that produces 340 hp and some tweaked styling. It looks like it will be an amazing car for both the road and track. I can't wait to get my hands on this model.

**7. Chrysler 300:** The Brampton-built Chrysler 300 gets a full makeover for 2012 model, and while the changes on the skin look subtle, the improvements inside are huge. The new model will be slightly cheaper, so that's more good news. There will be V6 and V8 engines on offer, and later there will even be a hybrid version.

**8. Mini Paceman:** The Mini brand is evolving. The cars might not be "mini" in size anymore, but the character has not been lost. The familiar Mini look is still there and they should still be fun to drive. Following the release of the Countryman, the new Paceman was shown to the crowds in Detroit. This new model shares its platform with the Countryman, but wrapped in a sleeker two-door body. Expect this to hit showrooms next year.

**9. Hyundai Veloster:** One of the biggest surprises was the unveiling of the latest coupe from Hyundai, called the Veloster. This car is part coupe, part hatchback and part family car. While on one side it has one door like all other coupes, on the passenger side you get two doors. Plus, it's a practical hatchback. Forget two-in-one, this car is a three-in-one. Plus it has new tech like Hyundai's first dual-clutch gearbox. Look for this exciting coupe in showrooms later this year.

**10. Porsche 918 RSR:** Racecars don't normally excite me, but this is no ordinary racecar. The Porsche 918 RSR is a hybrid racing machine that produces around 767 hp. Combine that with Porsche's legendary handling and reliability and this will cause many sleepless nights for its competition. There is more good news, too: the 918 will have a road going version also. If you want to spend nearly \$1 million on a car, this might just be it for you.

**11. Peraves MonoTracer:** Now onto to the best vehicle from this years show, the Peraves MonoTracer from Switzerland. This is a hybrid vehicle in two ways. Like most normal hybrids, it has a gas and electric engine, which gives this vehicle an incredible economy figure of just 1.1-litres/100km. No wonder it won the X-Prize competition last year. This hybrid combines the safety and all-weather comfort of a car, but it rides on two wheels. To ensure you don't drop the vehicle, stabilizer wheels pop out at the touch of a button when you slow down or come to a stop. The idea is not new, since the Swiss have been playing around with such a vehicle since the early 1990s. I am glad it is still around and improving, and I hope this vehicle will one day become a common sight.

That is it from this year's show. Hope you enjoyed the coverage. Normal service will resume next week.



Detroit Lions receiver Calvin Johnson will make his NFL Pro Bowl debut this week.

CREDIT: JOHNNY CRAWFORD

## All-stars and coaching changes



**NFL CZAR**  
JUSTIN VANDERZWAN

Each year, the National Football League holds the Pro Bowl. This year, it is back to its old haunt, Honolulu, Hawai'i. Unfortunately, the Pro Bowl usually ends up being a sub-par game. Of course, it used to be ignored by fans, as it was held the week after the Super Bowl and fans were suffering from football overload (or so they thought). Last season, they decided to move the game to the week before the Super Bowl, in the hopes that ratings would improve.

Well, they were right. Ratings were up 40 per cent from the year before, and they were the highest ratings since 1990. However, if you were a fan of the New Orleans Saints or Indianapolis Colts, the game would have been a disappointment. With the game being played the week before the Super Bowl, none of the players on the Super Bowl teams will be active in

the Pro Bowl.

But, the NFL made the right move moving the game. In the end, all that really matters are the TV ratings, and the ratings did what they wanted them to.

For the record, the Pro Bowl should be pretty decent this year. There are some explosive players making their debuts in the game, such as Calvin Johnson and fellow Detroit Lion Ndamukong Suh. The AFC has dominated the game in the last 10 years or so, and I expect them to come through again.

Another storyline that has come up in recent weeks has been the massive amount of coaching changes. There were a total of eight head coaches fired (or simply relieved) during the season. Due to the unpredictable nature of this past season, this number seems really high. However, only one of the coaching moves that occurred really surprised me.

The Oakland Raiders went from being a 5-11 team to 8-8, yet Raiders owner Al Davis felt the need to relieve head coach Tom Cable after only a season and a half. The Raiders have gone

through so many coaches in recent years, it seems almost inevitable that a coach will get the hook. But, with the huge improvement the team showed, it shocked me to see Cable let go. Oh well, that's the Raiders.

In a move that was equally shocking, the Houston Texans decided not to fire head coach Gary Kubiak. The team showed no improvement from last year, and the defence was horrible all year long. Honestly, the Texans seem to be a lost cause. They have so much young talent on the team, but can't seem to put it all together. I realize they are in tough division, but with a quarterback like Matt Schaub and a receiver like Andre Johnson, there is no excuse for all of these losses.

For next week's article, it's time for the biggest game of the year. I will delve deep into this year's Super Bowl matchup, and make my expert (and likely incorrect) prediction.

For more from the NFL Czar, check out his blog at [jvzsblog.blogspot.com](http://jvzsblog.blogspot.com)

## Your year to volunteer



**FUN AND FITNESS**  
RICK MELO  
[melo\\_rick@hotmail.com](mailto:melo_rick@hotmail.com)

Volunteering can have significance for many different people. For medical students, it is absolutely mandatory in order to form a foundation and build upon the knowledge needed for such a challenging career path. For policing students, community service is often the make-or-break resume section that will get them a preliminary interview. For many others, it is the enjoyment of being able to help others that keeps them on a voluntary status for several years.

As for educating yourself in the physical fitness and nutrition industry, being a volunteer can be an attractive option. For starters, volunteering is typically an easy way to make contacts in your industry of choice, since you are doing the business a huge service by working for

free. Although you may not yet have the qualifications that are required to be hired for the job, there is always the possibility you can get taken on as a volunteer. For example, the YMCA has thrived off of volunteers and has been doing so for decades.

The Y provides a great volunteer experience because of how broad the client base is. Not only do you get to help out with organizing special events and camps for young children, you also get to experience working with teenagers, adults and senior citizens. A day of work at the Y may include children's aquatics, personal training with several clients and assisting with senior fitness assessments and aerobics. In essence, the YMCA is a one-stop shop. You get to learn the dynamics of organizing recreational and leisure activities for all ages, train with clients of all levels and learn what it takes to develop successful health and wellness strategies.

In addition to the satisfaction you could get from such experience, you are also building a strong resume, meeting many interesting individuals and enjoying a free gym membership!

There are so many different platforms to serve people's interests. If nutrition is your thing, why not call around and ask if you can shadow a nutritionist a few times a week? Maybe you are interested in some extreme sports, but are not sure if you have the "cojones" to ride - why not look into opportunities for volunteering at events and learn from the experienced crazies themselves? Regardless of your avenue of interest, the sky is the limit if you are willing to work for free.

Let's be honest: if you are looking at it as free labour on your part, then you're being a "glass is half empty" kind of person. Be the "glass is half full" type and think of it as free experience and a way to network. Besides, most employers hire based on relevant experience, so why wouldn't they eventually hire someone who volunteered internally and knows all the ins and outs? Volunteer, experience, learn, perform, get hired, live the dream!



# ON campus

students enjoying  
campus life

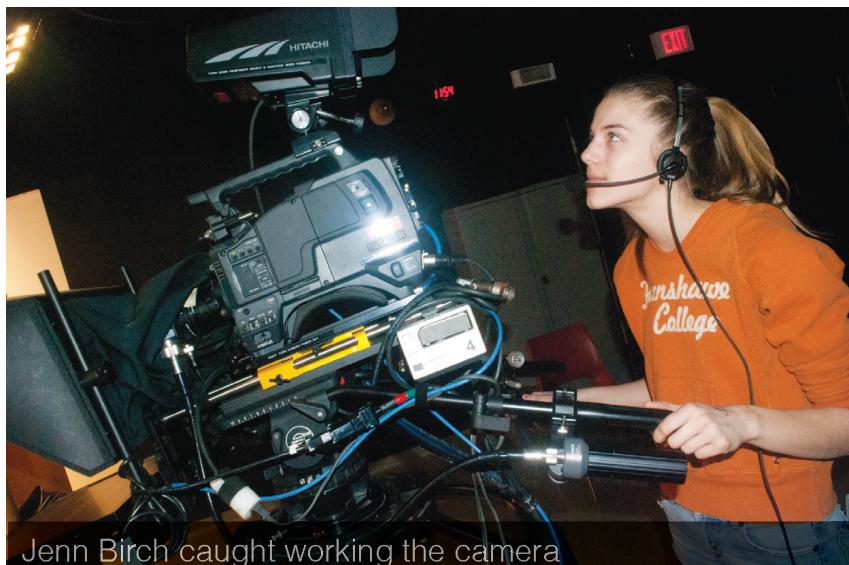
PHOTO CREDIT: ANDRE BAKER



Radio broadcasting student Nick Karalakis is on air.



Noel Scott gives a talk on set preparing.



Jenn Birch caught working the camera



Fashion merchandise gallery hosts a display of student designs.



Eric Smith won a \$25 Walmart gift certificate for coming in second at FSU Poker Night last Wednesday. The next FSU Poker Night takes place on February 23rd.

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