







@hannahxb

Passed a teenager holding a sign on the side of the road that said HONK IF YOU LOVE SOMEONE. Cute. Better believe I honked #ldnont @RamblesOfALady  
Why is there no chooclote fountain at this school? #Fanshawe, I got a craving!

@LdnTechJobs

RT @S2BNetworkingGraduating? Discover opportunities available in #LdnOnt after graduation. #S2B2013 | March 6, 2013 | @LdnCC

@379\_Deanne

So Justin Trudeau is coming to #ldnont in Feb. Should I start making my "Liberals: bringing sexy back" t-shirts? Would that be frowned upon?

@ecoLIVINGLondon

Don't want the YELLOW PAGES delivered this year? You have until Sept 30th to opt out of the next issue - <http://delivery.ypg.com/> - #LDNont

@FanshaweLibrary

What's a media:scape table? You can connect up to 6 computers at once, share your screens and work together. Try it out in January #Fanshawe

@DavidSuzukiQoG

Recycling tip from a smart reader: pizza boxes - cut out the grease spots, recycle the rest! #recycle #green

@janetflood

Let's do this in #ldnont "@ValaAfshar: In the social era, we must listen loudly, engage kindly and add value enthusiastically. #mmchat"

@jeffsage

When passionate Londoner's come together #ldnont gets better. Lets keep it goin'.

@tourism\_london

Kim's Convenience starts @the-grandlondon today! On stage until Feb 2! <http://ow.ly/gHVzD> #ldnont #ldnevnt

@ashmarlo09

Spotted: chihuahua in a puffy, purple snow suit with a white embroidered hood and black booties. #ldnont

@kenziemodde

Walking to the lib and hearing someone say "I'm so happy, I wanna take my pants off" @OverheardatFC hahahah

sweet tweets  
of the week



CREDIT: ERIKA FAUST

Information Security Management students Sumit Anand (centre) and Jatinder pal Singh discuss Conestoga's Computer Applications Development program with liaison officer Jason Humphrey. Students had the opportunity to learn more about the graduate programs offered by Fanshawe College and schools across Canada – as well as some schools around the world – at the Graduate Studies Fair in F hallway on January 17.

## 10 Things I Know About You...

# Gone with the Schwind

Alexis Schwind is in her first year of the Television Broadcasting program at Fanshawe. "I'm very driven – once I want something, I'll work my but off to get it!" she said. "I love having fun with friends. As much as I love my independence I often miss my family. And I actually love my job, it's amazing."

### 1. Why are you here?

To get the most hands-on learning possible in my field.

### 2. What was your life-changing moment?

My grandmother dying – it's what made me apply for school.

### 3. What music are you currently listening to?

The bands Maroon 5 and Kings of Leon.

### 4. What is the best piece of advice you've ever received?

Fight for what you want, 'cause you won't get it just sitting around.

### 5. Who is your role model?

My mom: she raised two kids solo and still ended up in a very successful career she loves.

### 6. Where in the world have you travelled?

Almost all over Canada, North Carolina and Cuba.

### 7. What was your first job?

Calling people to see if they had

received their weekly flyers.

### 8. What would your last meal be?

Beer battered fish and chips.

### 9. What makes you uneasy?

Rotting food! Yuck!

### 10. What is your passion?

The entertainment industry. People's lives are stressful I think it's important to help create something to take their mind off of things, even if it's just for an hour. Do you want Fanshawe to know 10 Things About You? Just head on over to [fsu.ca/interrobang](http://fsu.ca/interrobang) and click on the 10 Things I Know About You link at the top.



CREDIT: SUBMITTED

Alexis Schwind loves the entertainment industry.

## UP & COMING EVENTS

TUE JAN 22

COMEDY NOONER  
ANDREW SEARLES

12:00 PM - 1:00 PM  
FREE @ Forwell Hall

WED JAN 23

FSU POKER NIGHT

6:30 PM - 9:00 PM  
Forwell Hall  
\$2 at Biz Booth \$3 at the door

FIRST RUN FILM  
BROKEN CITY

2 showtimes

\$3.50 for students  
\$5 for guests



SEX TOY BINGO

9:00 PM - 2:00 AM

FREE @Out Back Shack

THURS JAN 24

FSU CLUBS DAY

10:00 AM - 2:00 PM

FREE F Hallway

MUSIC NOONER  
DAN HOWLER

12:00 PM - 1:00 PM

FREE Forwell Hall

FRI JAN 25

NEW MUSIC NIGHT USS WSG

A TRIBE CALLED RED

9:30 PM - 2:00 AM

Forwell Hall

12 for students \$15 guests. \$15 at the door for everyone.

Tickets sold in advance at the Biz Booth





# Gear up for Career Week

ERIKA FAUST  
INTERROBANG

Career Week is just a few short weeks away, and there's so much to do: write cover letters, update resumes, put together a professional outfit and work on that elevator pitch. If that all sounds a bit overwhelming, or even if you just want to make sure you're on the right track, Fanshawe's Career Services (D1063) can help you every step of the way.

Leading up to Career Week, which runs from February 4 to 8, Career Services staff will hold a series of workshops to help you prepare your resumes and cover letters, get ready for the Career Fair, polish your interview skills and start on your online job hunt – check the sidebar for dates and times.

Another resource to help you get ready for the Career Fair on February 6 is Resumania, which will be held on February 4 from 10 a.m. to 12 p.m. and from 2 to 4 p.m. in the Student Centre building across from the Oasis restaurant. It's your chance to have a Career Services staff member look over your resume and ensure you're marketing yourself in the best way possible. Bring your resume and cover letter as a hard copy or on a USB drive.

There is a lot to look forward to during this year's Career Week. It all begins on February 4 with a presentation by FM96 radio host and Fanshawe alumnus Sarah Burke from 11 a.m. to 12 p.m. in M3001. There will be a presentation titled "Exploring Entrepreneurship" by the Small Business Centre and Biz Inc. in

D1060 from 12 to 1 p.m.

February 5 will feature two presentations: "Making Your Mark: How Volunteer Work Can Enhance Your Career" by Murray Faulkner, London's former chief of police, and Pillar Nonprofit in D1060 from 12 to 1 p.m., and "Careers in the Forces" with Sgt. Bill Hibbert from 12 to 1 p.m. in D1016.

February 6 is the highly anticipated 10th Annual Career and Summer Job Fair. It runs from 10 a.m. to 2 p.m. in the J building gyms. "Literally there's something for everybody," said Christina Cook, Career Services representative at Fanshawe. A variety of industries will be represented by local and international companies, including Desjardins Financial Security, Lerner's LLP, PepsiCo Foods Canada and Apple Inc. Look for profiles and positions posted on the Career Services website later this month. "That will help you target your cover letter and get your resume ready for the Career Fair," said Cook. For a full list of the employers who will be attending the Fair, check out [www.fanshawec.ca/careerservices](http://www.fanshawec.ca/careerservices).

According to Cook, some of the companies will be doing pre-screenings for interviews at the Fair, so "treat it as if you were going to an employment interview." Before heading to the Fair, work on a 60-second pitch that sums up who you are, your skills and why you'd be a great fit for the company. On the day of the Fair, dress professionally and skip the heavy perfumes and colognes. It's fine to attend the Fair with



CREDIT: ERIKA FAUST

Last year's Career and Summer Job Fair was an opportunity for students to learn more about the companies they'll be working for in the future. Check out this year's Fair on February 6 in the J gyms.

your friends, but if you're going to speak to an employer, Cook said it's best to approach employers on your own. "Look prepared, independent, ready to work and like you're taking it seriously."

On February 7, Kevin Weaver, chair of Fanshawe's School of Information Technology, will talk about "Social Media/E-Portfolio for Your Job Search" from 12 to 1 p.m. in T1003.

If you're interested in working in another country, you'll want to check out the Student Work Abroad Program (SWAP) presentation on February 8 from 12 to 1 p.m. in H3013. Police

Foundations students might be interested in an Ontario Provincial Police presentation called "Careers in Policing" from 12 to 1 p.m. in D1060.

For more information and for updates on the Career Fair, check out Career Services on social media: [facebook.com/FanshaweCS](https://www.facebook.com/FanshaweCS) and on Twitter @FanshaweCS.

Get ready for Career Week and the Career and Summer Job Fair with these workshops by the Career Services department:

#### Resumes and Cover Letters

January 24, 2 to 3:30 p.m.  
January 30, 11 a.m. to 12:30 p.m.  
February 12, 12:30 to 2 p.m.

#### Preparing for Career and Summer Job Fair

January 25, 11 a.m. to 12:30 p.m.  
January 29, 10 to 11:30 a.m.  
January 31, 12 to 1:30 p.m.

#### Interview Skills

February 1, 10 to 11:30 a.m.  
February 11, 2 to 3:30 p.m.  
February 15, 11 a.m. to 12:30 p.m.

#### Internet Job Search

February 14, 2 to 3:30 p.m.  
Register in D1063 or by calling 519-452-4294 – hurry, because seating is limited!

## Sustainability Team seeks volunteers

MELANIE ANDERSON  
INTERROBANG

Fanshawe's environmental coordinators are looking for volunteers from across the College to come together to create a new Sustainability Team. If you find yourself wondering why London doesn't have green bins, why students continue to buy plastic water bottles, or how Fanshawe can become greener, this opportunity may be for you.

The new Sustainability Team will work in collaboration with a new environmentally friendly group on campus, the Fanshawe Ecos. "We would like to create a group called Eco Reps, which would work in collaboration with facilities and operations on the projects that they have and the whole outreach towards students and education towards students," said environmental coordinator Jana Vodicka. "It's a good collaborative because you get to have the expertise from the operations side and you get to have the outreach from the students."

The new team will work on a variety of projects dealing with recycling, waste management, waste diversion and student education. "It's a lot about awareness

and education, because the College has done a lot for sustainability already," said sustainability coordinator Mary-Lee Townsend.

Team members may spend an hour or two each week helping to plan, organize and run college-wide educational events, help with promotions, and increase student participation in recycling and composting. "You don't necessarily have to be a 'rah-rah' environmentalist – it touches on everybody's life," said Vodicka. "Let's say you have a skill you would like to contribute like media and design we need to develop those aspects as well."

Townsend is hoping to provide students with more hands-on experience and community involvement. "We're moving towards a mode of education where we're encouraging students to use this campus as a living lab – the whole experiential learning ... students will hopefully learn as they do, because when they get out into the workforce, we want to be able to give them the tools that they need to move forward, particularly with environmental sustainability initiatives."

If you're interested in the opportunity, contact Vodicka at [j\\_vodicka@fanshawec.ca](mailto:j_vodicka@fanshawec.ca).

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or call Mallory Pepin at 1-800-655-5154 and press '7'



# Ontario's hidden job market: Skilled trades

MELANIE ANDERSON  
INTERROBANG

When you were a senior in high school, you were faced with the tough decision of trying to figure out what to study, where to study, and, in short, what to do with your life. Parents often stress the importance of a college or university education and secretly hope that their teens will head off to become doctors or lawyers. But what about skilled trades?

The perception of a skilled trade job may be distorted and seemingly undesirable by parents and their high school grads. The government of Ontario is trying to change that.

Ontario's Jobs and Prosperity Council recently released their "Advantage Ontario" report, which stresses a need to place stronger emphasis on skilled trades in Ontario when it comes to education and experiential learning. The report identifies five key areas for action: going global; driving productivity growth; unleashing innovation and entrepreneurship; capitalizing on strength in talent; and delivering smart, efficient government.

The Council wrote that it believes that "it is the responsibility of business, government and the education sector to develop and disseminate up-to-date information on labour market opportunities and make it available when students are making decisions about what

career path they will take."

Jobs in the skilled trades can be very valuable to both the employee and society. Most trade jobs offer competitive wages. According to Statistics Canada, in 2007, employees in the trades averaged \$22.36 in hourly earnings, six per cent higher than the \$21.02 for other occupations. So why has the number of skilled trade workers in Ontario been low?

A study conducted in 2004 by Skills Canada and the Canadian Apprenticeship Forum found that 60 per cent of youth reported that their parents have not encouraged them to consider a career in trades. It didn't state why, but skilled trades are sometimes associated with negative connotations such as less education, high stress and low pay. It seems that Ontario needs a better understanding of what the skilled trade industry has to offer, as the report states, "Ontario's youth and their parents are often unaware of job opportunities in the skilled trades and the variety of educational programs that can prepare them for these jobs."

The Council is also calling on the private sector to create more experiential learning opportunities for secondary and post-secondary students with more co-ops, work placements and apprenticeships.

"Leadership cannot come from government alone. Ensuring Ontario's competitiveness and



CREDIT: CBC NEWS

Skilled trades workers are in high demand locally, provincially and across Canada, and Ontario's Jobs and Prosperity Council is working on promoting the benefits of a career in the skilled trades.

prosperity will require strong action from all sectors. Business will have a strong role to play," said Gord Nixon, chair of the Council.

The Council will meet again in December to review progress by the government, business sector and academia and provide information to Ontarians.

## CORRECTIONS

In the January 14, 2013 issue of Interrobang (Volume 45 Issue 16), an article titled "Time to apply for bursaries and scholarships" incorrectly referred to the Student Awards office as the Awards and Scholarships office. We regret the error.

In the January 14, 2013 issue of Interrobang (Volume 45 Issue 16), an article titled "Self-published book nets top Fanshawe honours" incorrectly stated that Annette Dawm received the award for the highest GPA in her program. That award was given to Callum McNeil. We regret the error.

# FSU Needs Leaders

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Nominations Open

MONDAY JANUARY 21ST, 2013

for the following positions:

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Board of Governors

VP Finance  
VP Entertainment

VP Athletics & Residence Life  
VP External & Academic Affairs

Contact Zack Dodge - fsupres@fanshawec.ca or visit SC2001 for more information.





(From left) Student Taylor Kelly; Catherine Finlayson, executive director of the Fanshawe Advancement Office; James Monteith; Cathie Auger, Fanshawe Vice-President of Student Services; Derek Holman, senior manager of Woodstock Hino Motors Canada Ltd.; Axel Breuer; and students Shawn Barber and Mitchell Townsend stand proudly beside a new truck donated by Hino Motors Canada.

## Truck donation drives Transportation students to success

MELANIE ANDERSON  
INTERROBANG

The beginning of January brought excitement to the students in Fanshawe College's Centre for Applied Transportation Technologies (CATT) when Hino Motors Canada donated a 2012 Hino 155 COE truck to be used as a new hands-on tool for students in the Truck and Coach Apprenticeship and Motive Power Technician-Diesel programs.

"Today's generous donation will provide our students with the latest technology on which to hone their skills," said Rob Gorrie, chair of the Fanshawe College School of

Transportation Technology. "This donation will make it possible for the College to provide the most up-to-date training in truck diagnostics and repair."

The new truck donation will help inspire students to continue on their road to job-ready credentials in the trades and technologies that support the transportation industry. In the Truck and Coach Apprenticeship program, students are gearing up to work in fleet maintenance for construction companies, public transit systems or repair operations. The Motive Power Technician program prepares students for employment opportunities with motive power

equipment manufacturers, oil companies and vehicle manufacturers and dealers.

Eric Smith, vice president of sales, expressed Hino's excitement about their donation. "Fanshawe students will have an opportunity to learn on a vehicle that incorporates the very latest diesel technology and engine emissions systems. It is encouraging to see that our future is bright with enthusiastic faculty, staff and students who recognize the value of strong technical training in this province."

The vehicle will be housed in the new CATT building, which opened in May 2011.

## Business community pitches in to support needy citizens

RYAN SPRINGETT  
INTERROBANG

The London Food Bank received 259,870 pounds of food in 2012 from the Business Cares Food Drive, up one per cent from their 2010/11 mark.

The goal to collect 256,001 pounds of food was set by the Business Cares Foundation and exceeded by nearly 4,000 pounds with more than 440 London businesses taking part.

Josh Chadwick, special food coordinator at the London Food Bank, said the generosity of Londoners continues to impress. "Ultimately, it would be best if we were able to say, 'Thank you London, that need has been met, we figured out the hunger and poverty issue and we could shut our doors.'"

Unfortunately the issue has not been solved, and in fact it has gotten worse in London; the local food bank has seen a 19 per cent increase in demand in 2011/12. "We hoped that there would be a support in the community so we can meet the demand, and Business Cares is a part of that," Chadwick said. "Once again this year they surpassed their goal that they set, and that allows us to

move forward for the next few months to meet the needs before us."

As the local community continues to struggle with the tough economy, and with London's unemployment rate at 7.3 per cent (0.6 per cent above the national average in December 2012), it is amazing that the community pulled together to increase food donations, according to Chadwick. "It works like a full circle: we help the community, the community helps us, we are able to help more people ... It's a great relationship that we have with London and Londoners, and we look forward to continuing that relationship."

Business Cares has met or exceeded their goals over the past 13 years they have been collecting food. Moving forward, the Business Cares food drive campaign has set their goal for this year: 259,871 pounds of food – one more pound of food than was collected last year.

For more information on the London Food Bank, check out [londonfoodbank.ca](http://londonfoodbank.ca); for more on Business Cares, head to [business-cares.ca](http://business-cares.ca).



When it comes to gambling, taking precautions just makes sense.

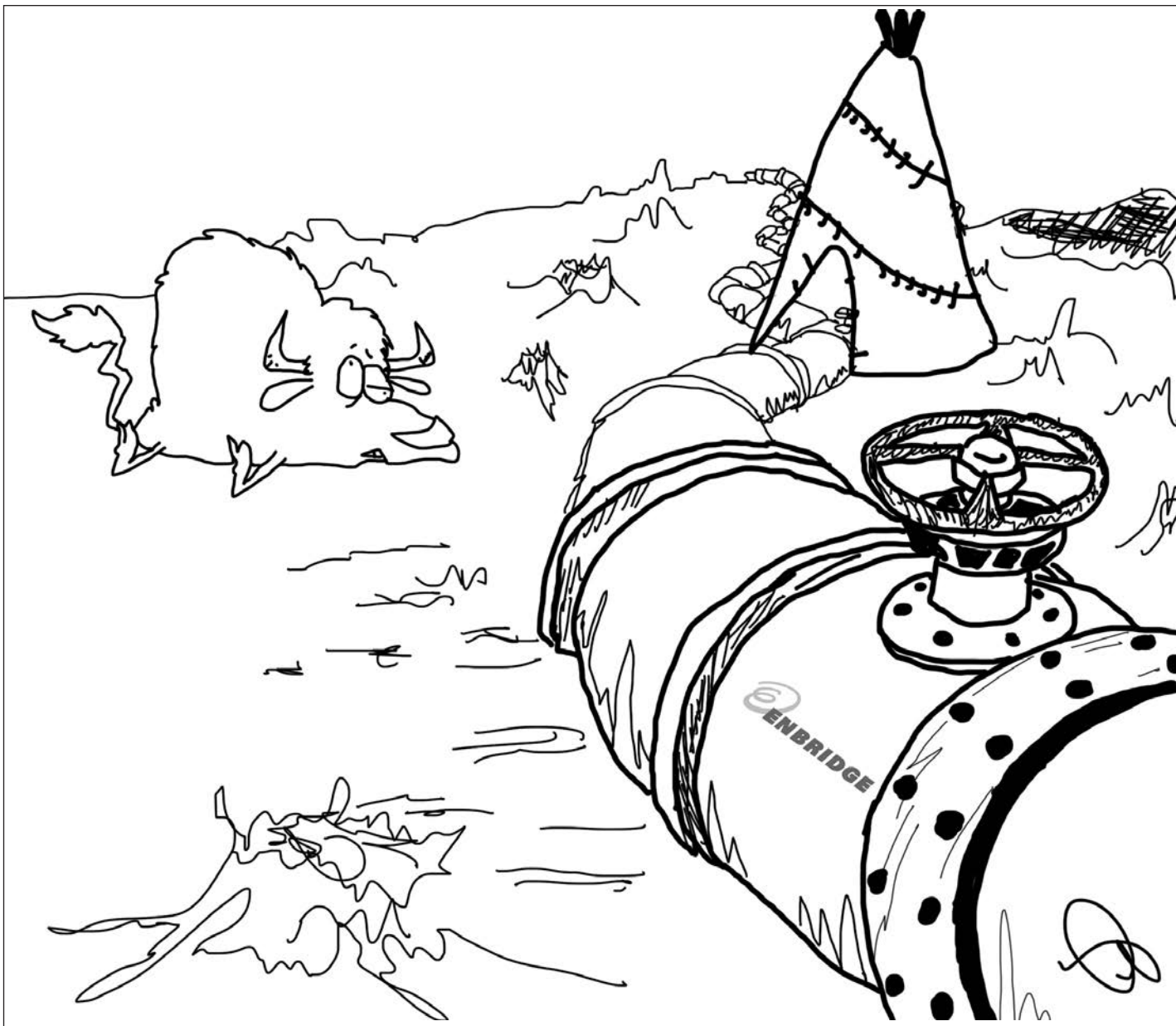
[safeorsorry.ca](http://safeorsorry.ca)

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RESPONSIBLE GAMBLING COUNCIL





# Liberal

## Something old, something new: The Liberal Party of Canada

VICTOR DE JONG  
INTERROBANG

It's a field of eight candidates and one big name. It would be negligent not to point out that Justin Trudeau has a lot fewer obstacles to the federal Liberal leadership position, but the nature of politics is that it's unpredictable. Trudeau was already grilled after old speech footage came to light in which he champions the history of Quebec-born prime ministers. He was doubly worked over after making comments in a similar vein at a Quebec rally in his support. With seven competitors, there will be no shortage of candidates watching his every move.

Even with a provincial leadership convention in Ontario playing out, the Liberal government is preparing for a changing of the federal guard. In case you haven't heard much from them lately, which you probably haven't, the Liberal Party of Canada has fallen on hard times. The party has been unable to put forward a viable candidate since Jean Chrétien was last in office, despite repeated attempts to improve public perception. There were high hopes that Paul Martin would be the leader they needed, but he was quickly ousted following Chrétien's retirement. After that, Michael Ignatieff was elected to the top job but was unable to generate any support in large part due to the Conservative attack ads that painted him as an American academic fishing for a job.

The current competition for the federal leadership consists of seven candidates with varying skill sets and levels of exposure. For a full overview of the candidates provided by the Liberal party, simply go to [liberal.ca/leadership-2013](http://liberal.ca/leadership-2013) and select from the list. The field is a fairly typical mix of private sector success stories and politicians with the marked exception of Marc Garneau, the astronaut. Besides the fact that he's been in space – and that's a huge “besides” – Garneau crossed the Atlantic in a yawl. At age 20, he sailed from Rhode Island to Ireland in a little two-masted sailboat. Any human with that capacity for leadership and dedication could be just the challenge for Trudeau.

Thanks to his father being a former prime minister, Trudeau has the benefit of instant name recognition that virtually every other candidate is lacking. Pierre Trudeau had a profound impact on the direction of Canada in the areas of healthcare, the Constitution and French-English relations. Whether his impact was a positive one is a matter of opinion, but in an era of information overload, simply sharing a surname with such a defining Canadian offers Justin a unique advantage.

The current man on the job is interim leader Bob Rae. To put that in perspective, the current Liberal Party leader is a man who is known for his work as an NDP member. It's his former party that will prove a huge obstacle for the Liberal Party come election time because they target many of the same demographics. While Rae has done an excellent job in the interim, it's been just that. Without a clear leader, the federal Liberals will continue to fizzle at a crucial time when federal politicians are starting to build support bases with an eye to Election Day 2015.

# I heard the owl call my name



NOTES FROM DAY SEVEN  
MICHAEL VEENEMA  
veenema.m@gmail.com

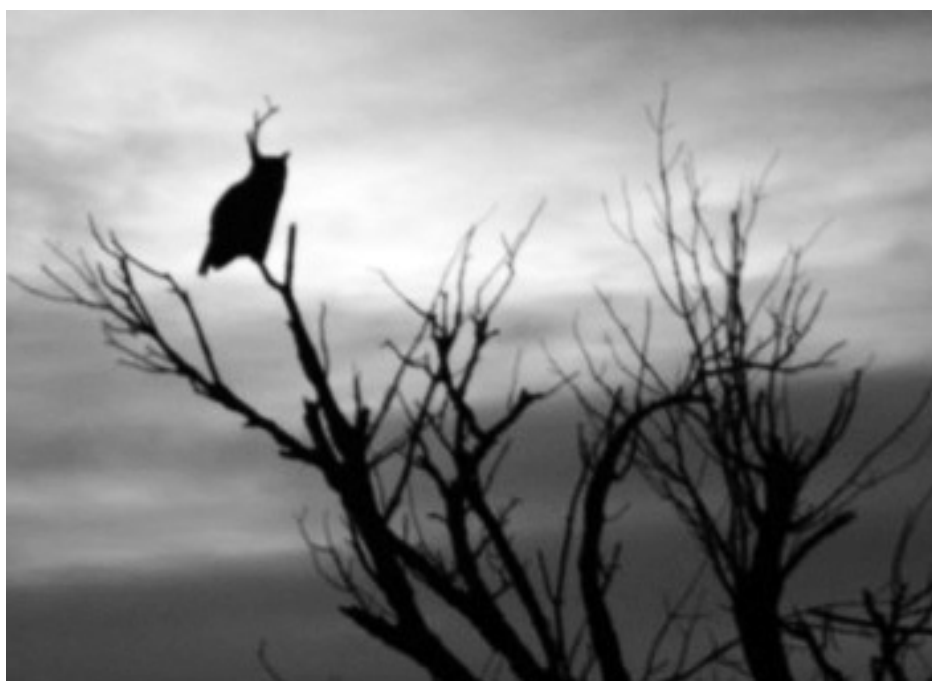
Just a few dozen kilometers west of London, between Bothwell and Thamesville, you may someday run across the Fairfield Museum, a Native Reserve, and the hamlet of Moraviantown. To look at these you might not guess that they mark the site of what was once an outstanding Christian mission of Native people in the 1800s. Thriving in the first part of that century, it consisted of a few German-American missionaries of the Moravian Church (still headquartered in Bethlehem, Pennsylvania) and around 200 Delaware Natives.

Some time ago I wrote a thesis on the mission. That project gave me a lot of insight into the history of relations between Canadian political institutions and Native communities.

Seeing the news about Idle No More protests in Ontario and elsewhere for me recalls some of what I learned. In the 1800s, White society embraced the sciences, brought with it European political structures, and was growing in economic and industrial power. Almost everyone, including, unfortunately, many missionaries, operated on the assumption that Natives had to either become like Europeans or perish.

I wonder if things have really changed that much. On the one hand, Canadians work hard at giving Native communities every opportunity to celebrate their cultures. And certainly no one is calling for the segregation of Natives on reserves, while many efforts are made at integration. In support of Native peoples, there are many benefits that our governments have tried to provide.

At the same time, one has to notice that White society has never opted to live in Native style shelters such as longhouses and teepees. Reserves, in the meantime, have only European style housing on them. Similarly, while Native young people attend institutions of learning such as Fanshawe



A solitary great horned owl perches on a tree.

College, which are completely of European origin, there is no movement of White youth studying under the guidance of traditional Native elders or educators. And for decades, Native band organizations in the country have been building casinos, gas stations, cigarette stores and hotels – institutions that are, well, not exactly original to Native cultures.

But while the questions about who is “winning” the Native/White “culture war” in Canada can be raised, I also recall a film, an old one, that I continue to enjoy for the hopeful vision it brings forward.

In *I Heard the Owl Call My Name*, an Anglican priest, Mark Brian, is appointed to serve a small Native village on the northern coast of British Columbia. At first he feels he has much to offer the people. But as he lives with them he realizes that they have at least as much to offer him. They have an appreciation of place, of ancestors and family, of the cycles of nature, the habits of wildlife, the behaviours of wind and water, and their ancestral stories. As the movie pro-

gresses, Brian repents of his earlier arrogance and finds that God has given him a strength and a peace through the Native villagers.

Could such experiences be available to us who do not live in that fictional world created by Margaret Craven, the author of the story? I don't know. If I were able to live, as Brian did, with a Native community, would I learn greater peace and strength? Do Native villages that are able to provide a sense of community and peace to non-Natives exist in Canada?

The book and movie are a half century old. But Craven's story, with its unique vision of a possible relationship between European and Native cultures still intrigues.

It is a vision that, I think, sadly, is increasingly out of reach. Nevertheless, it is one worth looking at again. And who knows? It may find some champions who can help chart a more hopeful way for Native/non-Native relations.



# Way too close and personal on Facebitter



**TENSION**  
FRANK YEW (I.H.N.F.'S.)

Social networking is a funny thing. Put it this way: imagine being in a room with 499 friends, acquaintances, old boy/girlfriends, family and complete strangers who crashed the party because they knew someone that you used to dislike in high school. Now imagine going around showing them your cleavage, puckered-lip-super-model-pose-at-a-bar-with-a-bunch-of-drunk-friends pictures, a dozen photos of your cat and several tropical vacation shots of you on the beach with a six-pack from five years ago. Then you whip out a stack of linear drawing placards with lines of philosophy, anecdotes and ancient wisdoms written on them, and stare until they reply, "I like that."

"Great," you reply. "Can I request that you become my friend? I only need one more to make 500."

We all seem quite willing to share with the growing cyber-verse: we post, pout, bitch, laugh, creep, promote, bore, troll, investigate, bully, inspire, contemplate and reveal. We hold onto names long enough to create a profile that allows us to pre-know, predetermine and prepare for someone that we may want to actually know. Somehow online networking has become the avenue to measure the possibility of a relationship. We all want to make sure our new employee, boss, colleague, friend or date has the right inspirational quotes posted on their wall.

And speaking of relationships, we are all so happy that you are now in one. Are you saying that you're taken, so 'stop trying'? That's rather conceited, isn't it? Or is it that you can't believe you're in a relationship and

you wanted all of us to know that you're finally one of the crowd? Perhaps you're just saying that you're finally getting laid and you want everyone to know about it? It's the newly out-of-a-relationship status that really makes sense. You are saying that you are now back on the market and it's time to unfriend your ex, but make sure that you post lots of photos of you having a great time at a bar surrounded by party guys.

Do we post so that others will respond to us? Social networks inherently produce competition. We need to get the most Likes, the most friends, the most followers, the most comments, and the most retweets. Is this how we satisfy our ego? Is our sense of worth measured in replies, Likes and retweets? Would you ever stand up in front of a crowd and ask everyone how you look today? Why do we put ourselves out there online? Do we have less value if nobody likes our new profile picture?

How many friends do you have now on Facebook? Imagine your friends' lists in 10 years, when every comment that we post reaches 10,000 people. That is a daunting (if not frightening) thought: people around the world discovering our daily struggle with constipation, our albums of blurry, late-night photos showing a bunch of dudes falling over each other while flashing devil-horn hand gestures, and a professed love of Jägermeister and weed.

Then there is the constant bitching about Facebook's privacy settings and carrying on as though they're the secret eye of the North Korean Supreme Commander of the Korean People's Army with Mark Zuckerberg as a master spy under Kim Jong-un.

I know I'm biased (and a bit of a douchebag), but it seems odd to me that people who have no qualms about posting updates about their love of playing *Farmville*, pictures of what they are eating



CREDIT: COFFEEANDCRAZY.BLOGSPOT.CA

If you put it on Facebook, no matter how private you may think it is, those images of you doing something you probably regret have a way of finding their way out for everyone to see.

for dinner, books that they like (but never read), and an enormous list of bands that 'define who they are' are somehow worried about the potential widespread distribution of their cat's picture and information about their love of cupcakes. Frankly, you'd think they'd like the additional attention.

Trust me, most people know way too much about you already. If you really want privacy, go home, shut off the lights, draw

the curtains and turn off your damned computer.



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## A new and improved you: Personal development service agreements



**LAW TALK**  
Community Legal Services & Pro  
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From karate clubs to dance lessons, personal development service agreements have become increasingly popular in Ontario. While most consumers who purchase these services do not encounter any problems, sometimes a business will go bankrupt or fail to deliver a service as promised. This article will explain how these agreements are regulated, and what options you have if you run into problems with such an agreement.

**How are personal development service agreements regulated?**

Most agreements for services offered by fitness clubs, dance studios, martial arts studios or modelling and talent agencies are "personal development service agreements" regulated under Ontario's Consumer Protection Act, 2002 (CPA) if the cost is more than \$50. There are exceptions: agreements with non-profit or co-operative organizations, private clubs, charitable or municipal organizations, golf clubs, or any agency of the Province are not covered by the CPA.

**What are the requirements for these agreements?**

The CPA has several requirements. The term of the agreement cannot exceed one year. Initiation fees may not be more than twice the annual membership fee, and you cannot be charged more than one initiation fee. You must have the option to pay the initiation fees and membership dues in monthly instalments, and the cost to pay in instalments may not exceed the lump sum fee by

more than 25 per cent. You must be given at least 30 days' (but not more than 90 days) advance notice of any automatic renewal date for the agreement. If you are not given notice and the service provider renews the agreement, you have the right to cancel your membership and demand the return of any money paid. The agreement may not be changed without your knowledge and your consent to the changes. You do not have to pay for or accept goods or services that you did not request. If you have already paid for unrequested goods or services, you may demand a refund within one year of payment by providing notice to the service provider.

**May I cancel a personal development service agreement?**

Under the CPA, you have a 10-day "cooling off" period and may cancel the agreement and receive a full refund within 10 days of receiving a written copy of the agreement, or of the day all services in the agreement are available (whichever is later). You do not have to give a reason for cancelling, but you are required to notify the supplier of your intent to cancel. It is a good idea to cancel in writing and keep a copy so that you have proof that you cancelled. If the provider does not give you a copy of the agreement, you may cancel at any time within one year of the date of the agreement. You may also cancel a pre-purchased membership if you bought for a club that wasn't yet open if the opening is delayed. Finally, the CPA provides that if the supplier does not provide goods or services with a minimum degree of acceptable quality, the agreement may be rendered void.

**What if a provider refuses to refund my money after cancellation?**

The service provider is required to refund any payment made under the agreement

once it is cancelled. If they fail to do so, first try resolving the issue directly with the provider. Be sure to outline your complaint in writing and to keep proof of delivery of your complaint, as well as of any interaction or communications with the provider. If you are unable to reach a satisfactory outcome, you may try to resolve your problem by reporting it to Ontario's Ministry of Consumer Services. The Ministry can impose fines and/or imprisonment if it finds that the provider violated the CPA.

For more information on consumer rights, complaints and cancellations related to personal development services, please visit the Ministry of Consumer Services website at <http://www.sse.gov.on.ca/mcs/en/Pages/default.aspx>, or call them at 1-800-889-9768. In addition, you can find more information about consumer protection topics at any time in a series of Community Law School webinars archived online at [www.yourlegalrights.on.ca/training-topic/consumer-law](http://www.yourlegalrights.on.ca/training-topic/consumer-law). Be empowered, and stay tuned.

*This column is brought to you by Community Law School (Sarnia-Lambton) Inc., and Community Legal Services and Pro Bono Students Canada at Western University, with financial support from the Law Foundation of Ontario. It provides legal information only. The information is accurate as of the date of publication. Laws change frequently so we caution readers from relying on this information if some time has passed since publication. If you need specific legal advice please contact a lawyer, your community legal clinic, Justice Net at 1-866-919-3219 or the Law Society Referral Service at 1-800-268-8326.*

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# Double-double or double trouble?

RACHEL WALLACE  
SPECIAL TO INTERROBANG

It's the night before your exam, you've already been up all day but you still aren't prepared. At this point, caffeine is your new best friend. Coffee, energy drinks and caffeine pills provide you with that high that allows you to stay up a little longer and focus. It seems to be doing the trick: restoring mental alertness and physical fatigue.

Caffeine is the quick fix that can increase your energy within an hour and continue to keep you stimulated for several hours. Caffeine can provide the average person with many advantages to aid them in their daily routines. If you begin to crash again, what is your next move? Grab another drink? Many people make the mistake of consuming too much caffeine.

When following the recommended intake of caffeine, it will have little to no harm to your body. According to a book called *Caffeine and Activation Theory: Effects on Health and Behavior*, if more than 250 mg of caffeine is consumed per day, it can lead to caffeinism. This is a dependency on caffeine that comes with a whole host of nasty side effects: nervousness, irritability, restlessness, insomnia, headaches and heart palpitations. Once someone becomes reliant on caffeine, withdrawal symptoms can occur once caffeine usage comes to an end.

According to nutritional information from Tim Hortons, one small coffee from Timmies contains 100mg of caffeine; a medium contains 140mg, a large 200mg and an extra-large 240mg. Once a regular large coffee drinker sips into her second cup, she's already stepped outside the boundaries of a healthy caffeine intake.

Caffeine pills contain 100 to 200mg each, so when using these pills as a substitute for coffee in the morning or as a pre-workout supplement before being physically active, you should make sure you are not exceeding 250mg. Once your body has consumed

more, it can begin to disrupt the body and mind. These disruptions include caffeinism, heart and full body defects. All the positive aspects of caffeine encourage most to ignore the severe risks of this "drug." It would be beneficial to learn and follow through with the healthy and unhealthy dosage amount of caffeine.

There are alternative ways to revive yourself without caffeine. Green tea can provide you with that energetic feeling you usually have after an energy drink.

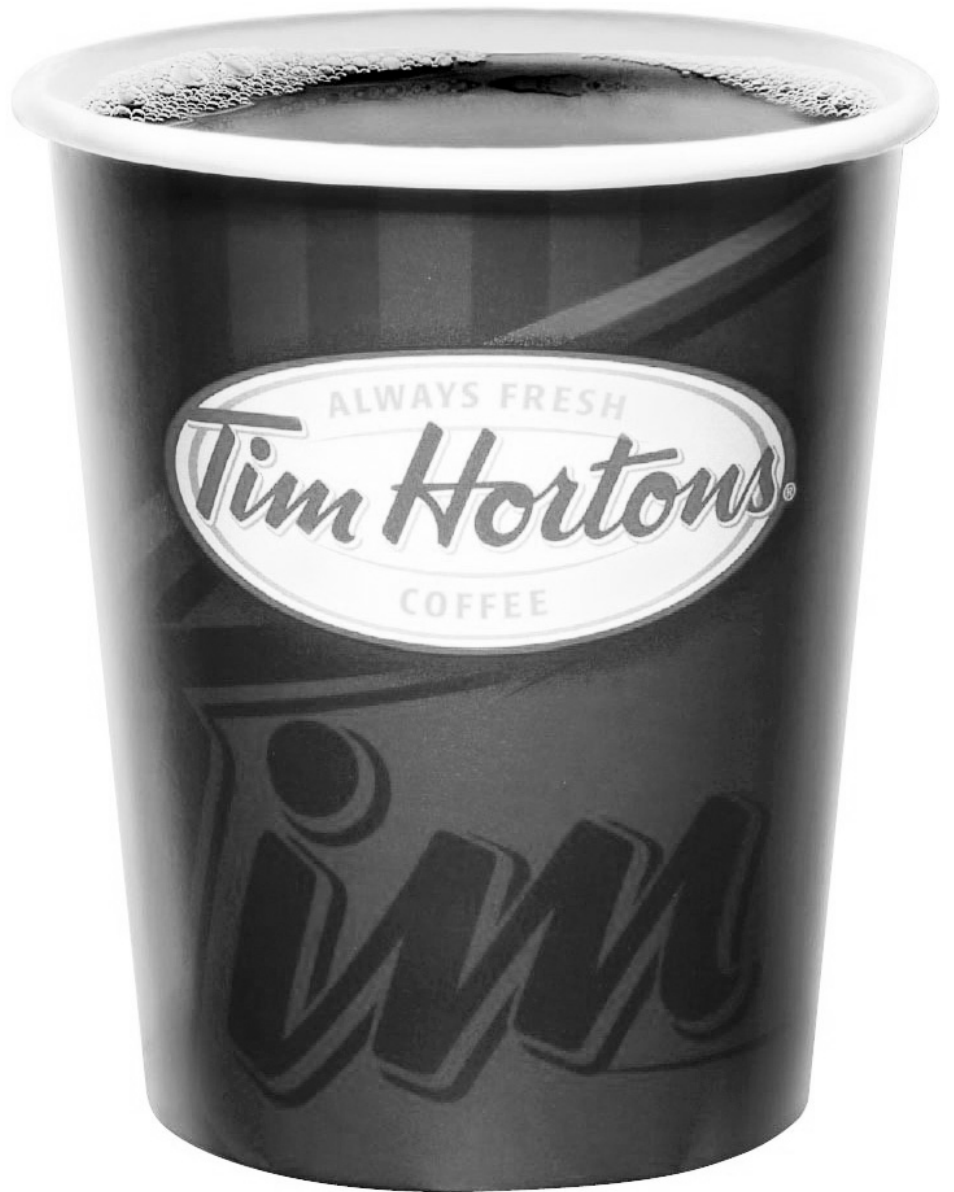
Vitamin B12 is another good substitute. It plays a significant role in your natural brain function, nervous system function and blood formation. You will likely find this vitamin as a prime component of every energy drink on the shelf, because B12 also plays a major role in your energy level and mental alertness. It helps energize you and affects your body's production of melatonin, the hormone that regulates your sleep cycle.

One of the most important determinants of your energy levels is hydration status. Water is responsible for transporting all nutrients in the blood that we use for energy as well as getting rid of waste build-up that leads to fatigue. Without enough water, we cannot metabolize the food we eat into fuel and ultimately cease to function properly.

Foodwise, eggs can replace any unhealthy cup of coffee or energy drink. Eggs are high in iron and protein to give you sustainable energy throughout the day. Choline is a type of B-vitamin that is found in eggs that is required for brain function and energy production, so not only are you provided with energy, you are improving your body little by little with each meal.

By substituting caffeine products with energy-loaded foods and drinks, you can complete your tasks with the same energy and alertness you could get from caffeine, but in a much healthier way.

*Rachel Wallace is a Fitness and Health Promotion student at Fanshawe College.*



CREDIT: STOCK IMAGES

Caffeine in moderation can be a good thing, but once you start going over the recommended daily dose, you could face some serious side effects.

# Keep your germs to yourself!

SOPHIE ISBISTER  
THE OTHER PRESS

NEW WESTMINSTER (CUP) — There are a lot of things to worry about at the beginning of any new semester, but winter poses particular challenges for students. Challenges that, according to my cursory field research, the average student is grossly incapable of facing head-on. Challenges like the flu and its less viral cousin, the common cold, both of which are making their evil, contagious way across the Canadian wilderness. Full-blown cold and flu season: coming soon to a classroom or bus near you! Why do I claim that students can't cope? Because I see the same gross things every day.

People on the busses and trains sneeze right into my face. People at school cough all over the public computers, their germ mouth-spray infecting keyboards that countless other students have to use. Students walking the halls like zombies or plague victims, their glazed eyes darting back and forth, their feverish skin glowing like a beacon that screams "Infected! Infected!"

The CBC reported on January 3 that a new strain of flu, which broke out over the holidays, is seeing increased cases in metropolitan areas of Canada. Health Canada says there are 15 times the number of cases from last year. Virus rates are up, but the CBC says the peak is yet to come. They report that in two to three weeks, even more people across Canada will be hit by this particular flu. Like most strains of influenza, the one hitting Canada right now (the elegantly named H3N2 subtype) affects the most vul-

nerable members of our population: the elderly and infants under one year of age. But that doesn't mean students can't or shouldn't do their part. The use of vaccines in controlling virus outbreaks, while controversial among some people, is well-documented and endorsed by public health officials. It's not too late to get your vaccine if you haven't already got the flu!

While it might be tempting to play through the pain and take your cold or flu to school for show-and-tell, we would all prefer that you didn't, thanks. Even instructors at the college would rather you stay at home; I have yet to see one course outline that doesn't excuse absences for a medical reason. So, fellow students, between now and that dreaded peak flu time, let's all make a greater effort to follow some basic winter disease etiquette.

For starters, just stay home! I know not everyone can afford to take time off work, but if you can, for the sake of my health, please do. Secondly, if you must venture into the world, know where to cough and sneeze: no coughing on other people, books, desks, SkyTrain poles, or your hand. The best place to cough is in the crook of your arm. The best way to wash your hands is with soap and warm water, and for at least 15 seconds, according to Health Canada. The best place to put a soiled Kleenex is in the garbage — immediately.

Where's the best place to put yourself when you come down with the cold or flu? That would be at home, in bed, with a healthy dose of chicken soup and Netflix.

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# USS hits the Fanshawe stage



MY 15 MINUTES WITH...  
TAYLOR MARSHALL

USS is a band that is just as original as their name, which stands for Ubiquitous Synergy Seeker. USS's last album, *Approved*, came out in 2011, but as I talked to vocalist/guitarist Ash Boo-Schultz, he revealed that fans can look forward to a new release from them sometime in the near future as the band is hard at work on songs for their new album. Fans can also check them out live at Fanshawe College when they hit the stage in Forwell Hall on January 25 as part of New Music Night.

**You played at the Rapids Theatre in Niagara Falls with special guests The Balconies and Whiskey Reverb on New Year's Eve. How was that show?**

"We have had such a wonderful relationship with the Northwestern area due to our radio station in Toronto broadcasting across Lake Ontario. So it's really great because who doesn't want to celebrate New Year's Eve that close to one of the unofficial wonders of the world? For our show one thing that I loved a lot was that they did fireworks twice. They had it earlier in the evening for the kids and any adults over the age of 50 so they didn't miss it, and then again at

midnight for everyone else.

"Also we played at the Rapids Theatre, which is actually haunted because it's so old. The gentleman who was running the event took us on a two-hour ghost tour before the show. It was actually suspenseful.

"It's always a pleasure to play with The Balconies. We share a manager with them, so it's always cool to play with them. Whiskey Reverb is a local band that we actually requested to come and play with us and they did not disappoint. The one thing that did happen, though; we were supposed to have a ton of balloons fall from the ceiling at midnight, but it didn't work. The guy pulled the string and like four balloons fell from the things above."

**Your last album, *Approved*, was released in 2011 – any plans for new music this year?**

"Well, it's funny that you should call me right now. I was actually just working on the lyrics to the second song we've started recording. The new policy we have for recording this time around is actually a baseball analogy that goes, 'There are no walks, singles, doubles, triples or home runs allowed. There are only grand slams.'

"I believe that happiness is a choice. You don't have a choice when it comes to your thoughts, so it's up to you to train your thoughts like a dog or a computer and choose happiness. People have to learn to make that choice to be



CREDIT: USSMUSIC.COM

USS – also known as vocalist/guitarist Ash Boo-Schultz and hypeman/turntablist extraordinaire Human Kebab – are bringing their unique sounds ("a campfire after-party with a jungle-rave vibe, progressively two-stepping their way to a dance folk cuddle," according to their website) to the Forwell Hall stage on January 25.

happy."

**You have an upcoming show at Fanshawe on January 25. Have you played here before? If so, what are you most looking forward to?**

"We met a student from Fanshawe College named Kylie Greenham, and she was part of the music department. She actually contributed to one of our live performances with her wonderful flute playing. At our last performance, she joined us onstage during our last song 'N/A Ok' and we are

hoping to bring her out with us again when we come back on January 25.

"I really love the orchestra. It's kind of like our brains with all these different thoughts of different velocities; timbers and intensities. Your mind is like this amazing orchestra of thought. We actually had an offer one time from the Mississauga Symphony Orchestra to come and do a full symphonic performance of our songs. That, to me, is a dream come true as I have actually written that out as a goal

in my life. The offer from the Mississauga Symphony Orchestra is still on the table so we hope it will happen sometime soon."

Tickets for the January 25 show at Fanshawe are \$12 for students in advance at Biz Booth and \$15 for guests and at the door. The show is all ages with a valid Fanshawe student card or 19-plus without.

For more information on USS, visit their website [ussmusic.com](http://ussmusic.com) or follow them on Twitter @USSmusic.

# Of road trips and *Damaged Goods*



BOBBYISMS  
BOBBY FOLEY

I write about random things a lot. I write a lot about random things. There is something about *Damaged Goods* – the latest full-length album by The Mohawk Lodge – that sparks my imagination towards travel.

Released on White Whale Records in October, *Damaged Goods* possesses an immediate sense of movement; like an album you don't start listening to in the car until you've settled in on the road, this captures the momentum of an adventure already in progress. And perhaps fittingly so – it was born on a highway.

Ryder Havdale began The Mohawk Lodge somewhere around 2000 as an outlet for music that fell outside of his other bands at the time. Finding direction in a cabin in Point Roberts, Washington, he's composed and released the group's first couple of records on his White Whale imprint, performing them with a rotating list of musicians and friends.

Pivotal to his writing process, the cabin belongs to family and is a place at which he sojourns for a couple of months every year.

"For inspiration, I need a certain amount of chaos around my life," he explained. "But then, I need to go somewhere for a month or two and have the exact opposite and process what I've been through."

After a couple of releases – and



CREDIT: MELISSA FISHER

Ryder Havdale, the mind behind The Mohawk Lodge, finds inspiration in his family's cabin.

his other bands broke up – Havdale moved to Toronto to continue to evolve The Mohawk Lodge. The move influenced the sound of 2010's sophomore effort *Crimes* and set in motion the events that led here to *Damaged Goods*, a lean indie rock album with genuine rhythm and lo-fi pop appeal.

The album was inspired and written one December while touring through Europe with a group of musicians in support of *Crimes*. In fact, Havdale was so inspired by the life and culture in Europe that he has relocated to Berlin, where he based his last few months of touring.

"I was just like, 'I'll go to Berlin for a couple of weeks,' and then I

got there, and it is such a different world," Havdale recalled, describing living above a live venue close to where the Wall came down in East Berlin. "There was live music every night; I was literally living right above the stage. It was rad."

An album of ironies, *Damaged Goods* inherits a sense of honesty in its immediacy and exudes confidence. "Howling At The Moon" begins with all the fondness of a conversation between friends and wastes no time in guiding the pace of the album, leading into the energetic "Wild Dogs" and the soulful single "Light You Up" before you're even five minutes into the disc.

Recorded with the same musi-

cians that inspired them on tour, these songs shine with careful optimism despite their various themes of love or affliction. As well as documenting the high-paced urban European touring life, *Damaged Goods* celebrates the human behind the imperfection.

The coming year holds a lot of promise for Havdale, who is likely in Point Roberts at the time of this printing, rewriting music and preparing for sessions to record a new album in a few weeks. After his return to Berlin following the next few months of touring, one can only presume to wonder the sort of chaos he will have experienced and wait as patiently as possible to hear the music to come

from it.

For more on Havdale and The Mohawk Lodge, visit on Facebook or follow on Twitter @themohawk-lodge. The band just spent November in Europe and December crossing Canada, but watch for them to appear in Toronto for Canadian Music Week in March before embarking on a tour of the United States in April and May.

And for more of the latest music news, views and recommendations, consider following this column on Twitter @fsu\_bobbyisms. Don't let the winter drain your spirit, get out to some great FSU events this month. Exams are closer than you think! I'm out of words.





CREDIT: BENEFITCOSMETICS.COM

Benefit's eye primer, Stay Don't Stray, helps eye shadow and concealer last all day.

## Stay, don't stray



**BEAUTY BOY**  
JOSHUA R. WALLER  
joshua.r.waller@gmail.com

One of the biggest challenges women (and some men) face with their makeup is achieving that long-wear hold from their eye makeup. The eye shadows and eyeliners seem to either fade or flake off as the day progresses. This challenge seems to become even more difficult in the winter, since the air is so dry that the eyelids can become a bit chapped. Luckily there are products and techniques that will help you get a longer wear out of your eye makeup.

The first way to get more out of your eye makeup is to make sure your skin is healthy, moisturized and properly prepped. As we all know, skin often seems to take a turn for the worse in the winter, so you want to make sure you have a moisturizing eye cream that isn't too heavy (or else you will clog up the area and produce those white dots called milia). Some decent eye creams are Dior Hydra Life, Lancôme's Génifique and La Roche-Posay Hydraphase Intense Eyes. If you find that the skin around your eye area needs a little bit more repair, using a serum as well as an eye cream will help speed up the results.

Once your skin is fully prepped,

an eye primer is key for not only a long hold but for increased pigmentation quality as well. However, you have to make sure you are using the right type of primer for your skin type or else you can actually cause increased flaking. If you have a drier skin type, then you will want to avoid any heavy eye primers that have a flesh tone as they can cause a lot of texture on the eyelid, which prevents the eye makeup from going on smoothly and causes it to flake off. If you have an oilier skin type, then you will want to avoid any primers that have a high glycerin or oil content as this will just cause the eye makeup to smear.

Once you have your skin prepped and the proper eye primer on, it's now time to apply your eye makeup. One tip to applying eye shadow is by "packing it on" rather than swiping it across the eyelid. This will build up greater colour intensity and will also reduce any flakiness that can appear on drier eyelids.

Another key to having your eye makeup last longer is by using an eye shadow that is highly pigmented, but this usually means it has a higher price point. Brands such as MAC, Make Up For Ever and Nars are some of the highest pigmented eye shadows on the market. That being said, if you have properly prepped and primed your eyelids, any eye shadow should last you the entire day and will stay, not stray.



CREDIT: CONFESSIONSOFAWORRYWART.COM

If your dinner companion has spinach in his teeth, you should probably tell him about it.

## Is there anything in my teeth?



**MY SERIES OF UNFORTUNATE EVENTS**  
JENNA WANT  
j\_want2@fanshawecollege.ca

Let's be honest here, there has been a time when you've failed to tell your friend that there was a piece of spinach launched in between her two front teeth. Why is it that when someone has toilet paper stuck to the bottom of their shoe (yes, this happens, and mostly to me) it's too embarrassing to acknowledge?

Recently I've discovered that I am *that* friend: the one who lies to make you happy. It has something to do with my fear of making people uncomfortable, or, as I'm learning, my fear of making myself uncomfortable. This isn't always the case; if it's someone close to

me I have no problem telling him he has spaghetti sauce down his chin or laundry fluff in his hair. However in the case of a casual acquaintance, I think it's just easier to avoid the situation altogether.

It's almost like when someone asks if you like their new Steve Carell-inspired hair cut – obviously you don't, but you're obligated to say yes. Oh, and you can bet that if someone makes a really awful joke that I will be the first one to laugh, even though I get more laughter out of writing political essays.

Allow me to paint you a picture: last week I happened to be in the wrong place at the wrong time. I was in the line to buy tickets at the movie theatre, and I spotted my friends across the room. As I waved to get their attention, I made eye contact with a middle-aged man who was a few feet ahead of

my friends. The man started eagerly waving back at me, and I had no choice but to pretend like it was him I was waving to all along. I mean, what else are you supposed to do in that situation? That same night I had to avert my eyes to avoid watching someone struggle to find their seat in a dark theatre.

I simply can't handle when other people are feeling awkward, but I can't seem to do anything to help them out. Is there some sort of support group for this?

The moral of the story is to not follow in my footprints. If you notice something about someone that could potentially embarrass them or ruin their day, kindly bring it to their attention. Now that I think of it, there seems to be toilet paper stuck to my shoe as we speak.

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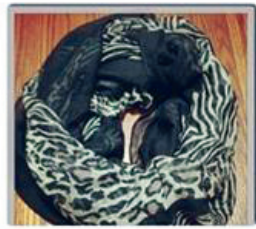
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CREDIT: HAI HA NGUYEN

## Lusting for leather



**THE SHOPPING BAG**  
HAI HA NGUYEN  
hhnguyen.77@gmail.com

Winter is harsh, and most of the time we bundle up in our heavy duty winter jackets, but there have been some days this year when layers and a leather jacket is just perfect. Some days, you just want to wear your awesome leather jacket that fits your body to a tee, accessorize and look super chic in the midst of the gloomy winter season.

This amazing medium brown jacket is nicely structured with a high asymmetrical collar and can be paired with a printed leopard and zebra print scarf to complement the brown colour. To accessorize, a beautiful rose gold studded watch and moss-green platform booties with a hint of military inspiration complete the look. This combination of accessories can be worn with a sweater dress and tights for a dressy chic look or a sweater with jeans for a more casual ensemble.

**1. Brown Leather Jacket:** This gorgeous brown leather jacket is 100 per cent genuine leather, slightly distressed, soft and form-fitting. When zipped up, it is a high-collared jacket, but sits nicely asymmetric when zipped down. It is the perfect addition to any outfit in the fall, spring or warmer days of winter. Since the leather jacket is a pricier investment piece, make sure you take care of the jacket using leather conditioner so it will last longer! (Danier Leather Masonville, \$299)

**2. Leopard and Zebra Circle Scarf:** This scarf is uniquely print-

ed so when looped around your neck, both animal prints mix nicely together while the black balances the prints. (Aldo Accessories, \$25)

**3. Rose Gold Studded Watch:** This BCBG Maxazria rose gold studded watch is a showstopper! The face of the watch is square with a black interior. This piece is a bit pricey, but it is a piece that can be integrated with trendy accessories and outfits every year. The links are not too big, so the style is suitable for many different size wrists. (BCBG Max Azria, Shoppers Drug Mart Huron/Highbury, \$265)

**4. Moss-Green Platform Booties:** These suede moss-green platform booties complete the outfit without being too matchy. The military-inspired buttons give the booties structure, mirroring the theme of the leather jacket. (Forever 21, \$60)

Whether it's spring, fall or a nice winter day, leather lovers find any excuse to complete their outfit with their favourite leather jacket! If you are an animal lover, faux leather looks just as edgy with the accessories above. The brown leather and rose gold palette is a twist on the rocker trend that is typically styled with black and silver. This structured ensemble is sure to add some excitement to your winter fashions.

*Hai Ha Nguyen is a Fashion Design student who loves to discover the new trends in street fashion. Follow her on Instagram at [instagram.com/haihanguyen7](https://www.instagram.com/haihanguyen7) for the trendiest pieces this season! If you have a suggestion or feedback for her column, send her an email at [hhnguyen.77@gmail.com](mailto:hhnguyen.77@gmail.com).*

**NEW MUSIC NIGHT**

**USS**

**JAN. 25. 2013**  
9:30PM Forwell Hall  
\$12 advance  
\$15 door/guests

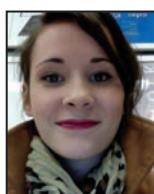
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CREDIT: ACHICCRITIQUE.COM

Cross-body bags are on-trend and practical for the on-the-go girl.

## The devil's in the details



**MAKE THE LOOK YOUR OWN**  
AMY LEGGE

Whether you're wandering through Forever 21, Banana Republic, H&M or Gap, the clothes are generally similar. A pair of dark-wash skinny jeans? How inventive. A grey chunky knit sweater? Let's not reinvent the wheel. It is becoming increasingly difficult to stand out in the crowd when the crowd all shops at the same places. The most fun way to express your individual style and make the most of your wardrobe is by choosing fun and funky pieces to accessorize your outfits.

Footwear is a good place to start. A rotation of practical, dressy, warm and sexy shoes never leads a girl astray. Not only can the right pair of shoes spice up a humdrum outfit, rotating which shoes you pair with each ensemble can really stretch out your wardrobe and make the same outfit work for different occasions. An on-trend shoe lineup for the fashion-savvy female this winter includes flat knee-high riding boots in a black or dark brown and a pair of low-heeled suede (or faux suede) ankle booties with eye-catching details

(think exposed zippers, studs, fringe or faux fur trim). Add in a pair of ankle-high flat biker boots and a more practical pair of winter boots like Sorels (or any other brand of water-resistant, rubber-soled boots that will keep your pedicured toes warm and dry), and you're good to go.

In terms of jewellery, the motto this season is "more is more." For everyday wear, simple, thin jewellery is always best. It also makes it easier to stand up once you pile on the layers of necklaces, bracelets and rings that are all the rage right now. To keep up with the trends, stack a few thin bangles on your wrist, layer on a few necklaces with trendy pendants like the infinity sign, a wishbone, or your initials, and then slide your fingers into rings upon rings. Thin rings can be layered, for example a trio of white gold, yellow gold and rose gold, or a couple of simple monogrammed rings. Skulls, crosses and roses are among the most popular motifs for jewellery and other accessories. That is not to say that bold jewellery isn't current. A statement necklace will not go amiss if you pare down the rest of your outfit, makeup and hair. Not to be forgotten, watches are having a moment that just won't end! The bigger the better, men's-inspired styles are taking the masses by

storm. If you don't have the cash to splurge on real rose gold, there are plenty of affordable options that look the part!

Handbags can be divided into categories for clutches (evening appropriate), cross-body bags and purses you sling over your shoulder. Boxy, rectangular envelope clutches are a must-have for any night on the town. Cross-body bags are a practical, "look, Mom, no-hands" option, which make them perfect for taking to school, shopping, out for a coffee date or wherever your day takes you. These are done best in dark, neutral colours, like a rich chestnut or an inky black. Over-the-shoulder purses are taking a more professional turn, with structured, lady-like options becoming more and more popular. Their size and structure allows you to slip in your wallet, makeup bag and a file folder or small tablet to take your work on the go with you.

My favourite part of getting dressed is taking my look to the next level with funky and individual accessories. I might wear the same old jeans and t-shirt, but my accessory choices make a bigger statement about my personal style. Do what you like, do what makes you feel good, and, most importantly, be like Madonna and "express yourself"!

**BLUE MONDAY**

**A LOT OF PEOPLE FEEL THE SAME WAY YOU ARE NOT ALONE!**

SEE AD ON PAGE 13 FOR BLUE MONDAY EVENTS!

**TELL US WHAT YOU THINK**

**KPI Student Satisfaction Survey**  
coming up  
**February 4<sup>th</sup> - 8<sup>th</sup>, 2013**

**We asked. You answered. We listened.**

**KPI** Student Satisfaction Survey

When asked, tell us what you think. We're listening.

FANSHAWE COLLEGE



# Living chic on campus

SAMANTHA TAYLOR  
INTERROBANG

You may have noticed the adorable little shop right next to the bookstore on campus. This is Live Chic, the boutique run entirely by the second year Fashion Merchandising students! This boutique sells everything from jewellery and handbags to flasks and glasses and everything in between.

The store opened in September 2011 and is now used as a learning tool for students and faculty. After graduating from the program, some of the Fashion Merchandising students reported they were having a hard time finding a job without having any kind of retail experience, so the faculty opened the store to give the students a chance to explore what it is really like to work in a retail environment. Graduates of the program are also encouraged to put their experience at Live Chic on their resumes, and all of the staff members have been more than willing to give a reference.

This system has proven very successful. Students get an opportunity to work in all areas of Live Chic throughout their shifts: they hone their customer service skills, they merchandise the store and also purchase new products. The students are marked on how well

they work in the store, and it goes towards their final grade.

The main goal of the store is to give the Fashion Merchandising students a chance to see what it is really like to work in a retail environment for the first time. And for those who already have a retail experience, this is a more behind-the-scenes look at how a boutique operates.

Melissa Weiler, a second-year Fashion Merchandising student, said, "I have really enjoyed my time working at Live Chic. I have had several years of retail experience previous to this, but this was a very different work environment. Working here, I was given the chance to create my own displays and merchandise them in my own way. Also, being able to actually purchase merchandise for the store made me feel more a part of the school. I had an excellent time working at Live Chic and I think the entire idea of having a student-run store within the school is extremely beneficial for everyone in the Fashion Merchandising program."

What started out as a way to gain retail experience has developed into an extremely useful tool for the Fanshawe Fashion Merchandising students. It also has become a new and exciting way for the students and faculty to interact



CREDIT: ERIKA FAUST

The Live Chic store in F building is run by Fashion Merchandising students and has a variety of nifty goodies on offer.

with one another.

Live Chic is extremely up to date with all the latest trends, brands and styles. Everything they

have in store would make a perfect gift for any occasion. But don't forget to do a little shopping for yourself, too! Next time you're

walking past Live Chic, stop in for a bit – you will be sure to walk out with a great purchase.

## POPeYES Grand Opening Specials

LOUISIANA KITCHEN

Love That Chicken

Jan 21<sup>st</sup> - Jan 31<sup>st</sup>



~~\$30.99~~  
**Family Meal**  
8 Pc Chicken  
4 biscuits,  
2 large sides  
2 apple pies  
2 reg drinks  
**\$20.99**

~~\$14.99~~  
**2 can Dine for**  
**\$10.99**  
5 pc Mixed CHICKEN  
2 biscuits  
2 reg sides  
Add 2 apples pies for \$1  
Add 2 reg drinks for \$1

### Store Locations

840 Wellington rd, London  
580 Fanshawe Park Rd E, London  
965 Talbot St, St. Thomas

519-601-7400  
519-679-1212  
519-631-6422

1160 Oxford St. W, London  
395 Clark Rd, London

519-474-5000  
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# Battle the winter blues

ERIKA FAUST & MELANIE ANDERSON  
INTERROBANG

The third Monday in January is sometimes called the most depressing day of the year. Even if you don't believe that claim, you might still be feeling the winter blues. When you combine that crappy weather with the fact that you're back in school and likely counting down the weeks until spring break, it seems like winter is never going to end.

Not to worry! We've come up with some ways to inject some fun into a boring winter day:

## Get Active

There's nothing like an exercise high to beat the blues, and Fanshawe has a great gym right on campus. Memberships are offered at reasonable rates and get you an all-access pass to first-rate gym facilities and a variety of group classes.

## Eat Right

Delicious fresh fruit isn't just for summer; winter is the time to munch away on blood oranges, clementines, kiwis, kumquats, pomegranates and more! These fruits contain essential vitamins and minerals that will keep you feeling healthy even if your workouts have slowed down (or, in some cases, come to a halt) after winter break. Check out your local grocery store or head to a specialty

food shop like Sunripe Marketplace (744 Adelaide St. N.) to try something new.

## Don't Be *Les Misérables*

Now is the time to catch some of the greatest films of the past year. There are nine movies with Oscar nominations for Best Picture out in theatres and on DVD/Netflix – how many of them can you watch before February 24? Frontrunners are looking to be *Les Misérables*, *Lincoln*, *Argo* and *Silver Linings Playbook*!

## Refresh Yourself

There's nothing like relaxing and de-stressing at a spa day, but even with a Groupon, a day of pampering can get expensive. A quick Internet search results in a ton of simple at-home spa recipes for things like face masks and body polishes, but here are some of our favourites:

## Apple Pie Spa Treatment Skin Polish

So tasty, so simple and so healthy: apples are a powerhouse fruit that contains a ton of potassium and vitamins A and C. They also contain malic acid, an exfoliating enzyme that can help remove dead skin cells and surface dirt – perfect for giving your skin a mid-winter boost. For this polish you'll need:

- 2 tbsp brown sugar
- 2 tbsp granulated sugar

- 1 tbsp fresh apple puree or apple sauce
- 1/8 tsp cinnamon

Mix all ingredients until well blended. In the shower or bath, apply scrub to skin (but not your face) in a circular motion using a washcloth or loofah. Rinse well. Don't forget to moisturize after!

## (From webmd.com) Smoothing Honey-Almond Mask

Combining the soothing properties of honey and the softening properties of almond oil, this mask will leave your face totally refreshed. Go to your kitchen and grab:

- 1 tbsp honey
- 1 egg yolk
- 1/2 tsp almond oil
- 1 tbsp yogurt

Mix all ingredients until well blended. Rub a nice, thick layer on your face and let sit for 20 minutes. Rinse with warm water and gently wipe away residue with a damp cloth.

(From maddieruud.hubpages.com)

## Embrace The Cold

We've had a pretty mild winter so far this year, but when those cold snaps do arrive, there is a ton of outdoor winter fun to be had in the Forest City. Visit Boler Mountain (689 Griffith St.) for skiing, snowboarding and tubing.



CREDIT: MONTREALABOUT.COM

Help beat those winter blues by getting active, going outside and embracing many of the outdoor activities to do in the winter.

Head there on a Wednesday with student I.D. for discounts: \$20 for a four-hour lift ticket and rentals for \$20 as well!

If you just want to get out on the ice, the free outdoor rinks in Victoria Park and at the Covent Garden Market are the perfect place to skate on a chilly day.

The return of the NHL may be bittersweet, but remember how

much fun going to a game in Toronto or Detroit can be? Even getting a group of friends together on a Saturday night to embrace some on-ice action with a few rounds of beers can prove to be an awesome night. Don't forget about how amazing the London Knights are doing, either – join thousands of fans at Budweiser Gardens to cheer on the OHL's top team.



www.fsu.ca





# BLUE TWENTY-THIRTEEN

January 21st,  
2013

# BLUE MONDAY



A LOT  
OF  
PEOPLE  
FEEL THE  
SAME WAY  
YOU ARE  
NOT  
ALONE!

**Paws on Campus**  
“Therapy Dogs and Cats”  
**Forwell Hall**  
**10:00 a.m. – Noon & 1:00 p.m. – 3:00 p.m.**  
Pet or spend some time with these trained animals.

**Speaker/Performer**  
**Stephanie McIlroy**  
**Forwell Hall - Noon – 1:00 p.m.**  
This Fanshawe graduate will share personal experiences about mental health and perform with her country rock band. She has an inspiring message to share with our students.



**Mental Health Service Fair**  
**F Hallway** (in front of the bookstore)  
**10:00 a.m. – 2:00 p.m.**  
Community booths will be present to offer information and support for students.

**Blue Monday Center Spot**  
**Forwell Hall**  
**10:00 a.m. – 2:00 p.m.**  
College Student Alliance (CSA) and FSU Booth with information, support material and giveaways.

**Meditation Sessions**  
**Room F 2005**  
**12:00 p.m. & 1:00 p.m.**  
A quiet room for students to meditate and relax.



YOU HAVE  
SUPPORT  
ON CAMPUS!



# Prank call goes too far in thriller

REMINGTON BOCKWINKEL  
INTERROBANG

## Compliance (2012)



Most of us at one time or another have been the victim of a prank phone call. Generally they are harmless – we usually just have to assure the perpetrator that yes, our refrigerator is running, and we will do our best to stop it from running away.

Sometimes these calls can cause a tremendous amount of damage, however. In the newly released on home video film *Compliance*, a prank phone call leads to some absolutely disturbing consequences that no one would believe could actually occur. That is, until they find out that almost everything we see in this film really happened.

Ann Dowd portrays Sandra, a by-the-book manager of a fast food restaurant. She runs a tight ship, but that ship sinks after she receives a phone call from a police officer. As you may be able to gather from the beginning of this article, it is not really an officer of the law on the other end of the line, and the instructions this officer gives to Sandra are shocking to say the least.

Officer Daniels (as the prankster refers to himself) convinces Sandra that Becky (Dreama Walker of *Don't Trust the B--- in Apartment 23*) has stolen from a customer. Becky is sequestered in a storage room and forced to endure an increasingly humiliating series of events. Under Sandra's watch, Becky is subjected to a thorough strip search. Neither employee feels comfortable with this, to say the least. Officer Daniels assures them that this is standard protocol, and that Becky best cooperate, as he claims that she is under investigation for some other illicit activities.

It starts with a strip search, but it gets much worse for Becky when Sandra leaves the scene to help out at the front. Sandra's fiancée is eventually called in to watch over Becky, and things go down an even darker path. By the time the jig is up, Becky has had to follow a set of sexually degrading orders that will likely haunt her for the rest of her life.

There is no way this could happen, you may think. Elements of this story seem as outlandish as something out of a *Harry Potter* or superhero film. However, in 2004, a McDonald's restaurant in Kentucky was the site of a very similar situation. A female employee was put through a strip



CREDIT: DOGFISH PICTURES

A prank goes too far in *Compliance*, in which Dreama Walker is subjected to a humiliating and degrading investigation.

search, spanked and ordered to perform oral sex by someone on the line posing as a police officer. This wasn't an isolated incident, either. There have been 70 similar situations in the United States!

*Compliance* might not be the easiest film for some to get

through. It certainly contains scenes that will make some viewers uncomfortable. But I found it to be a fascinating film that will stick with me long after my initial viewing. It has a great script and terrific performances, and although this may sound cliché, it is a film that

really gives you something to think about. I for one will be even more paranoid when taking unsolicited phone calls in the future. Actually, I may just disconnect the damn thing altogether.

## SEXUAL AWARENESS DAYS

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www.fsu.ca

**Ladies NIGHT**

Showing "Magic Mike" on the big screen  
**Monday Jan 21st**

**FREE POPCORN & MOCKTAILS**  
Out Back Shack, 8pm, No Cover  
Nail polish provided  
**SEX TOY DRAW**

**SPEED Dating**

**Tuesday Jan 22nd**

**OBS. 7pm. Free**

**CONDOM CASINO**

**TUES. JANUARY 22ND**  
8PM IN FORWELL HALL \$5 AT THE DOOR

**SEX TOY BINGO**

**9PM OBS**

4 WITH YOUR HOST BEEF 73  
WEDNESDAY JAN 23

**TONY LEE X-RATED HYPNOTIST**

**THURSDAY JANUARY 24TH**  
FORWELL HALL, 9PM DOORS  
**\$10 ADV / \$15 DOOR**





CREDIT: NBC

Hilarious hosts Tina Fey and Amy Poehler goofed around during the Golden Globes.

# A golden night

ALISON MCGEE  
INTERROBANG

It's official – the 2013 entertainment awards season has begun! As always, this exciting time of year is heralded in by the Golden Globes, entertainment awards for achievements in both film and television. Notorious for predicting who will take home the ultimate prize in a month's time at the Academy Awards, the Golden Globes are always a thrill a minute and this year's ceremony certainly lived up to that.

The 2013 Golden Globes were hosted by arguably two of the funniest women in showbiz today: Tina Fey and Amy Poehler. Traditionally a more laidback, comedic-toned ceremony, Fey and Poehler were the perfect choices for this year's ceremony. Their perfectly timed riffs off of one another and their expertly crafted digs at some unsuspecting audience members – such as Fey's teasing warning to Taylor Swift to "stay away from Michael J Fox's son" – filled the ceremony with near non-stop laughs.

A few of the acceptance speeches blew the audience away with both tears and laughter. The laugh-

ter came courtesy of Ben Affleck, who thanked the Academy in his speech, as well as Jennifer Lawrence, who quoted fan favourite The First Wives Club in her speech, saying, "I beat Meryl." The tears came from Jodi Foster's acceptance speech for her lifetime achievement award in part for finally, and officially, coming out as a lesbian but even more for her touching tribute to her mother who is suffering from Alzheimer's.

The night was filled with beautiful dresses, pitch perfect comedy, a thoroughly unimpressed Tommy Lee Jones and much-deserved recognition for those who bring us the best in entertainment. If you missed it on TV, check out the highlights on YouTube – they're definitely worth your time!

And now, for a complete list of winners.

**In Film:**  
**Film:** *Argo*  
**Musical or Comedy:** *Les Misérables*  
**Actor, Dramatic Role:** Daniel Day-Lewis, *Lincoln*  
**Actress, Dramatic Role:** Jessica Chastain, *Zero Dark Thirty*  
**Director:** Ben Affleck, *Argo*

**Actor, Musical or Comedy:** Hugh Jackman, *Les Misérables*  
**Actress, Musical or Comedy:** Jennifer Lawrence, *Silver Linings Playbook*  
**Supporting Actor:** Christoph Waltz, *Django Unchained*  
**Supporting Actress:** Anne Hathaway, *Les Misérables*  
**Foreign Language Film:** *Amour*  
**Animated Film:** *Brave*  
**Screenplay:** Quentin Tarantino, *Django Unchained*  
**Original Score:** Mychael Danna, *Life of Pi*  
**Original Song:** Adele, *Skyfall*  
**In Television:**  
**Series, Dramatic:** *Homeland*  
**Series, Musical or Comedy:** *Girls*  
**Actress, Dramatic:** Claire Danes, *Homeland*  
**Actor, Dramatic:** Damian Lewis, *Homeland*  
**Actors, Musical or Comedy:** Don Cheadle, *House of Lies*  
**Actress, Musical or Comedy:** Lena Dunham, *Girls*  
**Miniseries or Movie:** *Game Change*  
**Actress Miniseries or Movie:** Julianne Moore, *Game Change*  
**Actor, Miniseries or Movie:** Kevin Costner, *Hatfields and McCoy's*  
**Supporting Actress:** Maggie Smith, *Downton Abbey*  
**Supporting Actor:** Ed Harrie, *Game Change*

# Let's talk about frame rates



McGee's Movie Moments  
ALISON MCGEE  
a\_mcgee3@fanshaweeonline.ca

I have been waiting for years and years for Peter Jackson to make his grand return to Middle Earth in the telling of *The Hobbit*. As I'm sure you all know, my long wait was finally, partially, over just a few short weeks ago with the release of *The Hobbit: An Unexpected Journey*. Honestly, I'm disappointed.

The story was great, particularly the way they used background information from other works by Tolkien to round out the story and explain some details. I couldn't be happier that Bret McKenzie is back as Figwit. Each moment with the dragon was absolute perfection. So

what's the problem? It all comes down to the frame rate.

Movies are shot and played back at a rate of 24 frames per second. That is what our eyes are used to processing when watching films on the big screen. Peter Jackson got a little too ambitious with this one, though, because he decided to film *The Hobbit* in 48 frames per second. Sounds great, right? Twice as much to see. Twice as much to experience.

Here's the problem with that. Forty-eight frames per second brings the term "high definition" to a whole new level. Everything shown on screen looks incredibly realistic to the point of feeling like you are actually standing there in the Lonely Mountain along with Smaug himself. That all sounds good, right? Not exactly. When you can see each and every detail as it actually is, you can tell when

a set is a set on a backlot of an Auckland studio. You can also tell that those giant, ancient stone carvings are actually made of painted Styrofoam. In this same vein, 48 frames per second absolutely kills the CGI work, making even Gollum look cheesy and fake.

The other problem that I had with the frame rate is that since our eyes are only used to seeing 24 frames per second there is a period at the beginning of the film, perhaps 10 to 20 minutes, depending on your eyes, where everything looks like it's happening in fast motion. Until your eyes can adjust, the speed looks distorted.

I wanted to love *The Hobbit*, but I just couldn't. The increased frame rate came at simply too high a cost and I sincerely hope that this new trend fails to catch on in Hollywood.



CREDIT: LIONSGATE

Emma Stone and Ryan Gosling light up the big screen in *Gangster Squad*.

# Send in the gangsters



REEL VIEWS  
ALISON MCGEE  
a\_mcgee3@fanshaweeonline.ca

## Gangster Squad (2013)



What do you get when you combine the classic glamour of the late 1940s, the sex appeal of Ryan Gosling and Emma Stone and a hazy view on where the law ends and vigilantism begins? You get the *Gangster Squad*.

The latest effort from director Ruben Fleischer, whose previous directing jobs include the wildly successful indie flick *Zombieland* as well as the side-splitting *30 Minutes or Less*, takes the audience back in time to 1949 Los Angeles to watch crime and corruption threaten to take over the City of Angels. Mickey Cohen is the big man in L.A., a mob boss whose grip on the city is ever tightening. When enough is finally enough, Chief of Police Bill Parker decided to put together a team of his best men and send them completely off the books and off the grid in order to take down Cohen. Together O'Mara, Wooters, Harris, Keeler, Ramirez and Kennard make up the *Gangster Squad*. In the middle of everything is the young Grace Faraday, Cohen's girl and Wooters' new flame, who finds herself torn between the two men on opposing sides of the fight.

The cast of *Gangster Squad* couldn't be better suited to their roles nor more well-rounded as a

whole. Sean Penn takes the criminal lead in this one bringing to life his character Mickey Cohen on the screen with passion and intensity. Penn has always been one to give his characters both a strong sense of realism as well as rich complexities and his turn as Cohen is no exception to either of these rules.

Directly opposite Penn are Ryan Gosling and Josh Brolin as Wooters and O'Mara, respectively. Gosling has grown into such a strong actor that it should be no surprise that his performance as a cop-turned-vigilante is riveting each and every second he is onscreen. And what can be said about Josh Brolin that hasn't already been said? A living legend in Hollywood, Brolin is simply brilliant as always.

As one of Hollywood's brightest new stars, it should also come as no surprise that Emma Stone nails her role as femme fatale/damsel in distress Grace Faraday. Stone has proven time and time again in big Hollywood flicks – think *The Help* and *The Incredible Spider-Man* – that she has what it takes to not only hold her own against the heavy-hitters of Hollywood but even outshine them once or twice.

With the right aesthetic qualities to make you feel as though you've actually stepped back in time, the right talent to bring the characters to a stunning life onscreen and a story to keep you glued to the screen for each minute of run-time, it would seem that *Gangster Squad* has it all. If you're looking for the next great criminal-versus-cop movie, or if you just want to see more of Ryan Gosling and Emma Stone on the big screen, then definitely check out *Gangster Squad*.

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# Clear communication key to success



**THE REAL WORLD**  
Jeffrey Reed  
jreed@fanshawec.ca

Recently, while I was en route to a business meeting at a downtown restaurant, a colleague sent me a text message to let me know she had arrived early and was sitting at a back table. I didn't get the message – when I told her I don't text, she stared at me as if I had three heads. I know – I am probably the only person within the walls of this college who doesn't text (and I am sure that habit will someday soon grab me with its claws and never loosen its grip).

However, the very fact that I was doing business face-to-face – as old-school as it sounds – was a feather in my cap. Sadly, personal business relationships – and for that matter, relationships of any sort – suffer today due to electronic communications (Skype chats with Grandma in Florida are the exception). In fact, my telephone – which 10 years ago would ring off the hook each day with client enquiries and return calls – has morphed into nothing more than a desk ornament. I estimate that 60 per cent of my business communications stem from email. When the phone does ring, I usually spill my coffee and never pick up before my voicemail grabs the call.

Even more rare is the face-to-face meeting, and that is unfortunate since there is no more valuable business tool. Working in the media relations field, I can tell you

that without an in-person conversation – no matter how brief – with a local journalist, the chances of that reporter using one of my media releases is slim. There is no substitute for meeting face-to-face.

Yet not every businessperson embraces an up-close-and-personal conversation. I once took the time to hand-deliver a story I had written for a magazine (this was before email, but there was still the option to fax the piece), just so I could say hello to a new editor. Despite the fact I had called ahead and warned this overworked scribe of my visit, she spit out a soliloquy of profanities in front of her staff, mumbling something about how busy she was and that she had no time for me. Such is the nature of the industry, but it still goes to show you how the art of face-to-face communication is not easily mastered.

I'm hooked on the hit TV show *Nashville*, so on that note, here are some tips from The Nashville Business Journal regarding face-to-face encounters:

- Make your moments together count.
- Pay attention by listening for the unspoken emotions.
- Honour the other person's space and time. Get to the point quickly. Ask for the right action. Be clear and be specific. Don't take 20 minutes when you only asked for 10.
- Prepare ahead of time.
- Watch your body language. Control your facial expressions. Don't fidget, act nervous, express fear or allow your posture to convey uncertainty or overconfidence.
- Be sincere and authentic.



CREDIT: STOCK PHOTO

Face-to-face meetings are an important tool in networking.

Speak in your authentic voice.

- Maintain the power of the floor. If you see signs you are no longer the centre of attention, break the flow.
- Ask for feedback. Balanced feedback allows people to be relaxed. However, maintain your self-control. Ask for specific feedback about the points you raised.

I have to admit, some of these tips have me laughing out loud (in real time, not LOL – sorry, as a non-texting human I could not resist). “Make your moments together count” and “listening for the unspoken emotions” sound like

Hallmark greeting cards. And I've lost count of how many times someone has asked for 10 minutes of my time and taken 20 minutes. Rule of thumb: take a time request, and then multiply it by two.

One of my New Year's resolutions is to make a concerted effort to connect with the business community via face-to-face meetings. I've joined additional professional groups and committees, and have already lined up in-person interviews for gathering quotes for print and online magazines which, in the past, I would have tackled via telephone.

Just remember: if I ask for 10 minutes of your time, count on 20 minutes. And if your coffee is good, I may stay for a half hour. Just don't text me if you're running late. A call to my cell phone will do.

*Award-winning journalist Jeffrey Reed is a Fanshawe College professor with the Corporate Communication and Public Relations post-graduate program and an instructor with Fanshawe's Continuing Education department. Email him at jreed@fanshawec.ca.*

# Wasserman melding acting and academia

MAITRAYEE DHAKA  
THE UBYSSY

VANCOUVER (CUP) — “It was the Wild West. It was great.”

An uncommon description of Vancouver, but for native New Yorker Jerry Wasserman, the West Coast held the promise of adventure.

Now head of UBC's theatre and film department, Wasserman first ventured to Vancouver in the early '70s for an assistant professor position in UBC's English department.

“I was very fortunate. When I arrived, professional theatre was just getting off the ground in Vancouver. Not only did you not need an agent, but no one asked you for a resume, or where you had trained. You just auditioned,” recounted Wasserman.

“By the time Hollywood came north to Vancouver in the mid-1980s, I had a quite a bit of professional stage experience. I had a New York accent, and I was a middle-aged male character actor,” said Wasserman.

“I was the perfect candidate. I got a lot of work.”

In the decades that followed, Wasserman collected over 200 professional acting credits in TV, theatre and film, including *Watchmen*, *Alive* and *I, Robot*.

Though theatre is his livelihood, Wasserman recognizes the challenges B.C. theatre professionals encounter and his fortune in hav-

ing a well-paying day job.

“There are a fantastic number of extraordinarily talented people involved. The problem is that it is very difficult to make a living in theatre,” said Wasserman.

“The support for the arts in B.C. is pathetic. It has been so under every provincial government, and the lowest per-capita in Canada. A lot of my friends work full time in theatre, and it's a struggle,” he said.

Wasserman noted that it was easier when he started off due to lower cost of living.

“It was the '70s. Not only was it cheaper to live, but the attitude about lifestyle was different; the word hadn't been invented for everyday use. You didn't care if your jeans had holes. Poverty was attractive. Now, we're in the opposite kind of world.”

Wasserman said he feels that similar financial challenges stalk other arts communities in Canada.

“It is a matter of priorities. The community has to decide that the arts are a priority, which is unfortunately not the North American mindset.”

Wasserman said he is disappointed by recent funding cuts in Vancouver, but he is confident that theatre will continue to play a role in Vancouver.

“If Vancouver is going to be a world-class city, it's got to have world-class culture. Think of New York, Paris, London or Berlin; it's expensive even when it is sub-

dized. People have to be willing to pay for culture, or they're going to get the culture they deserve. The arts are as essential to a civilized city and a world-class province as highways and Skytrains.”

Though his acting career has brought Wasserman face-to-face with the likes of Sidney Poitier, Will Smith and Johnny Depp, he argues his role as a professor is the best job he could have.

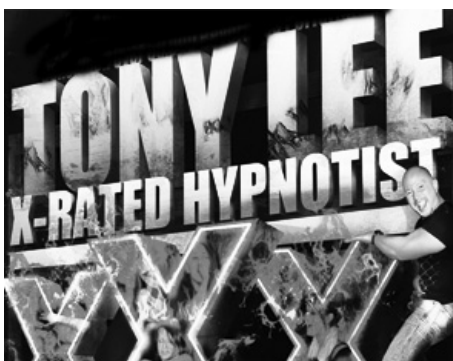
“The people that you meet on film sets aren't half as smart as the people you meet on university campuses. Acting is more exciting at times, but also more insecure. I've met a lot of very interesting and creative people on the way in acting, but I've met at least as many interesting, creative people while teaching, and they're way smarter,” he said.

“This is a great place to feed your brain. Acting is a great place to feed your imagination. They complement one another.”



PHOTO COURTESY JERRY WASSERMAN

Jerry Wasserman is a well-known actor and a professor at the University of British Columbia.



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# BEST IN LATE NIGHT COMIC RELIEF

## THE LATE LATE SHOW with Craig Ferguson

It's cold here in L.A. We broke records last night. It was so cold, Charlie Sheen filled his bed with porn stars just to stay warm.

Today is the first day of the Detroit Auto Show. They also give out awards in many different categories. The prize for 2013 light truck of the year went to Daniel Day-Lewis. He's winning everything this year!

Lance Armstrong's interview with Oprah lasted almost three hours. At one point Lance said he propagated one of the greatest frauds in American history. And Oprah said, "Whoa. Easy there. I'm the one who discovered Dr. Phil."



## CONAN with Conan O'Brien

A political opponent is accusing Governor Chris Christie of praying for Hurricane Sandy. In response, Christie said the only weather-related thing he's ever prayed for is a Dairy Queen Blizzard.

It's being reported that Apple may be making a less-expensive version of their iPhone. They're calling it a Samsung.

Justin Bieber is being sued for allegedly beating up his ex-bodyguard. Which begs the question — who hires a bodyguard that Justin Bieber can beat up?

The University of Arizona now offers a degree in hip-hop. Trust me — that's one class where you don't want to cheat off the Asian kid.



## LATE NIGHT with Jimmy Fallon

Archeologists investigating an ancient shipwreck in Italy have discovered pills over 2,000 years old. Meanwhile, my mom was like, "That date is just a recommendation. They're still good."

Black Sabbath is reuniting with Ozzy Osbourne for their first album together in 35 years. You can tell they're getting up there because now all Ozzy can do is gum at a bat's head for 30 seconds until it flies away.

Prostitutes in Brazil have started learning English so they can communicate with out-of-town clients during the World Cup. They are learning key phrases like, "You are very handsome" and "Nice to meet you, Mr. Sheen."



## THE TONIGHT SHOW with Jay Leno

This flu epidemic is just terrible. Experts say that those hit hardest are the very old and the very young. So that's especially bad news for Hugh Hefner and his new bride.

U.S. customs officials recently discovered 310 pounds of marijuana hidden in some frozen carrots. That's one way to keep kids away from drugs — put them in vegetables.

The makers of the Monopoly game announced they are going to replace one of the famous board game's tokens. If they want to modernize Monopoly they should just throw the banker into prison and put Lindsay Lohan on the "Get Out of Jail Free" card. That's how you modernize the game.



## JIMMY KIMMEL LIVE with Jimmy Kimmel

*Nightline* is on after us now, but just because this isn't *Nightline*, that doesn't mean we're not going to talk about important stuff. For instance, did you know Honey Boo Boo's mother is afraid of mayonnaise?

The Centers for Disease Control announced that the flu has officially reached epidemic status. Epidemics are rarely good. You rarely hear about balloon epidemics.

An economist is suggesting that the U.S. Treasury mint a trillion-dollar coin and deposit it in the federal reserve — which is how *The Lord of the Rings* starts, isn't it?

Facebook announced that if you post one more picture of your cat sleeping, they're going to delete your account.



## THE LATE SHOW with David Letterman

Remember when Kim Kardashian was married to basketball player Chris Humphreys? Turns out they're not legally divorced. This could get in the way and possibly hold up Kim's divorce from Kanye West when they eventually get married.

In 2012 we had the hottest year on record, and we had 357 brand-new record highs. That's 358 if you count Lindsay Lohan.

Thirteen years ago today doctors had me split open like a lobster and they performed the highly dangerous bypass surgery. Today I said, "Doctor, I'm calling to thank you very much. Thirteen years ago today you saved my life." And he says "Well, Dave, it seemed like a good idea at the time."



CREDIT: FSU STREET TEAM

The Belated New Year's Eve Pub was the first event of the new semester held in the Out Back Shack on January 10. Along with the party hats and noise makers, there was also a countdown to midnight.

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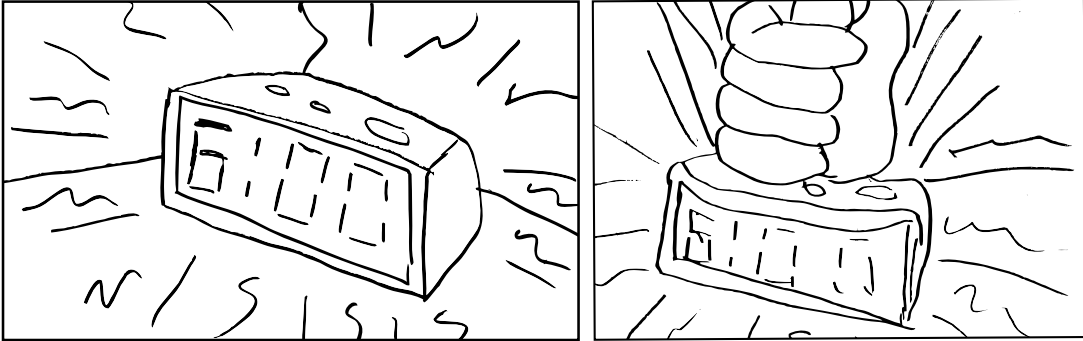
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## NOT NEUROTYPICAL

Readjustment is never pleasant.



laura.billson@gmail.com

## Graphical Deviants

By: Chris Mischak © 2013

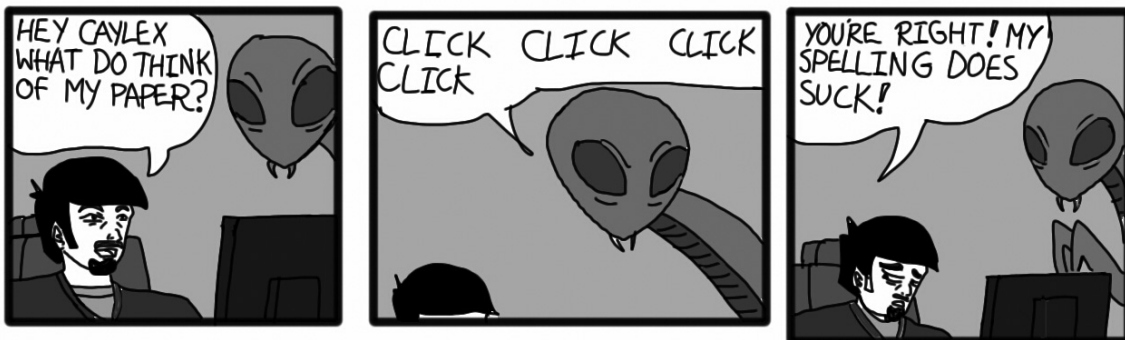


[http://www.drunkduck.com/Graphical\\_Deviants/](http://www.drunkduck.com/Graphical_Deviants/)

## Butt sweat n Tears by Andres Silva



## NERDS



## Mouthless "Workplace Safety"

Created by Charles Colling 2013



## BUS STOP



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CHARITY BALL

# A NIGHT IN HOLLYWOOD

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DRESS IS SEMI FORMAL

SATURDAY FEB 9TH

CASH BAR THEMED EVENTS

Oasis DJ

Doors 9PM



# zodiacstargazerHOROSCOPE

**Aries (March 21 - April 19)**  
You might not even know that you're in trouble. Someone will be displeased no matter what you do. Maybe you should go to a place where there are fewer rules.

**Taurus (April 20 - May 20)**  
Publicity is most effective when others spread the word for you. It would pain Taurus to be considered selfish or aggressive. Gracious deeds are associated with your name this weekend.

**Gemini (May 21 - June 20)**  
Repeat the question to ensure that it's been heard. Gemini is easily frustrated, which may not endear you to people who are in no hurry at all. If you want to hang around here, adjust your clock to local time.

**Cancer (June 21 - July 22)**  
Take a long walk with the intention of getting lost. Cancer's job is to exercise untested choices, if only to see where they lead. Everyone is welcome at the parties you attend.

**Leo (July 23 - August 22)**  
Why waste your time on projects that mean nothing? Friends encourage you to pursue your dream, impossible as it may be. Even if loved ones won't support you, their understanding is enough.

**Virgo (August 23 - Sept. 22)**  
Responsibilities don't have to get in the way of fun. Strong relationships have plenty of room for play. Temporary satisfaction lets you get back to work with a clearer head and a lighter spirit.

**Libra (Sept. 23 - Oct. 22)**  
A healthy curiosity is more curse than blessing. You wait for something that has little chance of happening. Stick with the tried and true, even if it doesn't match your definition of excitement.

**Scorpio (Oct. 23 - Nov. 21)**  
Inaction is now impossible. Even if the weather is forbidding, Scorpio just has to get out and frolic amidst nature. You could meet the future partner of your dreams when travelling beyond your usual range.

**Sagittarius (Nov. 22 - Dec. 21)**  
Sagittarius peeks behind the mask to find what is hidden. Be silent about your discovery. Reassure those who might have something to lose. For better or worse, you're now an accomplice in this caper.

**Capricorn (Dec. 22 - Jan. 19)**  
You have no time for repeating the obvious. You are in a progressive, productive frame of mind. Let others follow your trail of brilliant creativity and make their own contributions, if they dare.

**Aquarius (Jan. 20 - Feb. 18)**  
Instead of just another rerun, add new variations to a familiar theme. Expand your horizons but stay within your budget. A spiritual approach is valid if it's completely free of cynicism.

**Pisces (Feb. 18 - March 20)**  
Unite all of your subsets and take a look at what you have. It's so easy to satisfy yourself that you might see no need to go beyond that point. Consider the good that you could do with this tremendous power.

as public toilets.

4. Daft Punk named their band after a negative reviewer called their act "a bunch of daft punk."

5. A typical lead pencil can draw a line that is 35 miles long.

6. If you had 10 billion \$1 notes and spent one every second of every day, it would require 317 years for you to go broke.

7. The hands of the clock on the back of the \$100 bill are set

## Across

- 1. Foundations
- 6. Feminine name
- 10. Worthless dogs
- 14. Expel from a property by legal process
- 15. 15th of March on Roman calendar
- 16. Relating to the end of the alimentary canal
- 17. Artery
- 18. For fear that
- 19. Calamitous
- 20. Not having much experience of the world
- 23. Meadowland
- 24. Affirms
- 25. More breezy
- 29. Got up
- 32. 'The same' in a bibliography
- 33. Releases from restrictions
- 38. Sport group
- 39. Mothers (informal)
- 40. S-shaped line
- 41. Partly dry area
- 43. Forearm bone
- 44. Hereditary units
- 45. Useful qualities or items
- 47. Product of an oyster
- 50. Muslim chief
- 51. World heritage site (3 words)
- 59. Breach of duty
- 60. Decorative edge of cloth
- 61. Dutch cheese
- 62. Fencing sword
- 63. Water buffalo
- 64. Prank
- 65. Loch \_\_\_ monster
- 66. Tear apart violently
- 67. Takes a break

## Down

- 1. Boyfriend
- 2. English river
- 3. Polite forms of address to men
- 4. Outside (comb. form)
- 5. Metal fastener
- 6. Eyelashes
- 7. Lyric poems
- 8. Take a break

at approximately 4:10.

8. Coins usually survive in circulation for about 30 years.

9. American car horns beep in the tone of F.

10. In Monopoly, the character locked behind the bars is called Jake the Jailbird. Officer Edgar Mallory sent him to jail.

11. Play-Doh was first manufactured as a wallpaper cleaner.

12. Tae Kwon Do is only around 60 years old.

13. The 409 escalators in the London subway cover a distance every week which is approximately equivalent to several trips around the globe.

14. It is impossible to hum if your nose is plugged.

15. One in five long-term love relationships began with one or both partners being involved with others.

16. When someone looks at a new love, the neural circuits that are usually associated with social judgment are suppressed.

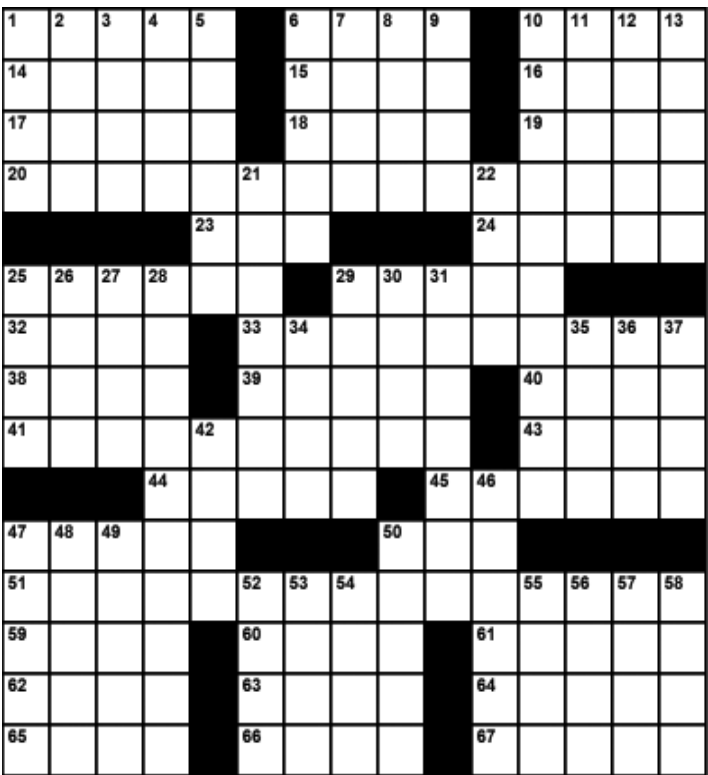
17. Couples' personalities converge over time to make partners more and more similar.

18. When withdrawing money from an ATM, the whirring sound before your money pops out is actually a recording. The actual mechanism is so far back that you can't hear it.

19. Most of the dust underneath your bed is actually your own dead skin.

20. When glass breaks, the cracks move at speeds of up to 3,000 miles per hour.

21. The roar that we hear when we place a seashell next to our ear is not the ocean, but rather the sound of blood surging through the veins in the ear.



- 9. White wine
- 10. Corpse-like
- 11. Join together
- 12. Harder to find
- 13. Luges
- 21. Cattle drivers
- 22. Drama performers (collectively)
- 25. Small islands in rivers
- 26. \_\_\_ fixe: obsession
- 27. Pack of paper
- 28. Relocates to a foreign country
- 29. Apexes
- 30. Lion's sound
- 31. Visible to the audience
- 34. Comfort
- 35. Eye amorously

- 36. Loaned
- 37. Bodies of water
- 42. Valley
- 46. Fortified lookout
- 47. Small dish used for the bread at the Eucharist
- 48. Marry secretly
- 49. Units of land
- 50. In the lead
- 52. Wing-like
- 53. Citizen of Denmark
- 54. MBA's subject (abbr.)
- 55. Excellent (2 words)
- 56. Furrows
- 57. Alter written material
- 58. Bag-like cavities

**Solution on page 22**

# QUIRKY FACTS

1. A million dollars weighs about a metric ton. Hence the expression "a ton of money."

2.. The yin-yang pattern's earliest use is in Rome. Not China!

3. Cash machines are as dirty

## Sudoku Puzzle

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   | 2 |   | 4 |   |   | 3 |   |
|   |   |   |   | 8 | 2 | 4 | 9 |   |
| 4 | 8 |   |   |   | 9 |   |   |   |
| 3 |   |   |   |   |   |   | 7 | 6 |
|   | 2 | 6 |   |   |   | 9 | 5 |   |
| 1 | 4 |   |   |   |   |   |   | 3 |
|   |   |   | 6 |   |   |   | 8 | 7 |
|   | 7 | 9 | 8 | 5 |   |   |   |   |
|   | 3 |   |   | 1 |   | 5 |   |   |

*puzzle rating: hard*

Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box. Solution can be found on page 22.

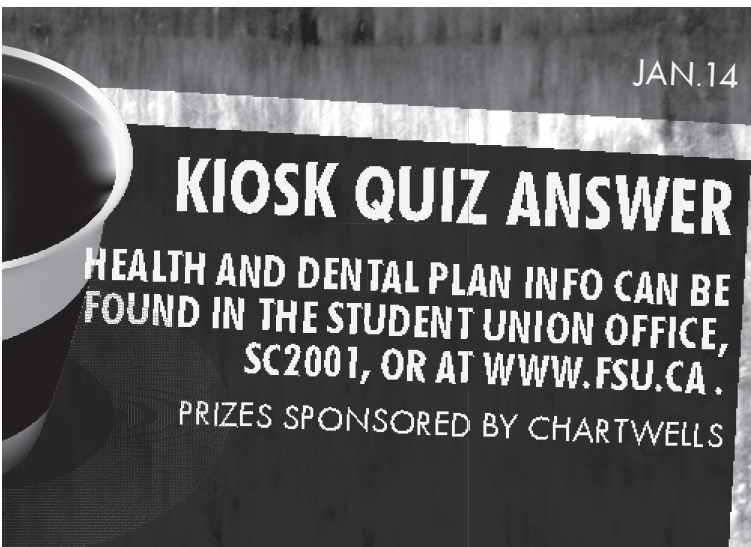
## Word Search

W R I V E R R O T U P A C R Y  
I O U F R E E R O L L G A O N  
Z P I R D Y D Z F T D U L C B  
E C N A I R A V E N D E L E O  
R E U T A O I G W Y A T T N A  
D T L P O T O D D S G O P T R  
E I E D W D K Z H M C U S R D  
B L T H S I F L C V G R Z A T  
E L A R D R E S B F H N U L H  
T E P L O D I Z D L J A W R G  
R T D G A C W C L O M M A J I  
P A G R H C G H K P U E R H F  
D S Z O A K T E L B G N T Y E  
U A P A W W F C O S T T B N M  
W B L U F F D K T L R E O T A

## Poker terms

(Words in parentheses not in puzzle)

|       |          |            |
|-------|----------|------------|
| Ante  | Check    | Pot Odds   |
| Bet   | Draw     | River      |
| Bluff | Fish     | Satellite  |
| Board | Flop     | Tournament |
| Call  | Freeroll | Variance   |





# What your writing reveals about you

ALI SCHWABE  
THE FULCRUM

OTTAWA (CUP) — What if someone took a look at your class notes and suddenly knew you were bulimic? What if they saw your signature and were able to tell you the career you're best suited for?

Graphology is the science of analyzing handwriting and connecting it to human psychology, and although the practice is not sophisticated enough to diagnose eating disorders or predict professional success, it's pretty darn close.

## What have I gotten myself into?

I wasn't sure what to expect when I agreed to undergo a projective personality assessment. Annette Poizner, the Toronto-based registered social worker and psychotherapist who analyzed my writing, had sent me an email out of the blue: she explained that she uses clinical graphology in her practice. She wrote to me hoping to bring it to attention in North America, where it is used less commonly than in places across Europe and in Israel as a tool in the field of mental health.

I was open-minded but skeptical. How much can a person's handwriting actually reveal about their personality and psychology? If graphology is a legitimate science, why hadn't I ever heard about it before?

Poizner, who holds an MA in social work from Columbia University and a PhD in education specializing in counselling psychology from the University of Toronto, had me complete, scan and email her a number of different handwritten works. I drew a detailed picture of a tree, wrote out a page outlining what I did that day, wrote down my 10 earliest childhood memories and sent her a few copies of my signature.

A few days later I gave Poizner a call, and with only those four pages to go off of, she presented me with a shockingly accurate assessment.

## It began with flattery.

"You're a rich character; I call you gifted with a range of skills and interests," said Poizner. "You have lots going on. For example, on one hand, you're highly organized. On another level you have strong concentration skills, you're highly disciplined and you have high standards."

As she spoke she described the vocations I would be best suited for, suggesting I could be very effective in an administrative role or as a librarian, but that I also had the ability and intelligence to become a doctor. But not just any doctor, Poizner warned.

"One thing I would say is you would be not good as the emergency doctor — right?"

My response was a jaw drop in immediate recognition that she was right — I don't handle crises well and am known to make bad decisions if I don't have time to think things through.

Poizner explained how my handwriting revealed this aspect of my personality.

"You are very detail-oriented; you're a slow, thorough type; you are logical, processing one detail and fact at a time in a linear way," she said. "You're a detail lover who loves to go slow ... Look at your 'I' dots, oh my goodness. Some of them are careful little dots. Think of what it takes to make a perfect circle 'I' dot, as opposed to somebody who's in a rush — (their dot) tends to be a slash because they don't have

the patience."

## What's the point?

Poizner has experienced clinical success using graphology in her psychotherapy practice, where she works primarily with individuals dealing with anxiety, obsessive compulsive disorder, depression and other struggles with mental health. She said she believes the key is to not rely solely on graphology or any other tool in her arsenal.

"Because people are so fundamentally expressive of their patterns, we can have them do virtually anything, and as clinicians we can become trained observers," she explained. "So if it's handwriting, we can do that — dream interpretation, analyzing memories, getting people to make a drawing for you — there's a myriad of things you can do. The most important thing is to not just rely on one tool. You bring all the data together and then you get some soft ideas. Then you say, 'Let's see if these themes are meaningful to the client,' and then you have that discussion with them."

Naturally, everything she told me at the beginning of our interview was welcomed. It's not exactly hard to believe an assessment is right when the assessor tells you you're brilliant and well suited to be a doctor. Poizner recognized this. She explained that when you give general information to an individual and they see it as very accurate about them specifically, it's called the Barnum effect.

"If you give your average university student feedback based on a personality test; (if) you give everybody the same results: 'You are intelligent, responsible, etc.' and you include an issue, e.g., 'You tend to judge yourself too critically' or something, all of the students will agree that there was a high degree of accuracy," she explained.

Poizner has witnessed her clients having "Ah-ha!" moments of self-recognition when she performs analyses and doesn't believe it's simply the Barnum effect. The longer we spoke, the more I had to agree with her. She pinpointed a number of my traits — traits that just couldn't apply to everyone.

## How'd she know?

The first thing she said to convince me that this wasn't some quack science occurred at the 12th minute of our discussion.

"I will definitely say that you are here to be a mother," she stated.

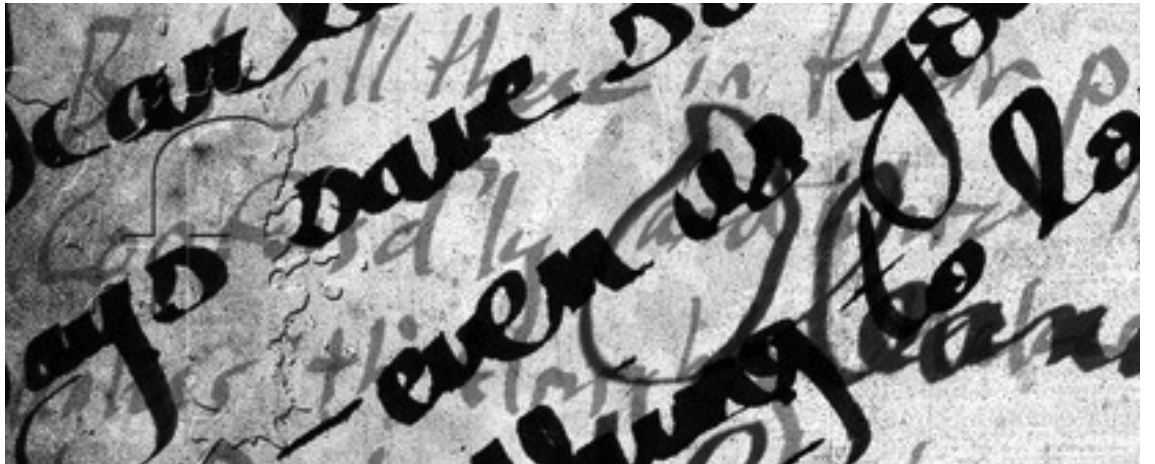
Sure, lots of women are interested in having children in the future, but it's something I've been looking very, very forward to for a long time. My friends and patient boyfriend will all tell you I'm baby-crazy.

Poizner went on.

"You are a sweet, interested person and you like to anticipate positive things. It comes from the handwriting; it's a classic, conservative, conventional handwriting," said Poizner. "The middle zone of the handwriting is the zone of the heart of the real physical world — things like cooking or making a nice home. The middle zone is a letter M or an O — you are a dominant middle zone writer, so you'd be quite happy to do all those homey things."

Our conversation went on for over an hour and she continued to accurately tell me things about myself.

She recognized that I'm a people person, but knows I'm an introvert at heart. She told me she was able to determine this through the small size



CREDIT: GRAPHIC BY MATHIAS MACPHEE/THE FULCRUM

of my handwriting and through my signature; I abbreviate the A of my first name, and then carefully spell out my last. She said this was a sign of reservation, since the first name represents the personal self and the last name represents the public or professional self.

Without knowing my background or family structure, she called out that I was an eldest child.

"You are a conservative traditionalist. Your handwriting is classically seen with teachers, who are often the parental child. The eldest is called the parental child, who represents the parents' message and authority," she said.

The longer we spoke, the more willing she became to delve into deeper themes she found in my assessment. Poizner became more frank and less flattering — but always accurate.

She explained how the neatness of my writing demonstrates my need to please and desire to follow directions. She said I'm motivated by society's parameters of success, not my own. Once again, she hit the nail on the head. I am embarrassingly obsessed with my grades, following rubrics to a "T." I keep track of how many miles I can run and I thrive off of strong performance evaluations at work. Poizner called me out as a classic good girl and knew only from the materials I sent to her how much I revere hierarchies.

The final aspect that convinced me she was gaining legitimate insights was when she began talking about my emotional maturity.

"You have the emotions of a child — that's why you go into all this self-control, because you're kind of holding back," she said. "You need to grow up."

As insulted as I was, I recognized a grain of truth in what she said. And when I spoke with my parents and friends afterward, they were quick to agree with Poizner and point out specific examples of the qualities she had described in me.

## What's next for graphology?

All in all, I was convinced. I had an hour-long conversation with a stranger who, by looking at my writing, reading my 10 earliest memories and examining my drawing of a tree, knew me almost as well as my closest friends. While graphology is a cool party trick (one that Poizner did perform at parties, back in the day), she is quick to point out its practical, therapeutic merits. In fact, she's written a whole book on them and the science of graphology, called *Clinical Graphology: An Interpretive Manual for Mental Health Practitioners*, which she's hoping will improve North American awareness on the topic.

"Let's say I'm your therapist. I've just met you, I collected all this stuff from you in the first meeting and on this basis I know a whole bunch,"

Poizner said. "If I want to do a therapeutic process, then I've just circumvented the next five getting-to-know-you sessions, and I can start very quickly doing an intervention ... Imagine if you were a Pilates instructor; I took a look at you, I looked at your posture, I watched you use your muscles, I know where the imbalances are — now let's go to work. Now I can be very targeted in what we do."

Poizner said she believes that she knows something the skeptics don't — whether you are aware of it or not, your true self comes through in the way you write.

So what does your handwriting reveal? Probably more than you think.

## What does your handwriting say about you?

Use these graphological interpretation principles provided by Annette Poizner to interpret your own handwriting.

### Upright slant

"Some writers write a script that is perfectly vertical, which is called an upright slant. This writing is objective, formal, and poised; and so too will be the writer. The upright slant writer is more reserved — he or she looks at a situation from the sideline, then decides how emotionally involved to become."

### Left slant

"Writing that leans to the left reveals a writer even more strongly reserved than one who uses the upright slant. This person is usually introverted and highly private. This person also tends to hold their cards close to their chest."

### Teeny little writing

"Very small writing is an expression of introversion. It is the writing of somebody with strong concentration skills, increased intelligence — because concentration always improves intelligence — and humility. If the writing is significantly flattened out or tight, it might indicate some type of repression or inhibition."

### Large spaces between words

"Normally there should be only one character width between one word and the next; more than this implies somebody who has difficulty bridging the emotional gap between themselves and others. This person is distant from their own emotions as well as those of others."

### Small spaces between words

"Words that are too close together, separated by spaces of less than one character width, can show that an individual is needy. This is the writing of a person who crowds others."

### Rounded writing

"Loops are the avenue of emotions — my teacher used to say that. The more loops you see, the more emotionality in the personality. Also, rounded writing shows more visual interest in beauty or beautify-

ing the environment. These people tend to shape letters by being very true to the letter form. They honour how something should look, and want their writing to look nice. These people often have a sensitivity for dressing well, interior design and the like."

### Angular writing

"Angular writing shows someone who is more detached, analytical and objective. It's usually the writing of engineers, scientists and people who are tough-minded and think about issues without troubling over emotions. These writers strip down their handwriting and don't care about the form of the letters that much. They abbreviate the letters. These are dispassionate people and tend to be all-or-nothing types — black-or-white thinkers."

### Perfect font

"Sometimes we see a handwriting that is fairly rigid and perfectionist, that looks like it came right out of the typewriter. These people are demonstrating through their handwriting a repressive nature which has them potentially suffering from compulsive symptoms and pandering too much to what others think of them. These are the perfectionists. They love to do things right, and tend to also be very control-oriented and have difficulty being spontaneous or just relaxing. They tend to suffer from muscular tension."

### Printscript

"Printscript occurs when the writer sometimes prints and sometimes writes in cursive. This is an expression of intuition and writing ability. When I assess journalists, most use printscript."

### Crashing

"For some writers, the lower zone of one line intermingles with the upper zone of the line below — the bottom loop of a 'Y' would hit the top of a 'T' in the line below it. This is called crashing, and is indicative of an individual who daydreams, often watching an internal TV."

### Strong baseline

"When the baseline — the line of the text as it moves across the page—is firm and straight, the person writing tends to be very reliable with a strong work ethic. A wavy baseline indicates moodiness, potential difficulties with discipline and possible medical issues."

### Speed

"How fast is the handwriting written? Carefully formed letters, and strong attention to dots above letters and other details indicates a writer who prefers to be slow and thorough. Messy writing which races across the page? The individual works at a fast tempo. They may not be great with detail, but they prefer to be busy, dynamic, multitasking — they like lots going on."



# Behind the scenes in East Germany



**READING BETWEEN THE LINES**  
ESHAAN GUPTA  
e.gupta@fanshaweonline.ca

**Read this if:** You're interested at a more personal look at the lives of a citizen and their oppressors living in a highly-surveyed police state.

The fall of the Berlin Wall and reunification of Germany ushered in a new era for the country and ingited hopes for the citizens of the (ironically Facist) GDR (German 'Democratic' Republic) Soviet bloc. Finally, the people of the free world could hear of the Eastlanders' plights, and understand what life was like, living under the eye of a supposedly benevolent dictatorship.

Or so they thought.

*Stasiland: True Stories from Behind the Berlin Wall* frames the land of the former Soviet Bloc six years after the fall, its disenchanted citizens living in a world uncaring of their personal tragedies, with the few known stories of the crimes against humanity perpetuated by the regime being used for nothing more than cheap political manipulation. Written by Australian journalist Anna Funder, the book is, in a sense, semi-autobiographical, with the author occasionally attempting to get in touch with her German roots. For the most part, though, the gonzo approach follows Funder seeking out the various residents of former East Germany to satisfy her need for a personal, human element to

the well-travelled stories of life in the high-surveillance dictatorship.

The stories are told from two sides; the regime's detractors; those who truly suffered under the tyranny of the dimmutive, bespectacled Erich Hoenker; and from the perspectives of the former officers of the Stasi, the regime's secret police. Akin to Russia's KGB, but disturbingly numerous in comparison, the Stasi had their hands, eyes and ears on the most private affairs of East Germans' lives, save for the thoughts in their heads. Quite simply, they were unrivalled in surveillance and sheer size. It is estimated that the Third Reich's Gestapo had an agent for every 2,000 citizens, the KGB an agent for every 5,830 citizens, and the Stasi, well, had SOMEONE, whether an official or civilian informant (who may or may not have been blackmailed into becoming one) per every 63 citizens.

The Stasi of Funder's book vary from the highly loyal (there existed a secret network of former officers who, in a sort of morbid brotherhood, sought to suppress their misdeeds through buyouts or blackmail), ideological and proud politicos to the more educated, bitter and surprisingly self-aware former employees who are forced to live in a reunified Germany that hates them for what they saw as a 9-to-5 job, the same as anyone else.

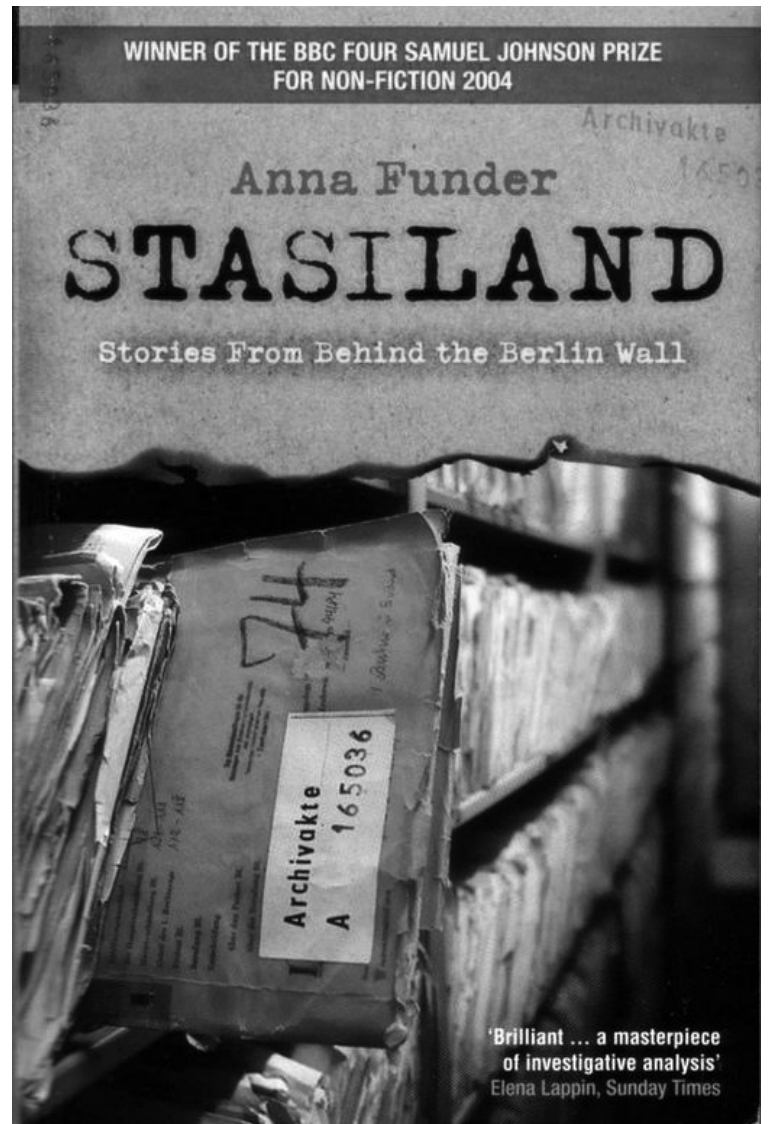
Everyone was a potential Stasi informant, but despite this air of mistrust deliberately created to suppress organized dissent, stories

of (often vain) attempts of human smuggling over the wall are certainly not short in numbers. The stories of the regime's survivors offer more than enough tales of tragedy, bravery, betrayal and sheer amazement at the unironic spoonfeeding of propagandic terminology (with unemployment offices in the GDR being called "Employment Offices" because no one is ever unemployed, but rather, is between employment) and suppression of free expression. It also serves as a somber reminder that there exist similar regimes in this day, with people being forced to live as such (or likely worse).

The reader will get a good helping of the Stasi and East German government's various methods of suppression, espionage and propaganda, such as 'The Black Channel' (a TV channel dedicated to 'critiquing' the so-called imperialist Western TV). Dissent is a common theme throughout *Stasiland*. Even the political fanatics displayed disgust at the overbearing and exaggerated GDR propaganda.

While there are plenty of books detailing the tragedies of living in totalitaria, the book's offering the default, 9-to-5 villain's alternate perspective is what makes the experience so refreshing, almost akin to a villain song in a Disney musical. *Stasiland* is an unforgettable read.

*Reading Between The Lines* explores books that you may have missed out on that are worth your while. If you have a book to suggest, email Eshaan at e.gupta@fanshaweonline.ca.



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www.fsu.ca/contest for details

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## Books you should read

ZAFIRA RAJAN  
THE UBYSEY

VANCOUVER (CUP) — The end of the world isn't the only reason to complete a bucket list. With classes in full swing, it's hard to find time to seek out a book worth reading that isn't on the course list. For the literature lover, here are some books one really ought to read.

### The Classics

*Pride and Prejudice* by Jane Austen

A popular story about a douchebag-turned-gentleman by his love for a woman who speaks her mind, this book will induce laughter, tears and "aww's" (after Mr. Darcy stops being a prick). Read it and get tangled up in a love story you wish was yours.

*The Great Gatsby* by F. Scott Fitzgerald

Gatsby is a mysterious millionaire in the 1920s who throws parties and fights with another rich guy for a woman who likes throwing his expensive shirts all over the place. This book stays with most everyone who reads it.

*Lord of the Flies* by William Golding

This is a disturbing, allegorical book about a group of fancy young English boys who go whacko while marooned on an island. You won't get it unless you're reading deeper into it. It's a small book, but it will leave you horrified.

**Books That People Always Talk About That You Still Haven't Read**

*The Harry Potter* series by J.K. Rowling

Despite its hype, it's shocking how many people still haven't actually read Harry Potter. It really needs no further description other than the fact that Hogwarts is the best place to occupy the imagination. Soon you'll be spending your time wistfully wondering what butterbeer and chocolate frogs taste like.

*The Chronicles of Narnia* by C.S. Lewis

This is a timeless series that you will love whether you're a teenager or an adult. It's supposed to be an allegory about Christianity, but just get lost in the magic and the wild animals. If your inner child is buried, this series will bring it back to life.

*The Da Vinci Code* by Dan Brown

If you haven't read it, all we can do is sigh heavily. This book blew minds, stirred up controversy and was consequently read by people who don't even like reading. So get a worn-out copy from someone (because anyone who has it has probably read it more than once) and jump onto the mind-banging train.

*Life of Pi* by Yann Martel

You could say this book is about an Indian guy on a boat with a tiger in the Pacific, but Martel's words capture much more than that. Aside from being an engaging story, *Life of Pi* is all about survival tactics, benefiting both body and mind.

# JANUARY 28TH, 2013

Submit applications to K1003 at the London Campus.  
Applications available @ fsu.ca or in SC2001.

# FSU LEADERSHIP AWARD



# Riding out the storm in the XV Crosstrek



MOTORING  
NAUMAN FAROOQ  
naumanf1@yahoo.com

With wintry weather in full swing now, this is the right time to talk about all-wheel drive (AWD) vehicles.

While the cleanup crew does its best to clear up our roads of snow and ice, one cannot overlook the advantages of AWD vehicles and the added traction benefits they provide.

A company that is well known for its AWD vehicles is Subaru. Apart from their new sports coupe (BRZ), their entire lineup either has AWD or has it available as an option.

However, today I am not talking about their entire lineup, but just one member in particular: the XV Crosstrek.

I have reviewed this vehicle – which is based on their Impreza platform – in these pages before, but it is worth talking about again. While my first impression of this vehicle was based on a drive event, now I have had it for a week – and what a week it was, since it was the week in late October when we got hit with Hurricane Sandy.

The day I picked it up was the day this storm was at its worst. The wind speed was enough to knock you down, and travel of any sort seemed impossible. I had no option but to travel, since I had to be in Mississauga for work (and changing press cars) and had to drive back to London the same day.

On my route, I encountered high winds, rain, wet snow and darkness. The weather conditions had forced many travelers to pull off



CREDIT: SUBARU

A look inside the Subaru XV Crosstrek.

the road and wait out the storm.

Not me, because the car I was driving – the XV Crosstrek – drove through this challenging weather as if everything was normal.

It is as if the XV Crosstrek has no respect for Mother Nature. No matter what the weather and road conditions were, the XV had traction to keep me moving. On top of it all, everything in it worked just fine. The heated seats kept me warm, and the stereo system kept me entertained.

Since the weather forced many people to stay home, traffic was lighter than usual, which allowed me to cover the distance faster than usual.

I have always had respect for Subaru and their AWD system, but after this drive, I was completely sold on it.

If the weather is misbehaving, the XV is an ideal vehicle to tackle it with. But what about on days when the weather is normal? Is the XV an ideal daily driver?

Well, being a hatchback, it can swallow all the shopping a normal person does, and consuming just

8.8 litres/100km in my week, it is economical to run.

However, it would be nice to have some more power. The only engine offered in the XV is a 2.0-litre, horizontally opposed (boxer) four-cylinder engine that produces 148 hp and 145 lb/ft of torque. That is not a lot of grunt, so this will not win favour with any enthusiasts.

Power is fed to the wheels via either a CVT-automatic or a five-speed manual gearbox (as in my tester). Both gearboxes are fine, though there is room for improvement.

What this vehicle exceeds at is going off-road and pulling you out of conditions most cars cannot. While most companies build these butch-looking vehicles just for show, Subaru made sure the XV Crosstrek can actually do the things its looks suggests. Subaru, it seems, is a very honest company.

If you're looking for a vehicle that lives up to what its looks and specifications suggest, perhaps you need to take a closer look at the XV Crosstrek. Prices start at \$24,495.

# Warm up with winter intramurals



FUN AND FITNESS  
RICK MELO  
melo\_rick@hotmail.com

The winter semester may be a pain for many, but it holds a certain significance for first-year students. First-years no longer feel the insecurity of not knowing anyone in their classes.... so now we REALLY have no possible excuses as to why first-years cannot put a team together for winter intramurals!

I am going to outline what the Athletics Department has in store for second semester. This should answer the majority of questions our department has received in weeks past regarding the setup.

The winter semester hosts several co-ed intramurals, which have proven to be quite popular. All winter intramurals are held in the J building gymnasiums.

Co-ed volleyball tops the list, since most of us have played the sport at one point or another. You will often see programs battling it out for supremacy, such as the Police Foundations program going up against the Paramedic program. It gets even more heated when you have first- and second-year students from the same program try-

ing to outdo each other for bragging rights. Nobody likes losing to their "younger brother," but it often happens and makes for a competitive time and a good laugh.

Three-on-three co-ed basketball is another option for the basketball enthusiasts out there. Guys will often scout for the tallest girl in their class in order to dominate the opposition.

Given that Fanshawe College is a very multicultural school, intramural men's and women's indoor soccer is always popular among the different ethnic communities. It's not out of the ordinary to have a Portuguese team duking it out against a group of Italians. Nothing beats a World Cup vibe to add to already competitive indoor soccer.

Then we have the mother of all intramural sports: ball hockey.

Given that hockey is our nation's pride, it should be no surprise that this intramural is by far the most popular – expect anywhere between 60 to 70 teams.

The deadlines for co-ed volleyball and ball hockey have passed, and if you want to sign up for three-on-three basketball, hurry up – signups are due January 21. There's still plenty of time to sign up for men's and women's indoor soccer; deadlines close February 8. Men's and women's ice hockey will be continuing along from last semester, but it never hurts to ask if they could use some exceptional additions!

Head over to the Athletic Department in J building for further info and be sure to have the best AND most fun squad that you can assemble!

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CREDIT: FANSHAWE ATHLETICS

Fanshawe's Aaron L'ecuyer (#6) named OCAA Player of the Week.

# Falcon named OCAA Player of the Week

MELANIE ANDERSON  
INTERROBANG

Fanshawe's Aaron L'ecuyer was recognized last week as OCAA Player of the Week.

In a close game on January 10, Fanshawe's volleyball team defeated defending national champion Humber 3-1. L'ecuyer had a phenomenal game as he struck for

20 kills, well above his 2.85 kills per set average. During the four-set victory, the Chatham native added 13 digs and two stuff blocks in an upset win that could place Fanshawe back in the OCAA playoff race.

Fanshawe has six games left in regular season play to try to snatch a playoff spot.

# Watch what you eat



HEALTH HABIT OF THE WEEK  
Fitness and Health Promotion students

**Q. How do I avoid overeating junk food?**

A. Sometimes people eat because they are stressed or sad – if this is the case for you, we suggest going for a walk or doing some jumping jacks before reaching for a snack. Exercise, fresh air and a good laugh will make you feel better and might help you avoid reaching for junk food.

If you really feel down, you should book an appointment with a counsellor at school; talking to someone really helps when you are feeling stressed or upset.

Here are some other tips:

1. Keep hydrated: Drink water throughout the day – you could be overeating because you are thirsty.
2. Eat slower: Take time to talk between mouthfuls, wait to see if you are full. Often it takes a moment for your brain to realize that your body is full. If you are eating too fast, you will overeat before you get this cue.
3. Take smaller portions: Take small samples of each food and return for more if you are still truly hungry. If you take a portion and then shut the bag of chips, or put the box of cookies away, you are less likely to keep taking more.
4. Wait: Don't have dessert right away after dinner. Socialize and wait a bit. You may realize you don't want/need that chocolate cake after all.

Submitted by Chris Pilla, Andrea Lewis and Cassie Weishar.

## FANSHAWE COLLEGE ATHLETICS

### VOLLEYBALL

Wednesday January 23  
vs St.Clair College

Women's at 6 pm  
Men's at 8 pm

### CAMPUS REC

Monday January 21st  
3 on 3 Basketball Entry Deadline

### OPEN REC

Every Tuesday, Thursday, and  
Sunday night from  
10pm till 12am.

Fanshawe College Athletics  
www.fanshawec.ca/athletics | j1034 | 519-452-4202





CREDIT: FANSHAWE ATHLETICS

Fanshawe's Samantha Highgate takes the ball strong to the hoop for the Fanshawe Falcons. The Falcons are tied for first in the OCAA West division with a 9-2 record.

## Lady Falcons soar to victory against Mountaineers

MEGAN MCPHADEN  
INTERROBANG

The women's basketball team handily defeated the Ontario Colleges Athletic Association fifth-ranked Mohawk Mountaineers 52-34 at home in J building on January 17. The win improved the Falcons' season record to 9 wins and 2 losses, and the win has now tied them with the Algoma Thunderbirds for first place in the OCAA West division standings.

The game started off with Fanshawe leading the scoreboard, however a tough defence on Mohawk's part kept the point differential within six points in the first half. Into the second half, Fanshawe and Mohawk were scrambling for the ball, both teams struggling to keep a handle on it, leading to several scrapping sessions. Mohawk, however, was unable to keep up with the Falcons' endurance and faltered, letting them break away to what would eventually be a Falcon win by an 18-point differential. By the end of the game, every Fanshawe player who stepped on the hardwood had scored.

Mohawk head coach Kevin

Duffy said that neither coach was pleased with the refereeing during the game, which led to some confusion. Despite the loss, Duffy said Fanshawe deserved full credit for the win. "Fanshawe's a great team, no doubt about it; they play really hard, they press you hard and they don't give you an opportunity to breathe. They are a great team to play against because it only makes our team better. When a team pressures you like that, you have to be able to deal with it." A few of Mohawk's key players were absent, which may have been a reason for the large point differential. The loss left the Mountaineers still tied for fifth in the OCAA West division.

Tanisha Bromfield, a second-year Fashion Design student and power forward for the Falcons, was all smiles after the win, citing that winning games and team chemistry were her favourite parts of playing basketball. Reflecting on the game, she explained the reason behind the chanting on the bench. "I liked the fact that when our energy was down, we were able to fight through it and get our energy back up to win the game." Bromfield was a key in keeping the

zone defence. "I think personally I could've definitely rebounded more and boxed out."

This marks the fifth straight win for the Falcons, whose last loss was to Algoma on November 24, 69-65. That was their second loss of this season; their first loss was earlier that month on November 7 in a surprise upset from the Sheridan Bruins in overtime, 70-67. However the Falcons will be seeking redemption in their next meeting with the Bruins on February 2 in Oakville.

Falcons head coach Matt White was on hand after the game to comment on the team's performance. "I was very happy with our defensive effort; we regained focus in the second half, and we're just happy to come out of our gym with a win." Despite being tied for wins in the OCAA, Algoma still leads Fanshawe as they have only one loss. At the end of the day, White said the team is just looking to get better and finish as strong as they can in the league to get the best seed in playoffs.

The lady Falcons are back on the home court on January 30 when they take on the Humber Hawks.

## Despite loss, Falcons still going strong

DAKOTA THOMPSON  
INTERROBANG

The Fanshawe Falcons men's basketball team has been fairly dominant in the OCAA West division since the beginning of the season. They have put up big numbers and have rarely come up short. They are ranked in the top 10 of men's basketball teams in the Canadian Colleges Athletic Association.

Over the course of the last year, looking back at games that happened before the semester was over, their last game was a win over the Lambton Lions by a score of 96-55. Their home record is impressive at five wins and two losses; the students of Fanshawe definitely have something to cheer about when their boys play on home ground. On the road, they have been very successful with a tidy 5-1 record as of January 17.

So far in 2013, the Falcons have one win and one loss, the win coming against St. Clair on January 9 and the loss coming from their game against the Mohawk Mountaineers on January 16.

After the game versus Mohawk, head coach Tony Marcotullio said, "These kids need to learn to be competitive." It was pretty clear in the latter portion of the second half that they had lost a significant amount of confidence in their abilities as Mohawk dominated the playing field and took away as many chances as they could.

Darcy Young, who plays centre for the Falcons, said, "We need to focus on communication more while playing and make communication a focus going forward."

The challenges that face the Falcons seem minimal: the team appears to have a great dynamic on the court and they pass well. When asked what stars to look out for in the coming months, coach Marcotullio responded, "Look out for Boyd Vassell and Darcy Young."

The Falcons look to be playoff contenders already at this stage of the game.

Cheer on your fellow Falcons as they battle against Humber on January 30 at home.

## Strikers changing hands



FANSHAWE FC  
MARTY THOMPSON  
sensandsoccerfan@hotmail.com  
twitter: @martythompson\_

With strikers like Robin van Persie scoring for fun in the Premier League, there is now a desperate need for strikers for this month's transfer market. Here are just three of the biggest names in England who have changed hands or are about to.

Demba Ba saw his opportunity and never looked back. Ba left Newcastle this January citing 'problems' he had with club personnel. He also saw a chance to leave the now relegation candidate, Newcastle. Ba had an amazing start to the 2011/12 campaign and continued to demonstrate his speed and strength throughout the season. It's his scoring touch that makes him so dangerous, not to mention he's slippery to defend.

It wouldn't be a Chelsea article without a snide remark about Fernando Torres. I believe Ba could easily replace Torres. In fact, why not put Torres in behind the Senegalese striker? Just like how Wayne Rooney has fit under van Persie at Manchester United, the same could be done with Torres. I still believe Torres has the talent, and if the two link up, they could break through the defence. Oh, and did I mention that Ba cost the Blues £7.5 million? A steal, compared to the £50 mil they paid out for, you know, Torres.

Daniel Sturridge was the man that made room for Ba at Chelsea. They picked a pretty good time to sell, as Sturridge likely had his best season in England last year. A younger player, he is a strong talent with a lot of raw skill. I really think that this fits what Liverpool manager Brendan Rodgers preaches in terms of tactics. He is very fast and has a good boot on him.

Because Sturridge has been



Demba Ba

underperforming for most of his footballing career, Liverpool's signing is being seen as a gamble. But I really think that Sturridge has the capability to work with Luis Suárez up top. And with another young striker in the ranks, you now have Luis Suárez, Sturridge and Andy Carroll (who is currently on loan to West Ham). That youth could grow together to be a real force up top. Liverpool's owners and the Kop need to be patient with this signing.

Those two strikers have new teams, however, Mario Balotelli doesn't. Balotelli is believed to be on the way out at Manchester City. There is a reason why he is the last of the three strikers in this article: he is the most valuable, though his bad temperament and moodiness have made him a less desirable player (there's even debate about his mental state). Despite this, his size and touch make him an undeniable asset to any team. But since Super Mario is fighting with coaches and making a big to-do about everything, they can't keep him there. He needs a stern coach, at the bare minimum, to make him worth it. Besides, he will likely go for well over £20 million.





# TONY LEE

## X-RATED HYPNOTIST

# THURSDAY JANUARY 24TH

## FORWELL HALL, 9PM DOORS

### \$10 ADV / \$15 DOOR

TIX AVAILABLE @ BIZ BOOTH

# SEX TOY

## BINGO

|     |      |           |      |     |
|-----|------|-----------|------|-----|
| 4   | WITH | YOUR HOST | BEEF | 73  |
| WED | NES  | DAY       | JAN  | 23  |
| OBS | 26   | NO COVER  | 59   | 9PM |



# BROKEN CITY

2 SHOW TIMES

## WED. JAN. 23RD

AT RAINBOW CINEMAS (IN CITI PLAZA)  
**\$3.50 STUDENTS | \$5 GUESTS**  
TICKETS AND INFORMATION AVAILABLE AT THE BIZ BOOTH

# SEX Awareness



## Ladies NIGHT



MONDAY JAN 21ST  
OUT BACK SHACK, 8PM, NO COVER

## SPEED Dating



Tuesday Jan 22nd  
OBS. 7pm. Free

## CONDOM CASINO



TUES. JANUARY 22ND  
8PM IN FORWELL HALL  
\$5 AT THE DOOR



# FSU POKER NIGHT

WEDNESDAY JANUARY 23  
 FORWELL HALL AT 6:30PM  
 \$2 ADV @ BIZ BOOTH

# CALL OF DUTY

## BLACK OPS II

### TOURNAMENT

#### JAN. 28. 2012

#### 7:30PM RIO20

#### \$5 STUDENTS

REGISTER IN ADVANCE AT THE BIZ BOOTH



# UBIQUITOUS SYNERGY SEEKER

## USS

jan. 25. 2013  
 9:30pm Forwell Hall  
 \$12 ADV \$15 DOOR AND GUESTS  
 TIX AVAILABLE AT BIZBOOTH

