



3 New Fanshawe website

The college announced its plans for a redesign of the current website.

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Find out when celestial events are happening in 2015.

How much snow will it take for Fanshawe to close

FRANCIS SIEBERT
INTERROBANG

When London was hit with 20 cm of snow resulting in poor driving conditions on January 7, all school buses were canceled. The Thames Valley District School Board closed 20 elementary and secondary schools in and around the area, and the hockey game between the London Knights and the Kitchener Rangers was postponed.

"If there isn't a need to drive anywhere today, it is highly suggested that you don't," London Police Services tweeted that morning.

But amid the bad weather, Fanshawe College remained open.

So, what does it take for the college to close because of bad weather conditions?

"There's a lot of criteria to consider," said Robert Earle, manager of Fanshawe's emergency management office.

But one of the tipping points, he says, tends to be the London Transit Commission.

"If London Transit stops operating because of the weather conditions, that's a clear indication to us that there's obviously some issues, and we're going to have to seriously consider closing the college for the day," Earle said.

The other major consideration is parking and accessibility on campus. If the college can't remove the snow from sidewalks, entryways and parking spaces quickly enough to maintain accessibility then the college will consider closing.

The decision whether to close or remain open comes down to a committee of people at Fanshawe that collects information on the weather from various sources and puts together a forecast for the next 12 hours. Earle is part of that committee.

"You can understand that if we close the school, it not only creates a lot of disruption both to students and staff, but there are a lot of financial implications to closing the school as well," he said.

One issue that can arise from closing the college for a day is having to reschedule tests and exams.

LTC buses were still operating on January 7, and Fanshawe was able to clear the snow on campus quickly enough to maintain accessibility.

"We were looking at perhaps a half an inch per hour accumulated snow, so it's within the capacity of the college to deal with that," Earle said. "Having said that, it's everybody's responsibility to look at the weather conditions and say, 'Is it reasonable for me to get to class that day?'"



CREDIT: STEPHANIE LAI

College closure is dependent on a couple of things; LTC is one of them.

He says no students should be criticized for not attending class because of weather conditions.

Gary Lima, Fanshawe's senior vice-president of academic, said in an email that regardless of the reason for missing classes or assignments, including weather conditions, students should speak to their

professors. If that doesn't work, he said, students should get in contact with their program co-ordinator, and if they're still not satisfied, they should go to the chair of their school.

"The primary consideration in anything related to campus closure as a result of weather is all centered

on individual safety," Earle said. "And if we think that the conditions represent a hazard to anybody, then we're going to give that very close scrutiny and then make decisions based on the impact it might have."



Sweet Tweets of the Week

We Got Game brings a free day of video gaming to Fanshawe on January 19. What's your all-time favourite video game?

Twitter

Breanne Mackenzie

@bree_mackenzie
@fanshawesu
#fsuinterrobang spyro!! :)
10:07 PM - 12 Jan 2015

Facebook

Aidan Mckendrick

Mario 64

Stephanie Dyck

Harvest Moon!

Dave Frozen

Goldeneye 007!

Jamal Mckenzie

Smash Bros

Instagram

tara_belleville_69

Mario kart all the way

misslilly12

Super Mario Brothers!!!!

Ischmenky

Mario kart or animal crossing!

broken_emo

Favorite game is the spyro!!
I know what I'll be doing on my break that day!!!!

jamisonlars

Pokemon XD: Gale of Darkness! Shadow Lugia is the way to go!

The Monsters of Schlock come to Forwell Hall on January 28 at 8 p.m., attempting to set a Guinness World Record. If you could set any world record, what would it be? Tell us using #FSUInterrobang by 2 p.m. on Wednesday, January 21 and you will enter a draw for a \$10 Oasis/Out Back Shack gift certificate. Must be a current Fanshawe student to win.

#FSUInterrobang

Falcon Flash Fiction

Stories should be:

Original, Unpublished Fictional

Maximum 750 words
Microsoft Word document

UNPUBLISHED

ORIGINAL

FICTION



Win a \$10 Gift Card to Oasis/The Out Back Shack

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⁺FREE LUNCH: Contest only open to full-time Fanshawe College students. Offer consists of a \$10 gift card, given out monthly, that can only be redeemed at Oasis or The Out Back Shack during business hours at Fanshawe College in London, Ontario.

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Downloaders beware: Life after Bill C-11

FRANCIS SIEBERT
INTERROBANG

Changes to the Copyright Modernization Act, also known as Bill C-11, took effect on January 1, requiring that Internet service providers forward notices from rightsholders to people accused of infringing copyrighted materials.

The notices will include the Internet Protocol address and details of the alleged infringement, such as the date and time the crime was committed.

However, the personal information of customers accused of infringing copyrighted materials, such as downloading movies and music on the Internet, will not be shared with the rightsholders.

The notices also do not carry fines or penalties, but rightsholders are allowed to sue users who they believe are guilty of infringement for personal use for up to \$5,000. They are allowed to sue users who infringed copyrighted materials for

commercial gains for up to \$20,000. ISPs have to keep the information about the alleged infringement for six months in case rightsholders decide to sue.

It is unlikely that copyright holders will sue, but it is a possibility, said Michael Geist, the Canada research chair in Internet and e-commerce law at the University of Ottawa.

"It's up to rightsholder," he said. "But it's not a lot of money to generate even potential cost."

Last year, however, the American production company Voltage Pictures acquired the names and addresses of about 2,000 TekSavvy customers who allegedly downloaded its films on Internet. Voltage Pictures produced films such as *Dallas Buyers Club* and *The Hurt Locker*.

"They've been trying to obtain a couple of thousand IP addresses in the expectation that they're hoping to settle for a few thousand dollars," Geist said.

While ISPs have been forwarding notices from rightsholders to copyright infringers informally for about a decade, ISPs are now subject to penalties if they fail to do so.

"In many instances, at least in the past, we've seen the system was pretty effective in part because some people aren't aware of the law, and they're not aware that people can even see that that IP address is engaged in that activity," Geist said. "So their behaviour changes in part because from an awareness perspective, they're not more aware what the law is and potential penalties if they don't comply with it."

In a 2014 blogpost, Geist wrote that Rogers Communications Inc. told a House of Commons committee in 2011 that 67 per cent of users who received a notice stopped infringing copyrighted material. After a second notice, 89 per cent of users stopped doing so.



CREDIT: STEPHANIE LAI

William Pol shows examples of analysis panels he will see at the contest.

Urban design contest extends invites to students across Ontario

STEPHANIE LAI
INTERROBANG

It's time to head to the drafting tables and put on those thinking caps – Fanshawe College is welcoming students across Ontario to compete in an urban design contest to be held at the college March 21.

The task: demonstrating urban design skills on hectares of land the old South Street campus of London Health Services Centre used to sit on.

The proposal: a submission of three panels of analysis, ideas and final plan, and a 250-word summary.

The prize: first place receives \$2,000, second place receives \$1,000, third place receives \$500, and there's a People's Choice Award as well.

William Pol – urban design instructor at Fanshawe – is heading the contest and says the contest will attempt to help the City of London with ideas of how to change the site in the future, as well as getting student work out there.

Members from the city's planning department and companies looking to buy the plots of land will be present at the competition in March.

"It's valuable for the students because professional planners, architects [and] landscape architects will be in the audience," Pol said. "I'm hoping that seeing the skills of the students – some of the students might get jobs out of it. So it's promoting the students."

Pol says the competition will not only benefit the students participating – companies present will see what technology can do nowadays.

"Design students across Ontario are using computers in ways that

when I was in the business, I had no idea could be done," he said. "This is a chance for the professionals to see how new computer applications are being used in the urban design context."

Twelve to 15 teams will be chosen out of all the applicants who submit their proposals by February 27. Pol and faculty at Fanshawe will do the initial evaluation.

Pol is encouraging his students to submit a proposal because this is as real life as it gets.

"I believe [the contest] will measure up really closely to the real world," he said. "There are many similar types of competitions that happen across North America and working in teams, working to a deadline, making presentations that have value ... as consultants you'll get the project or you won't get the project based on your presentation."

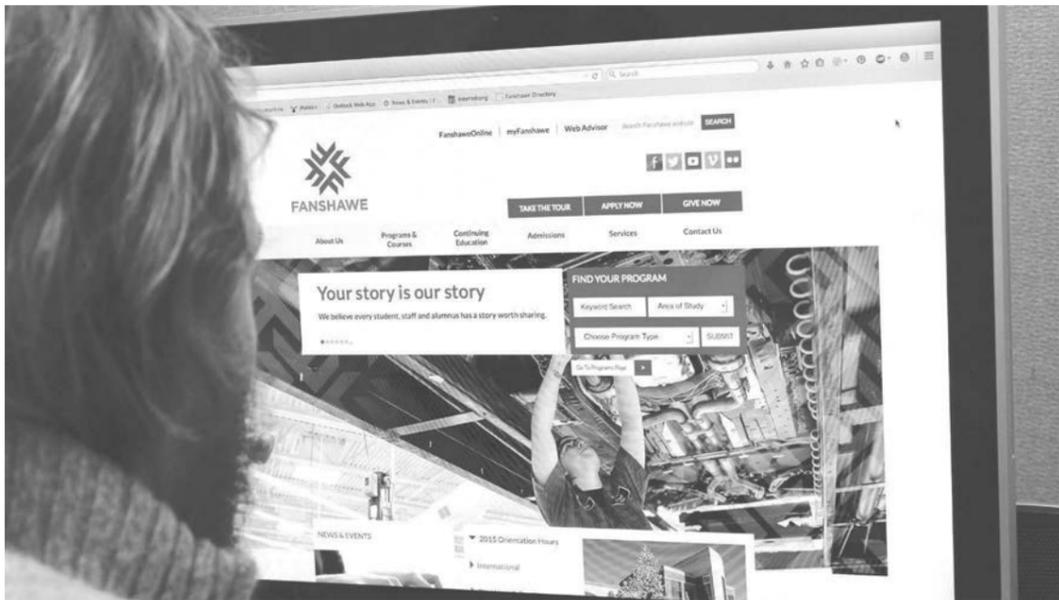
"In this case you're going to win a prize or not win a prize based on the work that you do."

It's also an opportunity for students show their skills and to meet people in the field.

"It gives them an opportunity to show professionals the kind of talents that they have," Pol said. "I'd encourage them to just meet other students, see what other people are doing. It's a great way to learn about their careers."

"Networking is a big part of it." Proposals are due February 27, and after Pol and faculty review submissions, 12 to 15 teams will move onto competition day in March.

Email Pol at wpol@fanshawec.ca, call him at 519-452-4430 ext. 4322 or visit www.fanshawec.ca/urp2/designcompetition for more information.



CREDIT: STEPHANIE LAI

To follow the rebranding of the logo, Fanshawe is conducting an overhaul of its website.

New Fanshawe website coming to a screen near you

STEPHANIE LAI
INTERROBANG

Anecdotal feedback that Fanshawe College's current website isn't meeting the needs of anybody kick-started the plan to redesign.

Executive director for Reputation and Brand Management Tony Frost says it was a long time coming.

"We've long known that there are some accessibility issues with the website," he said. "[Accessibility standards] continue to change for the better, so we need to respond to those accessibility changes."

The website bridges the college to the likes of current students, prospective students and alumni.

"The website is our single most important contact when it comes to interaction with any of our audiences," Frost said. "It's often the place of ongoing interaction, so it has to function."

"The expectation of the people who interact with the website are dramatically changing, so it's no longer a place where you would get some information – they want to do stuff. They want to register for courses, they want to calculate what fees are going to be, they want to contact somebody. We haven't really structurally changed it for four years now, so certainly it's time."

The college reigned in local design collective ResIM to take the lead with design.

"We wanted somebody who had experience in governance, training, in website development, we wanted a strong IT background, we wanted a strong design component," Frost said. "At the end of the day, [ResIM] had the strongest bid for us – they met our budget needs ... and they gave a terrific presentation, and we're pleased that they're local."

"It is convenient that they're local – it's a bonus. We're really happy about that."

ResIM's connection to Fanshawe stems beyond just being local. Maxim Siebert – the lead designer heading the project – is a fresh Graphic Design graduate.

"How much more connected could you be when you go through a program at a school and now you get to come back and really play a significant role in the way your school – your alma mater's – website will be," Frost said.

Siebert says he's in an exciting position.

"I'm pretty excited considering it's the college I went to and now I get to lead the redesign of it," he said. "I think it's a pretty exciting spot to be in considering I just re-

cently graduated."

Siebert says he's mainly focused on the site's functionality.

"I'm more concerned with the functionality and making the site really something not just that you go on and retrieve information from," he said. "We're thinking of applying design for context – depending on where your location is when you visit the website, we'll show you different content."

As for design – minimalism.

"As for the look and feel of the design itself, I think it's just the matter of keeping it really clean and similar to the brand – considering the just redesigned logo," Siebert said. "We'll be following a lot of the brand guide to do the website, but a clean, minimal look is what we're hoping for."

Siebert will walk through the halls of Fanshawe again but with a new role.

"I actually went [to Fanshawe] for a meeting, and it was definitely a little strange, but I'm excited to be in this position," he said. "I don't think anyone gets this opportunity, so I'm looking forward to it."

Frost says the site will relaunch in the fall as the first phase of three in the whole process.

The Out Back Shack to change its hours

STEPHANIE LAI
INTERROBANG

The Out Back Shack will no longer be in operation until 8 p.m., which was effective January 16. It will be open from 11 a.m. to 6 p.m. daily, unless it hosts an event, in which case the Shack will reopen to accommodate as such.

Operations manager Gary Deline says it made sense after seeing a decline in student attendance at the establishment after a certain time.

"We were finding there's not as many students on campus after 6 p.m.," he said. "We are going to shorten the hours so that we can use that money and labour elsewhere that will benefit the students in a better way."

Deline says he had been tracking sales over the last three years and

noticed that students weren't staying late to grab a bite to eat.

"We noticed there's a trend of more and more students leaving campus earlier in the day, which is still 4 or 5 in the evening, but once most students leave, we find a lot of them don't return for dinner at a later hour," he said. "Staying open until 8 p.m., we weren't having a lot of students coming in for dinner at that time."

"[Students have] either finished class, or they've already come and eaten dinner, or they're just done class and they want to go home. Especially in the winter time, because after they're done class, it's already dark out at 6 p.m."

Deline says that Oasis is the next viable option to grab a late dinner.

FSU MENTAL HEALTH & Wellness Awareness Days

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8%

Approximately

will experience *major depression* at some time in their lives

20%

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ALMOST 1/2 (49%) OF THOSE PEOPLE HAVE NEVER GONE TO SEE A DOCTOR



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SUICIDE IS AMONG THE LEADING CAUSES

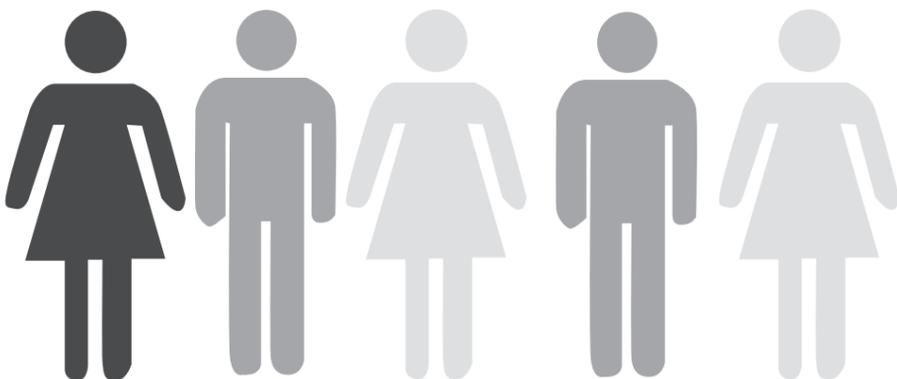
of death in 15 to 24-year-old Canadians

4,000 people die prematurely each

2nd

Only to accidents

year by suicide



IN CANADA ONLY 1 IN 5

CHILDREN WHO NEED MENTAL SERVICES RECEIVES THEM

5%

Anxiety disorders affect 5% of the household population causing mild to severe impairment

Gata Hub app competes with Uber

HAMZA TARIQ
THE GAZETTE

LONDON – A new taxi app that partners with local taxi fleets to provide customers service on their smartphones, is now available in London.

Gata Hub, an app designed by Toronto start-up Gata Labs, is in competition with taxi services like Uber but unlike Uber it partners with local taxi fleets instead of providing their own drivers and cars.

“Gata provides the cutting-edge technology needed for these taxi fleets to compete with Uber and retain their market share in the taxi space,” Liam Casola, a third-year Western student who interned with Gata Hub over the summer, said. “Currently, Gata is partnering with U-Need-A-Cab in London to offer this service. The service is live, you can order a ride today.”

The app is available for free download on Apple’s App Store

and on Google Play for Android devices.

According to Casola, the app is very user-friendly and simple to use and can be extremely convenient for students because they can order a cab by just tapping a button.

“All you have to do is make an account, tap on ‘Request a Taxi,’ and a taxi will arrive at your location,” he said. “You can even see the estimated time that the driver will arrive at. Instead of having to call a number and wait for a dispatcher, hailing a taxi is now as simple as tapping a button.”

Apps such as Gata Hub provide local taxi fleets an opportunity to make their traditional taxi services more accessible to customers and in the process also compete with an app like Uber.

“We’re very excited to launch in London and think it’ll be great for students as well as the greater London community,” Casola said.

Student concerned about sexual violence poster at bus shelter

MEGAN DEVLIN
THE GAZETTE

LONDON – Kennedy Ryan returned to school for the winter semester to find an unpleasant surprise waiting for her at the bus stop: a sexual assault awareness poster that she says is victim blaming.

The poster tells the story of a girl who was taken advantage of at a kegger and finishes by saying, “alcohol is the most common date rape drug. Respect your friends — respect yourself.” It also displays a black and white image of a male hand pinning down a female body.

Ryan, a fourth-year media, information and technoculture student, snapped a picture of the offending poster and tweeted it, saying, “This is a terrible way to spread awareness about sexual assault prevention.”

Her tweet blew up, signalling agreement from the Western community.

The poster appears at the North-bound bus stop at Western Rd. and Essex Rd. — a stop frequented by Western students taking the 2 Dundas to campus.

Ryan has a problem, specifically, with how the poster places some blame on the victim when it says, “respect yourself.”

“They could have just stopped at ‘respect your friends,’” she said. “I think it plays into that old narrative that you, as a potential victim, can prevent sexual assault — not the perpetrators.”

“I don’t want to be told, when I go out and when I’m drinking, to ‘watch myself,’” Ryan continued.

She doesn’t know who’s behind the poster, but she wants an apology.

The poster reads, “I know someone” in a similar font used by the I Know Someone campaign at Western.

The campaign was started four years ago to shift the responsibility for prevention of sexual assault

from individual women to the collective body, according to the campaign’s website.

Although the University Students’ Council logo appears on the I Know Someone campaign’s website, Emily Addison, vice-president internal, says the USC has not been active with the campaign for quite some time.

“We’re not actively participating in the campaign anymore,” Addison said.

She maintained the USC had nothing to do with the poster in the bus shelter.

The London-Middlesex Health Unit, who Ryan initially thought might be responsible for the sexual assault awareness poster, has also denied involvement.

The Sexual Assault Centre London, Changing Ways and the Ontario Trillium foundation are also listed as founding members on the I Know Someone campaign’s website.

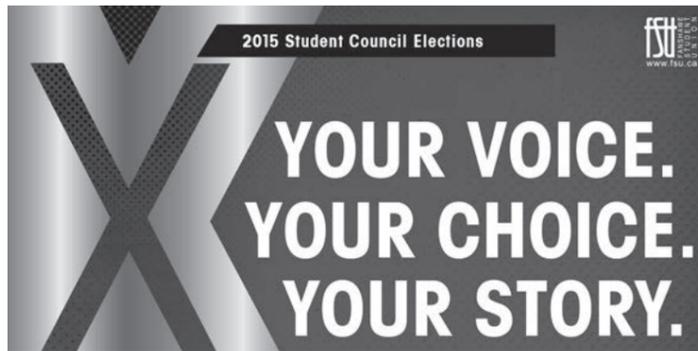
None of the three organizations returned requests for comment before press time.

The London Transit Commission contracts out its advertising to various media firms but does have policies regarding advertising copy.

Advertisements must comply with the Advertising Standard Council of Canada. As such, they must not present demeaning or derogatory portrayals of individuals or groups, or even “undermine the safe and welcoming character of London’s public transit system.”

These conditions, however, are tempered with the protection of freedom of expression guaranteed under the Charter of Rights and Freedoms.

“Citizens, including bus riders, are expected to put up with some controversy in a free and democratic society,” a copy of the LTC’s policies obtained from the LTC’s general manager, Kelly Paleczny, read.



CREDIT: DARBY MOUSSEAU

Visit SC2001 or www.FSU.ca/elections for more information on the 2015 FSU Executive Council Elections.

Leaders wanted

FRANCIS SIEBERT
INTERROBANG

The nominations for Fanshawe Student Union’s 2015-2016 executive council opened on January 19, allowing students interested in running for positions to register.

Returning students who are going to be full-time in the 2015-2016 school year can register for the following positions: vice-president of internal affairs, which is responsible for on-campus activities, such as awareness weeks and clubs; vice-president of external and academic affairs, which is responsible for issues with grades, professors and government lobbying groups; vice-president of entertainment, which is responsible for FSU events and performances on campus; vice-president of finance, which is responsible budgets, scholarships, bursaries and all things related to money; and vice-president of athletics and residence, which is responsible for sports and residence events.

“Other than the relationships that I’ve built, I think [the most reward-

ing experience I’ve gotten from being in the student council] was understanding how a professional organization that’s a not-for-profit is run,” said Cheriss Marson, the FSU vice-president of internal.

Students who were full-time in the 2014-2015 school and are not returning to school next year can run for the position of president, which is responsible for the FSU, student issues, such as student mental health and bullying and campus life.

“This year has been amazing,” said FSU president Matt Stewart. “I love this role. The things that I get to do, the experiences that I get to see and get to be involved with — student events or travelling to other colleges and meeting other student leaders — it’s beneficial not only for the organization, but it’s beneficial for my personal development. Over the turn of the year, I’ve become a stronger leader.”

Students interesting in running for the elections have until February 12 to register at the FSU’s main office, located in room SC2001.



Taylor Lodge

FSU executive steps down

FRANCIS SIEBERT
INTERROBANG

Fanshawe Student Union vice-president of finance Taylor Lodge has stepped down from her position on Monday, citing personal reasons as the cause.

Lodge was elected to the executive council last year and took over the position on May 1, 2014.

“As president of Fanshawe Student Union, losing any executive on your team is a hard way to go about your New Year, and for Taylor Lodge, who has resigned from VP finance, it definitely is with sadness that I say that,” said FSU president Matt Stewart.

The FSU is looking to fill the position as soon as possible. Full-time students interested in running for the position for the winter 2015 semester can register at the FSU’s main office, located in room SC2001.



JUMP IN THE SAC

We’re still looking for Student Council Reps!

School of Business

School of Design

School of Information Technology

School of Language and Liberal Studies

School of Tourism and Hospitality

VP Finance

Pick up a nomination form in SC2001 and have it completed by Tuesday, January 27th, 2015

Questions or concerns? Please contact
Matt Stewart, CRO, at fsupres@fanshawec.ca



CREDIT: "STREET ARTIST" BY NANA B AGYEI ON FLICKR. LICENSED UNDER CC BY 2.0 / DESATURATED

Being intentional in creating and perfecting one's art takes work, but the result will be better.

Creating out of nothing


 ARTiculation
 AMY VAN ES

It's been a while since I've had one of those moments that inspires a new piece – one of those fleeting moments that many artists go about our busy days waiting for, that flicker of tenderness that starts to thaw a dormant idea hidden inside us.

Sitting in a crowded and energetic restaurant, I watched everyone around me buzz with excitement. It was a place of passion – the cooks were busily making the food, and the small tables that were filled with more people than you thought could fit around them were chatty and anticipatory.

I was lucky enough to be sitting across from a chef.

As each dish we ordered was brought out, I listened to him explain what was in it and how it was made. He gushed about the process of making a meal and how much time, energy and love goes into it, from the time a chicken lays an egg until it ends up on your plate.

It's an intricate process, one that shouldn't be taken for granted.

To me, the creative process of an artist is an important part of the art itself.

Last year, I wrote about the importance of process in conceptual art and how the medi-

um can be a powerful tool in communicating the message to an external audience.

But lately I've been thinking a lot more about what art means to the artist who created it.

When a chef cooks a meal, he's dreamt it into existence; every step is a pleasure. He kneads the dough attentively, carefully chops the vegetables and gingerly stirs the pot.

To an artist, it's incredibly easy to slip into obsession about the end result: How is it going to look, who's going to see it, what will they think, will someone buy it? But that's not why we decided to do this. Not many of us signed up for this on a promise of making an easy living.

But there is a reason why we chose the arts: the love of the game. We love to drape the floor, set up the easel. We love to open our supplies and see the paint pool onto the pallet. We love to slide a brush across a surface, watch the stroke take the shape it should.

We love to step back and see what we look like sprawled across the canvas.

Many people create art for many different reasons – we all have our theories and ideas about what that should be. But our binding note, the thread that connects all artists, is the pleasure of creation.

This new year, I plan to get back to the visceral passion I have for making something out of nothing. And I can most certainly say that when one's been present and intentional during the process, the result will taste much sweeter.



CREDIT: DAVID MCNEW

The declining cost of crude oil might encourage our neighbours south of the border, but the dollar isn't done dropping.

How the dollar disparity could get you a job



VICTOR DE JONG

As the second semester gets underway and graduation looms ever closer, the job market is looking bright for graduates in Ontario. The continuing decline of the Canadian dollar relative to our American counterpart points to an increase in manufacturing and value-added jobs for the province and the country at large. The results may not be immediate, but a comparatively low Canadian dollar means that it will be cheaper for Americans to purchase goods and services from north of the border.

Despite the ongoing closures of food processing facilities – in particular Heinz's and Kellogg's, which have both pulled out of southwestern Ontario – there will be a major uptick in contracts for local manufacturers. Food processing is not a good indicator of the broader sector's performance, because there are different elements that come into play. Kellogg's attributed its closure to an ongoing decline in the sale of breakfast cereals, not exorbitant labour or environmental costs. Thanks to the North American Agreement on Labour Co-operation, Canadian businesses that deal in consultation services will reap the benefits of a weak Canadian dollar as its expertise become increasingly cheaper relative to the alternative.

Although the shift towards globalization has affected manufacturing in all of North America, the economic impact on Canada has been catastrophic for the sector. The decline was less impactful in the United States, where the cost of labour is considerably cheaper and

there is a higher value placed on domestic manufacturing and production.

As a result, there is a portion of the manufacturing sector that could save money by outsourcing to factories north of the border if the dollar disparity remains significant enough. That increase in economic activity will lead to lower unemployment rates, a major factor in the federal election expected to take place in the fall.

A greater shift is taking place in the country in addition to the economic movement caused by the growing currency disparity with the United States. As the value of crude oil continues to decline, the *National Post* reported that some companies are planning far-reaching layoffs, including Civeo Corp, which is planning to lay off 30 per cent of its employees in the Canadian oil fields. The thousands of Canadians who moved out west, lured by the promise of high pay, will be returning to their home provinces to seek work.

The ongoing free fall of the Canadian dollar is in no small part due to the international crude oil market. With the Bank of Canada unwilling to adjust the rate of inflation and the Organization of Petroleum Exporting Countries refusing to cap the increase in oil production from the American fracking operations, the Canadian dollar isn't done dropping yet.

The good news is that an ongoing decline in the cost of crude oil will yield an increase in travel and a little relief for your wallet at the pumps while simultaneously buoying the Canadian economy as our goods and services become cheaper across the border. The bad news is that the collapse of the Russian currency and the volatility of ours are both caused by a tiny organization that has its hand on the world's crude oil valve. Now that's real power.



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Sexual treatment of women blurs the margins of society

RANJINI CHAKRAVORTY
INTERROBANG

When I first came across the idiosyncrasies of the Third World, the one that bothered me the most was the legitimate sex slavery: forced marriage. Saudi Arabia, India, Pakistan, parts of Africa and other Middle-Eastern countries often are the silent witnesses of these social glitches. The problems of the First World include obesity and teenage tantrums. The world witnesses the demise of womanhood, which is not accidental anymore. However, it's not harsh to say it's sometimes intentional.

I came across these Canadian cases in a recent article published in *Macleans* that laments the plight of many a woman victimized by the church, family and congregations. These cases stare blatantly at the surface of the polished society of the so-called liberated society of the First World.

The plight of the LGBT community isn't any better. This revealing article mentions the plight of a Mexican transgender who struggled under the pressure of the family who disgraced her actual orientation.

When I first landed in this country — also known as the land of immigrants — I was greeted by the wide smile of liberal diversity. But it deeply disturbs me to find that behind that hides the plight of a conservative society.

Women aren't sexually harassed; sometimes it becomes a myth when we come across cases like Jian Ghomeshi's. The ideal workplace dies the early death in the humiliation many women faced or even faces.

It upsurges high emotions in the hearts of modern womanhood, which takes pride in being independent and seeks respect in return. The much-loathed issues, which have been happening lately, disturbs our state of mind and makes us vulnerable to those — even among our family — who push us towards the plight of sex slavery in the name of marriage.

The Canadian Parliament is exploring making forced marriage a criminal offense in Canada, which is already illegal in Norway, Pakistan, Belgium and the United Kingdom. There have been a series of cases of forced marriages in Canada leading to bouts of controversies and authorities feared of putting the tag of liberalism and free society of the country at stake.

Why are these activist groups pouncing to join hands in a better way? I look around the scenario of the First World: Tess Klaver, the 18-year-old sexually harassed and exploited at Queen's University also increased the need of more alarmed and helpful campus security.



Women across the world are subjected to all types of treatment and not all of it is good.

CREDIT: NITEENRK

The surprise in such a case was the refusal to help readdress the damsel in distress. Young adults are often misjudged and mistreated for seeking help at any distress centre.

What worries me the most in the entire scenario is the intolerance and treatment towards women in the world; the terrains of Iran, Iraq and Afghanistan, where women are the toys of pleasure, the sexual elixir of men and the device to roll the figures of the population.

The cases of sexual exploitation, including child sexual abuse, forced marriages, rape

and assault cases recorded in Canada is comparable to any of these Third World. SexAsault.ca says that out of 100 rape cases, only six are reported to the police and this maybe due to the stigma of soiling the family's reputation. The interesting fact in the available statistics states that half of the women undergoing any form of sexual harassment are either married or in long-term relationships. Incest doesn't fall far behind, and 17 per cent of girls under the age of 16 child sexual abuse.

We might start blaming the congregation of the Jehovah's Witnesses or the church — I used to work with the Mother Teresa Foundation for Women and Children in India, where children were taught to differentiate between good and bad touch and along with that reporting the perpetrators — or the fact that women struggle to find existence in a world dominated by alpha males.

Citizens of the world should not only be made aware of these problems but how to address them.

The Dalhousie 13: Is restorative justice the right thing?



RUMOURS OF GRACE
MICHAEL VEENEMA

Dental students at Dalhousie University about an hour from where I live have gone back to class. Included are the 13 at the centre of the uproar about the posting of sexist comments on Facebook. They began classes segregated from the rest.

Should the university allow them back? Some answer strongly, no. They argue that the students' offenses are too severe.

The university has committed to a Restorative Justice (RJ) process to deal with the accused students. Many question whether that approach is the right one. After all, RJ is soft. It is, some would say, weak on punishment, too kind to offenders.

Perpetrators meeting their victims, community service, writing letters of apology, visiting neighbours, friends, and family members impacted by a crime — such "punishments" seem weak compared with real time spent in youth or adult corrections, house arrest, long term probation — or expulsion from a school of dentistry.

This comes with its own problems as one ethicist told me: it is not uncommon for dental students to be carrying one or two hundred

thousand dollars in debt, and there is a pronounced shortage of dentists in Nova Scotia.

But are such punishments softer than the more traditional sentences that courts impose on youth and adult offenders? Possibly not.

First though, to back up a little: Why has RJ become an alternative to traditional justice throughout Canada?

For one thing, in a typical trial, there is no meaningful connect between the accuser and the accused. Often they are required not to communicate. This disconnect means that significant potential for understanding and closure is left untapped.

Second, our justice system is adversarial. The result is that truth takes a back seat. The prosecution is not as committed to revealing the truth as it is to providing the strongest case against the alleged criminal. Meanwhile, the defence is not as committed to revealing the truth as it is to providing the strongest possible defence. Defendants feel that they should reveal as little truth as possible, admitting to doing wrong only when there is no other choice. The theory is that truth will emerge in the chamber of the judge or the jury as they weigh the (overstated) evidence and the meagre confessions — if any — of the accused.

And at the end of the process, there is the sentence. It will be as much the result of a judge's personal convictions as the result of an unbiased assessment of the crime and the accused.

Judges — it turns out — are human.

It is no wonder that youth and adults held in custody have little respect for the judicial process and for their jailers. The sentences they have received are the result of distorted processes. And often, they serve them with anger and resentment.

Three questions dominate the traditional Western and European judicial process. They are: What law has been broken? Who did it? What should the punishment be?

In contrast, the RJ approach asks, "Who has been harmed? What are their needs? Who has the obligation to address the needs, put right the harms and restore the community?" This can be found on many RJ websites.

Furthermore, RJ rejects the adversarial approach. It requires that as many as possible involved in the offense meet together, not as adversaries, but as a community. A judge typically will have agreed to the RJ process as an alternative to a traditional judicial process. At that meeting, or a series of them, the discussion is guided by the three RJ questions.

Can a RJ process work for the Dalhousie 13 and those they have offended? The university thinks it can. But I return to the question I asked earlier: Is the RJ process likely to be soft compared to the traditional one?

That might depend on what we mean by soft. If we mean no expulsions or less jail time, then I suppose we can argue that RJ punishments are softer.

But we can consider that during an RJ process, the offender is going to meet his or her victims and the families of victims. He or she is going to have a guided conversation with them about the multiple impacts of their actions. They will have to respond, to speak with the people and the community that were hurt. I am not sure that such a meeting will be a soft experience. It could hurt a great deal.

But it could also be transformative. It could bring healing to the perpetrator, the victim and the community. That is the ultimate goal of RJ.

That goal of healing brings us back to the Christian, Mennonite Church roots of RJ: its first advocate was a Mennonite police officer in southwestern Ontario. And the emphasis on healing explains why RJ has connected so well with the Aboriginal traditions of healing and sentencing circles.

If the RJ process were embraced by all concerned at the Dalhousie School of Dentistry, it might set the stage for more a more collaborative and community-building approach to other offenses committed by students — and others — in the country.

Michael Veenema is a former chaplain of Fanshawe College and Western University. He currently lives in Nova Scotia, where he continues to write and is a chaplain with the province's Department of Justice and the pastor of two churches.



CREDIT: PRSPECTIV

Kaytlin's sunny look is inspired by fashion-forward L.A.-ers. Makeup by Samantha Lynn and hair by Yuka C.

Wearing elements of Los Angeles fashion



THE SHOPPING BAG
HAI HA NGUYEN
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Sunny California weather is often the topic of daydream for many of us living in the depths of snowfall here in Canada. We dress in our own way to keep warm, but there's nothing like dressing as if you're in a Los Angeles state of mind. That's the beauty of fashion, dressing a certain trend can make you take on a different persona and feel a different type of way. This is no encouragement to run out into the snow wearing a T-shirt and literally dressing like you live in L.A., but the right time and occasion calls for some L.A. style.

So, what defines L.A. style, and how can we bring a little bit of it into our lives?

The L.A. girl is a carefree, fun-loving, living in the moment, making-her-dreams-happen kind of

girl. She is spontaneous, sassy and loves getting attention from what she's wearing, all in one outfit.

L.A. is the city of dreams, where dreams can be made or crushed. Regardless of the risk, dreamers take it for a chance to catch their big break and make it big, so they have to stand out above the rest of the people who have the same ambitions. They want to be famous, they want to make a name for themselves and they want the world to watch them.

Naturally the L.A. girl is busy, and she's always on the go. She throws on whatever she feels in the moment that makes her feel sassy, comfortable and the role she wants to play.

In the featured picture, this girl glamorously woke up in her boyfriend tee with fabulous hair, nails and makeup done. She threw on standout jewelry to dress up the casualty of the outfit and a pair of casual aviators to face the day, pieces that she found on her way out to the audition or meeting that might make her the next somebody.

Boyfriend tee (Forever 21, \$20)
Olivia headpiece (HAI-HA Jewelry, \$45)

Kaeli headpiece (HAI-HA Jewelry, \$30)

The L.A. girl is always fashionable regardless of what she wears; whatever she throws on, she owns it. It doesn't matter if it is a ripped pair of jeans from 10 years ago paired with a pair of expensive Christian Louboutin heels with a \$2 earring she found at a bazaar, this girl commits to the outfit. She doesn't wait for trends, she makes them and even if it has already been done, she will reinvent it and infuse it with where she came from.

Don't expect this girl to be wearing the same outfit twice either – she will restyle it with her new findings, cut up her garments to remake them and make them new again. The L.A. style is anything that makes you feel carefree, innovative, creative and make you feel like the sun is right above your head when you walk around all day in a snowstorm.



CREDIT: CANDIS BROSS

A scarf and touchscreen gloves are only two necessities for a freezing day.

Eight essentials for surviving winter – fashionably



FRUGAL FASHIONISTA
LISA KELLY

Winter is finally upon us, and let's be honest, it sucks. Anyone that tells you they enjoy this endless tirade of snow and cold we've been experiencing is definitely a liar. In the words of George Costanza, "I would drape myself in velvet if it were socially acceptable." Although velvet is warm, the social acceptance of velvet is still widely debated.

In -20 degree weather, Mother Nature starts to get the best of you. You start to think, "Who cares? I'm wearing sweatpants everyday." That's just what the bitch wants. Don't let her win.

Here are eight essentials to come out of winter on top:

Earmuffs/cute headbands

Hats are so passé. Earmuffs and headbands keep your ears warm without messing up your sock bun game.

Tall boots

Functional and fashionable, tall boots can make any outfit look instantly chic. With so many different styles and colors available, tall boots keep your feet dry in style. Pair with leggings and a sweater dress or a great pair of jeans and a blazer – the possibilities are endless.

Leg warmers

Not just for '80s themed parties, leg warmers are great for adding extra warmth to your fashion boots. Not only do they keep you warm, leg warmers also create a better fit for your boots. After months of wear, boots that were once tall become slouchy and sloppy. Leg warmers help fill the extra space, allowing the boots to stay up on your leg.

Shoe polish

Trekking through snow, slush and salt for months on end really takes a toll on your boots. No matter how many times you wipe them

down with a wet cloth, that annoying salt stain isn't going anywhere. Enter shoe polish. All it takes is a little polish, a polish brush, an old sock and some elbow grease to take your boots from drab to fab. Or you can commandeer an older relative to polish your boots for you – they probably know what they're doing.

Scarves

Scarves are a magical thing. They can transform any basic outfit into an ultra-chic look and can also double as a blanket when you're freezing your butt off in class.

Athletic leggings

Leggings and comfy sweaters are a go-to during the winter months. But let's be real: regular leggings are way too thin for -20 degree weather. Ladies, do yourselves a favour and invest in some athletic leggings. Athletic leggings are made from a thicker, better quality material. Not only are they warm, but they're durable, too. Tucked into a pair of boots, no one will ever know you're wearing gym pants.

Comfy sweaters/sweater dresses

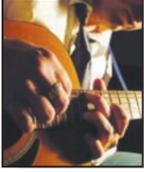
These are a staple in the fall and winter months. Comfy sweaters are so versatile – they can be paired with leggings or jeans. With so many styles and textures, your wardrobe will never be boring. Sweater dresses are also a great way to look comfortably chic. Pair with leggings or tights and tall boots for an effortlessly put-together winter look.

Touchscreen Gloves

These are a necessity if you don't want to expose your delicate hands to the cold, frigid air that is our winter every time your phone buzzes. Touchscreen gloves are not thought to be a fashionable choice, but these gloves have evolved from simple black gloves with metallic fingers; they now come in so many different colors and styles, no one will know you are wearing them. Touchscreen gloves save lives, people.

Incorporate these essentials into your wardrobe, and you'll survive winter – fashionably.

Hugely anticipated albums kick off 2015



BOBBYISMS
BOBBY FOLEY

I write about random things a lot. I write a lot about random things. This past holiday, I started a new tradition. In 2014, I became a member the Canadian Academy of Recording Arts and Sciences (CARAS), so last month, as I sipped eggnog and watched *Die Hard*, I set about voting on the first round of categories in the 2015 Juno Awards.

You're not at all close to choosing a winner in the first round of voting, but spending time familiarizing myself with all the music in consideration was quite the task. More than anything, it afforded an opportunity to look back on many of the successes in the industry over the last year, one that served only to underline the diversity and scope of the music and artists Canada has to offer the world.

Before one even has the chance to dwell on 2014, the New Year has come crashing in with a few huge releases. Believe it or not, January is supposed to be a slow month for new music releases, but here are three new albums so fresh off the presses that you might smear the ink on the cover.

***Uptown Special* – Mark Ronson**
Perhaps the most widely antici-

pated album release of the month, Mark Ronson's latest delve into solo territory is his first record in five years. *Uptown Special* features a star-studded cast of guest musicians, including Bruno Mars – the pair's single "Uptown Funk" has been burning up the charts since it debuted in November – and Mystikal and Kevin Parker, with whom he also previewed singles in the previous weeks.

Ronson has had an astonishing career as a musician and producer, working with a dizzying number of artists in hip hop and pop – Sean Paul, Macy Gray, Lily Allen, Amy Winehouse, Adele, Paul McCartney and many more – and his musical vocabulary is unparalleled. Add it all up and you have the makings of a smash album, listen to this one soon.

***Club Meds* – Dan Mangan + Blacksmith**

After his last full-length album earned him two Juno Awards in 2012 – *Oh Fortune* earned trophies for New Artist and Alternative Album of the Year – Dan Mangan stepped back from touring to focus on his young family. Rather than rushing new material, he instead explored new sounds with a collective of Vancouver musicians and has crafted something equally familiar and fresh, reminiscent of '80s art-rock but also unmistakably Mangan.

The group premiered its album on

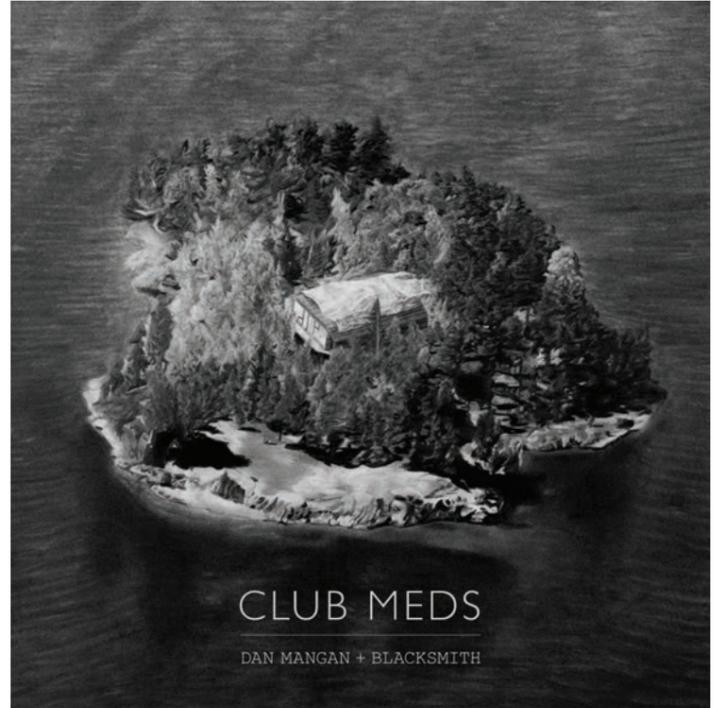
NPR a week early, and the response from the singles "Vessel" and "Mouthpiece" in advance of release has been incredible. *Club Meds* has all the wit and insight you've come to expect from Mangan, yet paints a backdrop that is eclectic and diverse as well as appropriately restrained. It's been a long wait in between records, but the result is well worth it.

***Absent Fathers* – Justin Townes Earle**

Another record sure to have people talking, Justin Townes Earle's *Absent Fathers* is actually a companion and bookend piece to his recent full-length *Single Mothers*, released back in the summer. Perhaps not the best choice for date night, the new album was recorded in the same sessions as its predecessor yet held aside, because Earle felt it would make a stronger statement as a companion piece.

Earle, who celebrated his birthday just after the New Year, has an interesting Americana folk heritage; though his father, Steve Earle, obviously passed on superior musical talent, there is an unmistakable disconnect between him and his lineage. *Absent Fathers* closes the chapter that *Single Mothers* opened – a personal opus more than 30 years in the making – and will be on a lot of a lot of folks' minds in the coming weeks.

What's more, with new albums by Belle and Sebastian, Sleater-Kinney and The Decemberists coming



CREDIT: DAN MANGAN + BLACKSMITH

This year kicks off with a few highly anticipated albums from musical acts worth listening to.

this week and albums by Father John Misty, Silverstein and even a collaboration between BadBadNotGood and Wu-Tang's Ghostface Killah around the corner, there is going to be no shortage of music to talk about this year.

For more of the latest in music news or album streams, follow this

column on Twitter @fsu_bobbyisms. What do Kiesza, Nickelback and Tanya Tagaq all have in common? They're all unapologetically themselves, and if there is any one characteristic I've come to note about Canadian music, it is that. Support local music, I'm out of words.



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CREDIT: DRY HEAVE

Dry Heave's three-minute demo is definitely worth a listen.

Dry Heave – 2015 demo



FROM UNDER
THE COUNTER
PRESTON LOBZUN

As I write this paragraph, the pummelling assault that is Dry Heave's second release nears its end. It's a quick demo – just barely past the three-minute mark – and it holds nothing back in the process.

I recorded the band's first demo last year in its practice space just months after the band formed, and I was satisfied with the outcome, because Dry Heave is a band that has its shit together.

Recording music is often defined not entirely by the engineer but by the band itself and how they use their equipment. Being an MIA student, one of the most seemingly obvious but often ignored advice is making sure that the source of the sound is good.

If your guitar tone isn't the best, and the drums aren't being played well, no amount of processing and editing work is going to be able to fix that entirely.

Dry Heave is a solid group of musicians all performing at their best, and recording them is an enjoyable task.

The band's music can be described as grindcore with a unique twist on vocals from front-woman Gabie Nestor. Her vocals ride the beat of each song with grace, creating these quirky and effective parts that makes Dry Heave a unique band.

When Dry Heave formed around this time last year, they showed a significant burst of interest in the hardcore scene. One of the best indicators that a scene is alive is when musicians begin to form projects with each other solely for the purpose of having fun.

When you can begin to connect band A to band B to band C and so on, it means that people are creating

a network of projects that will play shows with each other and release music together.

You can expect to see familiar faces and in the best-case scenario, the scene becomes a notable stop for touring bands solely because there is something cool happening in the city.

It's hard to create music with intensity that doesn't borderline on what other bands have already done. Hardcore and its sub-genres are based off of minimalism so your pool of melodic content isn't exactly the biggest to play with. You won't find any 10-minute-long epics or soaring Dio-esque vocals here and that is OK. What hardcore intends to do is not expand in melodic content but to simply bring an abrasive attitude to the stage.

It's easier said than done, and lots of bands fall short due to not having a tight instrument section or not writing ballsy guitar riffs. I'm sure at some point there has been some similar projects in the world, but Dry Heave themselves are unique in the London scene, and from my own experiences, have captured a lot of people's attention, because they stick out from their contemporaries.

Each of the members are already a part of other projects, with guitarist James Oag being the vocalist of my band Lapsaria, bassist for Hamilton's Born Wrong, former member of Icons and was a part of the now defunct Lifeboat. Similarly, the drummer and bassist, Alex Bast and Isaac Owen, are in the band Bike Cop while also being a part of other off-shoot projects in the London area.

Gabie herself is an incredibly talented songwriter and set to release some cohesive solo music by the end of this year.

If you can spare three minutes of your life, check out the band's demo at dryheaving.bandcamp.com, where you can download it for free along with the aforementioned demo from the year before.

Looking forward to 2015 night skies



JERROLD RUNDLE

Treated to the surprise Camelopardalids meteor shower, a partial solar eclipse and Comet Lovejoy's travel through the constellation Orion – 2014 was a busy year for London's astronomers. But 2015 will have amazing sights and can also be a fun year for you.

Making 2015 the year to get out and explore the world more, amateur astronomy is a great place to start. Before highlighting 2015's major astronomical events, we first need to define some terms before the fun can start:

Objects seen are measured in degrees away from each other, when looking in the sky:

1° is about the width of your finger when extended fully away from your body.

5° is your entire hand closed, palm facing the sky and your arm extended

10° is your fingers spread out while your arm is still extended.

A conjunction occurs when celestial bodies orbits arrange so that multiple objects reach close viewing proximity. While in reality the objects are still cosmic distances from each other, the viewer measures these objects in the above-mentioned degrees.

Objects in opposition are at furthest possible distances from each other, making planets easiest to see in the night/pre-dawn sky.

Meteor showers are named for what constellation in the night sky the original showers emanated from.

While events mentioned will be viewable with the naked eye, having a pair of binoculars or a small telescope can do wonders for viewing. Bring a notebook and pens for recording observations also. Another tip – get away from all lights if possible. Having friends willing to drive into the country with you is the best way for viewing the cosmos in its beauty. And be prepared for the cold, as many of these events occur a few hours before dawn-so bundle up.

February 6 sees Jupiter at opposition with the Earth, rising in the east. If using binoculars, the four Galilean moons Io, Europa, Ganymede and Callisto will be visible.

Just after sunset on February 22 our closest planets – Venus and Mars – will be in conjunction. Both rising from the northeast horizon, they will be less than 1° apart.

Along with London, North and South America, Pacifica and Australasia will witness a total lunar eclipse April 4, where the moon enters Earth's shadow, also known as umbra. The umbral phase will last close to five minutes, during which the moon gains a deep blood red hue.

Peaking April 22 to 23, the Lyrids meteor shower will be the third most visible shower, as the quarter phase moon will set just after midnight.

A rare event in July – two full moons resulting in a blue moon

on July 31.

Another top meteor shower of the year, the Perseids will rain down July 17 to August 24, peaking August 12 to 13. With a thin crescent moon, more 60 viewings per hour are expected.

The final lunar eclipse of 2015 occurs September 28, lasting roughly an hour.

The Orionids peak October 21 to 22, with the moon – in first quarter – setting just after midnight, removing background light.

On October 25, sky viewers will see the planets Venus and Jupiter – the two brightest planets in our sky – in a 1° conjunction in the predawn eastern sky, a picture perfect event.

Another predawn conjunction, this time between the moon and Venus, will see the two passing within 2° of each other in the eastern sky December 7.

The greatest meteor shower of the year will also end it the year's list. Peaking December 13 to 14 are the Geminids. The crescent moon will set before 8 p.m. each night, so be prepared for more than 100 events per hour, spectacular viewing.

So get out there, even if you can't make it out during one of these events or clouds ruin a night, there are always individual planets that can be seen with the naked eye. Mercury, Venus, Mars, Jupiter, Saturn and our own moon, everyday random shooting stars and the increasing number of human satellites in orbit – the sheer amount look for in the night skies is mindboggling. But, it can also be beautiful.



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"WANTING TO BE SOMEONE ELSE IS A
WASTE OF THE PERSON THAT YOU ARE."

Heat it up at home

KAREN NIXON-CARROLL
INTERROBANG

I get it. It's cold, dark and the snow is up past your knees. That fuzzy blanket on your couch looks really cozy and you suddenly crave hot chocolate. Yet, your body also longs for the days when you came home from work or school, went for a walk, cut the grass, swam in the pool, and dusted off your bicycle.

Do you feel stuck inside? When you can't make it to the gym, here are some things you can do to stay active at home:

Cleaning

Make a circuit out of cleaning the house and get everyone you live with involved. For example, put the radio on and each start in one area. When the song changes, you rotate. When a collective favourite comes on, you meet in the living room and have a dance party.

TV strength training

During the show, you do simple aerobic movements like jog on the spot, skip, jump jacks, leg curls, knee lifts and so on.

- First commercial break: squats and lunges
- Second commercial break: push-ups, burpees and side lunges
- Third commercial break: dips, planks and an abdominal exercise or two of your choice. You can repeat any sequence for the remainder of the breaks.

If you have a set of stairs run up, then as you come down, pause to squat on each step. You could also try pushups on each step on the way up and side squats on the way down.

There are also several inexpensive items that you can purchase that



CREDIT: CANDIS BROSS

Even running up and down the stairs is enough of a workout.

don't take up much space: Stability ball (\$10 to \$40), medicine ball (\$10 to \$80, depending on weight), Yoga mat (\$2 to \$40), Resistance bands and cords (\$10 to \$40, depending on intensity), skipping rope (\$2 to 40, there are some weighted or non-tangle varieties available), as well as kettle bells and small hand weights that vary in price depending on the brand and weight.

Walmart and Canadian Tire are both one-stop shops when it comes to inexpensive home gym items, but you can also find deals at fit-

ness retailers like Fitness Depot and Treadmill Factory. Good online sources for higher quality equipment include 360conditioning, Twist conditioning and National Fitness products.

Karen Nixon-Carroll is the Program Manager at Fitness 101, a Fanshawe College Professor, YMCA fitness course trainer & examiner, Fanshawe FHP grad and holds many fitness certifications for personal training, group fitness and wellness. Email her at karen.carroll@fanshawec.ca

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CREDIT: CATFISH AND THE BOTTLEMEN

A group to satisfy those who favour The Kooks and Arctic Monkeys. Check out *Balcony*.

A Balcony oasis



NICK REYNO



If you haven't yet heard of Catfish and the Bottlemen, sit down buckle up and plug in your headphones. Or perhaps turn up you stereo and pour a few beers, because this is definitely an album to rock out to while fending off the winter blues. Catfish and the Bottlemen is a collection of indie rockers who would be right at home on tour with The Kooks and Arctic Monkeys. For a band that spent its early days covering The Beatles and setting up impromptu shows in parking lots, it's come a long way.

Catfish and the Bottlemen dropped its debut album called *Balcony* on January 6.

Catfish's sound is refined, yet edgy, and packed to the brim with passion. *Balcony* contains a moderate amount of variety while still remaining true to British indie rock. The first song, "Homesick," has a quiet introduction but contains incredible dynamic shifts throughout the song that foreshadow how the album will unfold. The song begins quite bare with only muted guitar and clapping to accompany the singer. When "Homesick" reaches the chorus, however, it explodes

into crashing cymbals and huge electric guitars that accompany eloquent crowd vocals before dropping right back down into another quiet and refined verse. This dynamic keeps the song fresh as it progresses and serves to create the perfect mindset for listening to the album.

The songs on *Balcony* all retain the similar upbeat dynamic of "Homesick," while embracing elements of surf music and garage rock. All of these are carried through with heavy tom-and-cymbal drumbeats and crunchy guitar riffs backed by powerful distorted guitars, used to create an effective wall of sound to compliment the prevalent raspy vocals of Van McCann.

This is a predominantly cheerful album, even if some of the lyrical content airs on the side of melancholy. The only track on *Balcony* that truly takes a step back from the aggressive thrashing is entitled "Hourglass." This song slowly builds from an acoustic guitar and singing but crests just before reaching the same level of aggression as the rest of the album. The use of piano and cleaner guitar tones creates an atmosphere that seems out of place with the rest of the songs. "Hourglass" would have done better as part of a separate EP or even as a single release, but if you can look past this oddball song, *Balcony* is a fantastic choice for a pick-me-up this January.



CREDIT: STEPANIE LAI

Fanshawe student Mayankbhai Panchal (left) won \$205 at Deal or No Deal on January 8. The next Deal or No Deal takes place February 5 at noon in Forwell Hall. Register for free on the spot for your chance to win up to \$1,000.

By a long shot: Amazing cinematic single-takes



REEL LIFE
ESHAAN GUPTA

Alejandro González Iñárritu's *Birdman* has been the talk of the town. Released in the wake of cult Netflix hit *Bojack Horseman*, the film dealt with the chronic depression and personal resentment of being a washed-up former celebrity in a manner worthy of a Golden Globes – or two, as it evidently transpired. *Birdman's* mark as the comeback of Michael Keaton is only secondary to its unique presentation, presenting itself as having been shot in one, breathtaking cut.

Although that effect was achieved largely through careful planning and digital trickery, the feeling of sitting aboard a rollercoaster is never lost throughout. The one-long-take shot is an artistic achievement in its own right when done correctly. Here are some films that do it amazingly well.

Russian Ark (2002)

Russian Ark has the unique position of being a film actually shot in a single take. That's right, a two-hour-long feature length film shot without cuts or breaks – zero to break the action. Set entirely in the Winter Palace of Russia's State Heritage Museum, the film follows a narrator who guides viewers through the palace's history, occasionally interacting with its significant figures. It's an art film and slower-paced than one might expect, but it is nevertheless worth a view.

A Touch of Evil (1958)

Orson Welles' noir masterpiece is remembered for two elements:



CREDIT: FINE LINE FEATURES

Tim Robbins stars in Robert Altman's *The Player*, one of only a few movies that contains a seven minute-long take.

Charlton Heston playing a Mexican protagonist and the opening sequence. A three-minute long single take crane shot effectively sets up the film's world of crime in an exciting and technically impressive (for 1958) manner, not to give away too much. The film itself is an essential to any noir fan's library.

Children of Men (2006)

We all remember the long-running shots of Sandra Bullock's terrified face in *Gravity* (2013), but it wasn't director Alfonso Cuarón's first foray in unbroken takes. *Children of Men*, set in a dystopian future where humanity's reproductive capabilities have all but ceased, has a nice, comfortable car-drive through the countryside when, well,

not to give too much away, but if you've seen the film's grey, corrupt landscape, you're probably holding your breath for the inevitable fall of the hammer.

The Player (1992)

As far as Hollywood satires go, Robert Altman's *The Player* isn't particularly offensive, choosing to take potshots at those relevant in contemporary cinema. What better way to establish that everybody in movie town's a target than a seven-minute long fly-on-the-wall unbroken take that looked at just what everyone in a Hollywood studio backlot was up to? *The Player* is a definite watch for fans of films in the vein of *Tropic Thunder*.



FANSHAWE COLLEGE

Realizing dreams through hard work...

JOSE

A story of dedication

YOUR STORY™

See his. Share yours. Win.* fanshawec.ca/yourstory

Fanshawe's story began in 1967. Today, it is one of Ontario's largest colleges offering diploma, degree, certificate and apprenticeship programs to 43,000 students each year.

*See www.fanshawec.ca/yourstory for full contest details.



Selma follows Martin Luther King Jr. and his fight for voting rights.

CREDIT: PARAMOUNT PICTURES

Would you march with them?



PAM-MARIE GUZZO

In 1965, the Civil Rights movement was in full swing, with non-violent protests led by Martin Luther King, Jr. making strides in creating a more equal world for everyone. One of the largest of these protests was a march from Selma, Alabama to the state capitol, Montgomery, in support of equal voting rights for African-Americans.

Selma follows key individuals in the lead-up to this historic event, demonstrating the cruelties of those in power and the determination of those without.

It's difficult to criticize a film that expresses such a critical moment in history, with such important and powerful personalities. David Oyelowo did an amazing job depicting King, looking and sounding the part. Oyelowo expressed a depth of emotion and internal conflict that demonstrated the struggle of leading a group to risk their lives,

of listening to threats to his loved ones and still having the strength to fight for an essential cause.

The rest of the cast did a great job, although one can tell the film is made for an American audience with the historical background to know the names. There is some exposition in the form of FBI transcripts that seem a bit awkward at first but begin to feel natural as the movie progresses. The overarching sense of every move being watched and documented is clear, and the disconcerting feeling of Big Brother hiding in the bushes pervades.

The one complaint is stylistic. There are some moments of great tragedy that use shock effectively and others where time is slowed for no particular reason. While probably intended to be dramatic and artistic, this instead just breaks the rhythm of the scene and takes the audience out of the moment. It's an unfortunate addition to a movie that is otherwise beautifully done.

Selma is heartbreaking in its portrayal of the struggle to acquire the right to vote unfettered. Perhaps the hardest part to swallow is that many of King's speeches are just as rel-

evant today as they were in 1965.

Despite the signing of the Voting Rights Act, many minorities still face obstacles to voting both in the United States and Canada. New bills regarding identification and permanent residence for voters target students, immigrants and minorities, not to mention the fact that power is still very much in the hands of the same people as it always has been. Current events in the United States – especially in Ferguson, Missouri – demonstrate that while things have improved, there is still a long way to go in terms of equality.

Overall, the acting is solid, the plot is accurate to the people and the history, and the direction is excellent. While definitely being Oscar bait, *Selma* is an important movie. It shows the best way to create a historical film that captures the audience while still maintaining accuracy and showing the truth behind the complex human beings that fronted the movement. King was an amazing individual, and *Selma* goes a great way towards showing him as a real human being as well as the hero that he is.

Food for thought: Take a bite of this



READING BETWEEN THE LINES
ESHAAN GUPTA

There's plenty of literature disseminating the various corruptions and faults with the state of the world and how things are run, but a topic I'm particularly interested on is food criticism. No, not writing about whether the steak was medium-rare or just plain rare, but how what's on our plates is raised, grown, packaged and deployed to our supermarkets for easy pickings.

Here are three entertaining and informative books on the state of this highly essential part of our lives. Be warned, however, that they do carry an agenda and that I recommend them as food for thought rather than hard facts – a springboard for further research of the topics discussed.

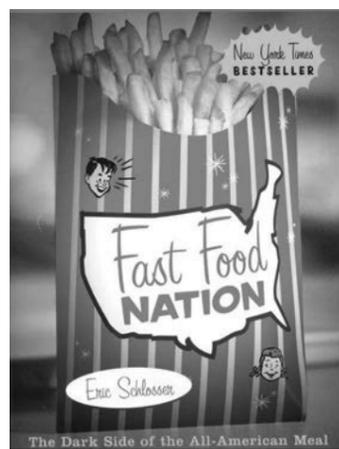
The Jungle (1906) by Upton Sinclair

The first of its kind – not by virtue of just being a tell-all sensationalist exposé – but as an examination of the foods that went in the mouths and stomachs of the average American, circa 1906. The novel is also, perhaps to a greater degree, a following narrative of the daily lives of the impoverished European immigrants that populated the floors of slaughterhouses, food

canneries and packagers. Which ever angle you prefer, either way, *The Jungle* is not a book meant to be read while eating. Nothing is sacred from corruption at the hands of money-grabbing food barons. Even the milk, fed to babies and children, is tainted with formaldehyde preservation additives, while lard package and sold as premium quality is in reality made from scooped-up slaughterhouse run-off. As a historical piece, it will make you thankful that things are better today for both people and food. They have gotten better, right?

Fast Food Nation: The Dark Side of the All-American Meal (2001) by Eric Schlosser

Since its publishing nearly 14 years ago, Eric Schlosser's spiritual follow-up to *The Jungle* has been re-released in newer editions, with updates and forewords to reflect changing times. However, despite changing attitudes and laws in reaction to the book and general controversy, the bottom line that our food comes often unsafely from environment-destroying farms after being harvested by impoverished immigrants is still very much intact. *Fast Food Nation* is an investigative look at food creation – from the food test labs to your supermarket shelf – the people responsible for creating the cheap and easy food behind the scenes and at the counter and of course a thorough history of various beloved fast food franchises.



CREDIT: HOUGHTON MIFFLIN

A book that is both informative and entertaining that will leave readers hungry for more.

Don't Eat This Book! (2006) by Morgan Spurlock

Morgan Spurlock is either a genius effectively presenting important issues to a youth audience or a big fat liar. Regardless of how you see him, this companion book to his film *Super Size Me* does something different from *Fast Food Nation*; *Don't Eat This Book!* examines the implications and impacts our current ease-of-access, single-serving culture has on humanity as a whole. Extensively cancelled school gym programs that lead to higher childhood obesity rates, increased rates of Type 2 diabetes, junk food leading to unruly kids; there's plenty of stuff this book chews on.

Fanshawe grad a stylist in L.A.



HAI HA NGUYEN
hhnguyen.77@gmail.com

Stephanie Ward is an up and coming wardrobe stylist who is now based in Los Angeles. Since graduating from Fanshawe College, Stephanie has been styling for personal clients for photo shoots, red carpet appearances, clients' events as well as commercial shoots.

Ward highlights the ins and outs of working as a stylist and how to get your foot into the door in the industry. Living in L.A. is also a dream come true for Ward, so she has a couple of pointers for anyone interested in becoming a stylist.

Here is a Q&A with Ward:

How did you start your career in styling?

I started out by assisting other stylists with different projects and taking every styling opportunity that I could get my hands on.

What brought you to Los Angeles and why Los Angeles?

Living in Los Angeles has always been a dream of mine and there is so much opportunity for styling in L.A., so I decided to take the leap and go for it.

What is your favourite part of your career?

Besides getting to be a shopping machine, my favourite part of my job is that everyday is different. It's so exciting and refreshing. One day I am dressing a client for an appearance, and the next day I am working on a photo shoot or going around town to different showrooms and pulling wardrobe for my next job, so things always stay interesting.

What is the most challenging part of being a stylist?

For me, I am constantly filling my schedule with different projects, so I am always on the go trying to prep and finish different jobs.

What are some of your favourite moments of working in the industry so far?



CREDIT: COURTESY OF STEPHANIE WARD

Fanshawe graduate Stephanie Ward has more than a few pointers for up-and-coming stylists.

I love seeing pictures of my clients posing on the red carpet or seeing a project that I worked on be on TV. Seeing my work out there is so rewarding.

Describe what it is like working for your clients.

Fun. I love working with different clients and putting looks together for different events and occasions. It's fun to tailor each look depending on the event, client the products I get to style with.

What is a piece of wisdom you would leave with someone that is aspiring to be a stylist?

The best advice I can give to an aspiring stylist is to start by assisting other stylists and learn from them.

Styling is one of those careers where the path to success is not linear. There is no way to guarantee success or failure. The main thing to focus on is to keep working hard to make the right moves and catch that big break. It is one of those careers that it helps to speak, learn and work for already established stylists and people in the industry.

Staying inspired and aiming to be better and doing your research doesn't hurt either. It's a fast-paced world, but if you have your heart set on it, it can be extremely rewarding.

Keep in touch with Stephanie Ward and her follow her career through Instagram @stephanieward.



CREDIT: ALLEN GAYNOR

Fanshawe Rotaract Club president Susan Chlipala was on hand during FSU Clubs Day on January 14. The Fanshawe Rotaract Club interconnects local community by volunteering and giving back through social events and on-going projects. For info on this and other FSU clubs, check out FSU.ca/clubs

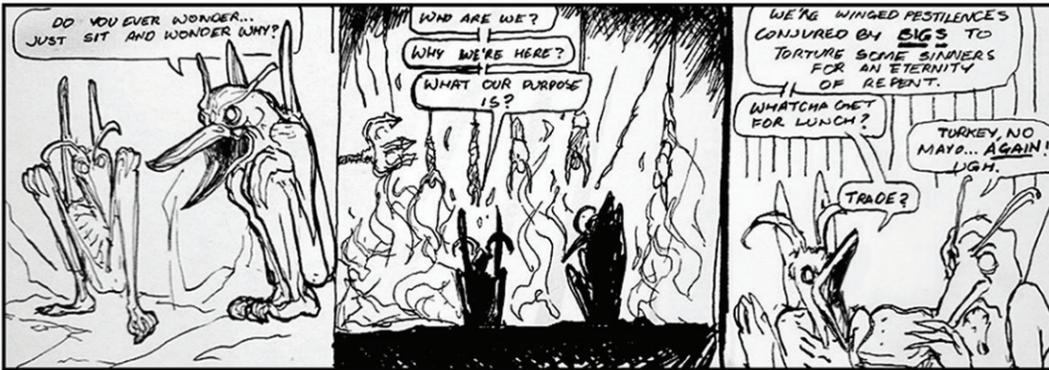
A pharmacy for the community of Fanshawe located on the main floor of the Student Centre around the corner from the Fowler Kennedy Sport Medicine Clinic.

SC1002 (519) 451-0025
Mon – Thurs 9 am – 5 pm, Fri 9 am – 4 pm

All drug plans are accepted, including the student health plan.

To Hell With It

ESHAAN GUPTA

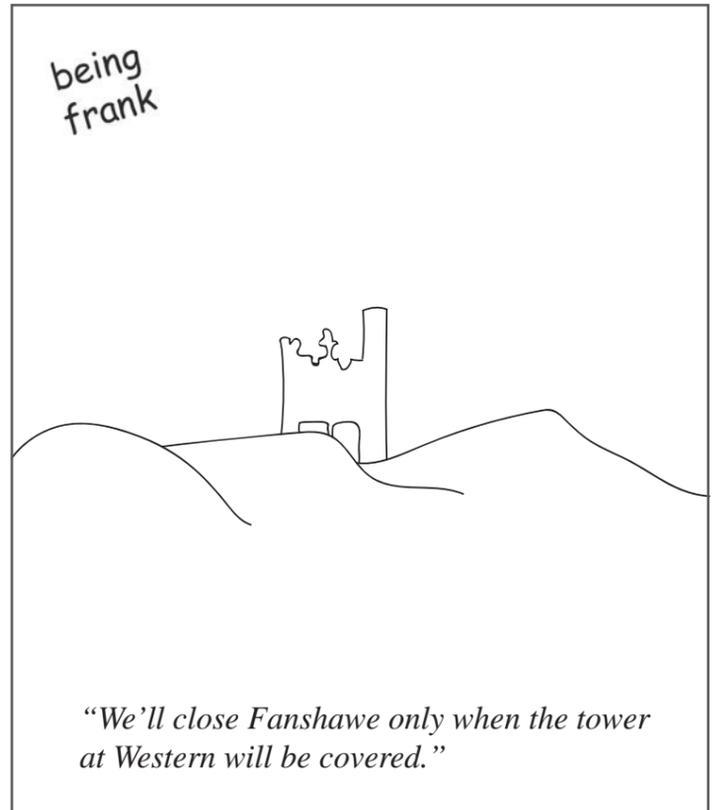


NERDS

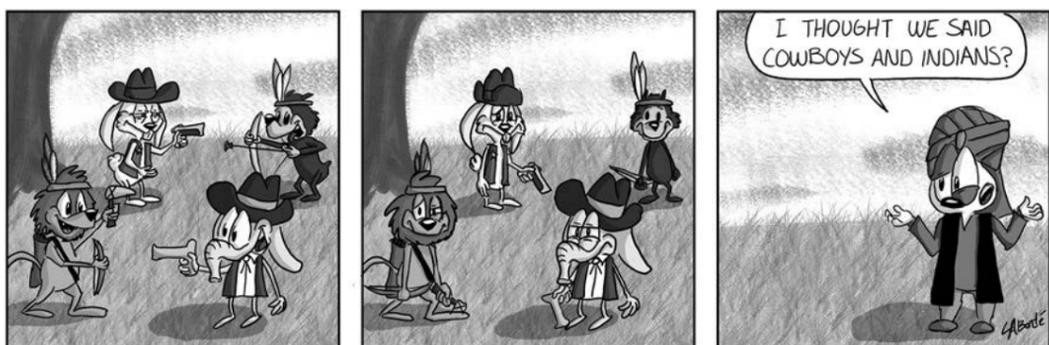


NOT NEUROTYPICAL

Say, do you know Steve? He's in a mythical place called Vancouver.



Butt sweat n Tears by Andres Silva



SHARE YOUR PICS ON INSTAGRAM  www.fsu.ca

 #FSUInterrobang

By: L. A. Bonté

For more comics and animations visit FilbertCartoons.com

zodiac stargazer HOROSCOPE

Aries (March 21 - April 19)

There's always time for flattery. Some people let themselves be manipulated by charm, simply because it feels wonderful to be on the receiving end. Make sure that you use your talents for the good of all.

Taurus (April 20 - May 20)

With all this energy flooding your life, beauty and emotion are braided together like strands of a rope. Beware of tying your future to a pretty face or favourite song. Deeper concerns are more important than ever.

Gemini (May 21 - June 20)

The air is thick with good intentions and bright ideas. Bonds are strengthened during a meeting on common ground. It's time to make everyone notice you, especially those whose focus has wandered.

Cancer (June 21 - July 22)

Globalize your suffering instead of taking it all so personally. This is merely a symptom of some larger problem. Talk to others who have found different pieces. Together, you might be able to make something work.

Leo (July 23 - August 22)

Act naturally - you'll win more hearts that way. Attend an informal gathering so that others will get to know you. Midweek dates come with less pressure than those that happen around the weekend.

Virgo (August 23 - Sept. 22)

Make an informed decision, or none at all. This may look like a simulation, but it's the real thing. There's no longer an automatic replay function - now you'll spend time and pay money to get the same effect.

Libra (Sept. 23 - Oct. 22)

You're gentle but driven. Positive vibrations emanate from your every move. Friends respect your advice enough to follow it. Some may not realize that you're pushing until they see how far they've come.

Scorpio (Oct. 23 - Nov. 21)

Restaff, restock and review. Although you're still in development, you can already anticipate the demands that production will bring. To save time, concede a minor point that won't interfere with your vision.

Sagittarius (Nov. 22 - Dec. 21)

The unnoticed is suddenly unavoidable. You're entitled to say, 'Told ya so,' although maybe not too often. You want people to appreciate your foresight instead of resenting you for being right.

Capricorn (Dec. 22 - Jan. 19)

Brace yourself for a challenge. The lunar phases brings you a client or customer with a very different idea of how things should be done. If you want the money or the respect, you'll really have to work for it this time.

Aquarius (Jan. 20 - Feb. 18)

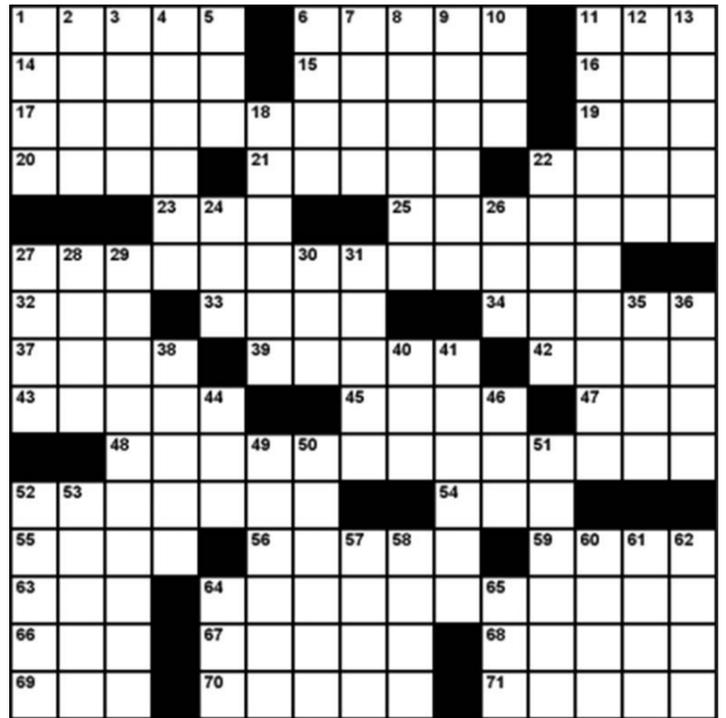
High expectations are easily met. Maybe it's something in the air that inspires everyone to please each other so much. Personal lives improve, adapting to this perfect climate.

Pisces (Feb. 18 - March 20)

Avoid marching off into the unknown with dubious companions. Be careful of anyone who says that the fine print isn't important. Remember your rights in case you have to invoke them.

Across

1. Headline from recent issue of Interrobang: "Quit smoking: There's more up for ___"
6. Onetime South African P.M. Jan 11. "Don't ___!"
14. Shakespearean title character
15. Sacred fig tree of India
16. Headline from recent issue of Interrobang: "Fanshawe to pay respects to victims of ___ Montreal Massacre"
17. In a rash manner
19. Writer Follett
20. Destructive insect
21. Intense hatred
22. Entered a competition
23. Put one over on
25. Come into sudden contact with
27. Those in control of others
32. "Fantasy Island" prop
33. Campus bigwig
34. Spoonbill, for one
37. Headline from recent issue of Interrobang: "Share the ___ will be bigger and better"
39. Many are Greek
42. Dietary, in ads
43. Bicker
45. Headline from recent issue of Interrobang: "New ___ way will speed through London"
47. Compass direction
48. Relating to the air, water, minerals, organisms,
52. Sound of quickly applied brakes
54. Tribute in verse
55. Where many get into hot water
56. Red dye used in a biology lab
59. Super garb
63. Headline from recent issue of Interrobang: "___ you an excellent young woman?"
64. Enormous extents
66. Old expletive
67. Jacob's father-in-law
68. Leonine locks
69. Headline from recent issue of Interrobang: "Ontario increasing finan-



cial aid ___ students"

70. Some sweaters

71. Cut back

Down

1. Golf lesson topic
2. "Coriolanus" setting
3. Electrical units
4. Hurricane that bruised Cape Breton in 1996
5. Former French coin
6. Put the pedal to the metal
7. Height of fashion?
8. Market change from bear to bull
9. Rabbi's text
10. Like a fox
11. It was blamed for reduced pasta sales in 2003
12. Sleep on it
13. Japanese martial art
18. Former bumper car trademark
22. Like the flu
24. Headline from recent issue of Interrobang: "Internet ___ privacy don't go hand-in-hand"
26. Headline from recent issue of Interrobang: "___ rail way will speed through London"
27. Earthenware pot

28. Kind of admiral

29. Sweetened, carbonated drink

30. "The Illustrated Man" author Bradbury

31. Foreword, for short

35. "Empedocles on ___" (Matthew Arnold poem)

36. Casting need

38. Sahara features

40. ___ Solo of "Star Wars"

41. Hedge fund manager James Harris ___

44. First woman

46. Certain digital watch face, for short

49. Tongs user

50. Geometric figures

51. Bee's quest

52. A flat place?

53. Antique shop item

57. Accommodate

58. Quaint hotels

60. Hokkaido native

61. Hammer part

62. Latin 101 verb

64. Kind or type

65. Mischievous one

Solution on page 17

QUIRKY FACTS

1. In 2008, a 13-year-old boy in Florida was arrested for excessive farting in school.

2. In South Korea, 'women-only' parking spaces are being introduced

which are bigger and marked by pink skirts.

3. In 2012, a running partner took his runner girlfriend on a run that ended at the place where they first met. When he showed her his GPS tracker, the tracked route read "MARRY ME".

4. Seann William Scott, who played Stifler in the American Pie films, was extremely shy and nervous around women and did not have a girlfriend until he was 30 years old.

5. Table knives were originally made to be rounded instead of pointed to prevent people from picking their teeth... and stabbing each other.

6. Acts of kindness make us happier and healthier.

7. In 1973, two men arrived at a sheriff's office claiming to have been abducted by aliens with lobster-claw hands. Left alone in a room with a secret recording device to expose their lie, they instead continued to talk in "terribly distressed" voices about the abduction.

8. Japan's Okinawa Island has more than 450 people living above the age of 100, and is known as the healthiest place on Earth.

9. Rats "laugh" when they are tickled.

10. The Mexican state of Yucatan was named so after a misunderstanding when the Spaniards arrived and asked the locals what they called the place. The locals replied "Yucatan" which means "I don't understand you" in their native tongue.

11. In Ukraine, there's a thousand-foot-deep salt mine that is used to treat respiratory ailments. Inside, there is substantially less bacteria in the air than in the most sterile room in a hospital.

12. In 2006, a woman farted on a plane and tried to cover the smell by lighting matches, causing an emergency landing and an FBI investigation.

13. The human testicles can produce 1,500 sperm during every heartbeat.

14. At age 12, Simon Cowell was arrested for hijacking a bus with a toy gun.

15. Researchers have found that reading reduces stress by 68 per cent, more than listening to music or taking a walk.

Sudoku Puzzle

		6	9					
	8				2			
			5	3		7		9
2		9	8		1		7	
		7					8	
	4		6		5	2		1
7		1		2	9			
			3				6	
					8	9		

puzzle rating: medium

Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box. **Solution can be found on page 17**

Word Search

L C S N O W B O A R D F P H W
 F L I S V U T H P O L E G I P
 A R G L H Z Z E F L I L N B R
 U Y O Z U W K A E P O D T E O
 S R A S M N E T Q N C W D R T
 T C O A T Z K E U H T H B N A
 R N C I E H Y R I R T B U A E
 G E I E G C E L T N O A R T K
 L M R U S L L H F E U P U E A
 O F E D C A T I D R Z S G H L
 V N M I R I O W A N A I A E F
 E R C N E T Q O N I G C L R W
 S I E B H K U N T R I O S E O
 F S W E A T E R S E O G L P N
 T L A T D R A Z Z I L B I E S

Winter

(Words in parentheses not in puzzle)

- | | | |
|----------|-----------|-----------|
| Blizzard | Heater | Snowboard |
| Coat | Hibernate | Snowflake |
| Freeze | Icicle | Sweater |
| Frost | Plow | Toque |
| Gloves | Scarf | Windchill |

Mental Health and Wellness Awareness Week 2015

"NEVER BE ASHAMED OF A SCAR. IT SIMPLY MEANS YOU WERE STRONGER THAN WHATEVER TRIED TO HURT YOU."

Topic: 2015 Chrysler Town & Country

NAUMAN FAROOQ
INTERROBANG

In 1983, Chrysler became the first North American manufacturer to introduce the modern minivan under the Plymouth and Dodge banner. While there were vans that hauled people around before, the new minivans were based on car platforms, so they rode and handled much better.

Because they weren't expensive to buy, were reasonably fuel-efficient and offered lots of space, they soon became popular. This prompted just about every auto manufacturer to come up with their own version. However, for many companies the minivan was a passing fad superseded by the crossover, which is currently popular.

While Chrysler also has crossovers in its portfolio, the company that invented the modern minivan still makes one, and the most posh of them all is called the Town & Country.

The Town & Country first showed up in 1990 as the top trim version of the Dodge Caravan and Plymouth Voyager and has always been marketed as an alternative to a luxury car. You got leather seats, powered everything – and nowadays, separate infotainment systems for the front and rear seat passengers.

The Chrysler Town & Country doesn't have many competitors – Kia, Toyota and Honda still produce minivans, and they will spec one up with all the luxury you want too. Plus, the current Town & Country has not evolved all that much since the 2008 model year, when this fifth-generation model hit the market, so what has changed and how does it fare?

The styling has tweaked a bit, thanks to a redesigned grill and front bumper. It is a smart-looking van but certainly not the kind of shape that'll drop your jaw.

The interior I don't think has changed at all in the last seven years – the car does not have the more modern Uconnect 8.4N multimedia system found in other Chrysler products; instead you get the old 430N system, which looks to have been developed when Atari was the best-selling gaming system on the market. Technology aside, the interior does score big points in my books for lots of storage spaces, plenty of room for people and clever



CREDIT: NAUMAN FAROOQ

The Chrysler Town & Country a luxury family car with more than enough space, but it costs a pretty penny.

er folding Stow'N'Go seats.

What about the drivetrain? While in the past, the Town & Country was available with 3.6 l and 4.0 l engines, for 2015, you only get one engine, which is the familiar Pentastar 3.6 l V6 motor that produces 283 hp and 260 lb-ft of torque, sending power to the front wheels.

As you would expect, this is not a sporty vehicle to drive by any means. It is designed to haul a family with their shopping, and from that point of view, it is quite good. The ride is quite supple; soaking up bumps and cracks well. It is also fairly quiet – most vans or SUVs or crossovers have lots of interior noise, but not the Town & Country. It is a good vehicle to take on a road trip.

The only issue you will have on

that road trip will be its fuel economy, I averaged 13.4 l/100 km in a week, which means this minivan drinks more like a truck than a car.

It'll be a bit expensive to run, and it sure isn't cheap to buy either.

The base price is \$34,195 – the loaded Town & Country Limited tester was worth close to \$50,000. Chrysler always has incentives on these vehicles, certainly at this time of the year, so don't go by just MSRP, deals are there to be had.

The Chrysler Town & Country certainly doesn't have the market to itself, but judging by the numbers I see on the road, it surely still resonates with a lot of Canadian buyers. Plus, if you don't want all the bells and whistles, the Dodge Grand Caravan is still available in the market, and can be had for a whole lot less.

A Knight to remember

JOEL LUXFORD
INTERROBANG

Gold medal champions.

Those were the three words that the London Knight's Max Domi has waited to hear since he was a young child. On January 5, 2015, that dream became a reality.

"It's something as a kid from Canada you always watch and dream of playing on that team and winning gold," Domi said. "I was lucky enough to get that opportunity."

The 19-year-old forward returned home to a full capacity crowd at Budweiser Gardens giving him a standing ovation for his efforts at the 2015 World Junior tournament. In Toronto, he was more than a mere participant, earning the honour as the tournament's top forward while contributing five goals and five assists to go along with a plus 10 rating.

Playing on the World Junior stage was an unforgettable experience for him.

"It's at the top [of my hockey career] for sure," Domi said. "It's a dream come true to be a part of that and was a lot of fun."

Now that he is back with the London Knights, the focus is on making the playoffs and maintaining some of the momentum that he was able to establish over the holidays.

In his absence, the Knights were able to string together a record of 7-1-1 putting them right in the middle of the playoff hunt.

However, Domi has returned to a different team than the one he left in mid-December.

General Manager Basil McRae recently decided to trade away veterans Michael McCarron and Dakota Mermis to the Oshawa Generals for youngsters Cliff Pu, Josh Sterk

and draft picks. While those trades may signal that management is looking toward next season, Domi is still focused on their original goal.

"You just want to help the team win, so that's something that we are hoping to accomplish here," he said.

Whether or not there are any lingering effects from the World Junior tournament remain to be seen.

"I don't know [yet], I couldn't tell you," he said. "I am still a little tired right now from [the tournament] with just a couple days to regroup, and we'll see [how it goes]."

The Knights host two home games this week, one versus the Kitchener Rangers on January 20 and the other against the Sarnia Sting on January 23.

If the Knights are hoping to make a deep playoff run this year, the team is going to need some more big performances from its local hero.

SHARE YOUR PICS ON INSTAGRAM



#FSUInterrobang

1	5	9	2	7	6	8	3	4	E	D	I	C	T	P	A	T	S	G	E	N	T		
8	7	6	3	9	4	5	1	2	E	R	R	O	R	A	C	H	E	A	M	A	H		
3	4	2	1	8	5	6	9	7	R	O	O	M	Y	P	E	R	E	F	A	I	R		
9	2	5	4	6	1	3	7	8	O	N	E	F	O	U	R	O	N	E	F	I	V	E	
4	6	1	7	3	8	9	2	5	P	E	L	O	T	A	M	E	L	E	E				
7	3	8	9	5	2	4	6	1	D	I	R	T	U	S	H	E	R						
2	8	4	6	1	9	7	5	3	O	B	O	E	U	N	I	O	N	F	O	R			
6	1	3	5	4	7	2	8	9	F	O	U	R	H	U	N	D	R	E	D	N	I	N	E
5	9	7	8	2	3	1	4	6	T	O	T	E	M	C	E	E	O	N	E	S			
									V	A	P	O	R	D	O	N	A						
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									L	E	V	I	A	P	E	R	E	S	S	E	N		
									A	M	E	N	S	T	A	G	S	U	T	R	A		
									S	A	N	G	T	O	S	H	T	E	S	T	Y		



Sign Up for
Intramurals Today
at the Athletics Department - J1034

Entry Forms Due:

- Dodgeball Due Thurs. Jan. 22
- Women's Volleyball Due Wed. Feb. 4
- Men's Volleyball Due Wed. Feb. 4
- Co-Ed 3 on 3 Basketball Due Wed. Feb. 18

Late Night Recreation every
Sun, Mon, Wed, Thurs. from 10pm-midnight
Free for Fanshawe Students with Valid Student Card

For more information, please see
www.fanshawec.ca/athletics



FALCONS FEST

Fanshawe Student and Fan Appreciation Event
Saturday, January 24th

Free Food and Soft Drinks 1pm-6pm
Provided by Sobeyes

Come out and support the Women's and Men's Volleyball and Basketball teams

- Women's Volleyball @ 1pm vs. Sheridan Bruins
- Men's Volleyball @ 3pm vs. Sheridan Bruins
- Women's Basketball @ 5pm vs. Niagara Knights
- Men's Basketball @ 7pm vs. Niagara Knights

Tons of giveaways to fans attending the games!

Go Falcons Go!

www.fanshawec.ca/athletics

J 1034
519-452-4202



Come out and support the Falcons!



CREDIT: COURTESY OF FANSHAW ATHLETICS

Both of Fanshawe's volleyball teams are looking for wins at home and away games in the coming weeks.

FALCON CORNER

MEN'S SPORTS

Upcoming Home Games:

Basketball
Jan. 24 - Niagara vs. Fanshawe - 7 p.m.

Volleyball
Jan. 24 - Sheridan vs. Fanshawe - 3 p.m.

Basketball OCAA West Division Standings

Team	GP	W	L	PTS
Humber	10	9	1	18
Fanshawe	11	9	2	18
Mohawk	10	8	2	16
Redeemer	10	6	4	12
Lambton	9	5	4	10
St. Clair	9	4	5	8
Sheridan	11	4	7	8
Niagara	10	3	7	6
Sault	9	1	8	2
Cambrian	9	0	9	0

Volleyball OCAA West Division Standings

Team	GP	MW	ML	PTS
Mohawk	11	10	1	20
Humber	11	9	2	18
Fanshawe	10	7	3	14
St. Clair	10	7	3	14
Sheridan	11	7	4	14
Niagara	11	6	5	12
Cambrian	10	3	7	6
Redeemer	10	2	8	4
Conestoga	11	1	10	2
Boré	9	0	9	0

WOMEN'S SPORTS

Upcoming Home Games:

Basketball
Jan. 24 - Niagara vs. Fanshawe - 5 p.m.

Volleyball
Jan. 24 - Sheridan vs. Fanshawe - 1 p.m.

Basketball OCAA West Division Standings

Team	GP	W	L	PTS
Humber	10	9	1	18
Mohawk	10	9	1	18
Fanshawe	11	8	3	16
Sheridan	11	7	4	14
St. Clair	9	5	4	10
Niagara	10	5	5	10
Lambton	9	3	6	6
Cambrian	9	1	8	2
Sault	9	1	8	2
Redeemer	10	1	9	2

Volleyball OCAA West Division Standings

Team	GP	MW	ML	PTS
Humber	11	11	0	22
Niagara	11	8	3	16
Sheridan	11	8	3	16
Redeemer	10	6	4	12
St. Clair	10	6	4	12
Cambrian	10	5	5	10
Fanshawe	10	3	7	6
Mohawk	11	3	8	6
Conestoga	11	2	9	4
Boré	9	0	9	0

2015 Student Council Elections

fsu
FANSHAWE
STUDENT
UNION
www.fsu.ca

YOUR VOICE. YOUR CHOICE. YOUR STORY.

President. VP Athletics & Residence Life. VP Entertainment.
VP External & Academic Affairs. VP Finance. VP Internal Affairs.

Nominations: January 19th – February 12th
Voting: March 9th – 12th on Fanshaweonline
Visit SC2001 or www.FSU.ca/elections for more information

www.fsu.ca/elections

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TNT-TOURS .COM

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UNION
www.fsu.ca

**TWO TRIPS
TO GIVEAWAY
TWO
CHANCES
TO WIN** !

WIN A TRIP FOR TWO
**PANAMA CITY BEACH
FLORIDA
SPRING BREAK**

Visit fsu.ca/contest for
your chance to win! ★

PHOTO SUBMISSIONS DUE: JAN. 23 BY 4 PM **VOTING:** JAN. 26 AT 10 AM UNTIL JAN. 30 AT 10 AM **WINNERS CHOSEN:** FEB. 2 AT 10 AM

MONDAY NIGHT HOCKEY
 AT THE OUT BACK SHACK
 WING SPECIAL \$5.50 per pound

January 19 – Carolina vs. Toronto @ 7:30 p.m.

WIN A LEAFS JERSEY!

"BACK BY POPULAR DEMAND"
TONY THURS. JAN 22ND
 X-RATED HYPNOTIST FORWELL HALL | 8 PM
 \$5 ADVANCE | \$10 DOOR

FEATURING **TONY LEE**

TUESDAY COMEDY NOONER
 EVERY TUESDAY IN FORWELL HALL
 FREE COFFEE AND TEA COURTESY OF Sobey's
 WHILE SUPPLIES LAST

JANUARY 20
Gavin Stephens

COVER TUNE TUESDAY

OBS | FREE | DOORS OPEN @ 8PM
 TUESDAY, JANUARY 20TH

TOAST OF TOWN

LIVE MUSIC NOONER
IRISH MYTHEN

THURSDAY JANUARY 22
 NOON FORWELL HALL

FREE COFFEE AND TEA COURTESY OF Sobey's
 Better food for all.

first run FILMS
THE WEDDING RINGER

\$4 STUDENTS
 \$6 GUESTS
 Rainbow Cinemas (in Citi Plaza)
 WEDNESDAY JAN 21 ST

SEX TOY BINGO

4	WITH YOUR HOST	BEEF	73
WED	NES	DAY	JAN 21
NO	50	70	

9PM OBS

FANSHAWE AT THE BUDWEISER GARDENS
KNIGHTS

FRIDAY JANUARY 23RD
 Budweiser Gardens | 7:30pm | \$18 for students/\$20 for guests

WE GOT GAME!

There will be Call of Duty and FIFA tournaments at 3:30, sign up on the spot.

MONDAY, JANUARY 19TH
 Forwell Hall, SUB • 11 am - 7 pm • FREE

NBA FIELD TRIP
 FRI FEB 6TH

RAPTORS VS CLIPPERS
 TORONTO RAPTORS VS LOS ANGELES CLIPPERS

FRI FEB 6TH
 \$95 STUDENTS
 \$105 GUESTS

AIR CANADA CENTRE
 INCLUDES BUS TRANSPORTATION
 TICKETS IN ADVANCE @ THE BIZ BOOTH

RAVE WITH THE ROBOTS
 FROST WEEK 2015 TOUR

TUESDAY JAN 27
 FORWELL HALL | 9PM | FREE

19+ | ALL AGES FOR FANSHAWE STUDENTS

Guinness Record Breaking Tour

The Comedy, Circus Sideshow duo will attempt to break a Guinness Record on Campus.

WEDNESDAY JAN. 28
 8 pm | Forwell Hall | Free